

Physical Activity and Psychological Well-Being in Advanced Intervention Studies.

Psychology and Aging

20, 272-284

DOI: 10.1037/0882-7974.20.2.272

Citation Report

#	ARTICLE	IF	CITATIONS
1	Differential effects of single versus combined cognitive and physical training with older adults: the SimA study in a 5-year perspective. <i>European Journal of Ageing</i> , 2006, 3, 179-192.	2.8	209
3	Re: The Effect of a Physical Exercise Program in Palliative Care: A Phase II Study. <i>Journal of Pain and Symptom Management</i> , 2006, 32, 513-515.	1.2	5
5	Healthy mental ageing. <i>The Journal of the British Menopause Society</i> , 2006, 12, 92-96.	1.3	21
6	Factors That Promote and Prevent Exercise Engagement in Older Adults. <i>Journal of Aging and Health</i> , 2007, 19, 470-481.	1.7	85
7	Effect of aerobic vs combined aerobic-strength training on 1-year, post-cardiac rehabilitation outcomes in women after a cardiac event. <i>Acta Dermato-Venereologica</i> , 2007, 39, 730-735.	1.3	57
8	State of the Art Review: Advances in Physical Activity and Mental Health: Quality of Life. <i>American Journal of Lifestyle Medicine</i> , 2007, 1, 389-396.	1.9	33
9	Relationship Between Regular Walking, Physical Activity, and Health-Related Quality of Life. <i>Journal of Physical Activity and Health</i> , 2007, 4, 138-152.	2.0	57
10	Resistance Training and Older Adultsâ€™ Beliefs about Psychological Benefits: The Importance of Self-Efficacy and Social Interaction. <i>Journal of Sport and Exercise Psychology</i> , 2007, 29, 723-746.	1.2	65
11	Depression and Exercise in Elderly Men and Women: Findings from the Swedish National Study on Aging and Care. <i>Journal of Aging and Physical Activity</i> , 2007, 15, 41-55.	1.0	93
12	Like mother like child: Three generations' patterns of exercise behavior.. <i>Families, Systems and Health</i> , 2007, 25, 419-434.	0.6	12
13	Does age make a difference? Predicting physical activity of South Koreans.. <i>Psychology and Aging</i> , 2007, 22, 482-493.	1.6	112
14	Effects of physical activity on cognition, well-being, and brain: Human interventions. <i>Alzheimer's and Dementia</i> , 2007, 3, S45-51.	0.8	93
15	The Effects of Exercise on Perceived Stress and IL-6 Levels Among Older Adults. <i>Biological Research for Nursing</i> , 2007, 8, 186-194.	1.9	52
16	Pilot Test of an Attribution Retraining Intervention to Raise Walking Levels in Sedentary Older Adults. <i>Journal of the American Geriatrics Society</i> , 2007, 55, 1842-1846.	2.6	98
17	Trained men show lower cortisol, heart rate and psychological responses to psychosocial stress compared with untrained men. <i>Psychoneuroendocrinology</i> , 2007, 32, 627-635.	2.7	262
18	The effect of walking and vitamin B supplementation on quality of life in community-dwelling adults with mild cognitive impairment: a randomized, controlled trial. <i>Quality of Life Research</i> , 2007, 16, 1137-1146.	3.1	51
19	A bio-psycho-social model of successful aging as shown through the variable "physical activity". <i>European Review of Aging and Physical Activity</i> , 2008, 5, 79-87.	2.9	43
20	Beneficial effects of moderate voluntary physical exercise and its biological mechanisms on brain health. <i>Neuroscience Bulletin</i> , 2008, 24, 265-270.	2.9	119

#	ARTICLE	IF	CITATIONS
21	Pathways from Physical Activity to Quality of Life in Older Women. <i>Annals of Behavioral Medicine</i> , 2008, 36, 13-20.	2.9	73
22	Primary prevention, aging, and cancer: Overview and future perspectives. <i>Cancer</i> , 2008, 113, 3484-3492.	4.1	19
23	The development of an evidence-based physical self-management rehabilitation programme for cancer survivors. <i>Patient Education and Counseling</i> , 2008, 71, 169-190.	2.2	71
24	Explaining the psychological effects of a sustainable lifestyle physical activity intervention among rural women. <i>Mental Health and Physical Activity</i> , 2008, 1, 74-81.	1.8	8
25	Physical activity programs for persons with dementia. , 2008, , CD006489.		112
26	Coexistent chronic obstructive pulmonary disease and heart failure in the elderly. <i>International Journal of Cardiology</i> , 2008, 125, 209-215.	1.7	60
27	Meta-analysis as a tool for evidence-based practice: an example using the Rice meta-analysis of smoking cessation interventions. <i>Applied Nursing Research</i> , 2008, 21, 40-44.	2.2	4
28	Leisure and Ageing Well. <i>World Leisure Journal</i> , 2008, 50, 91-107.	1.2	62
29	Effect of Physical Activity on Cognitive Function in Older Adults at Risk for Alzheimer Disease. <i>JAMA - Journal of the American Medical Association</i> , 2008, 300, 1027.	7.4	1,331
30	An Examination of the Relationship between Passion and Subjective Well-Being in Older Adults. <i>International Journal of Aging and Human Development</i> , 2008, 66, 195-211.	1.6	133
31	Physical Activity and Psychological Well-Being among Hong Kong Chinese Older Adults: Exploring the Moderating Role of Self-Constraint. <i>International Journal of Aging and Human Development</i> , 2008, 66, 1-19.	1.6	35
32	Exercise Fails to Improve Neurocognition in Depressed Middle-Aged and Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 1344-1352.	0.4	79
33	Physical Activity and Incidence of Atrial Fibrillation in Older Adults. <i>Circulation</i> , 2008, 118, 800-807.	1.6	392
34	Strength training. , 2008, , 155-176.		1
35	The relation between non-occupational physical activity and years lived with and without disability. <i>Journal of Epidemiology and Community Health</i> , 2008, 62, 823-828.	3.7	43
36	Beyond Established and Novel Risk Factors. <i>Circulation</i> , 2008, 117, 3031-3038.	1.6	328
37	Movement in mind: The relationship of exercise with cognitive status for older adults in the Swedish National Study on Aging and Care (SNAC). <i>Aging and Mental Health</i> , 2008, 12, 212-220.	2.8	39
38	Exercise and Psychological Well-Being. , 0, , 249-271.		1

#	ARTICLE	IF	CITATIONS
39	Why Don't You Exercise? Development of the Amotivation Toward Exercise Scale among Older Inactive Individuals. <i>Journal of Aging and Physical Activity</i> , 2008, 16, 316-341.	1.0	13
40	A Proposal for a New Screening Paradigm and Tool Called Exercise Assessment and Screening for You (EASY). <i>Journal of Aging and Physical Activity</i> , 2008, 16, 215-233.	1.0	66
41	Physical Activity Measurement in Older Adults: Relationships with Mental Health. <i>Journal of Aging and Physical Activity</i> , 2008, 16, 369-380.	1.0	43
42	Effect of Exercise on Negative Affect in Residents in Special Care Units With Moderate to Severe Dementia. <i>Alzheimer Disease and Associated Disorders</i> , 2008, 22, 362-368.	1.3	32
43	Assessing Walking Behaviors of Selected Subpopulations. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S594-S602.	0.4	15
44	Physical Leisure Activities and their Role in Preventing Dementia: A Systematic Review. <i>JB Library of Systematic Reviews</i> , 2009, 7, 260-308.	0.1	3
47	Reaping caregiver feelings of gain: The roles of socio-emotional support and mastery. <i>Aging and Mental Health</i> , 2009, 13, 106-117.	2.8	32
48	Aerobic endurance exercise benefits memory and affect in young adults. <i>Neuropsychological Rehabilitation</i> , 2009, 19, 223-243.	1.6	159
49	Cognitive plasticity in adulthood and old age: Gauging the generality of cognitive intervention effects. <i>Restorative Neurology and Neuroscience</i> , 2009, 27, 435-453.	0.7	142
50	Early exercise in critically ill patients enhances short-term functional recovery*. <i>Critical Care Medicine</i> , 2009, 37, 2499-2505.	0.9	841
51	The quality of life as attribute of sustainability. <i>TQM Journal</i> , 2009, 21, 105-115.	3.3	10
52	Self-setting of physical activity goals and effects on perceived difficulty, importance and competence. , 2009, , .		11
53	Sex differences in psychological effects of exercise. <i>International Journal of Psychology</i> , 2009, 44, 313-320.	2.8	7
54	Effects of a Telephone-Based Exercise Intervention for Dementia Caregiving Wives. <i>Journal of Applied Gerontology</i> , 2009, 28, 171-194.	2.0	84
55	Exercise and Physical Activity for Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 1510-1530.	0.4	3,129
56	The level of physical activity affects adrenal and cardiovascular reactivity to psychosocial stress. <i>Psychoneuroendocrinology</i> , 2009, 34, 190-198.	2.7	221
57	The effects of exercise interventions on quality of life in clinical and healthy populations; a meta-analysis. <i>Social Science and Medicine</i> , 2009, 68, 1700-1710.	3.8	251
58	Roy's Adaptation Model to Promote Physical Activity among Sedentary Older Adults. <i>Geriatric Nursing</i> , 2009, 30, 21-26.	1.9	18

#	ARTICLE	IF	CITATIONS
59	High School Sport Participation and Subsequent Psychological Well-Being and Physical Activity: The Mediating Influences of Body Image, Physical Competence, and Instrumentality. <i>Sex Roles</i> , 2009, 61, 714-726.	2.4	56
60	Type of activity and fitness benefits as moderators of the effect of physical activity on affect in advanced age: a review. <i>European Review of Aging and Physical Activity</i> , 2009, 6, .	2.9	11
61	Aging and inactivity“capitalizing on the protective effect of planned physical activity in old age. <i>European Review of Aging and Physical Activity</i> , 2009, 6, .	2.9	23
62	Nursing Home Resident Outcomes from the Res“Care Intervention. <i>Journal of the American Geriatrics Society</i> , 2009, 57, 1156-1165.	2.6	86
63	Feelings of well being in elderly people: Relationship to physical activity and physical function. <i>Archives of Gerontology and Geriatrics</i> , 2009, 48, 306-312.	3.0	106
65	Benefits of physical exercise on executive functions in older people with Parkinson“s disease. <i>Brain and Cognition</i> , 2009, 69, 435-441.	1.8	179
66	Physical activity and quality of life in community dwelling older adults. <i>Health and Quality of Life Outcomes</i> , 2009, 7, 10.	2.4	98
67	Effects of a Pedometer-Based Intervention on Physical Activity Levels After Cardiac Rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2009, 29, 105-114.	2.1	75
68	Feasibility and Effectiveness of a Walking Program for Community-Dwelling Older Adults with Mild Cognitive Impairment. <i>Journal of Aging and Physical Activity</i> , 2009, 17, 398-415.	1.0	35
69	The Longitudinal Effects of a Lifestyle Physical Activity Intervention and a Structured Exercise Intervention on Physical Self-Perceptions and Self-Esteem in Older Adults. <i>Journal of Sport and Exercise Psychology</i> , 2009, 31, 743-760.	1.2	41
70	Meta-analysis of Quality-of-Life Outcomes From Physical Activity Interventions. <i>Nursing Research</i> , 2009, 58, 175-183.	1.7	116
71	Quality of life and psychosocial health in postmenopausal women achieving public health guidelines for physical activity. <i>Menopause</i> , 2010, 17, 64-71.	2.0	25
72	Validation of the Stanford Brief Activity Survey: Examining Psychological Factors and Physical Activity Levels in Older Adults. <i>Journal of Physical Activity and Health</i> , 2010, 7, 87-94.	2.0	62
73	A motivational health companion in the home as part of an intelligent health monitoring sensor network. , 2010, , .		2
74	Cross-Sectional Associations of Health-Related Quality of Life Measures With Selected Factors: A Population-Based Sample in Recife, Brazil. <i>Journal of Physical Activity and Health</i> , 2010, 7, S229-S241.	2.0	6
75	Physical Activity and Cognition in Older Adults: The Potential of Tai Chi Chuan. <i>Journal of Aging and Physical Activity</i> , 2010, 18, 451-472.	1.0	94
76	Be Active and Become Happy: An Ecological Momentary Assessment of Physical Activity and Mood. <i>Journal of Sport and Exercise Psychology</i> , 2010, 32, 253-261.	1.2	137
77	Effects of Tai Chi and Western Exercise on Physical and Cognitive Functioning in Healthy Community-Dwelling Older Adults. <i>Journal of Aging and Physical Activity</i> , 2010, 18, 261-279.	1.0	148

