

CITATION REPORT

List of articles citing

Mindfulness-based stress reduction and health benefits. A meta-analysis

DOI: 10.1016/s0022-3999(03)00573-7
Journal of Psychosomatic Research, 2004, 57, 35-43.

Source: <https://exaly.com/paper-pdf/37557019/citation-report.pdf>

Version: 2024-04-27

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

#	Paper	IF	Citations
2326	Stress reduction through mindfulness meditation. Effects on psychological symptomatology, sense of control, and spiritual experiences. 1997 , 66, 97-106		416
2325	Mindfulness and Healing Intention: Concepts, Practice, and Research Evaluation. 2004 , 10, S-7-S-14		12
2324	Current World Literature. 2005 , 18, 195-221		
2323	RECONNECTING SCIENCE AND SPIRITUALITY: TOWARD OVERCOMING A TABOO. 2005 , 40, 423-442		19
2322	Relational frame theory, acceptance and commitment therapy, and a functional analytic definition of mindfulness. 2005 , 23, 315-336		161
2321	The helpfulness of spiritually influenced group work in developing self-awareness and self-esteem: a preliminary investigation. 2005 , 5, 789-802		14
2320	[Psychosocial stress and alcohol consumption: interrelations, consequences and interventions]. 2005 , 73, 517-25		8
2319	A tale of two therapies: psychotherapy and complementary and alternative medicine (CAM) and the human effect. 2005 , 5, 361-7		38
2318	Loving-kindness meditation for chronic low back pain: results from a pilot trial. 2005 , 23, 287-304		198
2317	Mindfulness meditation for oncology patients: a discussion and critical review. 2006 , 5, 98-108		152
2316	Complementary medicine for depression. 2006 , 6, 1741-51		22
2315	Mindfulness-Based Cognitive Attitude Training for Primary Care Staff: A Pilot Study. 2006 , 11, 144-152		34
2314	A Preliminary Study of the Effects of a Modified Mindfulness Intervention on Binge Eating. 2006 , 11, 133-143		52
2313	Systematic review of the efficacy of meditation techniques as treatments for medical illness. 2006 , 12, 817-32		143
2312	Living with the dying: Using the wisdom of mindfulness to support caregivers of older adults with dementia. 2006 , 44, 43-47		8
2311	A brief mindfulness-based stress reduction intervention for nurses and nurse aides. 2006 , 19, 105-9		276
2310	Enhanced communication by developing a non-anxious presence: a key attribute for the successful veterinarian. 2006 , 33, 65-70		5

2309	Achtsamkeit und Akzeptanz in der Psychotherapie. 2006 , 54, 241-253	14
2308	Achtsamkeitsbasierte Psychotherapie. 2006 , 54, 229-229	2
2307	. 2006 ,	
2306	The meeting of meditative disciplines and Western psychology: a mutually enriching dialogue. 2006 , 61, 227-39	376
2305	Complementary and Alternative Therapies for Women Transitioning through Menopause. 2006 , 30, 18-26	3
2304	Mind-body intelligence: a new perspective integrating Eastern and Western healing traditions. 2006 , 20, 147-51	5
2303	A pilot study of mindfulness-based stress reduction for hot flashes. 2006 , 13, 760-9	49
2302	Short-term autonomic and cardiovascular effects of mindfulness body scan meditation. 2006 , 32, 227-34	205
2301	Mindfulness-Based Stress Reduction in Medical Settings. 2006 , 13, 209-216	44
2300	THE DIFFERENT FACETS OF MINDFULNESS. 2006 , 24, 79-86	8
2299	Intensive Mindfulness Training and the Reduction of Psychological Distress: A Preliminary Study. 2006 , 13, 191-197	36
2298	Management of Hematologic and Neuropsychiatric Side Effects in Treatment of Chronic HCV Infection. 2006 , 2, 38-45	2
2297	Measuring mindfulnessThe Freiburg Mindfulness Inventory (FMI). 2006 , 40, 1543-1555	735
2296	Mechanisms of mindfulness. 2006 , 62, 373-86	1828
2295	The Toronto Mindfulness Scale: development and validation. 2006 , 62, 1445-67	688
2294	Acute effect of isometric exercise on desire to smoke and tobacco withdrawal symptoms. 2006 , 21, 39-46	57
2293	Stressbewältigung durch Achtsamkeit. 2006 , 7, 273-279	2
2292	Symposium. Stress management skills for strong leadership: is it worth dying for?. 2006 , 88, 217-25	5

2291	Guided Imagery for Smoking Cessation in Adults: A Randomized Pilot Trial. 2006 , 11, 166-175	5
2290	Introduction to this Issue. 2006 , 11, 131-132	
2289	Counselling and Relaxation Therapies. 2006 , 158-178	
2288	Mindfulness training as an intervention for fibromyalgia: evidence of postintervention and 3-year follow-up benefits in well-being. 2007 , 76, 226-33	326
2287	The Recovery Experience Questionnaire: development and validation of a measure for assessing recuperation and unwinding from work. 2007 , 12, 204-21	896
2286	Treating Health Anxiety and Fear of Death. 2007 ,	40
2285	Coping with Chronic Illness and Disability. 2007 ,	33
2284	Teaching self-care to caregivers: Effects of mindfulness-based stress reduction on the mental health of therapists in training.. 2007 , 1, 105-115	601
2283	Short-term meditation training improves attention and self-regulation. 2007 , 104, 17152-6	934
2282	Measuring dimensions of body connection: body awareness and bodily dissociation. 2007 , 13, 945-53	93
2281	Handbook of Cancer Survivorship. 2007 ,	37
2280	Mindfulness and Preparation for Flight. 2007 , 15, 21-23	1
2279	Outcomes Following Mindfulness-Based Cognitive Therapy in a Heterogeneous Sample of Adult Outpatients. 2007 , 24, 70-86	61
2278	Mindfulness-Based Stress Reduction in Massachusetts Correctional Facilities. 2007 , 87, 254-268	132
2277	Buddhist Psychology and Trauma Work. 2007 , 15, 155-166	
2276	Does mindfulness meditation improve anxiety and mood symptoms? A review of the controlled research. 2007 , 52, 260-6	163
2275	Lessons learned: providing a mindfulness-based stress reduction program for low-income multiethnic women with abnormal pap smears. 2007 , 21, 26-34	28
2274	Neural correlates of emotion regulation in psychopathology. 2007 , 11, 413-8	127

2273	The role of mindfulness in a contextual cognitive-behavioral analysis of chronic pain-related suffering and disability. 2007 , 131, 63-9	201
2272	Mindfulness: Theoretical Foundations and Evidence for its Salutary Effects. 2007 , 18, 211-237	1831
2271	One year pre-post intervention follow-up of psychological, immune, endocrine and blood pressure outcomes of mindfulness-based stress reduction (MBSR) in breast and prostate cancer outpatients. 2007 , 21, 1038-49	452
2270	From parapsychology to spirituality: the legacy of the PEAR database. 2007 , 3, 197-9	4
2269	The effects of mindfulness-based stress reduction on sleep disturbance: a systematic review. 2007 , 3, 585-91	169
2268	Regaining our humanity through story. 2007 , 3, 626-32	11
2267	Randomized trial of a meditation-based stress reduction program and cognitive behavior therapy in generalized social anxiety disorder. 2007 , 45, 2518-26	217
2266	A pilot randomized control trial investigating the effect of mindfulness practice on pain tolerance, psychological well-being, and physiological activity. <i>Journal of Psychosomatic Research</i> , 2007 , 62, 297-300 ^{4.1}	148
2265	States of Consciousness. 2007 ,	7
2264	Meditation and Stress. 2007 , 678-685	2
2263	A pragmatic approach to teaching psychiatry residents the assessment and treatment of religious patients. 2007 , 31, 25-31	19
2262	The Meaning of Mindfulness: A Second-Order Cybernetics of Stress, Metacognition, and Coping. 2007 , 12, 15-30	61
2261	Effects of level of meditation experience on attentional focus: is the efficiency of executive or orientation networks improved?. 2007 , 13, 651-7	180
2260	Mindfulness meditation alleviates depressive symptoms in women with fibromyalgia: results of a randomized clinical trial. 2007 , 57, 77-85	260
2259	Barriers to the integration of new evidence in medicine: the importance of context. 2007 , 57, 1116-8	1
2258	Effect of Mindfulness-Based Stress Reduction in rheumatoid arthritis patients. 2007 , 57, 1134-42	194
2257	Counselors' and Counselor Educators' Practice of Mindfulness: A Qualitative Inquiry. 2007 , 52, 40-54	27
2256	Spirituality and Counselor Wellness. 2007 , 46, 66-81	24

2255	Mindfulness-based stress reduction and attentional control. 2007 , 14, 449-463	174
2254	A qualitative study of self-perceived effects of mindfulness-based stress reduction (MBSR) in a psychosocial oncology setting. 2007 , 23, 59-69	107
2253	The role of mindfulness in romantic relationship satisfaction and responses to relationship stress. 2007 , 33, 482-500	361
2252	The case for mindfulness-based approaches in the cultivation of empathy: does nonjudgmental, present-moment awareness increase capacity for perspective-taking and empathic concern?. 2007 , 33, 501-16	167
2251	Self-expansion as a mediator of relationship improvements in a mindfulness intervention. 2007 , 33, 517-28	59
2250	Stress and burnout in psychiatric professionals when starting to use dialectical behavioural therapy in the work with young self-harming women showing borderline personality symptoms. 2007 , 14, 635-43	50
2249	Acute effects of a guided relaxation routine (body scan) on tobacco withdrawal symptoms and cravings in abstinent smokers. 2007 , 102, 989-93	73
2248	Mind-body interventions for chronic pain in older adults: a structured review. 2007 , 8, 359-75	180
2247	Evidence that moment-to-moment variation in positive emotions buffer genetic risk for depression: a momentary assessment twin study. 2007 , 115, 451-7	126
2246	Rumination and depressive symptoms: Moderating role of defense style immaturity. 2007 , 43, 715-724	17
2245	Self-compassion and adaptive psychological functioning. 2007 , 41, 139-154	806
2244	Spirituality, health and science [A roadmap to integration from the desk of the new editor. 2007 , 8, 1-8	
2243	Mindfulness training modifies subsystems of attention. 2007 , 7, 109-19	908
2242	Mindfulness meditation and reduced emotional interference on a cognitive task. 2007 , 31, 271-283	300
2241	Learning from Spiritual Models and Meditation: A Randomized Evaluation of a College Course. 2007 , 55, 473-493	38
2240	Indigenous and Cultural Psychology: Understanding People in Context. 2007 , 56, 105-113	14
2239	Mindfulness and Emotion Regulation: The Development and Initial Validation of the Cognitive and Affective Mindfulness Scale-Revised (CAMS-R). 2007 , 29, 177-190	776
2238	Religiousness/spirituality and health: a meaning systems perspective. 2007 , 30, 319-28	224

2237	Regulation of Positive Emotions: Emotion Regulation Strategies that Promote Resilience. 2007 , 8, 311-333	379
2236	A non-randomized comparison of mindfulness-based stress reduction and healing arts programs for facilitating post-traumatic growth and spirituality in cancer outpatients. 2007 , 15, 949-61	162
2235	The Impact of Intensive Mindfulness Training on Attentional Control, Cognitive Style, and Affect. 2008 , 32, 303-322	468
2234	Letting Go: Mindfulness and Negative Automatic Thinking. 2008 , 32, 758-774	209
2233	Changes in Mindfulness and Emotion Regulation in an Exposure-Based Cognitive Therapy for Depression. 2008 , 32, 734-744	130
2232	Relationships between mindfulness practice and levels of mindfulness, medical and psychological symptoms and well-being in a mindfulness-based stress reduction program. 2008 , 31, 23-33	1070
2231	Migraines and meditation: does spirituality matter?. 2008 , 31, 351-66	140
2230	Der Wunsch nach Verbundensein [Achtsamkeitspraxis und die Entwicklung beraterischer Qualiten. 2008 , 39, 376-390	1
2229	Effects of mindfulness-based stress reduction intervention on psychological well-being and quality of life: is increased mindfulness indeed the mechanism?. 2008 , 35, 331-40	337
2228	Effects of a mindfulness-based intervention during pregnancy on prenatal stress and mood: results of a pilot study. 2008 , 11, 67-74	218
2227	Hypnotizability and chronic pain: an ambiguous connection. 2008 , 25, 65-77	13
2226	The use of mindfulness in obsessive compulsive disorder: suggestions for its application and integration in existing treatment. 2008 , 15, 53-9	54
2225	Cultivating mindfulness: effects on well-being. 2008 , 64, 840-62	399
2224	Mindfulness-based stress reduction training for oncology patients: patients' appraisal and changes in well-being. 2008 , 72, 436-42	60
2223	Mindfulness groups in palliative care: a pilot qualitative study. 2008 , 9, 135-144	10
2222	Mindfulness and stress reactivity: a preliminary investigation. 2008 , 9, 241-248	8
2221	The time of the crime: cognitively induced tonic arousal suppression when lying in a free recall context. 2008 , 129, 1-7	17
2220	Mindfulness-based stress reduction: a literature review and clinician's guide. 2008 , 20, 212-6	136

2219	Pain management in musculoskeletal conditions. 2008 , 22, 451-70		21
2218	Combining mindfulness meditation with cognitive-behavior therapy for insomnia: a treatment-development study. 2008 , 39, 171-82		180
2217	A multiconvergent approach to the rehabilitation of patients with chronic fatigue syndrome: a comparative study. 2008 , 94, 35-42		16
2216	Mindfulness as psychological dimension: Concepts and applications. 2008 , 29, 155-166		42
2215	Mindfulness-based stress reduction: what processes are at work?. 2008 , 14, 8-16		81
2214	Mindfulness with children and adolescents: effective clinical application. 2008 , 13, 395-407		116
2213	Integrative Medicine. 2008 , 419-435		1
2212	Beyond the individual: group effects in mindfulness-based stress reduction. 2008 , 18, 735-42		64
2211	Mindfulness, spirituality, and health-related symptoms. <i>Journal of Psychosomatic Research</i> , 2008 , 64, 393-403	4.1	257
2210	On measuring mindfulness in psychosomatic and psychological research. <i>Journal of Psychosomatic Research</i> , 2008 , 64, 405-8	4.1	324
2209	Achieving balance in a surgical life: a personal perspective on a Sisyphean task. 2008 , 195, 557-64		8
2208	Mindfulness meditation for the treatment of chronic low back pain in older adults: a randomized controlled pilot study. 2008 , 134, 310-319		328
2207	Efficacy of the third wave of behavioral therapies: a systematic review and meta-analysis. 2008 , 46, 296-321		469
2206	Effect of mindfulness based stress reduction on immune function, quality of life and coping in women newly diagnosed with early stage breast cancer. 2008 , 22, 969-81		321
2205	[The practice of "being attentive" (mindfulness) in medicine. Impact on patients and professionals]. 2008 , 40, 363-6		12
2204	"I felt like a new person." the effects of mindfulness meditation on older adults with chronic pain: qualitative narrative analysis of diary entries. 2008 , 9, 841-8		147
2203	Stress and health. 2008 , 35, 839-56		55
2202	Méditation de pleine conscience et psychothérapie : état des lieux théorique, mesure et pistes de recherche. 2008 , 18, 62-71		8

2201	Behavioral approaches to pain management in the elderly. 2008 , 24, 335-44, vii	5
2200	Mindfulness Meditation May Lessen Anxiety, Promote Social Skills, and Improve Academic Performance Among Adolescents With Learning Disabilities. 2008 , 13, 34-45	207
2199	Construct validity of the five facet mindfulness questionnaire in meditating and nonmeditating samples. 2008 , 15, 329-42	1522
2198	Mindfulness training as an evidenced-based approach to reducing stress and promoting well-being among human services professionals. 2008 , 46, 72-80	88
2197	Introduction. 2008 , 27, 41-46	1
2196	Investigation of mindfulness meditation practitioners with voxel-based morphometry. 2008 , 3, 55-61	371
2195	Mindfulness: reconnecting the body and mind in geriatric medicine and gerontology. 2008 , 48, 135-41	27
2194	A pilot study comparing the effects of mindfulness-based and cognitive-behavioral stress reduction. 2008 , 14, 251-8	83
2193	The integration of mindfulness training and health coaching: an exploratory study. 2008 , 1, 145-163	33
2192	Complementary and alternative medicine for IBS in adults: mind-body interventions. 2008 , 5, 624-36	33
2191	Facing the challenges of hematopoietic stem cell transplantation with mindfulness meditation: a pilot study. 2008 , 7, 62-9	35
2190	Mindfulness-based Cognitive Therapy for Generalized Anxiety Disorder: A Preliminary Evaluation. 2008 , 36, 553	96
2189	Effects of mindfulness-based stress reduction on quality of life in nursing home residents: a feasibility study. 2008 , 15, 74-81	38
2188	Thought Speed, Mood, and the Experience of Mental Motion. 2008 , 3, 461-85	46
2187	The Benefits of Mindfulness Meditation: Changes in Emotional States of Depression, Anxiety, and Stress. 2008 , 25, 156-168	27
2186	Mindfulness Approaches in Cognitive Behavior Therapy. 2008 , 36, 659-666	57
2185	Stress and stress management among youth and young men. 2008 , 2, 353-66	4
2184	Achtsamkeit und Krebs Eine Übersicht. 2008 , 40, 158-162	1

2183	Einflüsse einer 7-wöchigen Wanderung auf die gegenwärtige Achtsamkeit/Aufmerksamkeit von Patientinnen nach Brustkrebs. 2008 , 40, 163-167	1
2182	Clinical trials of meditation practices in health care: characteristics and quality. 2008 , 14, 1199-213	98
2181	Self-Compassion and Self-Construal in the United States, Thailand, and Taiwan. 2008 , 39, 267-285	243
2180	Psychobiology of mindfulness. 2008 , 13, 752-6	50
2179	Tinnitus rehabilitation: a mindfulness meditation cognitive behavioural therapy approach. 2008 , 122, 31-7	49
2178	Stress management interventions for HIV+ adults: a meta-analysis of randomized controlled trials, 1989 to 2006. 2008 , 27, 129-39	136
2177	Comparison of cognitive behavioral and mindfulness meditation interventions on adaptation to rheumatoid arthritis for patients with and without history of recurrent depression. 2008 , 76, 408-421	278
2176	Psychological approaches in the treatment of chronic pain patients--when pills, scalpels, and needles are not enough. 2008 , 53, 213-23	187
2175	Mindfulness Meditation for Veterans—Implications for Occupational Health Providers. 2008 , 56, 357-363	6
2174	Buddhist values are associated with better diabetes control in Thai patients. 2008 , 38, 481-91	6
2173	Meditative Traditions and Contemporary Psychology. 506-538	6
2172	Mindfulness Meditation for Veterans—Implications for Occupational Health Providers. 2008 , 56, 357-363	8
2171	Meditation as an intervention for chronic pain: an integrative review. 2008 , 22, 225-34	51
2170	Mindfulness predicts relapse/recurrence in major depressive disorder after mindfulness-based cognitive therapy. 2008 , 196, 630-3	67
2169	MEDITATION AND RELAXATION. 2008 , 177-205	4
2168	Complementary and alternative medicine for alcohol misuse. 340-350	
2167	Die deutsche Version der Mindful Attention and Awareness Scale (MAAS) Psychometrische Befunde zu einem Achtsamkeitsfragebogen. 2008 , 37, 200-208	95
2166	THE ROLE OF MINDFULNESS IN HEALTH BEHAVIOR CHANGE. 2008 , 12, 7-12	16

2165	Allopathic, complementary, and alternative medical treatment utilization for pain among methadone-maintained patients. 2009 , 18, 379-85	17
2164	Qigong as a mindful exercise intervention for people living with mental ill health. 2009 , 16, 393-399	3
2163	Os efeitos da meditaç ˆo ^ luz da investigaç ˆo cientıfıca em Psicologia: revis ˆo de literatura. 2009 , 29, 276-289	5
2162	[Analyses of studies on cardiac rehabilitation for patients with cardiovascular disease in Korea]. 2009 , 39, 311-20	15
2161	Mindfulness meditation training to reduce symptom distress in transplant patients: rationale, design, and experience with a recycled waitlist. 2009 , 6, 76-89	14
2160	Sitting-meditation interventions among youth: a review of treatment efficacy. 2009 , 124, e532-41	188
2159	Effects of low-dose mindfulness-based stress reduction (MBSR-ld) on working adults. 2009 , 36, 601-14	235
2158	Assessing ˆWesternˆ Mindfulness Among Thai Theravāda Buddhist Monks. 2009 , 12, 303-314	45
2157	Minding the Mind: The Effects and Potential of a School-Based Meditation Programme for Mental Health Promotion. 2009 , 2, 47-55	36
2156	Mindfulness-Based Stress Reduction and Diabetes. 2009 , 22, 226-230	30
2155	Boredom as an Important Area of Inquiry for Occupational Therapists. 2009 , 72, 40-42	4
2154	Self-care of physicians caring for patients at the end of life: "Being connected... a key to my survival". 2009 , 301, 1155-64, E1	288
2153	The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate healthcare interventions: explanation and elaboration. 2009 , 339, b2700	9681
2152	[The importance of mindfulness-based interventions in medical and psychotherapeutic care]. 2009 , 16, 296-303	12
2151	Daily recovery from work-related effort during non-work time. 2009 , 85-123	155
2150	Spirituality: The Legacy of Parapsychology. 2009 , 31, 277-308	4
2149	The Impact of Positive and Negative Spiritual Experiences on Distress and the Moderating Role of Mindfulness. 2009 , 31, 357-374	14
2148	Achtsam essen: Achtsamkeitsschulung kann Essst ˆorungen berwinden helfen. 2009 , 1, 18-22	

2147	Psychological Functioning in a Sample of Long-Term Practitioners of Mindfulness Meditation. 2009 , 23, 226-241	147
2146	New Developments in Research on Mindfulness-Based Treatments: Introduction to the Special Issue. 2009 , 23, 179-184	11
2145	An Exploratory Study Involving Mindfulness Meditation in the Treatment of King-Kopetzky Syndrome. 2009 , 31, 72-79	1
2144	The Role of Mindfulness-Based Stress Reduction on Perceived Stress: Preliminary Evidence for the Moderating Role of Attachment Style. 2009 , 23, 258-269	45
2143	Evolving Conceptions of Mindfulness in Clinical Settings. 2009 , 23, 270-280	106
2142	Feasibility and effectiveness of a brief meditation-based stress management intervention for patients diagnosed with or at risk for coronary heart disease: a pilot study. 2009 , 14, 513-23	18
2141	Group behavioural activation and mindfulness therapy for the well-being of non-clinical adults: a preliminary open trial. 2009 , 2, 256-271	6
2140	Integrative approaches for cardiovascular disease. 2009 , 24, 701-8	9
2139	The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate health care interventions: explanation and elaboration. 2009 , 6, e1000100	9082
2138	Mindfulness-Based Stress Reduction for People with Chronic Conditions. 2009 , 72, 405-410	12
2137	Predicting individual differences in mindfulness: The role of trait anxiety, attachment anxiety and attentional control. 2009 , 46, 94-99	97
2136	Facets of mindfulness [Results of an online study investigating the Freiburg mindfulness inventory. 2009 , 46, 224-230	156
2135	Mindfulness, Big Five personality, and affect: A meta-analysis. 2009 , 47, 805-811	310
2134	A multi-method examination of the effects of mindfulness on stress attribution, coping, and emotional well-being. 2009 , 43, 374-385	404
2133	Mindfulness as a moderator of neuroticism outcome relations: A self-regulation perspective. 2009 , 43, 953-961	81
2132	Yoga and Mindfulness: Clinical Aspects of an Ancient Mind/Body Practice. 2009 , 16, 59-72	123
2131	Religion and Spirituality in Couple and Family Relations. 600-612	3
2130	Mindfulness and the mindful therapist: possible contributions to hypnosis. 2009 , 26, 234-244	5

2129	Evaluation of the breathworks mindfulness-based pain management programme: effects on well-being and multiple measures of mindfulness. 2010 , 17, 63-78	52
2128	Mindfulness and Counseling Self-Efficacy: The Mediating Role of Attention and Empathy. 2009 , 49, 2-19	139
2127	I think therefore I am: cognitive distortions and coping style as mediators for the effects of mindfulness meditation on anxiety, positive and negative affect, and hope. 2009 , 65, 561-73	115
2126	The effects of the transcendental meditation program on mindfulness. 2009 , 65, 574-89	35
2125	How long does a mindfulness-based stress reduction program need to be? A review of class contact hours and effect sizes for psychological distress. 2009 , 65, 627-38	351
2124	An empirical study of the mechanisms of mindfulness in a mindfulness-based stress reduction program. 2009 , 65, 613-26	298
2123	Mindfulness in Thailand and the United States: a case of apples versus oranges?. 2009 , 65, 590-612	105
2122	Mindfulness intervention for child abuse survivors. 2010 , 66, 17-33	96
2121	Meditation, mindfulness and cognitive flexibility. 2009 , 18, 176-86	602
2120	The Effect of Mindfulness on Heart Rate Control. 2009 , 16, 61-65	34
2119	Personal and Planetary Well-being: Mindfulness Meditation, Pro-environmental Behavior and Personal Quality of Life in a Survey from the Social Justice and Ecological Sustainability Movement. 2009 , 93, 275-294	112
2118	Components of Mindfulness in Patients with Chronic Pain. 2009 , 31, 75-82	39
2117	Responding to Negative Internal Experience: Relationships Between Acceptance and Change-Based Approaches and Psychological Adjustment. 2009 , 31, 378-386	11
2116	Mindfulness meditation for symptom reduction in fibromyalgia: psychophysiological correlates. 2009 , 16, 200-7	63
2115	Increases in positive reappraisal coping during a group-based mantram intervention mediate sustained reductions in anger in HIV-positive persons. 2009 , 16, 74-80	34
2114	Mindfulness Based Stress Reduction: effect on emotional distress in diabetes. 2009 , 26, 222-224	14
2113	Mindfulness-based stress reduction and cancer: a meta-analysis. 2009 , 18, 571-9	304
2112	Do positive emotions predict symptomatic change in bipolar disorder?. 2009 , 11, 330-6	34

2111	Can meditation slow rate of cellular aging? Cognitive stress, mindfulness, and telomeres. 2009 , 1172, 34-53	178
2110	e-Health [gezondheidszorg] via internet. 2009 , 37, 191-201	11
2109	The emerging role of meditation in addressing psychiatric illness, with a focus on substance use disorders. 2009 , 17, 254-67	28
2108	Intensive mindfulness training-related changes in cognitive and emotional experience. 2009 , 4, 212-222	84
2107	Mindfulness Research Update: 2008. 2009 , 14, 10-18	165
2106	Do improvements in emotional distress correlate with becoming more mindful? A study of older adults. 2009 , 13, 328-35	53
2105	Learning to BREATHE: A Pilot Trial of a Mindfulness Curriculum for Adolescents. 2009 , 2, 35-46	214
2104	Long-term effectiveness of Basic Body Awareness Therapy in psychiatric outpatient care. A randomized controlled study. 2009 , 11, 2-12	41
2103	Brief cognitive-behavioral therapy with fibromyalgia patients in routine care. 2009 , 50, 517-25	19
2102	Studying noninvasive indices of vagal control: the need for respiratory control and the problem of target specificity. 2009 , 80, 158-68	71
2101	Comparing brief stress management courses in a community sample: mindfulness skills and progressive muscle relaxation. 2009 , 5, 104-9	30
2100	Mindfulness and rumination: does mindfulness training lead to reductions in the ruminative thinking associated with depression?. 2009 , 5, 265-71	126
2099	Integrative medicine and patient-centered care. 2009 , 5, 277-89	169
2098	"Letting go" coping is associated with successful IVF treatment outcome. 2009 , 92, 1384-1388	18
2097	Mindfulness and the treatment of anger problems. 2009 , 14, 396-401	70
2096	The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate health care interventions: explanation and elaboration. 2009 , 62, e1-34	6109
2095	The Support, Education, and Research in Chronic Heart Failure Study (SEARCH): a mindfulness-based psychoeducational intervention improves depression and clinical symptoms in patients with chronic heart failure. 2009 , 157, 84-90	126
2094	Cultivating mindfulness in health care professionals: a review of empirical studies of mindfulness-based stress reduction (MBSR). 2009 , 15, 61-6	314

2093	Social phobia: an update on treatment. 2009 , 32, 641-63	29
2092	Does effective management of sleep disorders reduce cancer-related fatigue?. 2009 , 69 Suppl 2, 29-41	28
2091	Mindfulness meditation for substance use disorders: a systematic review. 2009 , 30, 266-94	239
2090	Randomized controlled trial of mindfulness-based therapy for dyspnea in chronic obstructive lung disease. 2009 , 15, 1083-90	51
2089	The underlying anatomical correlates of long-term meditation: larger hippocampal and frontal volumes of gray matter. 2009 , 45, 672-8	300
2088	Spiritual Coping in American Buddhists: An Exploratory Study. 2009 , 19, 231-243	29
2087	Psychological Well-being: Evidence Regarding its Causes and Consequences 2009 , 1, 137-164	385
2086	La méditation comme outil psychothérapeutique complémentaire : une revue de question. 2009 , 19, 120-135	5
2085	The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate health care interventions: explanation and elaboration. 2009 , 151, W65-94	3626
2084	The effect of meditation on psychological distress among Buddhist Monks and Nuns. 2010 , 40, 461-8	5
2083	Stress management: helping patients to find effective coping strategies. 2010 , 23, 20-4	3
2082	Experiential Avoidance, Mindfulness and Depression in Spinal Cord Injuries: A Preliminary Study. 2010 , 16, 27-35	15
2081	Psychosocial-spiritual factors in patients with functional dyspepsia: a comparative study with normal individuals having the same endoscopic features. 2010 , 22, 75-80	11
2080	The effect of mindfulness meditation on painful diabetic peripheral neuropathy in adults older than 50 years. 2010 , 24, 277-83	48
2079	Polysomnographic and subjective profiles of sleep continuity before and after mindfulness-based cognitive therapy in partially remitted depression. 2010 , 72, 539-48	76
2078	[Full conscious meditation and psychotherapy in health and illness: literature review]. 2010 , 35, 49-83	3
2077	The biopsychosocial model of pain and pain management. 16-43	3
2076	Recovery during the weekend and fluctuations in weekly job performance: A week-level study examining intra-individual relationships. 2010 , 83, 419-441	134

2075	Human prefrontal cortical response to the meditative state: a spectroscopy study. 2010 , 120, 483-8	11
2074	Mindfulness meditation improves cognition: evidence of brief mental training. 2010 , 19, 597-605	646
2073	Occipital gamma activation during Vipassana meditation. 2010 , 11, 39-56	144
2072	Aandachtsmanipulatie en psycho-oncologie: hanteren van heftige emoties. 2010 , 30, 35-43	
2071	Mindfulness in Forensic Mental Health: Does It Have a Role?. 2010 , 1, 4-9	34
2070	Mindfulness: A Finger Pointing to the Moon. 2010 , 1, 1-3	18
2069	Training Teachers to Deliver Mindfulness-Based Interventions: Learning from the UK Experience. 2010 , 1, 74-86	114
2068	The Effects of a Mindfulness-Based Education Program on Pre- and Early Adolescents' Well-Being and Social and Emotional Competence. 2010 , 1, 137-151	370
2067	Mindfulness for Psychologists: Paying Kind Attention to the Perceptible. 2010 , 1, 87-97	72
2066	Mindful Parenting in Mental Health Care. 2010 , 1, 107-120	173
2065	Does Mindfulness Meditation Enhance Attention? A Randomized Controlled Trial. 2010 , 1, 121-130	115
2064	Mindfulness: A Dialogue between Buddhism and Clinical Psychology. 2010 , 1, 161-173	86
2063	Incremental Validity of Components of Mindfulness in the Prediction of Satisfaction with Life and Depression. 2010 , 29, 10-23	60
2062	Self-report mindfulness as a mediator of psychological well-being in a stress reduction intervention for cancer patients--a randomized study. 2010 , 39, 151-61	215
2061	Mind-body therapies in integrative oncology. 2010 , 11, 128-40	62
2060	Broken Together--Spirituality and Religion as Coping Strategies for Couples Dealing with the Death of a Child: A Literature Review with Clinical Implications. 2010 , 32, 302-319	14
2059	Training in Mindful Caregiving Transfers to Parent-Child Interactions. 2010 , 19, 167-174	68
2058	Mindfulness-Based Approaches with Children and Adolescents: A Preliminary Review of Current Research in an Emergent Field. 2010 , 19, 133-144	409

2057	A mindfulness model of affect regulation and depressive symptoms: Positive emotions, mood regulation expectancies, and self-acceptance as regulatory mechanisms. 2010 , 49, 645-650	132
2056	Measuring mindfulness? An Item Response Theory analysis of the Mindful Attention Awareness Scale. 2010 , 49, 805-810	184
2055	The effects of slow breathing on affective responses to pain stimuli: an experimental study. 2010 , 149, 12-18	82
2054	[Reducing stress levels and anxiety in primary-care physicians through training and practice of a mindfulness meditation technique]. 2010 , 42, 564-70	17
2053	Spiritual Bypass: A Preliminary Investigation. 2010 , 54, 162-174	19
2052	Could mindfulness decrease anger, hostility, and aggression by decreasing rumination?. 2010 , 36, 28-44	166
2051	The weekend matters: Relationships between stress recovery and affective experiences. 2010 , 31, 1137-1162	88
2050	Mindfulness meditation practise as a healthcare intervention: A systematic review. 2010 , 13, 56-66	77
2049	The experience of altered states of consciousness in shamanic ritual: the role of pre-existing beliefs and affective factors. 2010 , 19, 918-25	13
2048	Mind-Body-Medizin: Neue (alte) Wege in der Medizin. 2010 , 53, 20-24	2
2047	Study protocol for a randomized controlled trial comparing mindfulness-based cognitive therapy with maintenance anti-depressant treatment in the prevention of depressive relapse/recurrence: the PREVENT trial. 2010 , 11, 99	29
2046	Validation of a French version of the Freiburg Mindfulness Inventory - short version: relationships between mindfulness and stress in an adult population. 2010 , 4, 8	32
2045	Exploring self-compassion and empathy in the context of mindfulness-based stress reduction (MBSR). 2010 , 26, 359-371	318
2044	Psychological skills training as a way to enhance an athlete's performance in high-intensity sports. 2010 , 20 Suppl 2, 78-87	115
2043	Abstracts of the ASME (Association for the Study of Medical Education) Annual Scientific Meeting. July 21-23, 2010. Cambridge, United Kingdom. 2010 , 44 Suppl 3, 1-240	
2042	Activities to Alleviate Stress and the Association with Leisure Time Activities, Socioeconomic Status, and General Health. 2010 , 15, 161-174	4
2041	Cognitive coping strategies in pain management. 214-235	
2040	Spiritual Fitness. 2010 , 175, 73-87	27

