

Short Sleep Duration Is Associated with Reduced Leptin Body Mass Index

PLoS Medicine

1, e62

DOI: [10.1371/journal.pmed.0010062](https://doi.org/10.1371/journal.pmed.0010062)

Citation Report

#	ARTICLE	IF	CITATIONS
2	An evolutionary history of human disease. , 2001, , 9-22.		0
3	Depression and stress. , 2001, , 136-152.		0
6	Obesity, type 2 diabetes and cardiovascular disease. , 2001, , 23-49.		0
7	The thrifty genotype versus thrifty phenotype debate: efforts to explain between population variation in rates of type 2 diabetes and cardiovascular disease. , 2001, , 50-74.		1
8	Reproductive cancers. , 2001, , 75-98.		0
9	Reproductive function, breastfeeding and the menopause. , 2001, , 99-119.		0
10	Asthma and allergic disease. , 2001, , 120-135.		1
12	Sleep, Appetite, and Obesityâ€™What Is the Link?. PLoS Medicine, 2004, 1, e61.	3.9	29
13	Leptin Levels Are Dependent on Sleep Duration: Relationships with Sympathovagal Balance, Carbohydrate Regulation, Cortisol, and Thyrotropin. Journal of Clinical Endocrinology and Metabolism, 2004, 89, 5762-5771.	1.8	846
14	Brief Communication: Sleep Curtailment in Healthy Young Men Is Associated with Decreased Leptin Levels, Elevated Ghrelin Levels, and Increased Hunger and Appetite. Annals of Internal Medicine, 2004, 141, 846.	2.0	1,944
15	Shared genetic risk factors for obstructive sleep apnea and obesity. Journal of Applied Physiology, 2005, 99, 1600-1606.	1.2	67
16	Excess weight and sleep-disordered breathing. Journal of Applied Physiology, 2005, 99, 1592-1599.	1.2	653
17	Interindividual Variation in Sleep Duration and Its Association With Sleep Debt in Young Adults. Sleep, 2005, 28, 1253-1259.	0.6	114
18	Nocturnal ghrelin levels - relationship to sleep EEG, the levels of growth hormone, ACTH and cortisol - and gender differences. Journal of Sleep Research, 2005, 14, 329-336.	1.7	43
19	The hardship of obesity: a soft-wired hypothalamus. Nature Neuroscience, 2005, 8, 561-565.	7.1	216
20	Metabolic state signalling through central hypocretin/orexin neurons. Journal of Cellular and Molecular Medicine, 2005, 9, 795-803.	1.6	51
21	The China Syndrome: Sleep in the Elderly â€™ A World-Wide Problem. Sleep, 2005, 28, 1502-1503.	0.6	2
22	â€™Regressionâ€™of Adiposity With More Sleepâ€™Reply. Archives of Internal Medicine, 2005, 165, 1315.	4.3	0

#	ARTICLE	IF	CITATIONS
23	Excessive Daytime Sleepiness in a General Population Sample: The Role of Sleep Apnea, Age, Obesity, Diabetes, and Depression. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005, 90, 4510-4515.	1.8	629
24	Sleep loss: a novel risk factor for insulin resistance and Type 2 diabetes. <i>Journal of Applied Physiology</i> , 2005, 99, 2008-2019.	1.2	977
25	Relaxation During Weight Loss: Relieving Stress with an Herbal Combination. <i>Alternative and Complementary Therapies</i> , 2005, 11, 314-318.	0.1	3
26	Sleep Disturbances in Midlife Unrelated to 32-Year Diabetes Incidence: The prospective Population Study of Women in Gothenburg. <i>Diabetes Care</i> , 2005, 28, 2739-2744.	4.3	137
27	<i>Endocrine Physiology</i> , 2005, , 266-282.		23
28	A Psychodynamic Approach to Screening for the Metabolic Syndrome. <i>Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry</i> , 2005, 33, 671-682.	0.3	0
29	Disorders of glucose metabolism in sleep apnea. <i>Journal of Applied Physiology</i> , 2005, 99, 1998-2007.	1.2	329
30	The effect of REM sleep deprivation on motivation for food reward. <i>Behavioural Brain Research</i> , 2005, 163, 58-69.	1.2	62
31	Input organization and plasticity of hypocretin neurons. <i>Cell Metabolism</i> , 2005, 1, 279-286.	7.2	185
32	Obesity and Metabolic Syndrome in Circadian Clock Mutant Mice. <i>Science</i> , 2005, 308, 1043-1045.	6.0	2,181
33	Regulaci3n de la ingesta alimentaria: una perspectiva cl3nica. <i>Endocrinologia Y Nutricion: Organo De La Sociedad Espanola De Endocrinologia Y Nutricion</i> , 2005, 52, 404-430.	0.8	1
34	La ghr3line : seule hormone orexig3ne connue. <i>Cahiers De Nutrition Et De Dietetique</i> , 2005, 40, 270-280.	0.2	2
35	Too Little Sleep: A Risk Factor for Obesity?. <i>Obesity Management</i> , 2006, 2, 140-145.	0.2	5
36	Pregnancy and Obesity: A Review and Agenda for Future Research. <i>Journal of Women's Health</i> , 2006, 15, 720-733.	1.5	97
37	Sleepiness in Children. <i>Sleep Medicine Clinics</i> , 2006, 1, 105-118.	1.2	33
38	Sleep and energy balance: interactive homeostatic systems. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, S30-S35.	1.5	72
39	Sleep and vascular disorders. <i>Metabolism: Clinical and Experimental</i> , 2006, 55, S45-S49.	1.5	24
40	The link between short sleep duration and obesity: we should recommend more sleep to prevent obesity. <i>Archives of Disease in Childhood</i> , 2006, 91, 881-884.	1.0	388

#	ARTICLE	IF	CITATIONS
41	Reliable Method to Estimate Characteristics of Sleep and Physical Inactivity in Free-Living Conditions Using Accelerometry. <i>Annals of Epidemiology</i> , 2006, 16, 364-369.	0.9	9
42	Sleep and body weight in diabetes mellitus: A large retrospective analysis from South India. <i>Diabetes Research and Clinical Practice</i> , 2006, 72, 209-211.	1.1	9
43	Could Hypertension Be a Consequence of the 24/7 Society? The Effects of Sleep Deprivation and Shift Work. <i>Journal of Clinical Hypertension</i> , 2006, 8, 819-822.	1.0	30
44	Sleep is increased in mice with obesity induced by high-fat food. <i>Physiology and Behavior</i> , 2006, 87, 255-262.	1.0	104
45	Integration of feeding and spontaneous physical activity: Role for orexin. <i>Physiology and Behavior</i> , 2006, 88, 294-301.	1.0	89
46	CSF Versus Serum Leptin in Narcolepsy: Is There an Effect of Hypocretin Deficiency?. <i>Sleep</i> , 2006, 29, 1017-1024.	0.6	55
47	Cross-Sectional Relationship of Reported Fatigue to Obesity, Diet, and Physical Activity: Results From the Third National Health and Nutrition Examination Survey. <i>Journal of Clinical Sleep Medicine</i> , 2006, 02, 163-169.	1.4	125
48	Sleeping more as a way to lose weight. <i>Obesity Reviews</i> , 2006, 7, 295-296.	3.1	35
49	Epidemiology of exercise and sleep. <i>Sleep and Biological Rhythms</i> , 2006, 4, 215-221.	0.5	134
50	Self-reported sleep duration in Finnish general population. <i>Journal of Sleep Research</i> , 2006, 15, 276-290.	1.7	121
52	Orchestration of gene expression and physiology by the circadian clock. <i>Journal of Physiology (Paris)</i> , 2006, 100, 243-251.	2.1	27
53	Nocturnal ghrelin, ACTH, GH and cortisol secretion after sleep deprivation in humans. <i>Psychoneuroendocrinology</i> , 2006, 31, 915-923.	1.3	80
54	Correlates of sleep-onset REM periods during the Multiple Sleep Latency Test in community adults. <i>Brain</i> , 2006, 129, 1609-1623.	3.7	245
55	Putative contributors to the secular increase in obesity: exploring the roads less traveled. <i>International Journal of Obesity</i> , 2006, 30, 1585-1594.	1.6	515
56	Altered sleep regulation in leptin-deficient mice. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2006, 290, R894-R903.	0.9	171
57	Sleep Duration and Body Mass Index in a Rural Population. <i>Archives of Internal Medicine</i> , 2006, 166, 1701.	4.3	165
58	Association between Reduced Sleep and Weight Gain in Women. <i>American Journal of Epidemiology</i> , 2006, 164, 947-954.	1.6	483
59	Objectively Measured Sleep Characteristics among Early-Middle-Aged Adults. <i>American Journal of Epidemiology</i> , 2006, 164, 5-16.	1.6	516

#	ARTICLE	IF	CITATIONS
60	Serum Ghrelin and Cholesterol Values in Suicide Attempters. <i>Neuropsychobiology</i> , 2006, 54, 59-63.	0.9	43
61	Relationship between short sleeping hours and childhood overweight/obesity: results from the "QuÃ©bec en Forme"™ Project. <i>International Journal of Obesity</i> , 2006, 30, 1080-1085.	1.6	294
62	Short Sleep Is Associated with Obesity among Truck Drivers. <i>Chronobiology International</i> , 2006, 23, 1295-1303.	0.9	95
64	Sleep loss, obesity and diabetes: a fatal connection?. <i>Expert Review of Endocrinology and Metabolism</i> , 2007, 2, 713-715.	1.2	0
66	Inflammation, Sleep, Obesity and Cardiovascular Disease.. <i>Current Vascular Pharmacology</i> , 2007, 5, 93-102.	0.8	180
67	Obesity and sleep: the Buffalo Police health study. <i>Policing</i> , 2007, 30, 203-214.	0.8	9
68	Pediatric Sleep Apnea. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2007, 175, 436-441.	2.5	99
69	The influence of sleep and sleep loss upon food intake and metabolism. <i>Nutrition Research Reviews</i> , 2007, 20, 195-212.	2.1	52
70	Association of Fewer Hours of Sleep at 6 Months Postpartum with Substantial Weight Retention at 1 Year Postpartum. <i>American Journal of Epidemiology</i> , 2007, 167, 178-187.	1.6	117
71	Do Childhood Sleeping Problems Predict Obesity in Young Adulthood? Evidence from a Prospective Birth Cohort Study. <i>American Journal of Epidemiology</i> , 2007, 166, 1368-1373.	1.6	60
72	Sleep Duration and Snoring in Relation to Biomarkers of Cardiovascular Disease Risk Among Women With Type 2 Diabetes. <i>Diabetes Care</i> , 2007, 30, 1233-1240.	4.3	139
73	American Time Use Survey: Sleep Time and Its Relationship to Waking Activities. <i>Sleep</i> , 2007, 30, 1085-1095.	0.6	460
74	Sleep deprivation and energy metabolism: to sleep, perchance to eat?. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2007, 14, 374-381.	1.2	49
75	NORMAL SLEEP. <i>CONTINUUM Lifelong Learning in Neurology</i> , 2007, 13, 31-84.	0.4	4
76	Nurses and Families Rising to the Challenge of Overweight Children. <i>Nurse Practitioner</i> , 2007, 32, 30-35.	0.2	10
77	Short Sleep Duration as a Risk Factor for Hypertension: Analyses of the First National Health and Nutrition Examination Survey. <i>Yearbook of Pulmonary Disease</i> , 2007, 2007, 305-307.	0.4	0
78	Short Sleep Duration as a Risk Factor for Hypertension: Analyses of the First National Health and Nutrition Examination Survey. <i>Yearbook of Medicine</i> , 2007, 2007, 295-296.	0.1	0
79	The metabolic consequences of sleep deprivation. <i>Sleep Medicine Reviews</i> , 2007, 11, 163-178.	3.8	1,088

