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Vegetable-rich food pattern is related to obesity in China

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#	Paper	IF	Citations
72	Prevalence of diabetes and impaired fasting glucose among 769,792 rural Chinese adults. <i>Diabetes Research and Clinical Practice</i> , 2009 , 84, 273-8	7.4	30
71	Prevalence of overweight and obesity among 2.6 million rural Chinese adults. <i>Preventive Medicine</i> , 2009 , 48, 59-63	4.3	21
70	Steps in the design, development and formative evaluation of obesity prevention-related behavior change trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009 , 6, 6	8.4	105
69	Obesity: The new global threat to healthy ageing and longevity. <i>Health Sociology Review</i> , 2009 , 18, 412-423	4.2	3
68	The relative importance of socioeconomic indicators in explaining differences in BMI and waist:hip ratio, and the mediating effect of work control, dietary patterns and physical activity. <i>British Journal of Nutrition</i> , 2010 , 104, 1230-40	3.6	19
67	Monosodium glutamate is not associated with obesity or a greater prevalence of weight gain over 5 years: findings from the Jiangsu Nutrition Study of Chinese adults. <i>British Journal of Nutrition</i> , 2010 , 104, 457-63	3.6	72
66	Zinc intake and the risk of hyperglycemia among Chinese adults: the prospective Jiangsu Nutrition Study (JIN). <i>Journal of Nutrition, Health and Aging</i> , 2010 , 14, 332-5	5.2	16
65	Weight Loss Due to Fruit and Vegetable Use. 2010 , 437-448		1
64	Iron intake and body iron stores, anaemia and risk of hyperglycaemia among Chinese adults: the prospective Jiangsu Nutrition Study (JIN). <i>Public Health Nutrition</i> , 2010 , 13, 1319-27	3.3	45
63	Monosodium glutamate is related to a higher increase in blood pressure over 5 years: findings from the Jiangsu Nutrition Study of Chinese adults. <i>Journal of Hypertension</i> , 2011 , 29, 846-53	1.9	36
62	Egg consumption and the risk of diabetes in adults, Jiangsu, China. <i>Nutrition</i> , 2011 , 27, 194-8	4.8	49
61	A cross-sectional investigation of regional patterns of diet and cardio-metabolic risk in India. <i>Nutrition Journal</i> , 2011 , 10, 12	4.3	50
60	Dietary pattern and weight change in a 5-year follow-up among Chinese adults: results from the Jiangsu Nutrition Study. <i>British Journal of Nutrition</i> , 2011 , 105, 1047-54	3.6	34
59	Monosodium glutamate intake, dietary patterns and asthma in Chinese adults. <i>PLoS ONE</i> , 2012 , 7, e51563	3.7	16
58	Monosodium glutamate intake increases hemoglobin level over 5 years among Chinese adults. <i>Amino Acids</i> , 2012 , 43, 1389-97	3.5	16
57	Co-variations and clustering of chronic disease behavioral risk factors in China: China Chronic Disease and Risk Factor Surveillance, 2007. <i>PLoS ONE</i> , 2012 , 7, e33881	3.7	27
56	Zinc biofortification of rice in China: a simulation of zinc intake with different dietary patterns. <i>Nutrients</i> , 2012 , 4, 517-28	6.7	14

55	Empirically Derived Dietary Patterns and Hypertension. <i>Current Nutrition Reports</i> , 2012 , 1, 73-86	6	2
54	Consumption of, and factors influencing consumption of, fruit and vegetables among elderly Chinese people. <i>Nutrition</i> , 2012 , 28, 504-8	4.8	26
53	Dietary patterns and breast cancer risk among women in northern Tanzania: a case-control study. <i>European Journal of Nutrition</i> , 2013 , 52, 905-15	5.2	32
52	Prevalence of obesity, abdominal obesity and associated factors in hypertensive adults aged 45-75 years. <i>Clinical Nutrition</i> , 2013 , 32, 361-7	5.9	29
51	Association between monosodium glutamate intake and sleep-disordered breathing among Chinese adults with normal body weight. <i>Nutrition</i> , 2013 , 29, 508-13	4.8	6
50	Plant-based foods as a source of lipotropes for human nutrition: a survey of in vivo studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2013 , 53, 535-90	11.5	32
49	Dietary patterns of Pakistani adults and their associations with sociodemographic, anthropometric and life-style factors. <i>Journal of Nutritional Science</i> , 2013 , 2, e42	2.7	11
48	Obesity as a public health problem among adult women in rural Tanzania. <i>Global Health, Science and Practice</i> , 2013 , 1, 359-71	2.8	24