2039	PROTOCOL: Mindfulness Based Stress Reduction (MBSR) for improving health and social functioning in adults. 2010 , 6, 1-25	1
2038	Estimating the potential impacts of intervention from observational data: methods for estimating causal attributable risk in a cross-sectional analysis of depressive symptoms in Latin America. 2010 , 64, 16-21	19
2037	Incorporating Mindfulness within Established Theories of Health Behavior. 2010 , 15, 108-109	7
2036	Reducing teachers' psychological distress through a mindfulness training program. 2010 , 13, 655-66	55
2035	Embodied identity--a deeper understanding of body awareness. 2010 , 26, 439-46	65
2034	A group-based treatment for clients with Obsessive Compulsive Disorder (OCD) in a secondary care mental health setting: Integrating new developments within cognitive behavioural interventions □ An exploratory study. 2010 , 10, 214-221	6
2033	The contribution of mindfulness practice to a multicomponent behavioral sleep intervention following substance abuse treatment in adolescents: a treatment-development study. 2010 , 31, 86-97	94
2032	The Promise of Mindfulness for Clinical Practice Education. 2010 , 80, 248-268	24
2031	Mindfulness training modifies cognitive, affective, and physiological mechanisms implicated in alcohol dependence: results of a randomized controlled pilot trial. 2010 , 42, 177-92	215
2030	Mindfulness and health behaviors: is paying attention good for you?. 2010 , 59, 165-73	120
2029	The Mindfulness-based Stress Reduction program (MBSR) reduces stress-related psychological distress in healthcare professionals. 2010 , 13, 897-905	73
2028	Mindfulness-Based Stress Reduction: Effect on Emotional Distress in Older Adults. 2010 , 15, 59-64	51
2027	An Exploratory Study of Radical Mindfulness Training with Severely Economically Disadvantaged People: Findings of a Canadian Study. 2010 , 63, 281-298	27
2026	Mindfulness-based therapies for substance use disorders: part 2. 2010 , 31, 77-8	17
2025	Mindfulness in occupational therapy education. 2010 , 24, 266-73	17
2024	Do dispositional rumination and/or mindfulness moderate the relationship between life hassles and psychological dysfunction in adolescents?. 2010 , 44, 831-8	76
2023	Minding one's emotions: mindfulness training alters the neural expression of sadness. 2010 , 10, 25-33	333
2022	Mindfulness-based stress reduction for people with chronic diseases. 2010 , 16, 200-10	81

2021	Chapter 7 Building and sustaining resilience in organizational settings: The critical role of emotion regulation. 2010 , 167-188		14
2020	Mind-Body Interventions to Reduce Risk for Health Disparities Related to Stress and Strength Among African American Women: The Potential of Mindfulness-Based Stress Reduction, Loving-Kindness, and the NTU Therapeutic Framework. 2010 , 15, 115-131		74
2019	The effect of mindfulness-based therapy on anxiety and depression: A meta-analytic review. 2010 , 78, 169-83		2282
2018	The empirical status of the "new wave" of cognitive behavioral therapy. 2010 , 33, 701-10		125
2017	Meditation in medical practice: a review of the evidence and practice. 2010 , 37, 81-90		33
2016	A controlled trial of mindfulness training in schools: The importance of practice for an impact on well-being. 2010 , 5, 264-274		222
2015	A systematic review of neurobiological and clinical features of mindfulness meditations. 2010 , 40, 1239-52		440
2014	Cortisol as a marker for improvement in mindfulness-based stress reduction. 2010 , 16, 13-9		122
2013	Efficacy of cognitive-behavioral therapies in fibromyalgia syndrome - a systematic review and metaanalysis of randomized controlled trials. 2010 , 37, 1991-2005		166
2012	Enhanced psychosocial well-being following participation in a mindfulness-based stress reduction program is associated with increased natural killer cell activity. 2010 , 16, 531-8		68
2011	Teachers' perceptions of challenging student behaviours in model inner city schools. 2010 , 15, 111-123		16
2010	Effects of brief and sham mindfulness meditation on mood and cardiovascular variables. 2010 , 16, 867-73		169
2009	Participant Perspectives on Mindfulness Meditation Training for Anxiety in Schizophrenia. 2010 , 13, 224-242		32
2008	Mindfulness-based stress reduction for chronic pain conditions: variation in treatment outcomes and role of home meditation practice. <i>Journal of Psychosomatic Research</i> , 2010 , 68, 29-36	4.1	317
2007	The effects of mindfulness-based stress reduction therapy on mental health of adults with a chronic medical disease: a meta-analysis. <i>Journal of Psychosomatic Research</i> , 2010 , 68, 539-44	4.1	545
2006	Conscious and unconscious perseverative cognition: is a large part of prolonged physiological activity due to unconscious stress?. <i>Journal of Psychosomatic Research</i> , 2010 , 69, 407-16	4.1	117
2005	Mindfulness and experiential avoidance as predictors of posttraumatic stress disorder avoidance symptom severity. 2010 , 24, 409-15		160
2004	Exposure and mindfulness based therapy for irritable bowel syndrome--an open pilot study. 2010 , 41, 185-90		52

2003	Treating chronic worry: Psychological and physiological effects of a training programme based on mindfulness. 2010 , 48, 873-82		98
2002	Pilot study: Mindful Eating and Living (MEAL): weight, eating behavior, and psychological outcomes associated with a mindfulness-based intervention for people with obesity. 2010 , 18, 260-4		185
2001	The efficacy and cost effectiveness of integrative medicine: a review of the medical and corporate literature. 2010 , 6, 308-12		14
2000	Mindfulness as a potential intervention for stimulus over-selectivity in older adults. 2010 , 31, 178-84		33
1999	Rethinking Yoga and the Application of Yoga in Modern Medicine. 2010 , 60, 144-167		8
1998	MS quality of life, depression, and fatigue improve after mindfulness training: a randomized trial. 2010 , 75, 1141-9		285
1997	Is learning mindfulness associated with improved affect after mindfulness-based cognitive therapy?. 2010 , 101, 95-107		68
1996	Timing of Depressive Symptom Onset and In-Hospital Complications Among Acute Coronary Syndrome Inpatients. 2010 , 51, 283-288		14
1995	The effects of brief mindfulness meditation training on experimentally induced pain. 2010 , 11, 199-209		231
1994	Generalized hypervigilance in fibromyalgia patients: an experimental analysis with the emotional Stroop paradigm. <i>Journal of Psychosomatic Research</i> , 2010 , 69, 279-87	4.1	22
1993	Self-related awareness and emotion regulation. 2010 , 50, 734-41		160
1992	Impact de l'approche thérapeutique de pleine conscience mindfulness-based stress reduction (MBSR) sur la santé psychique (stress, anxiété, dépression) chez des étudiants : une étude pilote contrôlée et randomisée. 2010 , 20, 11-15		6
1991	Greater efficiency in attentional processing related to mindfulness meditation. 2010 , 63, 1168-80		164
1990	Spirituality and the International Classification of Functioning, Disability and Health: content comparison of questionnaires measuring mindfulness based on the International Classification of Functioning. 2011 , 33, 2434-45		10
1989	The Dutch complementary and alternative medicine (CAM) protocol: to ensure the safe and effective use of complementary and alternative medicine within Dutch mental health care. 2011 , 17, 1197-201		18
1988	A review of the demographic, clinical and psychosocial correlates of perceived control in three chronic motor illnesses. 2011 , 33, 1065-88		30
1987	A way of being: bringing mindfulness into individual therapy. 2011 , 21, 709-21		28
1986	Perceptions of the Long-Term Influence of Mindfulness Training on Counselors and Psychotherapists: A Qualitative Inquiry. 2011 , 51, 318-349		35

1985	Design and Rationale of a Comparative Effectiveness Study to Evaluate Two Acupuncture Methods for the Treatment of Headaches Associated with Traumatic Brain Injury. 2011 , 23, 237-247	4
1984	Mindful Coping and Mental Health among Adolescents. 2011 , 13, 21-31	3
1983	Mindfulness-Based Cognitive Therapy for Problem Gambling. 2011 , 10, 210-228	79
1982	Mindfulness-based stress reduction for integrative cancer care: a summary of evidence. 2011 , 18, 192-202	79
1981	Mindfulness meditation: a primer for rheumatologists. 2011 , 37, 63-75	7
1980	Internet-delivered exposure-based treatment vs. stress management for irritable bowel syndrome: a randomized trial. 2011 , 106, 1481-91	140
1979	Vipassana meditation: one woman's narrative. 2011 , 18, 36-42	2
1978	Perceptions, experiences, and shifts in perspective occurring among urban youth participating in a mindfulness-based stress reduction program. 2011 , 17, 96-101	64
1977	Encyclopedia of Adolescence. 2011 , 1736-1741	
1976	Sustained impact of MBSR on stress, well-being, and daily spiritual experiences for 1 year in academic health care employees. 2011 , 17, 939-44	64
1975	Mindfulness, Subjective Well-Being, and Social Work: Insight into their Interconnection from Social Work Practitioners. 2011 , 30, 29-44	38
1974	How Does Mindfulness Meditation Work? Proposing Mechanisms of Action From a Conceptual and Neural Perspective. 2011 , 6, 537-59	1558
1973	Integration of spirituality and religion into psychotherapy.. 533-543	2
1972	Neuroscience, Consciousness and Spirituality. 2011 ,	7
1971	Advanced Computational Intelligence Paradigms in Healthcare 6. Virtual Reality in Psychotherapy, Rehabilitation, and Assessment. 2011 ,	6
1970	Implicit and explicit emotional behavior and mindfulness. 2011 , 20, 1558-69	23
1969	Effects of mindfulness on psychological health: a review of empirical studies. 2011 , 31, 1041-56	1267
1968	The effect of mindfulness-based cognitive therapy for prevention of relapse in recurrent major depressive disorder: a systematic review and meta-analysis. 2011 , 31, 1032-40	534

1967	Loving-kindness and compassion meditation: potential for psychological interventions. 2011 , 31, 1126-32	498
1966	Mindfulness-based stress reduction versus pharmacotherapy for chronic primary insomnia: a randomized controlled clinical trial. 2011 , 7, 76-87	164
1965	Mind-body therapy: attitudes, beliefs and practices of graduate faculty and students from accredited marriage and family therapy programs in the U.S. and Canada. 2011 , 7, 320-5	
1964	Electrocortical activity prior to unpredictable stimuli in meditators and nonmeditators. 2011 , 7, 286-99	15
1963	Personality dynamics: insights from the personality social cognitive literature. 2011 , 93, 161-76	25
1962	Paying Attention to Mindfulness and Its Effects on Task Performance in the Workplace. 2011 , 37, 997-1018	332
1961	Psychological treatment of chronic pain. 2011 , 7, 411-34	162
1960	Targeting cognitive-affective risk mechanisms in stress-precipitated alcohol dependence: an integrated, biopsychosocial model of automaticity, allostasis, and addiction. 2011 , 76, 745-54	58
1959	Increased default mode network connectivity associated with meditation. 2011 , 487, 358-62	181
1958	Open, aware, and active: contextual approaches as an emerging trend in the behavioral and cognitive therapies. 2011 , 7, 141-68	446
1957	Exploring the Effects of a Mindfulness Program for Students of Secondary School. 2011 , 2, 14-28	24
1956	. 2011 ,	10
1955	Mindfulness-Based Therapy for Insomnia. 2011 , 133-141	
1954	. 2011 ,	27
1953	. 2011 ,	41
1952	References. 312-338	
1951	. 2011 ,	47
1950	Stress management interventions for HIV-infected individuals: review of recent intervention approaches and directions for future research. 2011 , 95	8

1949	Psychiatric Approach of Fibromyalgia. 2011 , 18, 242	3
1948	Religious and spiritual factors in resilience. 90-102	2
1947	Les approches psychothérapeutiques basées sur la pleine conscience (mindfulness). 2011 , 31, 167	3
1946	References. 2011 , 241-253	
1945	Encyclopedia of Adolescence. 2011 , 1635-1637	0
1944	Mindfulness Intervention for Stress Eating to Reduce Cortisol and Abdominal Fat among Overweight and Obese Women: An Exploratory Randomized Controlled Study. 2011 , 2011, 651936	188
1943	The influence of concentrative meditation training on the development of attention networks during early adolescence. 2011 , 2, 153	36
1942	Future Directions in Applied Psychophysiology. 2011 , 275-292	
1941	Overview of outcome data of potential meditation training for soldier resilience. 2011 , 176, 1232-42	31
1940	Fostering post-conventional consciousness in leaders: why and how?. 2011 , 30, 344-365	27
1939	Effects of mindfulness training on body awareness to sexual stimuli: implications for female sexual dysfunction. 2011 , 73, 817-25	108
1938	Mindfulness training for coping with hot flashes: results of a randomized trial. 2011 , 18, 611-20	102
1937	Setting free the bears: escape from thought suppression. 2011 , 66, 671-80	41
1936	A Mindful Approach to Stuttering Intervention. 2011 , 21, 43-49	12
1935	Body in mind training: mindful movement for severe and enduring mental illness. 2011 , 2, 13-16	26
1934	Applied Positive Psychology. 2011 ,	31
1933	Mindfulness Interventions for Cancer Patients. 2011 , 39-47	4
1932	A randomised controlled trial of the effects of mindfulness practice on medical student stress levels. 2011 , 45, 381-8	190

1931	The Role of the Mental Health Practitioner in the Assessment and Treatment of Child and Adolescent Chronic Pain. 2011 , 16, 2-8	5
1930	Mindfulness-based stress reduction and mindfulness-based cognitive therapy: a systematic review of randomized controlled trials. 2011 , 124, 102-19	487
1929	Mindfulness training in stuttering therapy: a tutorial for speech-language pathologists. 2011 , 36, 122-9	53
1928	Intensive meditation training, immune cell telomerase activity, and psychological mediators. 2011 , 36, 664-81	288
1927	The Effect of Mindfulness-Based Stress Reduction on Mindfulness, Stress Level, Psychological and Emotional Well-Being in Iranian Sample. 2011 , 30, 929-934	1
1926	Mindfulness, self-compassion, and happiness in non-meditators: A theoretical and empirical examination. 2011 , 50, 222-227	250
1925	Gray's Behavioural Inhibition System as a mediator of mindfulness towards well-being. 2011 , 50, 506-511	41
1924	Psychosocial approaches to pain management: an organizational framework. 2011 , 152, 717-725	111
1923	Treating fibromyalgia with mindfulness-based stress reduction: results from a 3-armed randomized controlled trial. 2011 , 152, 361-369	185
1922	Mindfulness practice leads to increases in regional brain gray matter density. 2011 , 191, 36-43	951
1921	Cross-cultural validity of the Five Facets Mindfulness Questionnaire: Adaptation and validation in a French-speaking sample. 2011 , 61, 147-151	86
1920	Mindfulness meditation to improve care quality and quality of life in long-term care settings. 2011 , 32, 114-8	7
1919	Mindfulness-based Mind Fitness Training: A Case Study of a High-Stress Predeployment Military Cohort. 2011 , 18, 566-576	110
1918	Meditators and non-meditators on sustained and executive attentional performance. 2011 , 14, 291-309	41
1917	The association between dispositional mindfulness, psychological well-being, and perceived health in a Swedish population-based sample. 2011 , 16, 300-16	150
1916	Changes in spirituality partly explain health-related quality of life outcomes after Mindfulness-Based Stress Reduction. 2011 , 34, 508-18	104
1915	Psycho-spiritual integrative therapy for women with primary breast cancer. 2011 , 18, 78-90	42
1914	Doing and Being: Mindfulness, Health, and Quiet Ego Characteristics Among Buddhist Practitioners. 2011 , 12, 575-589	20

1913	How do High School Youths' Educational Experiences Relate to Well-Being? Towards a Trans-Disciplinary Conceptualization. 2011 , 12, 591-631	14
1912	Exploring the Feasibility and Benefits of Arts-Based Mindfulness-Based Practices with Young People in Need: Aiming to Improve Aspects of Self-Awareness and Resilience. 2011 , 40, 303-317	51
1911	Selective Attentional Bias Towards Pain-Related Threat in Fibromyalgia: Preliminary Evidence for Effects of Mindfulness Meditation Training. 2011 , 35, 581-594	56
1910	Psychometric properties of the Dutch Five Facet Mindfulness Questionnaire (FFMQ) in patients with fibromyalgia. 2011 , 30, 1045-54	95
1909	Intracerebral source generators characterizing concentrative meditation. 2011 , 12, 141-50	9
1908	Mindfulness training in perspective. 2011 , 39, 32-38	3
1907	Changes in Ruminative Thinking Mediate the Clinical Benefits of Mindfulness: Preliminary Findings. 2011 , 2, 8-13	74
1906	Self-Reported Mindfulness Mediates the Relation Between Meditation Experience and Psychological Well-Being. 2011 , 2, 49-58	45
1905	Positive Reappraisal Mediates the Stress-Reductive Effects of Mindfulness: An Upward Spiral Process. 2011 , 2, 59-67	305
1904	The Five Facet Mindfulness Questionnaire: Psychometric Properties of the Chinese Version. 2011 , 2, 123-128	130
1903	Perceived Benefits and Doubts of Participants in a Weekly Meditation Study. 2011 , 2, 167-174	27
1902	The Mindful Attention Awareness Scale for Adolescents (MAAS-A): Psychometric Properties in a Dutch Sample. 2011 , 2, 201-211	43
1901	Mindful awareness and non-judging in relation to posttraumatic stress disorder symptoms. 2011 , 2, 219-227	46
1900	Mindful Leadership: Sind achtsame Führungskräfte leistungsfähigere Führungskräfte?. 2011 , 42, 339-349	9
1899	Testing the effectiveness of a mindfulness-based intervention to reduce emotional distress in outpatients with diabetes (DiaMind): design of a randomized controlled trial. 2011 , 11, 131	26
1898	Mindful "Vitality in Practice": an intervention to improve the work engagement and energy balance among workers; the development and design of the randomised controlled trial. 2011 , 11, 736	27
1897	Physical conditioning and mental stress reduction--a randomised trial in patients undergoing cardiac surgery. 2011 , 11, 20	43
1896	Examining mindfulness-based stress reduction: perceptions from minority older adults residing in a low-income housing facility. 2011 , 11, 44	37

1895	Dialectics of mindfulness: implications for western medicine. 2011 , 6, 10	26
1894	Mindfulness-based Coping with University Life: A Non-randomized Wait-list-controlled Pilot Evaluation. 2011 , 27, 365-375	56
1893	How long do you benefit from vacation? A closer look at the fade-out of vacation effects. 2011 , 32, 125-143	86
1892	Coping processes and health-related quality of life in Parkinson's disease. 2011 , 26, 247-55	41
1891	Mindfulness-based stress reduction (MBSR) and distress in a community-based sample. 2011 , 18, 553-8	24
1890	The moderation of Mindfulness-based stress reduction effects by trait mindfulness: results from a randomized controlled trial. 2011 , 67, 267-77	215
1889	Mindfulness-based approaches: are they all the same?. 2011 , 67, 404-24	235
1888	A short version of the Kentucky Inventory of Mindfulness Skills. 2011 , 67, 639-45	23
1887	[Mindfulness-based Stress Reduction (MBSR)]. 2011 , 61, 328-32	9
1886	Clinical Roundup: How Do You Treat Stress in Your Practice? Part 2. 2011 , 17, 181-187	
1885	Mindfulness-based stress reduction for urban youth. 2011 , 17, 213-8	124
1884	No body is perfect: the significance of habitual negative thinking about appearance for body dissatisfaction, eating disorder propensity, self-esteem and snacking. 2011 , 26, 685-701	25
1883	Characteristics of Dispositional Mindfulness in Patients with Severe Cardiac Disease. 2011 , 16, 218-225	8
1882	The neural substrates of mindfulness: an fMRI investigation. 2011 , 6, 231-42	123
1881	Integrative approach to migraine using traditional European, Indian and chinese medicine: a case report. 2011 , 18, 84-90	1
1880	Validation of the mindful coping scale. 2011 , 16, 87-103	11
1879	Mindfulness Training in Childhood. 2011 , 54, 61-65	24
1878	State-Enlivening and Practice-Makes-Perfect Approaches to Meditation. 2011 , 39, 51-55	1

1877	Growing Interest in Meditation in the United States. 2011 , 39, 49-50	1
1876	Case Report: Brief Mindfulness-Based Psychotherapeutic Intervention During Inpatient Hospitalization in a Patient With Conversion and Dissociation. 2011 , 10, 95-109	30
1875	A Review of School-Based Positive Psychology Interventions. 2011 , 28, 75-90	192
1874	Complementary and alternative medicine therapies in mood disorders. 2011 , 11, 1049-56	3
1873	Using spiritual interventions in practice: developing some guidelines from evidence-based practice. 2011 , 56, 149-58	34
1872	Effects of mindfulness-based stress reduction (MBSR) on health among breast cancer survivors. 2011 , 33, 996-1016	55
1871	Mindfulness-based stress reduction: a non-pharmacological approach for chronic illnesses. 2011 , 3, 20-3	58
1870	Mindfulness at Work. 2011 , 115-157	305
1869	Being Mindful about Mindfulness: An Invitation to Extend Occupational Engagement into the Growing Mindfulness Discourse. 2011 , 18, 366-376	24
1868	Mindfulness and psychologic well-being: are they related to type of meditation technique practiced?. 2011 , 17, 629-34	33
1867	The direct and indirect benefits of dispositional mindfulness on self-esteem and social anxiety. 2011 , 24, 227-33	106
1866	Acupuncture for the Trauma Spectrum Response: Scientific Foundations, Challenges to Implementation. 2011 , 23, 249-262	4
1865	Brain mechanisms supporting the modulation of pain by mindfulness meditation. 2011 , 31, 5540-8	391
1864	A randomized, controlled trial of meditation for work stress, anxiety and depressed mood in full-time workers. 2011 , 2011, 960583	55
1863	Terapias Psicológicas para el Tratamiento del Dolor Crónico. 2011 , 22, 41-50	11
1862	Evidence-Based Spiritual Practice: Using Research to Inform the Selection of Spiritual Interventions. 2011 , 30, 325-339	12
1861	Eficacia del Entrenamiento en Mindfulness para Pacientes con Fibromialgia. 2011 , 22, 51-67	10
1860	Mindfulness-based cognitive behavior therapy in patients with anxiety disorders: a case series. 2012 , 34, 263-9	5

1859	The Impact of Mindful Awareness Practices on College Student Health, Well-Being, and Capacity for Learning: A Pilot Study. 2012 , 11, 139-145	25
1858	Getting started with taiji: investigating students expectations and teachers appraisals of taiji beginners courses. 2012 , 2012, 595710	4
1857	Design and methods for a pilot study of a phone-delivered, mindfulness-based intervention in patients with implantable cardioverter defibrillators. 2012 , 2012, 972106	4
1856	Complementary medicine, exercise, meditation, diet, and lifestyle modification for anxiety disorders: a review of current evidence. 2012 , 2012, 809653	40
1855	The journey of women with breast cancer who engage in mindfulness-based stress reduction: a qualitative exploration. 2012 , 26, 22-9	19
1854	Mechanisms of Change in Mindfulness-Based Stress Reduction: Self-Compassion and Mindfulness as Mediators of Intervention Outcomes. 2012 , 26, 270-280	117
1853	Much more than money. 2012 , 20, 546-569	2
1852	Ticken wir noch richtig? Mind-Body-Medizin und Burn-out. 2012 , 61, 92-97	
1851	Mindfulness online: a preliminary evaluation of the feasibility of a web-based mindfulness course and the impact on stress. 2012 , 2,	72
1850	Patientenkompetenz und Selfempowerment bei Patientinnen mit Brustkrebs im Frhstadium: Ein Modell der Kompetenzberatung. 2012 , 44, 140-150	1
1849	Enhancing the Experience of Connection With Nature: Participants' Responses to the MAPIN Strategy. 2012 , 4, 345-354	12
1848	Psychometric properties of the Five Facets Mindfulness Questionnaire (FFMQ) in a meditating and a non-meditating sample. 2012 , 19, 187-97	175
1847	Effectiveness of mindfulness-based therapies in reducing symptoms of depression: A meta-analysis. 2012 , 14, 279-299	32
1846	Mindfulness-Based Approaches and their potential for educational psychology practice. 2012 , 28, 31-46	9
1845	Pain attenuation through mindfulness is associated with decreased cognitive control and increased sensory processing in the brain. 2012 , 22, 2692-702	176
1844	Mindfulness-based psychological intervention for coping with pain in endometriosis. 2012 , 64, 2-16	24
1843	Psychological distress and risk of long-term disability: population-based longitudinal study. 2012 , 66, 586-92	66
1842	Dispositional mindfulness moderates the effects of stress among adolescents: rumination as a mediator. 2012 , 41, 760-70	118

1841	Sustained effects of a mindfulness-based stress-reduction intervention in type 2 diabetic patients: design and first results of a randomized controlled trial (the Heidelberger Diabetes and Stress-study). 2012 , 35, 945-7	94
1840	The benefits of dispositional mindfulness in physical health: a longitudinal study of female college students. 2012 , 60, 341-8	89
1839	ATTEND: toward a mindfulness-based bereavement care model. 2012 , 36, 61-82	43
1838	Effects of an 8-week meditation program on mood and anxiety in patients with memory loss. 2012 , 18, 48-53	42
1837	Protective emotional regulation processes towards adjustment in infertile patients. 2012 , 15, 27-34	22
1836	Perseverative negative cognitive processes are associated with depression in people with long-term conditions. 2012 , 8, 102-11	8
1835	The happy face of mindfulness: Mindfulness meditation is associated with perceptions of happiness as rated by outside observers. 2012 , 7, 30-35	21
1834	"We're going through a lot of struggles that people don't even know about": the need to understand African American males' help-seeking for mental health on multiple levels. 2012 , 6, 354-64	28
1833	An update on mindfulness meditation as a self-help treatment for anxiety and depression. 2012 , 5, 131-41	51
1832	Mindfulness-based cognitive therapy improves polysomnographic and subjective sleep profiles in antidepressant users with sleep complaints. 2012 , 81, 296-304	46
1831	Development and Implementation of the Culturally Competent Program with Cambodians: The Pilot Psycho-Social-Cultural Treatment Group Program. 2012 , 21, 212-230	8
1830	Präsentation. 2012 , 36, 9	3
1829	Perceived injustice: a risk factor for problematic pain outcomes. 2012 , 28, 484-8	111
1828	Mindfulness and Older People: A Small Study. 2012 , 75, 36-41	8
1827	The Continuing Evolution of Biopsychosocial Interventions for Chronic Pain. 2012 , 26, 114-129	37
1826	Playing Games: Listening to the Voices of Children to Tailor a Mindfulness Intervention. 2012 , 22, 273	2
1825	Mindfulness-based stress reduction for comorbid anxiety and depression: case report and clinical considerations. 2012 , 200, 999-1003	13
1824	Effects of mindful-attention and compassion meditation training on amygdala response to emotional stimuli in an ordinary, non-meditative state. 2012 , 6, 292	222

1823 Brain fitness:. 141-157

1822 Elucidating the role of recovery experiences in the job demands-resources model. **2012**, 15, 659-69 20

1821 Mindfulness and Acceptance: The Perspective of Cognitive Therapy. **2012**, 265-290 1

1820 Mindfulness and Acceptance: The Perspective of Acceptance and Commitment Therapy. **2012**, 291-316 2

1819 A special feeling—mindfulness-based elder care. **2012**, 14, 90-92

1818 Stress in Clinical Psychology Trainees: Current Research Status and Future Directions. **2012**, 47, 147-155 48

1817 The theoretical and empirical basis for meditation as an intervention for PTSD. **2012**, 36, 759-86 96

1816 Changes in cerebral blood flow and anxiety associated with an 8-week mindfulness programme in women with breast cancer. **2012**, 28, 397-407 45

1815 Mindfulness and problem gambling: a review of the literature. **2012**, 28, 719-39 50

1814 Procrastination and Self-Regulatory Failure: An Introduction to the Special Issue. **2012**, 30, 203-212 75

1813 European Psychiatric Association (EPA) guidance on prevention of mental disorders. **2012**, 27, 68-80 60

1812 You cannot wash off blood with blood: entering the mind through the body. **2012**, 8, 243-8 1

1811 A novel measure of dietary change in a prostate cancer dietary program incorporating mindfulness training. **2012**, 112, 1822-7 13

1810 Comparative effectiveness of a mindful eating intervention to a diabetes self-management intervention among adults with type 2 diabetes: a pilot study. **2012**, 112, 1835-42 100

1809 Applications cliniques en psychologie de la sant: **2012**, 57, 131-142 6

1808 Effects of suppression and acceptance of sadness on the urge for non-suicidal self-injury and self-punishment. **2012**, 200, 404-16 23

1807 Burnout, compassion fatigue, and compassion satisfaction among staff in community-based mental health services. **2012**, 200, 933-8 97

1806 Effects of Taiji Practice on Mindfulness and Self-Compassion in Healthy Participants—A Randomized Controlled Trial. **2012**, 3, 200-208 17

1805	Integrating Mindfulness Training into K-12 Education: Fostering the Resilience of Teachers and Students. 2012 , 3, 291-307	346
1804	Associations Between Mindfulness, Lightheartedness, and Inner Correspondence in Yoga Practitioners. 2012 , 3, 227-234	5
1803	The Influence of Mindfulness on Different Aspects of Pain Perception and Affective Reactivity to Pain - Feasibility of a Multimethodical Approach. 2012 , 3, 209-217	9
1802	Rethinking Occupational Deprivation and Boredom. 2012 , 19, 54-61	19
1801	Hypertension Analysis of stress Reduction using Mindfulness meditatiON and Yoga (The HARMONY Study): study protocol of a randomised control trial. 2012 , 2, e000848	10
1800	A compassionate approach to the treatment of addictive behaviors: The contributions of Alan Marlatt to the field of mindfulness-based interventions. 2012 , 20, 243-249	6
1799	Cognitive-Adaptation Training for Improving Performance and Stress Management of Air Force Pilots. 2012 , 22, 203-223	14
1798	Pilot study of a brief cognitive behavioral versus mindfulness-based intervention for women with sexual distress and a history of childhood sexual abuse. 2012 , 38, 1-27	117
1797	A randomised clinical trial of the effects of spiritually focused meditation for people with metastatic melanoma. 2012 , 15, 161-174	16
1796	Mindfulness-Based Treatment for People With Severe Mental Illness: A Literature Review. 2012 , 15, 202-232	37
1795	Mindfulness meditation-related pain relief: evidence for unique brain mechanisms in the regulation of pain. 2012 , 520, 165-73	161
1794	Motivational and mindfulness intervention for young adult female marijuana users. 2012 , 42, 56-64	58
1793	Treating disturbed emotional regulation in sexual offenders: The potential applications of mindful self-regulation and controlled breathing techniques. 2012 , 17, 333-343	64
1792	The validation of an active control intervention for Mindfulness Based Stress Reduction (MBSR). 2012 , 50, 3-12	200
1791	Is it me or not me? Modulation of perceptual-motor awareness and visuomotor performance by mindfulness meditation. 2012 , 13, 88	23
1790	Influence of mindfulness practice on cortisol and sleep in long-term and short-term meditators. 2012 , 65, 109-18	102
1789	The effect of mindfulness on extinction and behavioral resurgence. 2012 , 40, 405-15	16
1788	Nature as therapist: Integrating permaculture with mindfulness- and acceptance-based therapy in the Danish Healing Forest Garden Nacadia. 2012 , 14, 335-347	22

1787	Cognitive-affective neural plasticity following active-controlled mindfulness intervention. 2012 , 32, 15601-10	234
1786	Mindfulness-based stress reduction effects on moral reasoning and decision making. 2012 , 7, 504-515	99
1785	Effets de l'approche de réduction du stress Mindfulness Based Stress Reduction (MBSR) sur la santé psychique (stress, anxiété, dépression) et le mode de coping chez des patients diabétiques : une étude pilote contrôlée et randomisée. 2012 , 170, 312-317	14
1784	Mindfulness meditation counteracts self-control depletion. 2012 , 21, 1016-22	167
1783	A mixed methods feasibility study of mindfulness meditation for fatigue in women with metastatic breast cancer. 2012 , 4, e429-e435	3
1782	How the Schooling Environment Shapes the Consciousness of Scholars Towards Peace and War. 2012 , 55, 697-706	1
1781	Health Psychology: Overview. 2012 ,	1
1780	The Western model of integrative oncology: the contribution of Chinese medicine. 2012 , 18, 643-51	11
1779	The Promise of Well-Being Interventions for Improving Health Risk Behaviors. 2012 , 6, 511-519	45
1778	A randomized study of the effects of mindfulness training on psychological well-being and symptoms of stress in patients treated for cancer at 6-month follow-up. 2012 , 19, 535-42	64
1777	The Effectiveness of a School-Based Mindfulness Training as a Program to Prevent Stress in Elementary School Children. 2012 , 5, 238	31
1776	Therapeutic mechanisms of a mindfulness-based treatment for IBS: effects on visceral sensitivity, catastrophizing, and affective processing of pain sensations. 2012 , 35, 591-602	125
1775	Mindfulness-Based Stress Reduction. 2012 , 132-163	12
1774	Complementarities in Physics and Psychology. 2012 ,	4
1773	Translation of Eastern Meditative Disciplines Into Western Psychotherapy. 2012 ,	1
1772	Mindfulness training alters emotional memory recall compared to active controls: support for an emotional information processing model of mindfulness. 2012 , 6, 15	48
1771	Regular, brief mindfulness meditation practice improves electrophysiological markers of attentional control. 2012 , 6, 18	171
1770	The effects of mindfulness-based cognitive therapy on affective memory recall dynamics in depression: a mechanistic model of rumination. 2012 , 6, 257	54

1769	Mindfulness Based Stress Reduction (MBSR) for Improving Health, Quality of Life, and Social Functioning in Adults. 2012 , 8, 1-127	86
1768	Relationship Between Mindfulness-Based Stress Reduction and Immune Function in Cancer and HIV/AIDS. 2012 , 2,	2
1767	An ethical take on the "stress vaccine". 2012 , 14, 60-7	
1766	The mindful way to living well. 2012 , 7, 134-136	
1765	Journal Club. 2012 , 19, 206-215	
1764	Mindfulness-based cognitive therapy reduces chronic cancer-related fatigue: a treatment study. 2012 , 21, 264-72	109
1763	Mindfulness-based stress reduction (MBSR) improves long-term mental fatigue after stroke or traumatic brain injury. 2012 , 26, 1621-8	119
1762	Between-session practice and therapeutic alliance as predictors of mindfulness after mindfulness-based relapse prevention. 2012 , 68, 236-45	36
1761	A randomized trial of MBSR versus aerobic exercise for social anxiety disorder. 2012 , 68, 715-31	129
1760	The Effects of Mindfulness Meditation: A Meta-Analysis. 2012 , 3, 174-189	412
1759	Post-traumatic stress disorder: cognitive hypnotherapy, mindfulness, and acceptance-based treatment approaches. 2012 , 54, 311-30	19
1758	A randomized controlled trial of mindfulness-based stress reduction to manage affective symptoms and improve quality of life in gay men living with HIV. 2012 , 35, 272-85	106
1757	Development and Validation of the Japanese Version of the Five Facet Mindfulness Questionnaire. 2012 , 3, 85-94	76
1756	From Mindfulness to Meta-mindfulness: Further Integration of Meta-mindfulness Concept and Strategies into Cognitive-Behavioral Therapy. 2012 , 3, 104-116	16
1755	Evaluation of a Mindfulness-based Intervention for Adolescents with Learning Disabilities and Co-occurring ADHD and Anxiety. 2012 , 3, 151-164	75
1754	Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. 2012 , 20, 1183-92	52
1753	Validation of a Buddhist Coping Measure Among Primarily Non-Asian Buddhists in the United States. 2012 , 51, 156-172	19
1752	Interacting with nature improves cognition and affect for individuals with depression. 2012 , 140, 300-5	370

1751	Mindfulness-based cognitive therapy improves emotional reactivity to social stress: results from a randomized controlled trial. 2012 , 43, 365-80	151
1750	Mindfulness Training and Teachers' Professional Development: An Emerging Area of Research and Practice. 2012 , 6, 167-173	177
1749	The Potential Benefits of Mindfulness Training in Early Childhood: A Developmental Social Cognitive Neuroscience Perspective. 2012 , 6, 154-160	211
1748	Mindfulness-based stress reduction for HIV treatment side effects: a randomized, wait-list controlled trial. 2012 , 43, 161-71	72
1747	Intimate distances: William James' Introspection, Buddhist mindfulness, and experiential inquiry. 2012 , 30, 201-211	19
1746	A brief mindfulness-based cognitive behavioral intervention improves sexual functioning versus wait-list control in women treated for gynecologic cancer. 2012 , 125, 320-5	189
1745	Mindfulness- and acceptance-based interventions for anxiety disorders: a systematic review and meta-analysis. 2012 , 51, 239-60	249
1744	Breathwork: An Additional Treatment Option for Depression and Anxiety?. 2012 , 42, 113-119	11
1743	Recovering by Means of Meditation: The Role of Recovery Experiences and Intrinsic Motivation. 2013 , 62, 185-210	16
1742	Association of stress management skills and perceived stress with physical and emotional well-being among advanced prostate cancer survivors following androgen deprivation treatment. 2013 , 20, 25-32	19
1741	Mindfulness-based intervention for teenagers with cancer: study protocol for a randomized controlled trial. 2013 , 14, 135	10
1740	Sustaining visual attention in the face of distraction: a novel gradual-onset continuous performance task. 2013 , 75, 426-39	90
1739	Mindfulness-based therapy: a comprehensive meta-analysis. 2013 , 33, 763-71	1104
1738	Alzheimer's Dementia and Lifestyle: Towards a Primary Prevention. 2013 , 193-214	1
1737	A systematic review of the benefits of mindfulness-based interventions following transient ischemic attack and stroke. 2013 , 8, 465-74	68
1736	The Chinese medicine construct "stagnation" in mind-body connection mediates the effects of mindfulness training on depression and anxiety. 2013 , 21, 348-57	10
1735	The effects of mindfulness-based cognitive therapy in patients with bipolar disorder: a controlled functional MRI investigation. 2013 , 150, 1152-7	96
1734	What mindfulness brings to psychotherapy for anxiety and depression. 2013 , 30, 409-12	7

