

Whole Grain, Bran, and Germ Intake and Risk of Type 2 and Systematic Review

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Citation Report

#	ARTICLE	IF	CITATIONS
2	The Mediterranean food pattern: a good recipe for patients with the metabolic syndrome. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2008, 1, 3-14.	0.2	1
3	Chemistry, natural sources, dietary intake and pharmacokinetic properties of ferulic acid: A review. <i>Food Chemistry</i> , 2008, 109, 691-702.	4.2	490
4	Position of the American Dietetic Association: Health Implications of Dietary Fiber. <i>Journal of the American Dietetic Association</i> , 2008, 108, 1716-1731.	1.3	485
5	Cereal dietary fibre: a natural functional ingredient to deliver phenolic compounds into the gut. <i>Trends in Food Science and Technology</i> , 2008, 19, 451-463.	7.8	441
6	Dietary Patterns and Risk of Incident Type 2 Diabetes in the Multi-Ethnic Study of Atherosclerosis (MESA). <i>Diabetes Care</i> , 2008, 31, 1777-1782.	4.3	154
7	Intake of Fruit, Vegetables, and Fruit Juices and Risk of Diabetes in Women. <i>Diabetes Care</i> , 2008, 31, 1311-1317.	4.3	361
8	Grain Foods and Health: A Primer for Clinicians. <i>Physician and Sportsmedicine</i> , 2008, 36, 18-33.	1.0	13
9	Metabolic Effects of Dietary Fiber Consumption and Prevention of Diabetes. <i>Journal of Nutrition</i> , 2008, 138, 439-442.	1.3	498
10	Are alkylresorcinols accurate biomarkers for whole grain intake?. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 797-798.	2.2	33
12	Intake of wholegrain products is associated with dietary, lifestyle, anthropometric and socio-economic factors in Denmark. <i>Public Health Nutrition</i> , 2009, 12, 1519-1530.	1.1	25
13	Low Glycemic Index vs High Cereal Fiber Diet in Type 2 Diabetes Reply. <i>JAMA - Journal of the American Medical Association</i> , 2009, 301, 1538.	3.8	1
14	Whole-grain consumption and transcription factor-7-like 2 (<i>TCF7L2</i>) rs7903146: gene diet interaction in modulating type 2 diabetes risk. <i>British Journal of Nutrition</i> , 2009, 101, 478-481.	1.2	98
15	Reduced energy intake at breakfast is not compensated for at lunch if a high-insoluble-fiber cereal replaces a low-fiber cereal. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1343-1349.	2.2	52
16	Adolescent and adult soy food intake and breast cancer risk: results from the Shanghai Women's Health Study. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1920-1926.	2.2	194
17	Low Glycemic Index vs High Cereal Fiber Diet in Type 2 Diabetes. <i>JAMA - Journal of the American Medical Association</i> , 2009, 301, 1538.	3.8	5
18	Dietary calcium and magnesium intakes and the risk of type 2 diabetes: the Shanghai Women's Health Study. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 1059-1067.	2.2	161
19	Heart Disease and Stroke Statistics 2009 Update. <i>Circulation</i> , 2009, 119, e21-181.	1.6	2,039
20	Rye phenolics in nutrition and health. <i>Journal of Cereal Science</i> , 2009, 49, 323-336.	1.8	131

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21	Sourdough and cereal fermentation in a nutritional perspective. <i>Food Microbiology</i> , 2009, 26, 693-699.	2.1	429
22	Diet and lifestyle influences on risk of coronary heart disease. <i>Current Atherosclerosis Reports</i> , 2009, 11, 257-263.	2.0	58
23	Nutrition and health: guidelines for dental practitioners. <i>Oral Diseases</i> , 2009, 15, 369-381.	1.5	69
24	The HEALTHGRAIN programme opens new opportunities for improving wheat for nutrition and health. <i>Nutrition Bulletin</i> , 2009, 34, 225-231.	0.8	60