#	ARTICLE	IF	CITATIONS
81	Who are the long sleepers? Towards an understanding of the mortality relationship. <i>Sleep Medicine Reviews</i> , 2007, 11, 341-360.	3.8	343
82	Sleep in children and adolescents: A worrying scenario. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2007, 17, 230-232.	1.1	17
83	Insulin Resistance Concepts. <i>Diabetes Care</i> , 2007, 30, 1320-1326.	4.3	34
84	Short Sleep Duration Across Income, Education, and Race/Ethnic Groups: Population Prevalence and Growing Disparities During 34 Years of Follow-Up. <i>Annals of Epidemiology</i> , 2007, 17, 948-955.	0.9	303
85	Treatment effects of sleep apnoea: where are we now?. <i>European Respiratory Review</i> , 2007, 16, 146-168.	3.0	2
86	Neuroendocrinology of Sleep. , 2007, , 895-937.		2
87	Incidental movement, lifestyle-embedded activity and sleep: new frontiers in physical activity assessment This article is part of a supplement entitled <i>Advancing physical activity measurement and guidelines in Canada: a scientific review and evidence-based foundation for the future of Canadian physical activity guidelines</i> co-published by <i>Applied Physiology, Nutrition, and Metabolism</i> and the <i>Canadian Journal of Public Health</i>. It may be cited as <i>Appl. Physiol. Nutr. Metab.</i> 32(Suppl.) Tj ETQq0.0.0 rgBT /Overlock 1	0.9	32
88	Is overweight/obesity associated with short sleep duration in older women?. <i>Aging Clinical and Experimental Research</i> , 2007, 19, 290-294.	1.4	15
89	Age-related Sleep Alterations: Implications for Endocrine Function. <i>Sleep Medicine Clinics</i> , 2007, 2, 171-185.	1.2	2
90	Nutrition, vigilance et sommeil : relations biologiques et comportementales. <i>MÃ©decine Du Sommeil</i> , 2007, 4, 15-23.	0.3	0
91	Relations entre obÃ©sitiÃ© et troubles non respiratoires : analyse de la littÃ©rature. <i>MÃ©decine Du Sommeil</i> , 2007, 4, 11-18.	0.3	1
92	Impact of Sleep and Sleep Loss on Glucose Homeostasis and Appetite Regulation. <i>Sleep Medicine Clinics</i> , 2007, 2, 187-197.	1.2	98
94	Sleep and Glucose Intolerance/Diabetes Mellitus. <i>Sleep Medicine Clinics</i> , 2007, 2, 19-29.	1.2	49
95	Impact of Sleep and Sleep Loss on Neuroendocrine and Metabolic Function. <i>Hormone Research in Paediatrics</i> , 2007, 67, 2-9.	0.8	228
96	Television viewing and sleep are associated with overweight among urban and semi-urban South Indian children. <i>Nutrition Journal</i> , 2007, 6, 25.	1.5	81
97	Intra-Individual Daily and Yearly Variability in Actigraphically Recorded Sleep Measures: the CARDIA Study. <i>Sleep</i> , 2007, 30, 793-796.	0.6	148
99	Short Sleep Duration and Adiposity in Chinese Adolescents. <i>Sleep</i> , 2007, 30, 1688-1697.	0.6	88
100	Eating Disorder and Metabolism in Narcoleptic Patients. <i>Sleep</i> , 2007, 30, 1267-1273.	0.6	109

#	ARTICLE	IF	CITATIONS
101	Seasonal Changes in Sleep Duration in African American and African College Students Living In Washington, D.C.. Scientific World Journal, The, 2007, 7, 880-887.	0.8	5
102	Behavioral and Physiological Consequences of Sleep Restriction. Journal of Clinical Sleep Medicine, 2007, 03, 519-528.	1.4	1,083
103	Correlates of Serum C-Reactive Protein (CRP) â€” No Association With Sleep Duration or Sleep Disordered Breathing. Sleep, 2007, 30, 991-996.	0.6	168
104	Sleep, ghrelin, leptin and changes in body weight during a 1-year moderate-intensity physical activity intervention. International Journal of Obesity, 2007, 31, 466-475.	1.6	75
105	Sleep-related disturbances and physical inactivity are independently associated with obesity in adults. International Journal of Obesity, 2007, 31, 1713-1721.	1.6	104
106	Short Sleep Duration is Associated with Reduced Leptin Levels and Increased Adiposity: Results from the QuÃ©bec Family Study. Obesity, 2007, 15, 253-261.	1.5	420
107	SLEEP AND METABOLIC CONTROL: WAKING TO A PROBLEM?. Clinical and Experimental Pharmacology and Physiology, 2007, 34, 1-9.	0.9	76
108	Sleep and the Body Mass Index and Overweight Status of Children and Adolescents. Child Development, 2007, 78, 309-323.	1.7	283
109	Central Neural and Endocrine Mechanisms of Nonâ€”Exercise Activity Thermogenesis and Their Potential Impact on Obesity. Journal of Neuroendocrinology, 2007, 19, 923-940.	1.2	56
110	The association between sleep duration, body mass index and metabolic measures in the Hordaland Health Study. Journal of Sleep Research, 2007, 16, 66-76.	1.7	266
111	Family and school determinants of overweight in 13â€”yearâ€”old Portuguese adolescents. Acta Paediatrica, International Journal of Paediatrics, 2007, 96, 281-286.	0.7	106
112	Association between sleep, BMI and waist girth in children and adolescents: a retrospective analysis. Acta Paediatrica, International Journal of Paediatrics, 2007, 96, 1839-1840.	0.7	13
113	Association between nocturnal sleep duration, body fatness, and dietary intake in Greek women. Nutrition, 2007, 23, 773-777.	1.1	42
114	Association between Inadequate Sleep and Insulin Resistance in Obese Children. Journal of Pediatrics, 2007, 150, 364-369.	0.9	138
115	The Systemic Effects of Short Sleep Period. Journal of Pediatrics, 2007, 150, 331-332.	0.9	5
116	Neurochemical regulation of sleep. Journal of Psychiatric Research, 2007, 41, 537-552.	1.5	213
117	Does short sleep duration favor abdominal adiposity in children?. Pediatric Obesity, 2007, 2, 188-191.	3.2	48
118	The Clockwork of Metabolism. Annual Review of Nutrition, 2007, 27, 219-240.	4.3	111

#	ARTICLE	IF	CITATIONS
119	Serum adiponectin levels and lifestyle factors in Japanese men. <i>Heart and Vessels</i> , 2007, 22, 291-296.	0.5	28
120	Association of sleep duration with type 2 diabetes and impaired glucose tolerance. <i>Diabetologia</i> , 2007, 50, 2298-2304.	2.9	186
121	Association between short sleeping hours and overweight in adolescents: results from a US Suburban High School survey. <i>Sleep and Breathing</i> , 2007, 11, 285-293.	0.9	79
122	Disappointing Weight Loss among Shift Workers after Laparoscopic Gastric Bypass Surgery. <i>Obesity Surgery</i> , 2007, 17, 581-584.	1.1	15
123	Cataplexy features in childhood narcolepsy. <i>Movement Disorders</i> , 2008, 23, 858-865.	2.2	142
124	The current clinical management of Huntington's disease. <i>Movement Disorders</i> , 2008, 23, 1491-1504.	2.2	136
125	<i>Associations between Sleep Loss and Increased Risk of Obesity and Diabetes</i>. <i>Annals of the New York Academy of Sciences</i> , 2008, 1129, 287-304.	1.8	659
126	Implications of the biology of weight regulation and obesity on the treatment of obesity. <i>Journal of the American Academy of Nurse Practitioners</i> , 2008, 20, 128-135.	1.4	6
127	Dietary fat and sleep duration in Chinese men and women. <i>International Journal of Obesity</i> , 2008, 32, 1835-1840.	1.6	86
128	Short sleep duration and obesity: the role of emotional stress and sleep disturbances. <i>International Journal of Obesity</i> , 2008, 32, 801-809.	1.6	191
129	Actigraphic sleep duration and fragmentation are related to obesity in the elderly: the Rotterdam Study. <i>International Journal of Obesity</i> , 2008, 32, 1083-1090.	1.6	159
130	Relationship between sleep duration and the metabolic syndrome: Korean National Health and Nutrition Survey 2001. <i>International Journal of Obesity</i> , 2008, 32, 1091-1097.	1.6	143
131	Short Sleep Duration and Weight Gain: A Systematic Review. <i>Obesity</i> , 2008, 16, 643-653.	1.5	1,176
132	Is Sleep Duration Associated With Childhood Obesity? A Systematic Review and Meta-analysis. <i>Obesity</i> , 2008, 16, 265-274.	1.5	642
133	Polysomnographic Sleep, Growth Hormone Insulin-like Growth Factor-1 Axis, Leptin, and Weight Loss. <i>Obesity</i> , 2008, 16, 1516-1521.	1.5	23
134	Hungry for sleep. <i>Nature Medicine</i> , 2008, 14, 477-480.	15.2	13
135	The genetics of mammalian circadian order and disorder: implications for physiology and disease. <i>Nature Reviews Genetics</i> , 2008, 9, 764-775.	7.7	1,357
136	Sleep and Inflammation. <i>Nutrition Reviews</i> , 2007, 65, S244-S252.	2.6	87

#	ARTICLE	IF	CITATIONS
137	Is losing sleep making us obese?. Nutrition Bulletin, 2008, 33, 272-278.	0.8	4
138	A single night of sleep deprivation increases ghrelin levels and feelings of hunger in normal-weight healthy men. Journal of Sleep Research, 2008, 17, 331-334.	1.7	283
139	No effect of 8-week time in bed restriction on glucose tolerance in older long sleepers. Journal of Sleep Research, 2008, 17, 412-419.	1.7	38
140	Sleep loss as a risk factor for obesity and diabetes. Pediatric Obesity, 2008, 3, 27-28.	3.2	24
141	Sleep and circadian rhythms: Key components in the regulation of energy metabolism. FEBS Letters, 2008, 582, 142-151.	1.3	273
142	Weight reduction improves sleep, sleepiness and metabolic status in obese sleep apnoea patients. Obesity Research and Clinical Practice, 2008, 2, 251-262.	0.8	8
143	Effect of a proprietary Magnolia and Phellodendron extract on stress levels in healthy women: a pilot, double-blind, placebo-controlled clinical trial. Nutrition Journal, 2008, 7, 11.	1.5	41
144	Correlates of Short and Long Sleep Duration: A Cross-Cultural Comparison Between the United Kingdom and the United States: The Whitehall II Study and the Western New York Health Study. American Journal of Epidemiology, 2008, 168, 1353-1364.	1.6	290
145	Nutrition, Ã©veil et sommeil : physiopathologie et influences environnementales chez le nourrisson et l'enfant. MÃ©decine Du Sommeil, 2008, 5, 12-18.	0.3	7
146	Obesity and sleep disturbances: Meaningful sub-typing of obesity. Archives of Physiology and Biochemistry, 2008, 114, 224-236.	1.0	63
147	A link between chronic sleep restriction and obesity: Methodological considerations. Public Health, 2008, 122, 1373-1381.	1.4	50
148	Cytokines and pathological sleep. Sleep Medicine, 2008, 9, 603-614.	0.8	123
149	Sleep deprivation-induced gnawing relationship to changes in feeding behavior in rats. Physiology and Behavior, 2008, 93, 229-234.	1.0	26
150	Child and adolescent obesity: Epidemiology and developmental perspectives. Physiology and Behavior, 2008, 94, 8-16.	1.0	172
151	Is sleep duration related to obesity? A critical review of the epidemiological evidence. Sleep Medicine Reviews, 2008, 12, 289-298.	3.8	345
152	Is sleep duration associated with obesity? Where do U stand?. Sleep Medicine Reviews, 2008, 12, 299-302.	3.8	26
153	Sleep and metabolism: shared circuits, new connections. Trends in Endocrinology and Metabolism, 2008, 19, 362-370.	3.1	97
154	Short sleep is a questionable risk factor for obesity and related disorders: Statistical versus clinical significance. Biological Psychology, 2008, 77, 266-276.	1.1	71