1733	Meditation Awareness Training (MAT) for Psychological Well-Being in a Sub-Clinical Sample of University Students: A Controlled Pilot Study. 2013 , 5, 381	24
1732	Changes in Mindfulness Following a Mindfulness Telehealth Intervention. 2013 , 4, 301-310	22
1731	Relationship of Mindfulness, Quality of Life, and Psychiatric Symptoms Among Patients with Ulcerative Colitis. 2013 , 4, 296-300	12
1730	The Assessment of Mindfulness with Self-Report Measures: Existing Scales and Open Issues. 2013 , 4, 191-202	261
1729	A Pilot Study of a Mindfulness Intervention for Individuals with Williams Syndrome: Physiological Outcomes. 2013 , 4, 137-147	21
1728	Measuring Mindfulness: First Steps Towards the Development of a Comprehensive Mindfulness Scale. 2013 , 4, 18-32	93
1727	Meditation-Induced Changes in Perception: An Interview Study with Expert Meditators (Sotapannas) in Burma. 2013 , 4, 55-63	8
1726	Yoga in an Urban School for Children with Emotional and Behavioral Disorders: A Feasibility Study. 2013 , 22, 815-826	24
1725	Positive psychology interventions: a meta-analysis of randomized controlled studies. 2013 , 13, 119	920
1724	Patient perspectives of managing fatigue in Ankylosing Spondylitis, and views on potential interventions: a qualitative study. 2013 , 14, 163	18
1723	Effects of a brief Qigong-based stress reduction program (BQSRP) in a distressed Korean population: a randomized trial. 2013 , 13, 113	20
1722	Effects of mindfulness-based stress reduction on distressed (type D) personality traits: a randomized controlled trial. 2013 , 36, 361-70	46
1721	Do not worry, be mindful: effects of induced worry and mindfulness on respiratory variability in a nonanxious population. 2013 , 87, 147-51	21
1720	A randomized trial of treatments for high-utilizing somatizing patients. 2013 , 28, 1396-404	16
1719	Mindfulness-based stress reduction for the treatment of irritable bowel syndrome symptoms: a randomized wait-list controlled trial. 2013 , 20, 385-96	107
1718	Feasibility of an online mindfulness program for stress management--a randomized, controlled trial. 2013 , 46, 137-48	102
1717	Criticisms of Transpersonal Psychology and Beyond The Future of Transpersonal Psychology: A Science and Culture of Consciousness. 2013 , 62-87	
1716	Meditation: Empirical Research and Future Directions. 2013 , 433-458	6

1715	Just Think About It: Mindfulness, Sexism, and Prejudice Toward Feminists. 2013 , 68, 283-295	10
1714	Effects of a mindfulness-based intervention on psychological distress, well-being, and maternal self-efficacy in breast-feeding mothers: results of a pilot study. 2013 , 16, 227-36	83
1713	Investigating efficacy of two brief mind-body intervention programs for managing sleep disturbance in cancer survivors: a pilot randomized controlled trial. 2013 , 7, 165-82	71
1712	Effects of Mindfulness-Based Versus Interpersonal Process Group Intervention on Psychological Well-Being With a Clinical University Population. 2013 , 16, 213-227	16
1711	Effects of mindfulness training on levels of cortisol in cancer patients. 2013 , 54, 158-64	30
1710	Mindful-Veteran: the implementation of a brief stress reduction course. 2013 , 19, 89-96	8
1709	Psychoneuroimmunology and the pediatric surgeon. 2013 , 22, 144-8	5
1708	[Effectiveness of a mindfulness program in primary care professionals]. 2013 , 27, 521-8	33
1707	Mindfulness training improves working memory capacity and GRE performance while reducing mind wandering. 2013 , 24, 776-81	509
1706	Meditation's impact on default mode network and hippocampus in mild cognitive impairment: a pilot study. 2013 , 556, 15-9	125
1705	Change in physiological signals during mindfulness meditation. 2013 , 1738-1381	15
1704	Event-related delta, theta, alpha and gamma correlates to auditory oddball processing during Vipassana meditation. 2013 , 8, 100-11	66
1703	Self-Acceptance and Chronic Illness. 2013 , 247-262	3
1702	The Strength of Self-Acceptance. 2013 ,	10
1701	Neural mechanisms of symptom improvements in generalized anxiety disorder following mindfulness training. 2013 , 2, 448-58	176
1700	The Scientific Study of Personal Wisdom. 2013 ,	3
1699	Pilot randomized trial on mindfulness training for smokers in young adult binge drinkers. 2013 , 13, 215	41
1698	Religious activity, life expectancy, and disability-free life expectancy in Taiwan. 2013 , 10, 229-236	11

1697	Mindfulness for teachers: A pilot study to assess effects on stress, burnout and teaching efficacy. 2013 , 7, 182	267
1696	Assessing mindfulness: The Spanish version of the Mindfulness Attention Awareness Scale. 2013 , 34, 175-184	6
1695	Abbreviated Mindfulness-Based Therapy for a Depressed College Student. 2013 , 12, 360-372	4
1694	MINDFULNESS IN SCHOOL PSYCHOLOGY: APPLICATIONS FOR INTERVENTION AND PROFESSIONAL PRACTICE. 2013 , 50, 531-547	57
1693	Evaluation of a group programme of mindfulness-based cognitive therapy for women with fertility problems. 2013 , 33, 499-501	16
1692	[Mindfulness, cognitive function and 'successful ageing']. 2014 , 45, 137-43	2
1691	Mindfulness online: an evaluation of the feasibility of a web-based mindfulness course for stress, anxiety and depression. 2013 , 3, e003498	89
1690	Mindfulness as Clinical Training: Student Perspectives on the Utility of Mindfulness Training in Fostering Clinical Intervention Skills. 2013 , 32, 36-59	25
1689	Psychosocial benefits of a novel mindfulness intervention versus standard support in distressed women with breast cancer. 2013 , 22, 2565-75	49
1688	The influence of adverse reactions, subjective distress, and anxiety on retention of first-time blood donors. 2013 , 53, 337-43	34
1687	Job stress and dyadic synchrony in police marriages: a preliminary investigation. 2013 , 52, 271-83	12
1686	A pilot study and randomized controlled trial of the mindful self-compassion program. 2013 , 69, 28-44	953
1685	A randomised controlled trial of a brief online mindfulness-based intervention. 2013 , 51, 573-8	199
1684	Pre-existing brain function predicts subsequent practice of mindfulness and compassion meditation. 2013 , 69, 35-42	48
1683	Yogic meditation reverses NF- κ B and IRF-related transcriptome dynamics in leukocytes of family dementia caregivers in a randomized controlled trial. 2013 , 38, 348-55	171
1682	Interventions to reduce stress in university students: a review and meta-analysis. 2013 , 148, 1-11	408
1681	The effect of focused attention and open monitoring meditation on attention network function in healthy volunteers. 2013 , 210, 1226-31	82
1680	Fatigue in ankylosing spondylitis: treatment should focus on pain management. 2013 , 42, 361-7	38

1679	Priming, mindfulness e efeito placebo. Associaçã com a saãde, exercíio fíico e actividade fíica nã programada. Uma revisã sistemíca da literatura: Priming, mindfulness y efecto placebo. Asociaciã con la salud, ejercicio fíico y actividad fíica no programada. Una revisiã sistemíca de la literatura. 2013 , 6, 38-45	
1678	Mindfulness-Based Stress Reduction for Low-Income, Predominantly African American Women With PTSD and a History of Intimate Partner Violence. 2013 , 20, 23-32	121
1677	Brief body-scan meditation practice improves somatosensory perceptual decision making. 2013 , 22, 348-59	77
1676	A randomized controlled trial of the effects of brief mindfulness meditation on anxiety symptoms and systolic blood pressure in Chinese nursing students. 2013 , 33, 1166-72	95
1675	Newer Generations of CBT for Anxiety Disorders. 2013 , 225-250	11
1674	Coaching mothers of children with autism: a qualitative study for occupational therapy practice. 2013 , 33, 253-63	46
1673	Using Mindfulness- and Acceptance-Based Treatments With Clients From Nondominant Cultural and/or Marginalized Backgrounds: Clinical Considerations, Meta-Analysis Findings, and Introduction to the Special Series. 2013 , 20, 1-12	80
1672	Pain modulation induced by respiration: phase and frequency effects. 2013 , 252, 501-11	26
1671	Major depression and life satisfaction: a population-based twin study. 2013 , 144, 51-8	50
1670	Qigong and mindfulness-based mood recovery: exercise experiences from a single case. 2013 , 17, 69-76	5
1669	A qualitative analysis of beginning mindfulness experiences for women with post-traumatic stress disorder and a history of intimate partner violence. 2013 , 19, 104-8	14
1668	The Scientific Study of Personal Wisdom. 2013 ,	2
1667	A pilot study of group mindfulness-based cognitive therapy (MBCT) for combat veterans with posttraumatic stress disorder (PTSD). 2013 , 30, 638-45	164
1666	Mindfulness and heart rate variability in individuals with high and low generalized anxiety symptoms. 2013 , 51, 386-91	33
1665	Peak high-frequency HRV and peak alpha frequency higher in PTSD. 2013 , 38, 57-69	72
1664	Effect of Mindfulness-based Interventions in Cancer Care. 2013 , 175-192	
1663	Effects of Yoga on the Quality of Life in Cancer Patients. 2013 , 127-151	1
1662	Mindfulness starts with the body: somatosensory attention and top-down modulation of cortical alpha rhythms in mindfulness meditation. 2013 , 7, 12	151

1661	Contemplative Science: An Insider Prospectus. 2013 , 2013, 13-29	7
1660	Encyclopedia of Sciences and Religions. 2013 , 1203-1204	
1659	Psychological Treatment for Painful Diabetic Neuropathy. 2013 , 71-81	1
1658	PTSD symptom reduction with mindfulness-based stretching and deep breathing exercise: randomized controlled clinical trial of efficacy. 2013 , 98, 2984-92	82
1657	Mindfulness-based stress reduction for family caregivers: a randomized controlled trial. 2013 , 53, 676-86	137
1656	Psychotherapy: a profile of current occupational therapy practice in Ontario. 2013 , 80, 328-36	3
1655	Craving to quit: psychological models and neurobiological mechanisms of mindfulness training as treatment for addictions. 2013 , 27, 366-79	182
1654	Loving-kindness meditation: a field study. 2013 , 14, 187-203	8
1653	Cognitive Functioning in Patients Remitted from Recurrent Depression: Comparison with Acutely Depressed Patients and Controls and Follow-up of a Mindfulness-Based Cognitive Therapy Trial. 2013 , 37, 1004-1014	25
1652	Mind-body CAM interventions: current status and considerations for integration into clinical health psychology. 2013 , 69, 45-63	35
1651	The efficacy of mindfulness-based stress reduction on mental health of breast cancer patients: a meta-analysis. 2013 , 22, 1457-65	165
1650	Editorial. 2013 , 11, 208-212	
1649	Self-Guided Activities for Improving Employee Emotions and Emotion Regulation. 2013 , 75-102	3
1648	Patientenkompetenz und Selfempowerment bei Patientinnen mit Brustkrebs im Frühstadium: Ein Modell der Kompetenzberatung. 2013 , 10, 50-59	1
1647	A Dynamic Perspective on Affect and Creativity. 2013 , 56, 432-450	170
1646	Principals Responding to Constant Pressure: Finding a Source of Stress Management. 2013 , 97, 335-349	16
1645	Pathways to Illness, Pathways to Health. 2013 ,	20
1644	Spiritual therapy to improve the spiritual well-being of Iranian women with breast cancer: a randomized controlled trial. 2013 , 2013, 353262	36

1643	Prevalence of Depression among University Students: A Systematic Review and Meta-Analysis Study. 2013 , 2013, 373857	85
1642	A yoga and compassion meditation program reduces stress in familial caregivers of Alzheimer's disease patients. 2013 , 2013, 513149	36
1641	Yoga and mindfulness as therapeutic interventions for stroke rehabilitation: a systematic review. 2013 , 2013, 357108	53
1640	A systematic review of biopsychosocial training programs for the self-management of emotional stress: potential applications for the military. 2013 , 2013, 747694	26
1639	Trends of postpartum depression in iran: a systematic review and meta-analysis. 2013 , 2013, 291029	36
1638	Evaluation of a salutogenetic concept for inpatient psychosomatic treatment. 2013 , 2013, 735731	1
1637	A pilot study examining the effect of mindfulness-based stress reduction on symptoms of chronic mild traumatic brain injury/postconcussive syndrome. 2013 , 28, 323-31	79
1636	Rekindling the flame: using mindfulness to end nursing burnout. 2013 , 44, 24-9	4
1635	The importance of psychosocial influences on chronic pain. 2013 , 3, 455-66	11
1634	Mind-body therapies for sleep disturbances in women at midlife. 2013 , 31, 276-84	2
1633	Energy dialogue technique in healing and health: relieving side effects and thyroid dysfunction in a male with hemophilia receiving pegylated interferon and ribavirin treatment for hepatitis C virus--an anecdotal case study. 2013 , 31, 204-13	3
1632	Overcoming the Barriers to Self-Knowledge: Mindfulness as a Path to Seeing Yourself as You Really Are. 2013 , 8, 173-86	138
1631	Effects of mindfulness-based stress reduction course on stress, mindfulness, job self-efficacy and motivation among unemployed people. 2013 , 22, 51-62	7
1630	The evaluation of mindfulness-based stress reduction for veterans with mental health conditions. 2013 , 31, 248-55; quiz 256-7	17
1629	Wandering Minds and Aging Cells. 2013 , 1, 75-83	55
1628	Mindfulness-Based Interventions in School Settings: An Introduction to the Special Issue. 2013 , 10, 205-210	33
1627	Mindfulness training for interpreting students. 2013 , 58,	1
1626	Mindful sex. 2013 , 22, 63-68	35

1625	Increased mindfulness is related to improved stress and mood following participation in a mindfulness-based stress reduction program in individuals with cancer. 2013 , 12, 31-40	56
1624	Can a multimodal mind-body program enhance the treatment effects of physical activity in breast cancer survivors with chronic tumor-associated fatigue? A randomized controlled trial. 2013 , 12, 291-300	33
1623	The Effectiveness of the Learning to BREATHE Program on Adolescent Emotion Regulation. 2013 , 10, 252-272	147
1622	The effects of mindfulness training on post-traumatic stress disorder symptoms and heart rate variability in combat veterans. 2013 , 19, 860-1	31
1621	Follow your breath: respiratory interoceptive accuracy in experienced meditators. 2013 , 50, 777-89	79
1620	Differences of psychological effects between meditative and athletic walking in a forest and gymnasium. 2013 , 28, 64-72	22
1619	Mindfulness and integrative self-knowledge: relationships with health-related variables. 2013 , 48, 1030-7	8
1618	Mindfulness in love and love making: a way of life. 2013 , 28, 84-91	14
1617	The role of therapeutic alliance in mindfulness interventions: therapeutic alliance in mindfulness training for smokers. 2013 , 69, 936-50	19
1616	A Stress Model for Couples Parenting Children With Autism Spectrum Disorders and the Introduction of a Mindfulness Intervention. 2013 , 5, 194-213	40
1615	Investigating the Five Facet Mindfulness Questionnaire (FFMQ): construction of a short form and evidence of a two-factor higher order structure of mindfulness. 2013 , 69, 951-65	86
1614	Mindfulness-based stress reduction for older adults: effects on executive function, frontal alpha asymmetry and immune function. 2013 , 68, 34-43	129
1613	Mindfulness and alcohol problems in college students: the mediating effects of stress. 2013 , 61, 371-8	40
1612	Mindfulness and sexuality. 2013 , 28, 29-38	15
1611	Impact of an integrated mindfulness and cognitive behavioural treatment for provoked vestibulodynia (IMPROVED): a qualitative study. 2013 , 28, 3-19	49
1610	The Relation Between Mindfulness and Posttraumatic Stress Symptoms Among Police Officers. 2013 , 18, 1-9	41
1609	Facing the dreaded: does mindfulness facilitate coping with distressing experiences? A moderator analysis. 2013 , 42, 21-30	33
1608	Monitoring mindfulness practice quality: an important consideration in mindfulness practice. 2013 , 23, 54-66	56

1607	A metamodel approach towards self-determination theory: a study of New Zealand managers' organisational citizenship behaviours. 2013 , 24, 3397-3417	27
1606	Brainfulness. 2013 , 89, 60	
1605	The Impact of an Innovative Mindfulness-Based Stress Reduction Program on the Health and Well-Being of Nurses Employed in a Corporate Setting. 2013 , 28, 107-133	155
1604	[Review of the effects of mindfulness meditation on mental and physical health and its mechanisms of action]. 2013 , 38, 19-34	16
1603	Male Sexual Dysfunctions. 2013 , 645-672	13
1602	Mindful Recovery: A Case Study of a Burned-Out Elite Shooter. 2013 , 27, 92-102	23
1601	Mindfulness and Distress Tolerance: Relations in a Mindfulness Preventive Intervention. 2013 , 6, 371-385	27
1600	Mind the Gap in Mindfulness Research: A Comparative Account of the Leading Schools of Thought. 2013 , 17, 453-466	80
1599	Mindfulness training and the cultivation of secure, satisfying couple relationships.. 2013 , 2, 73-94	56
1598	Therapeutic Relaxation. 2013 , 1-24	1
1597	Recovery and work-life interface. 225-244	2
1596	An Alternative Approach to Behavior Interventions: Mindfulness-Based Stress Reduction. 2013 , 22, 44-48	2
1595	[The Flourishing Scale (FS) by Diener et al. is now available in an authorized German version (FS-D): application in mind-body medicine]. 2013 , 20, 267-75	25
1594	Präsentation. 2013 , 38, 9	2
1593	Dialectics of Mind, Body, and Place: Groundwork for a Theory of Mental Health Literacy. 2013 , 3, 215824401358213	
1592	Mindfulness based stress reduction study design of a longitudinal randomized controlled complementary intervention in women with breast cancer. 2013 , 13, 248	13
1591	Psychobiological correlates of improved mental health in patients with musculoskeletal pain after a mindfulness-based pain management program. 2013 , 29, 233-44	52
1590	Women's Sexual Difficulties. 2013 , 619-644	

1589	Mindfulness-based interventions: towards mindful clinical integration. 2013 , 4, 194	77
1588	Self-directed Mindfulness Training and Improvement in Blood Pressure, Migraine Frequency, and Quality of Life. 2013 , 2, 20-5	8
1587	Handbook of WorkLife Integration Among Professionals. 2013 ,	5
1586	The embodied and relational nature of the mind: implications for clinical interventions in aging individuals and populations. 2013 , 8, 657-65	10
1585	Mindfulness-based interventions in child and adolescent psychopathology. 371-384	6
1584	Mental health promotion and illness prevention: a challenge for psychiatrists. 2013 , 10, 307-16	42
1583	A Strength-Based Exercise Training Model of Psychotherapy: Can Principles Derived from Exercise and Sport Physiology Guide Behavioral Prescriptions for Physical and Mental Wellness?. 2013 , 67, 367-383	1
1582	Brain changes in long-term zen meditators using proton magnetic resonance spectroscopy and diffusion tensor imaging: a controlled study. 2013 , 8, e58476	33
1581	Pros and cons of a wandering mind: a prospective study. 2013 , 4, 524	49
1580	Grounding clinical and cognitive scientists in an interdisciplinary discussion. 2013 , 4, 630	5
1579	Treatment approaches for interoceptive dysfunctions in drug addiction. 2013 , 4, 137	38
1578	Executive control and felt concentrative engagement following intensive meditation training. 2013 , 7, 566	48
1577	Neural mechanisms of attentional control in mindfulness meditation. 2013 , 7, 8	245
1576	Mindfulness Meditation for Increasing Resilience in College Students. 2013 , 43, 545-548	19
1575	Complementary and Alternative Medicine in the Treatment of Chronic Pelvic Pain in Women: What Is the Evidence?. 2013 , 2013, 469575	3
1574	The effects of mindfulness-based attention on cold pressor pain in children. 2013 , 18, 39-45	14
1573	Coping and Disability. 2013 ,	1
1572	Neue Trends bei alten Themen - alte Themen in neuen Trends. 2013 , 20, 382-392	

1571	From heart beats to health recipes: The role of fractal physiology in the Ancestral Health movement. 2013 , 1,	1
1570	Mindfulness in German Schools (MISCHO): A Specifically Tailored Training Program: Concept, Implementation and Empirical Results. 2014 , 381-404	7
1569	Long-Lasting Mental Fatigue After Traumatic Brain Injury [A Major Problem Most Often Neglected Diagnostic Criteria, Assessment, Relation to Emotional and Cognitive Problems, Cellular Background, and Aspects on Treatment. 2014 ,	13
1568	Effectiveness of a worksite mindfulness-related multi-component health promotion intervention on work engagement and mental health: results of a randomized controlled trial. 2014 , 9, e84118	57
1567	The effects of mind-body therapies on the immune system: meta-analysis. 2014 , 9, e100903	152
1566	Interoceptive awareness and the insula - Application of Neuroimaging Techniques in Psychotherapy. 2014 , 1,	
1565	Was ist Achtsamkeit? Herkunft, Praxis und Konzeption. 2014 , 60, 13-19	5
1564	Efficacy of Chinese auriculotherapy for stress in nursing staff: a randomized clinical trial. 2014 , 22, 371-8	7
1563	[The perception of behavior related to mindfulness and the Brazilian version of the Freiburg Mindfulness Inventory]. 2014 , 19, 3899-914	3
1562	Effect of meditation on cognitive functions in context of aging and neurodegenerative diseases. 2014 , 8, 17	68
1561	Change in Brainstem Gray Matter Concentration Following a Mindfulness-Based Intervention is Correlated with Improvement in Psychological Well-Being. 2014 , 8, 33	48
1560	Neural mechanisms of mindfulness and meditation: Evidence from neuroimaging studies. 2014 , 6, 471-9	90
1559	Achtsamkeitsbasierte Interventionsprogramme in der Integrativen Onkologie - eine Zusammenfassung der verfügbaren Evidenz. 2014 , 1, 6-18	
1558	Psychometric Validation of the Toronto Mindfulness Scale [Trait Version in Chinese College Students. 2014 , 10, 726-739	4
1557	The Effect of Demographic, Socio-economic and Other Characteristics on Donations. 2014 , 6, 55-76	0
1556	Meditation for adult patients with haematological malignancies. 2014 ,	1
1555	. 2014 ,	10
1554	Switching on and off [Does smartphone use obstruct the possibility to engage in recovery activities?. 2014 , 23, 80-90	70

1553	Meditative practices predict spirituality but mindfulness does not predict alcohol use in African-American college students. 2014 , 17, 379-389	7
1552	Mindfulness Skills Training: A Pilot Study of Changes in Mindfulness, Emotion Regulation, and Self-Perception of Aging in Older Participants. 2014 , 38, 156-167	4
1551	Meditative replay of troubling life events and transformation in practitioners of yoga and meditation: a pilot study. 2014 , 5, 172-178	2
1550	Are healing ceremonies useful for enhancing quality of life?. 2014 , 20, 713-7	4
1549	Systemisches Gesundheitscoaching in Aktion. 2014 , 13, 199-209	
1548	Mindfulness and emotion regulation--an fMRI study. 2014 , 9, 776-85	174
1547	Understanding the Exhibition Attendees[Evaluation of Their Experiences: A Comparison Between High Versus Low Mindful Visitors. 2014 , 31, 899-914	20
1546	'Following the word of God': Empirical insights into managerial perceptions on spirituality, culture and health. 2014 , 26, 302-14	14
1545	Mindfulness-based interventions in schools-a systematic review and meta-analysis. 2014 , 5, 603	434
1544	Can meditation influence quality of life, depression, and disease outcome in multiple sclerosis? Findings from a large international web-based study. 2014 , 2014, 916519	13
1543	Psychological Interventions. 2014 , 615-628.e2	1
1542	Eat for life: a work site feasibility study of a novel mindfulness-based intuitive eating intervention. 2014 , 28, 380-8	62
1541	Mindfulness training targets neurocognitive mechanisms of addiction at the attention-appraisal-emotion interface. 2014 , 4, 173	142
1540	'I still believe...' Reconstructing spirituality, culture and mental health across cultural divides. 2014 , 26, 265-78	48
1539	Meditation as an adjunct to the management of multiple sclerosis. 2014 , 2014, 704691	64
1538	Mindful-S.T.O.P.: Mindfulness Made Easy for Stress Reduction in Medical Students. 2014 , 6,	6
1537	The role of mindfulness in entrepreneurial market analysis. 2014 , 16, 7-25	3
1536	The Emergence of Mindfulness-Based Interventions in Educational Settings. 2014 , 379-419	19

1535	A controlled experiment to evaluate the effects of mindfulness in software engineering. 2014,	13
1534	Understanding meditation and technology use. 2014,	6
1533	Personality Traits as Potential Moderators of Well-Being. 2014, 245-259	5
1532	Achtsamkeit und Depression als Mediatoren von Hilflosigkeit auf die Lebensqualität bei Krebspatienten. 2014, 46, 112-120	1
1531	Mindfulness in Schools: Where are we and where Might we go Next?. 2014, 1037-1053	4
1530	Mindfulness: A Transtherapeutic Approach for Transdiagnostic Mental Processes. 2014, 531-562	18
1529	Traditionelle Chinesische Medizin und Mind-Body-Medizin. 2014, 8, 131-149	
1528	Mindful embodiment in synthetic environments. 2014, 4, 5-14	
1527	Looking at our data-perspectives from mindfulness apps and quantified self as a daily practice. 2014,	1
1526	The effects of mindfulness-based stress reduction program on the mental health of family caregivers: a randomized controlled trial. 2014, 83, 45-53	86
1525	Benefiting from creative activity: The positive relationships between creative activity, recovery experiences, and performance-related outcomes. 2014, 87, 579-598	41
1524	Posttraumatic stress disorder, alcohol use, and life stress among African-American women. 2014, 7, 286-298	5
1523	Some Concerns About the Psychological Implications of Mindfulness: A Critical Analysis. 2014, 32, 313-324	11
1522	Rectifying Misconceptions: A Comprehensive Response to Some Concerns About the Psychological Implications of Mindfulness: A Critical Analysis□ 2014, 32, 325-344	9
1521	Child behavior problems and parental well-being in families of children with autism: the mediating role of mindfulness and acceptance. 2014, 119, 171-85	104
1520	Beliefs about meditating among university students, faculty, and staff: a theory-based salient belief elicitation. 2014, 62, 360-9	7
1519	Mindfulness-based stress reduction for posttraumatic stress symptoms: building acceptance and decreasing shame. 2014, 19, 227-34	39
1518	The Mindfulness-enhanced Strengthening Families Program: integrating brief mindfulness activities and parent training within an evidence-based prevention program. 2014, 2014, 45-58	27

1517	Mindfulness-based stress reduction: an intervention to enhance the effectiveness of nurses' coping with work-related stress. 2014 , 25, 119-30	92
1516	The Moderating Role of Experiential Avoidance in the Relationship between Posttraumatic Stress Disorder Symptom Severity and Cannabis Dependence. 2014 , 3, 273-278	24
1515	Effectiveness of a mindfulness education program in primary health care professionals: a pragmatic controlled trial. 2014 , 34, 4-12	130
1514	Mindfulness, emotional dysregulation, impulsivity, and stress proneness among hypersexual patients. 2014 , 70, 313-21	117
1513	Mindfulness as a cognitive-emotional segmentation strategy: An intervention promoting work-life balance. 2014 , 87, 733-754	122
1512	Meeting suffering with kindness: effects of a brief self-compassion intervention for female college students. 2014 , 70, 794-807	207
1511	Mindfulness for surgeons. 2014 , 84, 722-4	17
1510	Vacation effects on behaviour, cognition and emotions of compulsive and non-compulsive workers: do obsessive workers go 'cold turkey'?. 2014 , 30, 232-43	15
1509	Feasibility and acceptability of a resilience training program for intensive care unit nurses. 2014 , 23, e97-105	155
1508	Validation of a Chinese version of the Five Facet Mindfulness Questionnaire in Hong Kong and development of a short form. 2014 , 21, 363-71	81
1507	Burnout in Australian psychologists: correlations with work-setting, mindfulness and self-care behaviours. 2014 , 19, 705-15	37
1506	The Pursuit of Happiness and the Traditions of Wisdom. 2014 ,	3
1505	Yoga as an adjunctive treatment for posttraumatic stress disorder: a randomized controlled trial. 2014 , 75, e559-65	184
1504	Baseline immune biomarkers as predictors of MBSR(BC) treatment success in off-treatment breast cancer patients. 2014 , 16, 429-37	23
1503	Music therapy to promote psychological and physiological relaxation in palliative care patients: protocol of a randomized controlled trial. 2014 , 13, 60	20
1502	A mediation model of mindfulness and decentering: sequential psychological constructs or one and the same?. 2014 , 2, 18	25
1501	Comparison of mindfulness-based stress reduction versus yoga on urinary urge incontinence: a randomized pilot study. with 6-month and 1-year follow-up visits. 2014 , 20, 141-6	82
1500	Physical health, mental health, and utilization of complementary and alternative medicine services among Gulf War veterans. 2014 , 52, S39-44	3

1499	Mindfulness-based stress reduction (MBSR) reduces anxiety, depression, and suicidal ideation in veterans. 2014 , 52, S19-24	94
1498	Interventions to reduce the consequences of stress in physicians: a review and meta-analysis. 2014 , 202, 353-9	173
1497	The effects of a stress management intervention in elementary school children. 2014 , 35, 62-7	25
1496	Comparison of a mindful eating intervention to a diabetes self-management intervention among adults with type 2 diabetes: a randomized controlled trial. 2014 , 41, 145-54	83
1495	Brief mindfulness-based therapy for chronic tension-type headache: a randomized controlled pilot study. 2014 , 42, 1-15	59
1494	Mobile app self-care versus in-office care for stress reduction: a cost minimization analysis. 2014 , 20, 431-5	34
1493	Collaborative Selflessness: Toward an Experiential Understanding of the Emergent Responsive Self in a Caregiving Context. 2014 , 50, 55-79	15
1492	Eating Disorders, Addictions and Substance Use Disorders. 2014 ,	5
1491	The Modulating Role of Stress in the Onset and Course of Tourette's Syndrome: A Review. 2014 , 38, 184-216	32
1490	Mindfulness for Health Care Professionals and Therapists in Training. 2014 , 319-345	1
1489	Mindfulness Training in High Stress Professions: Strengthening Attention and Resilience. 2014 , 347-366	
1488	Meditation [Neuroscientific Approaches and Philosophical Implications]. 2014 ,	11
1487	Experiencing Wellness Within Illness: Exploring a Mindfulness-Based Approach to Chronic Back Pain. 2014 , 24, 749-760	20
1486	On Integrating an Integrative: Implications for Implementing a Biofeedback Program into an Inpatient Rehabilitation Hospital. 2014 , 42, 115-120	1
1485	A randomized controlled trial of mindfulness-based stress reduction to prevent flare-up in patients with inactive ulcerative colitis. 2014 , 89, 142-55	69
1484	Hatha-yoga as a psychological adjuvant for women undergoing IVF: a pilot study. 2014 , 176, 158-62	17
1483	Mindfulness-oriented recovery enhancement ameliorates the impact of pain on self-reported psychological and physical function among opioid-using chronic pain patients. 2014 , 48, 1091-9	24
1482	Rasch analysis of the Spanish version of the Mindful Attention Awareness Scale (MAAS) in a clinical sample. 2014 , 7, 32-41	10

1481	A meta-analytic review of the effects of mindfulness meditation on telomerase activity. 2014 , 42, 45-8	111
1480	Teasing apart low mindfulness: differentiating deficits in mindfulness and in psychological flexibility in predicting symptoms of generalized anxiety disorder and depression. 2014 , 166, 41-7	26
1479	A review of interventions that promote eating by internal cues. 2014 , 114, 734-60	98
1478	Experiential avoidance mediates the association between thought suppression and mindfulness with problem gambling. 2014 , 30, 163-71	49
1477	Meditation awareness training (MAT) for improved psychological well-being: a qualitative examination of participant experiences. 2014 , 53, 849-63	42
1476	A randomized controlled trial of compassion cultivation training: Effects on mindfulness, affect, and emotion regulation. 2014 , 38, 23-35	189
1475	Exploring age-related brain degeneration in meditation practitioners. 2014 , 1307, 82-88	42
1474	How Does Mindfulness Reduce Anxiety, Depression, and Stress? An Exploratory Examination of Change Processes in Wait-List Controlled Mindfulness Meditation Training. 2014 , 5, 574-588	31
1473	A Literature Review Exploring the Potential of Mindfulness as a Tool to Develop Skills and Qualities for Effective Consultation. 2014 , 5, 669-681	10
1472	The Spanish Version of the Mindful Attention Awareness Scale (MAAS): Measurement Invariance and Psychometric Properties. 2014 , 5, 552-565	17
1471	Meditation in the Higher-Education Classroom: Meditation Training Improves Student Knowledge Retention during Lectures. 2014 , 5, 431-441	51
1470	Mindfulness Skills and Emotion Regulation: the Mediating Role of Coping Self-Efficacy. 2014 , 5, 373-380	61
1469	Mindfulness-Based Eating Awareness Training (MB-EAT) for Binge Eating: A Randomized Clinical Trial. 2014 , 5, 282-297	279
1468	Mindful Parenting Assessed Further: Psychometric Properties of the Dutch Version of the Interpersonal Mindfulness in Parenting Scale (IM-P). 2014 , 5, 200-212	103
1467	Training Clinicians to Deliver a Mindfulness Intervention. 2014 , 5, 232-237	5
1466	Exploring the Effectiveness of a Mindfulness-Based Chronic Pain Management Course Delivered Simultaneously to On-Site and Off-Site Patients Using Telemedicine. 2014 , 5, 223-231	11
1465	One-on-one Mindfulness Meditation Trainings in a Research Setting. 2014 , 5, 88-99	31
1464	The Effects of a Short-term Mindfulness Based Intervention on Self-reported Mindfulness, Decentering, Executive Attention, Psychological Health, and Coping Style: Examining Unique Mindfulness Effects and Mediators. 2014 , 5, 18-35	62

