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A study of central fatness using waist-to-height ratios in UK children and adolescents over two decades supports the simple message--~~keep~~ your waist circumference to less than half your heights

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415	Recent trends in waist circumference and waist-height ratio among US children and adolescents. 2006 , 118, e1390-8		336
414	Body fat measurements in children as predictors for the metabolic syndrome: focus on waist circumference. 2006 , 65, 385-92		56
413	Body fat measurements in children as predictors for the metabolic syndrome: focus on waist circumference. 2006 , 65, 385-392		95
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