#	ARTICLE	IF	CITATIONS
78	Physical activity level as an outcome measure for use in cancer cachexia trials: a feasibility study. <i>Supportive Care in Cancer</i> , 2010, 18, 1539-1544.	2.2	56
79	Physical Activity and Quality of Life—The Complementary Influence of Self-Efficacy for Physical Activity and Mental Health Difficulties. <i>International Journal of Behavioral Medicine</i> , 2010, 17, 255-263.	1.7	26
80	Sport participation and positive development in older persons. <i>European Review of Aging and Physical Activity</i> , 2010, 7, 3-12.	2.9	85
81	A meta-analysis of morphological interventions: effects on literacy achievement of children with literacy difficulties. <i>Annals of Dyslexia</i> , 2010, 60, 183-208.	1.7	271
82	Gender differences in relationships between urban green space and health in the United Kingdom. <i>Social Science and Medicine</i> , 2010, 71, 568-575.	3.8	364
83	Health-related factors correlate with behavior trends in physical activity level in old age: longitudinal results from a population in São Paulo, Brazil. <i>BMC Public Health</i> , 2010, 10, 690.	2.9	21
84	Midlife Women's Negotiations of Barriers to and Facilitators of Physical Activity: Implications for Counselors. <i>Adultspan Journal</i> , 2010, 9, 50-64.	0.3	8
85	Randomised controlled trial of a pedometer-based telephone intervention to increase physical activity among cardiac patients not attending cardiac rehabilitation. <i>Patient Education and Counseling</i> , 2010, 80, 212-218.	2.2	58
86	Motivation and Physical Activity Behaviors among Older Women: A Self-Determination Perspective. <i>Psychology of Women Quarterly</i> , 2010, 34, 339-348.	2.0	60
87	Efeitos de um programa de atividade física nas funções cognitivas, equilíbrio e risco de quedas em idosos com demência de Alzheimer. <i>Brazilian Journal of Physical Therapy</i> , 2010, 14, 68-74.	2.5	78
88	The effects of a physical activity programme on the psychological wellbeing of older people in a residential care facility: an experimental study. <i>Ageing and Society</i> , 2010, 30, 609-626.	1.7	10
89	Multisensory Stimulation to Improve Functional Performance in Moderate to Severe Dementia—Interim Results. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2010, 25, 698-703.	1.9	44
90	Exercise as a Treatment to Enhance Sleep. <i>American Journal of Lifestyle Medicine</i> , 2010, 4, 500-514.	1.9	130
91	Internet-delivered physical activity intervention for college students with mental health disorders: A randomized pilot trial. <i>Psychology, Health and Medicine</i> , 2010, 15, 646-659.	2.4	70
92	The Effect of Helping Behavior and Physical Activity on Mood States and Depressive Symptoms of Elderly People. <i>Clinical Gerontologist</i> , 2010, 33, 270-282.	2.2	18
93	How Can We Not “Lose It” if We Still Don’t Understand How to “Use It”? Unanswered Questions about the Influence of Activity Participation on Cognitive Performance in Older Age — A Mini-Review. <i>Gerontology</i> , 2010, 56, 507-519.	2.8	124
94	Physical Activity, Disability, and Quality of Life in Older Adults. <i>Physical Medicine and Rehabilitation Clinics of North America</i> , 2010, 21, 299-308.	1.3	184
95	Effects of a high-intensity functional exercise programme on depressive symptoms and psychological well-being among older people living in residential care facilities: A cluster-randomized controlled trial. <i>Ageing and Mental Health</i> , 2010, 14, 565-576.	2.8	75

#	ARTICLE	IF	CITATIONS
96	Implications of a behavioral weight loss program for obese, sedentary women: A focus on mood enhancement and exercise enjoyment. <i>International Journal of Sport and Exercise Psychology</i> , 2010, 8, 10-23.	2.1	8
97	The effect of "green exercise" on state anxiety and the role of exercise duration, intensity, and greenness: A quasi-experimental study. <i>Psychology of Sport and Exercise</i> , 2010, 11, 238-245.	2.1	127
99	A25 The development of an evidence-based physical self-management rehabilitation programme for cancer survivors. <i>European Journal of Oncology Nursing</i> , 2010, 14, S10.	2.1	0
100	Is exercise effective in promoting mental well-being in older age? A systematic review. <i>Aging and Mental Health</i> , 2010, 14, 652-669.	2.8	239
101	Level of Physical Activity at the Age of 65 Predicts Successful Aging Seven Years Later: The PROOF Study. <i>Rejuvenation Research</i> , 2011, 14, 215-221.	1.8	10
102	Activity experiences shape perceived fitness trajectories: Results from a 6-month randomized controlled trial in older women. <i>Aging, Neuropsychology, and Cognition</i> , 2011, 18, 328-339.	1.3	8
103	Nursing staff perceptions of physical function in hospitalized older adults. <i>Applied Nursing Research</i> , 2011, 24, 215-222.	2.2	67
104	Improved physical function and physical activity in older adults following a community-based intervention: Relationships with a history of depression. <i>Maturitas</i> , 2011, 70, 290-294.	2.4	16
105	Physical Activity and Exercise for Men with Late Onset Hypogonadism. <i>Korean Journal of Andrology</i> , 2011, 29, 181.	0.1	1
106	Clinical features and multidisciplinary approaches to dementia care. <i>Journal of Multidisciplinary Healthcare</i> , 2011, 4, 125.	2.7	112
107	Long-term adherence to exercise: the relationship with functional fitness and personal motivation among community-dwelling independent-living older women. <i>Revista Brasileira De Ciencias Do Esporte</i> , 2011, 33, 193-206.	0.4	2
108	Physical Activity and Cognitive Function in Multiple Sclerosis. <i>Journal of Sport and Exercise Psychology</i> , 2011, 33, 734-741.	1.2	46
109	Does a skiing intervention influence the psychosocial characteristics of the elderly?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 69-75.	2.9	16
110	The effect of eight weeks aerobic exercise in swimming pool on the mental health of men personnel of NISOC. <i>Procedia, Social and Behavioral Sciences</i> , 2011, 15, 1911-1916.	0.5	0
111	Factors Associated with Exercise Among Older Adults in a Continuing Care Retirement Community. <i>Rehabilitation Nursing</i> , 2011, 36, 47-53.	0.5	34
112	Gender differences in satisfaction with life in patients with coronary heart disease: physical activity as a possible mediating factor. <i>Journal of Behavioral Medicine</i> , 2011, 34, 192-200.	2.1	8
113	The effect of acute effort on EEG in healthy young and elderly subjects. <i>European Journal of Applied Physiology</i> , 2011, 111, 67-75.	2.5	57
115	The effects on cognitive functions of a movement-based intervention in patients with Alzheimer's type dementia: a pilot study. <i>International Journal of Geriatric Psychiatry</i> , 2011, 26, 173-181.	2.7	104

#	ARTICLE	IF	CITATIONS
116	Counseling Outcomes From 1990 to 2008 for School-Age Youth With Depression: A Meta-Analysis. <i>Journal of Counseling and Development</i> , 2011, 89, 439-457.	2.4	20
117	School Counseling Outcome: A Meta-Analytic Examination of Interventions. <i>Journal of Counseling and Development</i> , 2011, 89, 37-55.	2.4	118
118	Mental health and satisfaction with life among upper limb amputees: a Norwegian population-based survey comparing adult acquired major upper limb amputees with a control group. <i>Disability and Rehabilitation</i> , 2011, 33, 1594-1607.	1.8	47
119	The Effectiveness of Exercise on Improving Cognitive Function in Older People. <i>The Journal of Nursing Research: JNR</i> , 2011, 19, 119-131.	1.7	79
120	Relación de los motivos de práctica deportiva en adolescentes con la percepción de competencia, imagen corporal y hábitos saludables. <i>Cultura Y Educación</i> , 2011, 23, 533-542.	0.6	11
121	The Effectiveness of a Stimulation Program on Cognitive Capacity Among Individuals Older Than 60. <i>Western Journal of Nursing Research</i> , 2011, 33, 26-44.	1.4	8
122	Cognitive dysfunction and multiple sclerosis: developing a rationale for considering the efficacy of exercise training. <i>Multiple Sclerosis Journal</i> , 2011, 17, 1034-1040.	3.0	67
123	The relationship between exercise participation and well-being of the retired elderly. <i>Aging and Mental Health</i> , 2011, 15, 873-881.	2.8	33
124	Concurrent and prospective associations between physical activity, walking and mental health in older women. <i>Journal of Epidemiology and Community Health</i> , 2011, 65, 807-813.	3.7	57
125	Finding the Key to Happy Aging: A Day Reconstruction Study of Happiness. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2011, 66B, 665-674.	3.9	85
126	Job burnout and depression: Unraveling their temporal relationship and considering the role of physical activity.. <i>Journal of Applied Psychology</i> , 2012, 97, 699-710.	5.3	294
127	Percepção da qualidade de vida e atividade física em idosos brasileiros. <i>Motricidade</i> , 2012, 8, .	0.2	9
128	Social Cognitive Influences on Physical Activity Behavior in Middle-Aged and Older Adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2012, 67B, 18-26.	3.9	104
129	Exercise and social support are associated with psychological distress outcomes in a population of community-dwelling older adults. <i>Journal of Health Psychology</i> , 2012, 17, 833-844.	2.3	49
130	Mental efficacy, social support resources and aging well of veteran athletes and older adults in Greece: a comparative analysis. <i>World Leisure Journal</i> , 2012, 54, 141-159.	1.2	1
131	Prevalence, Pathophysiology, Health Consequences and Treatment Options of Obesity in the Elderly: A Guideline. <i>Obesity Facts</i> , 2012, 5, 460-483.	3.4	212
132	Interventions in community settings that prevent or delay disablement in later life: an overview of the evidence. <i>Quality in Ageing and Older Adults</i> , 2012, 13, 212-230.	0.8	8
133	Obesity and the Elderly. <i>Journal of Clinical Gastroenterology</i> , 2012, 46, 533-544.	2.2	187

#	ARTICLE	IF	CITATIONS
135	Psychological functioning and adherence to the recommended dose of physical activity in later life: results from a national health survey. <i>International Psychogeriatrics</i> , 2012, 24, 2027-2036.	1.0	2
136	World Gastroenterology Organisation Global Guidelines on Obesity. <i>Journal of Clinical Gastroenterology</i> , 2012, 46, 555-561.	2.2	38
137	Prediction of Adolescents doing Physical Activity after Completing Secondary Education. <i>Spanish Journal of Psychology</i> , 2012, 15, 90-100.	2.1	36
138	Development and Validation of the Theory of Planned Behavior Questionnaire in Physical Activity. <i>Spanish Journal of Psychology</i> , 2012, 15, 801-816.	2.1	28
139	What Sustains Long-Term Adherence to Structured Physical Activity After a Cardiac Event?. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 135-147.	1.0	39
140	Disentangling Vitality, Well-Being, and Quality of Life: A Conceptual Examination Emphasizing Their Similarities and Differences With Special Application in the Physical Activity Domain. <i>Journal of Physical Activity and Health</i> , 2012, 9, 896-908.	2.0	40
141	Effects of Exercise on Health-Related Quality of Life and Fear of Falling in Home-Dwelling Older Women. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 198-214.	1.0	21
142	Aging and Well-Being in French Older Adults Regularly Practicing Physical Activity: A Self-Determination Perspective. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 215-230.	1.0	30
143	The heart's content: The association between positive psychological well-being and cardiovascular health.. <i>Psychological Bulletin</i> , 2012, 138, 655-691.	6.1	698
144	Physical self-esteem in older adults: A test of the indirect effect of physical activity.. <i>Sport, Exercise, and Performance Psychology</i> , 2012, 1, 231-241.	0.8	9
145	The Effect of Eight Weeks Hydrotherapy Exercises on the Mental Health of Men Staffs of Bid Boland Gas Purge Company of Omidiyeh City. <i>Procedia, Social and Behavioral Sciences</i> , 2012, 46, 5392-5396.	0.5	1
146	The Princeton III Consensus Recommendations for the Management of Erectile Dysfunction and Cardiovascular Disease. <i>Mayo Clinic Proceedings</i> , 2012, 87, 766-778.	3.0	403
147	Long-term adherence to a physical activity intervention: The role of telephone-assisted vs. self-administered coping plans and strategy use. <i>Psychology and Health</i> , 2012, 27, 784-797.	2.2	28
148	Testing a Structural Model of Psychological Well-Being, Leisure Negotiation, and Leisure Participation with Taiwanese College Students. <i>Leisure Sciences</i> , 2012, 34, 55-71.	3.1	18
149	Views on aging and emotional benefits of physical activity: Effects of an exercise intervention in older women. <i>Psychology of Sport and Exercise</i> , 2012, 13, 236-242.	2.1	54
150	Effects of three training types on vitality among older adults: A self-determination theory perspective. <i>Psychology of Sport and Exercise</i> , 2012, 13, 407-417.	2.1	36
151	Affective responses to exercise in overweight women: Initial insight and possible influence on energy intake. <i>Psychology of Sport and Exercise</i> , 2012, 13, 528-532.	2.1	24
152	GuÃa para el tratamiento preventivo del ictus isquÃmico y AIT (I). ActuaciÃn sobre los factores de riesgo y estilo de vida. <i>NeurologÃa</i> , 2012, 27, 560-574.	0.7	37

#	ARTICLE	IF	CITATIONS
153	Guidelines for the preventive treatment of ischaemic stroke and TIA (I). Update on risk factors and life style. NeurologÃa (English Edition), 2012, 27, 560-574.	0.4	17
154	Health-enhancing physical activity, psychological needs satisfaction, and well-being: Is it how often, how long, or how much effort that matters?. Mental Health and Physical Activity, 2012, 5, 141-147.	1.8	16
155	Subjective well-being and exercise in the second half of life: a critical review of theoretical approaches. European Review of Aging and Physical Activity, 2012, 9, 87-102.	2.9	32
156	The relation of medical conditions to depressive symptoms among Latinos: Leisure time physical activity as a mediator. Journal of Health Psychology, 2012, 17, 742-752.	2.3	6
157	Physical Activity as a â€œStellarâ€•Positive Psychology Intervention. , 2012, , .		6
158	Effects of Cognitive, Motor, and Karate Training on Cognitive Functioning and Emotional Well-Being of Elderly People. Frontiers in Psychology, 2012, 3, 40.	2.1	40
159	NÃvel de atividade fÃsica em mulheres mastectomizadas e submetidas a reconstruÃÃo mamÃria. Revista Brasileira De Cirurgia Plastica, 2012, 27, 556-561.	0.0	5
161	Adherence to physical and mental activity interventions: Coping plans as a mediator and prior adherence as a moderator. British Journal of Health Psychology, 2012, 17, 477-491.	3.5	15
163	Are behavioral interventions effective in increasing physical activity at 12 to 36 months in adults aged 55 to 70 years? a systematic review and meta-analysis. BMC Medicine, 2013, 11, 75.	5.5	169
165	Exercise holds immediate benefits for affect and cognition in younger and older adults.. Psychology and Aging, 2013, 28, 587-594.	1.6	170
166	Physical Activity, Depression and Anxiety Among the Elderly. Social Indicators Research, 2013, 113, 307-318.	2.7	47
167	Age Effects in Tagging Communities. , 2013, , .		0
168	Health Complaints and Unemployment: The Role of Self-Efficacy in a Prospective Cohort Study. Journal of Social and Clinical Psychology, 2013, 32, 97-115.	0.5	15
169	Understanding barriers to exercise implementation 5-year post-breast cancer diagnosis: a large-scale qualitative study. Health Education Research, 2013, 28, 843-856.	1.9	95
170	Can Better Outdoor Environments Lead to Cost Benefits in Assisted Living Facilities through Increased Word-of-Mouth Referrals?. Herd, 2013, 6, 12-26.	1.5	11
171	Psychosocial and Environmental Correlates of Physical Activity Among Korean Older Adults. Research on Aging, 2013, 35, 750-767.	1.8	34
172	Active Aging Promotion: Results from the<i>Vital Aging</i>Program. Current Gerontology and Geriatrics Research, 2013, 2013, 1-14.	1.6	39
173	Effects of different types of exercise on muscle mass, strength, function and wellâ€being in elderly. European Journal of Sport Science, 2013, 13, 112-125.	2.7	35