1463	Perceived Thought Control Mediates Positive Effects of Meditation Experience on Affective Functioning. 2014 , 5, 1-9	18
1462	Mindfulness based stress reduction (MBSR(BC)) in breast cancer: evaluating fear of recurrence (FOR) as a mediator of psychological and physical symptoms in a randomized control trial (RCT). 2014 , 37, 185-95	66
1461	Immediate effects of a brief mindfulness-based body scan on patients with chronic pain. 2014 , 37, 127-34	54
1460	CALM Pregnancy: results of a pilot study of mindfulness-based cognitive therapy for perinatal anxiety. 2014 , 17, 373-87	99
1459	Mindfulness Practice, Rumination and Clinical Outcome in Mindfulness-Based Treatment. 2014 , 38, 1-9	79
1458	Prospective predictors of unprotected anal intercourse among HIV-seropositive men who have sex with men initiating antiretroviral therapy. 2014 , 18, 78-87	16
1457	Feasibility, acceptability, and preliminary outcomes of a mindfulness-based relapse prevention intervention for culturally-diverse, low-income women in substance use disorder treatment. 2014 , 49, 547-59	42
1456	The Italian Five Facet Mindfulness Questionnaire: A Contribution to its Validity and Reliability. 2014 , 36, 415-423	68
1455	Mindfulness and Self-Compassion: Exploring Pathways to Adolescent Emotional Well-Being. 2014 , 23, 1298-1309	104
1454	Regular aerobic exercise increases dispositional mindfulness in men: A randomized controlled trial. 2014 , 7, 111-119	25
1453	A brief mindfulness intervention reduces unhealthy eating when hungry, but not the portion size effect. 2014 , 75, 40-5	59
1452	Can mindfulness and acceptance be learnt by self-help?: a systematic review and meta-analysis of mindfulness and acceptance-based self-help interventions. 2014 , 34, 118-29	173
1451	The Impact of ICT on Quality of Working Life. 2014 ,	19
1450	Self-reported health and satisfaction of patients with chronic diseases who meditate: a case-control study. 2014 , 23, 2639-44	6
1449	Acceptance and Commitment Therapy and Mindfulness: Specific Processes, Evidence, and Methods. 2014 , 705-718	
1448	Complementary and Alternative Medicine for Posttraumatic Stress Disorder Symptoms: A Systematic Review. 2014 , 19, 161-175	38
1447	Mindfulness training in a heterogeneous psychiatric sample: outcome evaluation and comparison of different diagnostic groups. 2014 , 70, 60-71	15
1446	A Study of Mindfulness and Self-Care: A Path to Self-Compassion for Female Therapists in Training. 2014 , 37, 155-163	32

1445	Fatigue in neurological disorders: a review of self-regulation and mindfulness-based interventions. 2014 , 2, 202-218	3
1444	Neuromodulatory treatments for chronic pain: efficacy and mechanisms. 2014 , 10, 167-78	93
1443	Neural correlates of mindfulness meditation-related anxiety relief. 2014 , 9, 751-9	102
1442	Randomised controlled pilot trial of mindfulness training for stress reduction during pregnancy. 2014 , 29, 334-49	134
1441	Randomized trial on mindfulness training for smokers targeted to a disadvantaged population. 2014 , 49, 571-85	67
1440	Social psychology. Just think: the challenges of the disengaged mind. 2014 , 345, 75-7	214
1439	Mindfulness: an effective coaching tool for improving physical and mental health. 2014 , 26, 511-518	19
1438	Toward a theoretical model for mindfulness-based pain management. 2014 , 15, 691-703	74
1437	Mindfulness-based stress reduction as a stress management intervention for healthy individuals: a systematic review. 2014 , 19, 271-86	133
1436	Dispositional mindfulness as a positive predictor of psychological well-being and the role of the private self-consciousness insight factor. 2014 , 71, 15-18	29
1435	Religion and Spirituality Across Cultures. 2014 ,	7
1434	Kind attention and non-judgment in mindfulness-based cognitive therapy applied to the treatment of insomnia: state of knowledge. 2014 , 62, 284-91	11
1433	Development of the Affect Regulation Training (ART) Program. 2014 , 53-65	
1432	Affect Regulation Training. 2014 ,	48
1431	Quantitative change of EEG and respiration signals during mindfulness meditation. 2014 , 11, 87	66
1430	Mindfulness-based interventions in multiple sclerosis: beneficial effects of Tai Chi on balance, coordination, fatigue and depression. 2014 , 14, 165	67
1429	Memory intervention: the value of a clinical holistic program for older adults with memory impairments. 2014 , 18, 169-78	10
1428	Social work and adverse childhood experiences research: implications for practice and health policy. 2014 , 29, 1-16	144

1427	Factor Analysis of the Five Facet Mindfulness Questionnaire in a Heterogeneous Clinical Sample. 2014 , 36, 683-694	52
1426	Group mindfulness-based therapy significantly improves sexual desire in women. 2014 , 57, 43-54	142
1425	Behavioral contributions to the pathogenesis of type 2 diabetes. 2014 , 14, 475	17
1424	The mediating roles of perceived stress and health behaviors in the relation between objective, subjective, and neighborhood socioeconomic status and perceived health. 2014 , 48, 215-24	65
1423	Exposure to nature versus relaxation during lunch breaks and recovery from work: development and design of an intervention study to improve workers' health, well-being, work performance and creativity. 2014 , 14, 488	22
1422	Comparison of complementary and alternative medicine with conventional mind-body therapies for chronic back pain: protocol for the Mind-body Approaches to Pain (MAP) randomized controlled trial. 2014 , 15, 211	18
1421	Climate change. Climate change and wind intensification in coastal upwelling ecosystems. 2014 , 345, 77-80	316
1420	Meditation Programs for Psychological Stress and Well-being: A Systematic Review and Meta-analysis. 2014 , 57, 26-27	14
1419	Emotion Regulation in Social Anxiety Disorder. 2014 , 511-529	8
1418	Implementing mindfulness-based relapse prevention in diverse populations: challenges and future directions. 2014 , 49, 612-6	12
1417	Mindfulness-oriented meditation improves self-related character scales in healthy individuals. 2014 , 55, 1269-78	54
1416	Rasch analysis of the Spanish version of the Mindful Attention Awareness Scale (MAAS) in a clinical sample. 2014 , 7, 32-41	1
1415	Assessing for unique immunomodulatory and neuroplastic profiles of physical activity subtypes: a focus on psychiatric disorders. 2014 , 39, 42-55	11
1414	Increasing optimism abolishes pain-induced impairments in executive task performance. 2014 , 155, 334-340	60
1413	A small mixed-method RCT of mindfulness instruction for urban youth. 2014 , 10, 180-6	40
1412	Effectiveness of mindfulness-based stress reduction and mindfulness based cognitive therapy in vascular disease: A systematic review and meta-analysis of randomised controlled trials. <i>Journal of Psychosomatic Research</i> , 2014 , 76, 341-51	4.1 181
1411	A randomized controlled pilot trial of classroom-based mindfulness meditation compared to an active control condition in sixth-grade children. 2014 , 52, 263-78	137
1410	Expert System for Determining the Level of Stress before Pediatric Dental Treatment. 2014 , 12, 548-557	1

1409	Effects of a brief mindfulness intervention on negative affect and urge to drink among college student drinkers. 2014 , 59, 82-93	56
1408	Mindfulness tempers the impact of personality on suicidal ideation. 2014 , 68, 229-233	20
1407	Screening for rumination and brooding may be a feasible method of identifying adolescents at high risk for depression. 2014 , 29, 688-95	5
1406	Randomized trial comparing mindfulness training for smokers to a matched control. 2014 , 47, 213-21	57
1405	Effectiveness of Brief Mindfulness Techniques in Reducing Symptoms of Anxiety and Stress. 2014 , 5, 658-668	41
1404	Molecular Advances Leading to Treatment Implications for Fragile X Premutation Carriers. 2014 , 3,	32
1403	Acupuncture and meditation for military veterans: first steps of quality management and future program development. 2014 , 3, 27-31	9
1402	What will it Take for Physicians to Practice Mindfully?: Promoting Quality of Care, Quality of Caring, Resilience, and Well-Being. 2014 , 584-607	4
1401	Mindfulness Meditation for Posttraumatic Stress Disorder. 2014 , 776-793	4
1400	Mindfulness Training Targets Addiction at the Attention-Emotion Interface: A Neurocognitive Framework. 2014 , 794-817	1
1399	Mindfulness-Based Mind Fitness Training: An Approach for Enhancing Performance and Building Resilience in High-Stress Contexts. 2014 , 964-985	10
1398	Mindfulness Meditation from the Eastern Inner Science Tradition. 2014 , 74-114	
1397	The Effects of Mindfulness-Based Interventions During Pregnancy on Birth Outcomes and the Mother's Physical and Mental Health: Integrating Western and Eastern Perspectives. 2014 , 881-897	
1396	Craving to quit: Psychological models and neurobiological mechanisms of mindfulness training as treatment for addictions.. 2014 , 1, 70-90	22
1395	Mindfulness-oriented recovery enhancement for chronic pain and prescription opioid misuse: results from an early-stage randomized controlled trial. 2014 , 82, 448-459	263
1394	Positive smoking outcome expectancies mediate the association between negative affect and smoking urge among women during a quit attempt. 2014 , 22, 332-40	11
1393	Thinking about regret: Number of memories and ease of retrieval influence judgments about regret.. 2014 , 1, 329-338	
1392	Trait Mindfulness and Cognitive Task Performance: Examining the Attentional Construct of Mindfulness. 2014 , 4, 215824401456055	16

1391	Mindfulness and Related Factors among Undergraduate Students. 2014 , 159, 20-24	4
1390	Changes and interactions of flourishing, mindfulness, sense of coherence, and quality of life in patients of a mind-body medicine outpatient clinic. 2014 , 21, 154-62	21
1389	Mindfulness for singers: The effects of a targeted mindfulness course on learning vocal technique. 2015 , 32, 211-233	14
1388	Assessing Mindfulness on a Sample of Catalan-Speaking Spanish Adolescents: Validation of the Catalan Version of the Child and Adolescent Mindfulness Measure. 2015 , 18, E46	15
1387	Patients with medically unexplained physical symptoms experience of receiving treatment in a primary-care psychological therapies service: a qualitative study. 2015 , 8,	5
1386	Outcomes of a Multimodal Resilience Training Program in an Outpatient Integrative Medicine Clinic. 2015 , 21, 628-37	7
1385	Mindfulness-Based Interventions for Weight Loss and CVD Risk Management. 2015 , 9, 1	13
1384	Korean-Americans' Knowledge about Depression and Attitudes about Treatment Options. 2015 , 36, 455-63	6
1383	Mindfulness. 1-5	
1382	The psychometric properties of the Recovery Experiences Questionnaire of employees in a higher education institution. 2015 , 25, 37-43	4
1381	Relapse prevention in major depressive disorder: Mindfulness-based cognitive therapy versus an active control condition. 2015 , 83, 964-75	48
1380	Mindfulness-based stress reduction to enhance psychological functioning and improve inflammatory biomarkers in trauma-exposed women: A pilot study. 2015 , 7, 525-32	38
1379	Mindfulness and creativity in the workplace. 190-212	15
1378	Effects of changing practitioner empathy and patient expectations in healthcare consultations. 2015 ,	1
1377	Positive Psychology in Rehabilitation Psychology Research and Practice. 2015 , 443-460	3
1376	Nostalgia. 2015 ,	25
1375	Stress Management. 2015 , 185-232	1
1374	Conclusions. 2015 , 233-255	

1373	A Self-Determination Theory Perspective on Fostering Healthy Self-Regulation From Within and Without. 2015 , 139-158	8
1372	Metacognitive Interpersonal Therapy for Personality Disorders. 2015 ,	78
1371	What is mindfulness, and why should organizations care about it?. 17-41	18
1370	Mindfulness: historical and contemplative context and recent developments. 42-66	6
1369	Methods of mindfulness: how mindfulness is studied in the workplace. 67-99	10
1368	Mindfulness in Motion (MIM): An Onsite Mindfulness Based Intervention (MBI) for Chronically High Stress Work Environments to Increase Resiliency and Work Engagement. 2015 , e52359	43
1367	Intimate Partners Perspectives on the Relational Effects of Mindfulness-Based Stress Reduction Training: A Qualitative Research Study. 2015 , 37, 396-407	21
1366	Alleviating staff stress in care homes for people with dementia: protocol for stepped-wedge cluster randomised trial to evaluate a web-based Mindfulness- Stress Reduction course. 2015 , 15, 317	12
1365	Mindfulness-Based Practices as a Resource for Health and Well-Being. 2015 , 27, 349-359	4
1364	A systematic review of mindfulness and acceptance-based treatments for social anxiety disorder. 2015 , 71, 283-301	55
1363	Open and Calm--a randomized controlled trial evaluating a public stress reduction program in Denmark. 2015 , 15, 1245	9
1362	Development and Validation of the Japanese Version of the Mindful Attention Awareness Scale Using Item Response Theory Analysis. 2015 , 24, 61-76	17
1361	Meditation for older adults: a new look at an ancient intervention for mental health. 2015 , 53, 15-9	9
1360	Mindfulness, Self-Compassion, Posttraumatic Stress Disorder Symptoms, and Functional Disability in U.S. Iraq and Afghanistan War Veterans. 2015 , 28, 460-4	48
1359	Comparison of the effects of Korean mindfulness-based stress reduction, walking, and patient education in diabetes mellitus. 2015 , 17, 516-25	27
1358	Does Change Occur for the Reasons We Think It Does? A Test of Specific Therapeutic Operations During Cognitive-Behavioral Treatment of Chronic Pain. 2015 , 31, 603-11	19
1357	Cultivating mindfulness to enhance nursing practice. 2015 , 115, 48-55	14
1356	PROTOCOL: Mindfulness-Based Interventions for Improving Academic Achievement, Behavior and Socio-Emotional Functioning of Primary and Secondary Students: A Systematic Review. 2015 , 11, 1-47	4

1355	The Role of Athletes' Mindfulness in Alexithymia and Burnout. 2015 , 42, 81-92	3
1354	Mindfulness Therapies and Assessment Scales: A Brief Review. 2015 , 8, 11	2
1353	Positive Psychological Interventions for Patients with Type 2 Diabetes: Rationale, Theoretical Model, and Intervention Development. 2015 , 2015, 428349	50
1352	Eficacia-efectividad del programa de reducci3n del estr3s basado en la conciencia plena (MBSR): actualizaci3n. 2015 , 35, 289-307	2
1351	The Effectiveness of Mindfulness-Based Stress Reduction on Perceived Pain Intensity and Quality of Life in Patients With Chronic Headache. 2015 , 8, 142-51	55
1350	eMindfulness Therapy-A Study on Efficacy of Blood Pressure and Stress Control Using Mindful Meditation and Eating Apps among People with High Blood Pressure. 2015 , 2, 298-309	3
1349	Greater widespread functional connectivity of the caudate in older adults who practice kripalu yoga and vipassana meditation than in controls. 2015 , 9, 137	31
1348	Job characteristics, burnout and the relationship with recovery experiences. 2015 , 41,	3
1347	Boundary object or bridging concept? A citation network analysis of resilience. 2015 , 20,	117
1346	Association between Mindfulness and Weight Status in a General Population from the NutriNet-Sant3 Study. 2015 , 10, e0127447	21
1345	Standardised mindfulness-based interventions in healthcare: an overview of systematic reviews and meta-analyses of RCTs. 2015 , 10, e0124344	321
1344	The Potential for Mindfulness-Based Intervention in Workplace Mental Health Promotion: Results of a Randomized Controlled Trial. 2015 , 10, e0138089	38
1343	Interoception, contemplative practice, and health. 2015 , 6, 763	237
1342	The default mode network as a biomarker for monitoring the therapeutic effects of meditation. 2015 , 6, 776	53
1341	Impact of A Short-Term, Mindfulness-Based Stress Reduction Program on the Well-Being of Infertile Women: A Mixed-Method Study. 2015 , 7, 136-140	5
1340	The Influence of Buddhist Meditation Traditions on the Autonomic System and Attention. 2015 , 2015, 731579	29
1339	The Meditative Mind: A Comprehensive Meta-Analysis of MRI Studies. 2015 , 2015, 419808	64
1338	Loving-Kindness Meditation to Target Affect in Mood Disorders: A Proof-of-Concept Study. 2015 , 2015, 269126	16

1337	The Association between Meditation Practice and Job Performance: A Cross-Sectional Study. 2015 , 10, e0128287	7
1336	Music Therapy in Palliative Care. 2015 , 112, 788-94	38
1335	Hermeneutic Neurophenomenology in the Science-Religion Dialogue: Analysis of States of Consciousness in the Zohar. 2015 , 6, 146-171	
1334	Competencies in Cognitive and Behavioral Interventions. 2015 ,	
1333	Difficulties in Emotion Regulation and Mindfulness in Psychological and Somatic Symptoms of Functional Gastrointestinal Disorders. 2015 , 9, e954	9
1332	A pilot study examining mindfulness-based cognitive therapy in psoriasis. 2015 , 20, 121-7	52
1331	Marital Satisfaction, Parental Stress, and Child Behavior Problems among Parents of Young Children with Developmental Delays. 2015 , 8, 23-46	40
1330	Mindfulness-based exposure and response prevention for obsessive compulsive disorder: study protocol for a pilot randomised controlled trial. 2015 , 16, 167	13
1329	Associations Between Mindfulness, Psychological Well-Being, and Subjective Well-Being with Respect to Contemplative Practice. 2015 , 16, 1423-1436	44
1328	Cost-Effectiveness of the Mindfulness-Based Stress Reduction Methodology. 2015 , 6, 1379-1386	5
1327	Mindfulness Practice Outcomes Explained Through the Discourse of Experienced Practitioners. 2015 , 6, 1437-1447	4
1326	The role of sleep hygiene in promoting public health: A review of empirical evidence. 2015 , 22, 23-36	361
1325	Distress improves after mindfulness training for progressive MS: A pilot randomised trial. 2015 , 21, 1184-94	94
1324	To Be or Not to Be (Stressed): The Critical Role of a Psychologically Healthy Workplace in Effective Stress Management. 2015 , 31, 264-73	26
1323	Challenges to Enrollment and Participation in Mindfulness-Based Stress Reduction Among Veterans: A Qualitative Study. 2015 , 21, 409-21	21
1322	Ritual body postures: Empirical study of a neurophysiological unique altered state of consciousness.. 2015 , 43, 371-394	2
1321	The Psychological and Physiological Effects of Using a Therapy Dog in Mindfulness Training. 2015 , 28, 385-402	6
1320	Beyond Theory: Martin Buber's I and Thou and the Role of Contemplation in Integrated Relational Counseling. 2015 , 10, 423-438	2

1319	A Multimethod Approach to Women's Experiences of Reproductive Health Screening. 2015 , 2, 37-55	2
1318	Mindfulness: Enhancing physical and mental wellbeing. 2015 , 26, 450-453	5
1317	Navigating the Concepts of Gender and Violence With Young Children. 2015 , 18, 202-221	
1316	Mindfulness-based Stress Reduction (MBSR) as Treatment for Chronic Back Pain - an Observational Study with Assessment of Thalamocortical Dysrhythmia. 2015 , 22, 298-303	7
1315	Evaluating Compassion Mindfulness Therapy for Recurrent Anxiety and Depression: A Randomized Control Trial. 2015 , 25, 715-725	13
1314	Spirituality and ageing [the role of mindfulness in supporting people with dementia to live well. 2015 , 19, 123-133	3
1313	Being present at school: implementing mindfulness in schools. 2015 , 24, 245-59	26
1312	Mindfulness, Eating Behaviours, and Obesity: A Review and Reflection on Current Findings. 2015 , 4, 141-6	92
1311	Dispositional mindfulness and perceived stress: The role of emotional intelligence. 2015 , 78, 48-52	72
1310	Associations between mindfulness and panic symptoms among young adults with asthma. 2015 , 20, 322-31	49
1309	Mindfulness-based stress reduction for Tourette Syndrome and Chronic Tic Disorder: a pilot study. <i>Journal of Psychosomatic Research</i> , 2015 , 78, 293-8	4.1 41
1308	Mindfulness training as an adjunct to evidence-based treatment for ADHD within families. 2015 , 19, 147-57	30
1307	Does a meditation protocol supported by a mobile application help people reduce stress? Suggestions from a controlled pragmatic trial. 2015 , 18, 46-53	64
1306	Community-Based Mindfulness Program for Disease Prevention and Health Promotion: Targeting Stress Reduction. 2015 , 30, 36-41	21
1305	Mindfulness-Based Stress Reduction in Advanced Nursing Practice: A Nonpharmacologic Approach to Health Promotion, Chronic Disease Management, and Symptom Control. 2015 , 33, 247-59	32
1304	Acceptability and Suitability of Mindfulness Training for Diabetes Management in an Indigenous Community. 2015 , 6, 885-898	6
1303	A pilot study of a mindfulness based stress reduction program in adolescents with implantable cardioverter defibrillators or pacemakers. 2015 , 36, 786-95	25
1302	Predictors and Effects of Class Attendance and Home Practice of Yoga and Meditation Among Breast Cancer Survivors in a Mindfulness-Based Cancer Recovery (MBCR) Program. 2015 , 6, 1201-1210	13

1301	Dissociative Fugue Disorder: Identification and Psychological Intervention. 2015 , 60, 17-24	4
1300	Effects of a brief mindfulness-based intervention program for stress management among medical students: the Mindful-Gym randomized controlled study. 2015 , 20, 1115-34	63
1299	Your best life: mindfulness--the end of suffering. 2015 , 473, 426-9	15
1298	Stress management and alcohol. 2015 , 227-242	
1297	A mindfulness-based stress prevention training for medical students (MediMind): study protocol for a randomized controlled trial. 2015 , 16, 40	17
1296	Mindfulness-based stress reduction teachers, practice characteristics, cancer incidence, and health: a nationwide ecological description. 2015 , 15, 24	5
1295	Childhood trauma and neural responses to personalized stress, favorite-food and neutral-relaxing cues in adolescents. 2015 , 40, 1580-9	32
1294	Violent criminality and self-compassion. 2015 , 24, 226-240	16
1293	Examples of Holistic Good Practices in Promoting and Protecting Mental Health in the Workplace: Current and Future Challenges. 2015 , 6, 295-304	10
1292	Does Mindfulness Meditation Increase Effectiveness of Substance Abuse Treatment with Incarcerated Youth? A Pilot Randomized Controlled Trial. 2015 , 6, 1472-1480	36
1291	"If you do nothing about stress, the next thing you know, you're shattered": Perspectives on African American men's stress, coping and health from African American men and key women in their lives. 2015 , 139, 107-14	34
1290	Dynamic reflexivity in action: an armchair walkthrough of a qualitatively driven mixed-method and multiple methods study of mindfulness training in schoolchildren. 2015 , 25, 751-62	16
1289	Trauma-Informed Mindfulness-Based Stress Reduction: A Promising New Model for Working with Survivors of Interpersonal Violence. 2015 , 85, 194-219	11
1288	Mindfulness-based Intervention for Perinatal Grief after Stillbirth in Rural India. 2015 , 36, 222-30	25
1287	Effectiveness of Choice Theory Connections: a cross-sectional and comparative analysis of California female inmates. 2015 , 59, 757-71	2
1286	A Program to Protect Integrity of Body-Mind-Spirit: Mindfulness Based Stress Reduction Program. 2015 , 7, 1	2
1285	Teaching and Developing Social and Emotional Skills with Technology. 2015 , 22, 1-34	35
1284	How similar are the changes in neural activity resulting from mindfulness practice in contrast to spiritual practice?. 2015 , 36, 219-32	14

1283	MoodLight: Exploring Personal and Social Implications of Ambient Display of Biosensor Data. 2015 , 2015, 143-153	49
1282	Physiotherapists supporting self-management through health coaching: a mixed methods program evaluation. 2015 , 31, 29-38	9
1281	An Exploratory Study of the Effects of Mind-Body Interventions Targeting Sleep on Salivary Oxytocin Levels in Cancer Survivors. 2015 , 14, 366-80	24
1280	Severe flare as a predictor of poor outcome in ankylosing spondylitis: a cohort study using questionnaire and routine data linkage. 2015 , 54, 1563-72	10
1279	Mindfulness. 2015 , 549-553	
1278	The Relationship Between Mindfulness, Depression, Diabetes Self-Care, and Health-Related Quality of Life in Patients with Type 2 Diabetes. 2015 , 6, 1313-1321	10
1277	A mindfulness-based program for improving quality of life among hematopoietic stem cell transplantation survivors: feasibility and preliminary findings. 2015 , 23, 1105-12	16
1276	Inner resources for survival: integrating interpersonal psychotherapy with spiritual visualization with homeless youth. 2015 , 54, 903-21	8
1275	Emerging behavioral treatments for migraine. 2015 , 19, 13	24
1274	Five Facets of Mindfulness and Psychological Health: Evaluating a Psychological Model of the Mechanisms of Mindfulness. 2015 , 6, 1021-1032	90
1273	A Brief Mindfulness Intervention for Healthy College Students and Its Effects on Psychological Distress, Self-Control, Meta-Mood, and Subjective Vitality. 2015 , 6, 1071-1081	68
1272	Is neuroplasticity in the central nervous system the missing link to our understanding of chronic musculoskeletal disorders?. 2015 , 16, 25	107
1271	Mindfulness training for smokers via web-based video instruction with phone support: a prospective observational study. 2015 , 15, 95	21
1270	Mindfulness training for medical students in their clinical clerkships: two cross-sectional studies exploring interest and participation. 2015 , 15, 24	12
1269	Dissociation between the cognitive and interoceptive components of mindfulness in the treatment of chronic worry. 2015 , 48, 192-9	25
1268	An Exploratory Study into the Effectiveness of Fidelity Scales in the Delivery of Mindfulness-Based Cognitive Therapy. 2015 , 6, 1401-1410	2
1267	EEG-guided meditation: A personalized approach. 2015 , 109, 180-190	19
1266	Zen and the art of sex: examining associations among mindfulness, sexual satisfaction, and relationship satisfaction in dating relationships. 2015 , 30, 268-285	39

1265	Mindful Eating: An Emerging Approach for Healthy Weight Management. 2015 , 9, 212-216	14
1264	Mindfulness-based stress reduction for healthy individuals: A meta-analysis. <i>Journal of Psychosomatic Research</i> , 2015 , 78, 519-28	4.1 720
1263	Mindfulness and weight loss: a systematic review. 2015 , 77, 59-67	110
1262	Short-form mindfulness-based stress reduction reduces anxiety and improves health-related quality of life in an inner-city population. 2015 , 29, 70-7	24
1261	An adapted mindfulness-based stress reduction program for elders in a continuing care retirement community: quantitative and qualitative results from a pilot randomized controlled trial. 2015 , 34, 518-38	38
1260	Replacing stressful challenges with positive coping strategies: a resilience program for clinical placement learning. 2015 , 20, 1303-24	47
1259	A Review of Mindfulness-Based Sex Therapy Interventions for Sexual Desire and Arousal Difficulties: From Research to Practice. 2015 , 7, 89-97	8
1258	Mindfulness training for adolescents: A neurodevelopmental perspective on investigating modifications in attention and emotion regulation using event-related brain potentials. 2015 , 15, 696-711	47
1257	Positive Psychological Interventions in Counseling: What Every Counseling Psychologist Should Know 2015 , 43, 508-557	40
1256	Longitudinal Evaluation of the Relationship Between Mindfulness, General Distress, Anxiety, and PTSD in a Recently Deployed National Guard Sample. 2015 , 6, 1303-1312	19
1255	Stress, Coping and Health. 2015 , 551-555	2
1254	A shift in perspective: Decentering through mindful attention to imagined stressful events. 2015 , 75, 505-24	52
1253	The Process-Outcome Mindfulness Effects in Trainees (PrOMET) study: protocol of a pragmatic randomized controlled trial. 2015 , 3, 25	8
1252	Burning Issues in Dispositional Mindfulness Research. 2015 , 67-80	6
1251	Mindfulness as a Key Construct in Modern Psychotherapy. 2015 , 141-154	1
1250	Resilience Training: A Pilot Study of a Mindfulness-Based Program with Depressed Healthcare Professionals. 2015 , 11, 433-44	37
1249	Taming the adolescent mind: a randomised controlled trial examining clinical efficacy of an adolescent mindfulness-based group programme. 2015 , 20, 49-55	44
1248	The effects of therapist support and treatment presentation on the clinical outcomes of an Internet based applied relaxation program. 2015 , 2, 289-296	11

1247	Mehr als nur Entspannung?. 2015 , 16, 217-223	1
1246	Predicting Depressive Symptoms and Weight from Adolescence to Adulthood: Stressors and the Role of Protective Factors. 2015 , 44, 2122-40	15
1245	Wirkfaktoren achtsamkeitsbasierter Suchttherapie. 2015 , 16, 59-68	3
1244	Psychiatry and Neuroscience Update. 2015 ,	0
1243	Rumination and multi-modal emotional reactivity. 2015 , 29, 1486-95	15
1242	Handbook of Mindfulness and Self-Regulation. 2015 ,	25
1241	Integrative Medicine and the Trauma Spectrum Response. 2015 , 27, 376-383	
1240	Buddhist Foundations of Mindfulness. 2015 ,	20
1239	Dispositional Mindfulness in People with HIV: Associations with Psychological and Physical Health. 2015 , 86, 88-93	16
1238	Mindfulness-based interventions for people with multiple sclerosis. 2015 , 21, 1093-4	10
1237	Real-Time Representation Versus Response Elicitation in Biosensor Data. 2015 ,	14
1236	Benefits of mindfulness training for patients with progressive cognitive decline and their caregivers. 2015 , 30, 257-67	72
1235	MeditAid: a wearable adaptive neurofeedback-based system for training mindfulness state. 2015 , 19, 1169-1182	45
1234	Operationalizing Pain Treatment in the Biopsychosocial Model: Take a Daily "SWEM"--Socialize, Work, Exercise, Meditate. 2015 , 29, 290-9	2
1233	Lumping and Splitting in the Study of Meaning in Life: Thoughts on Surfing, Surgery, Scents, and Sermons. 2015 , 26, 336-342	6
1232	Mindfulness, Attention, and Working Memory. 2015 , 33-45	6
1231	Self-Compassion: What It Is, What It Does, and How It Relates to Mindfulness. 2015 , 121-137	120
1230	Clinical Perspectives: Mindfulness-Based Cognitive Therapy and Mood Disorders. 2015 , 171-183	

1229	Mindfulness and the Addictive Process: Psychological Models and Neurobiological Mechanisms. 2015 , 185-198	3
1228	The Why, What, and How of Healthy Self-Regulation: Mindfulness and Well-Being from a Self-Determination Theory Perspective. 2015 , 81-94	23
1227	Mindfulness, Basic Psychological Needs Fulfillment, and Well-Being. 2015 , 16, 1149-1162	49
1226	Mindfulness skills are associated with female orgasm?. 2015 , 30, 256-267	28
1225	Psychometric properties of the Hebrew short version of the Zimbardo Time Perspective Inventory. 2015 , 38, 219-45	23
1224	Washing Dishes to Wash the Dishes: Brief Instruction in an Informal Mindfulness Practice. 2015 , 6, 1095-1103	33
1223	Mindful Parenting and Adolescent Depressive Symptoms: The Few Associations Are Moderated by Adolescent Gender and Parental Depressive Symptoms. 2015 , 6, 812-823	9
1222	The role of emotion and emotion regulation in social anxiety disorder. 2015 , 17, 531	66
1221	Meditation: a Process of Cultivating Enhanced Well-Being. 2015 , 6, 338-347	5
1220	Examining Mindfulness and Its Relation to Self-Differentiation and Alexithymia. 2015 , 6, 79-87	13
1219	Mindfulness in informal caregivers of palliative patients. 2015 , 13, 11-8	17
1218	Mindfulness Interventions with Youth: A Meta-Analysis. 2015 , 6, 290-302	392
1217	A Controlled Evaluation of Mindfulness-Based Cognitive Therapy for Patients with Coronary Heart Disease and Depression. 2015 , 6, 405-416	20
1216	The Italian Adaptation of the Mindful Awareness Attention Scale and its Relation with Individual Differences and Quality of Life Indexes. 2015 , 6, 373-381	25
1215	Mindfulness-Based Interventions Reduce Psychological Distress in Working Adults: a Meta-Analysis of Intervention Studies. 2015 , 6, 326-337	139
1214	Testing a Moderated Mediation Model of Mindfulness, Psychosocial Stress, and Alcohol Use among African American Smokers. 2015 , 6, 315-325	21
1213	Design of Economic Evaluations of Mindfulness-Based Interventions: Ten Methodological Questions of Which to Be Mindful. 2015 , 6, 490-500	14
1212	Feasibility of a Mindfulness-Based Intervention for Aboriginal Adults with Type 2 Diabetes. 2015 , 6, 264-280	9

1211	Translating and Implementing a Mindfulness-Based Youth Suicide Prevention Intervention in a Native American Community. 2015 , 24, 12-23	45
1210	Development of the Sexual Five-Facet Mindfulness Questionnaire (FFMQ-S): Validation Among a Community Sample of French-Speaking Women. 2015 , 52, 617-26	24
1209	Mindfulness Revisited: A Buddhist-Based Conceptualization. 2015 , 24, 3-24	152
1208	Workplace stress and the quality of teacher–children relationships in Head Start. 2015 , 30, 57-69	136
1207	Mindfulness, Work Climate, and Psychological Need Satisfaction in Employee Well-being. 2015 , 6, 971-985	120
1206	Relation Between Personality Traits and Mindfulness Following Mindfulness-Based Training: A Study of Incarcerated Individuals with Drug Abuse Disorders in Taiwan. 2015 , 13, 413-421	6
1205	Enactment of home practice following mindfulness-based relapse prevention and its association with substance-use outcomes. 2015 , 40, 16-20	33
1204	Impact of Mindfulness Training on Counseling Students’ Perceptions of Stress. 2015 , 6, 159-169	20
1203	The Effectiveness of Mindfulness-Based Stress Reduction on Educator Stress and Well-Being: Results from a Pilot Study. 2015 , 6, 208-216	94
1202	Evaluation of an Advanced Mindfulness Program Following a Mindfulness-Based Stress Reduction Program for Participants Suffering from Mental Fatigue After Acquired Brain Injury. 2015 , 6, 227-233	13
1201	Does Change in Self-reported Mindfulness Mediate the Clinical Benefits of Mindfulness Training? A Controlled Study Using the French Translation of the Five Facet Mindfulness Questionnaire. 2015 , 6, 553-559	15
1200	The Stages of Insight: Clinical Relevance for Mindfulness-Based Interventions. 2015 , 6, 589-600	22
1199	Non-duality and the Integration of Mindfulness into Psychotherapy: Qualitative Research with Meditating Therapists. 2015 , 6, 708-722	7
1198	Components of Sleep Quality as Mediators of the Relation Between Mindfulness and Subjective Vitality Among Older Adults. 2015 , 6, 723-731	14
1197	A Brief Mindfulness Exercise Reduces Cardiovascular Reactivity During a Laboratory Stressor Paradigm. 2015 , 6, 803-811	21
1196	Teaching Mindfulness to Middle School Students and Homeless Youth in School Classrooms. 2015 , 24, 1179-1191	37
1195	Mindfulness Meditation Training for Graduate Students in Educational Counseling and Special Education: A Qualitative Analysis. 2015 , 24, 1322-1333	24
1194	Trait mindfulness is associated with blood pressure and interleukin-6: exploring interactions among subscales of the Five Facet Mindfulness Questionnaire to better understand relationships between mindfulness and health. 2015 , 38, 28-38	36

1193	Effects of Meditation on Stress Levels of Physical Therapist Students. 2016 , 30, 33-39	11
1192	Mindful awareness in early childhood education. 2016 , 6, 9	3
1191	Exploring personality traits, mindfulness and sense of coherence of women working in higher education. 2016 , 15,	1
1190	Mindfulness Approaches to Psychological Disorders. 2016 , 148-155	
1189	The Impact of Antenatal Psychological Group Interventions on Psychological Well-Being: A Systematic Review of the Qualitative and Quantitative Evidence. 2016 , 4,	9
1188	Interventions for music performance anxiety: results from a systematic literature review. 2016 , 43, 116-131	13
1187	Technology Enhances Social-Emotional Intelligence in Individuals with Autism Spectrum Disorders. 2016 , 151-193	
1186	Even Buddhist Monks Use a Gong. 2016 , 6, 39-51	3
1185	The Efficacy of Body-Oriented Yoga in Mental Disorders: A Systematic Review and Meta-Analysis. 2016 , 113, 195-202	15
1184	Women, Stress and Heart Health: Mindfulness-Based Stress Reduction and Cardiovascular Disease. 2016 , 31, 103	1
1183	Neurochemical and Neuroanatomical Plasticity Following Memory Training and Yoga Interventions in Older Adults with Mild Cognitive Impairment. 2016 , 8, 277	32
1182	Pushing the Limits: Cognitive, Affective, and Neural Plasticity Revealed by an Intensive Multifaceted Intervention. 2016 , 10, 117	12
1181	Mindful Climate Action: Health and Environmental Co-Benefits from Mindfulness-Based Behavioral Training. 2016 , 8,	33
1180	Pharmacologic and Non-Pharmacologic treatment approaches to chronic pain in individuals with HIV. 2016 , 97-112	1
1179	The Effectiveness of Daily Mindful Breathing Practices on Test Anxiety of Students. 2016 , 11, e0164822	32
1178	Mindfulness Training in Primary Schools Decreases Negative Affect and Increases Meta-Cognition in Children. 2015 , 6, 2025	41
1177	Psychological Treatments and Psychotherapies in the Neurorehabilitation of Pain: Evidences and Recommendations from the Italian Consensus Conference on Pain in Neurorehabilitation. 2016 , 7, 115	51
1176	How Do Theories of Cognition and Consciousness in Ancient Indian Thought Systems Relate to Current Western Theorizing and Research?. 2016 , 7, 343	28

