Mental balance and well-being: Building bridges betwee psychology.

American Psychologist 61, 690-701 DOI: 10.1037/0003-066x.61.7.690

Citation Report

#	Article	IF	CITATIONS
1	Happiness in Everyday Life: The Uses of Experience Sampling. Journal of Happiness Studies, 2003, 4, 185-199.	1.9	494
2	Short-term meditation training improves attention and self-regulation. Proceedings of the National Academy of Sciences of the United States of America, 2007, 104, 17152-17156.	3.3	1,173
3	Behavioral Medecine Review: The Lifestyle Factor. American Journal of Lifestyle Medicine, 2007, 1, 181-184.	0.8	6
4	Building more solid bridges between Buddhism and Western psychology American Psychologist, 2007, 62, 1080-1081.	3.8	6
5	Possibilities for a Christian Positive Psychology. Journal of Psychology and Theology, 2007, 35, 211-221.	0.2	5
6	Letting Go: Mindfulness and Negative Automatic Thinking. Cognitive Therapy and Research, 2008, 32, 758-774.	1.2	282
7	Changes in Mindfulness and Emotion Regulation in an Exposure-Based Cognitive Therapy for Depression. Cognitive Therapy and Research, 2008, 32, 734-744.	1.2	151
8	Open hearts build lives: Positive emotions, induced through loving-kindness meditation, build consequential personal resources Journal of Personality and Social Psychology, 2008, 95, 1045-1062.	2.6	1,716
9	Can Positive Employees Help Positive Organizational Change? Impact of Psychological Capital and Emotions on Relevant Attitudes and Behaviors. Journal of Applied Behavioral Science, The, 2008, 44, 48-70.	2.0	731
10	Mindfulness, spirituality, and health-related symptoms. Journal of Psychosomatic Research, 2008, 64, 393-403.	1.2	309
11	Mindfulness in the management of chronic pain: conceptual and clinical considerations. Techniques in Regional Anesthesia and Pain Management, 2008, 12, 115-118.	0.2	12
12	Mindfulness: Reconnecting the Body and Mind in Geriatric Medicine and Gerontology. Gerontologist, The, 2008, 48, 135-141.	2.3	37
13	Community Wellbeing in an Unwell World: Trends, Challenges, and Possibilities. Journal of Public Health Policy, 2008, 29, 353-366.	1.0	111
14	Loving-kindness meditation increases social connectedness Emotion, 2008, 8, 720-724.	1.5	532
15	Stress Management and the Zhuangzi. Journal of Daoist Studies, 2008, 1, 93-123.	0.1	7
16	Buddhist Psychotherapy with Older GLBT Clients. Journal of GLBT Family Studies, 2009, 5, 62-81.	1.4	7
17	Assessing "Western―Mindfulness Among Thai TheravÄda Buddhist Monks. Mental Health, Religion and Culture, 2009, 12, 303-314.	0.6	49
18	Mindfulness and Sustainable Behavior: Pondering Attention and Awareness as Means for Increasing Green Behavior. Ecopsychology, 2009, 1, 14-25.	0.8	166

#	Article	IF	CITATIONS
19	Self-care of Physicians Caring for Patients at the End of Life. JAMA - Journal of the American Medical Association, 2009, 301, 1155.	3.8	359
20	Spiritual Striving, Acceptance Coping, and Depressive Symptoms among Adults Living with HIV/AIDS. Journal of Health Psychology, 2009, 14, 88-97.	1.3	34
21	Spirituality: The Legacy of Parapsychology. Archive for the Psychology of Religion, 2009, 31, 277-308.	0.5	6
22	Reducing addictions via the self-soothing effects of yoga. Bulletin of the Menninger Clinic, 2009, 73, 34-43.	0.3	15
23	The implicit personality theory of Islam Psychology of Religion and Spirituality, 2009, 1, 81-96.	0.9	37
24	Spirituality and business: one scholar's perspective. Journal of Management, Spirituality and Religion, 2009, 6, 3-13.	0.9	19
25	An Education in Awareness: Self, Motivation, and Self-Regulated Learning in Contemplative Perspective. Educational Psychologist, 2009, 44, 119-136.	4.7	152
26	The role of mindfulness in predicting individual performance Canadian Journal of Behavioural Science, 2009, 41, 195-201.	0.5	65
27	Mindfulness as a moderator of neuroticism–outcome relations: A self-regulation perspective. Journal of Research in Personality, 2009, 43, 953-961.	0.9	107
28	Interdependence with the environment: Commitment, interconnectedness, and environmental behavior. Journal of Environmental Psychology, 2009, 29, 173-180.	2.3	336
29	Professional outcomes, pedagogical tools, and challenges of international counselor instruction. International Journal of Intercultural Relations, 2009, 33, 242-253.	1.0	3
30	Mindfulness in Thailand and the United States: a case of apples versus oranges?. Journal of Clinical Psychology, 2009, 65, 590-612.	1.0	125
31	Positive interventions in clinical practice. Journal of Clinical Psychology, 2009, 65, 461-466.	1.0	87
32	Meditation, mindfulness and cognitive flexibility. Consciousness and Cognition, 2009, 18, 176-186.	0.8	805
33	Self-kindness when facing stress: The role of self-compassion, goal regulation, and support in college students' well-being. Motivation and Emotion, 2009, 33, 88-97.	0.8	257
34	A Model of Mindful Parenting: Implications for Parent–Child Relationships and Prevention Research. Clinical Child and Family Psychology Review, 2009, 12, 255-270.	2.3	582
35	Selfâ€Compassion Versus Global Selfâ€Esteem: Two Different Ways of Relating to Oneself. Journal of Personality, 2009, 77, 23-50.	1.8	768
36	Can Meditation Slow Rate of Cellular Aging? Cognitive Stress, Mindfulness, and Telomeres. Annals of the New York Academy of Sciences, 2009, 1172, 34-53.	1.8	236

