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Exercise does not feel the same when you are overweight: the impact of self-selected and imposed intensity on affect and exertion

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161	Incentive Conditioning. 2019 , 109-117	
160	Preface. 2019 , xiii-xvi	
159	Contents of the Mind. 2019 , 32-38	

158 What Are the Causes of Unhealthy Behavior?. **2019**, 39-50

157 Psychological Hedonism and Its Problems. **2019**, 53-60

156 Reformulating Psychological Hedonism. **2019**, 61-66

155 Pleasure, Displeasure, and Affective Valence. **2019**, 67-77

154 Hedonic Response. **2019**, 78-83

153 Reward, Incentive Salience, and Hedonic Motivation. **2019**, 92-108

152 Hedonic Motivation versus Reflective Motivation. **2019**, 118-130

151 From Hedonic Motivation to Unhealthy Behavior. **2019**, 131-138

150 The Theory of Hedonic Motivation. **2019**, 139-146

o

149 Neo-Darwinism. **2019**, 152-158

148 The Evolutionary Function of Psychological Hedonism. **2019**, 159-168

147 The Phylogenetic Development of Psychological Hedonism. **2019**, 169-186

146 Motivational Mismatch. **2019**, 189-193

145 Darwinian Hedonism and Unhealthy Behavior. **2019**, 194-198

144 Darwinian Hedonism and Hedonic Desire for Calorie-Dense Foods. **2019**, 199-218

143 Darwinian Hedonism and Hedonic Dread of Physical Activity. **2019**, 219-237

142 Darwinian Hedonism and Hedonic Desire for Smoking, Drinking, and Drug Use. **2019**, 238-254

141 Health Behavior Interventions. **2019**, 255-260

140 Darwinian Hedonism and Health-Behavior Policy. **2019**, 261-272

139 Conclusions and Future Directions. **2019**, 284-294

138 Hedonic Motivation and Other Motivation Concepts. **2019**, 295-305

137 Anticipating Criticisms of Darwinian Hedonism. **2019**, 306-317

136 Endnotes. **2019**, 318-326

135 Index. **2019**, 358-360

134 Sources of Hedonic Response. **2019**, 84-91

133 Darwinian Hedonism. **2019**, 149-151

132 Understanding low adherence to an exercise program for adolescents with obesity: the HEARTY trial. **2019**, 5, 437-448 14

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127 Understanding the Causes of Behavior. **2019**, 18-26

126 A Causal Chain of Behavior. **2019**, 27-31

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