1175	Traditional Meditation, Mindfulness and Psychodynamic Approach: An Integrative Perspective. 2016 , 7, 552	3
1174	Clinical Utility of Mindfulness Training in the Treatment of Fatigue After Stroke, Traumatic Brain Injury and Multiple Sclerosis: A Systematic Literature Review and Meta-analysis. 2016 , 7, 912	35
1173	Trait Reappraisal Predicts Affective Reactivity to Daily Positive and Negative Events. 2016 , 7, 1000	12
1172	Cognitive Effects of Mindfulness Training: Results of a Pilot Study Based on a Theory Driven Approach. 2016 , 7, 1037	18
1171	Distinguishing Dispositional and Cultivated Forms of Mindfulness: Item-Level Factor Analysis of Five-Facet Mindfulness Questionnaire and Construction of Short Inventory of Mindfulness Capability. 2016 , 7, 1348	12
1170	Development and Clinical Evaluation of an mHealth Application for Stress Management. 2016 , 7, 130	18
1169	Mindfulness Based Cognitive Therapy (MBCT) as An Addition to Psychiatric Care as Usual Useful for HIV-infected Patients with Mental Health Symptoms. 2016 , 07,	1
1168	Physical Therapists' Perceptions of Mindfulness for Stress Reduction: An Exploratory Study. 2016 , 30, 45-51	3
1167	Potential treatment mechanisms in a mindfulness-based intervention for people with progressive multiple sclerosis. 2016 , 21, 859-880	47
1166	Mindfulness meditation and the immune system: a systematic review of randomized controlled trials. 2016 , 1373, 13-24	238
1165	Trauma-Informed Mindfulness-Based Stress Reduction for Female Survivors of Interpersonal Violence: Results From a Stage I RCT. 2016 , 72, 311-28	59
1164	Importance of Morality in Mindfulness Practice. 2016 , 61, 97-110	16
1163	A Controlled Study of a Group Mindfulness Intervention for Individuals Living With Inflammatory Bowel Disease. 2016 , 22, 694-701	45
1162	Psychosocial Characteristics of Student Veterans with Service-Related Disabilities: Implications for Further Research and Occupational Therapy Involvement. 2016 , 32, 146-166	7
1161	Mehr als nur Entspannung?. 2016 , 37, 520-526	
1160	What and who? Mindfulness in the mental health setting. 2016 , 40, 333-340	4
1159	How does Mindfulness training change the narratives of young people identified as having behavioural difficulties? An exploratory study. 2016 , 32, 374-394	1
1158	Mindfulness and Its Assessment. 2016 , 99-125	1

1157	Mindful Sport Performance Enhancement (MSPE): Development and Applications. 153-185	5
1156	Mindfulness in Positive Psychology. 2016 ,	28
1155	Mindfulness-based parenting programmes for improving psychosocial outcomes in children from birth to age 18 and their parents. 2016 ,	3
1154	Developmental Transformations short-form as a stress reduction method for children. 2016 , 2, 167-181	4
1153	Parenting acceptance and commitment therapy: a randomised controlled trial of an innovative online course for families of children with cerebral palsy. 2016 , 6, e012807	10
1152	Mindfulness in maternity: Evaluation of a course for midwives. 2016 , 24, 188-195	15
1151	Enhanced happiness and stress alleviation upon insight meditation retreat: mindfulness, a part of traditional Buddhist meditation. 2016 , 19, 648-659	4
1150	Living Mindfully. 2016 , 21-29	
1149	Programas de ordenador basados en mindfulness . Una revisi3n de la literatura m3dica. 2016 , 1, 23-30	1
1148	Mindfulness in Individuals with Autism Spectrum Disorder: a Systematic Review and Narrative Analysis. 2016 , 3, 165-178	29
1147	Attentional and affective consequences of technology supported mindfulness training: a randomised, active control, efficacy trial. 2016 , 4, 60	52
1146	Pilot Study of a Mindfulness-Based Group Intervention for Individuals with Parkinson's Disease and Their Caregivers. 2016 , 7, 361-371	38
1145	Mindfulness and Teachers' Coping in the Classroom: A Developmental Model of Teacher Stress, Coping, and Everyday Resilience. 2016 , 99-118	28
1144	Mindfulness Promotes the Ability to Deliver Performance in Highly Demanding Situations. 2016 , 7, 727-733	30
1143	Well-being and Coping of Student Veterans Readjusting into Academia: A Pilot Survey. 2016 , 32, 86-107	10
1142	Stress Prevention and Mindfulness: A Psychoeducational and Support Group for Teachers. 2016 , 41, 117-139	8
1141	Two-Year Impact of a Mindfulness-Based Program on Preschoolers' Self-Regulation and Academic Performance. 2016 , 27, 805-821	38
1140	The Relationship Between Mindfulness, Depressive Symptoms, and Non-Suicidal Self-Injury Amongst Adolescents. 2016 , 20, 635-49	21

1139	Exploring Existential Coping Resources: The Perspective of Koreans with Cancer. 2016 , 55, 2053-68	16
1138	An Integrative Group Treatment Model for Women with Binge Eating Disorder: Mind, Body and Self in Connection. 2016 , 44, 57-68	2
1137	Healthy aging at work Development of a preventive group intervention to promote quality of life of nursing staff aged 45 years and older. 2016 , 4, 42-48	5
1136	Developmental patterns of adolescent spiritual health in six countries. 2016 , 2, 294-303	26
1135	Mechanisms of mindfulness: The dynamics of affective adaptation during open monitoring. 2016 , 118, 94-106	23
1134	Randomized controlled pilot trial of mindfulness-based stress reduction compared to psychoeducational support for persistently fatigued breast and colorectal cancer survivors. 2016 , 24, 4085-96	67
1133	The efficacy of a Mindfulness Based Intervention for depressive symptoms in patients with Multiple Sclerosis and their caregivers: study protocol for a randomized controlled clinical trial. 2016 , 16, 7	12
1132	Effectiveness of focused meditation for patients with chronic low back pain-A randomized controlled clinical trial. 2016 , 26, 79-84	16
1131	From Buddhist sati to Western mindfulness practice: A contextual analysis. 2016 , 35, 7-23	10
1130	Mindfulness in Education: Introduction and Overview of the Handbook. 2016 , 3-16	19
1129	Processes of Teaching, Learning, and Transfer in Mindfulness-Based Interventions (MBIs) for Teachers: A Contemplative Educational Perspective. 2016 , 149-170	15
1128	Examining Mindfulness and Its Relations to Humility, Motivation to Lead, and Actual Servant Leadership Behaviors. 2016 , 7, 950-961	43
1127	Protective Role of Religious Involvement Against Depression and Suicidal Ideation Among Youth with Interpersonal Problems. 2016 , 55, 1172-88	33
1126	Mindfulness Training for Teachers. 2016 , 83-97	7
1125	Systematic review: complementary therapies and employee well-being. 2016 , 66, 428-36	15
1124	Trajectories of Terminally Ill Patients' Cardiovascular Response to 'Receptive Music Therapy in Palliative Care. 2016 , 52, 196-204	24
1123	Have complementary therapies demonstrated effectiveness in rheumatoid arthritis?. 2016 , 12, 151-157	1
1122	Association of Dispositional Mindfulness with Stress, Cortisol, and Well-Being Among University Undergraduate Students. 2016 , 7, 874-885	28

1121	Mindfulness training and employee well-being. 2016 , 9, 126-145		9
1120	Cost-utility and biological underpinnings of Mindfulness-Based Stress Reduction (MBSR) versus a psychoeducational programme (FibroQoL) for fibromyalgia: a 12-month randomised controlled trial (EUDAIMON study). 2016 , 16, 81		25
1119	A review of primary care interventions to improve health outcomes in adult survivors of adverse childhood experiences. 2016 , 46, 59-90		43
1118	African American Women's Perceptions of Mindfulness Meditation Training and Gendered Race-Related Stress. 2016 , 7, 1034-1043		23
1117	Mindfulness facets as differential mediators of short and long-term effects of Mindfulness-Based Cognitive Therapy in diabetes outpatients: Findings from the DiaMind randomized trial. <i>Journal of Psychosomatic Research</i> , 2016 , 85, 44-50	4.1	17
1116	Effectiveness of mindfulness-based interventions on quality of life and positive reappraisal coping among parents of children with autism spectrum disorder. 2016 , 55, 185-96		37
1115	Exploring the impact of mindfulness meditation training in pre-licensure and post graduate nurses. 2016 , 45, 142-7		19
1114	Intervenciones psicológicas basadas en mindfulness y sus beneficios: estado actual de la cuestión. 2016 , 27, 115-124		16
1113	The relationship between positive psychological characteristics and longer telomeres. 2016 , 31, 1466-1480		22
1112	The effects of a mindfulness-based lifestyle program for adults with Parkinson's disease: a mixed methods, wait list controlled randomised control study. 2016 , 16, 166		59
1111	RelaWorld. 2016 ,		64
1110	Treatment for Anhedonia: A Neuroscience Driven Approach. 2016 , 33, 927-938		125
1109	Asthma and Mindfulness: an Increase in Mindfulness as the Mechanism of Action Behind Breathing Retraining Techniques?. 2016 , 7, 1249-1255		4
1108	Effectiveness of a mindfulness-based intervention on oncology nurses' burnout and compassion fatigue symptoms: A non-randomized study. 2016 , 64, 98-107		95
1107	Attentional orienting and executive control are affected by different types of meditation practice. 2016 , 46, 110-126		24
1106	Tolerability and suitability of brief group mindfulness-oriented interventions in psychiatric inpatients: a pilot study. 2016 , 20, 170-4		8
1105	Effects of Mindfulness Interventions on Health Outcomes in Older Lesbian/Bisexual Women. 2016 , 26 Suppl 1, S53-62		14
1104	Discrimination and multicultural identity configurations: The mediating role of stress. 2016 , 55, 86-96		11

1103	The role of mindfulness on employee psychological reactions to mergers and acquisitions. 2016 , 29, 816-831	6
1102	Chronic Orofacial Pain and Behavioral Medicine. 2016 , 28, 247-60	6
1101	What Does Meditation Contribute to Workplace? An Integrative Review. 2016 , 6, 18-34	4
1100	Effects of a Mindfulness Intervention on Sports-Anxiety, Pessimism, and Flow in Competitive Cyclists. 2016 , 8, 85-103	47
1099	Cognitive effects of MBSR/MBCT: A systematic review of neuropsychological outcomes. 2016 , 45, 109-123	77
1098	Mindfulness based stress reduction adapted for depressed disadvantaged women in an urban Federally Qualified Health Center. 2016 , 25, 59-67	23
1097	Mindfulness Interventions Delivered by Technology Without Facilitator Involvement: What Research Exists and What Are the Clinical Outcomes?. 2016 , 7, 1011-1023	70
1096	Pain beliefs and problems in functioning among people with arthritis: a meta-analytic review. 2016 , 39, 735-56	27
1095	Common variant in OXTR predicts growth in positive emotions from loving-kindness training. 2016 , 73, 244-251	24
1094	Using health psychology to help patients: promoting wellbeing. 2016 , 25, 852-5	4
1093	Measures of Positive Psychology. 2016 ,	31
1092	Non-Pharmacological Interventions for Insomnia in Cancer Patients. 2016 , 313-330	
1091	Socioexistential mindfulness: Bringing empathy and compassion into health care practice.. 2016 , 3, 22-31	6
1090	The Influence of Attrition in Evaluating the Efficacy and Effectiveness of Mindfulness-Based Interventions. 2016 , 14, 969-981	28
1089	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. 2016 , 7, 1396-1407	44
1088	Differential Associations of Religious Involvement with the Mental Health of Asian-American Subgroups: A Cultural Perspective. 2016 , 55, 2113-30	10
1087	Can a leopard change its spots? An investigation of mindfulness in relation to brain plasticity. 2016 , 15, 221-234	2
1086	Neurobiological Models of the Impact of Adversity on Education. 2016 , 10, 108-113	54

1085	Mindfulness meditation-based pain relief: a mechanistic account. 2016 , 1373, 114-27	117
1084	Mindfulness-based cognitive therapy for psychological distress in pregnancy: study protocol for a randomized controlled trial. 2016 , 17, 498	18
1083	Effects of Eight-Week-Web-Based Mindfulness Training on Pain Intensity, Pain Acceptance, and Life Satisfaction in Individuals With Chronic Pain. 2016 , 119, 586-607	33
1082	Does mindfulness enhance stock trading performance?: the moderating and mediating effects of impulse control difficulties. 2016 , 7, 257	7
1081	The Mindful AFL Player: Engagement, Mobile Apps, and Well-Being. 268-299	1
1080	The Role of Adherence in the Effects of a Mindfulness Intervention for Competitive Athletes: Changes in Mindfulness, Flow, Pessimism, and Anxiety. 2016 , 10, 99-117	20
1079	Typical and Atypical Brain Development Across the Life Span in a Neural Network Model of Psychopathology. 2016 , 1-75	
1078	Canadian Children and Spiritual Health: Foundations for Spiritual Care. 2016 , 70, 244-256	2
1077	Mindfulness and Coping Are Inversely Related to Psychiatric Symptoms in Patients and Informal Caregivers in the Neuroscience ICU: Implications for Clinical Care. 2016 , 44, 2028-2036	31
1076	The effect of bundling medication-assisted treatment for opioid addiction with mHealth: study protocol for a randomized clinical trial. 2016 , 17, 592	23
1075	Mixed Staff and Client Mindfulness Groups in a Long Stay Inpatient Setting: An Evaluation. 2016 , 3, 95-100	
1074	Mindfulness Scholarship and Interventions: A Review. 3-28	2
1073	Mindfulness in Music. 412-436	3
1072	Utilizing Mindfulness Strategies in Mentoring and Coaching Socially Vulnerable Youth. 464-487	1
1071	Meditation for adults with haematological malignancies. 2016 , 2, CD011157	14
1070	Pain and Depressive Symptoms in Primary Care: Moderating Role of Positive and Negative Affect. 2016 , 32, 562-7	7
1069	Lifetime and 12-Month Nonsuicidal Self-Injury and Academic Performance in College Freshmen. 2016 , 46, 563-576	55
1068	The Mind and the Brain. 2016 , 291-394	

1067	The Role of Fear of Loss of Vigilance and Reexperiencing in Insomnia Among Veterans. 2016 , 4, 373-382	4
1066	Pain and Suicidal Behavior in Primary Care Patients: Mediating Role of Interpersonal Needs. 2016 , 14, 820-830	3
1065	Experiences of Changes in Self-Compassion Following Mindfulness-Based Intervention with a Cancer Population. 2016 , 7, 734-744	5
1064	Intolerance of Uncertainty as a Mediator of the Relationship between Mindfulness and Health Anxiety. 2016 , 7, 859-865	19
1063	The Effects of Labyrinth Walking in an Academic Library. 2016 , 56, 957-973	4
1062	Mindfulness-Based Cognitive Therapy. 2016 ,	2
1061	Repressed anger mediates associations between sexual minority stressors and negative psychological outcomes in gay men and lesbian women. 2016 , 20, 280-296	5
1060	Mastering mindfulness for survival in medicine. 2016 , 109, 44-5	1
1059	The Potential Explanatory Role of Perceived Stress in Associations Between Subjective Social Status and Health-Related Quality of Life Among Homeless Smokers. 2016 , 40, 303-24	16
1058	New Ways of Being a Man: Positive Hegemonic Masculinity in Meditation-based Communities of Practice. 2016 , 19, 289-310	21
1057	A psychosocial resilience curriculum provides the "missing piece" to boost adolescent physical health: A randomized controlled trial of Girls First in India. 2016 , 161, 37-46	28
1056	Revalidation of the Cognitive and Affective Mindfulness Scale [Revised (CAMS-R) With Its Newly Developed Chinese Version (Ch-CAMS-R). 2016 , 10, e1	17
1055	The Effects of Mindfulness-Based Cognitive Therapy in Bipolar Disorder. 2016 , 155-161	
1054	Listening to Their Words: A Qualitative Analysis of Integrative Medicine Group Visits in an Urban Underserved Medical Setting. 2016 , 17, 1183-1191	9
1053	Self-Compassion and Predictors of Criminality. 2016 , 25, 503-517	13
1052	A School-Based Mindfulness Pilot Study for Ethnically Diverse At-Risk Adolescents. 2016 , 7, 90-104	85
1051	Mindfulness, Stress and Well-Being in Parents of Children with Autism Spectrum Disorder: A Systematic Review. 2016 , 25, 1-14	110
1050	Strengthening Teacher Presence Through Mindfulness: What Educators Say About the Cultivating Awareness and Resilience in Education (CARE) Program. 2016 , 7, 209-218	37

1049	Gender-sensitive and youth-friendly physiotherapy: Steps toward a stress management intervention for girls and young women. 2016 , 32, 20-33	8
1048	Mindfulness and Work-Related Well-Being. 2016 , 313-336	1
1047	The Last of Human Desire: Grief, Death, and Mindfulness. 2016 , 247-257	
1046	What Is Required to Teach Mindfulness Effectively in MBSR and MBCT?. 2016 , 61-83	4
1045	Experimental Approaches to Loving-Kindness Meditation and Mindfulness That Bridge the Gap Between Clinicians and Researchers. 2016 , 85-93	2
1044	Cumulative effect of short-term and long-term meditation practice in men and women on psychophysiological parameters of electroencephalographic imaging: a cross-sectional study. 2016 , 13, 73-82	1
1043	Mindfulness and Buddhist-Derived Approaches in Mental Health and Addiction. 2016 ,	3
1042	Evaluating the effects of mindfulness-based interventions for informal palliative caregivers: A systematic literature review. 2016 , 30, 117-31	39
1041	Making time for mindfulness. 2016 , 96, 38-50	63
1040	Mindfulness Training to Promote Self-Regulation in Youth: Effects of the Inner Kids Program. 2016 , 295-311	11
1039	Promoting Caring: Mindfulness- and Compassion-Based Contemplative Training for Educators and Students. 2016 , 285-294	7
1038	Mindfulness-based yoga intervention for women with depression. 2016 , 26, 85-91	26
1037	Development of a mindfulness-based stress performance model for construction workers. 2016 , 34, 110-128	19
1036	Personal resurrection: female childhood sexual abuse survivors' experience of the Wellness-Program. 2016 , 30, 175-86	7
1035	Effectiveness of a school-based mindfulness program for transdiagnostic prevention in young adolescents. 2016 , 81, 1-11	82
1034	Outcomes of MBSR or MBSR-based interventions in health care providers: A systematic review with a focus on empathy and emotional competencies. 2016 , 24, 19-28	134
1033	Let's be healthy together: Relational motivation for physical health is more effective for women. 2016 , 40, 36-55	10
1032	Experiences of adults providing care to a partner or relative with depression: A meta-ethnographic synthesis. 2016 , 192, 41-9	22

1031	Event-related potential correlates of mindfulness meditation competence. 2016 , 320, 83-92	39
1030	The Role of Mindfulness in Urinary Urgency Symptoms. 2016 , 11, 38-44	3
1029	A Web-Based Mindfulness Stress Management Program in a Corporate Call Center: A Randomized Clinical Trial to Evaluate the Added Benefit of Onsite Group Support. 2016 , 58, 254-64	104
1028	Mindfulness and Parenting: A Correlational Study of Non-meditating Mothers of Preschool Children. 2016 , 25, 1672-1683	32
1027	Effects of stress on HIV infection progression. 2016 , 15, 13-16	3
1026	Exploring The effects Of An online asynchronous mindfulness meditation intervention with nursing students On Stress, mood, And Cognition: A descriptive study. 2016 , 39, 163-9	46
1025	Have complementary therapies demonstrated effectiveness in rheumatoid arthritis?. 2016 , 12, 151-7	20
1024	Exploring the relationship of decentering to health related concepts and cognitive and metacognitive processes in a student sample. 2016 , 4, 11	11
1023	Cultivating focus: insights from dedicated yoga practice and the implications for mental health and well-being. 2016 , 8, 165-179	4
1022	Handbook of Mindfulness in Education. 2016 ,	53
1021	Effets de la pratique de la pleine conscience et du Tai Chi Chuan sur la sant�mentale d'�tudiants : une �tude pilote contr�le non randomis�e. 2016 , 26, 32-48	2
1020	Mindfulness-Based Sex Therapy Improves Genital-Subjective Arousal Concordance in Women With Sexual Desire/Arousal Difficulties. 2016 , 45, 1907-1921	77
1019	Mindfulness Matters in the Classroom: The Effects of Mindfulness Training on Brain Development and Behavior in Children and Adolescents. 2016 , 271-283	12
1018	Mindfulness and Social Emotional Learning (SEL): A Conceptual Framework. 2016 , 65-80	30
1017	CARE for Teachers: A Mindfulness-Based Approach to Promoting Teachers' Social and Emotional Competence and Well-Being. 2016 , 133-148	16
1016	Mindfulness Training May Enhance the Psychological Well-Being of People with Cystic Fibrosis. 2016 , 7, 781-784	2
1015	Clinical outcomes from The BodyMind Approach in the treatment of patients with medically unexplained symptoms in primary health care in England: Practice-based evidence. 2016 , 47, 55-65	13
1014	School-Based Mindfulness Instruction: An RCT. 2016 , 137,	120

1013	The Effects of Internet-Delivered Mindfulness Training on Stress, Coping, and Mindfulness in University Students. 2016 , 2, 233285841562518	10
1012	Mindfulness-based stress reduction for long-term physical conditions: A systematic review. 2016 , 50, 21-32	48
1011	Psychosocial Factors in Arthritis. 2016 ,	3
1010	The Future of Health Promotion in the 21st Century: A Focus on the Working Population. 2016 , 10, 242-252	14
1009	Dimensions of distress tolerance and the moderating effects on mindfulness-based stress reduction. 2016 , 29, 552-60	16
1008	Pregnancy and Prenatal Stress. 2016 , 318-329	25
1007	Mind-Body Approaches to Treating Mental Health Symptoms Among Disadvantaged Populations: A Comprehensive Review. 2016 , 22, 115-24	19
1006	Dispositional mindfulness: A critical review of construct validation research. 2016 , 93, 32-43	86
1005	Brain regions involved in dispositional mindfulness during resting state and their relation with well-being. 2016 , 11, 331-43	40
1004	Mindfulness-Based Interventions for Older Adults: A Review of the Effects on Physical and Emotional Well-being. 2016 , 7, 296-307	77
1003	A systematic review and meta-analysis of meditative interventions for informal caregivers and health professionals. 2016 , 6, 160-9	56
1002	Mindfulness-based training attenuates insula response to an aversive interoceptive challenge. 2016 , 11, 182-90	63
1001	Validation of a short form Three Facet Mindfulness Questionnaire (TFMQ-SF) in pregnant women. 2016 , 93, 118-124	17
1000	Maternal-infant mental health: postpartum group intervention. 2016 , 19, 243-51	28
999	The Impact of a Mindfulness-Based Stress Reduction Course (MBSR) on Well-Being and Academic Attainment of Sixth-form Students. 2016 , 7, 105-114	42
998	The immersive effect of adaptive architecture. 2016 , 25, 143-152	7
997	Religious Dissociation and Economic Appraisal in Brazil. 2016 , 55, 522-34	1
996	Calm Abiding: The Lived Experience of the Practice of Long-Term Meditation. 2017 , 57, 98-121	6

995	Mindfulness-based cognitive therapy for anxiety symptoms in older adults in residential care. 2017 , 21, 272-278	32
994	Randomized controlled trial of mindfulness-based stress reduction (MBSR) on posttraumatic growth of Chinese breast cancer survivors. 2017 , 22, 94-109	45
993	Review of Brief School-Based Positive Psychological Interventions: a Taster for Teachers and Educators. 2017 , 29, 363-392	54
992	Bridging the Sciences of Mindfulness and Romantic Relationships. 2017 , 21, 29-49	110
991	The effect of guided relaxation on cortisol and affect: Stress reactivity as a moderator. 2017 , 22, 29-38	11
990	Mindfulness, stress coping and everyday resilience among emerging youth in a university setting: a mixed methods approach. 2017 , 22, 308-321	22
989	Fear of cancer recurrence: a theoretical review and its relevance for clinical presentation and management. 2017 , 26, 1444-1454	117
988	A Meta-Analytic Review of Social Identification and Health in Organizational Contexts. 2017 , 21, 303-335	120
987	Mindfulness is associated with psychological health and moderates pain in knee osteoarthritis. 2017 , 25, 824-831	21
986	Changes in Mindfulness and Posttraumatic Stress Disorder Symptoms Among Veterans Enrolled in Mindfulness-Based Stress Reduction. 2017 , 73, 201-217	43
985	Mindful Mates: A Pilot Study of the Relational Effects of Mindfulness-Based Stress Reduction on Participants and Their Partners. 2017 , 56, 636-651	31
984	Supporting emotional well-being in schools: a pilot study into the efficacy of a mindfulness-based group intervention on anxious and depressive symptoms in children. 2017 , 15, 172-182	10
983	Internal and external attention and the default mode network. 2017 , 148, 381-389	47
982	Stress Management for College Students: An Experiential Multi-Modal Approach. 2017 , 12, 276-288	11
981	Effects of preventive online mindfulness interventions on stress and mindfulness: A meta-analysis of randomized controlled trials. 2017 , 5, 150-159	58
980	Male Representation in Randomized Clinical Trials of Mindfulness-Based Therapies. 2017 , 8, 259-265	22
979	Intellectual Disability and Developmental Risk: Promoting Intervention to Improve Child and Family Well-Being. 2017 , 88, 436-445	57
978	Are We Speaking the Same Language? Finding Theoretical Coherence and Precision in "Mindfulness-Based Mechanisms" in Chronic Pain. 2017 , 18, 2138-2151	10

977	Use of Treatment and Counseling Services and Mind-Body Techniques by Students With Emotional and Behavioral Difficulties. 2017 , 87, 133-141	2
976	Mindfulness-Based Stress Reduction for Adolescents with Functional Somatic Syndromes: A Pilot Cohort Study. 2017 , 183, 184-190	34
975	Towards recovery-oriented psychosocial interventions for bipolar disorder: Quality of life outcomes, stage-sensitive treatments, and mindfulness mechanisms. 2017 , 52, 148-163	46
974	Gratitude, Spirituality and Meaning: Their Clinical Implications. 2017 , 179-203	1
973	A Brief Mindfulness Practice Increases Self-Reported Calmness in Young Children: a Pilot Study. 2017 , 8, 1088-1095	14
972	Contributions of mindfulness during post-merger integration. 2017 , 32, 104-118	13
971	ABS-MindHeart: An agent based simulator of the influence of mindfulness programs on heart rate variability. 2017 , 19, 11-20	9
970	Mindfulness and Meditation Practice as Moderators of the Relationship between Age and Subjective Wellbeing among Working Adults. 2017 , 8, 1055-1063	17
969	Mindfulness in Motion: a Mindfulness-Based Intervention to Reduce Stress and Enhance Quality of Sleep in Scandinavian Employees. 2017 , 8, 481-488	24
968	How Does Paying Attention Improve Sexual Functioning in Women? A Review of Mechanisms. 2017 , 5, 266-274	23
967	Positive Psychologie - Erfolgsgarant oder Schmälererei?. 2017 ,	5
966	Psychological interventions for resilience enhancement in adults. 2017 ,	42
965	Impact of an electronic monitoring device and behavioral feedback on adherence to multiple sclerosis therapies in youth: results of a randomized trial. 2017 , 26, 2333-2349	11
964	Can Self-Compassion Promote Healthcare Provider Well-Being and Compassionate Care to Others? Results of a Systematic Review. 2017 , 9, 168-206	40
963	It's like being in a little psychological pressure cooker sometimes! A qualitative study of stress and coping in pre-qualification clinical psychology. 2017 , 12, 134-149	0
962	Evaluationsstudie zur Wirksamkeit eines achtsamkeitsbasierten Verfahrens der Buddhistischen Psychotherapie (BPT). 2017 , 6, 69-80	2
961	Mindfulness and its efficacy for psychological and biological responses in women with breast cancer. 2017 , 6, 1108-1122	62
960	The Perceived Impact of Mindfulness Instruction on Pre-Service Elementary Teachers. 2017 , 93, 136-146	7

959	Neuroadaptive Meditation in the Real World. 2017 ,	7
958	Psychiatric Aspects in Chronic Pain and Utility of Yoga and Mindfulness-Based Cognitive Behavioral Therapy for Pain (Y-MBCT Pain) as a Translational Model. 2017 , 207-235	1
957	Mindfulness-based interventions with youth: A comprehensive meta-analysis of group-design studies. 2017 , 63, 77-103	105
956	Investigating Clinical Benefits of a Novel Sleep-Focused Mind-Body Program on Gulf War Illness Symptoms: A Randomized Controlled Trial. 2017 , 79, 706-718	12
955	Mindfulness in Social Psychology. 2017 ,	9
954	Mindfulness meditation regulates anterior insula activity during empathy for social pain. 2017 , 38, 4034-4046	29
953	Managing VUCA Through Integrative Self-Management. 2017 ,	11
952	Cultivating Emotional Balance in Professional Caregivers: a Pilot Intervention. 2017 , 8, 1319-1327	11
951	ABSEM: An agent-based simulator of emotions in mindfulness programs. 2017 , 84, 49-57	5
950	Effects of mindfulness on maternal stress, depressive symptoms and awareness of present moment experience: A pilot randomised trial. 2017 , 50, 174-183	23
949	Inner Garden. 2017 ,	42
948	Dimensions of self-selected leisure activities, trait coping and their relationships with sleep quality and depressive symptoms. 2017 , 36, 838-851	7
947	Trait mindfulness at work: A meta-analysis of the personal and professional correlates of trait mindfulness. 2017 , 30, 79-98	80
946	Living both well and sustainably: a review of the literature, with some reflections on future research, interventions and policy. 2017 , 375,	69
945	Citation patterns and trends of systematic reviews about mindfulness. 2017 , 28, 26-37	18
944	Changes in psychosocial well-being after mindfulness-based stress reduction: a prospective cohort study. 2017 , 25, 128-136	10
943	Mindfulness Meditation Training and Executive Control Network Resting State Functional Connectivity: A Randomized Controlled Trial. 2017 , 79, 674-683	76
942	Cancer-Induced Bone Pain Management Through Buddhist Beliefs. 2017 , 56, 2251-2266	1

941	Mechanisms of action in mindfulness-based cognitive therapy (MBCT) and mindfulness-based stress reduction (MBSR) in people with physical and/or psychological conditions: A systematic review. 2017 , 55, 74-91		135
940	Meditation in Stressed Older Adults: Improvements in self-rated mental health not paralleled by improvements in cognitive function or physiological measures. 2017 , 8, 627-638		36
939	Development of a StressorsStressPerformanceOutcome Model for Expatriate Construction Professionals. 2017 , 143, 04016121		18
938	Assessing Mindfulness on Samples of Italian Children and Adolescents: the Validation of the Italian Version of the Child and Adolescent Mindfulness Measure. 2017 , 8, 1364-1372		8
937	CBT for Managing Non-cardiac Chest Pain. 2017 ,		
936	A Pilot Study of Mindfulness Skills to Reduce Stress among a Diverse Paraprofessional Workforce. 2017 , 26, 2579-2588		12
935	The role of trait mindfulness in quality of life and asthma control among adolescents with asthma. <i>Journal of Psychosomatic Research</i> , 2017 , 99, 143-148	4-1	7
934	Treating Men's Erectile Problems. 2017 , 40-56		4
933	Differential Effects of Attention-, Compassion-, and Socio-Cognitively Based Mental Practices on Self-Reports of Mindfulness and Compassion. 2017 , 8, 1488-1512		48
932	Open- and closed-mindedness in cross-cultural adaptation: The roles of mindfulness and need for cognitive closure. 2017 , 59, 31-42		8
931	The influence of a mindfulness-based intervention on job satisfaction and work-related stress and anxiety. 2017 , 19, 134-143		7
930	Innovations in Cognitive Behavioral Therapy. 2017 ,		4
929	Effectiveness of a Mindfulness-Based Program on School Children's Self-Reported Well-Being: A Pilot Study Comparing Effects With An Emotional Literacy Program. 2017 , 33, 309-330		16
928	Athlete Burnout Prevention Strategies Used by U.S. Collegiate Soccer Coaches. 2017 , 31, 332-343		2
927	Development and initial evaluation of a mobile application to help with mindfulness training and practice. 2017 , 105, 59-67		15
926	The Relationship Between Attachment Style and Postformal Thought. 2017 , 24, 239-251		1
925	The Role of Mindfulness in Daily Relationship Process: Examining Daily Conflicts and Relationship Mood. 2017 , 8, 1559-1568		13
924	Embodied Mindfulness. 2017 , 8, 1160-1171		48

923	Health effects of adverse childhood events: Identifying promising protective factors at the intersection of mental and physical well-being. 2017 , 65, 88-98	69
922	Distant delivery of a mindfulness-based intervention for people with Parkinson's disease: the study protocol of a randomised pilot trial. 2017 , 3, 4	7
921	Urogenital Pain. 2017 ,	0
920	Relationship of mindful awareness to neural processing of angry faces and impact of mindfulness training: A pilot investigation. 2017 , 264, 22-28	2
919	Effects of park walks and relaxation exercises during lunch breaks on recovery from job stress: Two randomized controlled trials. 2017 , 51, 14-30	41
918	Effects of Mindfulness Training on Posttraumatic Growth: a Systematic Review and Meta-Analysis. 2017 , 8, 848-858	20
917	Acceptability, Feasibility, and Efficacy of a Workplace Mindfulness Program for Public Sector Employees: a Pilot Randomized Controlled Trial with Informant Reports. 2017 , 8, 639-654	19
916	Mindfulness in Daily Life: a Multidimensional Approach. 2017 , 8, 737-750	16
915	Relationship between maternal mindfulness and anxiety 1 month after childbirth. 2017 , 14, 267-276	4
914	Clinical Faceoff: Physician Burnout-Fact, Fantasy, or the Fourth Component of the Triple Aim?. 2017 , 475, 1309-1314	10
913	Increasing Optimism Protects Against Pain-Induced Impairment in Task-Shifting Performance. 2017 , 18, 446-455	16
912	Does mindfulness meditation increase empathy? An experiment. 2017 , 16, 251-269	37
911	GAUGING MINDFULNESS IN CHILDREN AND YOUTH: SCHOOL-BASED APPLICATIONS. 2017 , 54, 101-114	8
910	INTRODUCTION TO THE SPECIAL ISSUE: MINDFULNESS IN THE SCHOOLS—HISTORICAL ROOTS, CURRENT STATUS, AND FUTURE DIRECTIONS. 2017 , 54, 5-12	21
909	Shift Work Fatigue in the Petroleum Industry: A Proactive Fatigue Countermeasure. 2017 ,	1
908	A Call for Self-Compassion in Social Work Education. 2017 , 37, 454-476	15
907	Short progressive muscle relaxation or motor coordination training does not increase performance in a brain-computer interface based on sensorimotor rhythms (SMR). 2017 , 121, 29-37	8
906	Mindfulness-based stress reduction for family carers of people with dementia. 2017 ,	78