#	Article	IF	CITATIONS
37	Meditation (Vipassana) and the P3a event-related brain potential. International Journal of Psychophysiology, 2009, 72, 51-60.	0.5	155
38	Clinical Handbook of Mindfulness. , 2009, , .		149
39	Tibetans' coping mechanisms following torture: An interview study of Tibetan Torture Survivors' use of coping mechanisms and how these were supported by Western counseling Traumatology, 2009, 15, 3-10.	1.6	19
40	Mindfulness-Based Childbirth and Parenting Education: Promoting Family Mindfulness During the Perinatal Period. Journal of Child and Family Studies, 2010, 19, 190-202.	0.7	255
41	Enduring Happiness: Integrating the Hedonic and Eudaimonic Approaches. SSRN Electronic Journal, 2010, , .	0.4	1
42	Wundt, Vygotsky and Bandura: A cultural-historical science of consciousness in three acts. History of the Human Sciences, 2010, 23, 95-118.	0.3	13
43	Introduction. History of the Human Sciences, 2010, 23, 1-14.	0.3	2
44	Complementary, Holistic, and Integrative Medicine: Meditation Practices for Pediatric Health. Pediatrics in Review, 2010, 31, e91-e103.	0.2	24
45	Is Buddhism a psychology? Commentary on romanticism in "mindfulness in psychologyâ€. Humanistic Psychologist, 2010, 38, 184-189.	0.2	16
46	Intensive Meditation Training Improves Perceptual Discrimination and Sustained Attention. Psychological Science, 2010, 21, 829-839.	1.8	447
47	The Value of Mindfulness-Based Methods in Teaching at a Clinical Field Placement. Psychological Reports, 2010, 106, 455-466.	0.9	12
48	Effect of Progressive Self-Focus Meditation on Attention, Anxiety, and Depression Scores. Perceptual and Motor Skills, 2010, 110, 840-848.	0.6	19
49	DIMENSIONS OF INTERSUBJECTIVITY IN MAHÄ€YÄ€NA-BUDDHISM AND RELATIONAL PSYCHOANALYSIS. Contemporary Buddhism, 2010, 11, 85-102.	0.1	7
50	Measures of self-perceived well-being. Journal of Psychosomatic Research, 2010, 69, 69-79.	1.2	252
51	Upward spirals of positive emotions counter downward spirals of negativity: Insights from the broaden-and-build theory and affective neuroscience on the treatment of emotion dysfunctions and deficits in psychopathology. Clinical Psychology Review, 2010, 30, 849-864.	6.0	682
52	A Scale to Measure Nonattachment: A Buddhist Complement to Western Research on Attachment and Adaptive Functioning. Journal of Personality Assessment, 2010, 92, 116-127.	1.3	222
53	Navigating the Ethical Terrain of Spiritually Focused Psychotherapy Goals: Multiple Worldviews, Affective Triggers, and Personal Practices. Smith College Studies in Social Work, 2010, 80, 228-247.	0.4	3
54	Spirituality and the International Classification of Functioning, Disability and Health: content comparison of questionnaires measuring mindfulness based on the International Classification of Functioning. Disability and Rehabilitation, 2011, 33, 2434-2445.	0.9	12

#	Article	IF	CITATIONS
55	Impact of mindfulness on the neural responses to emotional pictures in experienced and beginner meditators. NeuroImage, 2011, 57, 1524-1533.	2.1	280
56	Paying Attention to Mindfulness and Its Effects on Task Performance in the Workplace. Journal of Management, 2011, 37, 997-1018.	6.3	445
57	Self-Centeredness and Selflessness: A Theory of Self-Based Psychological Functioning and Its Consequences for Happiness. Review of General Psychology, 2011, 15, 138-157.	2.1	243
58	Enduring happiness: Integrating the hedonic and eudaimonic approaches. Journal of Socio-Economics, 2011, 40, 530-537.	1.0	21
59	Enhanced response inhibition during intensive meditation training predicts improvements in self-reported adaptive socioemotional functioning Emotion, 2011, 11, 299-312.	1.5	158
60	Mindfulnessâ€Based Stress Reduction and Mindfulnessâ€Based Cognitive Therapy – a systematic review of randomized controlled trials. Acta Psychiatrica Scandinavica, 2011, 124, 102-119.	2.2	618
61	Changes in spirituality partly explain health-related quality of life outcomes after Mindfulness-Based Stress Reduction. Journal of Behavioral Medicine, 2011, 34, 508-518.	1.1	123
62	Effects of Spiritual Well-Being on Subsequent Happiness, Psychological Well-Being, and Stress. Journal of Religion and Health, 2011, 50, 950-963.	0.8	55
64	Self-Reported Mindfulness Mediates the Relation Between Meditation Experience and Psychological Well-Being. Mindfulness, 2011, 2, 49-58.	1.6	60
65	Short-Term Training in Loving-Kindness Meditation Produces a State, But Not a Trait, Alteration of Attention. Mindfulness, 2011, 2, 143-153.	1.6	26
66	Dialectics of mindfulness: implications for western medicine. Philosophy, Ethics, and Humanities in Medicine, 2011, 6, 10.	0.7	35
67	Manipulating Mindfulness Benefits Creative Elaboration at High Levels of Neuroticism. Empirical Studies of the Arts, 2011, 29, 243-255.	0.9	17
69	Which Came First, the Chicken or the Egg? Rethinking Causal Directions Between Neural Mechanisms, Agency, and Human Enhancement. AJOB Neuroscience, 2011, 2, 46-48.	0.6	0
70	Contemplative/emotion training reduces negative emotional behavior and promotes prosocial responses Emotion, 2012, 12, 338-350.	1.5	283
71	Utopia through the Back Door: Kleist's Marionettes and the Mechanics of Self-Consciousness. Seminar - A Journal of Germanic Studies, 2012, 48, 75-90.	0.0	0
72	Mindfulness training effects for parents and educators of children with special needs Developmental Psychology, 2012, 48, 1476-1487.	1.2	246
73	The Western reception of Buddhism as a psychological and ethical system: developments, dialogues, and perspectives. Mental Health, Religion and Culture, 2012, 15, 251-263.	0.6	10
74	Surrender as a form of active acceptance among breast cancer survivors receiving Psycho-Spiritual Integrative Therapy. Supportive Care in Cancer, 2012, 20, 2821-2827.	1.0	6

#	Article	IF	CITATIONS
75	Dealing efficiently with emotions: Acceptance-based coping with negative emotions requires fewer resources than suppression. Cognition and Emotion, 2012, 26, 863-870.	1.2	53
76	Moral identity versus moral reasoning in religious conservatives: Do Christian evangelical leaders really lack moral maturity?. Humanistic Psychologist, 2012, 40, 343-363.	0.2	6
77	Mindfulness-based stress reduction effects on moral reasoning and decision making. Journal of Positive Psychology, 2012, 7, 504-515.	2.6	155
78	Mindfulness and mind-wandering: Finding convergence through opposing constructs Emotion, 2012, 12, 442-448.	1.5	430
79	Mindfulness and Extending Constructivist Psychotherapy Integration. Journal of Constructivist Psychology, 2012, 25, 230-250.	0.7	12
80	Measuring Happiness: From Fluctuating Happiness to Authentic–Durable Happiness. Frontiers in Psychology, 2012, 3, 16.	1.1	93
81	Meditação, bem-estar e a ciência psicológica: revisão de estudos empÃricos. Interacao Em Psicologia, 2012, 15, .	0.1	4
82	Meditation Based Therapies—A Systematic Review and Some Critical Observations. Religions, 2012, 3, 1-18.	0.3	18
83	Intensive training induces longitudinal changes in meditation state-related EEG oscillatory activity. Frontiers in Human Neuroscience, 2012, 6, 256.	1.0	78
84	Utopia through the Back Door: Kleist's Marionettes and the Mechanics of Self-Consciousness. Seminar - A Journal of Germanic Studies, 2012, 48, 75-90.	0.0	0
85	A History of Psychology of Religion in the West: Implications for Theory and Method. Pastoral Psychology, 2012, 61, 685-710.	0.4	6
86	The psychological effects of meditation: A meta-analysis Psychological Bulletin, 2012, 138, 1139-1171.	5.5	659
87	The Disciplined Mind: Associations Between the Kentucky Inventory of Mindfulness Skills and Attention Control. Mindfulness, 2012, 3, 95-103.	1.6	17
88	Validation of a Buddhist Coping Measure Among Primarily Nonâ€Asian Buddhists in the United States. Journal for the Scientific Study of Religion, 2012, 51, 156-172.	0.9	25
89	Toward a Cognitive View of Trait Mindfulness: Distinct Cognitive Skills Predict Its Observing and Nonreactivity Facets. Journal of Personality, 2012, 80, 255-285.	1.8	76
90	Contemplative Science, Education and Child Development: Introduction to the Special Section. Child Development Perspectives, 2012, 6, 143-145.	2.1	36
91	Balancing â€~full life': An economic approach to the route to happiness. Journal of Economic Psychology, 2012, 33, 58-70.	1.1	5
92	Transforming the Perceptual Situation: a Meta-ethnography of qualitative Work Reporting Patients' Experiences of Mindfulness-Based Approaches. Mindfulness, 2012, 3, 60-75.	1.6	79