#	ARTICLE	IF	CITATIONS
155	Obstructive sleep apnea syndrome is a systemic disease. Current evidence. <i>European Journal of Internal Medicine</i> , 2008, 19, 390-398.	1.0	84
156	The Meter of Metabolism. <i>Cell</i> , 2008, 134, 728-742.	13.5	873
157	Novel outcome measures of sleep, sleep loss and insomnia. <i>Sleep Medicine</i> , 2008, 9, S1-S2.	0.8	3
158	Metabolic consequences of sleep and sleep loss. <i>Sleep Medicine</i> , 2008, 9, S23-S28.	0.8	601
159	Syndrome d'apnées du sommeil et métabolisme: le défi à venir!. <i>Medecine Des Maladies Metaboliques</i> , 2008, 2, 88-89.	0.1	0
160	About unsuspected potential determinants of obesity. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 791-796.	0.9	31
161	Sleep and the epidemic of obesity in children and adults. <i>European Journal of Endocrinology</i> , 2008, 159, S59-S66.	1.9	337
162	Metabolic effects of the obstructive sleep apnea syndrome and cardiovascular risk. <i>Archives of Physiology and Biochemistry</i> , 2008, 114, 255-260.	1.0	30
163	Selectively Filtering Short Wavelengths Attenuates the Disruptive Effects of Nocturnal Light on Endocrine and Molecular Circadian Phase Markers in Rats. <i>Endocrinology</i> , 2008, 149, 6125-6135.	1.4	38
164	Rapid Eye Movement Sleep in Relation to Overweight in Children and Adolescents. <i>Archives of General Psychiatry</i> , 2008, 65, 924.	13.8	88
165	Influence of Partial Sleep Deprivation on Energy Balance and Insulin Sensitivity in Healthy Women. <i>Obesity Facts</i> , 2008, 1, 266-273.	1.6	189
166	The Perfect Storm: Obesity, Adipocyte Dysfunction, and Metabolic Consequences. <i>Clinical Chemistry</i> , 2008, 54, 945-955.	1.5	593
167	Sleep Duration and Coronary Heart Disease Mortality Among Chinese Adults in Singapore: A Population-based Cohort Study. <i>American Journal of Epidemiology</i> , 2008, 168, 1367-1373.	1.6	140
168	Intermittent hypoxia and sleep-disordered breathing: current concepts and perspectives. <i>European Respiratory Journal</i> , 2008, 32, 1082-1095.	3.1	166
169	Cross-sectional versus Prospective Associations of Sleep Duration with Changes in Relative Weight and Body Fat Distribution. <i>American Journal of Epidemiology</i> , 2008, 167, 321-329.	1.6	150
170	Quantitative Genetic Analysis of Sleep in <i>Drosophila melanogaster</i> . <i>Genetics</i> , 2008, 178, 2341-2360.	1.2	56
171	How is Your Sleep: A Neglected Topic for Health Care Screening. <i>Journal of the American Board of Family Medicine</i> , 2008, 21, 141-148.	0.8	48
172	Sleep Quality and Elevated Blood Pressure in Adolescents. <i>Circulation</i> , 2008, 118, 1034-1040.	1.6	246

#	ARTICLE	IF	CITATIONS
173	Short Sleep Duration in Infancy and Risk of Childhood Overweight. <i>JAMA Pediatrics</i> , 2008, 162, 305.	3.6	317
174	Childhood Sleep Time and Long-Term Risk for Obesity: A 32-Year Prospective Birth Cohort Study. <i>Pediatrics</i> , 2008, 122, 955-960.	1.0	204
175	Shortened Sleep Duration Is Associated With Pediatric Overweight. <i>Behavioral Sleep Medicine</i> , 2008, 6, 251-267.	1.1	55
176	Metabolic Complications of Obstructive Sleep Apnea Syndrome. <i>American Journal of the Medical Sciences</i> , 2008, 335, 60-64.	0.4	12
177	Short Sleep Duration in Middle Childhood: Risk Factors and Consequences. <i>Sleep</i> , 2008, 31, 71-78.	0.6	340
178	Associations Between Sleep Duration Patterns and Overweight/Obesity at Age 6. <i>Sleep</i> , 2008, 31, 1507-1514.	0.6	142
179	Meta-Analysis of Short Sleep Duration and Obesity in Children and Adults. <i>Sleep</i> , 2008, 31, 619-626.	0.6	1,687
180	The Association Between Sleep Duration and Weight Gain in Adults: A 6-Year Prospective Study from the Quebec Family Study. <i>Sleep</i> , 2008, 31, 517-523.	0.6	319
181	Associations of Usual Sleep Duration with Serum Lipid and Lipoprotein Levels. <i>Sleep</i> , 2008, 31, 645-652.	0.6	198
182	Self-Reported Sleep Duration is Associated with the Metabolic Syndrome in Midlife Adults. <i>Sleep</i> , 2008, 31, 635-643.	0.6	366
183	Long Sleep Duration is Associated With Serum Cholesterol in the Elderly: The Rotterdam Study. <i>Psychosomatic Medicine</i> , 2008, 70, 1005-1011.	1.3	65
184	Association of Fewer Hours of Sleep at 6 Months Postpartum With Substantial Weight Retention at 1 Year Postpartum. <i>Obstetrical and Gynecological Survey</i> , 2008, 63, 358-359.	0.2	0
185	Self-Reported and Measured Sleep Duration. <i>Epidemiology</i> , 2008, 19, 838-845.	1.2	1,224
186	Sleep duration, general and abdominal obesity, and weight change among the older adult population of Spain. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 310-316.	2.2	135
187	Sleep Is Increased By Weight Gain and Decreased By Weight Loss in Mice. <i>Sleep</i> , 2008, 31, 627-633.	0.6	50
188	Short Sleep and Obesity: Are Poor Sleep, Chronic Stress, and Unhealthy Behaviors the Link?. <i>Sleep</i> , 2008, , .	0.6	12
189	Sleep Deprivation and Sleepiness. , 2009, , 22-28.		8
190	Sleep Deprivation: Neurobehavioral Changes. , 2009, , 997-1004.		1

#	ARTICLE	IF	CITATIONS
191	Sleep "An Affair of the Heart. Sleep, 2009, 32, 289-290.	0.6	7
192	Influence of weeks of circadian misalignment on leptin levels. Nature and Science of Sleep, 2010, 2, 9.	1.4	45
193	Clinical Q&A. Bariatric Nursing and Surgical Patient Care, 2009, 4, 319-322.	0.1	0
194	Ghrelin Gene Products and the Regulation of Food Intake and Gut Motility. Pharmacological Reviews, 2009, 61, 430-481.	7.1	211
195	Short-term sleep loss decreases physical activity under free-living conditions but does not increase food intake under time-deprived laboratory conditions in healthy men. American Journal of Clinical Nutrition, 2009, 90, 1476-1482.	2.2	322
196	Obstructive Sleep Apnea Syndrome: Implications in Cardiovascular Disease. Current Respiratory Medicine Reviews, 2009, 5, 242-262.	0.1	3
197	The Role of mPer2 Clock Gene in Glucocorticoid and Feeding Rhythms. Endocrinology, 2009, 150, 2153-2160.	1.4	210
198	Sleep, sleep-disordered breathing and metabolic consequences. European Respiratory Journal, 2009, 34, 243-260.	3.1	293
199	Invited Commentary: Understanding the Role of Sleep. American Journal of Epidemiology, 2009, 170, 814-816.	1.6	6
200	CLOCK genetic variation and metabolic syndrome risk: modulation by monounsaturated fatty acids. American Journal of Clinical Nutrition, 2009, 90, 1466-1475.	2.2	144
201	Chronobiology, genetics and metabolic syndrome. Current Opinion in Lipidology, 2009, 20, 127-134.	1.2	130
203	Obeying the clock yields benefits for metabolism. Proceedings of the National Academy of Sciences of the United States of America, 2009, 106, 4069-4070.	3.3	21
204	Gut hormones: Implications for the treatment of obesity. , 2009, 124, 44-56.		118
205	Sleep and Obesity in Preschool Children. Journal of Pediatrics, 2009, 154, 814-818.	0.9	110
206	Difficulty in resuming or inability to resume sleep and the links to daytime impairment: Definition, prevalence and comorbidity. Journal of Psychiatric Research, 2009, 43, 934-940.	1.5	28
207	Nocturnal levels of ghrelin and leptin and sleep in chronic insomnia. Psychoneuroendocrinology, 2009, 34, 540-545.	1.3	77
208	The phenomenology of bipolar disorder: what drives the high rate of medical burden and determines long-term prognosis?. Depression and Anxiety, 2009, 26, 73-82.	2.0	82
209	The hypocretins as sensors for metabolism and arousal. Journal of Physiology, 2009, 587, 33-40.	1.3	92

#	ARTICLE	IF	CITATIONS
210	Determinants and impact of sleep duration in children and adolescents: data of the Kiel Obesity Prevention Study. <i>European Journal of Clinical Nutrition</i> , 2009, 63, 739-746.	1.3	158
211	The glucostatic theory of appetite control and the risk of obesity and diabetes. <i>International Journal of Obesity</i> , 2009, 33, 46-53.	1.6	91
212	Sedentary behavior and sleep: paradoxical effects in association with childhood obesity. <i>International Journal of Obesity</i> , 2009, 33, S82-S86.	1.6	84
213	How (and why) the immune system makes us sleep. <i>Nature Reviews Neuroscience</i> , 2009, 10, 199-210.	4.9	532
214	The Association Between Sleep Duration and General and Abdominal Obesity in Koreans: Data From the Korean National Health and Nutrition Examination Survey, 2001 and 2005. <i>Obesity</i> , 2009, 17, 767-771.	1.5	73
215	Sleep Duration and Quality Associated With Obesity Among Arab Children. <i>Obesity</i> , 2009, 17, 2251-2253.	1.5	56
216	Sleep, Hunger, Satiety, Food Cravings, and Caloric Intake in Adolescents. <i>Journal of Nursing Scholarship</i> , 2009, 41, 115-123.	1.1	37
217	Adolescents'™ Sleep Behaviors and Perceptions of Sleep. <i>Journal of School Health</i> , 2009, 79, 224-230.	0.8	134
218	Satiation, satiety and their effects on eating behaviour. <i>Nutrition Bulletin</i> , 2009, 34, 126-173.	0.8	241
219	Should obesity be the main game? Or do we need an environmental makeover to combat the inflammatory and chronic disease epidemics?. <i>Obesity Reviews</i> , 2009, 10, 237-249.	3.1	42
220	Factors that may impede the weight loss response to exercise-based interventions. <i>Obesity Reviews</i> , 2009, 10, 671-680.	3.1	53
221	Epidemiological evidence for the links between sleep, circadian rhythms and metabolism. <i>Obesity Reviews</i> , 2009, 10, 37-45.	3.1	200
222	Reduced sleep as an obesity risk factor. <i>Obesity Reviews</i> , 2009, 10, 61-68.	3.1	136
223	Sleep disturbance in bipolar disorder across the lifespan.. <i>Clinical Psychology: Science and Practice</i> , 2009, 16, 256-277.	0.6	105
224	Rodent models of insomnia: A review of experimental procedures that induce sleep disturbances. <i>Neuroscience and Biobehavioral Reviews</i> , 2009, 33, 874-899.	2.9	63
225	Correlations of sleep disturbance with the immune system in type 2 diabetes mellitus. <i>Diabetes Research and Clinical Practice</i> , 2009, 85, 286-292.	1.1	18
226	Sleep duration as a risk factor for the development of type 2 diabetes or impaired glucose tolerance: Analyses of the Quebec Family Study. <i>Sleep Medicine</i> , 2009, 10, 919-924.	0.8	183
227	Sleep and society: An epidemiological perspective. <i>Sleep Medicine</i> , 2009, 10, S3-S6.	0.8	243

#	ARTICLE	IF	CITATIONS
228	Opportunities for the Primary Prevention of Obesity during Infancy. <i>Advances in Pediatrics</i> , 2009, 56, 107-133.	0.5	86
229	Employees' sleep duration and body mass index: Potential confounders. <i>Preventive Medicine</i> , 2009, 48, 467-470.	1.6	14
230	Sleep Duration as a Risk Factor for Incident Type 2 Diabetes in a Multiethnic Cohort. <i>Annals of Epidemiology</i> , 2009, 19, 351-357.	0.9	187
231	Obstructive sleep apnea and the metabolic syndrome. <i>Expert Review of Respiratory Medicine</i> , 2009, 3, 177-186.	1.0	18
232	Obesity and Physical Inactivity: The Relevance of Reconsidering the Notion of Sedentariness. <i>Obesity Facts</i> , 2009, 2, 3-3.	1.6	50
233	Brief Review: Diurnal Rhythms, Obesity and Educational Achievement in South American Cultures. <i>International Journal of Neuroscience</i> , 2009, 119, 1091-1104.	0.8	3
234	Ten Putative Contributors to the Obesity Epidemic. <i>Critical Reviews in Food Science and Nutrition</i> , 2009, 49, 868-913.	5.4	576
235	Effects of poor and short sleep on glucose metabolism and obesity risk. <i>Nature Reviews Endocrinology</i> , 2009, 5, 253-261.	4.3	688
236	Obesity and Self-Reported Short Sleep Duration: A Marker of Sleep Complaints and Chronic Psychosocial Stress. <i>Sleep Medicine Clinics</i> , 2009, 4, 65-75.	1.2	6
237	Adverse metabolic and cardiovascular consequences of circadian misalignment. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2009, 106, 4453-4458.	3.3	1,770
238	Abundance of Degrees of Freedom. , 2008, , 3-3.		1
239	Clock genes and metabolic disease. <i>Journal of Applied Physiology</i> , 2009, 107, 1638-1646.	1.2	62
240	Sleep curtailment is accompanied by increased intake of calories from snacks. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 126-133.	2.2	617
241	Cross-sectional and Longitudinal Associations Between Objectively Measured Sleep Duration and Body Mass Index: The CARDIA Sleep Study. <i>American Journal of Epidemiology</i> , 2009, 170, 805-813.	1.6	213
242	Leptin Replacement Restores Supraspinal Cholinergic Antinociception in Leptin-Deficient Obese Mice. <i>Journal of Pain</i> , 2009, 10, 836-843.	0.7	25
244	Influence of the Circadian System on Disease Severity. <i>Sleep Medicine Clinics</i> , 2009, 4, 143-163.	1.2	71
246	Overweight and Obesity in Children and Adolescents. <i>Primary Care - Clinics in Office Practice</i> , 2009, 36, 319-339.	0.7	33
247	Environmental and Genetic Risk Factors in Obesity. <i>Child and Adolescent Psychiatric Clinics of North America</i> , 2009, 18, 83-94.	1.0	118