905	The association between Act-Belong-Commit indicators and problem drinking among older Irish adults: Findings from a prospective analysis of the Irish Longitudinal Study on Ageing (TILDA). 2017 , 180, 323-331	7
904	Mindfulness-Based Interventions in Inflammatory Bowel Disease. 2017 , 46, 859-874	74
903	Training to Mitigate Phishing Attacks Using Mindfulness Techniques. 2017 , 34, 597-626	69
902	Management of sexual problems: the approach of mindfulness. 2017 , 30, 402-408	7
901	Biobehavioral Mechanisms of Mindfulness as a Treatment for Chronic Stress: An RDoC Perspective. 2017 , 1,	22
900	Using Wavelet Entropy to Demonstrate how Mindfulness Practice Increases Coordination between Irregular Cerebral and Cardiac Activities. 2017 ,	5
899	Individual-Level Interventions: Mindfulness-Based Approaches to Reducing Stress and Improving Performance Among Teachers. 2017 , 319-346	5
898	Mindfulness-Based Interventions for Anxiety and Depression. 2017 , 40, 739-749	149
897	Supporting Socio-emotional Competence and Psychological Well-Being of School Psychologists Through Mindfulness Practice. 2017 , 21, 369-379	2
896	Foundations of Yoga Psychology. 2017 ,	3
895	Education for Sustainable Consumption through Mindfulness Training: Development of a Consumption-Specific Intervention. 2017 , 19, 5-21	26
894	Promoting Mental Health and Well-Being in Public Health Law and Practice. 2017 , 45, 37-40	0
893	Mindfulness for Novice Pediatric Nurses: Smartphone Application Versus Traditional Intervention. 2017 , 36, 205-212	53
892	Mindfulness-Based Stress Reduction and Group Support Decrease Stress in Adolescents with Cardiac Diagnoses: A Randomized Two-Group Study. 2017 , 38, 1415-1425	32
891	Situating interventions to bridge the intention-behaviour gap: A framework for recruiting nonconscious processes for behaviour change. 2017 , 11, e12323	25
890	Minding the gap—developing mindfulness for adoption. 2017 , 41, 110-119	4
889	There Is No Performance, There Is Just This Moment: The Role of Mindfulness Instruction in Promoting Health and Well-Being Among Students at a Highly-Ranked University in the United States. 2017 , 22, 909-918	13
888	Early-life Socio-economic Status and Adult Health: The Role of Positive Affect. 2017 , 33, 190-198	1

887	A meta-analytic investigation of the impact of mindfulness-based interventions on post traumatic stress. 2017 , 57, 12-20	69
886	Editorial: A Case Demonstrating the Need to Emphasize Wellness as a Treatment Focus for Substance Abuse Disorders. 2017 , 5, 437-440	0
885	She used his name—provider trait mindfulness in perinatal death counselling / Ella usó el nombre de mindfulness de los rasgos del proveedor en la terapia por muerte perinatal. 2017 , 38, 639-666	2
884	A Pilot Online Mindfulness Intervention to Decrease Caregiver Burden and Improve Psychological Well-Being. 2017 , 22, 736-743	11
883	The mindful personality: A meta-analysis from a cybernetic perspective. 2017 , 8, 1456-1470	22
882	The Pedagogy of Compassion at the Heart of Higher Education. 2017 ,	14
881	MiYoga: a randomised controlled trial of a mindfulness movement programme based on hatha yoga principles for children with cerebral palsy: a study protocol. 2017 , 7, e015191	9
880	Mindfulness and sustainable consumption: A systematic literature review of research approaches and findings. 2017 , 162, 544-558	98
879	Testing a Positive Psychological Intervention for Osteoarthritis. 2017 , 18, 1908-1920	32
878	A systematic review of psychosocial therapies for children with rheumatic diseases. 2017 , 15, 6	6
877	Action steps using ACEs and trauma-informed care: a resilience model. 2017 , 5, 5	71
876	The Happy Mind: Cognitive Contributions to Well-Being. 2017 ,	5
875	Vitality training-A mindfulness- and acceptance-based intervention for chronic pain. 2017 , 100, 2095-2097	1
874	Relations Between Mindfulness Processes, Psychiatric Symptoms, and Functioning in Psychiatric and Pre-bariatric Surgery Outpatients. 2017 , 8, 417-432	2
873	The effects of adaptive working memory training and mindfulness meditation training on processing efficiency and worry in high worriers. 2017 , 89, 1-13	52
872	Mindfulness-based interventions for adults who are overweight or obese: a meta-analysis of physical and psychological health outcomes. 2017 , 18, 51-67	93
871	Mindfulness as a personal resource to reduce work stress in the job demands-resources model. 2017 , 33, 426-436	71
870	Using the Double ABCX Model to Integrate Services for Families of Children with ASD. 2017 , 26, 810-823	8

869	Women's Health and Mindfulness (WHAM): A Randomized Intervention Among Older Lesbian/Bisexual Women. 2017 , 18, 348-357	6
868	Use of Mindfulness Sitting Meditation in Chinese American Women in Treatment of Cancer. 2017 , 16, 110-117	2
867	The Role of Mindfulness in the Relationship Between Perceived Parenting, Early Maladaptive Schemata and Parental Sense of Competence. 2017 , 8, 471-480	6
866	Mechanisms of mindfulness training: Monitor and Acceptance Theory (MAT). 2017 , 51, 48-59	271
865	Mindfulness-Based Stress Reduction as a Stress Management Intervention for Cancer Care: A Systematic Review. 2017 , 22, 348-360	38
864	A Community Health Coach Delivered Mental Wellness Intervention: Using MindBody Bridging to Reduce Health Disparities in Diverse Communities. 2017 , 3, 167-176	
863	TensiStrength: Stress and relaxation magnitude detection for social media texts. 2017 , 53, 106-121	30
862	Exercise in patients with hypertrophic cardiomyopathy: A review of current evidence, national guideline recommendations and a proposal for a new direction to fitness. 2017 , 20, 333-338	11
861	Don't Just Survive, Thrive: Understanding How Acute Psychiatric Nurses Develop Resilience. 2017 , 31, 171-176	12
860	Dispositional Mindfulness Predicts Adaptive Affective Responses to Health Messages and Increased Exercise Motivation. 2017 , 8, 387-397	10
859	Beliefs about savoring in older adulthood: Aging and perceived health affect temporal components of perceived savoring ability. 2017 , 105, 164-169	13
858	Mind-body interventions for vasomotor symptoms in healthy menopausal women and breast cancer survivors. A systematic review. 2017 , 38, 210-225	13
857	A Case Study of Individually Delivered Mindfulness-Based Cognitive Behavioral Therapy for Severe Health Anxiety. 2017 , 24, 484-495	9
856	Using Mindfulness-Based Strengths Practices with gifted populations. 2017 , 33, 131-144	7
855	Virtual reality experience as a stress recovery solution in workplace. 2017 ,	5
854	Bases neurofisiológicas de mindfulness y compasión: una propuesta desde la teoría polivagal. 2017 , 2, 101-111	0
853	Mindfulness is not enough: Why equanimity holds the key to compassion. 2017 , 2, 149-158	15
852	Mindfulness based stress reduction and citizenship education: A systemic review of the empirical literature. 2017 , 2, 159-169	1

851	Self-Development. 88-136	
850	Mindfulness for men with pregnant partners: An integrative literature review (Part two). 2017 , 25, 783-791	
849	Psychosocial Chronic Pain Management. 2017 , 39-62	
848	Mindfulness for men with pregnant partners: An integrative literature review (Part one). 2017 , 25, 707-714	2
847	Doing Well and Good: An Exploration of the Role of Mindfulness in the Entrepreneurial Opportunity Recognition and Evaluation Process. 2017 , 20, 26-36	4
846	Ultra-Brief Mindfulness Training Reduces Alcohol Consumption in At-Risk Drinkers: A Randomized Double-Blind Active-Controlled Experiment. 2017 , 20, 936-947	21
845	The Impact of a Brief Embedded Mindfulness-Based Program for Veterinary Students. 2017 , 44, 125-133	20
844	Mindfulness-based stress reduction (MBSR) for improving health, quality of life and social functioning in adults: a systematic review and meta-analysis. 2017 , 13, 1-264	63
843	Mindfulness-based interventions for improving cognition, academic achievement, behavior, and socioemotional functioning of primary and secondary school students. 2017 , 13, 1-144	46
842	. 2017 ,	25
841	Work and well-being. 3-36	4
840	Mindfulness Correlates with Stress and Coping in University Students. 2017 , 47, 121-134	6
839	A Pilot Study of the Effects of Mindfulness-Based Stress Reduction on Post-traumatic Stress Disorder Symptoms and Brain Response to Traumatic Reminders of Combat in Operation Enduring Freedom/Operation Iraqi Freedom Combat Veterans with Post-traumatic Stress Disorder. 2017 , 8, 157	45
838	Mindfulness-Based Treatment for Bipolar Disorder: A Systematic Review of the Literature. 2017 , 13, 573-598	31
837	A Mind-Body Approach to Pediatric Pain Management. 2017 , 4,	11
836	Do Lifestyle Activities Protect Against Cognitive Decline in Aging? A Review. 2017 , 9, 381	33
835	Neurobiological Aspects of Mindfulness in Pain Autoregulation: Unexpected Results from a Randomized-Controlled Trial and Possible Implications for Meditation Research. 2016 , 10, 674	14
834	Yoga, Meditation and Mind-Body Health: Increased BDNF, Cortisol Awakening Response, and Altered Inflammatory Marker Expression after a 3-Month Yoga and Meditation Retreat. 2017 , 11, 315	130

833	EEG Frequency Changes Prior to Making Errors in an Easy Stroop Task. 2017 , 11, 521	15
832	Stigma, Health, and Individual Differences. 2017 ,	
831	The need of dermatologists, psychiatrists and psychologists joint care in psychodermatology. 2017 , 92, 63-71	13
830	Impact of Mindfulness Based Stress Reduction Therapy on Myocardial Function and Endothelial Dysfunction in Female Patients with Microvascular Angina. 2017 , 25, 118-123	5
829	Mindfulness training for psychological stress in family caregivers of persons with dementia: a systematic review and meta-analysis of randomized controlled trials. 2017 , 12, 1521-1529	25
828	Mindfulness-Based Cognitive Therapy in Major depressive disorder - systematic review and metanalysis. 2017 , 30, 335-349	0
827	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference. 2017 , 12, e0187777	53
826	The Clinical Utility of a Brief Psychological Stress Measure (Patient-Reported Outcomes Measurement Information System) in Youth with Chronic Pain. 2021 , 22, 91-99	3
825	Exploring the mediating role of integrative self-knowledge in the relationship between mindfulness and well-being in the context of a mindfulness-based stress reduction program. 2021 , 56, 249-256	2
824	Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. 2021 , 89, 468-482	12
823	Mindfulness and Interoceptive Exposure Therapy for Anxiety Sensitivity in Atrial Fibrillation: A Pilot Study. 2021 , 45, 462-479	6
822	Mediation effect of self-efficacy in the relationship between neuroticism and L2 attainment. 2021 , 42, 262-274	2
821	Does tourism really cause stress? A natural experiment utilizing ArcGIS Survey123. 2021 , 24, 1-15	17
820	Clarifying the Interrelations of Residents' Perceived Tourism-Related Stress, Stressors, and Impacts. 2021 , 60, 208-219	14
819	Acceptability and Feasibility of a Mindfulness Intervention Delivered via Videoconferencing for People With Parkinson's. 2022 , 35, 155-167	5
818	A Mindfulness-Based Intervention for Student Depression, Anxiety, and Stress: Randomized Controlled Trial. 2021 , 8, e23491	11
817	The Mindful Hedonist? Relationships between Well-Being Orientations, Mindfulness and Well-Being Experiences. 2021 , 22, 3111-3135	4
816	How Mindfulness and Acceptance Could Help Psychiatrists Predict Alexithymia Among Students. 2021 , 209, 297-301	0

- 815 Encyclopedia of Evolutionary Psychological Science. **2021**, 8017-8018
- 814 Boundary Management Interventionen zur Förderung der Life-Balance. **2021**, 1-15
- 813 Qi-Gong-basierte kurze Achtsamkeitsintervention am Arbeitsplatz [Effekte auf Ressourcen und Gesundheit. **2021**, 52, 147-161
- 812 Evaluation of a Yoga-Based Mind-Body Intervention for Resident Physicians: A Randomized Clinical Trial. **2021**, 10, 21649561211001038 0
- 811 The Palgrave Encyclopedia of the Possible. **2021**, 1-9
- 810 Study Protocol for the Evaluation of Individual Psychological Interventions for Family Caregivers of Advanced Cancer Patients. **2020**, 11, 587627
- 809 Development of a Multicomponent Intervention to Initiate Health Behavior Change in Primary Care: The Kickstart Health Program. **2021**, 28, 694-705
- 808 Enhancing Grit: Possibility and Intervention Strategies. **2021**, 77-93 7
- 807 The Contribution of Common and Specific Therapeutic Factors to Mindfulness-Based Intervention Outcomes. **2020**, 11, 603394 8
- 806 Parent-Child Mindfulness-Based Training: A Feasibility and Acceptability Study. **2021**, 26, 2515690X211002145 0
- 805 To Study the Effectiveness of Mindfulness-Based Meditation in the Functional Outcome of Osteoarthritis Knee and Perceived Stress Scores and Markers of Obesity in Postmenopausal Women. **2021**,
- 804 Karen Bluth: The Self-Compassionate Teen: Mindfulness and Compassion Skills to Conquer Your Critical Inner Voice. **2021**, 50, 593-596 0
- 803 Mindful Ethical Practice and Resilience Academy: Equipping Nurses to Address Ethical Challenges. **2021**, 30, e1-e11 13
- 802 Factors associated with self-reported burnout level in allied healthcare professionals in a tertiary hospital in Singapore. **2021**, 16, e0244338 5
- 801 Restructuring Law Enforcement Agencies to Support Prosocial Values: A Behavior-Scientific Model for Addressing Police Brutality. 1
- 800 Mindful attention awareness and cognitive defusion are indirectly associated with less PTSD-like symptoms via reduced maladaptive posttraumatic cognitions and avoidance coping. 1
- 799 Mindfulness in primary care healthcare and teaching professionals and its relationship with stress at work: a multicentric cross-sectional study. **2021**, 22, 29 1
- 798 Using Mind-Body Medicine to Reduce the Long-Term Health Impacts of COVID-Specific Chronic Stress. **2021**, 12, 585952 2

797	Effects of mindfulness-and acceptance-based interventions on quality of life, coping, cognition, and mindfulness of people with multiple sclerosis: a systematic review and meta-analysis. 2021 , 1-18	4
796	Chronic Mental Health Sequelae of Climate Change Extremes: A Case Study of the Deadliest Californian Wildfire. 2021 , 18,	16
795	Do Right! Relax and Restore: An African American Community-Based Holistic Health Initiative. 2021 , 25, 65-81	
794	Mindfulness Training for Correctional Staff: A Randomized Pilot Study. 1-15	2
793	Electrophysiological effects of mindfulness meditation in a concentration test. 2021 , 59, 759-773	2
792	Attention, Please: How the Attention-Related Stories We Tell Our Students in Class Influence Their Performance at Work. 2021 , 20, 73-88	1
791	[Is there a Divine Reward? Spirituality/Religiosity (S/R) Protects from Work Dissatisfaction and Reduces Stress Load]. 2021 ,	1
790	Meditation-induced cognitive-control states regulate working memory task performance. 2021 , 74, 1465-1476	1
789	Feasibility of using a biofeedback device in mindfulness training - a pilot randomized controlled trial. 2021 , 7, 84	
788	Mindfulness and intergroup bias: A systematic review. 136843022097869	6
787	A mindfulness-based compassion workshop and pre-session preparation to enhance therapist effectiveness in psychotherapy: A pilot study. 1-16	0
786	Respiratory therapy for the treatment of anxiety: Meta-analytic review and regression. 2021 , 84, 101980	2
785	Whole School Approach: Connecting Schools to Community Resources to Enhance School Health. 2021 , 92, 5-12	2
784	Effect of Data mindfulness training on accounting students: results from a randomized control trial. 2021 , 30, 277-303	1
783	Critical thinking intervention for stress reduction among undergraduates in the Nigerian Universities. 2021 , 100, e25030	2
782	Stress-Reducing Effects of Playing a Casual Video Game among Undergraduate Students. 2021 , 29, 563-579	4
781	Losing trust in body sensations: Interoceptive awareness and depression symptom severity among primary care patients. 2021 , 282, 1210-1219	4
780	The Lived Experience of Learning Mindfulness as Perceived by People Living With Long-Term Conditions: A Community-Based, Longitudinal, Phenomenological Study. 2021 , 31, 1209-1221	0

779	An integrative healthcare model with heartfulness meditation and care coordination improves outcomes in cyclic vomiting syndrome. 2021 , 33, e14132	1
778	Effects on Mood and EEG States After Meditation in Augmented Reality With and Without Adjunctive Neurofeedback. 2021 , 2,	2
777	Anger Rumination and Mindfulness: Mediating Effects on Forgiveness. 2021 , 18,	2
776	L'engagement dans une pratique thérapeutique de méditation: le rôle clé de la spiritualité comme facteur d'observance. 2021 , N° 1, 29-36	0
775	Development of a Web-Based Mindfulness Program for People With Multiple Sclerosis: Qualitative Co-Design Study. 2021 , 23, e19309	3
774	Comparison of the Effectiveness of an Abbreviated Program versus a Standard Program in Mindfulness, Self-Compassion and Self-Perceived Empathy in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. 2021 , 18,	2
773	Assessment and Treatment of Addictions in Community Corrections.	1
772	Mindfulness and Other Simple Neuroscience-Based Proposals to Promote the Learning Performance and Mental Health of Students during the COVID-19 Pandemic. 2021 , 11,	2
771	A Brief Mindfulness-Based Intervention (bMBI) to Reduce Teacher Stress and Burnout.. 2021 , 100, 103284-103284	2
770	Mindfulness Matters: Utilization and Perceptions of Mindfulness Practices Among Athletic Trainers. 2021 ,	0
769	Distanced from Others, Connected to Self: Online Mindfulness Training Fosters Psychological Wellbeing by Cultivating Authenticity.	2
768	Motherhood and COVID-19: a Digital Psychoeducational Booklet for the Coping with the Pandemic Stressors. 2021 , 29, 436-455	3
767	Preliminary Development of a Mindfulness-Based Group Therapy to Expand Couples' Sexual Intimacy after Prostate Cancer: A Mixed Methods Approach. 2021 , 9, 100310	3
766	Acceptance and Commitment Therapy in the Aesthetic Setting. 2021 , 206-215	
765	Mitigating medical student stress and anxiety: Should schools mandate participation in wellness intervention programs?. 2021 , 43, 945-955	6
764	Predictors of well-being and productivity among software professionals during the COVID-19 pandemic - a longitudinal study. 2021 , 26, 62	28
763	From social marketing and service-dominant logic to engagement in mindfulness practice: a field experiment. 2021 , 56, 348-366	0
762	Resident Burnout and Work Environment. 2021 , 60, 1369-1376	5

761	Maternal mindfulness during pregnancy predicts newborn neurobehavior. 2021 , 63, e22131	0
760	Mindfulness-based online intervention on mental health and quality of life among COVID-19 patients in China: an intervention design. 2021 , 10, 69	2
759	Blending mindfulness practices and character strengths increases employee well-being: A second-order meta-analysis and a follow-up field experiment.	3
758	Bilinġ Farkādalġ Temelli Mobil Meditasyon Uygulamalarġve Mġikal Deneyim: Meditopia ġneġ	
757	In search of mindfulness: a review and reconsideration of cultural dynamics from a cognitive perspective. 1-24	1
756	Adverse Childhood Experiences and Mindfulness in Chinese College Students During the COVID-19 Pandemic. 2021 , 12, 619128	2
755	Disentangling the Relationship between Food Insecurity and Poor Sleep Health. 2021 , 60, 580-595	1
754	Effectiveness of VR based mindfulness on psychological and physiological health: A systematic review. 1	0
753	Examining the Relationship between Mindfulness, Personality, and National Culture for Construction Safety. 2021 , 18,	4
752	Counsellors' experiences of the use of mindfulness in the treatment of depression and anxiety: An interpretative phenomenological analysis.	
751	Meditation as panacea: A longitudinal semantic network analysis of meditation coverage in campus newspapers from 1997-2018. 2021 , 1-10	1
750	Differences between meditators and non-meditators in mindfulness, its components and related qualities. 1	2
749	Personality states mediate the effect of a mindfulness intervention on employees' work outcomes: A randomized controlled trial. 2021 , 35, 646-664	2
748	A treatment in search of a disease? Challenges in mindfulness research and practice. 2021 ,	0
747	Promoting university students' well-being and studying with an acceptance and commitment therapy (ACT)-based intervention. 1	3
746	Influences on physical activity and screen time amongst postpartum women with heightened depressive symptoms: a qualitative study. 2021 , 21, 376	0
745	The Use of Self-Help Strategies in Obesity Treatment. A Narrative Review Focused on Hypnosis and Mindfulness. 2021 , 10, 351-364	3
744	Mindfulness and smoking frequency: An investigation with Australian students. 2021 , 13, 100342	

743	Mindful Partnering: Introducing a Theoretical Construct and Testing Psychometric Properties of the Mindful Partnering Measure. 1-20	
742	Psychological and social interventions for mental health issues and disorders in Southeast Asia: a systematic review. 2021 , 15, 56	0
741	Mindfulness-based relapse prevention for cannabis regular users: Preliminary outcomes of a randomized clinical trial. 2021 ,	0
740	Delineating sociodemographic, medical and quality of life factors associated with psychological distress in individuals with endometriosis. 2021 , 36, 2170-2180	4
739	Meditation-induced effects on whole-brain structural and effective connectivity.	1
738	A preliminary study on assessment of wellbeing among veterinary medical house officers. 2021 , 16, e0253111	2
737	Mindfulness-based stress reduction adapted to pregnant women with psychosocial vulnerabilities-a protocol for a randomized feasibility study in a Danish hospital-based outpatient setting. 2021 , 7, 118	1
736	Daily mindfulness training reduces negative impact of COVID-19 news exposure on affective well-being. 2021 , 1	3
735	Enhanced mindfulness-based stress reduction in episodic migraine-effects on sleep quality, anxiety, stress, and depression: a secondary analysis of a randomized clinical trial. 2021 ,	3
734	Freely Available Virtual Reality Experiences as Tools to Support Mental Health Therapy: a Systematic Scoping Review and Consensus Based Interdisciplinary Analysis. 2021 , 1-15	2
733	Mindfulness-based interventions for social anxiety disorder: A systematic review and meta-analysis. 2021 , 300, 113935	4
732	Meditations- und Achtsamkeitsinterventionen zur Förderung psychischer Ressourcen in der supportiven onkologischen Behandlung. 2021 , 53, 59-63	
731	Influence of Gender, Dispositional Optimism, and Coping Strategies on Appearance-Related Distress Among Swedish Adults With Cleft Lip and Palate. 2021 , 10556656211025196	1
730	Contemplative Training and Psychological Stress: an Analysis of First-person Accounts. 2021 , 12, 2034-2049	1
729	Cognitive Behavior Therapy and Stress Reduction among Primary Education Pupils in Nigeria. 1	
728	Learning not to take the bait: a longitudinal examination of digital training methods and overlearning on phishing susceptibility. 1-25	2
727	Comparison of the effects of transcranial direct current stimulation and mindfulness-based stress reduction on mental fatigue, quality of life and aggression in mild traumatic brain injury patients: a randomized clinical trial. 2021 , 20, 33	1
726	Self-compassion mediates the link between attachment security and intimate relationship quality for couples navigating pregnancy. 2021 ,	0

725	Psychopharmacology and Neurotherapeutics. 2021 , 342-388	
724	Disorders Related to Stress and Trauma. 2021 , 166-178	
723	THE EFFECTS OF SHORT TERM AND LONG TERM NAAD YOGA MEDITATION TRAINING ON MINDFULNESS IN UNIVERSITY STUDENTS. 2021 , 9, 292-298	
722	The effectiveness of a non-guided mindfulness application on perceived stress in a non-clinical Dutch population: a Randomized Controlled Trial (Preprint).	
721	Trends and Developments in Mindfulness Research over 55 Years: A Bibliometric Analysis of Publications Indexed in Web of Science. 2021 , 12, 1-18	18
720	Feeding and Eating Disorders. 2021 , 289-317	
719	Health Policy and Population Health in Behavioral Health Care in the United States. 2021 , 473-485	
718	Mindfulness, perceived partner responsiveness, and relationship quality: A dyadic longitudinal mediation model. 026540752110303	4
717	Psychosocial Interventions. 2021 , 389-414	
716	Student counsellor experiences of mindfulness-based intervention training: A systematic review of the qualitative literature. 2021 , 1-23	0
715	Short mindfulness-based intervention for psychological and academic outcomes among university students. 2021 , 1-17	
714	Contemplative Mental Training Reduces Hair Glucocorticoid Levels in a Randomized Clinical Trial. 2021 , 83, 894-905	4
713	The Vagueness of Clarity: Metaphysical and Epistemic Truth Claims in the Empirical Study of Mindfulness Practices. 2021 , 12, 2132-2140	2
712	Stroke survivors' expectations and post-intervention perceptions of mindfulness training: A qualitative study. 2021 , 1-23	0
711	Neurocognitive Disorders. 2021 , 263-288	
710	App-Tailoring Requirements to Increase Stress Management Competencies Within Families: Cross-sectional Survey Study. 2021 , 23, e26376	1
709	Ontological Addiction Theory and Mindfulness-Based Approaches in the Context of Addiction Theory and Treatment. 2021 , 12, 586	
708	Introduction to the Patient Interview. 2021 , 38-69	

707 Global Health and Mental Health Care Delivery in Low-Resource Settings. **2021**, 486-496

706 Personality Disorders. **2021**, 233-262

705 Anxiety Disorders. **2021**, 128-145

704 Child Psychiatry and Neurodevelopmental Disorders. **2021**, 318-328

703 Mood Disorders. **2021**, 70-101

702 Psychiatry of Gender and Sexuality. **2021**, 448-472

701 Obsessive-Compulsive and Related Disorders. **2021**, 146-165

700 Index. **2021**, 497-512

699 Substance Use Disorders. **2021**, 179-232

698 Introduction to Psychiatry: Preclinical Foundations and Clinical Essentials. **2021**,

697 Sleep Disorders. **2021**, 329-341

696 Exploring the Potential Impact of a Virtual Body Scan Meditation Exercise Conducted With Pet Dogs on Recipients and Facilitators. **2021**, 12, 698075

695 Psychiatric Evaluation in the Medical Setting. **2021**, 415-447

694 Introduction. **2021**, 1-8

693 Effects of Physical Activity and Mindfulness on Resilience and Depression During the First Wave of COVID-19 Pandemic. **2021**, 12, 700742

2

692 Schizophrenia Spectrum and Other Psychotic Disorders. **2021**, 102-127

691 Clinical Neuroscience. **2021**, 9-37

690 Effects of a Brief Mindful Hypnosis Intervention on Stress Reactivity: A Randomized Active Control Study. **2021**, 69, 453-467

1

689	Can Urban Forest Settings Evoke Positive Emotion? Evidence on Facial Expressions and Detection of Driving Factors. 2021 , 13, 8687	10
688	Meditation and mindfulness reduce perceived stress in women with recurrent pregnancy loss: a randomized controlled trial. 2021 , 43, 246-256	3
687	Effects of Integrated Amrita Meditation Technique on Anxiety, Depression, and Plasma Neurotransmitters on a Healthy Population: A Randomized Controlled Trial Followed by a Case-Control Study. 2021 , 27, 641-648	2
686	The Application of Machine Learning to Online Mindfulness Intervention Data: a Primer and Empirical Example in Compliance Assessment. 2021 , 12, 2519-2534	2
685	Self-compassion in organizations: A review and future research agenda.	4
684	A balanced view of mindfulness at work. 204138662110369	4
683	Mind-Body Practices and Self-Enhancement: Direct Replications of Gebauer et al.'s (2018) Experiments 1 and 2. 2021 , 32, 1510-1521	4
682	Differential Effects of Ethical Education, Physical Hatha Yoga, and Mantra Meditation on Well-Being and Stress in Healthy Participants-An Experimental Single-Case Study. 2021 , 12, 672301	0
681	Mindfulness as a path to fostering time affluence and well-being. 2021 ,	0
680	Ngarraanga Giinganay ('thinking peacefully'): Co-design and pilot study of a culturally-grounded mindfulness-based stress reduction program with older First Nations Australians. 2021 , 87, 101929	2
679	Short-Term Effects of Forest Therapy on Mood States: A Pilot Study. 2021 , 18,	2
678	Effectiveness of a Mindfulness and Self-Compassion Standard Training Program versus an Abbreviated Training Program on Stress in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. 2021 , 18,	1
677	Mindfulness- and Acceptance-Based Interventions for Stroke Survivors: A Systematic Review and Meta-Analysis. 003435522110432	0
676	Covid-19 pandemisinde toplum ruh sađı merkezlerinin hizmet eđekli deđkliđile izofreni hastalarđdaki anksiyete dđzeyleri arasđdaki iliđi. 2021 , 46, 966-974	0
675	In Between Wellness and Excessive Entitlement: Voices of Faculty Members. 2021 , 191-204	
674	How and when team average individual mindfulness facilitates team mindfulness: The roles of team relational stress and team individual mindfulness diversity.	0
673	Positive interventions for stress-related difficulties: A systematic review of randomized and non-randomized trials. 2021 ,	2
672	Effectiveness of Body Psychotherapy. A Systematic Review and Meta-Analysis. 2021 , 12, 709798	1

671	Mindfulness Practice for Glycemic Control: Could it be a New Strategy for an Old Problem? A Systematic Review and Meta-Analysis. 2021 , 17, e081020184730	0
670	Why should teachers cultivate resilience through mindfulness?. 1-12	
669	Reclaiming Self-care: Self-care as a Social Justice Tool for Black Wellness. 2021 , 1	2
668	Self-Harm History, Anxiety-Depression, Severity of Disease, and Insight Are Significantly Associated With Suicide Risk in Forensic Psychiatric Inpatients of China. 2021 , 12, 706416	0
667	Coping with the COVID-19 pandemic: Contemplative practice behaviors are associated with better mental health outcomes and compliance with shelter-in-place orders in a prospective cohort study. 2021 , 23, 101451	0
666	Mindfulness, recovery-stress balance, and well-being among university dance students. 1-14	1
665	Mindfulness practice during COVID-19 crisis: Implications for confinement, physical inactivity, and sedentarism. 2021 , 1, 108-108	1
664	Mindful Acceptance Predicts Writing Achievement in 6th-Graders. 1-17	0
663	Targeting the stress response in pediatric pain: current evidence for psychosocial intervention and avenues for future investigation. 2021 , 6, e953	0
662	A cross-sectional survey of a public, evidence-based multimodal program for cognitive health in older adults. 2021 , 79, 165	0
661	Trait mindfulness is negatively associated with distress related to COVID-19. 2021 , 179, 110955	10
660	Relationship between mindfulness and cognitive anxiety-impaired performance: Based on performance evaluation discrepancies. 2021 , 1, 67-74	1
659	How do mindfulness-based programmes improve anxiety, depression and psychological distress? A systematic review. 1	0
658	Social stressors, personality and coping behaviors associated with male inmate violence. 2021 , ahead-of-print,	
657	Meditation for adults with non-specific low back pain: a systematic review and meta-analysis. 2021 ,	0
656	Psychological mediators of psychological distress and quality of life in inflammatory bowel disease. <i>Journal of Psychosomatic Research</i> , 2021 , 149, 110596	4.1 2
655	Mindfulness- and Acceptance-Based Interventions for Symptom Reduction in Individuals With Multiple Sclerosis: A Systematic Review and Meta-Analysis. 2021 , 102, 2022-2031.e4	5
654	Mindfulness and study engagement: mediating role of psychological capital and intrinsic motivation. 2021 , ahead-of-print,	0

653	The impact of a smartphone meditation application on anesthesia trainee well-being. 2021 , 75, 110525	0
652	Mindfulness-Based Interventions in Attention Deficit Hyperactivity Disorder. 2022 , 144-152	
651	Mindfulness-Based Well-Being Interventions in Organizations and the COVID-19 Pandemic. 2022 , 195-212	1
650	Interventionen zur Förderung von Erholung, Entspannung und Achtsamkeit. 2021 , 1-19	
649	Comorbid Chronic Pain and Posttraumatic Stress Disorder: Current Knowledge, Treatments, and Future Directions. 2021 , 211-227	3
648	No Poverty. 2021 , 459-475	
647	Reality, from virtual to augmented. 2021 , 275-303	
646	Sex therapy. 2021 , 339-377	
645	Identifying Barriers and Facilitators to Diet and Physical Activity Behaviour Change in Type 2 Diabetes Using a Design Probe Methodology. 2021 , 11,	3
644	Application of microalgae metabolites in food and pharmaceutical industry. 2021 , 391-408	3
643	Mental health and quality of life of patients undergoing hematopoietic stem cell transplantation (HSCT) prior to hospitalization: a cross-sectional complete state health study. 2021 , 9, 70-83	
642	Relationships between Mindfulness, Purpose in Life, Happiness, Anxiety, and Depression: Testing a Mediation Model in a Sample of Women. 2021 , 18,	3
641	Making the Mindful Leader. 195-219	15
640	Mindfulness in Coaching. 112-134	6
639	Mindfulness-Based Approaches. 253-266	4
638	Spirituality in Achieving Physical and Psychological Health and Well-Being: Theory, Research and Low Cost Interventions*. 2007 , 435-452	2
637	Mindfulness and Anxiety Disorders: Developing a Wise Relationship with the Inner Experience of Fear. 2009 , 171-188	20
636	Mindfulness-Based Interventions in Oncology. 2009 , 383-404	8

635	Managing Daily and Long-Term Stress. 2007 , 339-360	5
634	Coping with Chronic Pain: A Stress-Appraisal Coping Model. 2007 , 313-335	4
633	The Use of Complementary and Alternative Medicine for Pain. 2009 , 381-408	2
632	Resilience in Chronic Illness. 2011 , 181-197	9
631	Self-Regulation and Adolescent Drug Use: Translating Developmental Science and Neuroscience into Prevention Practice. 2011 , 281-301	1
630	Using Mindfulness with Couples: Theory and Practice. 2012 , 17-31	7
629	Self-Acceptance in Buddhism and Psychotherapy. 2013 , 19-38	4
628	The Cancer Survivor and Complementary Health Approaches. 2015 , 419-466	1
627	Can Mindfulness Make Prison a Healthier Place?. 2018 , 189-208	1
626	Applied Resiliency and Suicide Prevention: A Strengths-Based, Risk-Reduction Framework. 2018 , 301-319	1
625	How Flow and Mindfulness Interact with Each Other in Different Types of Mandala Coloring Activities?. 2019 , 471-486	5
624	Anxiety Comorbidities: Mood Disorders, Substance Use Disorders, and Chronic Medical Illness. 2020 , 77-103	1
623	The Role of MindBody Approaches in Promoting Healthcare Engagement and Positive Behavior Change. 2020 , 157-182	1
622	XR-Based Mindfulness and Art Therapy: Facing the Psychological Impact of Covid-19 Emergency. 2020 , 147-155	6
621	Mindfulness Meditation and the Experience of Time. 2014 , 199-209	17
620	The Neurobiology of Meditation and Mindfulness. 2014 , 153-173	14
619	Secular, Non-dogmatic Spirituality. 2015 , 93-172	2
618	Pristine Mindfulness: Heartfulness and Beyond. 2015 , 339-362	2