#	Article	IF	CITATIONS
93	A Pilot Study Examining the Effects of Kouk Sun Do on University Students with Anxiety Symptoms. Stress and Health, 2013, 29, 99-107.	1.4	7
94	A systematic review of psycho-oncology research in Chinese populations: emerging trends. European Journal of Cancer Care, 2013, 22, 824-831.	0.7	17
95	The Construct and Measurement of Peace of Mind. Journal of Happiness Studies, 2013, 14, 571-590.	1.9	154
96	Promoting Altruism Through Meditation: An 8-Week Randomized Controlled Pilot Study. Mindfulness, 2013, 4, 223-234.	1.6	93
97	Comparing Attachment Theory and Buddhist Psychology. International Journal for the Psychology of Religion, The, 2013, 23, 282-293.	1.3	38
98	Mapping the field of the whole human: Toward a form psychology. New Ideas in Psychology, 2013, 31, 130-150.	1.2	2
99	Affective responses to qigong: A pilot study of regular practitioners. Journal of Bodywork and Movement Therapies, 2013, 17, 177-184.	0.5	5
100	The Role of Mindfulness in Fostering Transformational Learning in Work Settings. Advances in Positive Organizational Psychology, 2013, , 189-210.	1.2	5
102	The Improvement of Emotion and Attention Regulation after a 6-Week Training of Focused Meditation: A Randomized Controlled Trial. Evidence-based Complementary and Alternative Medicine, 2013, 2013, 1-11.	0.5	29
103	Mindfulness and spirituality as predictors of personal maturity beyond the influence of personality traits. Mental Health, Religion and Culture, 2013, 16, 38-57.	0.6	4
104	Religious Beliefs as Reflective Elaborations on Intuitions: A Modified Dual-Process Model. Current Directions in Psychological Science, 2013, 22, 295-300.	2.8	90
105	Cultural Differences in Attitudes Toward Action and Inaction. Social Psychological and Personality Science, 2013, 4, 521-528.	2.4	23
107	Young and restless: validation of the Mind-Wandering Questionnaire (MWQ) reveals disruptive impact of mind-wandering for youth. Frontiers in Psychology, 2013, 4, 560.	1.1	226
108	Executive control and felt concentrative engagement following intensive meditation training. Frontiers in Human Neuroscience, 2013, 7, 566.	1.0	63
109	Neural mechanisms of attentional control in mindfulness meditation. Frontiers in Neuroscience, 2013, 7, 8.	1.4	357
110	The Serenity of the Meditating Mind: A Cross-Cultural Psychometric Study on a Two-Factor Higher Order Structure of Mindfulness, Its Effects, and Mechanisms Related to Mental Health among Experienced Meditators. PLoS ONE, 2014, 9, e110192.	1.1	68
111	Magnetoencephalographic alpha band connectivity reveals differential default mode network interactions during focused attention and open monitoring meditation. Frontiers in Human Neuroscience, 2014, 8, 832.	1.0	47
112	Thematic Research on the Vimalak?rti Nirde?a S?tra: An Integrative Review. Buddhist Studies Review, 2014, 31, 3-52.	0.1	2

#	Article	IF	CITATIONS
113	A bodhisattva-spirit-oriented counselling framework: inspired by Vimalakīrti wisdom. International Journal of Dharma Studies, 2014, 2, .	0.3	4
114	Mindfulness-based interventions in schoolsââ,¬â€a systematic review and meta-analysis. Frontiers in Psychology, 2014, 5, 603.	1.1	603
115	Construction Of Reality Or Dependent Origination? From Scientific Psychotherapy To Responsible Attention. Contemporary Buddhism, 2014, 15, 216-243.	0.1	0
116	Promoting Resilience and Recovery in a Buddhist Mental Health Support Group. Issues in Mental Health Nursing, 2014, 35, 257-264.	0.6	4
117	Eastern Conceptualizations of Happiness: Fundamental Differences with Western Views. Journal of Happiness Studies, 2014, 15, 475-493.	1.9	218
118	Habitual Worrying and Benefits of Mindfulness. Mindfulness, 2014, 5, 566-573.	1.6	50
119	Mindfulness, Nonattachment, and Suicide Rumination in College Students: The Mediating Role of Depressive Symptoms. Mindfulness, 2014, 5, 487-496.	1.6	50
120	Aversion to Happiness Across Cultures: A Review of Where and Why People are Averse to Happiness. Journal of Happiness Studies, 2014, 15, 717-735.	1.9	154
121	Foundations of Mindfulness and Contemplation: Traditional and Contemporary Perspectives. International Journal of Mental Health and Addiction, 2014, 12, 116-128.	4.4	15
122	Why Human Capital is Important for Organizations. , 2014, , .		6
123	Rethinking Well-Being in Terms of Affliction and Equanimity: Development of a Holistic Well-Being Scale. Journal of Ethnic and Cultural Diversity in Social Work, 2014, 23, 289-308.	0.8	35
124	The mediating role of self-compassion in the relationship between victimization and psychological maladjustment in a sample of adolescents. Child Abuse and Neglect, 2014, 38, 1180-1190.	1.3	60
127	Cultural Values and Alexithymia. SAGE Open, 2014, 4, 215824401455511.	0.8	13
128	Addressing Assumptions and Clarifying Conclusions in "Assumptions and Conclusions: Fundamental Distinctions Between Tibetan Buddhist and Western Approaches to Happiness― Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2015, 33, 368-373.	1.0	1
129	Can Inner Peace be Improved by Mindfulness Training: A Randomized Controlled Trial. Stress and Health, 2015, 31, 245-254.	1.4	45
130	Designing for mental wellbeing. , 2015, , .		45
131	Intensive meditation training influences emotional responses to suffering Emotion, 2015, 15, 775-790.	1.5	71
132	The Meaning Connection Between Mindfulness and Happiness. Journal of Humanistic Counseling, 2015, 54, 221-235.	0.3	12