#	ARTICLE	IF	CITATIONS
248	Stress and obesity: the role of the hypothalamicâ€“pituitaryâ€“adrenal axis in metabolic disease. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2009, 16, 340-346.	1.2	255
249	The Association between Job Related Factors, Short Sleep and Obesity. <i>Industrial Health</i> , 2009, 47, 363-368.	0.4	62
250	Association Between Sleep Architecture and Measures of Body Composition. <i>Sleep</i> , 2009, 32, 483-490.	0.6	104
251	Sleep Duration and Biomarkers of Inflammation. <i>Sleep</i> , 2009, 32, 200-204.	0.6	466
252	Sleep Duration and Health-Related Quality of Life among Older Adults: A Population-Based Cohort in Spain. <i>Sleep</i> , 2009, , .	0.6	37
253	Association of Sleep Duration with Mortality from Cardiovascular Disease and Other Causes for Japanese Men and Women: the JACC Study. <i>Sleep</i> , 2009, 32, 295-301.	0.6	311
254	Association of Sleep Adequacy With More Healthful Food Choices and Positive Workplace Experiences Among Motor Freight Workers. <i>American Journal of Public Health</i> , 2009, 99, S636-S643.	1.5	66
255	Dietary Patterns Only Partially Explain the Effect of Short Sleep Duration on the Incidence of Obesity. <i>Sleep</i> , 2010, 33, 753-757.	0.6	95
256	A 4-Year Study of the Association between Short Sleep Duration and Change in Body Mass Index in Japanese Male Workers. <i>Journal of Epidemiology</i> , 2010, 20, 385-390.	1.1	43
257	Worksite-Induced Morbidities among Truck Drivers in the United States. <i>AAOHN Journal</i> , 2010, 58, 285-296.	0.5	28
258	Sleep Duration and All-Cause Mortality: A Systematic Review and Meta-Analysis of Prospective Studies. <i>Sleep</i> , 2010, 33, 585-592.	0.6	1,577
259	Unconventional Wisdom About the Obesity Epidemic Symbol. <i>American Journal of the Medical Sciences</i> , 2010, 340, 481-491.	0.4	14
260	Subjective sleep duration and quality influence diet composition and circulating adipocytokines and ghrelin levels in teen-age girls. <i>Endocrine Journal</i> , 2010, 57, 915-923.	0.7	70
261	The Association of Sleep Duration with Adolescents' Fat and Carbohydrate Consumption. <i>Sleep</i> , 2010, 33, 1201-1209.	0.6	236
262	The Prevalence of Short Sleep Duration by Industry and Occupation in the National Health Interview Survey. <i>Sleep</i> , 2010, 33, 149-159.	0.6	225
263	Associations between Short Sleep Duration and Central Obesity in Women. <i>Sleep</i> , 2010, 33, 601-610.	0.6	144
264	Sleep Patterns Before, During, and After Deployment to Iraq and Afghanistan. <i>Sleep</i> , 2010, 33, 1615-1622.	0.6	231
265	Association of Short Sleep Duration with Weight Gain and Obesity at 1-Year Follow-Up: A Large-Scale Prospective Study. <i>Sleep</i> , 2010, 33, 161-167.	0.6	214

#	ARTICLE	IF	CITATIONS
266	How vital is sleep in Huntington's disease?. <i>Journal of Neurology</i> , 2010, 257, 882-897.	1.8	46
267	Sleep patterns in Spanish adolescents: associations with TV watching and leisure-time physical activity. <i>European Journal of Applied Physiology</i> , 2010, 110, 563-573.	1.2	64
268	Short and long sleep are positively associated with obesity, diabetes, hypertension, and cardiovascular disease among adults in the United States. <i>Social Science and Medicine</i> , 2010, 71, 1027-1036.	1.8	635
269	Short sleep duration and obesity among Australian children. <i>BMC Public Health</i> , 2010, 10, 609.	1.2	66
270	Clock and cycle Limit Starvation-Induced Sleep Loss in <i>Drosophila</i> . <i>Current Biology</i> , 2010, 20, 1209-1215.	1.8	211
272	Changes in sleep duration and changes in weight in obese patients: The Swedish Obese Subjects Study. <i>Sleep and Biological Rhythms</i> , 2010, 8, 63-71.	0.5	15
273	Insomnia symptoms associated with hyperglycemia. <i>Sleep and Biological Rhythms</i> , 2010, 8, 203-211.	0.5	5
274	Sleep and physical growth in infants during the first 6 months. <i>Journal of Sleep Research</i> , 2010, 19, 103-110.	1.7	107
275	Genetic variants in human CLOCK associate with total energy intake and cytokine sleep factors in overweight subjects (GOLDN population). <i>European Journal of Human Genetics</i> , 2010, 18, 364-369.	1.4	81
276	The chronobiology, etiology and pathophysiology of obesity. <i>International Journal of Obesity</i> , 2010, 34, 1667-1683.	1.6	183
277	Elevated sleep quality and orexin receptor mRNA in obesity-resistant rats. <i>International Journal of Obesity</i> , 2010, 34, 1576-1588.	1.6	42
278	Day type and the relationship between weight status and sleep duration in children and adolescents. <i>Australian and New Zealand Journal of Public Health</i> , 2010, 34, 165-171.	0.8	21
279	Obesity and Sleep: A Bidirectional Association?. <i>Sleep</i> , 2010, 33, 573-574.	0.6	31
280	Sleep Well and Stay Slim: Dream or Reality?. <i>Annals of Internal Medicine</i> , 2010, 153, 475.	2.0	8
281	If You Weigh Too Much, Maybe You Should Try Sleeping More. <i>Sleep</i> , 2010, 33, 143-144.	0.6	12
282	Treatment of obesity with extension of sleep duration: a randomized, prospective, controlled trial. <i>Clinical Trials</i> , 2010, 7, 274-285.	0.7	96
283	Removing the Bedroom Television Set: A Possible Method for Decreasing Television Viewing Time in Overweight and Obese Adults. <i>Behavior Modification</i> , 2010, 34, 290-298.	1.1	13
284	A Comprehensive Treatment Program for Obese Adults Diagnosed With Obstructive Sleep Apnea. <i>Topics in Clinical Nutrition</i> , 2010, 25, 172-179.	0.2	3

#	ARTICLE	IF	CITATIONS
285	<i>Drosophila</i> male sex peptide inhibits siesta sleep and promotes locomotor activity in the post-mated female. <i>Proceedings of the Royal Society B: Biological Sciences</i> , 2010, 277, 65-70.	1.2	206
286	Effect of total sleep deprivation on postprandial metabolic and insulin responses in shift workers and non-shift workers. <i>Journal of Endocrinology</i> , 2010, 206, 205-215.	1.2	35
287	Orexin activation precedes increased NPY expression, hyperphagia, and metabolic changes in response to sleep deprivation. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2010, 298, E726-E734.	1.8	74
288	Quantity and Quality of Sleep and Incidence of Type 2 Diabetes. <i>Diabetes Care</i> , 2010, 33, 414-420.	4.3	1,359
289	Ghrelin and peptide YY in postpartum lactating and nonlactating women. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 366-372.	2.2	15
290	Shortened Nighttime Sleep Duration in Early Life and Subsequent Childhood Obesity. <i>JAMA Pediatrics</i> , 2010, 164, 840-5.	3.6	184
291	Sleep patterns amongst Chinese children. <i>Biological Rhythm Research</i> , 2010, 41, 203-215.	0.4	11
292	Sleep Restriction Is Associated With Increased Morning Plasma Leptin Concentrations, Especially in Women. <i>Biological Research for Nursing</i> , 2010, 12, 47-53.	1.0	100
293	Circadian Rhythms and Metabolic Syndrome. <i>Circulation Research</i> , 2010, 106, 447-462.	2.0	418
294	Sleep restriction and appetite control: waking to a problem?. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 822-823.	2.2	8
295	Chronobiology and obesity: the orchestra out of tune. <i>Clinical Lipidology</i> , 2010, 5, 181-188.	0.4	17
296	Pathophysiology of Sleep Apnea. <i>Physiological Reviews</i> , 2010, 90, 47-112.	13.1	1,592
297	Sleep and Metabolism: An Overview. <i>International Journal of Endocrinology</i> , 2010, 2010, 1-12.	0.6	137
298	The Perilipin Homologue, Lipid Storage Droplet 2, Regulates Sleep Homeostasis and Prevents Learning Impairments Following Sleep Loss. <i>PLoS Biology</i> , 2010, 8, e1000466.	2.6	126
299	Restricted feeding-induced sleep, activity, and body temperature changes in normal and preproghrelin-deficient mice. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2010, 298, R467-R477.	0.9	81
300	Gender Differences in the Association between Sleep Duration and Body Composition: The Cardia Study. <i>International Journal of Endocrinology</i> , 2010, 2010, 1-8.	0.6	58
301	Chronic Sleep Disturbance Impairs Glucose Homeostasis in Rats. <i>International Journal of Endocrinology</i> , 2010, 2010, 1-6.	0.6	45
302	METABOLIC RESPONSES ON THE EARLY SHIFT. <i>Chronobiology International</i> , 2010, 27, 1080-1092.	0.9	38

#	ARTICLE	IF	CITATIONS
303	Prolonged Sleep Restriction Affects Glucose Metabolism in Healthy Young Men. <i>International Journal of Endocrinology</i> , 2010, 2010, 1-7.	0.6	83
304	Gender-Specific Association Between Self-reported Sleep Duration and Falls in High-Functioning Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2010, 65A, 190-196.	1.7	40
305	World Congress on the Insulin Resistance Syndrome, 2009. <i>Diabetes Care</i> , 2010, 33, e124-e130.	4.3	0
306	Interactions Between Obesity and Obstructive Sleep Apnea. <i>Chest</i> , 2010, 137, 711-719.	0.4	585
309	Neuropharmacology of Sleep and Wakefulness. <i>Sleep Medicine Clinics</i> , 2010, 5, 513-528.	1.2	87
310	Obesity in Women. <i>Psychiatric Clinics of North America</i> , 2010, 33, 423-440.	0.7	40
311	Peer-facilitated cognitive dissonance versus healthy weight eating disorders prevention: A randomized comparison. <i>Body Image</i> , 2010, 7, 280-288.	1.9	99
312	Light responses of the circadian system in leptin deficient mice. <i>Physiology and Behavior</i> , 2010, 99, 487-494.	1.0	31
313	Effects of sleep restriction on adiponectin levels in healthy men and women. <i>Physiology and Behavior</i> , 2010, 101, 693-698.	1.0	36
314	The relationship between school day sleep duration and body mass index in Norwegian children (aged) Tj ETQq1 1 0.784314 rrgBT /Overf 3.2 49	0.784314	49
315	Biopsychological Factors and Body Weight Stability. , 2010, , 179-189.		0
316	Obesity and its mechanisms "who to blame after marriage?. <i>Medical Hypotheses</i> , 2010, 75, 472-473.	0.8	2
317	Joint effect of self-reported sleep problems and three components of the metabolic syndrome on risk of coronary heart disease. <i>Journal of Psychosomatic Research</i> , 2010, 68, 149-158.	1.2	21
318	Anxiety mediates the relationship between sleep onset latency and emotional eating in minority children. <i>Eating Behaviors</i> , 2010, 11, 297-300.	1.1	36
319	Sleep duration and cardiometabolic risk: A review of the epidemiologic evidence. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2010, 24, 731-743.	2.2	391
320	The impact of sleep disturbances on adipocyte function and lipid metabolism. <i>Best Practice and Research in Clinical Endocrinology and Metabolism</i> , 2010, 24, 763-773.	2.2	48
321	Impact of acute sleep restriction on cortisol and leptin levels in young women. <i>Physiology and Behavior</i> , 2010, 99, 651-656.	1.0	194
322	Lean mean fat reducing "ghrelin" machine: Hypothalamic ghrelin and ghrelin receptors as therapeutic targets in obesity. <i>Neuropharmacology</i> , 2010, 58, 2-16.	2.0	103