#	ARTICLE	IF	CITATIONS
174	Linking exercise and causality orientations to change in well-being among older adults: does change in motivational variables play a role?. <i>Journal of Applied Social Psychology</i> , 2013, 43, 1259-1272.	2.0	20
175	Exercise Mediates the Association Between Positive Affect and 5-Year Mortality in Patients With Ischemic Heart Disease. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2013, 6, 559-566.	2.2	35
176	Older Men's Perceptions of Leisure and Aging. <i>Leisure Sciences</i> , 2013, 35, 438-454.	3.1	41
177	Estimating Daily Energy Expenditure from Video for Assistive Monitoring. , 2013, , .		7
178	Physical activity after myocardial infarction: is it related to mental health?. <i>European Journal of Preventive Cardiology</i> , 2013, 20, 399-408.	1.8	11
179	A life course approach to psychological and social wellbeing. , 2013, , 46-62.		3
180	Effects of Pilates and aqua fitness training on older adults's physical functioning and quality of life. <i>Biomedical Human Kinetics</i> , 2013, 5, 22-27.	0.6	37
181	Correlations between habitual physical activity and self-perceived functional fitness, self-sufficiency fitness and health among men over 60 years old. <i>Human Movement</i> , 2013, 14, 27-34.	0.9	2
182	Comparação dos níveis de ansiedade e depressão entre idosos ativos e sedentários. <i>Revista De Psiquiatria Clinica</i> , 2013, 40, 71-76.	0.6	20
183	Is a change in functional capacity or dependency in activities of daily living associated with a change in mental health among older people living in residential care facilities?. <i>Clinical Interventions in Aging</i> , 2013, 8, 1561.	2.9	15
184	Interactive Multimodal Ambulatory Monitoring to Investigate the Association between Physical Activity and Affect. <i>Frontiers in Psychology</i> , 2013, 3, 596.	2.1	62
185	The Association between Short Periods of Everyday Life Activities and Affective States: A Replication Study Using Ambulatory Assessment. <i>Frontiers in Psychology</i> , 2013, 4, 102.	2.1	43
186	How to Investigate Within-Subject Associations between Physical Activity and Momentary Affective States in Everyday Life: A Position Statement Based on a Literature Overview. <i>Frontiers in Psychology</i> , 2013, 4, 187.	2.1	93
187	Functional capacity and dependency in transfer and dressing are associated with depressive symptoms in older people. <i>Clinical Interventions in Aging</i> , 2014, 9, 249.	2.9	24
188	Objective Indicators of Physical Activity and Sedentary Time and Associations with Subjective Well-Being in Adults Aged 70 and Over. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 643-656.	2.6	64
189	L'injonction au bien-être dans les programmes de prévention du vieillissement. <i>L'Année Sociologique</i> , 2014, Vol. 64, 445-467.	0.2	20
190	Sustainable effects of a low-threshold physical activity intervention on health-related quality of life in residential aged care. <i>Clinical Interventions in Aging</i> , 2014, 9, 1853.	2.9	21
191	Psychological well-being in individuals with mild cognitive impairment. <i>Clinical Interventions in Aging</i> , 2014, 9, 779.	2.9	39

#	ARTICLE	IF	CITATIONS
192	Cardiac rehabilitation programmes for low-risk patients and leisure athletes: A potential paradox. <i>International Journal of Therapy and Rehabilitation</i> , 2014, 21, 84-90.	0.3	1
193	Effects of Exercise on Anxiety and Depression Disorders: Review of Meta- Analyses and Neurobiological Mechanisms. <i>CNS and Neurological Disorders - Drug Targets</i> , 2014, 13, 1002-1014.	1.4	306
195	Direct and indirect relationships between physical activity and happiness levels among older adults: a cross-sectional study. <i>Aging and Mental Health</i> , 2014, 18, 861-868.	2.8	30
196	Frequency and correlates of maladaptive responses to paranoid thoughts in patients with psychosis compared to a population sample. <i>Cognitive Neuropsychiatry</i> , 2014, 19, 509-526.	1.3	15
197	The dynamic relationship between cognitive function and positive well-being in older people: A prospective study using the English Longitudinal Study of Aging.. <i>Psychology and Aging</i> , 2014, 29, 306-318.	1.6	94
198	Positive messaging promotes walking in older adults.. <i>Psychology and Aging</i> , 2014, 29, 329-341.	1.6	111
199	The Concise Physical Activity Questionnaire (CPAQ): Its development, validation, and application to firefighter occupational health.. <i>International Journal of Stress Management</i> , 2014, 21, 283-305.	1.2	11
200	Perceived variety, psychological needs satisfaction and exercise-related well-being. <i>Psychology and Health</i> , 2014, 29, 1044-1061.	2.2	45
201	Meaning in life in nursing home patients: a valuable approach for enhancing psychological and physical well-being?. <i>Journal of Clinical Nursing</i> , 2014, 23, 1830-1844.	3.0	53
202	Testing a Structural Model of Psychological Well-Being and Constraints Negotiation in Recreational Sports Participation in Individuals with Type 2 Diabetes. <i>Leisure Sciences</i> , 2014, 36, 268-292.	3.1	16
203	Does physical activity reduce burden in carers of people with dementia? A literature review. <i>International Journal of Geriatric Psychiatry</i> , 2014, 29, 771-783.	2.7	51
204	A conceptual framework of stress vulnerability, depression, and health outcomes in women: potential uses in research on complementary therapies for depression. <i>Brain and Behavior</i> , 2014, 4, 665-674.	2.2	37
205	Physical Activity Adoption to Adherence, Lapse, and Dropout. <i>Qualitative Health Research</i> , 2014, 24, 706-718.	2.1	73
206	Exercise, physical activity and mental well-being in later life. <i>Reviews in Clinical Gerontology</i> , 2014, 24, 319-325.	0.5	21
207	Rural Environments and Community Health (REACH): a randomised controlled trial protocol for an online walking intervention in rural adults. <i>BMC Public Health</i> , 2014, 14, 969.	2.9	14
208	Physical activity and health-related quality of life over time in adults with multiple sclerosis.. <i>Rehabilitation Psychology</i> , 2014, 59, 415-421.	1.3	20
209	The Relationship Between Flow Experience and Sense of Coherence. <i>Holistic Nursing Practice</i> , 2014, 28, 91-97.	0.7	5
210	Exploring motivation for exercise and its relationship with health-related quality of life in adults aged 70 years and older. <i>Ageing and Society</i> , 2014, 34, 411-427.	1.7	19

#	ARTICLE	IF	CITATIONS
211	Effect of a health-improvement pilot programme for older adults delivered by a professional football club: the Burton Albion case study. <i>Soccer and Society</i> , 2014, 15, 902-918.	1.2	19
212	The effect of the physical environment and levels of activity on affective states. <i>Journal of Environmental Psychology</i> , 2014, 38, 241-251.	5.1	47
213	Rediscovering the Positive Psychology of Sport Participation: Happiness in a Ski Resort Context. <i>Applied Research in Quality of Life</i> , 2014, 9, 575-590.	2.4	13
214	Bidirectional association between mental health and physical activity in older adults: Whitehall II prospective cohort study. <i>Preventive Medicine</i> , 2014, 66, 74-79.	3.4	87
215	The effect of Tai Chi and Qigong practice on depression and anxiety symptoms: A systematic review and meta-regression analysis of randomized controlled trials. <i>Mental Health and Physical Activity</i> , 2014, 7, 135-146.	1.8	55
216	Perceived health and motivation to physical activity in seniors. <i>Kontakt</i> , 2014, 16, e44-e50.	0.2	3
217	Effects of supervised and individualized weekly walking on exercise stereotypes and quality of life in older sedentary females. <i>Science and Sports</i> , 2014, 29, 156-163.	0.5	7
218	Physical activity and personality development across adulthood and old age: Evidence from two longitudinal studies. <i>Journal of Research in Personality</i> , 2014, 49, 1-7.	1.7	78
219	Analyzing the mediators between nature-based outdoor recreation and emotional well-being. <i>Journal of Environmental Psychology</i> , 2014, 37, 1-7.	5.1	164
221	Health benefits of serious involvement in leisure activities among older Korean adults. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2014, 9, 24616.	1.6	64
222	Increasing the health, activity and participation levels of people attending day centres. <i>International Journal of Therapy and Rehabilitation</i> , 2014, 21, 310-317.	0.3	3
223	Effects Of Need-Supportive Physical Activity Counseling on Well-Being: A 2-Year Follow-Up Among Sedentary Older Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1492-1502.	2.0	12
224	Telephone-Based Motivational Interviewing to Promote Physical Activity and Stage of Change Progression in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 527-535.	1.0	21
225	Effects of Yoga on Psychological Health in Older Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1334-1341.	2.0	56
226	A 1-Year Follow-Up on Effects of Exercise Programs on Well-Being in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 52-64.	1.0	15
227	Moderate-to-High Intensity Physical Exercise in Patients with Alzheimer's Disease: A Randomized Controlled Trial. <i>Journal of Alzheimer's Disease</i> , 2016, 50, 443-453.	2.6	210
228	Workout at work: Laboratory test of psychological and performance outcomes of active workstations.. <i>Journal of Occupational Health Psychology</i> , 2015, 20, 259-271.	3.3	40
229	Motives matter: A diary study on the relationship between job stressors and exercise after work.. <i>International Journal of Stress Management</i> , 2015, 22, 346-371.	1.2	24

#	ARTICLE	IF	CITATIONS
230	Using activity triggered e-diaries to reveal the associations between physical activity and affective states in older adults' daily living. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 111.	4.6	40
231	Walking With Meaning. Global Qualitative Nursing Research, 2015, 2, 233339361560511.	1.4	17
232	Effects of a physical activity support program based on bench-stepping exercise on physical fitness, mental health and health-related quality of life in Japanese returnees from China. Japanese Journal of Physical Fitness and Sports Medicine, 2015, 64, 173-182.	0.0	0
233	The Multifaceted Relationship Between Physical Activity and Affect. Social and Personality Psychology Compass, 2015, 9, 419-433.	3.7	48
235	Treatment-resistant Late-life Depression: Challenges and Perspectives. Current Neuropharmacology, 2015, 13, 577-591.	2.9	44
237	Low-Volume High-Intensity Interval Training in a Gym Setting Improves Cardio-Metabolic and Psychological Health. PLoS ONE, 2015, 10, e0139056.	2.5	86
238	Age and gender differences in relationships between physical activity and sense of coherence in community-dwelling older adults. [Minzoku Eisei] Race Hygiene, 2015, 81, 159-169.	0.0	4
239	In-patient step count predicts re-hospitalization after cardiac surgery. Journal of Cardiology, 2015, 66, 286-291.	1.9	56
240	3 Medical Management of Obesity. , 2015, , 15-38.		0
241	A 12-month exercise intervention decreased stress symptoms and increased mental resources among working adults – Results perceived after a 12-month follow-up. International Journal of Occupational Medicine and Environmental Health, 2015, 28, 157-168.	1.3	21
242	Health-promoting residential aged care: a pilot project in Austria: Fig.Â1: Health Promotion International, 2015, 30, 769-781.	1.8	14
243	Relationship between socioeconomic status and quality of life in older adults: a path analysis. Quality of Life Research, 2015, 24, 1697-1705.	3.1	40
244	Effects of Using Nintendo WiiÂ„ Exergames in Older Adults. Journal of Aging and Health, 2015, 27, 379-402.	1.7	179
245	Positive Adjustment Among American Repatriated Prisoners of the Vietnam War. Clinical Psychological Science, 2015, 3, 861-876.	4.0	7
247	If You Are Old and Do Not Want to Fall into The Traditional Stereotype“Be Physically Active!. Experimental Aging Research, 2015, 41, 446-462.	1.2	7
248	Der K�rper â€ eine Ressource: materielle und immaterielle Verteilung von Lebenschancen. , 2015, , 15-34.		1
249	The Role of Leisure Engagement for Health Benefits Among Korean Older Women. Health Care for Women International, 2015, 36, 1357-1374.	1.1	8
250	Physical Activity and Mental Well-being in a Cohort Aged 60â€64 Years. American Journal of Preventive Medicine, 2015, 49, 172-180.	3.0	48

#	ARTICLE	IF	CITATIONS
251	An overview of appetite decline in older people. Nursing Older People, 2015, 27, 29-35.	0.2	194
253	Tennis enhances well-being in university students. Mental Illness, 2016, 8, 21-25.	0.8	2
254	Effects of a Behavioral and Exercise Program on Depression and Quality of Life in Community-Dwelling Older Adults: A Controlled, Quasi-Experimental Study. Journal of Gerontological Nursing, 2016, 42, 45-54.	0.6	13
255	Meta-analysis of the effect of job-related social skill training for secondary students with disabilities. Journal of Vocational Rehabilitation, 2016, 44, 123-133.	0.9	18
256	Tennis enhances well-being in university students. Mental Illness, 2016, 8, 6510.	0.8	8
257	Exercise Modulates Oxidative Stress and Inflammation in Aging and Cardiovascular Diseases. Oxidative Medicine and Cellular Longevity, 2016, 2016, 1-32.	4.0	229
258	Towards Understanding Senior Citizens' Gateball Participations Behavior and Well-Being: An Application of the Theory of Planned Behavior. Lecture Notes in Computer Science, 2016, , 466-477.	1.3	1
260	World Of Riders. , 2016, , .		7
261	Health-related Behavior over the Course of Life in the Czech Republic. Procedia, Social and Behavioral Sciences, 2016, 217, 1167-1175.	0.5	1
262	Wellbeing and Arthritis Incidence: the Survey of Health, Ageing and Retirement in Europe. Annals of Behavioral Medicine, 2016, 50, 419-426.	2.9	13
263	Prospective associations of objectively assessed physical activity at different intensities with subjective well-being in older adults. Quality of Life Research, 2016, 25, 2909-2919.	3.1	43
264	Intensity of physical activity and subjective well-being: an empirical analysis of the WHO recommendations. Journal of Public Health, 2017, 39, e19-e26.	1.8	39
265	Approach to Erectile Dysfunction in Patients with Hypertension and Coronary Artery Disease. , 2016, , 309-327.		2
266	39 Literatur. , 2016, , .		0
267	A Meta-Analytic Review of the Efficacy of Physical Exercise Interventions on Cognition in Individuals with Autism Spectrum Disorder and ADHD. Journal of Autism and Developmental Disorders, 2016, 46, 3126-3143.	2.7	93
268	Effects of a high-intensity functional exercise program on depressive symptoms among people with dementia in residential care: a randomized controlled trial. International Journal of Geriatric Psychiatry, 2016, 31, 868-878.	2.7	20
269	Meta-Analysis of Counseling Outcomes for the Treatment of Posttraumatic Stress Disorder. Journal of Counseling and Development, 2016, 94, 13-30.	2.4	12
270	Acute Effects of Aerobic Exercise on Feelings of Energy in Relation to Age and Sex. Journal of Aging and Physical Activity, 2016, 24, 72-78.	1.0	5