25	A rapid gas chromatography-mass spectrometry method for quantification of alkylresorcinols in human plasma. <i>Analytical Biochemistry</i> , 2009, 385, 7-12.	1.1	68
26	Increased interleukin-10 but unchanged insulin sensitivity after 4 weeks of (1, 3)(1, 6)- β -glucan consumption in overweight humans. <i>Nutrition Research</i> , 2009, 29, 248-254.	1.3	27
27	Heart Disease and Stroke Statistics-2009 Update. <i>Circulation</i> , 2009, 119, 480-486.	1.6	2,334
28	The Metabolic Syndrome. <i>Nutrition in Clinical Practice</i> , 2009, 24, 560-577.	1.1	132
29	Bread type intake is associated with lifestyle and diet quality transition among Bedouin Arab adults. <i>British Journal of Nutrition</i> , 2009, 102, 1513-1522.	1.2	24
30	Nutritional Overview on the Management of Type 2 Diabetes and the Prevention of its Complications. <i>Current Diabetes Reviews</i> , 2010, 6, 400-409.	0.6	19
31	Presence of alkylresorcinols, potential whole grain biomarkers, in human adipose tissue. <i>British Journal of Nutrition</i> , 2010, 104, 633-636.	1.2	32
32	Interactions between genetic factors that predict diabetes and dietary factors that ultimately impact on risk of diabetes. <i>Current Opinion in Lipidology</i> , 2010, 21, 31-37.	1.2	27
33	Bidirectional Association Between Depression and Type 2 Diabetes Mellitus in Women. <i>Archives of Internal Medicine</i> , 2010, 170, 1884-91.	4.3	325
34	Scientific Opinion on Dietary Reference Values for carbohydrates and dietary fibre. <i>EFSA Journal</i> , 2010, 8, 1462.	0.9	509
35	Fibre: Understanding the true heart of the grain. <i>British Journal of Cardiac Nursing</i> , 2010, 5, 96-98.	0.0	0
36	Whole Grains: Benefits and Challenges. <i>Annual Review of Food Science and Technology</i> , 2010, 1, 19-40.	5.1	67
37	Temporal and spatial changes in cell wall composition in developing grains of wheat cv. Hereward. <i>Planta</i> , 2010, 232, 677-689.	1.6	49
38	Effects of Whole Grains on Coronary Heart Disease Risk. <i>Current Atherosclerosis Reports</i> , 2010, 12, 368-376.	2.0	119

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39	Sourdough fermentation of wholemeal wheat bread increases solubility of arabinoxylan and protein and decreases postprandial glucose and insulin responses. <i>Journal of Cereal Science</i> , 2010, 51, 152-158.	1.8	79
40	Consumption of diets high in prebiotic fiber or protein during growth influences the response to a high fat and sucrose diet in adulthood in rats. <i>Nutrition and Metabolism</i> , 2010, 7, 77.	1.3	36
41	Acetogenic fibers reduce fasting glucose turnover but not peripheral insulin resistance in metabolic syndrome patients. <i>Clinical Nutrition</i> , 2010, 29, 801-807.	2.3	8
42	Substituting Brown Rice for White Rice to Lower Diabetes Risk: A Focus-Group Study in Chinese Adults. <i>Journal of the American Dietetic Association</i> , 2010, 110, 1216-1221.	1.3	74
43	Whole-Grain Consumption Is Associated with Diet Quality and Nutrient Intake in Adults: The National Health and Nutrition Examination Survey, 1999-2004. <i>Journal of the American Dietetic Association</i> , 2010, 110, 1461-1468.	1.3	99
44	Determination of alkylresorcinol metabolites in human urine by gas chromatography-mass spectrometry. <i>Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences</i> , 2010, 878, 888-894.	1.2	40
45	Effects of long-term soluble vs. insoluble dietary fiber intake on high-fat diet-induced obesity in C57BL/6J mice. <i>Journal of Nutritional Biochemistry</i> , 2010, 21, 278-284.	1.9	161
46	Quantification of alkylresorcinols in human plasma by liquid chromatography/tandem mass spectrometry. <i>Rapid Communications in Mass Spectrometry</i> , 2010, 24, 554-560.	0.7	21