#	ARTICLE	IF	CITATIONS
323	Mortality associated with short sleep duration: The evidence, the possible mechanisms, and the future. <i>Sleep Medicine Reviews</i> , 2010, 14, 191-203.	3.8	450
324	Problems associated with short sleep: Bridging the gap between laboratory and epidemiological studies. <i>Sleep Medicine Reviews</i> , 2010, 14, 239-247.	3.8	230
325	Physician-diagnosed restless legs syndrome in a large sample of primary medical care patients in western Europe: Prevalence and characteristics. <i>Sleep Medicine</i> , 2010, 11, 31-37.	0.8	177
326	Sleep duration and obesity in a population-based study. <i>Sleep Medicine</i> , 2010, 11, 447-451.	0.8	65
327	Metabolism and Circadian Rhythms—Implications for Obesity. <i>Endocrine Reviews</i> , 2010, 31, 1-24.	8.9	434
328	Sleep deprivation affects inflammatory marker expression in adipose tissue. <i>Lipids in Health and Disease</i> , 2010, 9, 125.	1.2	31
329	Short sleep duration is associated with enhanced endothelin-1 vasoconstrictor tone This article is one of a selection of papers published in the two-part special issue entitled 20 Years of Endothelin Research.. <i>Canadian Journal of Physiology and Pharmacology</i> , 2010, 88, 777-781.	0.7	38
330	Acute partial sleep deprivation increases food intake in healthy men. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 1550-1559.	2.2	364
331	Lifestyle factors and other health measures in a Canadian university community. <i>Applied Physiology, Nutrition and Metabolism</i> , 2010, 35, 498-506.	0.9	46
332	Factors Influencing Daytime Sleepiness in Chinese Patients With Obstructive Sleep Apnea. <i>Behavioral Sleep Medicine</i> , 2011, 9, 117-127.	1.1	8
333	Sleep and Obesity in Children and Adolescents. <i>Pediatric Clinics of North America</i> , 2011, 58, 715-733.	0.9	137
334	Sommeil, métabolisme et apnées. <i>Médecine Du Sommeil</i> , 2011, 8, 78-81.	0.3	1
335	Obesity and energy balance: is the tail wagging the dog?. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 1173-1189.	1.3	95
336	Regulation of Gastrointestinal Mucosal Growth. <i>Colloquium Series on Integrated Systems Physiology From Molecule To Function</i> , 2011, 3, 1-114.	0.3	14
337	Insomnia is frequent in schizophrenia and associated with night eating and obesity. <i>Schizophrenia Research</i> , 2011, 133, 238-243.	1.1	104
338	Longitudinal associations between reported sleep duration in early childhood and the development of body mass index, fat mass index and fat free mass index until age 7. <i>Pediatric Obesity</i> , 2011, 6, e114-e123.	3.2	41
339	Sleep Health Education in Pediatric Community Settings: Rationale and Practical Suggestions for Incorporating Healthy Sleep Education into Pediatric Practice. <i>Pediatric Clinics of North America</i> , 2011, 58, 735-754.	0.9	28
340	Short sleep duration is associated with increased obesity markers in European adolescents: effect of physical activity and dietary habits. The HELENA study. <i>International Journal of Obesity</i> , 2011, 35, 1308-1317.	1.6	329

#	ARTICLE	IF	CITATIONS
341	Association between sleep duration and bone mineral density in Chinese women. <i>Bone</i> , 2011, 49, 1062-1066.	1.4	61
342	Sleep and muscle recovery: Endocrinological and molecular basis for a new and promising hypothesis. <i>Medical Hypotheses</i> , 2011, 77, 220-222.	0.8	187
343	Ghrelin in mental health, sleep, memory. <i>Molecular and Cellular Endocrinology</i> , 2011, 340, 88-96.	1.6	55
344	Mind over milkshakes: Mindsets, not just nutrients, determine ghrelin response.. <i>Health Psychology</i> , 2011, 30, 424-429.	1.3	204
345	Understanding the functional significance of ghrelin processing and degradation. <i>Peptides</i> , 2011, 32, 2183-2190.	1.2	20
346	Orexinergic neuron numbers in three species of African mole rats with rhythmic and arrhythmic chronotypes. <i>Neuroscience</i> , 2011, 199, 153-165.	1.1	10
347	Plasma levels of neuropeptides and metabolic hormones, and sleepiness in obstructive sleep apnea. <i>Respiratory Medicine</i> , 2011, 105, 1954-1960.	1.3	25
348	Clinical, polysomnographic and laboratory characteristics of narcolepsyâ€“cataplexy in a sample of children and adolescents. <i>Sleep Medicine</i> , 2011, 12, 24-27.	0.8	43
349	The role of obstructive sleep apnea in metabolic syndrome: A population-based study in women. <i>Sleep Medicine</i> , 2011, 12, 329-334.	0.8	40
350	Association of onset of obesity with sleep duration and shift work among Japanese adults. <i>Sleep Medicine</i> , 2011, 12, 341-345.	0.8	82
351	The midpoint of sleep is associated with dietary intake and dietary behavior among young Japanese women. <i>Sleep Medicine</i> , 2011, 12, 289-294.	0.8	155
352	Associations of sleep duration with obesity and serum lipid profile in children and adolescents. <i>Sleep Medicine</i> , 2011, 12, 659-665.	0.8	133
353	No Association Between Leptin Levels and Sleep Duration or Quality in Obese Adults. <i>Obesity</i> , 2011, 19, 2433-2435.	1.5	30
354	Circadian Clocks in Fuel Harvesting and Energy Homeostasis. <i>Cold Spring Harbor Symposia on Quantitative Biology</i> , 2011, 76, 63-72.	2.0	16
355	Sleep duration and cardiometabolic risk. <i>Atherosclerosis</i> , 2011, 217, 324-325.	0.4	1
356	Comparison of Life Style, School Achievement and Snaking Behaviors among Underweight and Overweight Adolescents. <i>The Korean Journal of Nutrition</i> , 2011, 44, 131.	1.0	11
357	Cerebrospinal Fluid Hypocretin 1 Deficiency, Overweight, and Metabolic Dysregulation in Patients with Narcolepsy. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 653-658.	1.4	30
358	Lack of Association Between Impaired Glucose Tolerance and Appetite Regulating Hormones in Patients with Obstructive Sleep Apnea. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 486-492.	1.4	20

#	ARTICLE	IF	CITATIONS
359	Relationship between Sleep Apnea, Fat Distribution, and Insulin Resistance in Obese Children. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 268-273.	1.4	95
360	Sleep and Obesity in Children and Adolescents. , 2011, , 167-182.		3
361	Sleep Duration and Circulating Adipokine Levels. <i>Sleep</i> , 2011, 34, 147-152.	0.6	99
362	Short Sleep and Circulating Adipokine Concentrations: Does the Fat Hit the Fire?. <i>Sleep</i> , 2011, 34, 131-132.	0.6	7
363	Association of Daily Sleep Duration with Obesity, Macronutrient Intake, and Physical Activity. <i>Korean Journal of Community Nutrition</i> , 2011, 16, 315.	0.1	11
364	A Review of Weight Control Strategies and Their Effects on the Regulation of Hormonal Balance. <i>Journal of Nutrition and Metabolism</i> , 2011, 2011, 1-15.	0.7	34
365	Relationship between Food Intake and Sleep Pattern in Healthy Individuals. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 659-664.	1.4	129
366	A link between sleep loss, glucose metabolism and adipokines. <i>Brazilian Journal of Medical and Biological Research</i> , 2011, 44, 992-999.	0.7	21
367	Relationship between sleep duration and clustering of metabolic syndrome diagnostic components. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2011, 4, 119.	1.1	12
368	Ghrelin, Sleep Reduction and Evening Preference: Relationships to CLOCK 3111 T/C SNP and Weight Loss. <i>PLoS ONE</i> , 2011, 6, e17435.	1.1	112
369	Repeated Exposure to Severely Limited Sleep Results in Distinctive and Persistent Physiological Imbalances in Rats. <i>PLoS ONE</i> , 2011, 6, e22987.	1.1	62
370	The Association between Short Sleep Duration and Weight Gain Is Dependent on Disinhibited Eating Behavior in Adults. <i>Sleep</i> , 2011, 34, 1291-1297.	0.6	95
371	An Exploration of Differences in Sleep Characteristics between Mexico-born US Immigrants and Other Americans to Address the Hispanic Paradox. <i>Sleep</i> , 2011, 34, 1021-1031.	0.6	86
372	Sleep, Serotonin, and Suicide in Japan. <i>Journal of Physiological Anthropology</i> , 2011, 30, 1-8.	1.0	46
373	Sleep Duration and Biomarkers of Metabolic Function Among Police Officers. <i>Journal of Occupational and Environmental Medicine</i> , 2011, 53, 831-837.	0.9	40
374	Silent left main obstruction from a hypoplastic aortic cusp. <i>European Heart Journal</i> , 2011, 32, 1492-1492.	1.0	2
375	Insufficient Sleep Undermines Dietary Efforts to Reduce Adiposity. <i>Yearbook of Endocrinology</i> , 2011, 2011, 88-89.	0.0	0
376	Insufficient Sleep Undermines Dietary Efforts to Reduce Adiposity. <i>Yearbook of Medicine</i> , 2011, 2011, 551-552.	0.1	0

#	ARTICLE	IF	CITATIONS
377	The Gut Hormones in Appetite Regulation. <i>Journal of Obesity</i> , 2011, 2011, 1-10.	1.1	62
378	Longitudinal Association between Short Sleep, Body Weight, and Emotional and Learning Problems in Hispanic and Caucasian Children. <i>Sleep</i> , 2011, 34, 1197-1205.	0.6	71
379	Relation between Metabolic Syndrome and Sleep Duration in Japan: A Large Scale Cross-sectional Study. <i>Internal Medicine</i> , 2011, 50, 103-107.	0.3	51
380	Sleep Duration or Bedtime? Exploring the Relationship between Sleep Habits and Weight Status and Activity Patterns. <i>Sleep</i> , 2011, 34, 1299-1307.	0.6	227
381	Can a poor night's sleep stop you from losing body fat?. <i>Nutrition Bulletin</i> , 2011, 36, 99-101.	0.8	0
382	Chronobiological aspects of food intake and metabolism and their relevance on energy balance and weight regulation. <i>Obesity Reviews</i> , 2011, 12, 14-25.	3.1	89
383	Short sleep duration as a possible cause of obesity: critical analysis of the epidemiological evidence. <i>Obesity Reviews</i> , 2011, 12, 78-92.	3.1	277
384	Modern sedentary activities promote overconsumption of food in our current obesogenic environment. <i>Obesity Reviews</i> , 2011, 12, e12-20.	3.1	210
385	Lifestyle factors and ghrelin: critical review and implications for weight loss maintenance. <i>Obesity Reviews</i> , 2011, 12, e211-8.	3.1	27
386	Non-nutrient causes of low-grade, systemic inflammation: support for a "canary in the mineshaft" view of obesity in chronic disease. <i>Obesity Reviews</i> , 2011, 12, 339-345.	3.1	51
387	Association between short sleep duration and the risk of sensitization to food and aero allergens in rural Chinese adolescents. <i>Clinical and Experimental Allergy</i> , 2011, 41, 547-555.	1.4	13
388	Association of sleep duration with weight and weight gain: a prospective follow-up study. <i>Journal of Sleep Research</i> , 2011, 20, 298-302.	1.7	63
389	Motivators and barriers to exercise among adults with a high risk of type 2 diabetes – a qualitative study. <i>Scandinavian Journal of Caring Sciences</i> , 2011, 25, 62-69.	1.0	56
390	Association Between Insomnia Symptoms and Weight Change in Older Women: Caregiver Study of Osteoporotic Fractures Study. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 1697-1704.	1.3	3
391	Etiology, Treatment, and Prevention of Obesity in Childhood and Adolescence: A Decade in Review. <i>Journal of Research on Adolescence</i> , 2011, 21, 129-152.	1.9	136
392	Association of Maternal Short Sleep Duration With Adiposity and Cardiometabolic Status at 3 Years Postpartum. <i>Obesity</i> , 2011, 19, 171-178.	1.5	46
393	Sleep problems and major weight gain: a follow-up study. <i>International Journal of Obesity</i> , 2011, 35, 109-114.	1.6	49
394	Hormonal appetite control is altered by shift work: a preliminary study. <i>Metabolism: Clinical and Experimental</i> , 2011, 60, 1726-1735.	1.5	60

