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Lifestyle plus exercise intervention improves metabolic syndrome markers without change in adiponectin in obese girls

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#	Paper	IF	Citations
59	Systematic review of multicomponent interventions with overweight middle adolescents: implications for clinical practice and research. <i>Worldviews on Evidence-Based Nursing</i> , 2008 , 5, 113-35	2.9	31
58	Low-grade inflammation and the metabolic syndrome in children and adolescents. <i>Current Opinion in Lipidology</i> , 2008 , 19, 11-5	4.4	60
57	Update on therapeutic strategies to increase adiponectin function and secretion in metabolic syndrome. <i>Diabetes, Obesity and Metabolism</i> , 2009 , 11, 445-54	6.7	22
56	Exercise for prevention of obesity and diabetes in children and adolescents. <i>Clinics in Sports Medicine</i> , 2009 , 28, 393-421	2.6	24
55	Prevenç� del s�ndrome metab�lico desde la infancia. <i>Anales De Pediatria Continuada</i> , 2009 , 7, 45-49		
54	Effects of exercise on insulin sensitivity, inflammatory cytokines, and serum tartrate-resistant acid phosphatase 5a in obese Chinese male adolescents. <i>Metabolism: Clinical and Experimental</i> , 2010 , 59, 144-51	12.7	28
53	Effects of a 6-month lifestyle modification intervention on the cardiometabolic risk factors and health-related qualities of life in women with metabolic syndrome. <i>Metabolism: Clinical and Experimental</i> , 2010 , 59, 1035-43	12.7	52
52	Obesity and low-grade inflammation: a paediatric perspective. <i>Obesity Reviews</i> , 2010 , 11, 118-26	10.6	121
51	Insulin resistance in children: consensus, perspective, and future directions. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2010 , 95, 5189-98	5.6	268
50	Impact of a combined diet and progressive exercise intervention for overweight and obese children: the B.E. H.I.P. study. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011 , 36, 515-25	3	10
49	Adipokine Production by Adipose Tissue: A Novel Target for Treating Metabolic Syndrome and its Sequelae. 2011 , 73-131		3
48	Osteocalcin-insulin relationship in obese children: a role for the skeleton in energy metabolism. <i>Clinical Endocrinology</i> , 2011 , 75, 265-70	3.4	22
47	Greater weight loss and hormonal changes after 6 months diet with carbohydrates eaten mostly at dinner. <i>Obesity</i> , 2011 , 19, 2006-14	8	23
46	Impact of intensive school-based nutrition education and lifestyle interventions on insulin resistance, Bcell function, disposition index, and subclinical inflammation among Asian Indian adolescents: a controlled intervention study. <i>Metabolic Syndrome and Related Disorders</i> , 2011 , 9, 143-50	2.6	23
45	Effectiveness of lifestyle interventions in child obesity: systematic review with meta-analysis. <i>Pediatrics</i> , 2012 , 130, e1647-71	7.4	345
44	The quality of dietary intake methodology and reporting in child and adolescent obesity intervention trials: a systematic review. <i>Obesity Reviews</i> , 2012 , 13, 1125-38	10.6	40
43	The effects of exercise on C-reactive protein, insulin, leptin and some cardiometabolic risk factors in Egyptian children with or without metabolic syndrome. <i>Diabetology and Metabolic Syndrome</i> , 2012 , 4, 27	5.6	16

