

Chocolate and prevention of cardiovascular disease: a systematic review

Nutrition and Metabolism

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Citation Report

#	ARTICLE	IF	CITATIONS
1	Chocolate Is a Powerful ex Vivo and in Vivo Antioxidant, an Antiatherosclerotic Agent in an Animal Model, and a Significant Contributor to Antioxidants in the European and American Diets. <i>Journal of Agricultural and Food Chemistry</i> , 2006, 54, 8071-8076.	2.4	167
2	Effects of antioxidant-rich foods on vascular reactivity: Review of the clinical evidence. <i>Current Atherosclerosis Reports</i> , 2006, 8, 510-522.	2.0	43
3	Dietary Flavanols and Platelet Reactivity. <i>Journal of Cardiovascular Pharmacology</i> , 2006, 47, S187-S196.	0.8	49
4	Flavonoid-rich grapeseed extracts: a new approach in high cardiovascular risk patients?. <i>International Journal of Clinical Practice</i> , 2006, 60, 1484-1492.	0.8	44
5	Analysis of Flavanols in Foods: What Methods are Required to Enable Meaningful Health Recommendations?. <i>Journal of Cardiovascular Pharmacology</i> , 2006, 47, S110-S118.	0.8	24
6	Nutritional and nutraceutical considerations for dyslipidemia. <i>Future Lipidology</i> , 2007, 2, 313-339.	0.5	14
7	The microstructure of chocolate. , 2007, , 648-690.		14
8	Platelet Reactivity in Male Smokers Following the Acute Consumption of a Flavanol-Rich Grapeseed Extract. <i>Journal of Medicinal Food</i> , 2007, 10, 725-730.	0.8	33
9	Flavonoids and Heart Health: Proceedings of the ILSI North America Flavonoids Workshop, May 31â€“June 1, 2005, Washington, DC1, , ,. <i>Journal of Nutrition</i> , 2007, 137, 718S-737S.	1.3	316
10	Sustained Increase in Flow-Mediated Dilation After Daily Intake of High-Flavanol Cocoa Drink Over 1 Week. <i>Journal of Cardiovascular Pharmacology</i> , 2007, 49, 74-80.	0.8	184
11	Is chocolate really good for me?. <i>JAAPA: Official Journal of the American Academy of Physician Assistants</i> , 2007, 20, 55.	0.1	1
12	Dietary patterns, food groups and myocardial infarction: a caseâ€“control study. <i>British Journal of Nutrition</i> , 2007, 98, 380-387.	1.2	96
13	Chocolate as a Cough Suppressant: Rationale and Justification for an Upcoming Clinical Trial. <i>Supportive Cancer Therapy</i> , 2007, 4, 119-122.	0.3	13
14	Plasma LDL and HDL Cholesterol and Oxidized LDL Concentrations Are Altered in Normo- and Hypercholesterolemic Humans after Intake of Different Levels of Cocoa Powder. <i>Journal of Nutrition</i> , 2007, 137, 1436-1441.	1.3	149
15	Dietary PUFA and flavonoids as deterrents for environmental pollutants. <i>Journal of Nutritional Biochemistry</i> , 2007, 18, 196-205.	1.9	30
16	Dietary supplementation with cacao liquor proanthocyanidins prevents elevation of blood glucose levels in diabetic obese mice. <i>Nutrition</i> , 2007, 23, 351-355.	1.1	101
17	Flavanols: digestion, absorption and bioactivity. <i>Phytochemistry Reviews</i> , 2007, 7, 195-208.	3.1	86
18	Roasting impact on the contents of clovamide (N-caffeoyl-L-DOPA) and the antioxidant activity of cocoa beans (<i>Theobroma cacao</i> L.). <i>Food Chemistry</i> , 2008, 106, 967-975.	4.2	99

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19	Cacao procyanidins reduce plasma cholesterol and increase fecal steroid excretion in rats fed a high-cholesterol diet. <i>BioFactors</i> , 2008, 33, 211-223.	2.6	44
20	Chocolate, well-being and health among elderly men. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 247-253.	1.3	29
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23	Cocoa and health: a decade of research. <i>British Journal of Nutrition</i> , 2008, 99, 1-11.	1.2	276
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25	Dietary Flavonoid Sources in Australian Adults. <i>Nutrition and Cancer</i> , 2008, 60, 442-449.	0.9	143
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32	Effect of cocoa powder on the modulation of inflammatory biomarkers in patients at high risk of cardiovascular disease. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 1144-1150.	2.2	183
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36	Acute effect of oral flavonoid-rich dark chocolate intake on coronary circulation, as compared with non-flavonoid white chocolate, by transthoracic Doppler echocardiography in healthy adults. <i>International Journal of Cardiology</i> , 2009, 131, 424-429.	0.8	86
37	Sensory description of dark chocolates by consumers. <i>LWT - Food Science and Technology</i> , 2009, 42, 534-539.	2.5	55