#	ARTICLE	IF	CITATIONS
395	Effects of food consistency on sleep and wakefulness in rats. <i>Orthodontic Waves</i> , 2011, 70, 95-100.	0.2	0
396	Circadian disruption and SCN control of energy metabolism. <i>FEBS Letters</i> , 2011, 585, 1412-1426.	1.3	101
397	Oxidative stress, insulin signaling, and diabetes. <i>Free Radical Biology and Medicine</i> , 2011, 50, 567-575.	1.3	1,064
398	Negative Acculturation in Sleep Duration Among Mexican Immigrants and Mexican Americans. <i>Journal of Immigrant and Minority Health</i> , 2011, 13, 402-407.	0.8	77
399	Sleep duration and activity levels in Estonian and Swedish children and adolescents. <i>European Journal of Applied Physiology</i> , 2011, 111, 2615-2623.	1.2	61
403	Eat, drink and live merry?. <i>International Journal of Diabetes in Developing Countries</i> , 2011, 31, 1-3.	0.3	3
404	Asymptomatic Sleep Abnormalities Are a Common Early Feature in Patients with Huntingtonâ€™s Disease. <i>Current Neurology and Neuroscience Reports</i> , 2011, 11, 211-217.	2.0	93
405	Obesity, diabetes and OSAS induce of sleep disorders: Exercise as therapy. <i>Lipids in Health and Disease</i> , 2011, 10, 148.	1.2	20
406	Type of diet modulates the metabolic response to sleep deprivation in rats. <i>Nutrition and Metabolism</i> , 2011, 8, 86.	1.3	18
407	Short duration of sleep increases risk of colorectal adenoma. <i>Cancer</i> , 2011, 117, 841-847.	2.0	113
408	Correlates of Overweight Status in Chinese Youth: An East-West Paradox. <i>American Journal of Health Behavior</i> , 2011, 35, 496-506.	0.6	12
409	Sleep duration predicts cardiovascular outcomes: a systematic review and meta-analysis of prospective studies. <i>European Heart Journal</i> , 2011, 32, 1484-1492.	1.0	1,592
410	The relationship between fatigue and other clinical features of multiple sclerosis. <i>Multiple Sclerosis Journal</i> , 2011, 17, 604-612.	1.4	83
411	Circadian rhythms, sleep, and metabolism. <i>Journal of Clinical Investigation</i> , 2011, 121, 2133-2141.	3.9	521
412	Quantification of sleep behavior and of its impact on the cross-talk between the brain and peripheral metabolism. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2011, 108, 15609-15616.	3.3	90
413	Self-Reported Long Total Sleep Duration Is Associated With Metabolic Syndrome. <i>Diabetes Care</i> , 2011, 34, 2317-2319.	4.3	83
414	Endocrine Physiology in Relation to Sleep and Sleep Disturbances. , 2011, , 291-311.		13
415	Twenty-Four-Hour Profiles of Acylated and Total Ghrelin: Relationship with Glucose Levels and Impact of Time of Day and Sleep. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011, 96, 486-493.	1.8	88

#	ARTICLE	IF	CITATIONS
416	Neuropsychological Effects of Sleep Loss: Implication for Neuropsychologists. <i>Journal of the International Neuropsychological Society</i> , 2011, 17, 571-586.	1.2	171
417	Acute sleep deprivation reduces energy expenditure in healthy men. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 1229-1236.	2.2	199
418	Derivation of physiological inhalation rates in children, adults, and elderly based on nighttime and daytime respiratory parameters. <i>Inhalation Toxicology</i> , 2011, 23, 74-94.	0.8	13
419	Endocrine and metabolic changes during sleep. <i>Handbook of Clinical Neurology</i> / Edited By P J Vinken and G W Bruyn, 2011, 98, 241-257.	1.0	6
420	Markers of Sleep-Disordered Breathing and Prediabetes in US Adults. <i>International Journal of Endocrinology</i> , 2012, 2012, 1-8.	0.6	11
421	Light Modulates Leptin and Ghrelin in Sleep-Restricted Adults. <i>International Journal of Endocrinology</i> , 2012, 2012, 1-6.	0.6	27
422	Psychosocial Characteristics and Gestational Weight Change among Overweight, African American Pregnant Women. <i>Obstetrics and Gynecology International</i> , 2012, 2012, 1-9.	0.5	30
423	Adipokine Levels Are Altered by Shiftwork: A Preliminary Study. <i>Chronobiology International</i> , 2012, 29, 587-594.	0.9	15
424	Increased food intake and changes in metabolic hormones in response to chronic sleep restriction alternated with short periods of sleep allowance. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2012, 302, R112-R117.	0.9	38
425	Insomnia and Physical Activity in Adults With Prediabetes. <i>Clinical Nursing Research</i> , 2012, 21, 294-308.	0.7	20
426	Impact of lifestyle and technology developments on sleep. <i>Nature and Science of Sleep</i> , 2012, 4, 19.	1.4	88
427	Update on Energy Homeostasis and Insufficient Sleep. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012, 97, 1792-1801.	1.8	82
428	Daytime Sleepiness and Risk of Stroke and Vascular Disease. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2012, 5, 500-507.	0.9	92
429	Sleep Duration, Snoring Habits, and Cardiovascular Disease Risk Factors in an Ethnically Diverse Population. <i>Journal of Cardiovascular Nursing</i> , 2012, 27, 263-269.	0.6	13
430	Ablation of Leptin Signaling to Somatotropes: Changes in Metabolic Factors that Cause Obesity. <i>Endocrinology</i> , 2012, 153, 4705-4715.	1.4	20
431	Disassociation between Preprandial Gut Peptide Release and Food-Anticipatory Activity. <i>Endocrinology</i> , 2012, 153, 132-142.	1.4	37
432	Lifestyle determinants of the drive to eat: a meta-analysis. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 492-497.	2.2	105
433	Sleep duration and weight loss among overweight/obese women enrolled in a behavioral weight loss program. <i>Nutrition and Diabetes</i> , 2012, 2, e43-e43.	1.5	12

#	ARTICLE	IF	CITATIONS
434	Metabolic impact of shift work. <i>Work</i> , 2012, 41, 4376-4383.	0.6	54
435	Night eating syndrome: implications for severe obesity. <i>Nutrition and Diabetes</i> , 2012, 2, e44-e44.	1.5	60
436	Sleep disturbance and cardiovascular risk in adolescents. <i>Cmaj</i> , 2012, 184, E913-E920.	0.9	104
437	Insufficient Sleep in Young Patients With Diabetes and Their Families. <i>Biological Research for Nursing</i> , 2012, 14, 48-54.	1.0	33
438	The Better Weight-Better Sleep Study: A Pilot Intervention in Primary Care. <i>American Journal of Health Behavior</i> , 2012, 36, 319-34.	0.6	32
439	Short Sleep Duration and Poor Sleep Quality Increase the Risk of Diabetes in Japanese Workers With No Family History of Diabetes. <i>Diabetes Care</i> , 2012, 35, 313-318.	4.3	93
440	Adverse Metabolic Consequences in Humans of Prolonged Sleep Restriction Combined with Circadian Disruption. <i>Science Translational Medicine</i> , 2012, 4, 129ra43.	5.8	619
441	Interaction between Sleep and Metabolism in <i>Drosophila</i> with Altered Octopamine Signaling. <i>Journal of Biological Chemistry</i> , 2012, 287, 32406-32414.	1.6	56
442	Genetic and Environmental Influences on Infant Sleep. <i>Pediatrics</i> , 2012, 129, 1091-1096.	1.0	51
443	Sleep Modifies Metabolism. <i>Sleep</i> , 2012, 35, 589-90.	0.6	0
444	Short Sleep Duration, Glucose Dysregulation and Hormonal Regulation of Appetite in Men and Women. <i>Sleep</i> , 2012, 35, 1503-1510.	0.6	170
445	Sleep Is Associated with the Metabolic Syndrome in a Multi-Ethnic Cohort of Midlife Women: The SWAN Sleep Study. <i>Sleep</i> , 2012, 35, 783-790.	0.6	98
446	Repeated Melatonin Supplementation Improves Sleep in Hypertensive Patients Treated with Beta-Blockers: A Randomized Controlled Trial. <i>Sleep</i> , 2012, 35, 1395-1402.	0.6	93
447	Sleep Duration and Body Mass Index in Twins: A Gene-Environment Interaction. <i>Sleep</i> , 2012, 35, 597-603.	0.6	60
448	The potential impact of sleep duration on lipid biomarkers of cardiovascular disease. <i>Clinical Lipidology</i> , 2012, 7, 443-453.	0.4	10
449	The Effect of Work Shift and Sleep Duration on Various Aspects of Police Officers' Health. <i>Workplace Health and Safety</i> , 2012, 60, 215-222.	0.7	24
450	Obstructive sleep apnea hypopnea syndrome and metabolic syndrome: A synergistic cardiovascular risk factor. <i>Journal of the American Academy of Nurse Practitioners</i> , 2012, 24, 695-703.	1.4	21
451	The Hypothalamic-Pituitary-Adrenal Axis, Obesity, and Chronic Stress Exposure: Sleep and the HPA Axis in Obesity. <i>Current Obesity Reports</i> , 2012, 1, 208-215.	3.5	63

#	ARTICLE	IF	CITATIONS
452	Sleep restriction leads to increased activation of brain regions sensitive to food stimuli. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 818-824.	2.2	225
453	A Population-Based Twin Study on Sleep Duration and Body Composition. <i>Obesity</i> , 2012, 20, 192-199.	1.5	25
454	Sleep and Eating Behavior in Adults at Risk for Type 2 Diabetes. <i>Obesity</i> , 2012, 20, 112-117.	1.5	28
455	Sleep and the Control of Visceral Functions. <i>Neuroscience and Behavioral Physiology</i> , 2012, 42, 948-956.	0.2	7
456	The influence of obesity and obstructive sleep apnea on metabolic hormones. <i>Sleep and Breathing</i> , 2012, 16, 649-656.	0.9	59
457	Metabolic syndrome, obstructive sleep apnea, and risk of cardiovascular disease. <i>Sleep and Breathing</i> , 2012, 16, 595-597.	0.9	8
458	Partial Sleep Deprivation and Energy Balance in Adults: An Emerging Issue for Consideration by Dietetics Practitioners. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 1785-1797.	0.4	41
459	Characteristics of short sleeping time and eating behaviors related to obesity. <i>Obesity Research and Clinical Practice</i> , 2012, 6, e103-e109.	0.8	7
460	Sleep duration and central obesity in women – Differences between short sleepers and long sleepers. <i>Sleep Medicine</i> , 2012, 13, 1079-1085.	0.8	58
461	Neuropharmacology of Sleep and Wakefulness. <i>Sleep Medicine Clinics</i> , 2012, 7, 469-486.	1.2	30
462	Sleep and Sleep Problems in Children with Medical Disorders. , 2012, , 519-538.		0
463	Sleep Duration and Adiposity During Adolescence. <i>Pediatrics</i> , 2012, 130, e1146-e1154.	1.0	42
464	Short sleep and obesity in a large national cohort of Thai adults. <i>BMJ Open</i> , 2012, 2, e000561.	0.8	17
465	Sleep duration and hypercholesterolaemia: Results from the National Health Interview Survey 2008. <i>Sleep Medicine</i> , 2012, 13, 145-150.	0.8	27
466	Longitudinal associations between sleep duration and subsequent weight gain: A systematic review. <i>Sleep Medicine Reviews</i> , 2012, 16, 231-241.	3.8	294
467	Timing and duration of sleep and meals in obese and normal weight women. Association with increase blood pressure. <i>Appetite</i> , 2012, 59, 9-16.	1.8	24
468	Sleep disturbances and depressed mood: A harmful combination associated with increased leptin levels in women with normal weight. <i>Biological Psychology</i> , 2012, 89, 163-169.	1.1	34
469	Relationship Between Sleep Quality and Quantity and Weight Loss in Women Participating in a Weight-Loss Intervention Trial. <i>Obesity</i> , 2012, 20, 1419-1425.	1.5	79