#	ARTICLE	IF	CITATIONS
271	Exercise and Depressive Symptoms in Older Adults: A Systematic Meta-Analytic Review. Journal of Aging and Physical Activity, 2016, 24, 234-246.	1.0	48
272	The Subjective Health Horizon Questionnaire (SHH-Q): Assessing Future Time Perspectives for Facets of an Active Lifestyle. Gerontology, 2016, 62, 345-353.	2.8	30
273	Terminal decline in well-being: The role of social orientation.. Psychology and Aging, 2016, 31, 149-165.	1.6	37
274	Population Health Management for Older Adults. Gerontology and Geriatric Medicine, 2016, 2, 233372141666787.	1.5	37
275	100% years running: The need to understand why employee physical activity benefits organizations. Journal of Organizational Behavior, 2016, 37, 1104-1109.	4.7	11
276	Physical activity and neurocognitive functioning in aging - a condensed updated review. European Review of Aging and Physical Activity, 2016, 13, 1.	2.9	98
277	Incorporating Function and Physical Activity Across All Settings. Annual Review of Gerontology and Geriatrics, 2016, 36, 293-321.	0.5	4
278	Physical activity, self-efficacy, and quality of life in older Czech adults. European Journal of Ageing, 2016, 13, 5-14.	2.8	23
279	Updating the Evidence for Physical Activity: Summative Reviews of the Epidemiological Evidence, Prevalence, and Interventions to Promote "Active Aging". Gerontologist, The, 2016, 56, S268-S280.	3.9	475
280	Stronger Than You Think: Older Women and Physical Activity. Women and Therapy, 2016, 39, 157-170.	1.0	7
281	Mapping interventions that promote mental health in the general population: A scoping review of reviews. Preventive Medicine, 2016, 87, 70-80.	3.4	63
282	Enacted voluntary simplicity "exploring the consequences of requesting consumers to intentionally consume less. European Journal of Marketing, 2016, 50, 189-212.	2.9	60
283	The effect of need supportive text messages on motivation and physical activity behaviour. Journal of Behavioral Medicine, 2016, 39, 574-586.	2.1	50
284	Fitness training for the old and frail. Zeitschrift Fur Gerontologie Und Geriatrie, 2016, 49, 107-114.	1.8	14
286	Systematic Review of Yoga Interventions to Promote Cardiovascular Health in Older Adults. Western Journal of Nursing Research, 2016, 38, 753-781.	1.4	27
287	Dementia Care., 2016, , .		6
288	Assessing the factor structure of well-being in older adults: findings from the National Health and Aging Trends Study. Aging and Mental Health, 2016, 20, 814-822.	2.8	26
289	Efficacy of theory-based interventions to promote physical activity. A meta-analysis of randomised controlled trials. Health Psychology Review, 2016, 10, 50-66.	8.6	264

#	ARTICLE	IF	CITATIONS
290	Satisfaction of Basic Psychological Needs, Self-Determined Exercise Motivation, and Psychological Well-Being in Mothers Exercising in Group-Based Versus Individual-Based Contexts. <i>Health Care for Women International</i> , 2016, 37, 568-582.	1.1	15
291	Contribution of Leisure-Time Physical Activity on Psychological Benefits Among Elderly Immigrants. <i>Applied Research in Quality of Life</i> , 2016, 11, 461-470.	2.4	35
292	Painful Choices: A Qualitative Exploration of Facilitators and Barriers to Active Lifestyles Among Adults With Osteoarthritis. <i>Journal of Applied Gerontology</i> , 2017, 36, 1091-1116.	2.0	39
293	Land of confusion: unpacking the relationship between physical activity and well-being in individuals living with osteoporosis. <i>International Review of Sport and Exercise Psychology</i> , 2017, 10, 212-229.	5.7	3
294	The Risks of Ageism Model: How Ageism and Negative Attitudes toward Age Can Be a Barrier to Active Aging. <i>Social Issues and Policy Review</i> , 2017, 11, 195-231.	6.5	131
295	Physical Activity Behavior and Competing Activities: Interrelations in 55- to 70-Year-Old Germans. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 576-586.	1.0	9
296	Traditional Oriental Herbal Medicine and Natural Killer Cells for Cancer Patients: A Systematic Review and Meta-analysis. <i>Phytotherapy Research</i> , 2017, 31, 519-532.	5.8	15
297	Link between healthy lifestyle and psychological well-being in Lithuanian adults aged 45â€“72: a cross-sectional study. <i>BMJ Open</i> , 2017, 7, e014240.	1.9	28
298	Effects of a randomized exercise trial on physical activity, psychological distress and quality of life in older adults. <i>General Hospital Psychiatry</i> , 2017, 49, 44-50.	2.4	85
299	Exercise and work-family conflict: a field experiment. <i>Journal of Managerial Psychology</i> , 2017, 32, 225-238.	2.2	4
300	Resilience as a mediator between cardiorespiratory fitness and mental healthâ€“related quality of life: A crossâ€“sectional study. <i>Australian Journal of Cancer Nursing</i> , 2017, 19, 316-321.	1.6	21
301	Relationship Between Air Quality and Outdoor Exercise Behavior in China: a Novel Mobile-Based Study. <i>International Journal of Behavioral Medicine</i> , 2017, 24, 520-527.	1.7	32
303	Does exercise training augment improvements in quality of life induced by energy restriction for obese populations? A systematic review. <i>Quality of Life Research</i> , 2017, 26, 2593-2605.	3.1	6
304	The relationship between physical activity, fitness, physical complaints and BMI in German adults â€“ results of a longitudinal study. <i>European Journal of Sport Science</i> , 2017, 17, 1090-1099.	2.7	26
306	Bienfaits psychologiques de lâ€™activitÃ© physique pour la santÃ© mentale optimale. <i>SantÃ© Mentale Au QuÃ©bec</i> , 0, 42, 147-164.	0.1	14
307	Aging and the Cost of Inactivity. <i>Topics in Geriatric Rehabilitation</i> , 2017, 33, 2-8.	0.4	2
308	Is exercise helpful for women aged 50 and over with mental health problems and what are the barriers to exercise?. <i>Quality in Ageing and Older Adults</i> , 2017, 18, 93-103.	0.8	1
309	Recent Research Trends in Meta-analysis. <i>Asian Nursing Research</i> , 2017, 11, 79-83.	1.4	15

#	ARTICLE	IF	CITATIONS
310	Behavioural activation by mental health nurses for late-life depression in primary care: a randomized controlled trial. BMC Psychiatry, 2017, 17, 230.	2.6	15
312	Need Satisfaction Moderates the Association Between Physical Activity and Affective States in Adults Aged 50+: an Activity-Triggered Ambulatory Assessment. Annals of Behavioral Medicine, 2017, 51, 18-29.	2.9	19
313	Social Cognitive Determinants of Physical Activity in Czech Older Adults. Journal of Aging and Physical Activity, 2017, 25, 196-204.	1.0	8
314	Study regarding the use of physical exercise in order to prevent school-age children from being overweight. SHS Web of Conferences, 2017, 37, 01023.	0.2	3
315	Steps to Health in Cognitive Aging: Effects of Physical Activity on Spatial Attention and Executive Control in the Elderly. Frontiers in Human Neuroscience, 2017, 11, 107.	2.0	14
316	Promotion of physical activity interventions for community dwelling older adults: A systematic review of reviews. PLoS ONE, 2017, 12, e0180902.	2.5	270
317	Wellbeing and chronic lung disease incidence: The Survey of Health, Ageing and Retirement in Europe. PLoS ONE, 2017, 12, e0181320.	2.5	8
318	A falls prevention programme to improve quality of life, physical function and falls efficacy in older people receiving home help services: study protocol for a randomised controlled trial. BMC Health Services Research, 2017, 17, 559.	2.2	45
319	Occupational Therapy for Elderly People. , 2017, , .		2
320	The influence of physical activity on cognitive functions in patients suffering from schizophrenia. Neuropsychiatry I Neuropsychologia, 2017, 12, 170-175.	0.4	1
321	Factors Associated with Physical Inactivity among Adult Urban Population of Puducherry, India: A Population Based Cross-sectional Study. Journal of Clinical and Diagnostic Research JCDR, 2017, 11, LC15-LC17.	0.8	19
322	A Systematic Review of Culturally Specific Interventions to Increase Physical Activity for Older Asian Americans. Journal of Cardiovascular Nursing, 2018, 33, 313-321.	1.1	6
323	Training Load Indices, Perceived Tolerance, and Enjoyment Among Different Models of Resistance Training in Older Adults. Journal of Strength and Conditioning Research, 2018, 32, 867-875.	2.1	8
324	Effect of physical activity on cognitive flexibility, depression and RBD in healthy elderly. Clinical Neurology and Neurosurgery, 2018, 165, 88-93.	1.4	26
325	Nursing considerations of physical activity in AF. British Journal of Cardiac Nursing, 2018, 13, 70-75.	0.1	0
326	Passion, vitality and life satisfaction for physically active old adults. Journal of Positive Psychology, 2018, 13, 309-319.	4.0	12
327	Mobility Difficulties, Physical Activity, and All-cause Mortality Risk in a Nationally representative Sample of Older Adults. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, 1272-1279.	3.6	30
328	The impact of leisure on mental health of Sardinian elderly from the "blue zone": evidence for ageing well. Aging Clinical and Experimental Research, 2018, 30, 169-180.	2.9	36

#	ARTICLE	IF	CITATIONS
329	The effect of perceived control on self-reported cardiovascular disease incidence across adulthood and old age. <i>Psychology and Health</i> , 2018, 33, 340-360.	2.2	7
330	Beliefs about age-related changes in physical functioning across the adult life span and their relationship with physical activity levels of older adults. <i>Aging, Neuropsychology, and Cognition</i> , 2018, 25, 613-631.	1.3	9
331	Evaluating Web-Based Nursing Education's Effects: A Systematic Review and Meta-Analysis. <i>Western Journal of Nursing Research</i> , 2018, 40, 1677-1697.	1.4	29
332	Get active? A meta-analysis of leisure-time physical activity and subjective well-being. <i>Journal of Positive Psychology</i> , 2018, 13, 57-66.	4.0	149
333	Physical activity interventions for treatment of social isolation, loneliness or low social support in older adults: A systematic review and meta-analysis of randomised controlled trials. <i>Psychology of Sport and Exercise</i> , 2018, 34, 128-137.	2.1	79
334	Effects of Exercise on Depression and Anxiety. A Comparison to Transdiagnostic Cognitive Behavioral Therapy. <i>Community Mental Health Journal</i> , 2018, 54, 855-859.	2.0	10
335	Stressregulation durch Sport und Bewegung. , 2018, , 205-226.		14
336	Effects of a 9-month resistance training intervention on quality of life, sense of coherence, and depressive symptoms in older adults: randomized controlled trial. <i>Quality of Life Research</i> , 2018, 27, 455-465.	3.1	68
338	Physical Activity Intervention for Loneliness (PAIL) in community-dwelling older adults: protocol for a feasibility study. <i>Pilot and Feasibility Studies</i> , 2018, 4, 187.	1.2	12
339	La práctica de actividad física y su relación con la satisfacción laboral en una consultora informática. <i>Sport TK</i> , 0, , 35-40.	0.3	3
340	Replacing sedentary time with physical activity: effects on health-related quality of life in older Japanese adults. <i>Health and Quality of Life Outcomes</i> , 2018, 16, 240.	2.4	26
341	Introducing a Dynamic Workstation in the Office: Insights in Characteristics of Use and Short-Term Changes of Well-Being in a 12 Week Observational Study. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2501.	2.6	3
342	Cross-sectional associations of sedentary behaviour and physical activity on depression in Japanese older adults: an isotemporal substitution approach. <i>BMJ Open</i> , 2018, 8, e022282.	1.9	49
343	Relevance of urban green space for physical activity and health-related quality of life in older adults. <i>Quality in Ageing and Older Adults</i> , 2018, 19, 158-166.	0.8	6
344	Long-term evaluation of the implementation of a large fall and fracture prevention program in long-term care facilities. <i>BMC Geriatrics</i> , 2018, 18, 233.	2.7	10
345	Promoting Physical Activity Behavior: Interventions and Mediators. , 2018, , 807-834.		0
346	Passion types and subjective well-being for French older adult runners. <i>Journal of Leisure Research</i> , 2018, 49, 177-195.	1.4	8
347	Defining and measuring subjective well-being for sport policy. <i>International Journal of Sport Policy and Politics</i> , 2018, 10, 815-827.	1.6	12