42	Do Obese Children Have Chronic Inflammation & Could This Contribute to Future CVD Risk?. <i>Current Cardiovascular Risk Reports</i> , 2012 , 6, 579-590	0.9	2
41	Efeito do treinamento físico na pressão arterial de adolescentes com obesidade. <i>Revista Paulista De Pediatria</i> , 2012 , 30, 600-607	1.2	2
40	Decreased cardiotrophin-1 levels are associated with a lower risk of developing the metabolic syndrome in overweight/obese children after a weight loss program. <i>Metabolism: Clinical and Experimental</i> , 2013 , 62, 1429-36	12.7	22
39	Weight loss is more important than the diet type in improving adiponectin levels among overweight/obese adults. <i>Journal of the American College of Nutrition</i> , 2013 , 32, 264-71	3.5	13
38	School-based physical activity programs for promoting physical activity and fitness in children and adolescents aged 6 to 18. <i>The Cochrane Library</i> , 2013 , CD007651	5.2	395
37	Changes in daily leptin, ghrelin and adiponectin profiles following a diet with carbohydrates eaten at dinner in obese subjects. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013 , 23, 744-50	4.5	13
36	Biomarkers for cardiovascular risk in children. <i>Current Opinion in Cardiology</i> , 2013 , 28, 103-14	2.1	31
35	A review of randomized controlled trials of aerobic exercise training on fitness and cardiometabolic risk factors in obese adolescents. <i>Physician and Sportsmedicine</i> , 2013 , 41, 44-57	2.4	13
34	Best practice dietetic management of overweight and obese children and adolescents: a 2010 update of a systematic review. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2013 , 11, 190-293	1.6	5
33	[Butyrylcholinesterase activity and cardiovascular risk factors in obese adolescents submitted to an exercise program]. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2013 , 57, 533-7		7
32	Interventions with children and parents to improve physical activity and body mass index: a meta-analysis. <i>American Journal of Health Promotion</i> , 2014 , 28, 259-67	2.5	17
31	A Diet with Carbohydrates Eaten Primarily at Dinner: An Innovative, Nutritional Approach to End the Vicious Cycle of Abdominal Obesity. 2014 , 401-414		1
30	Subclinical vascular inflammation in subjects with normal weight obesity and its association with body fat: an 18 F-FDG-PET/CT study. <i>Cardiovascular Diabetology</i> , 2014 , 13, 70	8.7	35
29	Does exercise intensity affect blood pressure and heart rate in obese adolescents? A 6-month multidisciplinary randomized intervention study. <i>Pediatric Obesity</i> , 2014 , 9, 111-20	4.6	49
28	Low intensive lifestyle modification in young adults with metabolic syndrome a community-based interventional study in Taiwan. <i>Medicine (United States)</i> , 2015 , 94, e916	1.8	5
27	Do Overweight Adolescents Adhere to Dietary Intervention Messages? Twelve-Month Detailed Dietary Outcomes from Curtin University's Activity, Food and Attitudes Program. <i>Nutrients</i> , 2015 , 7, 4363-82	6.7	10
26	Moving Focus from Weight to Health. What Are the Components Used in Interventions to Improve Cardiovascular Health in Children?. <i>PLoS ONE</i> , 2015 , 10, e0135115	3.7	4
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24	Prevention and Treatment of Childhood Obesity and Metabolic Syndrome. 2016 , 829-849		
23	Exercise-based interventions and C-reactive protein in overweight and obese youths: a meta-analysis of randomized controlled trials. <i>Pediatric Research</i> , 2016 , 79, 522-7	3.2	14
22	Exercise, adipokines and pediatric obesity: a meta-analysis of randomized controlled trials. <i>International Journal of Obesity</i> , 2017 , 41, 475-482	5.5	42
21	Searching for Evidence of an Anti-Inflammatory Diet in Children: A Systematic Review of Randomized Controlled Trials for Pediatric Obesity Interventions With a Focus on Leptin, Ghrelin, and Adiponectin. <i>Biological Research for Nursing</i> , 2017 , 19, 511-530	2.6	9
20	Weight loss interventions for overweight and obese adolescents: a systematic review. <i>Eating and Weight Disorders</i> , 2017 , 22, 211-229	3.6	30
19	Active and strong: physical activity, muscular strength, and metabolic risk in children. <i>American Journal of Human Biology</i> , 2017 , 29, e22904	2.7	16
18	Effect of Physical Activity Interventions for Girls on Objectively Measured Outcomes: A Systematic Review of Randomized Controlled Trials. <i>Journal of Pediatric Health Care</i> , 2017 , 31, 75-87	1.4	15
17	Movement behaviors and cardiometabolic risk in schoolchildren. <i>PLoS ONE</i> , 2018 , 13, e0207300	3.7	1
16	Does Physical Activity-Based Intervention Improve Systemic Proinflammatory Cytokine Levels in Overweight or Obese Children and Adolescents? Insights from a Meta-Analysis of Randomized Control Trials. <i>Obesity Facts</i> , 2019 , 12, 653-668	5.1	9
15	Cardiovascular Effects of Aerobic Exercise With Self-Selected or Predetermined Intensity in Adolescents With Obesity. <i>Pediatric Exercise Science</i> , 2021 , 33, 125-131	2	
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12	Physiotherapy and related management for childhood obesity: A systematic scoping review. <i>PLoS ONE</i> , 2021 , 16, e0252572	3.7	
11	Metabolically obese normal-weight children. <i>World Journal of Clinical Pediatrics</i> , 2012 , 1, 37-9	2.5	7
10	Role of exercise on insulin sensitivity and beta-cell function: is exercise sufficient for the prevention of youth-onset type 2 diabetes?. <i>Annals of Pediatric Endocrinology and Metabolism</i> , 2020 , 25, 208-216	2.9	6
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7	Metabolic syndrome in children. <i>Minerva Pediatrica</i> , 2020 , 72, 312-325	1.6	1

6	Effectiveness of obesity interventions among South Korean children and adolescents and importance of the type of intervention component: a meta-analysis. <i>Clinical and Experimental Pediatrics</i> , 2021 ,	4.7	
5	Effects of Physical Exercise on Cardiometabolic Biomarkers and Inflammatory Markers in Children: A Systematic Review and Meta-Analysis of Randomized Controlled Trials.. <i>Biological Research for Nursing</i> , 2022 , 10998004221099573	2.6	1
4	A Meta-Analysis of the Effects of Different Training Modalities on the Inflammatory Response in Adolescents with Obesity. 2022 , 19, 13224		0
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1	Effects and individual response of continuous and interval training on adiponectin concentration, cardiometabolic risk factors, and physical fitness in overweight adolescents.		0