#	ARTICLE	IF	CITATIONS
470	Decreased fat oxidation during exercise in severe obstructive sleep apnoea syndrome. <i>Diabetes and Metabolism</i> , 2012, 38, 236-242.	1.4	2
471	Chronobiological aspects of obesity and metabolic syndrome. <i>EndocrinologÃ Y NutriciÃn (English)</i> Tj ETQq1 1 0.784314 rgBT /Over 0.5 922	0.5	22
473	Sleep deprivation is associated with lower diet quality indices and higher rate of general and central obesity among young female students in Iran. <i>Nutrition</i> , 2012, 28, 1146-1150.	1.1	104
474	Tendency Toward Eveningness Is Associated With Unhealthy Dietary Habits. <i>Chronobiology International</i> , 2012, 29, 920-927.	0.9	163
475	Sleep: A Health Imperative. <i>Sleep</i> , 2012, 35, 727-734.	0.6	586
476	The association between sleep duration and weight in treatment-seeking preschoolers with obesity. <i>Sleep Medicine</i> , 2012, 13, 1102-1105.	0.8	18
477	Circadian Misalignment and Sleep Disruption in Shift Work: Implications for Fatigue and Risk of Weight Gain and Obesity. , 2012, , 101-118.		18
478	The Connection Between Sleep Loss, Obesity, and Type 2 Diabetes. , 2012, , 133-168.		3
479	Circadian Regulation of the Hepatic Endobiotic and Xenobiotic Detoxification Pathways: The Time Matters. <i>Chemical Research in Toxicology</i> , 2012, 25, 811-824.	1.7	79
480	Implications of Sleep Restriction and Recovery on Metabolic Outcomes. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012, 97, 3876-3890.	1.8	64
481	Heart rate variability and endothelial function after sleep deprivation and recovery sleep among male shift and non-shift workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2012, 38, 171-181.	1.7	63
482	Metabolic and Hormonal Regulation During Sleep. , 2012, , 121-132.		1
483	Circadian Rhythms in Neuroendocrine Systems. , 2012, , 271-305.		6
484	Sleep hygiene intervention for youth aged 10 to 18 years with problematic sleep: a before-after pilot study. <i>BMC Pediatrics</i> , 2012, 12, 189.	0.7	99
485	Sleep duration in elderly obese patients correlated negatively with intake fatty. <i>Lipids in Health and Disease</i> , 2012, 11, 99.	1.2	24
486	Circadian Clock Genes Per1 and Per2 Regulate the Response of Metabolism-Associated Transcripts to Sleep Disruption. <i>PLoS ONE</i> , 2012, 7, e52983.	1.1	75
487	Sleep and Sleep Loss: An Energy Paradox?. <i>Sleep</i> , 2012, 35, 1447-1448.	0.6	5
488	Sleep and Pregnancy: Sleep Deprivation, Sleep Disturbed Breathing and Sleep Disorders in Pregnancy. , 2012, , .		1

#	ARTICLE	IF	CITATIONS
489	Novel and Traditional Cardiovascular Risk Factors in Adolescents. , 2012, , .		0
490	Olanzapine Causes a Leptin-Dependent Increase in Acetylcholine Release in Mouse Prefrontal Cortex. Sleep, 2012, 35, 315-323.	0.6	5
491	Essentials of Sleep Neuropharmacology. , 2012, , 62-82.		1
492	Molecular Basis of Insulin Resistance and Its Relation to Metabolic Syndrome. , 2012, , .		2
493	Does inadequate sleep play a role in vulnerability to obesity?. American Journal of Human Biology, 2012, 24, 361-371.	0.8	187
494	Short sleep duration and obesity: mechanisms and future perspectives. Cell Biochemistry and Function, 2012, 30, 524-529.	1.4	72
495	Poor Sleep Quality and Sleep Apnea Are Associated with Higher Resting Energy Expenditure in Obese Individuals with Short Sleep Duration. Journal of Clinical Endocrinology and Metabolism, 2012, 97, 2881-2889.	1.8	34
496	Sleep Quality and Duration Before and After Bariatric Surgery. Obesity Surgery, 2012, 22, 890-895.	1.1	43
497	Bariatric Surgery Evolution from the Malabsorptive to the Hormonal Era. Obesity Surgery, 2012, 22, 827-831.	1.1	27
499	Impact of sleep, screen time, depression and stress on weight change in the intensive weight loss phase of the LIFE study. International Journal of Obesity, 2012, 36, 86-92.	1.6	93
500	Social Jetlag and Obesity. Current Biology, 2012, 22, 939-943.	1.8	1,059
501	Self-reported Sleep Duration and Prediction of Proteinuria: A Retrospective Cohort Study. American Journal of Kidney Diseases, 2012, 59, 343-355.	2.1	73
502	Weekend catch-up sleep is associated with decreased risk of being overweight among fifth-grade students with short sleep duration. Journal of Sleep Research, 2012, 21, 546-551.	1.7	51
503	Interacting epidemics? Sleep curtailment, insulin resistance, and obesity. Annals of the New York Academy of Sciences, 2012, 1264, 110-134.	1.8	161
504	Sleep duration and overweight/obesity in children: Review and implications for pediatric nursing. Journal for Specialists in Pediatric Nursing, 2012, 17, 193-204.	0.6	62
505	Sleep and obesity: A focus on animal models. Neuroscience and Biobehavioral Reviews, 2012, 36, 1015-1029.	2.9	56
506	Short sleep duration and its association with energy metabolism. Obesity Reviews, 2012, 13, 565-577.	3.1	75
507	Obesity: a disease or a biological adaptation? An update. Obesity Reviews, 2012, 13, 681-691.	3.1	74

#	ARTICLE	IF	CITATIONS
508	Obesity: lessons from evolution and the environment. <i>Obesity Reviews</i> , 2012, 13, 910-922.	3.1	59
509	Relation between sleep duration and <sc>BMI</sc> varies by age and sex in youth age 8â€“19. <i>Pediatric Obesity</i> , 2012, 7, 53-64.	1.4	49
510	Overweight and obese teenagers: why is adolescence a critical period?. <i>Pediatric Obesity</i> , 2012, 7, 261-273.	1.4	246
511	Low sleep and low socioeconomic status predict high body mass index: a 4â€“year longitudinal study of <sc>A</sc>ustralian schoolchildren. <i>Pediatric Obesity</i> , 2012, 7, 295-303.	1.4	46
512	Sleep problems are associated with binge eating in women. <i>International Journal of Eating Disorders</i> , 2012, 45, 695-703.	2.1	58
514	Clock genes and sleep. <i>Pflugers Archiv European Journal of Physiology</i> , 2012, 463, 3-14.	1.3	36
515	Sleep and metabolic function. <i>Pflugers Archiv European Journal of Physiology</i> , 2012, 463, 139-160.	1.3	141
516	Prevalence and risk factors of obesity among school-aged children in Xiâ€™an, China. <i>European Journal of Pediatrics</i> , 2012, 171, 389-394.	1.3	38
517	Sleep duration or bedtime? Exploring the association between sleep timing behaviour, diet and BMI in children and adolescents. <i>International Journal of Obesity</i> , 2013, 37, 546-551.	1.6	236
518	Modern Sedentary Behaviors Favor Energy Consumption in Children and Adolescents. <i>Current Obesity Reports</i> , 2013, 2, 50-57.	3.5	33
519	Homeostatic and Circadian Control of Food Intake: Clinical Strategies to Prevent Overconsumption. <i>Current Obesity Reports</i> , 2013, 2, 93-103.	3.5	6
520	Association Between Preterm Delivery and Pre-pregnancy Body Mass (BMI), Exercise and Sleep During Pregnancy Among Working Women in Southern California. <i>Maternal and Child Health Journal</i> , 2013, 17, 723-731.	0.7	29
521	Chronobiology, endocrinology, and energyâ€“and foodâ€“reward homeostasis. <i>Obesity Reviews</i> , 2013, 14, 405-416.	3.1	71
522	Screening for obstructive sleep apnoea in obesity and diabetes â€“ potential for future approaches. <i>European Journal of Clinical Investigation</i> , 2013, 43, 640-655.	1.7	21
523	Association between Sleeping Hours and Siesta and the Risk of Obesity: The SUN Mediterranean Cohort. <i>Obesity Facts</i> , 2013, 6, 337-347.	1.6	60
524	The Combined Effect of Sleep Deprivation and Western Diet on Spatial Learning and Memory: Role of BDNF and Oxidative Stress. <i>Journal of Molecular Neuroscience</i> , 2013, 50, 124-133.	1.1	91
525	Cardiovascular health, traffic-related air pollution and noise: are associations mutually confounded? A systematic review. <i>International Journal of Public Health</i> , 2013, 58, 649-666.	1.0	127
526	Effects of leptin on pedunculopontine nucleus (PPN) neurons. <i>Journal of Neural Transmission</i> , 2013, 120, 1027-1038.	1.4	9

#	ARTICLE	IF	CITATIONS
527	Sweet taste perception not altered after acute sleep deprivation in healthy young men. <i>Somnologie</i> , 2013, 17, 111-114.	0.9	14
528	Sleep duration and metabolic syndrome. <i>Somnologie</i> , 2013, 17, 15-20.	0.9	0
529	Potential biochemical pathways for the relationship between sleep duration and mortality. <i>Sleep Medicine</i> , 2013, 14, 98-104.	0.8	22
530	Sleep Disorders and the Development of Insulin Resistance and Obesity. <i>Endocrinology and Metabolism Clinics of North America</i> , 2013, 42, 617-634.	1.2	73
531	A Large Prospective Investigation of Sleep Duration, Weight Change, and Obesity in the NIH-AARP Diet and Health Study Cohort. <i>American Journal of Epidemiology</i> , 2013, 178, 1600-1610.	1.6	112
532	Effects of three weeks of mild sleep restriction implemented in the home environment on multiple metabolic and endocrine markers in healthy young men. <i>Metabolism: Clinical and Experimental</i> , 2013, 62, 204-211.	1.5	88
533	Racial Disparities in Short Sleep Duration by Occupation and Industry. <i>American Journal of Epidemiology</i> , 2013, 178, 1442-1451.	1.6	149
534	Health Consequences of Circadian Disruption. , 2013, , 47-53.		0
535	Effect of <i>Magnolia officinalis</i> and <i>Phellodendron amurense</i> (Relora [®]) on cortisol and psychological mood state in moderately stressed subjects. <i>Journal of the International Society of Sports Nutrition</i> , 2013, 10, 37.	1.7	25
536	Effects of exercise and diet interventions on obesity-related sleep disorders in men: study protocol for a randomized controlled trial. <i>Trials</i> , 2013, 14, 235.	0.7	21
537	Physiological and Neurobiological Aspects of Stress and Their Relevance for Residency Training. <i>Academic Psychiatry</i> , 2013, 37, 6.	0.4	7
538	Role of Gα _o proteins in the effects of leptin on pedunculopontine nucleus neurons. <i>Journal of Neurochemistry</i> , 2013, 126, 705-714.	2.1	9
539	Partial and Sleep-Stage-Selective Deprivation. , 2013, , 162-168.		0
540	Compensatory actions of orexinergic neurons in the lateral hypothalamus during metabolic or cortical challenges may enable the coupling of metabolic dysfunction and cortical dysfunction. <i>Medical Hypotheses</i> , 2013, 80, 520-526.	0.8	1
541	Metabolism as an integral cog in the mammalian circadian clockwork. <i>Critical Reviews in Biochemistry and Molecular Biology</i> , 2013, 48, 317-331.	2.3	15
542	Acylated ghrelin: A potential marker for fibromyalgia?. <i>European Journal of Pain</i> , 2013, 17, 1216-1224.	1.4	11
543	Appetite-regulating hormones from the upper gut: disrupted control of xenin and ghrelin in night workers. <i>Clinical Endocrinology</i> , 2013, 79, 807-811.	1.2	70
544	Availability and nighttime use of electronic entertainment and communication devices are associated with short sleep duration and obesity among Canadian children. <i>Pediatric Obesity</i> , 2013, 8, 42-51.	1.4	166