617	The Nature, Efficacy, and Future of Behavioral Treatments for Arthritis. 2016 , 273-288	1
616	Mindfulness-Based Cognitive Therapy for Combat-Related Posttraumatic Stress Disorder. 2016 , 163-191	3
615	Mindfulness-Based Cognitive Therapy application for People Living with Chronic Disease: the case of HIV. 2016 , 83-103	1
614	Encyclopedia of Adolescence. 2018 , 2349-2355	1
613	Learning About Consequences, Community, Creativity and Courage: Cultivating Compassion in Higher Education Leadership. 2017 , 155-172	3
612	Investigating the Role of Biofeedback and Haptic Stimulation in Mobile Paced Breathing Tools. 2017 , 287-303	2
611	Mindfulness and Well-Being. 2017 , 41-58	2
610	No Poverty. 2020 , 1-16	6
609	Quality Education. 2019 , 1-11	3
608	Self-Help for Parents of Children with Autism: Mindfulness and Compassion. 2018 , 283-298	1
607	Behandlung psychischer Belastungen und Störungen bei Tumorerkrankungen. 2007 , 125-137	3
606	Keep It Simple! Assisting Older People with Mental and Physical Training. 2009 , 278-287	6
605	Spirituelles Nichtpraktizieren [Ein unterschätzter Risikofaktor für psychische Belastung?]. 2011 , 133-143	3
604	Mindfulness in Leadership: Does Being Mindful Enhance Leaders' Business Success?. 2011 , 287-307	29
603	Entspannungs-Apps im BGM [Einsatzmöglichkeiten und Implementierung]. 2018 , 347-357	1
602	Stressbewältigungstrainings für Erwachsene. 2018 , 143-162	1
601	Burnout in Athletes. 2018 , 489-504	9
600	Stressbewältigungstrainings für Erwachsene. 2016 , 1-26	1

599	Burnout in Athletes. 2016 , 1-21	1
598	Mindfulness in East and West ¶ Is It the Same?. 2011 , 23-38	26
597	Reflections on Compassion, Suffering and Occupational Stress. 2012 , 317-336	6
596	The Grinch Who Stole Wisdom. 2013 , 229-249	1
595	New Ways of Working: Impact on Working Conditions, WorkFamily Balance, and Well-Being. 2014 , 123-141	100
594	Mindfulness, Consciousness, Spirituality, and Well-Being. 2014 , 203-225	3
593	Mindfulness in the Dutch Military ¶ Train Your Brain. 2019 , 155-179	2
592	Anxiety Disorders and Medical Comorbidity: Treatment Implications. 2020 , 1191, 237-261	15
591	Observational Study on a Mindfulness Training for Smokers within a Smoking Cessation Program. 2017 , 8, 1689-1698	2
590	Brief Mindfulness-Based Interventions in a Laboratory Context: a Systematic Review of Randomized Controlled Trials. 2020 , 11, 849-861	3
589	A Review of Mindfulness-Based Apps for Children. 2020 , 11, 2089-2101	12
588	Inside-out sustainability: The neglect of inner worlds. 2020 , 49, 208	1
587	The Middle Way: Finding the Balance between Mindfulness and Mind-Wandering. 2014 , 60, 1-33	34
586	Recommending Meditation. 2007 , 1051-1064	1
585	Recommending Meditation. 2012 , 873-881.e1	1
584	A systematic review of the effectiveness of interventions designed for mothers who experienced child sexual abuse. 2020 , 104, 104401	2
583	Mindfulness aplicado a la atenci3n primaria. 2018 , 25, 564-573	1
582	The Cambridge Handbook of Applied School Psychology. 2020 ,	2

581	Mindfulness in cognitive behavioral therapy. 163-179	4
580	Meditation and the neuroscience of consciousness: an introduction. 499-552	146
579	The Impact of Qualitative Job Insecurity on Identification with the Organization. 2017 , 76, 117-123	4
578	[Mindfulness-based intervention in attention-deficit-/hyperactivity disorder (ADHD)]. 2015 , 43, 123-31	11
577	Rasch-Analyse des Freiburger Fragebogens zur Achtsamkeit. 2013 , 59, 86-99	8
576	Typgerecht entspannen. 2014 , 22, 31-35	1
575	Die Rolle sozialer Unterstützung, Religiosität und Achtsamkeit im Rahmen der Krankheitsverarbeitung bei Brustkrebspatientinnen. 2013 , 42, 127-136	2
574	Brief Report on the Psychophysiological Effects of a Yoga Intervention for Chronic Stress. 2017 , 31, 38-48	7
573	Mindful Attention Awareness in Spanish Palliative Care Professionals. 2017 , 33, 14-21	6
572	Guilty Pleasure No More. 2017 , 29, 126-136	18
571	Evidence That a Brief Meditation Exercise Can Reduce Prejudice Toward Homeless People. 2014 , 45, 458-465	22
570	Brief mindfulness training for negative affectivity: A systematic review and meta-analysis. 2018 , 86, 569-583	87
569	Experiential avoidance mediates the relations between mindfulness and PTSD symptoms severity in terrorist attack survivors. 2021 , 73, 191-207	6
568	The neural correlates of two forms of spiritual love: an EEG study.	2
567	Stress-reducing effects of a brief mindfulness intervention in palliative care: Results from a randomised, crossover study. 2020 , 29, e13249	3
566	Effects of a community-based multicomponent rehabilitation programme for patients with fibromyalgia: protocol for a randomised controlled trial. 2018 , 8, e021004	7
565	Body Matters. 2020 ,	7
564	Timing of depressive symptom onset and in-hospital complications among acute coronary syndrome inpatients. 2010 , 51, 283-8	5

563	Mind the Teachers! The Impact of Mindfulness Training on Self-Regulation and Classroom Performance in a Sample of German School Teacher. 2017 , 6, 565-581	10
562	Bilinli Farkındalık Temelli Bilişsel Terapi Programının Üniversite Öğrencilerinin Duygu Dzenleme Gçlerini Azaltmadaki Etkisi. 46-66	7
561	Phytoncide Aroma Inhalation and Exercise Combination Therapy Mood state, college life stress and sleep of College Students. 2016 , 14, 633-644	1
560	From State-to-Trait Meditation: Reconfiguration of Central Executive and Default Mode Networks. 2019 , 6,	19
559	Impact of Mindfulness-Based Eating Awareness on Diet and Exercise Habits in Adolescents. 2016 , 3,	11
558	Distress and Coping with In Vitro Fertilisation (IVF): The Role of Self-Compassion, Parenthood Motivation and Attachment. 2016 , 6,	2
557	Resident Wellness: An Intervention to Decrease Burnout and Increase Resiliency and Happiness. 2017 , 13, 10651	31
556	The Effects of Korean MBSR(Mindfulness-Based Stress Reduction) on depression, mindful attention awareness,and absorption in university students. 2008 , 27, 333-345	3
555	The Effects of Mindfulness-Based Cognitive Therapy(MBCT) on Depression and Well-being of the Female College Students. 2012 , 17, 43-63	2
554	A Meta-Analysis on the Effectiveness of Mindful Meditation: Focused on ACT and MBSR. 2017 , 25, 69-74	1
553	Mindfulness and Quality of Life in Cancer Survivors: The Mediating Role of Self-Kindness and Alexithymia. 2016 , 38, 346-359	3
552	Adverse Childhood Experiences, Brain Development, and Mental Health: A Call for Neurocounseling. 2018 , 40, 266-278	9
551	"Smoking Does Not Go With Yoga:" A Qualitative Study of Women's Phenomenological Perceptions During Yoga and Smoking Cessation. 2016 , 26, 33-41	5
550	Effect of mindfulness-based stress reduction on pain severity and mindful awareness in patients with tension headache: a randomized controlled clinical trial. 2014 , 3, e21136	29
549	Bilinli Farkındalık ve Algılanan Stres ılıksisinde Ruminasyon ve Olumsuz Duygu Dzenlemenin Aracılı Rolü.1004-1019	2
548	Combatting Compassion Fatigue With Mindfulness. 2018 , 11, 52-58	1
547	The effectiveness of mindfulness training on reducing the symptoms of postpartum depression. 2017 , 9, 4753-4758	5
546	BİLİMLİ FARKINDALIK, DEPRESYON DZEYLERİ VE ALGILANAN STRES ARASINDAKİ İLİŞKİ. 2018 , 8, 73-86	3

545	A 13-Weeks Mindfulness Based Pain Management Program Improves Psychological Distress in Patients with Chronic Pain Compared with Waiting List Controls. 2016 , 12, 49-58	8
544	Group, One-on-One, or Internet? Preferences for Mindfulness Meditation Delivery Format and their Predictors. 2014 , 1, 66-74	58
543	Theory-Based Predictors of Mindfulness Meditation Mobile App Usage: A Survey and Cohort Study. 2019 , 7, e10794	7
542	Adherence to a Mindfulness and Relaxation Self-Care App for Cancer Patients: Mixed-Methods Feasibility Study. 2018 , 6, e11271	26
541	Relating Instructional Design Components to the Effectiveness of Internet-Based Mindfulness Interventions: A Critical Interpretive Synthesis. 2019 , 21, e12497	3
540	Smartphone-Based Meditation for Myeloproliferative Neoplasm Patients: Feasibility Study to Inform Future Trials. 2019 , 3, e12662	32
539	Experiences of Using a Consumer-Based Mobile Meditation App to Improve Fatigue in Myeloproliferative Patients: Qualitative Study. 2019 , 5, e14292	14
538	Specialized Smartphone Intervention Apps: Review of 2014 to 2018 NIH Funded Grants. 2019 , 7, e14655	12
537	An Eight-Week, Web-Based Mindfulness Virtual Community Intervention for Students' Mental Health: Randomized Controlled Trial. 2020 , 7, e15520	21
536	Characteristics and Usage Patterns Among 12,151 Paid Subscribers of the Calm Meditation App: Cross-Sectional Survey. 2019 , 7, e15648	24
535	Feasibility and Acceptability of a Mobile Mindfulness Meditation Intervention Among Women: Intervention Study. 2020 , 8, e15943	12
534	Effectiveness of an 8-Week Web-Based Mindfulness Virtual Community Intervention for University Students on Symptoms of Stress, Anxiety, and Depression: Randomized Controlled Trial. 2020 , 7, e18595	30
533	The Reach, Use, and Impact of a Free mHealth Mindfulness App in the General Population: Mobile Data Analysis. 2020 , 7, e23377	3
532	Multilevel growth curve analyses of treatment effects of a Web-based intervention for stress reduction: randomized controlled trial. 2013 , 15, e84	32
531	Enhancing Web-based mindfulness training for mental health promotion with the health action process approach: randomized controlled trial. 2015 , 17, e8	46
530	Effects of a Web-Based Intervention for Stress Reduction in Primary Care: A Cluster Randomized Controlled Trial. 2016 , 18, e27	6
529	The Benefit of Web- and Computer-Based Interventions for Stress: A Systematic Review and Meta-Analysis. 2017 , 19, e32	190
528	The Efficacy of Internet-Based Mindfulness Training and Cognitive-Behavioral Training With Telephone Support in the Enhancement of Mental Health Among College Students and Young Working Adults: Randomized Controlled Trial. 2017 , 19, e84	36

527	Review and Evaluation of Mindfulness-Based iPhone Apps. 2015 , 3, e82	279
526	Effectiveness of an 8-Week Web-Based Mindfulness Virtual Community Intervention for University Students on Symptoms of Stress, Anxiety, and Depression: Randomized Controlled Trial (Preprint).	3
525	Internet-based intervention to promote mental fitness in mildly depressed adults: design of a randomized controlled trial. 2012 , 1, e2	12
524	Development of Mindfulness for Pregnant Women (MPW) Program and its Psychological Efficacy. 2011 , 23, 321-337	4
523	The Effects from Mindfulness Training on Norwegian Junior elite Athletes in Sport. 2015 , 27, 98-113	6
522	The effect of mindfulness in motion-based trainings on resiliency, emotion regulation, and job stress. 2019 , 8, 49-55	2
521	Understanding Ostracism from Attachment Perspective. 2019 , 9, 856-872	2
520	Mindfulness trait, eating behaviours and body uneasiness: a case-control study of binge eating disorder. 2012 , 17, e244-51	14
519	The effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse/recurrence: results of a randomised controlled trial (the PREVENT study). 2015 , 19, 1-124	36
518	Physiological mechanisms of mindfulness: Preliminary evidence from self-similarity of heart rate variability. 2018 , 50, 1413	2
517	An evidence-based solution for minimizing stress and anger in nursing students. 2007 , 46, 568-71	23
516	Effects of a Stress Management Training Program With Mindfulness-Based Stress Reduction. 2019 , 58, 273-280	6
515	Mindfulness: an intervention for anxiety in schizophrenia. 2007 , 45, 23-9	34
514	Mindfulness-Based Stress Reduction Versus a Health Enhancement Program in the Treatment of Urge Urinary Incontinence in Older Adult Women: A Randomized Controlled Feasibility Study. 2019 , 12, 285-297	2
513	[Mind-body approach in the area of preventive medicine: focusing on relaxation and meditation for stress management]. 2010 , 43, 445-50	3
512	Exploring the Effects of a Mindfulness Program for Students of Secondary School. 153-167	2
511	New directions for research of emotion regulation and psychological treatments: Potential benefits of mindfulness construct. 2008 , 16, 167-177	6
510	Role of mindfulness in dissociative disorders among adolescents. 2016 , 58, 326-328	8

509	Body Image and Sexuality in Women Survivors of Breast Cancer in India: Qualitative Findings. 2017 , 23, 13-17	15
508	The Possible Role of Meditation in Myofascial Pain Syndrome: A New Hypothesis. 2017 , 23, 180-187	6
507	Mindfulness-based stress reduction program in coronary heart disease: A randomized control trial. 2013 , 6, 111-7	76
506	Effectiveness of mindfulness meditation on pain and quality of life of patients with chronic low back pain. 2015 , 8, 128-33	33
505	Effect of holistic yoga program on anxiety symptoms in adolescent girls with polycystic ovarian syndrome: A randomized control trial. 2012 , 5, 112-7	25
504	Effects of mindfulness-based stress reduction on perceived stress and psychological health in patients with tension headache. 2015 , 20, 1058-63	18
503	Complementary Therapies for Symptom Management in Cancer Patients. 2017 , 23, 468-479	19
502	Using mindfulness to reduce the health effects of community reaction to aircraft noise. 2017 , 19, 165-173	5
501	The Spirituality Questionnaire: Core Dimensions of Spirituality. 2012 , 03, 116-122	11
500	Investigating Mindfulness, Borderline Personality Traits, and Well-Being in a Nonclinical Population. 2015 , 06, 1232-1248	6
499	The Relationship between Child Stress, Child Mindfulness and Parent Mindfulness. 2016 , 07, 40-51	6
498	The Integration of Mindfulness-Based Biofeedback and Compassion in the Healthcare Setting. 2015 , 43, 111-116	5
497	The Mindfulness Imperative: How the Pedagogical Principles of Mindfulness Provide the Foundation for Biofeedback. 2016 , 44, 121-125	2
496	Neurofeedback and Mindfulness in Peak Performance Training Among Athletes. 2016 , 44, 152-159	1
495	Mindfulness-Based Cognitive Therapy for Trichotillomania: A Bayesian Case-Control Study. 2015 , 55, 118-133	4
494	A Pilot Randomised Controlled Trial to Enhance Well-Being and Performance of Athletes in Para Sports. 2019 , 12, 7-7	5
493	Improving psychotherapy research: The example of mindfulness based interventions. 2011 , 1, 4-11	12
492	The Efficacy of Mindfulness-Based Cognitive Therapy on Self-Efficacy and Anxiety Among Epileptic Patients. 2017 , In press,	1

491	Psychometric Properties of the Child and Adolescent Mindfulness Measure: A Psychological Measure of Mindfulness in Youth. 2020 , 14,	2
490	Effectiveness of mindfulness-based stress reduction intervention for health-related quality of life in drug-dependent males. 2014 , 16, e12608	9
489	Well-Being, Mental Health, General Health and Quality of Life Improvement Through Mindfulness-Based Interventions: A Systematic Review and Meta-Analysis. 2018 , 20,	6
488	Major Depression and Psychiatric Disorders in Iranian Prisoners Based on a Clinical Interview: A Systematic Review and Meta-Analysis. 2017 , 18,	6
487	For Body and Mind: Practicing Yoga and Emotion Regulation. 2018 , 13, e25502	3
486	Effects of mindfulness-based qigong for children's concentration ability. 2012 , 23, 49-58	3
485	Expectancy effects in the Autonomous Sensory Meridian Response. 2018 , 6, e5229	12
484	Reliability and validity of an equanimity questionnaire: the two-factor equanimity scale (EQUA-S). 2020 , 8, e9405	13
483	Mindfulness-based stress reduction in an integrated care delivery system: one-year impacts on patient-centered outcomes and health care utilization. 2014 , 18, 4-9	17
482	RE: Mitigating medical student stress and anxiety: Should schools mandate participation in wellness intervention programs?. 2021 , 1-2	0
481	Mindfulness-Based Interventions for Older Adults with Dementia or Mild Cognitive Impairment: A Meta-Analysis. 2021 , 1-14	1
480	Mindfulness and Attachment as Concurrent Mediators Linking Childhood Maltreatment to Depressive, Anxious, and Dissociative Symptoms. 2021 , 1-16	3
479	The Mindfulness Map: A Practical Classification Framework of Mindfulness Practices, Associated Intentions, and Experiential Understandings. 2021 , 12, 727857	2
478	Do Brief Mindfulness Interventions (BMI) and Health Enhancement Programs (HEP) Improve Sleep in Patients in Hemodialysis with Depression and Anxiety?. 2021 , 9,	0
477	Dispositional Mindfulness in Heterosexual and Lesbian/Bisexual Women: Associations with Sexual Prejudice and Internalized Sexual Stigma. 2021 , 1-25	0
476	Mindfulness in Pregnancy: A Brief Intervention for Women at Risk. 2021 , 25, 1875-1883	1
475	The Political Consequences of Be(com)ing Mindful. How Mindfulness Might Affect Political Attitudes. 2021 , 3,	0
474	Protocol for the Implementation and Evaluation of a Mindfulness-Based Intervention for Caregivers of Children with Mental Disorders in a Clinical Setting. 2021 , 18,	

- 473 STRESS MANAGEMENT SKILLS FOR STRONG LEADERSHIP. **2006**, 88, 217-225 1
- 472 End-of-Life Care. **2007**, 873-888
- 471 Peptic Ulcer Disease. **2007**, 479-489 1
- 470 Psychological Interventions. **2008**, 739-755
- 469 The Adaptation of Mindfulness on Counselor Education. **2008**, 13, 307-328 3
- 468 Achtsamkeit. **2009**, 569-578 2
- 467 Psychothfapies de la mindfulness et neuroscience cognitive. **2009**, 137-163
- 466 Methoden, methodieken en diagnostische instrumenten. **2009**, 220-428
- 465 Introduction. **2010**, 1-12
- 464 Just Breathe: Meditation as Organizational Slack.
- 463 Mđitation de pleine conscience et psychothfapies. **2010**, 47-78
- 462 Mđitations, pathologies et sant. **2010**, 129-162
- 461 Stratđies thfapeutiques et gestion du stress. **2010**, 189-202
- 460 La mđitation de pleine conscience. **2010**, 13-45 0
- 459 Buddhist psychology and its practical application in the West. **2010**, 11, 85-113
- 458 The Relationship Among Mindfulness, Trait Anger, and Irrational Beliefs. **2010**, 29, 989-1007 3
- 457 Care of professional caregivers. **2011**, 575-589 1
- 456 Mindfulness-based therapy: Achtsamkeit vermitteln. **2011**, 69-82 1

455 Urinary system. **2011**, 443-473

454 Grundlagen der Mind-Body-Medizin. **2011**, 7-92

453 Emotionale Krankheitsakzeptanz - Ausgangspunkt ff.seelische Gesundheit. **2011**, 125-131

452 Neurophysiological Correlates to Psychological Trait Variables in Experienced Meditative Practitioners. **2011**, 129-155 2

451 The Healing Potential of Online Virtual Worlds. **2011**, 149-166 2

450 Einleitung. **2011**, 1-5

449 Cardiovascular/haematological systems. **2011**, 339-390

448 The Effects of Mindfulness-Based Cognitive Therapy for Emotion Regulation in a Patient Group. **2011**, 30, 113-135 4

447 Introduction. 1-12

446 Bibliographie. **2011**, 425-476

445 Diagnostische und therapeutische Verfahren in der Naturheilkunde. **2012**, 29-512

444 End-of-Life Care. **2012**, 732-743.e3

443 Emotional Awareness for Pain. **2012**, 891-897.e1

442 Psychosocial Interventions: Meditation. 223-231

441 Lyme Disease. **2012**, 198-206.e4

440 Fibromyalgia. **2012**, 438-446.e2

439 Mindfulness Research Foundations. **2012**, 39-55

438 Mind-Body Medicine. **2012**, 79-108

437 Achtsamkeits- und akzeptanzbasierte Ansätze. **2012**, 67-75

436 Tecniche psicologiche basate sulle evidenze per il trattamento delle patologie legate allo stress. **2012**, 253-273

435 The Grinch Who Stole Wisdom. **2013**, 229-249

434 The Paradoxical Nature of Personal Wisdom and Its Relation to Human Development in the Reflective, Cognitive, and Affective Domains. **2013**, 265-295

433 Mindfulness. **2013**, 309-310

432 Stress-Bewältigungs-Trainings Das Präventionsprogramm AGIL Arbeit und Gesundheit im Lehrerberuf als Beispiel eines Stress-Bewältigungs-Trainings für Lehrerinnen und Lehrer. **2013**, 251-271 3

431 Anxiety. **2013**, 133-143

430 Simple Pathways to Health and Wellness. **2013**, 223-242

429 Der hilflose Helfer Vom Umgang mit sich selbst. **2013**, 415-434

428 Bibliographie. **2013**, 257

427 The Paradoxical Nature of Personal Wisdom and Its Relation to Human Development in the Reflective, Cognitive, and Affective Domains. **2013**, 265-295

426 Body-Mind-Medizin. **2013**, 333-358

425 Engaging Personal Peace: Micro and Macro Facets of Needs, Emotions and Mindfulness. **2014**, 159-177

424 Traditional and Nontraditional Empirically Based Exercise Programs for Active Females. **2014**, 289-318

423 Differential Effects of Moving and Unmoving Meditation in Meditation-based Intervention Programs. **2013**, 18, 643-667

422 Bibliographie. **2014**, 267

421 Chapitre 1. Les émotions positives : à quoi servent-elles et comment les savourer?. **2014**, 17

420 Mindfulness in Health Education and Health Promotion. **2014**, 82-99

- 419 Trait Mindfulness, Affective Symptoms and Quality of Life in People with Non-Hodgkin's Lymphoma. **2014**, 05, 1114-1126
- 418 Mindfulness Approaches in the Treatment of Eating Disorders, Substance Use Disorders, and Addictions. **2014**, 547-562 1
- 417 Effects of Mindful Yoga and Yoga Nidra on Mindfulness, Perceived Stress and Psychological Well-being. **2014**, 19, 23-41
- 416 The Effects of mindfulness based course on the personal development of the university students. **2014**, 33, 833-849 3
- 415 The Effects of Unemployment due to Plant Closure on Self-rated Health in South Korea. **2014**, 34, 467-499 1
- 414 Selbstreflexion. **2015**, 89-104
- 413 Mindfulness and Neuroimaging. **2015**, 389-401
- 412 Encyclopedia of Geropsychology. **2015**, 1-7
- 411 Gesundheit und Innovation [Mindfulness-based Stress Reduction. **2015**, 71-79
- 410 Reconceptualization of the Response Styles Theory in Adolescents. **2015**, 20, 285-305 1
- 409 The Effects of Mindfulness-Based Stress Reduction (MBSR) Programs on Psychological and Behavioral Dimensions in Cancer Patients: Qualitative Case Study. **2015**, 20, 359-370 1
- 408 Il benessere nei vigili del fuoco volontari: la mindfulness come risorsa psicologica. **2015**, 101-121
- 407 The Role of Mindfulness in Addictions: Can It Be An Effective Treatment Option?. **2015**, 1,
- 406 A case study on the effect of musical experience through Korean music, Samulnori with abdominal breathing on liver cirrhosis. **2015**, 5, 21.1-21.7
- 405 References. 285-318
- 404 Achtsamkeit. **2016**, 13-24 2
- 403 References. **2016**, 321-336
- 402 Stressbewältigung und Persönlichkeit. **2016**, 1-22

401 Literature Review. **2016**, 15-32

400 Encyclopedia of Adolescence. **2016**, 1-7

399 Attitudes of inner city patients with cardiovascular disease towards meditation. **2016**, 2, 1

398 The Application of Mindfulness-Based Cognitive Therapy for Chronic Pain. **2016**, 65-74 2

397 Meaning Making in the Aftermath of a Spinal Cord Injury. **2016**, 261-282

396 Achtsamkeit und Coaching. **2016**, 1-12 2

395 Discussion, Implication, and Conclusion. **2016**, 49-61

394 The Effect of Neuroticism on Life - Satisfaction: Focused on the Moderating Effects of Mindfulness. **2016**, 6, 85-99

393 Calming Meditation Increases Altruism, Decreases Parochialism. 2

392 Wenn wir nicht wahrhaft im gegenwärtigen Augenblick sind, verpassen wir alles. **2017**, 109-116

391 Impact of Psychotherapy on Rational Suicide. **2017**, 159-185

390 Psychological Interventions for the Treatment of Pain in the Rehabilitation Patient. **2017**, 547-556

389 Encyclopedia of Evolutionary Psychological Science. **2017**, 1-2

388 Empirical Studies of Meditation. **2017**, 137-174 1

387 Mindfulness-based Therapy: Achtsamkeit vermitteln. **2017**, 95-108 1

386 Neuroimaging in Chronic Pain, Fibromyalgia, and Somatization. **2017**, 421-442

385 Perspectives of Saint John Chrysostom for the VUCA World. **2017**, 27-43

384 Religious and Spiritual Practices and Coping. **2017**, 179-194

383 Positive Psychologie und Gesundheit. **2017**, 91-124

382 Stressbewältigung und Persönlichkeit. **2017**, 1-22

381 Introduction: Zen, Mindfulness, and Behavioral Health. **2017**, 1-15

380 The Impact of Mindfulness-based Interventions on the Wellbeing of Cervical Cancer Patients on Chemoradiotherapy. **2017**, 6,

379 Mindfulness: "The End of Suffering" **2018**, 5-12

378 15 Ideengeschichtliche Genogramme. **2017**, 183-219

377 Stressbewältigung und Persönlichkeit. **2018**, 51-66

1

376 Online mindfulness-based stress reduction for lesbian women: A feasibility study.

375 The Influence of Self-Efficacy of Counselors on Vicarious Trauma: The Mediating Effects of Self-soothing ability and Mindfulness. **2017**, 18, 603-621

374 The Effectiveness of Teaching Mindfulness on Reduction of Stress, Thinking Control and Working Memory of Military Personnel. **2017**, 14, 1457-1464

373 A Promising Practice: School-Based Mindfulness-Based Stress Reduction for Children with Disabilities. **2017**, 20, 56-66

3

372 Pleine conscience et relations de couple. **2018**, 157-178

371 Complementary and Integrative Medicine for the Pathways Model. **2018**, 81-109

0

370 Psychological Models of Health. **2018**, 71-94

369 Achtsamkeit und Coaching. **2018**, 23-31

5

368 Healthcare Provision for Chronic Fatigue Syndrome. **2018**, 29-53

367 Predictors and Preventative Mechanisms for the reduction of Mathematics Anxiety in Adult Learners..

366 Effectiveness of Acceptance and Commitment Therapy in Cognitive Emotion Regulation Strategies, Headache-Related Disability, and Headache Intensity in Patients with Chronic Daily Headache. **2018**, In Press,

3

- 365 Adherence to a Mindfulness and Relaxation Self-Care App for Cancer Patients: Mixed-Methods Feasibility Study (Preprint).
- 364 Selbstkontrolle im Sport und die Bedeutsamkeit von achtsamkeitsbasierten Trainings. **2018**, 25, 99-107
- 363 Relationship Between Self-Compassion, Emotional Quotient and Maternal Styles with Well-Being in Shiraz School Students. **2018**, In Press,
- 362 Complementary and Alternative Approaches to Chronic Daily Headache: Part I Mind/Body. **2019**, 239-251
- 361 Achtsamkeit. **2019**, 7-36
- 360 Effects of Group Art Therapy When Applying Meditation to Depression and Communication of Elderly Participants with Dementia. **2018**, 25, 729-748
- 359 The Effects of the Role Stress and Emotional Labor on Burnout of Caregivers at Long-term Care Facilities for the Elderly : Mediating Effects of Mindfulness. **2018**, 73, 55-86
- 358 A Study for the Use of Mindfulness Meditation in Transactional Analysis Counseling. **2018**, 8, 77-103
- 357 Chronic Pain, Dopamine and Depression: Insights from Research on Fibromyalgia. 0
- 356 The Role of Mindfulness in Neurorehabilitation: From the Monastery to the Clinic. **2019**, 749-788 2
- 355 Immune System and Mind-Body Medicine [An Overview. **2019**, 1-19 2
- 354 Methodological Flaws and the Evidence of Efficacy. **2019**, 143-187
- 353 Cultural Considerations in the Treatment of African American Youth with Attenuated Psychosis Syndromes: The Importance of Socio-contextual and Clinical Factors. **2019**, 199-218 1
- 352 Komponenten des Stressmanagementtrainings. **2019**, 93-105
- 351 Achtsamkeit in Arbeitswelten [Mögliche Umsetzungsszenarien in Großunternehmen. **2019**, 197-211
- 350 Transforming 21st-century Leader Competencies by Developing Mindfulness. **2019**, 82, 52-61 1
- 349 Recommendations for Mindfulness Interventions in the Educational Context. **2019**, 117-137 2
- 348 Mindfulness and Ubuntu: Foundations for Inner Health. **2019**, 4,

- 347 Experiences of Using a Consumer-Based Mobile Meditation App to Improve Fatigue in Myeloproliferative Patients: Qualitative Study (Preprint).
- 346 Znaczenie mindfulness w miejscu pracy [motywacji pobudzania uważności pracowników]. **2019**, 2019, 61-67
- 345 Mindfulness Virtual Community for Student Mental Health: A Randomized Control Trial (Preprint).
- 344 Short-term effects on brain functional network caused by focused-attention meditation revealed by Tucker3 clustering on graph theoretical metrics.
- 343 Workplace Mindfulness in Accounting Practice: Issues, Opportunities, and Challenges. **2019**, 33, 167-185 1
- 342 Sustained modulation of emotion-related fibers after 8 weeks of mindfulness-based stress reduction training.
- 341 A Case Study in the Use of Mindfulness-Based Biofeedback for Anxiety Reduction in a Chronic Pain Patient with a Spinal Cord Injury Preparing for Decannulation. **2019**, 47, 63-70
- 340 Achtsamkeit und Selbstmitgefühl in der Psychotherapie [state of the art]. **2020**, 5-16 1
- 339 Mindfulness and Spirituality: An Enhanced Leadership Perspective. **2020**, 229-248 1
- 338 Application of Mindfulness-Based Psychological Interventions in Infertility. **2020**, 13, 3-21 3
- 337 Yoga for Babies and Children. **2020**, 386-397
- 336 The effect of parent personality on the acquisition and use of mindfulness skills during an MBSR intervention. **2020**, 135-161
- 335 The Reach, Use, and Impact of a Free mHealth Mindfulness App in the General Population: Mobile Data Analysis (Preprint).
- 334 The feasibility of 'Mind the Bump': A mindfulness based maternal behaviour change intervention. **2020**, 40, 101178 2
- 333 ODAKLAN, KEBET VE FARK ET: YAŒILAR LE ALIMADA BLN FARKINDALIK TERAPS. 1
- 332 A Mindfulness-Based Intervention for Student Depression, Anxiety, and Stress: Randomized Controlled Trial (Preprint).
- 331 Mindfulness, mood symptom tendencies and quality of life in bipolar disorder: An examination of the mediating influence of emotion regulation difficulties. **2022**, 298, 166-172 2
- 330 Effects of maternal psychological stress during pregnancy on offspring brain development: Considering the role of inflammation and potential for preventive intervention. **2021**, 0

329 Quality Education. **2020**, 545-555

328 Stress und Burnout. **2020**, 207-223

327 Immune System and Mind-Body Medicine: An Overview. **2020**, 97-115

326 App-Tailoring Requirements to Increase Stress Management Competencies Within Families: Cross-sectional Survey Study (Preprint).