47	Association between socioeconomic status and obesity in a Chinese adult population. <i>BMC Public Health</i> , 2013 , 13, 355	4.1	44
46	Dietary patterns are associated with insulin resistance in Chinese adults without known diabetes. <i>British Journal of Nutrition</i> , 2013 , 109, 1662-9	3.6	13
45	Association of dietary pattern and body weight with blood pressure in Jiangsu Province, China. <i>BMC Public Health</i> , 2014 , 14, 948	4.1	15
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43	Monosodium glutamate intake is inversely related to the risk of hyperglycemia. <i>Clinical Nutrition</i> , 2014 , 33, 823-8	5.9	6
42	Riboflavin intake and 5-year blood pressure change in Chinese adults: interaction with hypertensive medication. <i>Food and Nutrition Bulletin</i> , 2014 , 35, 33-42	1.8	3
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37	Evaluation of older Chinese people's macronutrient intake status: results from the China Health and Nutrition Survey. <i>British Journal of Nutrition</i> , 2015 , 113, 159-71	3.6	37
36	Dietary patterns as predictors of body fat and BMI in women: a factor analytic study. <i>American Journal of Health Promotion</i> , 2015 , 29, e136-46	2.5	11
35	Macroeconomic implications of population ageing and selected policy responses. <i>Lancet, The</i> , 2015 , 385, 649-657	4.0	317
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33	Mechanisms of Oil Uptake in French Fries. 2016 , 503-526		2
32	Dietary pattern transitions, and the associations with BMI, waist circumference, weight and hypertension in a 7-year follow-up among the older Chinese population: a longitudinal study. <i>BMC Public Health</i> , 2016 , 16, 743	4.1	22
31	Consumption of fruits and vegetables and associations with risk factors for non-communicable diseases in the Yangon region of Myanmar: a cross-sectional study. <i>BMJ Open</i> , 2016 , 6, e011649	3	10
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28	Dietary patterns of obese and normal-weight women of reproductive age in urban slum areas in Central Jakarta. <i>British Journal of Nutrition</i> , 2016 , 116 Suppl 1, S49-56	3.6	10
27	Reproducibility and validity of dietary patterns identified using factor analysis among Chinese populations. <i>British Journal of Nutrition</i> , 2016 , 116, 842-52	3.6	8
26	Association of impaired fasting glucose, diabetes and dietary patterns with mortality: a 10-year follow-up cohort in Eastern China. <i>Acta Diabetologica</i> , 2016 , 53, 799-806	3.9	18
25	Chilli consumption and the incidence of overweight and obesity in a Chinese adult population. <i>International Journal of Obesity</i> , 2017 , 41, 1074-1079	5.5	24
24	Association between dietary lead intake and 10-year mortality among Chinese adults. <i>Environmental Science and Pollution Research</i> , 2017 , 24, 12273-12280	5.1	9
23	Meal-specific food patterns and the incidence of hyperglycemia in a Chinese adult population. <i>British Journal of Nutrition</i> , 2017 , 118, 53-59	3.6	7
22	Temporal Trends in Dietary Macronutrient Intakes among Adults in Rural China from 1991 to 2011: Findings from the CHNS. <i>Nutrients</i> , 2017 , 9,	6.7	25
21	Dietary patterns, gender, and weight status among middle-aged and older adults in Taiwan: a cross-sectional study. <i>BMC Geriatrics</i> , 2017 , 17, 268	4.1	8
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19	Higher adherence to the 'vegetable-rich' dietary pattern is related to longer telomere length in women. <i>Clinical Nutrition</i> , 2018 , 37, 1232-1237	5.9	19
18	Association between dietary zinc intake and mortality among Chinese adults: findings from 10-year follow-up in the Jiangsu Nutrition Study. <i>European Journal of Nutrition</i> , 2018 , 57, 2839-2846	5.2	11
17	Decreasing the use of edible oils in China using WeChat and theories of behavior change: study protocol for a randomized controlled trial. <i>Trials</i> , 2018 , 19, 631	2.8	7
16	Correlation between the Life Style, Stress, and Leptin Level and the Obesity Status in Teachers of the State Secondary Schools in Makassar City. 2018 ,		
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