47	Fiber's impact on high-sensitivity C-reactive protein levels in cardiovascular disease. <i>Journal of the American Academy of Nurse Practitioners</i> , 2010, 22, 566-572.	1.4	22
48	Reliability of fasting plasma alkylresorcinol concentrations measured 4 months apart. <i>European Journal of Clinical Nutrition</i> , 2010, 64, 698-703.	1.3	39
49	Fibre: Understanding the true heart of the grain. <i>Practice Nursing</i> , 2010, 21, 17-21.	0.1	0
50	Responsiveness of Urinary and Plasma Alkylresorcinol Metabolites to Rye Intake in Finnish Women. <i>Cancers</i> , 2010, 2, 513-522.	1.7	18
51	Dietary Fiber, Magnesium, and Glycemic Load Alter Risk of Type 2 Diabetes in a Multiethnic Cohort in Hawaii. <i>Journal of Nutrition</i> , 2010, 140, 68-74.	1.3	123
52	White Rice, Brown Rice, and Risk of Type 2 Diabetes in US Men and Women. <i>Archives of Internal Medicine</i> , 2010, 170, 961.	4.3	358
53	The Role of Diet and Lifestyle in Primary, Secondary, and Tertiary Diabetes Prevention: A Review of Meta-Analyses. <i>Review of Diabetic Studies</i> , 2010, 7, 26-35.	0.5	101
54	Feeding the world healthily: the challenge of measuring the effects of agriculture on health. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2010, 365, 3083-3097.	1.8	105
55	Interactions of Dietary Whole-Grain Intake With Fasting Glucose- and Insulin-Related Genetic Loci in Individuals of European Descent: A meta-analysis of 14 cohort studies. <i>Diabetes Care</i> , 2010, 33, 2684-2691.	4.3	127
56	Rye Whole Grain and Bran Intake Compared with Refined Wheat Decreases Urinary C-Peptide, Plasma Insulin, and Prostate Specific Antigen in Men with Prostate Cancer ³ . <i>Journal of Nutrition</i> , 2010, 140, 2180-2186.	1.3	65

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57	Whole-Grain, Cereal Fiber, Bran, and Germ Intake and the Risks of All-Cause and Cardiovascular Disease—Specific Mortality Among Women With Type 2 Diabetes Mellitus. <i>Circulation</i> , 2010, 121, 2162-2168.	1.6	188
58	Plasma and Urinary Alkylresorcinol Metabolites as Potential Biomarkers of Breast Cancer Risk in Finnish Women: A Pilot Study. <i>Nutrition and Cancer</i> , 2010, 62, 759-764.	0.9	21
59	Longitudinal and secular trends in adolescent whole-grain consumption, 1999–2004. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 154-159.	2.2	27
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62	New hypotheses for the health-protective mechanisms of whole-grain cereals: what is beyond fibre?. <i>Nutrition Research Reviews</i> , 2010, 23, 65-134.	2.1	823
63	Impact of Dietary Polyphenols on Carbohydrate Metabolism. <i>International Journal of Molecular Sciences</i> , 2010, 11, 1365-1402.	1.8	873
64	Dietary Fiber Supplements: Effects in Obesity and Metabolic Syndrome and Relationship to Gastrointestinal Functions. <i>Gastroenterology</i> , 2010, 138, 65-72.e2.	0.6	269
65	Whole grain and fiber consumption are associated with lower body weight measures in US adults: National Health and Nutrition Examination Survey 1999-2004. <i>Nutrition Research</i> , 2010, 30, 815-822.	1.3	75
67	Health Benefits of Whole Grain Phytochemicals. <i>Critical Reviews in Food Science and Nutrition</i> , 2010, 50, 193-208.	5.4	379
68	Associations between diet, lifestyle factors, and telomere length in women. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 1273-1280.	2.2	259
69	Whole and fractionated yellow pea flours modulate insulin, glucose, oxygen consumption, and the caecal microbiome in Golden Syrian hamsters. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011, 36, 811-820.	0.9	11