#	ARTICLE	IF	CITATIONS
348	Influence of Regular Physical Activity and Fitness on Stress Reactivity as Measured with the Trier Social Stress Test Protocol: A Systematic Review. <i>Sports Medicine</i> , 2018, 48, 2607-2622.	6.5	102
349	The exercise effect on psychological well-being in older adults—a systematic review of longitudinal studies. <i>German Journal of Exercise and Sport Research</i> , 2018, 48, 323-333.	1.2	17
350	Moving Physical Activity Research: From Quality of Life to Positive Psychological Functioning in Individuals Living with Osteoporosis. <i>International Handbooks of Quality-of-life</i> , 2018, , 393-406.	0.5	0
351	Persuasive technology to support active and healthy ageing: An exploration of past, present, and future. <i>Journal of Biomedical Informatics</i> , 2018, 84, 17-30.	4.3	35
352	Endurance- and Resistance-Trained Men Exhibit Lower Cardiovascular Responses to Psychosocial Stress Than Untrained Men. <i>Frontiers in Psychology</i> , 2018, 9, 852.	2.1	13
353	Effects of a 10-week functional training programme on pain, mood state, depression, and sleep in healthy older adults. <i>Psychogeriatrics</i> , 2018, 18, 292-298.	1.2	27
354	Lifestyle choices and mental health: a longitudinal survey with German and Chinese students. <i>BMC Public Health</i> , 2018, 18, 632.	2.9	131
355	Understanding pickleball as a new leisure pursuit among older adults. <i>Educational Gerontology</i> , 2018, 44, 128-138.	1.3	17
356	Context Matters: Examining Perceived Health and Fitness Outcomes of Physical Activity Participation Among South Korean Adults and Youth. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 548-557.	1.7	3
357	The importance of national levels of eudaimonic well-being to life satisfaction in old age: a global study. <i>Quality of Life Research</i> , 2018, 27, 3303-3311.	3.1	6
358	How you live is how you feel? Positive associations between different lifestyle factors, cognitive functioning, and health-related quality of life across adulthood. <i>Quality of Life Research</i> , 2018, 27, 3281-3292.	3.1	16
359	Effects of 3 months of detraining on functional fitness and quality of life in older adults who regularly exercise. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 503-510.	2.9	42
360	Effects of a short-term Interval Aerobic Training Programme with active Recovery bouts (IATP-R) on cognitive and mental health, functional performance and quality of life: A randomised controlled trial in sedentary seniors. <i>International Journal of Clinical Practice</i> , 2019, 73, e13219.	1.7	20
361	Psycho-social transition to retirement and adjustment to retired life: influence on wellbeing and mental health in retired farmers. <i>Ageing and Society</i> , 2019, 39, 2578-2604.	1.7	5
362	Serious leisure profiles and well-being of older Korean adults. <i>Leisure Studies</i> , 2019, 38, 88-97.	1.9	24
363	A Structural Model for Adjustment to Aging among Older Women in Breast Cancer Remission. <i>Applied Research in Quality of Life</i> , 2019, 14, 441-459.	2.4	2
364	Physical activity and emotional intelligence among undergraduate students: a correlational study. <i>BMC Public Health</i> , 2019, 19, 1241.	2.9	27
365	Leisure Participation Behavior and Psychological Well-Being of Elderly Adults: An Empirical Study of Tai Chi Chuan in China. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3387.	2.6	19

#	ARTICLE	IF	CITATIONS
366	Study protocol of a multi-center RCT testing a social-cognitive intervention to promote volunteering in older adults against an active control. <i>BMC Geriatrics</i> , 2019, 19, 22.	2.7	7
367	Positive and negative well-being and objectively measured sedentary behaviour in older adults: evidence from three cohorts. <i>BMC Geriatrics</i> , 2019, 19, 28.	2.7	16
368	Patients with Alzheimer's disease who carry the <i>APOE</i> ϵ 4 allele benefit more from physical exercise. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , 2019, 5, 99-106.	3.7	40
369	Social isolation and physical activity mediate associations between free bus travel and wellbeing among older adults in England. <i>Journal of Transport and Health</i> , 2019, 13, 274-284.	2.2	15
370	The association between leisure time physical activity and happiness: Testing the indirect role of health perception. <i>Journal of Community Psychology</i> , 2019, 47, 1169-1183.	1.8	12
371	Accepting, active and in control: older women's experiences of ageing with peripheral arterial disease. <i>Ageing and Society</i> , 2019, 39, 2605-2630.	1.7	0
372	â€œIt Brings Out the Bestâ€ Incorporating Positive Health into Health Promotion Initiatives from the UAEâ€™s Physically Active. , 2019, , 313-332.		0
373	Compare the moderator for pre-test-post-test design in peer tutoring with treatment-control/comparison design. <i>European Journal of Psychology of Education</i> , 2019, 34, 685-703.	2.6	9
374	The Association of Psychological Well-Being with Disablement Processes in a National Sample. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 262-285.	3.0	6
375	Gait Stability and Its Influencing Factors in Older Adults. <i>Frontiers in Physiology</i> , 2018, 9, 1955.	2.8	34
376	Activity Engagement in Residential Care Settings: Findings from the National Survey of Residential Care Facilities. <i>Journal of Housing for the Elderly</i> , 2019, 33, 120-139.	0.7	7
377	Low Dietary Protein Intakes and Associated Dietary Patterns and Functional Limitations in an Aging Population: A NHANES Analysis. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 338-347.	3.3	65
378	The effect of cycling on cognitive function and well-being in older adults. <i>PLoS ONE</i> , 2019, 14, e0211779.	2.5	67
379	Is the Effect of Physical Activity on Quality of Life in Older Adults Mediated by Social Support?. <i>Gerontology</i> , 2019, 65, 375-382.	2.8	15
380	Physical Activity, Mental Health, and Wellbeing among Older Adults in South and Southeast Asia: A Scoping Review. <i>BioMed Research International</i> , 2019, 2019, 1-11.	1.9	48
381	Life satisfaction and participation among community-dwelling older adults: Data from the FIBRA study. <i>Journal of Health Psychology</i> , 2019, 26, 135910531989302.	2.3	8
382	Precursors of Body Dissatisfaction and its Implication for Psychological Well-Being in Young Adults. <i>Universitas Psychologica</i> , 2019, 18, 1-11.	0.6	4
383	Oxidative Stress-Related Endothelial Damage in Vascular Depression and Vascular Cognitive Impairment: Beneficial Effects of Aerobic Physical Exercise. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-6.	4.0	34

#	ARTICLE	IF	CITATIONS
385	Physical activity and cognition: A narrative review of the evidence for older adults. <i>Psychology of Sport and Exercise</i> , 2019, 42, 156-166.	2.1	32
386	Happiness and Health. <i>Annual Review of Public Health</i> , 2019, 40, 339-359.	17.4	257
387	Exercise type relates to inhibitory and error processing functions in older adults. <i>Aging, Neuropsychology, and Cognition</i> , 2019, 26, 865-881.	1.3	12
388	Special Issue “Therapeutic Benefits of Physical Activity for Mood: A Systematic Review on the Effects of Exercise Intensity, Duration, and Modality. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2019, 153, 102-125.	1.6	128
389	The psychological wellbeing outcomes of nonpharmacological interventions for older persons with insomnia symptoms: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 1-13.	8.5	11
390	Impact of improved urban environment and coaching on physical condition and quality of life in elderly women: a controlled study. <i>European Journal of Public Health</i> , 2019, 29, 588-593.	0.3	5
391	The impact of exercise on depressive symptoms in older Hispanic/Latino adults: results from the “Caminemos!” study. <i>Aging and Mental Health</i> , 2019, 23, 680-685.	2.8	11
392	Childhood Disadvantage, Psychosocial Resiliency, and Later Life Functioning: Linking Early-Life Circumstances to Recovery From Mobility Limitation. <i>Journal of Aging and Health</i> , 2019, 31, 463-483.	1.7	9
393	Feasibility of an Outdoor Mindful Walking Program for Reducing Negative Affect in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 18-27.	1.0	14
394	Identifying modifiable factors associated with health optimism in older adults. <i>Aging and Mental Health</i> , 2019, 23, 376-384.	2.8	8
395	Effects of Various Recovery Strategies on Repeated Bouts of Simulated Intermittent Activity. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 1781-1794.	2.1	5
396	The Roles of Leisure Attitudes and Self-Efficacy on Attitudes Toward Retirement Among Retirees: A Sense of Coherence Theory Approach. <i>Leisure Sciences</i> , 2020, 42, 152-169.	3.1	26
397	Variety Is the Spice of Late Life: Social Integration and Daily Activity. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2020, 75, 377-388.	3.9	67
398	The impact of participation frequency and travel distances for different sport participation purposes on subjective well-being: the “unhappy commuter” and the happy sport tourist?. <i>European Sport Management Quarterly</i> , 2020, 20, 385-402.	3.8	29
399	Social Leisure Activity, Physical Activity, and Valuation of Life: Findings from a Longevity Study. <i>Activities, Adaptation and Aging</i> , 2020, 44, 61-84.	2.4	17
400	Cross-Sectional and Longitudinal Associations between Leisure Time Physical Activity, Mental Well-Being and Subjective Health in Middle Adulthood. <i>Applied Research in Quality of Life</i> , 2020, 15, 1099-1116.	2.4	52
401	Assisted Cycling Therapy (ACT) Improves Adaptive Behaviors in Adolescents with Down Syndrome. <i>Journal of Developmental and Physical Disabilities</i> , 2020, 32, 535-552.	1.6	5
402	Health Capability and Psychological Effects of Regular Exercise on Adults: Middle-Aged and Older. <i>International Journal of Aging and Human Development</i> , 2020, 91, 520-537.	1.6	8

#	ARTICLE	IF	CITATIONS
403	Enhancing Subjective Well-Being through Physical Activity for the Elderly in Korea: A Meta-Analysis Approach. International Journal of Environmental Research and Public Health, 2020, 17, 262.	2.6	26
404	Parent recommendations to support physical activity for families with young children: Results of interviews in deprived and affluent communities in South Wales (United Kingdom). Health Expectations, 2020, 23, 284-295.	2.6	7
405	Sleep quality among shift-work nurses: A systematic review and meta-analysis. Applied Nursing Research, 2020, 52, 151227.	2.2	46
406	Comparative effectiveness of three exercise types to treat clinical depression in older adults: A systematic review and network meta-analysis of randomised controlled trials. Ageing Research Reviews, 2020, 58, 100999.	10.9	63
407	Exercise Behavior and Mood during the COVID-19 Pandemic in Taiwan: Lessons for the Future. International Journal of Environmental Research and Public Health, 2020, 17, 7092.	2.6	27
408	Exploring the Relationship between Walking and Emotional Health in China. International Journal of Environmental Research and Public Health, 2020, 17, 8804.	2.6	10
409	Of Sound Mind and Body: Exploring the Diet-Strength Interaction in Healthy Aging. Frontiers in Nutrition, 2020, 7, 145.	3.7	6
410	Comparing the Trail Users with Trail Non-Users on Physical Activity, Sleep, Mood and Well-Being Index. International Journal of Environmental Research and Public Health, 2020, 17, 6225.	2.6	6
411	Beneficial Effects of Physical Activity on Subjects with Neurodegenerative Disease. Journal of Functional Morphology and Kinesiology, 2020, 5, 94.	2.4	5
412	Creativity and Well-Being: A Meta-Analysis. Journal of Creative Behavior, 2021, 55, 738-751.	2.9	42
413	Physical activity and subjective well-being in healthy individuals: a meta-analytic review. Health Psychology Review, 2021, 15, 574-592.	8.6	95
414	Dance intervention for people with dementia: Lessons learned from a small-sample crossover explorative study. Arts in Psychotherapy, 2020, 70, 101676.	1.2	7
415	Effects of Group-Based Exercise on Flourishing and Stigma Consciousness among Older Adults: Findings from a Randomised Controlled Trial. Applied Psychology: Health and Well-Being, 2020, 12, 559-583.	3.0	6
416	A systematic review and meta-analysis of the effects of global health competency improvement programs on nurses and nursing students. Journal of Advanced Nursing, 2020, 76, 1552-1566.	3.3	7
417	The College Orientation Workshop as an Experiential, Positive Youth Development Program. Journal of Experiential Education, 2020, 43, 185-204.	1.1	0
418	Positive Sociology of Leisure. , 2020, , .		4
419	The Relationships between Physical Activity and Life Satisfaction and Happiness among Young, Middle-Aged, and Older Adults. International Journal of Environmental Research and Public Health, 2020, 17, 4817.	2.6	109
420	Mapping judgment of well-being in sport. International Journal of Sport and Exercise Psychology, 2021, 19, 488-503.	2.1	6

#	ARTICLE	IF	CITATIONS
421	Evaluation of aquafitness exercise on the physical and mental health of older women: a pilot study. Journal of Women and Aging, 2021, 33, 569-582.	1.0	2
422	Potential Benefits of Physical Activity in MCI and Dementia. Behavioural Neurology, 2020, 2020, 1-10.	2.1	108
423	Effects of an In-home Multicomponent Exergame Training on Physical Functions, Cognition, and Brain Volume of Older Adults: A Randomized Controlled Trial. Frontiers in Medicine, 2019, 6, 321.	2.6	62
424	The role of physical activity in the link between menopausal status and mental well-being. Menopause, 2020, 27, 398-409.	2.0	22
425	An outcome-wide analysis of bidirectional associations between changes in meaningfulness of life and health, emotional, behavioural, and social factors. Scientific Reports, 2020, 10, 6463.	3.3	25
426	The role of stress and self-efficacy in somatic and psychological symptoms during the climacteric period – Is there a specific association?. Maturitas, 2020, 136, 1-6.	2.4	9
427	EFFECTOS DE LA ACTIVIDAD FÍSICA EN LA SALUD GENERAL PERCIBIDA DE DOCENTES. Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte, 2020, 20, 155.	0.2	3
428	Does Health Professional Counseling Impact the Quality-of-Life Levels of Older Adults Enrolled in Physical Activity Programs?. Medicina (Lithuania), 2020, 56, 146.	2.0	0
429	Towards an active and happy retirement? Changes in leisure activity and depressive symptoms during the retirement transition. Aging and Mental Health, 2021, 25, 621-631.	2.8	38
430	Effects of 24 weeks strength training with and without unstable devices on strength, flexibility and quality of life in older women: A secondary analysis from randomized controlled trial. Isokinetics and Exercise Science, 2021, 29, 199-207.	0.4	3
431	Well-being in later life: a life course perspective. Journal of Services Marketing, 2021, 35, 131-143.	3.0	13
432	Using Messages Targeting Psychological versus Physical Health Benefits to Promote Walking Behaviour: A Randomised Controlled Trial. Applied Psychology: Health and Well-Being, 2021, 13, 152-173.	3.0	10
433	Muscular Strength, Functional Fitness, Body Composition, and Quality of Life after 12 Weeks of Detraining in Older Females. Physical and Occupational Therapy in Geriatrics, 2021, 39, 129-143.	0.4	0
434	Non-pharmacological interventions for older adults with depressive symptoms: a network meta-analysis of 35 randomized controlled trials. Aging and Mental Health, 2021, 25, 773-786.	2.8	19
435	Life Satisfaction, Affect, and Belonging in Older Adults. Applied Research in Quality of Life, 2021, 16, 1205-1219.	2.4	10
436	Can listening-related fatigue influence well-being? Examining associations between hearing loss, fatigue, activity levels and well-being. International Journal of Audiology, 2021, 60, 47-59.	1.7	25
437	Expected Benefits and Perceived Barriers to Exercise During the COVID-19 Pandemic. Advances in Business Strategy and Competitive Advantage Book Series, 2021, , 122-138.	0.3	0
438	Der Körper als soziale Gesundheitsressource. , 2021, , 297-317.		0