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42	Bioavailability of multiple components following acute ingestion of a polyphenol-rich juice drink. <i>Molecular Nutrition and Food Research</i> , 2010, 54, S268-77.	1.5	78
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45	Chocolate Intake and Incidence of Heart Failure. <i>Circulation: Heart Failure</i> , 2010, 3, 612-616.	1.6	66
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55	Effects of sugar-sweetened and sugar-free cocoa on endothelial function in overweight adults. <i>International Journal of Cardiology</i> , 2011, 149, 83-88.	0.8	95
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60	Spontaneous organic cocoa bean box fermentations in Brazil are characterized by a restricted species diversity of lactic acid bacteria and acetic acid bacteria. <i>Food Microbiology</i> , 2011, 28, 1326-1338.	2.1	139
61	Cocoa Consumption, Cocoa Flavonoids, and Effects on Cardiovascular Risk Factors: An Evidence-Based Review. <i>Current Cardiovascular Risk Reports</i> , 2011, 5, 120-127.	0.8	15
62	Chronic (ΔΔ)-epicatechin improves vascular oxidative and inflammatory status but not hypertension in chronic nitric oxide-deficient rats. <i>British Journal of Nutrition</i> , 2011, 106, 1337-1348.	1.2	55
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64	Functional Foods and Nutraceuticals in the Primary Prevention of Cardiovascular Diseases. <i>Journal of Nutrition and Metabolism</i> , 2012, 2012, 1-16.	0.7	149
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69	Botany and Pharmacognosy of the Cacao Tree. , 2012, , 41-62.		2
70	<i>Theobroma cacao</i> “An Introduction to the Plant, Its Composition, Uses, and Health Benefits. , 2012, , 35-62.		2
71	Cocoa Polyphenols and Their Potential Benefits for Human Health. <i>Oxidative Medicine and Cellular Longevity</i> , 2012, 2012, 1-23.	1.9	146
72	Exploring consumer perception about the different types of chocolate. <i>Brazilian Journal of Food Technology</i> , 2012, 15, 307-316.	0.8	19
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78	Sociodemographic profiles regarding bitter food consumption. Cross-sectional evidence from a general French population. <i>Appetite</i> , 2013, 67, 53-60.	1.8	11
79	Chemical composition of cupuassu (<i>Theobroma grandiflorum</i>) and cocoa (<i>Theobroma cacao</i>) liquors and their effects on streptozotocin-induced diabetic rats. <i>Food Research International</i> , 2013, 51, 929-935.	2.9	45
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89	Dietary Polyphenols and Their Effects on Cell Biochemistry and Pathophysiology 2013. <i>Oxidative Medicine and Cellular Longevity</i> , 2014, 2014, 1-3.	1.9	37
90	Regular consumption of a cocoa product improves the cardiometabolic profile in healthy and moderately hypercholesterolaemic adults. <i>British Journal of Nutrition</i> , 2014, 111, 122-134.	1.2	70
91	Dietary antiaging phytochemicals and mechanisms associated with prolonged survival. <i>Journal of Nutritional Biochemistry</i> , 2014, 25, 581-591.	1.9	147
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101	Diabetes and Chocolate: Friend or Foe?. <i>Journal of Agricultural and Food Chemistry</i> , 2015, 63, 9910-9918.	2.4	9
102	Innovative formulation of fermented food (dhokla) and its characterization on storage property. <i>Journal of Food Measurement and Characterization</i> , 2015, 9, 508-516.	1.6	0
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109	Dark chocolate attenuates intracellular pro-inflammatory reactivity to acute psychosocial stress in men: A randomized controlled trial. <i>Brain, Behavior, and Immunity</i> , 2016, 57, 200-208.	2.0	26
110	Daily chocolate consumption is inversely associated with insulin resistance and liver enzymes in the Observation of Cardiovascular Risk Factors in Luxembourg study. <i>British Journal of Nutrition</i> , 2016, 115, 1661-1668.	1.2	24
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113	Cocoa Flavanol Intake and Biomarkers for Cardiometabolic Health: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Journal of Nutrition</i> , 2016, 146, 2325-2333.	1.3	116
114	Natural phenolic compounds protect LDL against oxidation. <i>European Journal of Lipid Science and Technology</i> , 2016, 118, 677-679.	1.0	17
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117	Inhibitory Potential of Cocoa Leaves Polyphenolics-Rich Extract on Xanthine Oxidase and Angiotensin 1-Converting Enzyme. <i>Journal of Biologically Active Products From Nature</i> , 2017, 7, 39-51.	0.1	7
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122	Intake of dietary fat and fat subtypes and risk of premenstrual syndrome in the Nurses' Health Study II. <i>British Journal of Nutrition</i> , 2017, 118, 849-857.	1.2	14
123	Chocolate intake and incidence of heart failure: Findings from the Cohort of Swedish Men. <i>American Heart Journal</i> , 2017, 183, 18-23.	1.2	21
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125	Formulation of dark chocolate as a carrier to deliver eicosapentaenoic and docosahexaenoic acids: Effects on product quality. <i>Food Chemistry</i> , 2018, 254, 224-231.	4.2	29
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127	Functional Food and Cardiovascular Disease Prevention and Treatment: A Review. <i>Journal of the American College of Nutrition</i> , 2018, 37, 429-455.	1.1	64
128	Biomarkers of the metabolic syndrome: influence of selected foodstuffs, containing bioactive components. <i>Phytochemistry Reviews</i> , 2018, 17, 351-377.	3.1	2
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130	Cardioprotection and natural polyphenols: an update of clinical and experimental studies. <i>Food and Function</i> , 2018, 9, 6129-6145.	2.1	31
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134	Bioavailability and Metabolic Pathway of Phenolic Compounds. , 0, , .		24