70	Red meat consumption and risk of type 2 diabetes: 3 cohorts of US adults and an updated meta-analysis. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 1088-1096.	2.2	547
71	Health benefits of cereal fibre: a review of clinical trials. <i>Nutrition Research Reviews</i> , 2011, 24, 118-131.	2.1	99
72	Globalization of Diabetes. <i>Diabetes Care</i> , 2011, 34, 1249-1257.	4.3	1,522
73	Effects of wheat sourdough process on the quality of mixed oat-wheat bread. <i>LWT - Food Science and Technology</i> , 2011, 44, 656-664.	2.5	42
74	Semisolid meal enriched in oat bran decreases plasma glucose and insulin levels, but does not change gastrointestinal peptide responses or short-term appetite in healthy subjects. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011, 21, 748-756.	1.1	44
75	Fiber and Insulin Sensitivity. , 2011, , .		0

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78	Effect of Low Glycemic Load Diet on Glycated Hemoglobin (HbA1c) in Poorly-Controlled Diabetes Patients. <i>Global Journal of Health Science</i> , 2011, 4, 211-6.	0.1	12
79	Dietary fiber type reflects physiological functionality: comparison of grain fiber, inulin, and polydextrose. <i>Nutrition Reviews</i> , 2011, 69, 9-21.	2.6	187
80	Incorporation of whole, ancient grains into a modern Asian Indian diet to reduce the burden of chronic disease. <i>Nutrition Reviews</i> , 2011, 69, 479-488.	2.6	60
81	Impact of water content on the solubilisation of arabinoxylan during xylanase treatment of wheat bran. <i>Journal of Cereal Science</i> , 2011, 54, 187-194.	1.8	40
82	Acceptance of Two US Department of Agriculture Commodity Whole-Grain Products: A School-Based Study in Texas and Minnesota. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1380-1384.	1.3	24
83	Perceptions about Varieties of Brown Rice: A Qualitative Study from Southern India. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1517-1522.	1.3	38
84	Changes in dominant groups of the gut microbiota do not explain cereal-fiber induced improvement of whole-body insulin sensitivity. <i>Nutrition and Metabolism</i> , 2011, 8, 90.	1.3	51
85	Rye bran alkylresorcinols suppress adipocyte lipolysis and hormone-sensitive lipase activity. <i>Molecular Nutrition and Food Research</i> , 2011, 55, S290-3.	1.5	34
86	Effect of bioprocessing of wheat bran in wholemeal wheat breads on the colonic SCFA production in vitro and postprandial plasma concentrations in men. <i>Food Chemistry</i> , 2011, 128, 404-409.	4.2	29
87	Whole and fractionated yellow pea flours reduce fasting insulin and insulin resistance in hypercholesterolaemic and overweight human subjects. <i>British Journal of Nutrition</i> , 2011, 105, 110-117.	1.2	65
88	Vegetarian Diets and Diabetes. <i>American Journal of Lifestyle Medicine</i> , 2011, 5, 135-143.	0.8	4
89	Components of a Cardioprotective Diet. <i>Circulation</i> , 2011, 123, 2870-2891.	1.6	434
90	Joint association of glycemic load and alcohol intake with type 2 diabetes incidence in women. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 1525-1532.	2.2	45
91	Effects of supplemented isoenergetic diets differing in cereal fiber and protein content on insulin sensitivity in overweight humans. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 459-471.	2.2	148
92	Consumption of whole grains is associated with improved diet quality and nutrient intake in children and adolescents: the National Health and Nutrition Examination Survey 1999-2004. <i>Public Health Nutrition</i> , 2011, 14, 347-355.	1.1	58
93	Intake of whole grains in Scandinavia is associated with healthy lifestyle, socio-economic and dietary factors. <i>Public Health Nutrition</i> , 2011, 14, 1787-1795.	1.1	52