#	ARTICLE	IF	CITATIONS
439	Grundlagen, Strategien und Ansätze der Primär-, Sekundär- und Tertiärprävention. The Springer Reference Pflege, Gesundheit, 2021, , 47-63.	0.3	3
440	Physical Activity in Relation to Wellbeing Among Newly Arrived Refugees in Sweden: A Quantitative Study. Frontiers in Public Health, 2020, 8, 532883.	2.7	10
441	Different Levels of Physical Activity, Physical Health, Happiness, and Depression among Older Adults with Diabetes. Gerontology and Geriatric Medicine, 2021, 7, 233372142199562.	1.5	15
442	Go for it! Exercising makes you happy and strong.. Translational Medicine @ UniSa, 2021, 23, 92-105.	0.5	2
443	Cognitive and Motor Skills of People with Down Syndrome According to Their Perceived Self-Determination. Journal of Developmental and Physical Disabilities, 0, , 1.	1.6	2
444	Lasa Fiziksel Aktivite Anketiâ€™nin (LAFAA) Tâ€™rkâ€™se Versiyonunun Gâ€™venirliâ€™i ve Geâ€™serliâ€™i. Osmangazâ€™ Journal of Medicine, 0, , .	0.1	0
445	Impacts of anxiety and socioeconomic factors on mental health in the early phases of the COVID-19 pandemic in the general population in Japan: A web-based survey. PLoS ONE, 2021, 16, e0247705.	2.5	55
446	Too bored for sports? Adaptive and less-adaptive latent personality profiles for exercise behavior. Psychology of Sport and Exercise, 2021, 53, 101851.	2.1	23
447	The Association between Resistance Exercise Frequency, Aerobic Physical Activity Level, and Health-Related Quality of Life in Korean Older Adults: Findings from the Seventh Korea National Health and Nutrition Examination Survey, 2018. The Korean Journal of Sports Medicine, 2021, 39, 19-26.	0.2	2
448	Exploring the Role of Identity in Motivating Walking Netball Participants. Athens Journal of Sports, 2021, 8, 83-98.	0.4	0
450	The Relationship Between Physical Activity, Health, and Well-Being. European Journal of Health Psychology, 2021, 28, 59-70.	0.6	4
451	Distanced from Others, Connected to Self: Online Mindfulness Training Fosters Psychological Well-Being by Cultivating Authenticity. Academy of Management Learning and Education, 2022, 21, 261-281.	2.5	11
452	Prevalence and Detailed Experience of Nightmare and Nightmare Disorder in Chinese University Students. SAGE Open, 2021, 11, 215824402110141.	1.7	3
453	Cognitive Health and Psychological Well-Being Among Latinx Older Adults in the United States and Mexico. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2022, 77, 555-557.	3.9	1
454	Cardio-Dance Exercise to Improve Cognition and Mood in Older African Americans: A Propensity-Matched Cohort Study. Journal of Applied Gerontology, 2022, 41, 496-505.	2.0	7
455	Effects of Physical Activity and Training Routine on Mental Health During the COVID-19 Pandemic and Curfew. Frontiers in Psychology, 2021, 12, 624035.	2.1	11
456	Physical Activity as a Treatment for Social Anxiety in Clinical and Non-clinical Populations: A Systematic Review and Three Meta-Analyses for Different Study Designs. Frontiers in Human Neuroscience, 2021, 15, 653108.	2.0	6
457	The Effect of a Breathing Relaxation Therapy for Pregnant Women with Preterm Labor Pain: a Systematic Review and Meta-Analysis. Keimyung Medical Journal, 2021, 40, 39-47.	0.2	0

#	ARTICLE	IF	CITATIONS
458	A Study on the Perceived Positive Coaching Leadership, Sports Enthusiasm, and Happiness of Boxing Athletes. Sustainability, 2021, 13, 7199.	3.2	5
459	Aerobic, resistance, and mind-body exercise are equivalent to mitigate symptoms of depression in older adults: A systematic review and network meta-analysis of randomised controlled trials. F1000Research, 2020, 9, 1325.	1.6	11
460	Associations of physical performance and physical activity with mental well-being in middle-aged women. BMC Public Health, 2021, 21, 1448.	2.9	11
461	The effects of Baduanjin exercise on the subjective memory complaint of older adults. Medicine (United States), 2021, 100, e25442.	1.0	5
462	Factors related to psychological well-being amongst patients with type 2 diabetes. Diabetes Research and Clinical Practice, 2021, 178, 108982.	2.8	3
463	Can the Unified Theory of Acceptance and Use of Technology (UTAUT) Help Explain Subjective Well-Being in Senior Citizens due to Gateball Participation?. International Journal of Environmental Research and Public Health, 2021, 18, 9015.	2.6	3
464	Efficacy of low-load resistance training combined with blood flow restriction vs. high-load resistance training on sarcopenia among community-dwelling older Chinese people: study protocol for a 3-arm randomized controlled trial. Trials, 2021, 22, 518.	1.6	2
466	Frequency of physical activity and stress levels among Brazilian adults during social distancing due to the coronavirus (COVID-19): cross-sectional study. Sao Paulo Medical Journal, 2021, 139, 325-330.	0.9	5
467	Exercise behavior patterns and associations with subjective well-being during the COVID-19 pandemic: A cross-sectional study in Brazil. European Journal of Integrative Medicine, 2021, 46, 101374.	1.7	2
468	A peer mentoring social learning perspective of cross-cultural adjustment: The rapid-accluturation mateship program. International Journal of Intercultural Relations, 2021, 84, 276-299.	2.0	4
469	The relationship between depressive symptoms and activity of daily living disability among the elderly: results from the China Health and Retirement Longitudinal Study (CHARLS). Public Health, 2021, 198, 75-81.	2.9	36
470	Social Support and Physical Activity in Older Adults: Identifying Predictors Using Data From the Canadian Longitudinal Study on Aging. Journal of Aging and Physical Activity, 2022, 30, 136-147.	1.0	8
472	Psychosocial Benefits and Aspects of Physical Activity. , 2020, , 1-8.		1
473	Interventions to Support Caregiver Well-Being. , 2016, , 215-230.		2
474	Sport, Wohlbefinden und psychische Gesundheit. , 2020, , 551-579.		9
475	The Functional Quality of Life (fQOL)-Model. GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry, 2012, 25, 33-40.	0.5	23
479	Effectiveness of nursing discharge planning interventions on health-related outcomes in elderly inpatients discharged home: a systematic review protocol. JBI Database of Systematic Reviews and Implementation Reports, 2013, 11, 1-12.	1.7	4
480	Exercising Alone or Exercising With Others and Mental Health Among Middle-Aged and Older Adults: Longitudinal Analysis of Cross-Lagged and Simultaneous Effects. Journal of Physical Activity and Health, 2019, 16, 556-564.	2.0	16

#	ARTICLE	IF	CITATIONS
481	Competencies for a Healthy Physically Active Lifestyleâ€”Reflections on the Model of Physical Activity-Related Health Competence. <i>Journal of Physical Activity and Health</i> , 2020, 17, 688-697.	2.0	49
482	Aerobic, resistance, and mind-body exercise are equivalent to mitigate symptoms of depression in older adults: A systematic review and network meta-analysis of randomised controlled trials. <i>F1000Research</i> , 2020, 9, 1325.	1.6	17
483	The Effects of Chronic Exercise on Attentional Networks. <i>PLoS ONE</i> , 2014, 9, e101478.	2.5	34
484	How Possibly Do Leisure and Social Activities Impact Mental Health of Middle-Aged Adults in Japan?: An Evidence from a National Longitudinal Survey. <i>PLoS ONE</i> , 2015, 10, e0139777.	2.5	57
485	Relationship between Age Cognitive Decline and Performance of Cognitive Motor Tasks in Seniors. <i>Acta Universitatis Carolinae: Kineanthropologica</i> , 2015, 50, 100-111.	0.3	1
486	Treinamento de nataÃ§Ã£o na intensidade do limiar anaerÃ³bio melhora a aptidÃ£o funcional de ratos idosos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 533-538.	0.2	11
487	Therapeutic Exercise in Cancer Cachexia. <i>Critical Reviews in Oncogenesis</i> , 2012, 17, 285-292.	0.4	51
488	Opportunities in rehabilitation research. <i>Journal of Rehabilitation Research and Development</i> , 2013, 50, vii-xxxii.	1.6	7
489	The influence of a moderate aerobics programme on the body self-image of women in middle adulthood. <i>SA Sports Medicine</i> , 2011, 23, .	0.3	1
490	Validity of Ratings of Perceived Exertion in Patients with Type 2 Diabetes. <i>Journal of Novel Physiotherapy and Physical Rehabilitation</i> , 0, , 004-012.	0.1	2
491	The Effects of Yoga versus Exercise on Stress, Anxiety, and Depression in Older Adults. <i>International Journal of Yoga Therapy</i> , 2009, 19, 79-89.	0.7	6
492	The Impact of a Short-Term Iyengar Yoga Program on the Health and Well-Being of Physically Inactive Older Adults. <i>International Journal of Yoga Therapy</i> , 2011, 21, 61-72.	0.7	24
494	Discovering Associations Among Older Adults' Characteristics and Planned Nursing Interventions Using Electronic Health Record Data. <i>Research and Theory for Nursing Practice</i> , 2019, 33, 58-80.	0.4	5
495	The Effects of Interventions for Promoting Self-determinations for Students with Disabilities: Meta-Analysis. <i>Korean Journal of Physical, Multiple and Health Disabilities</i> , 2011, 54, 101-121.	0.1	1
496	Factors Influencing on the Length of Time When the Subjective and Economic Poverty Occurs to the Elderly after Retirement. <i>Korean Journal of Gerontological Social Welfare</i> , 2016, 71, 61-89.	0.1	1
497	Effect of a Physical Activity Program on Serum Biochemical Parameters among the Elderly Women. <i>Reviews on Recent Clinical Trials</i> , 2019, 14, 209-216.	0.8	3
498	Meta-analysis of the Effects of Regularly Exercise on Fitness and Body composition in Elderly People. <i>Korean Journal of Sport Studies</i> , 2017, 56, 753-769.	0.3	4
499	Meta-analysis of the Relationship between Exercise Participants' Physical Self-concept and Happiness. <i>Korean Journal of Sport Studies</i> , 2017, 56, 179-191.	0.3	2

#	ARTICLE	IF	CITATIONS
500	The Complexity of Physical Capital: How Old Male Athletes Relate to Body and Health. International Journal of Men's Health, 2013, 12, 29-41.	0.4	2
501	Increasing Physical Activity in Empty Nest and Retired Populations Online: A Randomized Feasibility Trial Protocol. International Journal of Environmental Research and Public Health, 2020, 17, 3544.	2.6	2
502	A Multicomponent Exercise Program for Institutionalized Older Adults. Journal of Gerontological Nursing, 2010, 36, 32-41.	0.6	11
503	Physical Activity and Positive Psychological Well-Being Attributes Among U.S. Latino Older Adults. Journal of Gerontological Nursing, 2019, 45, 44-56.	0.6	7
504	A Randomized Controlled Trial to Determine the Efficacy of Sign Chi Do Exercise on Adaptation to Aging. Research in Gerontological Nursing, 2012, 5, 101-113.	0.6	4
505	Differences of functional fitness in adults after 9 months of combined exercise training program. Journal of Human Sport and Exercise, 2012, 7, 321-330.	0.4	1
506	Physical therapy in palliative care: From symptom control to quality of life: A critical review. Indian Journal of Palliative Care, 2010, 16, 174.	1.0	53
507	Profiling users and non-users of senior services. Advances in Aging Research, 2013, 02, 144-153.	0.4	1
508	Physical Activity and Mobility Function in Elderly People Living in Residential Care Facilities. "Act on Aging" A Pilot Study. Advances in Physical Education, 2012, 02, 54-60.	0.4	12
509	Physical functioning: The mediating effect on ADLs and vitality in elderly living in residential care facilities. "Act on ageing" A pilot study. Health, 2012, 04, 407-414.	0.3	2
510	The Presence of an Exercise Instructor or Group Members Affects Physical Self-Concept and Physical Self-Esteem: An Experimental Study in the Elderly. Health, 2014, 06, 1616-1627.	0.3	1
511	A Graphical Classification of European Countries According to Physical Activity Level of Its Citizens. Open Access Library Journal (oalib), 2016, 03, 1-11.	0.2	3
512	Physical Activity, Fine Manual Dexterity and a Coach's Self-Efficacy in a Physical Activity Program for Older Persons Living in Residential Care Facilities. Psychology, 2012, 03, 384-392.	0.5	8
513	Influence of the physical Activity on the Cognitive Functions with people Depending on their Age. Medicinski Arhiv = Medical Archives = Archives De Médecine, 2012, 66, 271.	0.9	3
514	Enhancing our understanding of physical activity and wellbeing with a lifespan perspective. International Journal of Wellbeing, 2013, 3, 98-115.	2.1	30
515	Life satisfaction, health, self-evaluation and sexuality in current university students of sport sciences, education and natural sciences. Acta Gymnica, 2014, 44, 231-241.	1.1	4
516	Body Awareness, Mindfulness and Affect: Does the Kind of Physical Activity Make a Difference?. European Journal of Mental Health, 2016, 11, 97-111.	0.4	28
517	Mediators between Yoga Practice and Psychological Well-Being: Mindfulness, Body Awareness, and Satisfaction with Body Image. European Journal of Mental Health, 2016, 11, 112-127.	0.4	31