#	Article	IF	CITATIONS
133	Cultivating multiple aspects of attention through mindfulness meditation accounts for psychological well-being through decreased rumination. Psychology Research and Behavior Management, 2015, 8, 171.	1.3	40
134	A Journey to Embodied Healing: Yoga as a Treatment for Post-Traumatic Stress Disorder. Journal of Religion and Spirituality in Social Work, 2015, 34, 394-413.	0.6	5
135	Does self-report mindfulness mediate the effect of Mindfulness-Based Stress Reduction (MBSR) on spirituality and posttraumatic growth in cancer patients?. Journal of Positive Psychology, 2015, 10, 153-166.	2.6	58
136	Clearing the Muddled Path of Traditional and Contemporary Mindfulness: a Response to Monteiro, Musten, and Compson. Mindfulness, 2015, 6, 23-45.	1.6	73
137	An examination of the factor structure of the Effects of Meditation scale. Personality and Individual Differences, 2015, 86, 57-62.	1.6	8
138	The Ethics of Detachment in Santayana's Philosophy. , 2015, , .		4
139	Recreational 3,4-methylenedioxy-N-methylamphetamine (MDMA) or â€~ecstasy' and self-focused compassion: Preliminary steps in the development of a therapeutic psychopharmacology of contemplative practices. Journal of Psychopharmacology, 2015, 29, 961-970.	2.0	30
140	Mindfulness and the Buddha's Noble Eightfold Path. Mindfulness in Behavioral Health, 2015, , 29-53.	0.2	6
141	Professional Distress and Meaning in Health Care: Why Professional Empathy Can Help. Social Work in Health Care, 2015, 54, 633-650.	0.8	39
142	The Emerging Study of Positive Empathy. Social and Personality Psychology Compass, 2015, 9, 57-68.	2.0	183
143	Effects of focused meditation on difficulties in emotion regulation and trait anxiety Psychology and Neuroscience, 2015, 8, 350-365.	0.5	18
144	Mindfulness Broadens Awareness and Builds Eudaimonic Meaning: A Process Model of Mindful Positive Emotion Regulation. Psychological Inquiry, 2015, 26, 293-314.	0.4	454
145	Anticipatory sensitization to repeated stressors: The role of initial cortisol reactivity and meditation/emotion skills training. Psychoneuroendocrinology, 2015, 52, 229-238.	1.3	28
146	Mindfulness Meditation Alleviates Fibromyalgia Symptoms in Women: Results of a Randomized Clinical Trial. Annals of Behavioral Medicine, 2015, 49, 319-330.	1.7	108
147	Reprint of: Mapping the field of the whole human: Toward a form psychology. New Ideas in Psychology, 2015, 38, 4-24.	1.2	5
148	Self-compassion and learning from failure. , 0, , 36-74.		0
149	From Self to Nonself: The Nonself Theory. Frontiers in Psychology, 2016, 7, 124.	1.1	53
150	How Do Theories of Cognition and Consciousness in Ancient Indian Thought Systems Relate to Current Western Theorizing and Research?. Frontiers in Psychology, 2016, 7, 343.	1.1	45

#	Article	IF	CITATIONS
151	Development and validation of the Buddhist Patience Questionnaire. Mental Health, Religion and Culture, 2016, 19, 807-817.	0.6	7
152	Enhanced happiness and stress alleviation upon insight meditation retreat: mindfulness, a part of traditional Buddhist meditation. Mental Health, Religion and Culture, 2016, 19, 648-659.	0.6	4
153	Attentional and affective consequences of technology supported mindfulness training: a randomised, active control, efficacy trial. BMC Psychology, 2016, 4, 60.	0.9	82
154	Relationship Harmony, Dialectical Coping, and Nonattachment. Counseling Psychologist, 2016, 44, 78-108.	0.8	41
155	Empathic Joy in Positive Intergroup Relations. Journal of Social Issues, 2016, 72, 511-523.	1.9	22
156	Attentional orienting and executive control are affected by different types of meditation practice. Consciousness and Cognition, 2016, 46, 110-126.	0.8	29
157	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. Mindfulness, 2016, 7, 1396-1407.	1.6	71
158	Food-Specific Decentering Experiences Are Associated with Reduced Food Cravings in Meditators: A Preliminary Investigation. Mindfulness, 2016, 7, 1123-1131.	1.6	8
159	Mindfulness and spirituality: therapeutic perspectives. Person-Centered and Experiential Psychotherapies, 2016, 15, 235-244.	0.2	19
161	Experimental Approaches to Loving-Kindness Meditation and Mindfulness That Bridge the Gap Between Clinicians and Researchers. , 2016, , 85-93.		3
162	Presencing process: embodiment and healing in the Buddhist practice of mindfulness of breathing. Mental Health, Religion and Culture, 2016, 19, 68-81.	0.6	5
163	Mediating role of resilience in the impact of mindfulness on life satisfaction and affect as indices of subjective well-being. Personality and Individual Differences, 2016, 93, 63-67.	1.6	227
164	Mindful Aging: The Effects of Regular Brief Mindfulness Practice on Electrophysiological Markers of Cognitive and Affective Processing in Older Adults. Mindfulness, 2017, 8, 78-94.	1.6	84
165	From real life to real life: bringing â€~double awareness' from Action Learning programmes into organisational reality. Action Learning: Research and Practice, 2017, 14, 29-49.	0.5	3
166	Preschool and school-based mindfulness programmes for improving mental health and cognitive functioning in young people aged 3 to 18 years. The Cochrane Library, 2017, , .	1.5	6
167	Measuring outcomes of mindfulness interventions. British Journal of Psychiatry, 2017, 210, 84-85.	1.7	3
168	Mindful tourist experiences: A Buddhist perspective. Annals of Tourism Research, 2017, 64, 1-12.	3.7	63
169	Pathways into psychopathology: Modeling the effects of trait emotional intelligence, mindfulness, and irrational beliefs in a clinical sample. Clinical Psychology and Psychotherapy, 2017, 24, 1130-1141	1.4	37

ARTICLE IF CITATIONS # Contemplative Cognition: A More Integrative Framework for Advancing Mindfulness and Meditation 170 1.6 12 Research. Mindfulness, 2017, 8, 1580-1593. Cancer-Induced Bone Pain Management Through Buddhist Beliefs. Journal of Religion and Health, 2017, 171 0.8 56, 2251-2266. Meditation, Cognitive Flexibility and Well-Being. Journal of Cognitive Enhancement: Towards the 172 0.8 11 Integration of Theory and Practice, 2017, 1, 182-196. Reverse ego-depletion: Acts of self-control can improve subsequent performance in Indian cultural 103 contexts. Journal of Personality and Social Psychology, 2017, 113, 589-607. Advances in Contemplative Psychotherapy., 0,,. 174 5 Secular spirituality – what it is. Why we need it. How to proceed. Journal for the Study of Spirituality, 0.3 2017, 7, 7-20. Effects of Mindfulness Training on Posttraumatic Growth: a Systematic Review and Meta-Analysis. 176 1.6 32 Mindfulness, 2017, 8, 848-858. A Preliminary Study of New Positive Psychology Interventions: Neurofeedback-Aided Meditation 1.7 Therapy and Modified Positive Psychotherapy. Current Psychology, 2017, 36, 683-695. 178 Empathy in medicine: Neuroscience, education and challenges. Medical Teacher, 2017, 39, 164-173. 1.0 46 179 The Quiet Ego: Concept, Measurement, and Well-Being., 2017, , 77-94. Other-oriented hope: Initial evidence of its nomological net. Personality and Individual Differences, 181 4 1.6 2017, 106, 104-110. The effects of adaptive working memory training and mindfulness meditation training on processing 1.6 69 efficiency and worry in high worriers. Béhaviour Research and Therapy, 2017, 89, 1-13 Extending Traditional Psychological Disciplines to Positive Psychology: A View from Subjective 183 1.9 2 Well-being. Journal of Happiness Studies, 2017, 18, 1553-1571. Self-centeredness and selflessness: happiness correlates and mediating psychological processes. PeerJ, 184 2017, 5, e3306. Insight meditation and telomere biology: The effects of intensive retreat and the moderating role of 185 2.0 49 personality. Brain, Behavior, and Immunity, 2018, 70, 233-245. The Effects of Mindfulness Practice on Attentional Functions Among Primary School Children. Journal of Child and Family Studies, 2018, 27, 2632-2642. The critical moment of transition: Staying with and acting on newly gained self- and social awareness. 187 1.4 9 Management Learning, 2018, 49, 278-294. Reducing Israeli-Jewish Pupils' Outgroup Prejudice with a Mindfulness and Compassion-Based 188 Social-Emotional Program. Mindfulness, 2018, 9, 1768-1779.