94	A whole-grain cereal-rich diet increases plasma betaine, and tends to decrease total and LDL-cholesterol compared with a refined-grain diet in healthy subjects. <i>British Journal of Nutrition</i> , 2011, 105, 1492-1502.	1.2	158
95	Inulin increases short-term markers for colonic fermentation similarly in healthy and hyperinsulinaemic humans. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 1279-1286.	1.3	33

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98	Dietary fibre, whole grains, and risk of colorectal cancer: systematic review and dose-response meta-analysis of prospective studies. <i>BMJ: British Medical Journal</i> , 2011, 343, d6617-d6617.	2.4	847
99	Is Insulin Sensitivity Improved by Diets Rich in Whole Grains?. <i>Nutrition Today</i> , 2011, 46, 54-65.	0.6	0
100	Dietary Fibers and Cardiometabolic Diseases. <i>International Journal of Molecular Sciences</i> , 2012, 13, 1524-1540.	1.8	30
101	The Role of Whole Grains in Body Weight Regulation. <i>Advances in Nutrition</i> , 2012, 3, 697-707.	2.9	63
102	Prepregnancy adherence to dietary patterns and lower risk of gestational diabetes mellitus. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 289-295.	2.2	170
103	Healthful Dietary Patterns and Type 2 Diabetes Mellitus Risk Among Women With a History of Gestational Diabetes Mellitus. <i>Archives of Internal Medicine</i> , 2012, 172, 1566.	4.3	175
104	Alternative Dietary Indices Both Strongly Predict Risk of Chronic Disease. <i>Journal of Nutrition</i> , 2012, 142, 1009-1018.	1.3	1,337
105	Eating patterns and type 2 diabetes risk in men: breakfast omission, eating frequency, and snacking. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 1182-1189.	2.2	244
106	Postpartum diet quality in Australian women following a gestational diabetes pregnancy. <i>European Journal of Clinical Nutrition</i> , 2012, 66, 1160-1165.	1.3	23
107	Dietary Fiber, Gut Peptides, and Adipocytokines. <i>Journal of Medicinal Food</i> , 2012, 15, 223-230.	0.8	55
108	Prebiotics and the Health Benefits of Fiber: Current Regulatory Status, Future Research, and Goals. <i>Journal of Nutrition</i> , 2012, 142, 962-974.	1.3	158
109	Intake of whole grain in Scandinavia: Intake, sources and compliance with new national recommendations. <i>Scandinavian Journal of Public Health</i> , 2012, 40, 76-84.	1.2	91
110	Evidence-Based Guideline of the German Nutrition Society: Carbohydrate Intake and Prevention of Nutrition-Related Diseases. <i>Annals of Nutrition and Metabolism</i> , 2012, 60, 1-58.	1.0	173
111	Fecal Lactic Acid Bacteria Increased in Adolescents Randomized to Whole-Grain but Not Refined-Grain Foods, whereas Inflammatory Cytokine Production Decreased Equally with Both Interventions ⁴ . <i>Journal of Nutrition</i> , 2012, 142, 2025-2032.	1.3	30
112	Phytochemical Profile and Nutraceutical Value of Old and Modern Common Wheat Cultivars. <i>PLoS ONE</i> , 2012, 7, e45997.	1.1	68
113	Nutritional Modulation of Insulin Resistance. <i>Scientifica</i> , 2012, 2012, 1-15.	0.6	36
114	Present Status and Perspectives on the Use of Alkylresorcinols as Biomarkers of Wholegrain Wheat and Rye Intake. <i>Journal of Nutrition and Metabolism</i> , 2012, 2012, 1-12.	0.7	106

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116	Dietary Recommendations for the Prevention of Type 2 diabetes: What Are They Based on?. Journal of Nutrition and Metabolism, 2012, 2012, 1-6.	0.7	13
117	Whole Grains, Legumes, and Health. Journal of Nutrition and Metabolism, 2012, 2012, 1-2.	0.7	8
118	Potential Health Benefits of Whole Grain Wheat Components. Nutrition Today, 2012, 47, 163-174.	0.6	15