#	ARTICLE	IF	CITATIONS
518	Elder Abuse in Shiraz, Iran. Iranian Journal of Psychiatry and Behavioral Sciences, 2017, 11, .	0.4	4
519	Comparison of mental health and quality of life in active and non active elder's female in west region of Tehran. Medicinski Glasnik Specijalna Bolnica Za Bolesti Stitaste Zlezde I Bolesti Metabolizma Zlatibor, 2015, 20, 34-43.	0.0	2
520	Relaci3n entre la pr3ctica de actividad f3sica y los empleados saludables. Cuadernos De Psicología Del Deporte, 2020, 20, 64-73.	0.4	1
521	A influ3ncia da actividade f3sica na sa3de mental positiva de idosos. Motricidade, 2009, 5, .	0.2	4
522	Selbst und Identit3t. , 2021, , 451-465.		0
523	Effects of treadmill exercise on anxiety-like behavior in association with changes in estrogen receptors ER1±, ER12 and oxytocin of C57BL/6J female mice. IBRO Neuroscience Reports, 2021, 11, 164-174.	1.6	3
524	Wild blueberry consumption and risks for cardiovascular disease. FASEB Journal, 2006, 20, A1017.	0.5	0
525	Effects of Physical Activity on psychological Change in Advanced Age: A Multivariate Meta-Analysis. Journal of Modern Applied Statistical Methods, 2007, 6, 2-7.	0.2	3
527	MOTIVOS PARA A PR3CTICA DE ATIVIDADES F3SICAS DE IDOSOS: uma revis3o sistem3tica dos instrumentos utilizados para mensurar a motiva33o. Estudos Interdisciplinares Sobre O Envelhecimento, 2008, 13, .	0.1	1
528	Physical Leisure Activities and their Role in Preventing Dementia: A Systematic Review. JBI Database of Systematic Reviews and Implementation Reports, 2009, 7, 260-308.	1.7	0
529	Vieillissement et activit3© physique. , 2009, , 295-314.		0
530	Mit k3rperlicher Aktivit3t das Altern gestalten. , 2010, , 25-39.		1
531	Physical and psychological condition of senior people in a residential care facility. The effects of an aerobic training. Health, 2010, 02, 773-780.	0.3	1
533	Metodolog3a de la investigaci3n: el enfoque meta-anal3tico para la s3ntesis cuantitativa de la literatura en las ciencias del movimiento humano. Actualidades Investigativas En Educaci3n, 2013, 6, .	0.2	0
534	What determines walking of older people in their neighborhood?. Open Journal of Preventive Medicine, 2012, 02, 279-286.	0.3	0
535	A CROSS-SECTIONAL ANALYSIS OF PHYSICAL ACTIVITY, PSYCHOLOGICAL DETERMINANTS AND HEALTH RELATED VARIABLES OF LATVIAN OLDER ADULTS. European Journal of Adapted Physical Activity, 2012, 5, 39-52.	0.5	3
537	Sustainability and Quality of Life Modeling the Complexity of Governance. , 0, , .		0
539	EXERC3CIO F3SICO E PLASTICIDADE NEUROG3SNICA: BENEF3CIOS RELACIONADOS 3ES FUN33ES MENTAIS DO IDOSO. Biol3gicas & Sa3de, 2014, 2, .	0.1	0

#	ARTICLE	IF	CITATIONS
540	Physical activity, perceived self-efficacy and the quality of life in older adults. <i>Studia Kinanthropologica</i> , 2012, 13, 262-267.	0.1	0
542	Efecto agudo de dos intensidades de tango (baja y moderada) sobre el estado de Ánimo de adultos mayores/The acute effect of two intensities of tango (low and moderate) on mood states and perceived exertion in older adults. <i>Actualidades En Psicología: AP</i> , 2013, 27, 55-70.	0.1	0
543	Alltagsaktivitäten und aktuelles psychisches Befinden bei 20 bis 30-jährigen und 50plus-jährigen Personen unter Moderation von Selbstkonkordanz. , 2014, , 347-378.		0
544	Effectiveness of Life Style Interventions as Self Help Technique to Enhance Psychological Well-Being of Institutionalized and Non-Institutionalized Senior Citizens. <i>Journal of Gerontology & Geriatric Research</i> , 2014, 03, .	0.1	1
545	Effects of Additional Yoga, Meditation and Homework: A Randomized Controlled Trial Evaluating Sleep Problems with a University Student Sample. <i>British Journal of Education Society & Behavioural Science</i> , 2014, 4, 1687-1702.	0.1	0
546	The Effect of Cultural Physical Education's Enjoyment Factor on Happiness and Social Physique anxiety. <i>Journal of Digital Convergence</i> , 2014, 12, 645-653.	0.1	1
548	Older Women, Power, and the Body. , 2015, , 9-30.		4
550	Selbst. Springer-Lehrbuch, 2016, , 127-143.	0.0	0
551	Viellissement et activité physique. , 2016, , 425-448.		0
552	Aging Women and Mental Aerobics. , 2016, , 71-84.		0
553	Stressregulation durch Sport und Bewegung. , 2016, , 1-22.		1
554	A Qualitative Study of the Types of Leisure Perceptions among Middle-aged Men in Retirement Transition. <i>Bogeon Sahoe Yeongu</i> , 2016, 36, 192-226.	0.4	3
555	Relationship between spiritual health and depression and quality of sleep in the older adults in Shahrud. <i>Journal of Gerontology</i> , 2016, 1, 71-78.	0.3	1
556	Physical activity level and quality of life of university students&p>Äœniversite ÄŖÄŖrencilerinde fiziksel aktivite dÄŖzeyi ve yaÄŖam kalitesi. <i>Journal of Human Sciences</i> , 2016, 13, .	0.2	6
557	A Meta-analysis of the Effects of Dance Programs on Body Composition for Women. <i>Official Journal of the Korean Society of Dance Science</i> , 2016, 33, 93-107.	0.1	0
558	Creativita e tempo libero in eta senile: un'indagine delle relazioni tra propensione al pensiero divergente e passatempi praticati. <i>Ricerche Di Psicologia</i> , 2017, , 497-513.	0.1	3
559	Ressourcen aktivieren: ÄŖrderung von Wohlbefinden bei Älteren Menschen. , 2017, , 275-288.		0
560	An Aging Workforce and Work Environment: A Hotel Case Study in China. <i>Journal of Facility Management Education and Research</i> , 2017, 1, 59-64.	0.2	0

#	ARTICLE	IF	CITATIONS
561	A Study on the Effects of Psychological Capital on Life Satisfaction and Psychological Happiness in the Elderly. Korean Journal of Sport Studies, 2017, 56, 363-376.	0.3	1
562	Development and Validation of the Short Multidimensional Well-Being Questionnaire (SMWQ). Open Public Health Journal, 2017, 10, 25-31.	0.4	2
563	The Efficacy of Aerobic Exercises in Reducing Loneliness and Promoting Happiness in Elderly. Iranina Journal of Psychiatric Nursing, 2017, 5, 9-17.	0.2	2
564	Healthy Lifestyles to Reduce Risk of Dementia. , 2018, , 131-156.		2
565	Risky Behaviours. , 2018, , 55-89.		0
567	An Exercise Prescription for Healthy Active Aging. , 2018, , 195-203.		0
568	Promoting Successful Positive Aging Across the Health Continuum. Advances in Medical Diagnosis, Treatment, and Care, 2018, , 48-67.	0.1	0
569	The Relationship among Satisfaction in General Physical Activities Class, School Life Health, and Exercise Adherence Intention for University Students. Korean Journal of Leisure Recreation & Park, 2018, 42, 79-91.	0.5	0
570	THE EFFECTS OF A 12-WEEK STEP-AEROBIC AND PILATES EXERCISE PROGRAM ON THE PHYSICAL PARAMETERS OF SEDENTARY WOMEN. The Online Journal of Recreation and Sport, 2018, Volume 7, 20-30.	0.1	0
571	Selbst und Identit�t. , 2019, , 1-15.		1
572	Effects of a structured combined exercise intervention program on old participants mental health and well-being. Hospice and Palliative Medicine International Journal, 2018, 2, .	0.2	0
573	Risk Avoidance. , 2019, , 1-8.		0
574	Grundlagen, Strategien und Ans�tze der Prim�r-, Sekund�r- und Terti�rpr�vention. The Springer Reference Pflegeerapie, Gesundheit, 2019, , 1-17.	0.3	1
575	Implications, Future Research, and Summary. Springer Series in Emerging Cultural Perspectives in Work, Organizational, and Personnel Studies, 2019, , 93-112.	1.5	0
576	Managing Multiculturalism Within Individuals. Springer Series in Emerging Cultural Perspectives in Work, Organizational, and Personnel Studies, 2019, , 63-92.	1.5	0
578	�HE EFFECT OF PILATES AND YOGA PROGRAMS ON ADULT WOMEN��TMS WELL-BEING. , 2019, , .		0
579	Impact of Moderate Intensity Aerobic Exercise on Irritable Bowel Syndrome in Post Cholecystectomy Patients. Medical Journal of the University of Cairo Faculty of Medicine, 2019, 87, 4043-4050.	0.0	0
580	The Impact of Physical Activity on Mental Health and Psychological Well-Being, Perspectives on Improving the Educational Curriculum. Journal of Psychology and Neuroscience, 0, , .	0.0	0

#	ARTICLE	IF	CITATIONS
581	Structural Relationships Between Depression, Perceived Stress, Sleep Quality, and Quality of Life: Evidence from Iranian Elderly. <i>Thrita</i> , 2020, 8, .	0.2	2
583	The Complexity of Sport-as-Leisure in Later Life. , 2020, , 109-124.		4
584	Psychosocial Benefits and Aspects of Physical Activity. , 2020, , 1786-1794.		0
585	Effect of Self-Care by Elderly Women Who Take Part in Sports for All on Health Promotion Act and Successful Aging Awareness. <i>Journal of Korean Association of Physical Education and Sport for Girls and Women</i> , 2020, 34, 51-70.	0.1	1
586	Exploring the Experience of Exercise in Older Adults With Chronic Back Pain. <i>Journal of Aging and Physical Activity</i> , 2020, 28, 294-305.	1.0	3
588	Validity of Ratings of Perceived Exertion in Patients with Type 2 Diabetes. , 2014, 1, .		1
589	Psychological Well-Being (PWB) of School Adolescents Aged 12-18 yr, its Correlation with General Levels of Physical Activity (PA) and Socio-Demographic Factors In Gilgit, Pakistan. <i>Iranian Journal of Public Health</i> , 2015, 44, 804-13.	0.5	11
592	Service Availability, Service Use, and Psychological Well-Being of Older Residents of Residential Care Facilities and Nursing Homes. <i>Seniors Housing & Care Journal</i> , 2019, 27, 51-61.	0.5	0
593	Psychological Effects of Motivational Aquatic Resistance Interval Training and Nutritional Education in Older Women. <i>Healthcare (Switzerland)</i> , 2021, 9, 1665.	2.0	3
595	Risk Avoidance. , 2021, , 4321-4328.		0
597	Different types of physical exercise in brain activity of older adults: A systematic review. <i>Experimental Gerontology</i> , 2022, 159, 111672.	2.8	5
598	Psychological Interventions for Well-Being in Healthy Older Adults: Systematic Review and Meta-Analysis. <i>Journal of Happiness Studies</i> , 2022, 23, 2389-2403.	3.2	6
599	Biting the bullet: When self-efficacy mediates the stressful effects of COVID-19 beliefs. <i>PLoS ONE</i> , 2022, 17, e0263022.	2.5	30
600	El efecto del Covid-19 en la percepci3n del bienestar del individuo y la transici3n hacia la organizaci3n digital. , 2022, 7, .		1
601	Behavioral Interventions to Improve Home-Based Office-Workersâ€™ Health. <i>Trends in Psychology</i> , 0, , 1.	1.2	3
602	Selbst. , 2022, , 149-166.		0
603	Differences in self-control, self-efficacy and depressive symptoms between active and inactive middle-aged and older adults after 1 year of COVID restrictions. <i>Aging and Mental Health</i> , 2023, 27, 483-488.	2.8	6
605	Differential associations among social support, health promoting behaviors, health-related quality of life and subjective well-being in older and younger persons: a structural equation modelling approach. <i>Health and Quality of Life Outcomes</i> , 2022, 20, 38.	2.4	10