#	Article	IF	CITATIONS
189	What makes a meaningful life? Examining the effects of interpersonal harmony, dialectical coping, and nonattachment. Asian Journal of Social Psychology, 2018, 21, 198-204.	1.1	18
190	Exploring the social side of selfâ€compassion: Relations with empathy and outgroup attitudes. European Journal of Social Psychology, 2018, 48, 769-783.	1.5	21
191	Religiousness, social support and subjective wellâ€being: An exploratory study among adolescents in an Asian atheist country. International Journal of Psychology, 2018, 53, 97-106.	1.7	9
192	Combining Indian and Western Spiritual Psychology: Applications to Health and Social Renewal. Psychological Studies, 2018, 63, 172-180.	0.5	11
193	Meditative Training Improves Undergraduate Executive Functioning. Journal of College Student Psychotherapy, 2018, 32, 163-179.	0.6	2
194	Long-term meditation: the relationship between cognitive processes, thinking styles and mindfulness. Cognitive Processing, 2018, 19, 73-85.	0.7	50
195	INCORPORATING THE BUDDHA'S THREEFOLD TRAINING WITH MANAGEMENT SCIENCE THEORIES. Contemporary Buddhism, 2018, 19, 203-222.	0.1	0
196	Sky Mirror Model: A Fusion Model of Therapeutic Use of Self for Occupational Therapy Practice. Asian Journal of Occupational Therapy, 2018, 14, 23-31.	0.1	0
197	The Six R's Framework as Mindfulness for Suicide Prevention. Advances in Mental Health and Addiction, 2018, , 247-284.	0.2	1
198	Does Meditation Alter Brain Responses to Negative Stimuli? A Systematic Review. Frontiers in Human Neuroscience, 2018, 12, 448.	1.0	17
199	Mindful breath awareness meditation facilitates efficiency gains in brain networks: A steady-state visually evoked potentials study. Scientific Reports, 2018, 8, 13687.	1.6	25
200	Mindfulness and Other Psycho-Social Resources Protective Against Mental Illness and Suicidality Among Gay Men. Frontiers in Psychiatry, 2018, 9, 361.	1.3	3
201	Organizational change: insights from Buddhism and Acceptance and Commitment Therapy(ACT). Journal of Management, Spirituality and Religion, 2018, 15, 424-449.	0.9	3
202	Hey Wait! I Just Thought of Something Else! Advaita and Clinical Hypnosis. American Journal of Clinical Hypnosis, 2018, 61, 18-33.	0.3	1
203	An evaluation of mindfulness-based childbirth and parenting courses for pregnant women and prospective fathers/partners within the UK NHS (MBCP-4-NHS). Midwifery, 2018, 64, 1-10.	1.0	31
204	Centeredness Theory: Understanding and Measuring Well-Being Across Core Life Domains. Frontiers in Psychology, 2018, 9, 610.	1.1	11
205	Authenticity as a Mediator of the Relationship Between Power Contingent Self-Esteem and Subjective Well-Being. Frontiers in Psychology, 2018, 9, 1066.	1.1	7
206	Personality Is Culturally Constructed and Maintained: Helping Students Think Globally about Themselves and Others. , 0, , 481-499.		1

#	Article	IF	CITATIONS
207	Globalization and Internationalization: the Implications on the Mental Health Field in Bhutan. International Journal for the Advancement of Counselling, 2018, 40, 443-454.	0.5	5
208	Relating Mindfulness, Heartfulness, and Psychological Well-Being: the Role of Self-Compassion and Gratitude. Mindfulness, 2019, 10, 339-351.	1.6	64
209	Ethical Judgement in UK Business Students: Relationship with Motivation, Self-Compassion and Mental Health. International Journal of Mental Health and Addiction, 2019, 17, 1132-1146.	4.4	24
210	Does mindfulness change the mind? A novel psychonectome perspective based on Network Analysis. PLoS ONE, 2019, 14, e0219793.	1.1	22
211	Testing a Moderated Mediation Model of MBCT's Effects for Psoriasis Patients. Mindfulness, 2019, 10, 2673-2681.	1.6	7
212	Greater Mindfulness is Associated With Better Academic Achievement in Middle School. Mind, Brain, and Education, 2019, 13, 157-166.	0.9	41
213	Mindfulness, Nonattachment, and the Feeling-Action Relationship. Mindfulness, 2019, 10, 2121-2132.	1.6	3
214	Spirituality: The Missing Link of Sustainability and Happiness as a Framework for Holistic Development. Community Quality-of-life and Well-being, 2019, , 203-224.	0.1	3
215	Suffering and Compassion. Alternative and Complementary Therapies, 2019, 25, 95-101.	0.1	0
216	Effects of Mindfulness-Based Positive Behavior Support (MBPBS) Training Are Equally Beneficial for Mothers and Their Children With Autism Spectrum Disorder or With Intellectual Disabilities. Frontiers in Psychology, 2019, 10, 385.	1.1	40
217	Parental Autonomy Support and Psychological Well-Being in Tibetan and Han Emerging Adults: A Serial Multiple Mediation Model. Frontiers in Psychology, 2019, 10, 621.	1.1	32
219	Differential effects of perceptions of equal, favourable and unfavourable autonomy support on educational and well-being outcomes. Contemporary Educational Psychology, 2019, 58, 33-43.	1.6	16
220	On the Hierarchical Organization of Oscillatory Assemblies: Layered Superimposition and a Global Bioelectric Framework. Frontiers in Human Neuroscience, 2019, 13, 426.	1.0	10
221	The neuroscience of meditation: classification, phenomenology, correlates, and mechanisms. Progress in Brain Research, 2019, 244, 1-29.	0.9	63
222	Towards a holistic conceptualisation of early childhood educators' work-related well-being. Contemporary Issues in Early Childhood, 2019, 20, 265-281.	0.9	34
223	Mental health of UK university business students: Relationship with shame, motivation and self-compassion. Journal of Education for Business, 2019, 94, 11-20.	0.9	47
224	Theoretical Foundations to Guide Mindfulness Meditation: A Path to Wisdom. Current Psychology, 2019, 38, 627-646.	1.7	13
225	Patience as a Mediator Between the Dark Triad and Meaning in Life. Applied Research in Quality of Life, 2019, 14, 527-543.	1.4	7