119	Glycaemic response to barley porridge varying in dietary fibre content. British Journal of Nutrition, 2012, 107, 719-724.	1.2	16
120	Protective effects of including whole grains in the diet. NursePrescribing, 2012, 10, 285-287.	0.1	0
121	Dietary fiber intake and risk of breast cancer:Âa meta-analysis of prospective cohort studies. Yearbook of Oncology, 2012, 2012, 16-18.	0.1	0
124	Formation of Phenolic Microbial Metabolites and Short-Chain Fatty Acids from Rye, Wheat, and Oat Bran and Their Fractions in the Metabolical in Vitro Colon Model. Journal of Agricultural and Food Chemistry, 2012, 60, 8134-8145.	2.4	101
125	What dietary modification best improves insulin sensitivity and why?. Clinical Endocrinology, 2012, 77, 508-512.	1.2	36
126	Cereal bran and wholegrain as a source of dietary fibre: technological and health aspects. International Journal of Food Sciences and Nutrition, 2012, 63, 882-892.	1.3	31
127	A comparative risk assessment of burden of disease and injury attributable to 67 risk factors and risk factor clusters in 21 regions, 1990â€™2010: a systematic analysis for the Global Burden of Disease Study 2010. Lancet, The, 2012, 380, 2224-2260.	6.3	9,397
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130	Fermented Wheat Bran as a Functional Ingredient in Baking. Cereal Chemistry, 2012, 89, 126-134.	1.1	128
131	Cereal grains for nutrition and health benefits: Overview of results from inÂvitro, animal and human studies in the HEALTHGRAIN project. Trends in Food Science and Technology, 2012, 25, 87-100.	7.8	73
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134	Polyphenols and Glucose Homeostasis in Humans. Journal of the Academy of Nutrition and Dietetics, 2012, 112, 808-815.	0.4	24

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136	Whole grain cereals: functional components and health benefits. Food and Function, 2012, 3, 110-119.	2.1	156
137	Metabolomics reveals the metabolic shifts following an intervention with rye bread in postmenopausal women- a randomized control trial. Nutrition Journal, 2012, 11, 88.	1.5	45
138	Effect of the yellow passion fruit peel flour (<i>Passiflora edulis</i> f. <i>flavicarpa</i> deg.) in insulin sensitivity in type 2 diabetes mellitus patients. Nutrition Journal, 2012, 11, 89.	1.5	31
139	The potential of rice to offer solutions for malnutrition and chronic diseases. Rice, 2012, 5, 16.	1.7	54
142	Effect of germination and subsequent oven-drying on folate content in different wheat and rye cultivars. Journal of Cereal Science, 2012, 56, 374-378.	1.8	25
144	Genetics of Type 2 Diabetes in East Asian Populations. Current Diabetes Reports, 2012, 12, 686-696.	1.7	50
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146	Wheat bran: its composition and benefits to health, a European perspective. International Journal of Food Sciences and Nutrition, 2012, 63, 1001-1013.	1.3	321
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148	The Nutrigenome and Gut Microbiome: Chronic Disease Prevention with Crop Phytochemical Diversity. , 0, , .		1
149	Effects of Dietary Fiber Intake on Cardiovascular Risk Factors. , 0, , .		0
150	Substituting Normal and Waxy-Type Whole Wheat Flour on Dough and Baking Properties. Preventive Nutrition and Food Science, 2012, 17, 197-202.	0.7	11
151	Whole Grain Consumption and Health of the Lower Gastrointestinal Tract: A Focus on Insoluble-Bound Phenolic Compounds. , 0, , .		2
152	Comparing the effects of nano-sized sugarcane fiber with cellulose and psyllium on hepatic cellular signaling in mice. International Journal of Nanomedicine, 2012, 7, 2999.	3.3	15
153	Functional Food Components for Preventing and Combating Type 2 Diabetes. ACS Symposium Series, 2012, , 345-374.	0.5	4