#	ARTICLE	IF	CITATIONS
606	Social support among older adults in group physical activity programs. Journal of Applied Sport Psychology, 2023, 35, 658-679.	2.3	4
607	“Like Nothing I’ve Seen Before”: A Qualitative Inquiry Into the Lived Experience of Competing in a Trail Running Event. Frontiers in Psychology, 2022, 13, 817685.	2.1	3
608	No Evidence for a Boost in Psychosocial Functioning in Older Age After a 6-Months Physical Exercise Intervention. Frontiers in Human Neuroscience, 2022, 16, 825454.	2.0	1
609	Effect of Aerobic-Based Exercise on Psychological Well-Being and Quality of Life Among Older People: A Middle East Study. Frontiers in Public Health, 2021, 9, 764044.	2.7	10
610	El efecto del COVID-19 en la percepción del bienestar del individuo y la transición hacia la organización digital. , 2022, 7, .		0
611	Cognitive intervention response is related to habitual physical activity in older adults. Aging Clinical and Experimental Research, 2012, 24, 47-55.	2.9	20
613	Physical activity always benefits employees, right? Examining the role of physical activity type, grit, stress, and career satisfaction. Journal of Management and Organization, 0, , 1-19.	3.0	0
615	Promoting Successful Positive Aging Across the Health Continuum. , 2022, , 36-55.		0
616	The effectiveness of the burjiu model to support hajj and umrah worship in the new normal era. Jurnal Sportif, 2022, 8, 145-156.	0.2	0
617	Subjective Well-Being and Bilateral Anterior Insula Functional Connectivity After Exercise Intervention in Older Adults With Mild Cognitive Impairment. Frontiers in Neuroscience, 2022, 16, .	2.8	2
618	The Effect of Physical Exercise on the Elderly’s Anxiety: Based on Systematic Reviews and Meta-Analysis. Computational and Mathematical Methods in Medicine, 2022, 2022, 1-8.	1.3	2
619	Immersive Virtual Reality Exergames to Promote the Well-being of Community-Dwelling Older Adults: Protocol for a Mixed Methods Pilot Study. JMIR Research Protocols, 2022, 11, e32955.	1.0	9
620	A Scoping Review on Community-Based Programs to Promote Physical Activity in Older Immigrants. Journal of Aging and Physical Activity, 2023, 31, 144-154.	1.0	1
621	Effects of Two Short-Term Aerobic Exercises on Cognitive Function in Healthy Older Adults during COVID-19 Confinement in Japan: A Pilot Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2022, 19, 6202.	2.6	7
622	Effect of Aerobic, Resistance, and Combined Exercise Training on Depressive Symptoms, Quality of Life, and Muscle Strength in Healthy Older Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Biological Research for Nursing, 2022, 24, 541-559.	1.9	5
623	Group-Based Physical Activity Interventions Targeting Enjoyment in Older Adults: A Systematic Review. Journal of Ageing and Longevity, 2022, 2, 113-129.	0.6	6
624	Chapitre 15. L’activité physique, une pratique de psychologie positive à promouvoir pour favoriser le bien-être des jeunes et des personnes âgées. , 2021, , 292-309.		0
625	Physical Activity Behaviour in Solid Organ Transplant Recipients: Proposal of Theory-Driven Physical Activity Interventions. Kidney and Dialysis, 2022, 2, 298-329.	1.0	6

#	ARTICLE	IF	CITATIONS
626	The Effects of Physical Exercise on the Quality of Life of Healthy Older Adults in China: A Systematic Review. <i>Frontiers in Psychology</i> , 0, 13, .	2.1	9
627	Long Term Physical Activity Improves Quality of Life Perception, Healthy Nutrition, and Daily Life Management in Elderly: A Randomized Controlled Trial. <i>Nutrients</i> , 2022, 14, 2527.	4.1	7
628	The Associations between Physical Activity, Functional Fitness, and Life Satisfaction among Community-Dwelling Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8043.	2.6	1
629	The effect of Tai chi on positive-activated affect in adults: a systematic review and multilevel meta-analysis of randomised controlled trials. <i>International Journal of Sport and Exercise Psychology</i> , 2023, 21, 807-836.	2.1	0
630	Health-Related Quality of Life and Physical Activity in Older Adults With Multiple Sclerosis. <i>International Journal of MS Care</i> , 2023, 25, 26-29.	1.0	2
631	Musical feedback system JymminÂ® leads to enhanced physical endurance in the elderlyâ€”A feasibility study. <i>Frontiers in Sports and Active Living</i> , 0, 4, .	1.8	0
632	Associations between everyday physical activity and morale in older adults. <i>Geriatric Nursing</i> , 2022, 48, 37-42.	1.9	2
633	Depression, Anxiety, and Physical Activity in Older Adults With Multiple Sclerosis. <i>Journal of Aging and Physical Activity</i> , 2022, , 1-7.	1.0	1
634	Measuring the impact of remote working adaptation on employees' well-being during COVID-19: insights for innovation management environments. <i>European Journal of Innovation Management</i> , 2024, 27, 608-627.	4.6	4
635	Leisure, Mental Health, and Life Satisfaction among Older Adults with Mild Cognitive Impairment. <i>American Journal of Health Behavior</i> , 2022, 46, 477-487.	1.4	6
636	Leisure and psychological wellbeing of people with visual impairment. <i>World Leisure Journal</i> , 0, , 1-17.	1.2	0
637	Urban Environment, Green Urban Areas, and Life Quality of Citizensâ€”The Case of Warsaw. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 10943.	2.6	8
638	The benefits of physical exercise on state anxiety: Exploring possible mechanisms. <i>Mental Health and Physical Activity</i> , 2022, 23, 100478.	1.8	2
639	Bedtime smartphone use and academic performance: A longitudinal analysis from the stressor-strain-outcome perspective. <i>Computers and Education Open</i> , 2022, 3, 100110.	4.2	6
640	Temperature shocks and gambling. <i>Energy Economics</i> , 2022, 115, 106406.	12.1	6
641	Social integration: A concept analysis. <i>Nursing Forum</i> , 2022, 57, 1551-1558.	2.3	1
642	Physical activity during aging â€” role of physical activity in muscle atrophy and physical impairment during aging. <i>Quality in Sport</i> , 2020, 6, 42-54.	0.1	1
644	Physical Leisure Activities and Life Satisfaction in Older Adults. <i>Activities, Adaptation and Aging</i> , 2023, 47, 379-396.	2.4	4

#	ARTICLE	IF	CITATIONS
645	Internet behavior and satisfaction with sleep, health, quality of life and physical activity self-efficacy as components of subjective well-being: Findings from an online survey. Europe's Journal of Psychology, 2022, 18, 357-368.	1.3	1
646	The Interplay of Emotions, Executive Functions, Memory and Language: Challenges for Refugee Children. Languages, 2022, 7, 309.	0.6	0
647	A Randomized Trial of a Swimming-Based Alternative Treatment for Children with Attention Deficit Hyperactivity Disorder. International Journal of Environmental Research and Public Health, 2022, 19, 16238.	2.6	4
648	The embodied mind: A brief review of body-mind neuropsychology research. , 2018, 1, 4-10.		0
649	Passion for an activity and its role on affect: Does personality and the type of activity matter?. Frontiers in Psychology, 0, 13, .	2.1	0
650	Engaging the Aging Process. Advances in Human Resources Management and Organizational Development Book Series, 2023, , 1-18.	0.3	0
651	Older pedestrians hit by motor vehicles in South Australia. Journal of Road Safety, 2023, 34, 49-63.	0.3	0
652	Depression, Anxiety, Stress and Physical Activity: A Cross-Sectional Analysis of Adults. Akdeniz Spor Bilimleri Dergisi, 0, , .	0.6	0
654	Personalized, context-aware, and adaptable persuasive approach for encouraging physical activity among older adults. Entertainment Computing, 2023, 46, 100567.	2.9	0
655	The Problem of Monitoring the Psycho-Physical Condition of Seniors during Proposed Activities in Urban Space. Sensors, 2023, 23, 1602.	3.8	2
656	Physical Activity, Subjective Well-Being and Mental Health. , 2023, , 649-678.		1
657	Positive impacts of leisure-time physical activity on cardiorespiratory fitness, co-morbidity level, cardiovascular health and quality of life among midlife adults: a cross-sectional study of a Nigerian population. BMC Sports Science, Medicine and Rehabilitation, 2023, 15, .	1.7	1
658	The prevalence and risk factors for anxiety and depression symptoms among migrants in Morocco. Scientific Reports, 2023, 13, .	3.3	2
659	Physical activity and functional disability among older adults in Ghana: The moderating role of multi-morbidity. PLOS Global Public Health, 2023, 3, e0001014.	1.6	3
660	Promouvoir la sant� mentale des personnes �g�es avec des incapacit�s physiques�: revue syst�matique des interventions propos�es � domicile et en �tablissement. Recherche En Soins Infirmiers, 2023, N� 151, 18-29.	0.1	0
661	Predicting wellbeing over one year using sociodemographic factors, personality, health behaviours, cognition, and life events. Scientific Reports, 2023, 13, .	3.3	3
662	The impact of Nordic walking compared to non-sporting activities on socialization and well-being. Loisir Et Soci�te, 2023, 46, 155-169.	0.4	0
663	New principles, the benefits, and practices for fostering a physically active lifestyle. Progress in Cardiovascular Diseases, 2023, 77, 37-49.	3.1	7

#	ARTICLE	IF	CITATIONS
664	Feasibility of a mHealth intervention to increase physical activity and health literacy among Chinese new retirees. , 2021, 5, 278-304.		0
665	Associations between appetite, physical activity and sedentary behaviour from hip- and wrist-worn accelerometers in community-dwelling older adults. Geriatrics and Gerontology International, 0, , .	1.5	0
667	Self-Reported Cognitive Aging and Well-Being among Older Middle Eastern/Arab American Immigrants during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2023, 20, 5918.	2.6	0
668	Context of walking and loneliness among community-dwelling older adults: a cross-sectional study. BMC Geriatrics, 2023, 23, .	2.7	0
669	Context matters: A review of reviews examining the effects of contextual factors in physical activity interventions on mental health and wellbeing. Mental Health and Physical Activity, 2023, 25, 100520.	1.8	4
670	Effects of a Multi-component, Resistance-Based Exercise Program Combined with Additional Lean Red Meat on Health-Related Quality of Life in Older Adults: Secondary Analysis of a 6-Month Randomized Controlled Trial. Journal of Nutrition, Health and Aging, 2023, 27, 421-429.	3.3	0
671	Sport und gesunder Lebensstil im Kindes- und Jugendalter. Springer Reference Medizin, 2022, , 1-10.	0.0	0
672	“It’s not time for us to sit down yet” how group exercise programs can motivate physical activity and overcome barriers in inactive older adults. International Journal of Qualitative Studies on Health and Well-being, 2023, 18, .	1.6	5
673	Positive Psychologie und Vitalität. , 2023, , 77-112.		0
674	Exploring the Impact of a Trauma-informed Yoga and Mindfulness Curriculum for Multiple Populations: A Pilot Study. Explore: the Journal of Science and Healing, 2024, 20, 54-61.	1.0	0
675	Adapted Physical Activity Can Increase Life Appreciation in Patients with Parkinson's Disease. International Journal of Aging and Human Development, 2024, 98, 221-242.	1.6	0
676	Effect of physical activity program applied to patients with Alzheimer's disease on cognitive functions and depression level: a randomised controlled study. Psychogeriatrics, 2023, 23, 856-863.	1.2	0
677	The relationship between dance and well-being: examining the underlying mechanism and outcomes. World Leisure Journal, 2024, 66, 134-150.	1.2	0
678	Impact of chronic physical activity on individuals’ creativity. Psychological Research, 2024, 88, 684-694.	1.7	0
679	A Study on the Interconnections of Health, Well, and Education in Smart Cities: A Socio-Analysis. Studies in Computational Intelligence, 2023, , 171-182.	0.9	0
680	The Impact of Regular Exercise on Life Satisfaction, Self-Esteem, and Self-Efficacy in Older Adults. Behavioral Sciences (Basel, Switzerland), 2023, 13, 714.	2.1	1
681	Examining the Relationship between Pro-Environmental Attitudes, Self-Determination, and Sustained Intention in Eco-Friendly Sports Participation: A Study on Plogging Participants. Sustainability, 2023, 15, 11806.	3.2	0
682	Effects of Muscular Strength Training on Oral Health and Quality of Life: Using Korean Panel Survey Data, a Cross-Sectional Study. Healthcare (Switzerland), 2023, 11, 2250.	2.0	1

#	ARTICLE	IF	CITATIONS
683	Effects of Sport on Symptoms of Attention Deficit Hyperactivity Disorder and Performance Loss Caused by Distractors: Evaluation with MOXO d-CPT. <i>Çocuk Ve Genişlik Ruh Sağlığı Dergisi / Turkish Journal of Child and Adolescent Mental Health</i> , 2023, 30, 137-145.	0.4	0
684	Feasibility and Effectiveness of a Personalized Home-Based Motor-Cognitive Training Program in Community-Dwelling Older Adults: Protocol for a Pragmatic Pilot Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 0, 12, e49377.	1.0	0
685	The influence of Tai Chi exercise on the subjective well-being in the aged: the mediating role of physical fitness and cognitive function. <i>BMC Geriatrics</i> , 2023, 23, .	2.7	1
687	Keeping Things Positive: Affect as a Mediator between Physical Activity and Psychological Functioning. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2023, 13, 2428-2459.	1.9	0
688	The role of nature engagement in the satisfaction of fundamental psychological needs across the lifespan: a thematic analysis. <i>Current Psychology</i> , 0, , .	2.8	0
689	Correlation analysis between physical activity and depressive tendencies among occupational groups: an isotemporal substitution approach. <i>BMC Public Health</i> , 2023, 23, .	2.9	0
690	Associations between dimensions of the social environment and cardiometabolic risk factors: Systematic review and meta-analysis. <i>SSM - Population Health</i> , 2024, 25, 101559.	2.7	1
691	Cognitive intervention response is related to habitual physical activity in older adults. <i>Aging Clinical and Experimental Research</i> , 2012, 24, 47-55.	2.9	0
693	A Systematic Review and Case Studies of Health and Social Services Provided for Community-Dwelling Older Adults. , 2023, , 1-34.		0
694	The combination of physical activity with fruit and vegetable intake associated with life satisfaction among middle-aged and older adults: a 16-year population-based cohort study. <i>BMC Geriatrics</i> , 2024, 24, .	2.7	0
695	Sporting Mind: The Interplay of Physical Activity and Psychological Health. <i>Sports</i> , 2024, 12, 37.	1.7	1
698	Elderly Activity and Engagement with Life. , 2023, , 2055-2059.		0
699	How does physical activity improve adolescent resilience? Serial indirect effects <i>via</i> self-efficacy and basic psychological needs. <i>PeerJ</i> , 0, 12, e17059.	2.0	0
700	Associations between 24-h movement behaviors and indicators of mental health and well-being across the lifespan: a systematic review. , 2024, 3, .		0
701	Protective effects of physical activity on episodic memory during aging are explained by executive functioning. <i>European Review of Aging and Physical Activity</i> , 2024, 21, .	2.9	0
702	The Effect of Resistance Training on Psychological Well-being and Mental Toughness of Physical-Motor Disabled People. , 2023, 11, 12-19.		0
703	The effect of the mental fitness activity program on quality of life indicators of temporary displaced women of mature age. <i>Scientific Journal of National Pedagogical Dragomanov University Series 15 Scientific and Pedagogical Problems of Physical Culture (physical Culture and Sports)</i> , 2024, , 92-97.	0.4	0
704	The longitudinal relationship between leisure activities and depressive symptoms among older Chinese adults: an autoregressive cross-lagged analysis approach. <i>BMC Public Health</i> , 2024, 24, .	2.9	0