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135	Therapeutic potential of natural compounds in inflammation and chronic venous insufficiency. <i>European Journal of Medicinal Chemistry</i> , 2019, 176, 68-91.	2.6	67
136	Effects of Extra Virgin Olive Oil and Apples Enriched-Dark Chocolate on Endothelial Progenitor Cells in Patients with Cardiovascular Risk Factors: A Randomized Cross-Over Trial. <i>Antioxidants</i> , 2019, 8, 88.	2.2	7
137	Caffeinated Beverages, Behavior, and Brain Structure. , 2019, , 163-207.		2
138	Longan (<i>Dimocarpus longan</i>) and lychee (<i>Litchi chinensis</i>): Functional ingredients in chocolate pralines. <i>Journal of Food Biochemistry</i> , 2019, 43, e12811.	1.2	5
139	Effects of flavonoid-rich fruits on hypertension in adults: a systematic review. <i>JB I Database of Systematic Reviews and Implementation Reports</i> , 2019, 17, 2075-2105.	1.7	17
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142	Chocolate and risk of chronic disease: a systematic review and dose-response meta-analysis. <i>European Journal of Nutrition</i> , 2020, 59, 389-397.	1.8	35
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144	Association between chocolate consumption frequency and heart rate variability indices. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 372-375.	0.4	3
145	Green synthesis of gold nanoparticles coated doxorubicin liposomes using procyanidins for lightâ€“controlled drug release. <i>Advanced Powder Technology</i> , 2020, 31, 3640-3649.	2.0	10
146	Using digital health technology to evaluate the impact of chocolate on blood pressure: Results from the COCOA-BP study. <i>Cardiovascular Digital Health Journal</i> , 2020, 1, 89-96.	0.5	1
147	Control of Reactive Oxygen Species for the Prevention of Parkinsonâ€™s Disease: The Possible Application of Flavonoids. <i>Antioxidants</i> , 2020, 9, 583.	2.2	63
148	Application of Nanotechnology to Enhance Adsorption and Bioavailability of Procyanidins: A Review. <i>Food Reviews International</i> , 0, , 1-15.	4.3	9
149	Effect of wheat bran oil concentrates on quality and nutrition of WBO dark compound chocolates. <i>LWT - Food Science and Technology</i> , 2021, 142, 111005.	2.5	2
150	Chocolate consumption and all-cause and cause-specific mortality in a US population: a post hoc analysis of the PLCO cancer screening trial. <i>Aging</i> , 2021, 13, 18564-18585.	1.4	4
151	The Health Effects of Chocolate and Cocoa: A Systematic Review. <i>Nutrients</i> , 2021, 13, 2909.	1.7	16
152	Nonnutritive Constituents in Chocolate and Cocoa. , 2013, , 73-87.		4

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154	Nutrition and Cardiovascular Disease. , 2012, , 996-1009.		2
155	Determination of A-type and B-type procyanidins in apple, cocoa and cinnamon extracts. <i>Planta Medica</i> , 2014, 80, .	0.7	2
156	Chocolate and Health-Related Quality of Life: A Prospective Study. <i>PLoS ONE</i> , 2015, 10, e0123161.	1.1	8
157	Antiradical activity and amount of phenolic compounds in extracts obtained from some plant raw materials containing methylxanthine alkaloids. <i>Herba Polonica</i> , 2015, 61, 53-66.	0.2	4
158	Dietary Epicatechin, A Novel Anti-aging Bioactive Small Molecule. <i>Current Medicinal Chemistry</i> , 2020, 28, 3-18.	1.2	24
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161	Cocoa Powder as Delivery Medium for Probiotic <i>Lactobacillus</i> Strains. <i>Advances in Microbiology</i> , 2011, 01, 1-6.	0.3	6
162	Analysis of consumer behavior at chocolate purchase. <i>Potravinarstvo</i> , 2014, 8, 62-66.	0.5	17
163	Protective Effect of Dark Chocolate on Cardiovascular Disease Factors and Body Composition in Type 2 Diabetes: A Parallel, Randomized, Clinical Trial. <i>Iranian Red Crescent Medical Journal</i> , 2017, 19, .	0.5	11
164	Physicochemical and Antioxidant Properties of Whole-Wheat Biscuits Incorporated with <i>Moringa oleifera</i> Leaves and Cocoa Powder. <i>Journal of Scientific Research and Reports</i> , 2015, 7, 195-206.	0.2	28
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