#	Article	IF	CITATIONS
226	Optimistically Accepting Suffering Boosts Happiness: Associations Between Buddhism Patience, Selflessness, and Subjective Authentic-Durable Happiness. Journal of Happiness Studies, 2020, 21, 223-240.	1.9	16
227	Traditionality, Spirituality and Somatoform Dissociation Symptoms in Chinese Buddhists. Journal of Religion and Health, 2020, 59, 3257-3269.	0.8	1
228	The Effects of a 1-Month Meditation Retreat on Selective Attention Towards Emotional Faces: an Eye-Tracking Study. Mindfulness, 2020, 11, 219-229.	1.6	13
229	Mindfulness and Job Performance: Does Creativity Matter?. Australasian Marketing Journal, 2020, 28, 117-123.	3.5	19
230	The use of mindfulness to promote ethical decision making and behavior: Empirical evidence from the public sector in Thailand. Public Administration and Development, 2020, 40, 156-167.	0.9	5
231	Helpâ€5eeking Attitudes of Chinese Americans and Chinese Immigrants in the United States: The Mediating Role of Selfâ€5tigma. Journal of Multicultural Counseling and Development, 2020, 48, 30-43.	0.6	12
232	A Brief Scale to Measure Caring for Bliss: Conceptualization, Initial Development, and Validation. Mindfulness, 2020, 11, 615-626.	1.6	7
233	Selflessness, Depression, and Neuroticism: An Interactionist Perspective on the Effects of Self-Transcendence, Perspective-Taking, and Materialism. Frontiers in Psychology, 2020, 11, 523950.	1.1	3
234	The Meaning-making Structures of Outstanding Leaders: An Examination of Conative Capability at Postconventional Ego Development Levels. , 2020, , 191-216.		0
236	Enhancing creativity through seven stages of transformation in a graduate level writing course—A mixed method study. Thinking Skills and Creativity, 2020, 38, 100712.	1.9	3
237	The Christian Contentment Scale: An <i>Emic</i> Measure for Assessing Inner Satisfaction within the Christian Tradition. Journal of Psychology and Theology, 2021, 49, 324-341.	0.2	3
238	Emergence and Experience of "Peace of Mind― What Can Classic Writers Tell Us?. Human Arenas, 2020, , 1.	1.1	2
239	Brief Meditation Trainings Improve Performance in the Emotional Attentional Blink. Mindfulness, 2020, 11, 1613-1622.	1.6	12
240	Trait and State Equanimity: The Effect of Mindfulness-Based Meditation Practice. Mindfulness, 2020, 11, 1802-1812.	1.6	17
241	From Teachers' Mindfulness to Students' Thriving: the Mindful Self in School Relationships (MSSR) Model. Mindfulness, 2020, 11, 2258-2273.	1.6	16
242	Meditation alters representations of peripersonal space: Evidence from auditory evoked potentials. Consciousness and Cognition, 2020, 83, 102978.	0.8	2
243	The Sacred Power of Beauty: Examining the Perceptual Effect of Buddhist Symbols on Happiness and Life Satisfaction in China. International Journal of Environmental Research and Public Health, 2020, 17, 2551.	1.2	9
244	Pathways to well-being: Untangling the causal relationships among biopsychosocial variables. Social Science and Medicine, 2021, 272, 112846.	1.8	39

#	Article	IF	CITATIONS
245	The Impact of Compassion Meditation Training on Psychological Variables: a Network Perspective. Mindfulness, 2021, 12, 873-888.	1.6	16
246	Improving Women's Selfâ€Compassion Through an Online Program: A Randomized Controlled Trial. Journal of Counseling and Development, 2021, 99, 47-59.	1.3	9
247	Religiosity and Resilience: Cognitive Reappraisal and Coping Self-Efficacy Mediate the Link between Religious Coping and Well-Being. Journal of Religion and Health, 2021, 60, 2892-2905.	0.8	37
248	Die Bedeutung von Achtsamkeit für die Entwicklung eines emotionalen Gleichgewichts. , 2021, , 77-86.		0
249	Teaching the Science of Human Flourishing, Unlocking Connection, Positivity, and Resilience for the Greater Good. Global Advances in Health and Medicine, 2021, 10, 216495612110230.	0.7	4
250	Mindfulness Training Improves Quality of Life and Reduces Depression and Anxiety Symptoms Among Police Officers: Results From the POLICE Study—A Multicenter Randomized Controlled Trial. Frontiers in Psychiatry, 2021, 12, 624876.	1.3	23
251	Not all types of meditation are the same: Mediators of change in mindfulness and compassion meditation interventions. Journal of Affective Disorders, 2021, 283, 354-362.	2.0	26
252	Meditation training modulates brain electric microstates and felt states of awareness. Human Brain Mapping, 2021, 42, 3228-3252.	1.9	24
253	Factors Related to Suicide Attempts: The Roles of Childhood Abuse and Spirituality. Frontiers in Psychiatry, 2021, 12, 565358.	1.3	4
254	Psychological flexibility and psychological inflexibility are independently associated with both hedonic and eudaimonic well-being. Journal of Contextual Behavioral Science, 2021, 20, 163-171.	1.3	14
255	Trait mindfulness and the mental and physical health of caregivers for individuals with cancer. European Journal of Integrative Medicine, 2021, 44, 101325.	0.8	1
256	The Relationship Between Mindfulness and Cognitive Flexibility of University Students. YaÅŸam Becerileri Psikoloji Dergisi, 2021, 5, 11-20.	0.2	6
257	Mindfulness and eudaimonic well-being: the mediating roles of rumination and emotion dysregulation. International Journal of Adolescent Medicine and Health, 2021, .	0.6	4
258	Exploring Buddhism as a â€`Tool' to Support Well-Being: An Interpretative Phenomenological Analysis of Western Adopters' Experiences. Pastoral Psychology, 2021, 70, 471-485.	0.4	5
259	A path analysis of home meditation practice and mental health status: The role of spirituality and nonduality. Current Psychology, 0, , 1.	1.7	2
260	Effects of Facets of Mindfulness on College Adjustment Among First-Year Chinese College Students: The Mediating Role of Resilience. Psychology Research and Behavior Management, 2021, Volume 14, 1101-1109.	1.3	6
261	Decreased emotional reactivity after 3-month socio-affective but not attention- or meta-cognitive-based mental training: A randomized, controlled, longitudinal fMRI study. NeuroImage, 2021, 237, 118132.	2.1	12
262	Promoción de actitudes compasivas y alimentación con atención plena en estudiantes universitarias con insatisfacción corporal: un estudio preliminar. Cuadernos Hispanoamericanos De PsicologÃa, 2021, 21, 1-15.	0.2	1

#	Article	IF	CITATIONS
263	Organisational Citizenship Behaviour of MBA students: The role of mindfulness and resilience. International Journal of Management Education, 2021, 19, 100548.	2.2	12
264	Mindfulness in Education. Advances in Psychology, Mental Health, and Behavioral Studies, 2022, , 337-356.	0.1	1
266	Mindfulness and Feelings of Emptiness. , 2009, , 125-151.		11
267	Mindfulness, Emotion Regulation, and Well-Being. , 2011, , 101-118.		28
268	Serenity and Inner Peace: Positive Perspectives. Peace Psychology Book Series, 2014, , 107-133.	0.1	9
269	Challenges and Criticisms in the Field of Spirituality, Religiousness, and Health. Religion, Spirituality and Health: A Social Scientific Approach, 2019, , 33-48.	0.2	3
271	Insights from Quiet Minds: The Converging Fields of Mindfulness and Mind-Wandering. Studies in Neuroscience, Consciousness and Spirituality, 2014, , 227-241.	0.2	9
272	Secular, Non-dogmatic Spirituality. Studies in Neuroscience, Consciousness and Spirituality, 2015, , 93-172.	0.2	2
273	Mindfulness-Based Cognitive Therapy for Combat-Related Posttraumatic Stress Disorder. , 2016, , 163-191.		3
274	Wholeness and Holiness: The Spiritual Dimension of Eudaimonics. International Handbooks of Quality-of-life, 2016, , 379-394.	0.3	24
275	Strength Based Resilience: Integrating Risk and Resources Towards Holistic Well-being. Cross-cultural Advancements in Positive Psychology, 2014, , 153-176.	0.1	9
276	Buddhism and Positive Psychology. Cross-cultural Advancements in Positive Psychology, 2014, , 101-124.	0.1	6
277	Minding the mind: The value of distinguishing among unconscious, conscious, and metaconscious processes , 2015, , 179-202.		8
278	Successful, optimal, and resilient aging: A psychosocial perspective , 2015, , 331-359.		19
279	The Contributions of Mindfulness Practice in a Secular Profession. PsycCritiques, 2014, 59, .	0.0	1
280	Compassionate meditation to heal from race-related stress: A pilot study with Asian Americans American Journal of Orthopsychiatry, 2019, 89, 482-492.	1.0	19
281	Evaluations of empathizers depend on the target of empathy Journal of Personality and Social Psychology, 2021, 121, 1005-1028.	2.6	9
282	Reducing defensive responses to thoughts of death: Meditation, mindfulness, and Buddhism Journal of Personality and Social Psychology, 2019, 116, 101-118.	2.6	15