154	Impact of perinatal prebiotic consumption on gestating mice and their offspring: a preliminary report. British Journal of Nutrition, 2012, 107, 1245-1248.	1.2	15
155	Effect of whole grains on markers of subclinical inflammation. Nutrition Reviews, 2012, 70, 387-396.	2.6	53

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156	Worldwide consumption of functional foods: a systematic review. <i>Nutrition Reviews</i> , 2012, 70, 472-481.	2.6	169
157	Impact of postprandial glycaemia on health and prevention of disease. <i>Obesity Reviews</i> , 2012, 13, 923-984.	3.1	331
158	Diabetes and dietary fibre: directive or distraction?. <i>Clinical and Experimental Ophthalmology</i> , 2012, 40, 230-231.	1.3	2
159	Optimal energy distribution of carbohydrate intake for Japanese elderly patients with type 2 diabetes: The Japanese Elderly Intervention Trial. <i>Geriatrics and Gerontology International</i> , 2012, 12, 41-49.	0.7	17
160	Foods for the prevention of diabetes: how do they work?. <i>Diabetes/Metabolism Research and Reviews</i> , 2012, 28, 25-49.	1.7	55
161	Lipid-lowering effect of maize-based traditional Mexican food on a metabolic syndrome model in rats. <i>Lipids in Health and Disease</i> , 2013, 12, 35.	1.2	13
162	Consumption and acceptability of whole grain staples for lowering markers of diabetes risk among overweight and obese Tanzanian adults. <i>Globalization and Health</i> , 2013, 9, 26.	2.4	21
163	Genetic improvement of grain protein content and other health-related constituents of wheat grain. <i>Plant Breeding</i> , 2013, 132, 446-457.	1.0	58
165	An Analysis of Bronx-based Online Grocery Store Circulars for Nutritional Content of Food and Beverage Products. <i>Journal of Community Health</i> , 2013, 38, 521-528.	1.9	23
166	The potential role of phytochemicals in wholegrain cereals for the prevention of type-2 diabetes. <i>Nutrition Journal</i> , 2013, 12, 62.	1.5	128
167	Hydroxylated phenylacetamides derived from bioactive benzoxazinoids are bioavailable in humans after habitual consumption of whole grain sourdough rye bread. <i>Molecular Nutrition and Food Research</i> , 2013, 57, 1859-1873.	1.5	48
168	Oxylipins discriminate between whole grain wheat and wheat aleurone intake: a metabolomics study on pig plasma. <i>Metabolomics</i> , 2013, 9, 464-479.	1.4	9
169	A parallel randomized trial on the effect of a healthful diet on inflammageing and its consequences in European elderly people: Design of the NU-AGE dietary intervention study. <i>Mechanisms of Ageing and Development</i> , 2013, 134, 523-530.	2.2	64
170	Cereal brans as dietary fibre ingredients. , 2013, , 170-192.		15
171	Biomarkers and Their Use in Nutrition Intervention. , 2013, , 209-225.		1
172	A Whole-Grain-Rich Diet Reduces Urinary Excretion of Markers of Protein Catabolism and Gut Microbiota Metabolism in Healthy Men after One Week. <i>Journal of Nutrition</i> , 2013, 143, 766-773.	1.3	40
173	Practicable Measures and Indices of Insulin Resistance in Nutrition Research. <i>Current Obesity Reports</i> , 2013, 2, 285-292.	3.5	0
174	Whole grain and refined grain consumption and the risk of type 2 diabetes: a systematic review and dose-response meta-analysis of cohort studies. <i>European Journal of Epidemiology</i> , 2013, 28, 845-858.	2.5	404

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177	Comparison of postprandial phenolic acid excretions and glucose responses after ingestion of breads with bioprocessed or native rye bran. <i>Food and Function</i> , 2013, 4, 972.	2.1	38
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