325 Is Training with the N-Back Task More Effective Than with Other Tasks? N-Back vs. Dichotic Listening vs. Simple Listening. **2021**, 5, 434

1

324 Measuring Mindfulness Grounded in the Original Buddha's Discourses on Meditation Practice. **2021**, 355-381

1

323 Dispositional mindfulness among BDSM practitioners: A preliminary investigation. **2020**, 29, 314-322

322 Educators and Wellbeing. **2020**, 86-101

321 Références bibliographiques. **2020**, 311-331

320 Health Benefits of Mindful Meditation. **2020**, 159-176

2

319 Design and Usability of an E-Health Mobile Application. **2020**, 314-328

318 Gesundheit und Innovation [Mindfulness-based Stress Reduction. **2020**, 77-87

317 Cultivating Digital Well-Being and the Rise of Self-Care Apps. **2020**, 119-137

0

316 Investigation. **2020**, 91-148

315 Selbstreflexion und motivationale Klüfung. **2020**, 183-203

314 Effects of an intervention program with health education and hatha yoga on the health of professionals with musculoskeletal symptoms. **2020**, 18, 114-124

313 Machen wir uns auf den Weg [2020, 107-169

312 Von gruppentherapeutischen Achtsamkeitsprogrammen zu Achtsamkeitsschulung von Therapeuten und Übungen für die Einzeltherapie. **2020**, 129-139

- 311 Mindfulness-based therapies for rumination. **2020**, 345-379
- 310 Exploration of the Bidirectionality of Obesity and Depression by Means of the Neuropsychological Model of Obesity Genesis. **2020**, 169-180 1
- 309 Using Mindfulness Meditation Techniques to Support Peer-to-Peer Dialogue in Seminars. **2020**, 311-326
- 308 Stressbewältigungs- und Problemlösetrainings. **2020**, 709-718
- 307 The Effects of Chewing Gum on Perceived Stress and Wellbeing in Students Under a High and Low Workload. **2020**, 124-137 1
- 306 Testing the Pagan Prescription: Using a Randomized Controlled Trial to Investigate Pagan Spell-Casting as a Form of Noncontact Healing. **2020**, 26, 219-225
- 305 App-Based Delivery of Clinical Emotional Freedom Techniques: Cross-Sectional Study of App User Self-Ratings (Preprint).
- 304 Development of a Web-Based Mindfulness Program for People With Multiple Sclerosis: Qualitative Co-Design Study (Preprint).
- 303 Outcomes of a Mindfulness-Based Healthy Lifestyle Intervention for Adolescents and Young Adults with Polycystic Ovary Syndrome. **2021**, 1
- 302 Investigating differential effects of socio-emotional and mindfulness-based online interventions on mental health, resilience and social capacities during the COVID-19 pandemic: The study protocol. **2021**, 16, e0256323 1
- 301 Mindfulness-Based Stress Reduction Specifically Improves Social Anhedonia Among Adults with Chronic Stress. 1 0
- 300 A short Mindfulness retreat can improve biological markers of stress and inflammation. **2022**, 135, 105579 2
- 299 The Handbook of Wellness Medicine. **2020**, 2
- 298 Nutraceuticals and Wellness. **2020**, 292-301 1
- 297 Relaxation and Meditation. **2007**, 161-175 1
- 296 Stress. **2006**, 678-684
- 295 Living with Cancer After Treatment Ends. **2008**, 195-222
- 294 Developing Expert and Transformative Wisdom: Can Either Be Taught in Public Schools?. **2008**, 207-222 1

293 MindBody Research in Cancer. **2008**, 139-160

292 Mindfulness-based therapy: Achtsamkeit vermitteln. **2007**, 69-81

1

291 Motivating Self and Others. **2020**,

1

290 Exploring issues surrounding mental health and wellbeing across two continents: A preliminary cross-sectional collaborative study between the University of California, Davis, and University of Pretoria. **2020**, 15, e0241302

1

289 App-Based Delivery of Clinical Emotional Freedom Techniques: Cross-Sectional Study of App User Self-Ratings. **2020**, 8, e18545

1

288 Contemplative mental training reduces hair glucocorticoid levels in a randomized clinical trial.

287 Empathy in Podiatric Medical Education: Challenges and Opportunities for Comprehensive Care. **2020**, 110,

286 Meditation and psychiatry. **2008**, 5, 28-41

10

285 Psychotherapeutic approaches in the treatment of pain. **2005**, 2, 19-24

6

284 Mindfulness-based stress reduction for solid organ transplant recipients: a randomized controlled trial. **2010**, 16, 30-8

37

283 Impact of breathing awareness meditation on ambulatory blood pressure and sodium handling in prehypertensive African American adolescents. **2008**, 18, 1-5

28

282 The feasibility and effectiveness of mindfulness-based cognitive therapy for mixed diagnosis patients in primary care: a pilot study. **2012**, 9, 191-200

6

281 Familial history and recurrence of febrile seizures; a systematic review and meta-analysis. **2013**, 23, 389-95

9

280 Febrile seizures: etiology, prevalence, and geographical variation. **2014**, 8, 30-7

4

279 Congenital hypothyroidism screening program in iran; a systematic review and metaanalysis. **2014**, 24, 665-72

12

278 Effect of Mindfulness Based Stress Reduction on Quality of Life (SF-36) and Spirometry Parameters, in Chemically Pulmonary Injured Veterans. **2013**, 42, 1026-33

6

277 Internet-based Mindfulness Meditation for Cognition and Mood in Older Adults: A Pilot Study. **2016**, 22, 44-53

19

276 Mindfulness-based Intervention for Perinatal Grief Education and Reduction among Poor Women in Chhattisgarh, India: a Pilot Study. **2016**, 2,

6

275	Predictors of Improvements in Mental Health From Mindfulness Meditation in Stressed Older Adults. 2018 , 24, 48-55	1
274	Observational Study on a Mindfulness Training for Smokers within a Smoking Cessation Program. 2017 , 8, 1698	1
273	Efficacy of Exercise Therapy in Persons with Burnout. A Systematic Review and Meta-Analysis. 2018 , 17, 475-484	15
272	Perceived Mindfulness and Depressive Symptoms Among People with Chronic Pain. 2018 , 84, 33-39	1
271	Management of pain in individuals with spinal cord injury: Guideline of the German-Speaking Medical Society for Spinal Cord Injury. 2019 , 17, Doc05	5
270	Brief mindfulness-based intervention of 'STOP (Stop, Take a Breath, Observe, Proceed) touching your face': a study protocol of a randomised controlled trial. 2020 , 10, e041364	2
269	Mindfulness for Outpatient Oncology Nurses: A Pilot Study. 2022 , 36, 28-36	0
268	Mindful Use of Facebook as a Self-Help Therapeutic Tool in Psychological Settings. 2022 , 128-152	
267	Gender Gap in Mindfulness Assessment Among Italian Nurses: A Pilot Descriptive Study. 2021 , 21, 81-100	
266	A primer of an in-depth resilience status for German medical graduates: results of a cross-sectional survey on the status quo of resilience among graduates of human medicine in Bavaria, Germany - a necessary step in building an emotionally equipped healthcare work-force. 2021 , 21, 573	
265	Intelligence Can Be Used to Make a More Equitable Society but Only When Properly Defined and Applied.. 2021 , 9,	1
264	The Effects of Mindfulness Training on Working Memory Performance in High-Demand Cohorts: a Multi-study Investigation. 1	1
263	Exploring the Effects of Meditation Techniques Used by Mindfulness-Based Programs on the Cognitive, Social-Emotional, and Academic Skills of Children: A Systematic Review. 2021 , 12, 660650	1
262	Will I have sex to please you? Evaluating whether mindfulness buffers links between attachment and sexual motivations in daily life. 2021 , 1-23	1
261	Effects of a Single Yoga Session on Cardiac Interoceptive Accuracy and Emotional Experience.. 2021 , 11,	0
260	Saber qu'y saber cño. Una propuesta explicativa de tres tñicas terapùticas empíricamente validadas. 2021 , 12,	
259	Feasibility and acceptability of using a meditation app in adults with rheumatic disease. 2021 ,	
258	Mindful schools: Neuropsychological performance after the implementation of a mindfulness-based structured program in the school setting. 1	

257	Risking Being Yourself: Owning Your Identity Within the Academic Framework. 2021 , 25-45	
256	Moving from intention to behaviour: a randomised controlled trial protocol for an app-based physical activity intervention (i2be).. 2022 , 12, e053711	1
255	Addressing the biological embedding of early life adversities (ELA) among adults through mindfulness: Proposed mechanisms and review of converging evidence.. 2022 , 134, 104526	3
254	Bibliographie. 2020 , 267-304	
253	Brief mindfulness-based intervention of BTOP (Stop, Take a Breath, Observe, Proceed) touching your face—a study protocol of a randomised controlled trial. 2020 , 10, e041364	3
252	Predicting mindfulness effect on irritability with Bayesian models, regression and neural network. 2021 , 9, 35-47	
251	Leveraging a Consumer-Based Product to Develop a Cancer-Specific Mobile Meditation App: Prototype Development Study (Preprint).	
250	Concurrent randomized control trials of the 1-year efficacy of two couple relationship education programs: ELEVATE and Couples Connecting Mindfully.. 2022 ,	1
249	The indirect effect of trait mindfulness on life satisfaction through self-esteem and perceived stress. 1	1
248	Mindful Parenting and Parent Technology Use: Examining the Intersections and Outlining Future Research Directions. 2022 , 11, 43	2
247	Experiences of stressful situations and mindfulness training for persons with visual impairment. 026461962110673	
246	An Introduction to Assessment in Mindfulness Research. 2022 , 1-11	0
245	Leveraging a Consumer-Based Product to Develop a Cancer-Specific Mobile Meditation App: Prototype Development Study.. 2022 , 6, e32458	0
244	Mindfulness, Problem-solving Skills and Academic Achievement: Do Perceived Stress Levels Matter?. 2022 , 15, 42-63	1
243	Stress & Kreativität 2022 , 73-93	
242	Acceptance Mindfulness-Trait as a Protective Factor for Post-Natal Depression: A Preliminary Research.. 2022 , 19,	
241	Stress Measurement in Primary Care: Conceptual Issues, Barriers, Resources, and Recommendations for Study.. 2022 ,	1
240	Review of the Effects on Health and Cognition of the Mind Sound Resonance Technique, a Yoga-Based Form of Meditation. 1	2

- 239 Mental Health During the First Year of the COVID-19 Pandemic: A Review and Recommendations for Moving Forward.. **2022**, 17456916211029964 47
- 238 Islamic psycho-immunological approaches in increasing immunity during the COVID-19 pandemic. **2022**, 340, 05009
- 237 Mindfulness, Connectedness to Nature, Personal Ecological Norm and ro-environmental Behavior: A Daily Diary Study. **2022**, 100038 0
- 236 A Feasibility Study on Low-dose Mindfulness-based Stress Reduction Intervention Among Prediabetes and Diabetes Patients.. **2022**, 102810
- 235 Meditative and Mindfulness-Focused Interventions in Neurology: Principles, Science, and Patient Selection.. **2022**, 0
- 234 Equitable Mindfulness: The practice of mindfulness for all.. **2022**, 1
- 233 A randomized controlled trial of a web-based mindfulness programme for people with MS with and without a history of recurrent depression.. **2022**, 13524585211068002 0
- 232 Mindfulness-based psychological interventions for improving mental well-being in medical students and junior doctors. **2021**, 12, CD013740 2
- 231 Mindfulness-Based Stress Reduction for Medical Conditions. **2021**, 159-176
- 230 Rffences. **2022**, 193-239
- 229 Mindfulness in Coaching. **2022**, 627-636
- 228 Psychospiritual Cleanliness and Well-Being: A Relevant Path to Be in Sync with Nature. **2022**, 691-710
- 227 Resilience: Concepts, Approaches, Indicators, and Interventions for Sustainability of Positive Mental Health. **2022**, 607-636
- 226 Physical Health as a Foundation for Well-Being: Exploring the RICH Theory of Happiness. **2022**, 3-33
- 225 The Mental Health of Educators: Gaps, Needs, and Solutions. **2022**, 565-604
- 224 Uniqueness of the Dharmic Tradition. **2022**, 49-68
- 223 (Re)Envisioning Mindfulness for Leadership Retention. **2022**, 106, 5-31 0
- 222 Mindfulness practice correlates with reduced exam-induced stress and improved exam performance in preclinical medical students with the "acting with awareness", "non-judging" and "non-reacting" facets of mindfulness particularly associated with improved exam performance.. **2022**, 10, 41 0

221	Influence de la dimension spirituelle comme dynamique thérapeutique complémentaire dans les pratiques de méditation et dans le champ de la santé mentale. 2022,	
220	The Relationship between Mindfulness and Subjective Well-Being: Examining the Indirect Effects of Self-Connection and Meaning in Life. 1	0
219	Mindfulness and Negative Emotions Among Females Who Inject Drugs: the Mediating Role of Social Support and Resilience. 1	
218	The uptake and outcomes of an online self-help mindfulness programme during COVID-19. 1-14	0
217	Influence of the sub-factors of self-compassion on burnout among hospital nurses: A cross-sectional study in South Korea.. 2022,	0
216	Alcohol and drug use among bartenders: An at risk population?. 2022, 108762	
215	TAKING A MINDFUL RUN WITH MURAKAMI: A (HERMENEUTIC) PHENOMENOLOGICAL APPROACH. 1-18	
214	A mindfulness-based well-being group for international students in higher education: A pilot study.	1
213	Harnessing the Synergy Between Mindfulness and Psychotherapy.. 2022, 28, 138-142	
212	Anxiety and theory of mind: A moderated mediation model of mindfulness and gender.. 2022,	0
211	Differences in Emotional Conflict Processing between High and Low Mindfulness Adolescents: An ERP Study.. 2022, 19,	0
210	Containing Attachment Concerns: Does Trait Mindfulness Buffer the Links between Attachment Insecurity and Maladaptive Sexual Motivations?. 2022, 1-12	1
209	The State of Dispositional Mindfulness Research. 1	3
208	'You're on the waiting list': An interpretive phenomenological analysis of young adults' experiences of waiting lists within mental health services in the UK.. 2022, 17, e0265542	3
207	Mindfulness-Based Stress Reduction Live Online During the COVID-19 Pandemic: A Mixed Methods Feasibility Study.. 2022,	1
206	Panta Rhei: a Non-randomized Intervention Trial on the Effectiveness of Mindfulness-Self-compassion Weekend Retreats for People Bereaved by Suicide. 1	0
205	Design of a Planner-Based Intervention to Facilitate Diet Behaviour Change in Type 2 Diabetes.. 2022, 22,	0
204	Promoting occupational health and teaching quality: The impact of a mindfulness intervention in teacher training. 2022, 114, 103703	2

- 203 Mindful attention training workshop for firefighters: Design and methodology of a pilot randomized clinical trial.. **2022**, 27, 100905
- 202 Mindfulness-Informed Guided Imagery to Target Physical Activity: A Mixed Method Feasibility and Acceptability Pilot Study.. **2021**, 12, 742989 0
- 201 App-based mindfulness meditation reduces perceived stress and improves self-regulation in working university students: A randomised controlled trial.. **2021**, 0
- 200 Mindfulness-Based Program for Anxiety and Depression Treatment in Healthcare Professionals: A Pilot Randomized Controlled Trial.. **2021**, 10,
- 199 ZEL GEREKSİNİMLERİ İÇEREN OLAN ANNELERDE BİTİMLİK DUYGUSU VE PSİKOLOJİK ÖYNE OLUNAN YERİMSERLİĞİN ARACI ROLÜ
- 198 Higher levels of neuroticism in older adults predict lower executive functioning across time: the mediating role of perceived stress. 1
- 197 The effect of mindfulness meditation on the vocal proficiencies of music education students. 030573562110622
- 196 A Bibliometric and Visualization Analysis of Mindfulness and Meditation Research from 1900 to 2021.. **2021**, 18, 0
- 195 The Neurophysiology Behind Trauma-Focused Therapy Modalities Used to Treat Post-Traumatic Stress Disorder Across the Life Course: A Systematic Review. **2021**, 15248380211048446 1
- 194 The Utility of Meditation and Mindfulness-Based Interventions in the Time of COVID-19: A Theoretical Proposition and Systematic Review of the Relevant Prison, Quarantine and Lockdown Literature. **2021**, 332941211048734 2
- 193 Chronotype and trait self-control as unique predictors of sleep quality in Chinese adults: The mediating effects of sleep hygiene habits and bedtime media use.. **2022**, 17, e0266874 1
- 192 The predictive value of self-compassion for psychological adjustment in left ventricular assist device patients: an observational study.. **2022**, 0
- 191 Stress. **2006**, 678-684
- 190 Data_Sheet_1.PDF. **2020**,
- 189 Data_Sheet_1.DOCX. **2018**,
- 188 DataSheet1.pdf. **2018**,
- 187 DataSheet_1.docx. **2020**,
- 186 Data_Sheet_1.CSV. **2020**,

185 Data_Sheet_1.docx. **2018,**

184 Table_1.pdf. **2018,**

183 Table_2.xlsx. **2018,**

182 Data_Sheet_1.docx. **2020,**

181 Data_Sheet_2.docx. **2020,**

180 Image_1.TIF. **2019,**

179 Image_2.TIF. **2019,**

178 Image_3.TIF. **2019,**

177 Image_4.TIF. **2019,**

176 Image_5.TIF. **2019,**

175 Image_6.TIF. **2019,**

174 Table_1.doc. **2019,**

173 DataSheet1.docx. **2018,**

172 Together through the valley of death: Lived experience of case managers to meet the informational needs of gynecologic cancer survivors.. **2022,** 61, 339-344

171 Decreasing exam-anxiety levels with Mindfulness through EEG measurements. **2022,**

170 Did Mindful People Do Better during the COVID-19 Pandemic? Mindfulness Is Associated with Well-Being and Compliance with Prophylactic Measures.. **2022,** 19, ○

169 Promoting Empathy and Reducing Hopelessness Using Contemplative Practices. 0092055X2210920 1

168 Mindfulness: Unpacking its three shades and illuminating integrative ways to understand the construct. ○

- 167 Mindfulness-Based Stress Reduction as a Culturally Relevant Treatment for Racial or Ethnic Minorities.
- 166 The Moderating Effect of Compassionate Mindfulness on the Psychological Needs and Emotions of Generation Y in the 21st Century in Taiwan.. **2022**, 19,
- 165 The Applicability of Virtual Reality-Based Training for Controlling Anger in Aggressive Individuals.. **2022**, 1
- 164 The effects of autonomous sensory meridian response (ASMR) on mood, attention, heart rate, skin conductance and EEG in healthy young adults.. **2022**, 1 0
- 163 Tracing the Path Toward Mindfulness Back to Its Origins: Linking Tenets of Buddhism to Mindfulness Within the Buddhism-Informed Unified Flexibility and Mindfulness (BI-UFM) Model.
- 162 Workplace Mindfulness: Multidimensional Model, Scale Development and Validation. 1 1
- 161 Meditation-induced effects on whole-brain structural and effective connectivity.. **2022**, 0
- 160 Mediators of acceptance and mindfulness-based therapies for anxiety and depression: A systematic review and meta-analysis.. **2022**, 94, 102156 3
- 159 How does mindfulness relate to proenvironmental behavior? The mediating influence of cognitive reappraisal and climate change awareness. **2022**, 357, 131914 0
- 158 How Does Buddhist Contemplative Space Facilitate the Practice of Mindfulness?. **2022**, 13, 437 1
- 157 References. **2016**, 231-240
- 156 Evidence to Support Mindful Healthcare Professionals. **2022**, 7-18
- 155 Terapias de Terceira Geração nas Perturbações Psíquicas.
- 154 Meditation in Prevention and Treatment of Cardiovascular Disease: An Evidence-Based Review. **2022**, 303-325
- 153 Imaginaire rescripting gericht op het huidige leven van de patiënt. **2022**, 133-147
- 152 Is Stress an Overlooked Risk Factor for Dementia? A Systematic Review from a Lifespan Developmental Perspective. 0
- 151 Mindfulness-Based School Interventions: a Systematic Review of Outcome Evidence Quality by Study Design. 2
- 150 Pulse Wave Velocity, a Predictor of Major Adverse Cardiovascular Events, and Its Correlation with the General Stress Level of Health Care Workers during the COVID-19 Pandemic. **2022**, 58, 704 0

- 149 Resilient Family : A Pilot Study of a Stress Management Program for Military-Connected Families. **2022**, 52, 179-185
- 148 Finding meaning in our everyday moments: testing a novel intervention to increase employee well-being. **2022**, ahead-of-print, ○
- 147 Characterizing Nature Videos for an Attention Placebo Control for MBSR: The Development of Nature-Based Stress Reduction (NBSR).
- 146 Mindfulness Intervention Decreases Frequency and Severity of Flares in Inactive Ulcerative Colitis Patients: Results of a Phase II, Randomized, Placebo-Controlled Trial.
- 145 Valued living among veterans in breath-based meditation treatment or cognitive processing therapy for posttraumatic stress disorder: Exploratory outcome of a randomized controlled trial. **2022**, 11, 2164957X2211083 ○
- 144 Reduced Anxiety Associated to Adaptive and Mindful Coping Strategies in General Practitioners Compared With Hospital Nurses in Response to COVID-19 Pandemic Primary Care Reorganization. 13,
- 143 Amigas Latinas Motivando el Alma: In-Person and Online Delivery of an Intervention to Promote Mental Health Among Latina Immigrant Women. ○
- 142 A Randomized Controlled Trial Study of a Multimodal Intervention vs. Cognitive Training to Foster Cognitive and Affective Health in Older Adults. 13,
- 141 Spor bilimlerinde yöntem konusundaki yayımların bibliyometrik analizi: tıbbi bir bakış. ○
- 140 Zur Praxis der Achtsamkeit in Prophylaxe und Therapie chronischer Schmerzen. **2022**, 71, 141-145
- 139 How and when perceived job search incivility leads to reduced job search behavior. ○
- 138 Development and Psychometric Evaluation of the Reactions to Somatic Stress Questionnaire (RSSQ).
- 137 Daily mother-infant skin-to-skin contact and maternal mental health and postpartum healing: a randomized controlled trial. **2022**, 12, 1
- 136 Assessing social dominance orientation and system justification as psychological pathways from practicing meditation to tax evasion intentions and support for tax progressivity.
- 135 The Effects of Mindfulness-Based Strategies on Perceived Stress and Psychobiosocial States in Athletes and Recreationally Active People. **2022**, 19, 7152 1
- 134 Integrated effect of yoga and mindfulness meditation on pain, functional disability, and spinal flexibility in computer users with chronic low back pain: A prospective randomized active control trial. **2022**, 54, 4
- 133 Introspección sobre la mirada interior, la atención plena, la epoj, la metacognición, la anamnesis y la autorreflexión. **2022**, 3, 1-12
- 132 Meditations- und Achtsamkeitsinterventionen zur Förderung psychischer Ressourcen in der supportiven onkologischen Behandlung. **2022**, 13, 157-161

- 131 Over-Identifying with Social Roles: Selfing Scale Development and Validation. 0
- 130 Promoting resilience in healthcare students through psychological interventions. **2022**, 28, 209-215 0
- 129 Mediating Mindfulness-Based Interventions with Virtual Reality in Non-Clinical Populations: The State-of-the-Art. **2022**, 10, 1220
- 128 Mindfulness Meditation as Psychosocial Support in the Breast Cancer Experience: A Case Report. **2022**, 12, 216
- 127 The challenges, coping mechanisms, and recovery from the initial waves of the COVID-19 pandemic among Academic Radiographers.. **2022**,
- 126 The influence of psychological interventions on surgical outcomes: a systematic review. **2022**, 2,
- 125 The Effect of Mindfulness Yoga in Children With School Refusal: A Study Protocol for an Exploratory, Cluster-Randomized, Open, Standard Care-Controlled, Multicenter Clinical Trial. 10,
- 124 Mindfully in Love: A Meta-Analysis of the Association Between Mindfulness and Relationship Satisfaction. 3
- 123 Exploring the Nexus Between Mindfulness, Gratitude, and Wellbeing Among Youth With the Mediating Role of Hopefulness: A South Asian Perspective. 13,
- 122 Mindfully Aware and Open: Mitigating Subjective and Objective Financial Vulnerability via Mindfulness Practices.
- 121 Meditation mobile app developed for cancer patients and survivors: A feasibility study (Preprint).
- 120 Exploring the past, present, and future of the mindfulness field: A multitechnique bibliometric review. 13, 1
- 119 Analysis Of EEG Signals Using Open BCI To Predict The Stress Level. **2022**,
- 118 Do You Mind? Examining the Impact of Psychoeducation Specificity on Perceptions of Mindfulness-Based Programs. **2022**, 19, 9621 0
- 117 Interventions de pleine conscience et de psychologie positive dans la prise en charge de la dépression: une étude pilote comparative contrôlée. **2022**,
- 116 Promising Findings that the Cultivating Healthy Intentional Mindful Educators Program (CHIME) Strengthens Early Childhood Teachers' Emotional Resources: An Iterative Study. 1
- 115 How I Learned to Stop Worrying and Love the Eco-Apocalypse: An Existential Approach to Accepting Eco-Anxiety. 174569162210936
- 114 A qualitative analysis of free text comments of participants from a massive open online mindfulness course. 10, 0

- 113 Mindfulness and Relaxation-Based Interventions to Reduce Parental Stress, Anxiety and/or Depressive Symptoms in the Neonatal Intensive Care Unit: A Systematic Review.
- 112 **Hidden gains**—Measuring the impact of mindfulness-based interventions for people with mild traumatic brain injury: a scoping review. 1-12 ○
- 111 The influence of mindfulness-based interventions on the academic performance of students measured by their GPA. A systematic review and meta-analysis. 16,
- 110 Effects of an integrated childbirth education program to reduce fear of childbirth, anxiety, and depression, and improve dispositional mindfulness: A single-blind randomised controlled trial. **2022**, 113, 103438 1
- 109 **Touch for Health**—based kinesiology interventions: An innovative qualitative research exploring clients' perspectives. **2022**, 49, 101643
- 108 Online psychological interventions to improve symptoms in multiple sclerosis: A systematic review. ○
- 107 Psychological Inflexibility and HF-HRV reactivity to laboratory stressors. **2022**, 26, 134-138 ○
- 106 Coping and Resilience Through Peace Psychology and Restorative Justice. **2022**, 175-191 ○
- 105 Interventionen zur Förderung von Erholung, Entspannung und Achtsamkeit. **2022**, 25-42 ○
- 104 Parent-Adolescent Conflict. **2022**, ○
- 103 Boundary Management Interventionen zur Förderung der Life-Balance. **2022**, 57-70 ○
- 102 Stress Management Programme on the Stress of Chiang Mai University Students: A Pilot Study. **2022**, 10, 879-885 ○
- 101 Comparison of Mindfulness-Based Stress Reduction Therapy and Cognitive-Behavioral Therapy of Chronic Fatigue, Sleep Quality, Executive Function and Disease Activity in Patients with Rheumatoid Arthritis. ○
- 100 The fatigue illusion: the physical effects of mindlessness. **2022**, 9, ○
- 99 Effect of A Stress Management Program on the Stress and Occupation of Chiang Mai University Students. **2022**, 15, ○
- 98 The Effects of Mindfulness Interventions on Fibromyalgia in Adults aged 65 and Older: A Window to Effective Therapy. ○
- 97 Anticipatory threat responses mediate the relationship between mindfulness and anxiety: A cross-sectional study. 10, ○
- 96 Associations of trait emotional intelligence and stress with anxiety in Chinese medical students. **2022**, 17, e0273950 ○

- 95 The impact of a brief mindfulness training on interoception: A randomized controlled trial. **2022**, 17, e0273864 ○
- 94 Competing at the Cybathlon championship for people with disabilities: long-term motor imagery brain-computer interface training of a cybathlete who has tetraplegia. **2022**, 19, ○
- 93 Online, low-volume meditation does not alter immune-related biomarkers. **2022**, 100531 ○
- 92 Enhancing Parental Well-being: Initial Efficacy of a 21-Day Online Self-help Mindfulness-Based Intervention for Parents. 1
- 91 Lessons from Two States with Extension Programs for Managing Stress. ○
- 90 Psychological Resources for Sustainable Lifestyles. **2022**, 47-114 ○
- 89 Five Facet Mindfulness Questionnaire (FFMQ). **2022**, 1-23 ○
- 88 Contemplative Practices Behavior Is Positively Associated with Well-Being in Three Global Multi-Regional Stanford WELL for Life Cohorts. **2022**, 19, 13485 ○
- 87 The missing mechanistic link: Improving behavioral treatment efficacy for pediatric chronic pain. 3, ○
- 86 The Difficulties in Emotional Regulation among a Cohort of Females with Lipedema. **2022**, 19, 13679 ○
- 85 Does meditation training promote pro-environmental behavior? A cross-sectional comparison and a randomized controlled trial. **2022**, 101900 ○
- 84 How Chanting Relates to Cognitive Function, Altered States and Quality of Life. **2022**, 12, 1456 ○
- 83 Mindfulness practice in the physics classroom. **2022**, 60, 714-714 ○
- 82 Pilot Study on Intervention in Breast Cancer Patients with Loving-Kindness and Mindfulness Meditation. **2022**, 19, 87-96 ○
- 81 The effects of mantra-based A MI Meditation on burnout, secondary traumatic stress, and compassion satisfaction levels in healthcare providers. ○
- 80 Literatur. **2022**, 159-176 ○
- 79 A Qualitative Study of Virtual Reality and Mindfulness for Substance Use Disorders. ○
- 78 Comunicaci3n art4stica y Mindfulness: una revisi3n sistem4tica de las artes esc4nicas. **2022**, 9, 1-14 ○

- 77 The effects of mindfulness meditation versus CBT for anxiety on emotional distress and attitudes toward seeking mental health treatment: a semi-randomized trial. **2022**, 12, ○
- 76 Effects of a neuroscience-based mindfulness meditation program on psychological health: A randomized controlled trial (Preprint). ○
- 75 Examining and understanding patterns of cognitive, emotional, and behavioral jealousy: Dispositional Mindfulness as a protective factor in romantic relationships. 026540752211396 1
- 74 A Randomized, Controlled Pilot Study of Mindfulness-Based Stress Reduction in Healthy Older Adults. 1-16 ○
- 73 The effectiveness of yoga therapy on caregivers of people living with dementia: A systematic review and meta-analysis of randomized controlled trials. **2023**, 19, 101192 ○
- 72 Muslim Students' Dispositional Mindfulness and Mental Well-Being: The Mediating Role of Core Self-Evaluation. **2022**, 5, 1-14 ○
- 71 Islamic praying changes stress-related hormones and genes. **2022**, 15, 483-488 ○
- 70 Stress Intensity and Exhaustion Among Infant and Toddler Teachers: Descriptive Analysis and Associations with Sources of Stress and Coping Strategy Use. 1-20 ○
- 69 Trauma-Sensitive Mindfulness for War Refugees: Communication of Preliminary Findings. **2022**, 2, 556-568 ○
- 68 Mindfulness in Organizations: The Concept of Mindful Leadership. ○
- 67 Examining Family Process among Infants and Toddlers and Implications for Maternal Child Intervention. 105381512211315 ○
- 66 A Brief Mindfulness Intervention for Parents and Children before Pediatric Venipuncture: A Randomized Controlled Trial. **2022**, 9, 1869 ○
- 65 Psychotherapy of Panic Disorder: Revisiting Past and Present Research and Moving toward Future Directions. ○
- 64 Features of urban green spaces associated with positive emotions, mindfulness and relaxation. **2022**, 12, ○
- 63 Stress Management Design Guideline with Smart Devices during COVID-19. **2022**, 35, 115-131 ○
- 62 How mindfulness reduces BNPL usage and how that relates to overall well-being. ○
- 61 Impact of mindfulness and coping strategies on the well-being of hospice workers in Slovakia during the Covid-19 pandemic. **2022**, 24, 331-338 ○
- 60 Effects of a Mindfulness-Based Stress Reduction Program on Stress, Depression, and Psychological Well-being in Patients With Cancer. Publish Ahead of Print, ○

- 59 The Effectiveness of a Four-Week Online Mindfulness Training Course on Individual Mindfulness Skills and Personal Perception of Stress in Company Employees Working from Home. **2022**, 19, 16422 ○
- 58 Mindfulness Meditation Programs Informed by Transgender Youth. ○
- 57 Influence of Acceptance and Commitment Therapy Core Processes on Anxiety and Stress in Persons With Spinal Cord Injury: A Cross-sectional Study. **2022**, ○
- 56 Causal links between external contingencies of self-worth and mindfulness. **2014**, 16, 30-38 ○
- 55 Mindfulness within Educational Psychology practice: Possibilities and constraints. **2014**, 1, 9-14 ○
- 54 Becoming an agent of change for school and student well-being. **2015**, 32, 21-30 2
- 53 Introducing brief mindfulness practices for staff working in a locked mental health rehabilitation unit. **2018**, 1, 15-19 ○
- 52 The impact of three forms of mindfulness training on mindfulness, wellbeing and goal attainment: Findings from a randomised controlled trial and implications for coaching. **2019**, 14, 24-43 ○
- 51 More than just a number. **2019**, 1, 24-31 ○
- 50 Accounting for disability and work inclusion in tourism. **2023**, 98, 103526 ○
- 49 Acceptability of a Self-Led Mindfulness-Based Intervention for Teens with Type 1 Diabetes: Pilot Trial and Recommendations for a Tailored Mindfulness Program (Preprint). ○
- 48 Ultra-brief training in cognitive reappraisal or mindfulness reduces anxiety and improves motor performance efficiency under stress. 1-22 ○
- 47 Geographical Disparities of uncertainty stress and life stress among university students in China. ○
- 46 Yoga and Mindfulness for Social-Emotional Development and Resilience in 35 Year-Old Children: Non-Randomized, Controlled Intervention. Volume 16, 109-118 ○
- 45 Efficacy of Mindfulness-Based Cognitive Therapy Compared to Diet Modification Alone for Dysphagia in Persons with Multiple Sclerosis. ○
- 44 ACT-based self-help for perceived stress and its mental health implications without therapist support: A randomized controlled trial. **2023**, 27, 98-106 ○
- 43 Mindful parenting: A thematic exploration of narratives from Indian mothers. 3, ○
- 42 Abusive supervision and emotional labour on a daily basis: The role of employee mindfulness. **2023**, 96, 104719 ○

- 41 Research in Brief Mindfulness meditation with children: A universal preventative approach?. **2013**, 1, 22-28 ○
- 40 Mindfulness-based coaching: Conceptualisation, supporting evidence and emerging applications. **2013**, 8, 40-57 3
- 39 Turkish Adaptation of State Mindfulness Scale: Confirmatory Factor Analysis and Reliability Study. **2022**, 14, 1-1 ○
- 38 A Training Programme for Developing Social and Personal Resources and Its Effects on the Perceived Stress Level in Adults in Daily Life Study Protocol for a Prospective Cohort Study. **2023**, 20, 523 ○
- 37 Mindfulness. **2022**, 875-883 ○
- 36 Mindfulness Initiatives for Students, Teachers, and Parents: a Review of Literature and Implications for Practice During COVID-19 and Beyond. ○
- 35 Systemic Sclerosis Patients Experiencing Mindfulness-Based Stress Reduction Program: The Beneficial Effect on Their Psychological Status and Quality of Life. **2023**, 20, 2512 ○
- 34 Heart rate variability during mindful breathing meditation. 13, ○
- 33 Specific Reduction in the Cortisol Awakening Response after Socio-Affective Mental Training. ○
- 32 Temporomandibular Disorders: A Human Systems Approach. **2014**, 42, 523-535 ○
- 31 Self-Compassion and Mindfulness. **2023**, 19-31 ○
- 30 Mindfulness for adaptation to analog and new technologies emergence for long-term space missions. 4, ○
- 29 Koexistenz von Depression, Angst, traumatischem Stress und körperlicher Krankheit | Allgemeine Positionen. **2022**, 7-101 ○
- 28 Presence and personality: A factorial exploration of the relationship between facets of dispositional mindfulness and personality. **2019**, 34, 27-40 ○
- 27 From Patient Studies to a Hospital-Wide Initiative: A Mindfulness Journey. **2023**, 211-227 ○
- 26 The effect of mindfulness intervention on internet negative news perception and processing: An implicit and explicit approach. 14, ○
- 25 Predicting the Effectiveness of a Mindfulness Virtual Community Intervention for University Students Targeting Symptoms of Depression, Anxiety and Stress (Preprint). ○
- 24 Mindfulness and burnout among Chinese college students: mediation through sleep quality and perceived stress. 1-12 ○

- 23 Students are at risk? Elucidating the impact of health risks of COVID-19 on emotional exhaustion and academic performance: role of mindfulness and online interaction quality. ○
- 22 Rational thinking as a mediator of the relationship between mindfulness and dental anxiety. **2023**, 13, ○
- 21 Guardianship from being present: the moderation of mindfulness in the longitudinal relationship of loneliness to quality of life and mental health problems among the oldest old. ○
- 20 A Qualitative Microanalysis of the Immediate Behavioural Effects of Mindfulness Practices on Students' Self-Regulation and Attention. ○
- 19 Mechanisms of mindfulness in patients with migraine: Results of a qualitative study. **2023**, 63, 390-409 ○
- 18 Does Mindfulness Mediate the Relation between Impulsiveness and Job Stressfulness Perception of Professional Drivers?. **2023**, 20, 4559 ○
- 17 Effects of a brief mindfulness intervention on smoking urges and negative affect following a negative affect induction. ○
- 16 Mindfulness-based therapy for insomnia alleviates insomnia, depression, and cognitive arousal in treatment-resistant insomnia: A single-arm telemedicine trial. 2, ○
- 15 Preliminary Evaluation of the Effectiveness of Perinatal Mindfulness-Based Well-Being and Parenting Programs for Low-Income New Mothers. **2023**, 14, 933-952 ○
- 14 It's the Little Things in Life: An Examination of Hassles, Mindfulness, and Counterproductive Behaviors. 105960112311618 ○
- 13 A comparative study of well-being, resilience, mindfulness, negative emotions, stress, and burnout among nurses after an online mind-body based intervention during the first COVID-19 pandemic crisis. 14, ○
- 12 Cultivating well-being in engineering graduate students through mindfulness training. **2023**, 18, e0281994 ○
- 11 Behavioral economics and monetary wisdom: A cross-level analysis of monetary aspiration, pay (dis)satisfaction, risk perception, and corruption in 32 nations. ○
- 10 Mindfulness-Based Therapy in Patients with Breast Cancer with Depression and Anxiety: A Literature Review. 30, 70-78 ○
- 9 The influence of the spiritual dimension as a complementary therapeutic dynamic in meditation practices and in the field of mental health. **2023**, ○
- 8 Positive Psychology. **2023**, 126-141 ○
- 7 Dysphoric Milk Ejection Reflex: Report of Two Cases and Postulated Mechanisms and Treatment. ○
- 6 Mindfulness and compassion training on daily work with patients and within the multiprofessional palliative care team: a retrospective self-assessment study. **2023**, 22, ○

- 5 Web-Based Physical Activity Interventions to Promote Resilience and Mindfulness Amid the COVID-19 Pandemic: A Pilot Study. **2023**, 20, 5463 ○
- 4 Perceptions of mindfulness practices as a support for individuals managing caregiving responsibilities and chronic disease: A qualitative study. 174239532311704 ○
- 3 From a restless pillow to a ruffled mind: testing a moderated mediation model of off-the-job antecedents of abusive supervision. ○
- 2 Dispositional mindfulness plays a major role in adolescents' active and passive responding to bully-victim dynamics. ○
- 1 Emotional Disorders, Dispositional Mindfulness, and Mediating Role of Acceptance in Undergraduate and Postgraduate Students. 025609092311664 ○