		CITATION REPORT	
#	Article	IF	CITATIONS
283	Motion in Stillness — Stillness in Motion: Contemplative Practice in the Performing Arts. , 2013, , 75-90.		5
284	Mindfulness-based interventions in undergraduate students: a systematic review. Journal of American College Health, 2022, 70, 791-800.	0.8	35
285	Relational Buddhism: An Integrative Psychology of Happiness Amidst Existential Suffering. , 2013, , .		2
286	Meditação na universidade: a motivação de alunos da UFRGS para aprender meditação. Psicologia Escolar E Educacional, 2012, 16, 307-315.	0.3	4
287	Participation: The Happiness Connection. Journal of Deliberative Democracy, 2011, 7, .	0.3	6
288	ÖZ-ŞEFKAT ÖLÇEĞİ KISA FORMU'NUN TÜRKÇE UYARLAMASI: GEÇERLİK VE GÜVENİRLİK / Baysal Üniversitesi Eğitim Fakültesi Dergisi, 2018, 18, 2502-2517.	‡ALIŞMASI 0.2	. Abant İz
289	Strong Mindfulness: Integrating Mindfulness and Character Strengths. Journal of Mental Health Counseling, 2012, 34, 240-253.	0.6	78
290	Adaptación y validación de la estructura factorial de las escalas de Felicidad Subjetiva Fluctuante y de Felicidad Subjetiva Duradera. PsicologÃa Y Salud, 2019, 29, 195-205.	0.0	2
291	Mindfulness trait, eating behaviours and body uneasiness: a case-control study of binge eating disorder. Eating and Weight Disorders, 2012, 17, e244-51.	1.2	14
292	Sitting and silent meditation as a strategy to study emotion regulation Psychology and Neuroscience, 2012, 5, 27-36.	0.5	16
293	A Phenomenological Investigation of Leader Development and Mindfulness Meditation. Journal of Social Change, 2016, 8, .	0.3	11
294	Compaixão e medicina centrada na pessoa: convergências entre o Dalai Lama Tenzin Gyatso e Ian McWhinney. Revista Brasileira De Medicina De FamAłia E Comunidade, 2016, 11, 1-10.	0.1	2
295	Das Wesen des Mitgefühls. , 2009, , 177-233.		0
296	Xenophilia as a Cultural Trap: Bridging the Gap Between Transpersonal Psychology and Religious/Spiritual Traditions. International Journal of Transpersonal Studies, 2009, 28, 107-111.	0.2	8
297	Personal Transformations Needed for Cultures of Peace. , 2009, , 305-317.		1
298	The Intentional Personal Development of Mind and Brain Through Education. , 2010, , 293-323.		2
300	Construction or reality or dependent co-arising? From scientific pyschotherapy to responsible attention. Enrahonar, 0, 47, 63.	0.0	0
301	Promover o bem-estar de idosos institucionalizados: Um estudo exploratório com treino em mindfulness. Revista Portuguesa De Pedagogia, 0, , 165-183.	0.1	2

#	Article	IF	CITATIONS
303	An exploration of mindfulness theories in Eastern and Western philosophies. , 2014, , .		1
304	The Reassuring Truth. , 2015, , 120-134.		0
305	Other-Oriented Hope and Related Concepts. SpringerBriefs in Well-being and Quality of Life Research, 2015, , 69-86.	0.1	0
306	Origins and Consequences of Other-Oriented Hope, and Theoretical Frameworks Relevant to Its Understanding. SpringerBriefs in Well-being and Quality of Life Research, 2015, , 49-68.	0.1	0
307	Spirituality and Human Finitude. , 2015, , 134-156.		0
308	Effects of Five-Minute Mindfulness Meditation on Mental Health Care Professionals. Journal of Psychology & Clinical Psychiatry, 2015, 2, .	0.0	3
312	Hijab in the Western Workplace: Exploring Islamic Psychotherapeutic Approaches to Discrimination. Journal of Psychology and Behavioral Science, 2016, 4, .	0.0	0
313	Problematika experimentáInÃho výzkumu buddhistických meditacÃ- Socialni Studia, 2015, 12, 73-93.	0.2	3
314	Nature of Human Intelligence. SSRN Electronic Journal, 0, , .	0.4	0
316	Escaping Bondage to the Somatic Passions. , 2017, , 89-106.		Ο
317	Transpersonal psychology's role in scientifically reinterpreting and reapplying insights from religious traditions: Comment on Wolfe's (2016) "Common sense Scientology―. Humanistic Psychologist, 2017, 45, 179-182.	0.2	0
318	A Journey of Self-Awakening. , 2017, , 113-124.		0
319	Positive Psychology and Clinical Psychology: Common Philosophical Backgrounds, Early Contributors, and Possible Integrations. , 2017, , 3-29.		0
320	Humanistisches Paradigma. Springer-Lehrbuch, 2017, , 141-174.	0.1	0
321	The Know Your Self Curriculum: Overview and Research Results. , 2017, , 133-153.		0
323	El cultivo de la autoconciencia y el bienestar emocional en los profesionales que trabajan con el sufrimiento. Revista De Investigación Y Educación En Ciencias De La Salud (RIECS), 2019, 4, 77-93.	0.0	5
324	Health and Emotional Experience. , 2020, , 171-176.		0
325	The Balance of Personality. , 0, , .		1

#	Article	IF	CITATIONS
326	<p>Dispositional Mindfulness and Past-Negative Time Perspective: The Differential Mediation Effects of Resilience and Inner Peace in Meditators and Non-Meditators</p> . Psychology Research and Behavior Management, 2020, Volume 13, 397-405.	1.3	11
327	Transcending Emerging Barriers Through Patience. Management, Change, Strategy and Positive Leadership, 2022, , 79-98.	0.1	0
328	Mindfulness, Positive Affection and Cognitive Flexibility as Antecedents of Trait Resilience. Studia Psychologica, 2020, 62, 277-290.	0.3	6
329	Buddhist Self-Enlightenment Psychotherapy. International and Cultural Psychology Series, 2020, , 105-162.	0.1	0
330	The Effect of Mindfulness-Based Developmental Care on Maternal Stress and Bonding with Premature Infants Hospitalized in NICU. Majallah-i DÄnishgÄh-i I'UlÅ«m-i PizishkÄ«-i Qum, 2020, 14, 61-73.	0.2	2
332	Mindfulness-based cognitive therapy as a clinical intervention with psoriasis patients through the lens of the clinically modified Buddhist psychological model: a qualitative study. Mental Health, Religion and Culture, 2020, 23, 806-825.	0.6	8
333	Mindfulness-Based Childbirth and Parenting (MBCP): Innovation in Birth Preparation to Support Healthy, Happy Families. International Journal of Birth and Parent Education, 2015, 2, 30-33.	0.0	4
334	Complementary, Holistic, and Integrative Medicine: Meditation Practices for Pediatric Health. Pediatrics in Review, 2010, 31, e91-e103.	0.2	3
336	Investigating the relationship between consumer mindfulness and sustainable consumption behavior. International Journal of Research in Business and Social Science, 2020, 9, 37-43.	0.1	1
338	Beyond the "Third Wave of Positive Psychologyâ€ŧ Challenges and Opportunities for Future Research. Frontiers in Psychology, 2021, 12, 795067.	1.1	23
339	Sense of Balance in Indian Conceptualisation of Psychological Well-being. Studia Ecologiae Et Bioethicae, 2022, 19, 55-68.	0.2	3
340	Resilience and Stress as Mediators in the Relationship of Mindfulness and Happiness. Frontiers in Psychology, 2022, 13, 771263.	1.1	15
342	The Effects of Concentrative Meditation on the Electroencephalogram in Novice Meditators. Clinical EEG and Neuroscience, 2021, , 155005942110658.	0.9	2
343	Self-Compassion and Happiness: Exploring the Influence of the Subcomponents of Self-Compassion on Happiness and Vice Versa. Psychological Reports, 2022, , 003329412210849.	0.9	1
360	Psychometric validity and measurement invariance of the caring for Bliss Scale in the Philippines and the United States. Journal of American College Health, 0, , 1-7.	0.8	1
361	Death anxiety as mediator of relationship between renunciation of desire and mental health as predicted by Nonself Theory. Scientific Reports, 2022, 12, .	1.6	4
362	The Effect of Mindfulness Yoga in Children With School Refusal: A Study Protocol for an Exploratory, Cluster-Randomized, Open, Standard Care-Controlled, Multicenter Clinical Trial. Frontiers in Public Health, 0, 10, .	1.3	1
363	Exploring the Nexus Between Mindfulness, Gratitude, and Wellbeing Among Youth With the Mediating Role of Hopefulness: A South Asian Perspective. Frontiers in Psychology, 0, 13, .	1.1	0

#	Article	IF	CITATIONS
364	The role of mindfulness in the management of projects: Potential opportunities in research and practice. International Journal of Project Management, 2022, 40, 849-864.	2.7	7
365	"Miserere―na gÅ,osy i instrumenty PawÅ,a SzymaÅ,,skiego. Konstrukcja dźwiÄ™kowa i znaczenia. Muzyka: Kwartalnik Poswiecony Historii I Teorii Muzyki, 2022, 67, 29-43.	0.1	0
366	The Association between Mindfulness and Resilience among University Students: A Meta-Analysis. Sustainability, 2022, 14, 10405.	1.6	2
367	Effects of mindfulness training on resilience, self-confidence and emotion regulation of elite football players: The mediating role of locus of control. Asian Journal of Sport and Exercise Psychology, 2022, 2, 198-205.	0.4	5
368	Entrepreneurial mindfulness and organizational resilience of Chinese SMEs during the COVID-19 pandemic: The role of entrepreneurial resilience. Frontiers in Psychology, 0, 13, .	1.1	4
369	Contemplative Practices Behavior Is Positively Associated with Well-Being in Three Global Multi-Regional Stanford WELL for Life Cohorts. International Journal of Environmental Research and Public Health, 2022, 19, 13485.	1.2	2
370	The Unity of Well-Being: An Inquiry into the Structure of Subjective Well-Being Using the Bifactor Model. International Journal of Applied Positive Psychology, 2022, 7, 461-486.	1.2	5
371	Mindfulness mediates the relationship between positive parenting and aggression, depression, and suicidal ideation: A longitudinal study in middle school students. Frontiers in Psychology, 0, 13, .	1.1	1
372	Predicting Youth Information Management in Emerging Adulthood from Parental Mindfulness and Social Support. Youth, 2022, 2, 633-645.	0.5	1
373	Atenção plena e equilÃbrio emocional: experiência de uma disciplina durante a pandemia de Covid-19. Revista Brasileira De Educacao Medica, 2022, 46, .	0.0	0
374	TIBETANSK BUDDHISME SOM COPINGMEKANISME Interviews med tibetanske torturoverlevere om deres måde at overkomme traumer på. , 2007, 28, 15.		0
375	Are Leaders Responsible for Meaningful Work? Perspectives from Buddhist-Enacted Leaders and Buddhist Ethics. Journal of Business Ethics, 2023, 187, 347-370.	3.7	3
376	Transforming adversity into an ally: A qualitative study of "feeding your demons―meditation. Frontiers in Psychology, 0, 13, .	1.1	0
377	Adaptación y validación de la Escala Disposicional de EmpatÃa Positiva a población adolescente argentina. Acta Colombiana De Psicologia, 2022, 26, 27-44.	0.1	0
378	Mindfulness-based coaching: Conceptualisation, supporting evidence and emerging applications. , 2013, 8, 40-57.		15
379	Maslow and the Good Person. Journal of Humanistic Psychology, 0, , 002216782211462.	1.4	1
380	Smartphone use, intergenerational support and older adults' wellbeing. Current Psychology, 2024, 43, 407-424.	1.7	4
381	The effect of mindfulness intervention on internet negative news perception and processing: An implicit and explicit approach. Frontiers in Psychology, 0, 14, .	1.1	1

ARTICLE IF CITATIONS Aœniversite A–ÄŸrencilerinde Benlik Saygısı ile Kendini Sabotaj Arasındaki İliÅŸkide A–z Åžefkatin Aracı RolA¼. Egq 382 EÄŸitim Dergisi, 0, , . Clients' experiences with a Trauma-sensitive mindfulness and compassion group intervention: a 1.1 first-person perspective on change and change mechanisms. Psychotherapy Research, 2024, 34, 81-95. Restructuring insight: An integrative review of insight in problem-solving, meditation, psychotherapy, 384 0.8 7 delusions and psychedelics. Consciousness and Cognition, 2023, 110, 103494. A bioelectronic route to compassion: Rationale and study protocol for combining transcutaneous 1.1 vagus nerve stimulation (tVNS) with compassionate mental imagery. PLoS ONE, 2023, 18, e0282861. Positive affect, negative affect, and psychological resilience mediate the effect of selfâ€compassion on 386 1.1 0 mental toughness: A serial mediation analysis. Psychology in the Schools, 0, , . Arts-based Pedagogy in Management Education: Personal Reflections., 2023, , 227-245. 391 Therapeutic Writing: As the Opposite of Creative Writing., 2023, , 3-12. 0 Experiencing Others: The Science of Empathy., 2023, , 249-264. How Does Meditation Affect the Default Mode Network: A Systematic Review. Advances in 393 0.8 1 Experimental Medicine and Biology, 2023, , 229-245. The Relationship Between Time Perspective and Dispositional Mindfulness with Respect to Well-Being: 1.6 A Systematic Review of Cross-Sectional Studies. Mindfulness, 0, , . 399 Peace of Mind., 2023, , 5033-5036. 0 Les compétences émotionnelles., 2023, , 267-304.