#	ARTICLE	IF	CITATIONS
545	Acute sleep deprivation increases portion size and affects food choice in young men. <i>Psychoneuroendocrinology</i> , 2013, 38, 1668-1674.	1.3	99
547	Correlations between night eating, sleep quality, and excessive daytime sleepiness in a severely obese UK population. <i>Sleep Medicine</i> , 2013, 14, 1151-1156.	0.8	17
548	The influence of sex and age on the relationship between sleep duration and metabolic syndrome in Korean adults. <i>Diabetes Research and Clinical Practice</i> , 2013, 102, 250-259.	1.1	32
550	Daytime sleepiness affects prefrontal regulation of food intake. <i>NeuroImage</i> , 2013, 71, 216-223.	2.1	47
551	Determining factors in body mass index of Spanish schoolchildren based on the National Health Surveys. <i>Endocrinología Y Nutrición (English Edition)</i> , 2013, 60, 371-378.	0.5	5
552	Subjective reports of children's sleep duration: Does the question matter? A literature review. <i>Sleep Medicine</i> , 2013, 14, 303-311.	0.8	54
553	The relationship between self-reported nocturnal sleep duration, daytime sleepiness and 24-h urinary albumin and protein excretion in patients with newly diagnosed type 2 diabetes. <i>Primary Care Diabetes</i> , 2013, 7, 39-44.	0.9	11
554	Sleep duration and all-cause mortality: a critical review of measurement and associations. <i>Annals of Epidemiology</i> , 2013, 23, 361-370.	0.9	167
555	Association between sleep duration, weight gain, and obesity for long period. <i>Sleep Medicine</i> , 2013, 14, 206-210.	0.8	53
556	Sociodemographic and cultural determinants of sleep deficiency: Implications for cardiometabolic disease risk. <i>Social Science and Medicine</i> , 2013, 79, 7-15.	1.8	169
557	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. <i>Sleep Medicine Reviews</i> , 2013, 17, 241-254.	3.8	572
558	Cardiometabolic Risk in Adolescents: Associations with Physical Activity, Fitness, and Sleep. <i>Annals of Behavioral Medicine</i> , 2013, 45, 121-131.	1.7	45
559	Timing of food intake predicts weight loss effectiveness. <i>International Journal of Obesity</i> , 2013, 37, 604-611.	1.6	474
560	Variations in the obesity genes FTO, TMEM18 and NRXN3 influence the vulnerability of children to weight gain induced by short sleep duration. <i>International Journal of Obesity</i> , 2013, 37, 182-187.	1.6	38
561	Personalized medicine in women's obesity prevention and treatment: implications for research, policy and practice. <i>Obesity Reviews</i> , 2013, 14, 145-161.	3.1	24
562	Association between sleep disorders, obesity, and exercise: a review. <i>Nature and Science of Sleep</i> , 2013, 5, 27.	1.4	168
563	Circadian Clocks and Metabolism. <i>Handbook of Experimental Pharmacology</i> , 2013, , 127-155.	0.9	194
564	Obesity as malnutrition: the dimensions beyond energy balance. <i>European Journal of Clinical Nutrition</i> , 2013, 67, 507-512.	1.3	52

#	ARTICLE	IF	CITATIONS
565	Ghrelin At the Interface of Obesity and Reward. <i>Vitamins and Hormones</i> , 2013, 91, 285-323.	0.7	33
566	The Relationship Between Sleep Quality and Daytime Sleepiness and Various Anthropometric Parameters in Stable Patients Undergoing Hemodialysis. , 2013, 23, 296-301.		10
567	Adult attention-deficit hyperactivity disorder and obesity: epidemiological study. <i>British Journal of Psychiatry</i> , 2013, 203, 24-34.	1.7	56
568	Association between self-reported sleep duration and dietary quality in European adolescents. <i>British Journal of Nutrition</i> , 2013, 110, 949-959.	1.2	63
569	Prospective study of restless legs syndrome and mortality among men. <i>Neurology</i> , 2013, 81, 52-59.	1.5	72
570	Relationship between sleep duration and dietary intake in 4- to 14-year-old Danish children. <i>Journal of Nutritional Science</i> , 2013, 2, e38.	0.7	9
571	Nighttime snacking reduces whole body fat oxidation and increases LDL cholesterol in healthy young women. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013, 304, R94-R101.	0.9	74
572	A prospective study of weight gain associated with chronotype among college freshmen. <i>Chronobiology International</i> , 2013, 30, 682-690.	0.9	74
573	Association between Sleep Disruption and Levels of Lipids in Caucasians with Type 2 Diabetes. <i>International Journal of Endocrinology</i> , 2013, 2013, 1-7.	0.6	35
574	Long-Term Exposure to Road Traffic Noise and Incident Diabetes: A Cohort Study. <i>Environmental Health Perspectives</i> , 2013, 121, 217-222.	2.8	294
575	The Sleep-Time Cost of Parenting: Sleep Duration and Sleepiness Among Employed Parents in the Wisconsin Sleep Cohort Study. <i>American Journal of Epidemiology</i> , 2013, 177, 394-401.	1.6	66
576	The Association between Time in Bed and Obesity Risk in Young Adults. <i>Behavioral Sleep Medicine</i> , 2013, 11, 321-327.	1.1	18
577	Invited Commentary: Validity of Case-Control Studies of Sleep Duration and Breast Cancer. <i>American Journal of Epidemiology</i> , 2013, 177, 328-330.	1.6	5
578	Genetic and Environmental Influences on Individual Differences in Sleep Duration During Adolescence. <i>Twin Research and Human Genetics</i> , 2013, 16, 1015-1025.	0.3	7
579	Making room for sleep: The relevance of sleep to psychology and the rationale for development of preventative sleep education programs for children and adolescents in the community.. <i>Canadian Psychology</i> , 2013, 54, 62-71.	1.4	19
580	Peptides and Sleep. , 2013, , 1864-1871.		1
581	Sleep fragmentation affects LDL-cholesterol and adipocytokines independent of food intake in rats. <i>Sleep and Biological Rhythms</i> , 2013, 11, 74-81.	0.5	3
582	Influence of acute sleep deprivation on cardiovascular parameters in female zucker obese and lean rats. <i>Obesity</i> , 2013, 21, 510-515.	1.5	5

#	ARTICLE	IF	CITATIONS
583	Partial sleep deprivation by environmental noise increases food intake and body weight in obesity-resistant rats. <i>Obesity</i> , 2013, 21, 1396-1405.	1.5	45
584	The complexity of obesity in UK adolescents: relationships with quantity and type of technology, sleep duration and quality, academic performance and aspiration. <i>Pediatric Obesity</i> , 2013, 8, 358-366.	1.4	58
585	Exploring the complex pathways among specific types of technology, self-reported sleep duration and body mass index in UK adolescents. <i>International Journal of Obesity</i> , 2013, 37, 1254-1260.	1.6	78
586	Insufficient Sleep and Weight Status in High School Students: Should We Be Focusing on the Extremes?. <i>Children's Health Care</i> , 2013, 42, 99-115.	0.5	5
587	Trabajo en turnos, privación de sueño y sus consecuencias clínicas y médico-legales. <i>Revista Médica Clínica Las Condes</i> , 2013, 24, 443-451.	0.2	4
588	Circadian regulation of adipose function. <i>Adipocyte</i> , 2013, 2, 201-206.	1.3	54
589	Impact of Sleep Duration on Obesity and the Glycemic Level in Patients With Type 2 Diabetes. <i>Diabetes Care</i> , 2013, 36, 611-617.	4.3	113
590	Orexin neurons use endocannabinoids to break obesity-induced inhibition. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2013, 110, 9625-9626.	3.3	8
591	Poor-Quality Sleep Is Associated with Metabolic Syndrome in Korean Adults. <i>Tohoku Journal of Experimental Medicine</i> , 2013, 231, 281-291.	0.5	28
592	The Complex Associations Among Sleep Quality, Anxiety-Depression, and Quality of Life in Patients with Extreme Obesity. <i>Sleep</i> , 2013, 36, 1859-1865.	0.6	53
593	Longer Weekly Sleep Duration Predicts Greater 3-Month BMI Reduction among Obese Adolescents Attending a Clinical Multidisciplinary Weight Management Program. <i>Obesity Facts</i> , 2013, 6, 239-246.	1.6	22
594	Factors associated with being overweight among Inner Mongolia medical students in China. <i>BMJ Open</i> , 2013, 3, e003900.	0.8	9
595	What Psychological, Physical, Lifestyle, and Knowledge Factors Are Associated With Excess or Inadequate Weight Gain During Pregnancy? A Cross-Sectional Survey. <i>Journal of Obstetrics and Gynaecology Canada</i> , 2013, 35, 1071-1082.	0.3	24
596	Effects of sleep fragmentation on appetite and related hormone concentrations over 24h in healthy men. <i>British Journal of Nutrition</i> , 2013, 109, 748-756.	1.2	125
597	Functionality of PC-DHA. <i>Journal of Lipid Nutrition</i> , 2013, 22, 17-23.	0.1	0
598	Serum Melatonin Level Disturbance is Related to Metabolic Syndrome and Subclinical Arterial Dysfunction in Shift Working Healthy Men. <i>Journal of Metabolic Syndrome</i> , 2013, 02, .	0.1	0
600	Self-Reported Habitual Short Sleep Duration Is Associated with Endothelial Fibrinolytic Dysfunction in Men: A Preliminary Report. <i>Sleep</i> , 2013, 36, 183-188.	0.6	13
601	The Association between Self-Reported Sleep Quality and Metabolic Syndrome. <i>PLoS ONE</i> , 2013, 8, e54304.	1.1	66

#	ARTICLE	IF	CITATIONS
602	Longer Sleep – Slimmer Kids: The ENERGY-Project. PLoS ONE, 2013, 8, e59522.	1.1	17
603	The role of metabolic genes in sleep regulation. , 0, , 91-103.		1
605	The Role of Sleep Duration in the Regulation of Energy Balance: Effects on Energy Intakes and Expenditure. Journal of Clinical Sleep Medicine, 2013, 09, 73-80.	1.4	167
606	Sleep and health promotion for the elderly. Stress Science Research, 2014, 29, 10-19.	0.0	1
607	Telomere Length is Associated with Sleep Duration But Not Sleep Quality in Adults with Human Immunodeficiency Virus. Sleep, 2014, 37, 157-166.	0.6	35
608	Psychosocial Perspectives and the Issue of Prevention in Childhood Obesity. Frontiers in Public Health, 2014, 2, 104.	1.3	30
609	Impact of Windows and Daylight Exposure on Overall Health and Sleep Quality of Office Workers: A Case-Control Pilot Study. Journal of Clinical Sleep Medicine, 2014, 10, 603-611.	1.4	230
611	Impact of CPAP on Activity Patterns and Diet in Patients with Obstructive Sleep Apnea (OSA). Journal of Clinical Sleep Medicine, 2014, 10, 465-472.	1.4	36
612	Environmental noise and sleep disturbances: A threat to health?. Sleep Science, 2014, 7, 209-212.	0.4	160
613	Obesity in Children with Autism Spectrum Disorder. Harvard Review of Psychiatry, 2014, 22, 93-103.	0.9	117
614	Associations between self-reported sleep duration and sleeping disorder with concentrations of fasting and 2-h glucose, insulin, and glycosylated hemoglobin among adults without diagnosed diabetes (âœ“æœ“è Šæ–ç³–â°žç–…çš,,æ`â¹`ã°ã,è†æ“æS¥áŠçš,,ç†çœæ–¶é–ã€ç†çœésœççãŽç©²è…1ãšéãŽ2ã°æ–¶è¡çç³–ã€èf°ã²ç,ç	0.8	41
616	Prevalence of dyslipidemia and its association with insomnia in a community based population in China. BMC Public Health, 2014, 14, 1050.	1.2	26
617	Room for improvement: noise on a maternity ward. BMC Health Services Research, 2014, 14, 604.	0.9	19
618	Falling asleep after a big meal. Worm, 2014, 3, e27938.	1.0	10
619	Better Understanding of Bariatric Surgery Outcomes Through Sleep. Obesity Surgery, 2014, 24, 1999-2000.	1.1	0
620	Low Physical Activity Is a Determinant for Elevated Blood Pressure in High Cardiovascular Risk Obstructive Sleep Apnea. Respiratory Care, 2014, 59, 1218-1227.	0.8	23
621	Insomnia and its association with hypertension in a community-based population in China: a cross-sectional study. Heart Asia, 2014, 6, 88-93.	1.1	14
622	Effects of a carbohydrate-enriched night meal on sleepiness and sleep duration in night workers: A double-blind intervention. Chronobiology International, 2014, 31, 453-460.	0.9	16

#	ARTICLE	IF	CITATIONS
623	The Role of Sleep in the Control of Food Intake. <i>American Journal of Lifestyle Medicine</i> , 2014, 8, 371-374.	0.8	44
624	Sleep pattern is associated with adipokine levels and nutritional markers in resident physicians. <i>Chronobiology International</i> , 2014, 31, 1130-1138.	0.9	38
625	The effect of nocturnal blue light exposure from light-emitting diodes on wakefulness and energy metabolism the following morning. <i>Environmental Health and Preventive Medicine</i> , 2014, 19, 354-361.	1.4	28
626	Associations Between Sleep Duration, Daytime Nap Duration, and Osteoporosis Vary by Sex, Menopause, and Sleep Quality. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2014, 99, 2869-2877.	1.8	60
627	Metabolic Syndrome and Obesity. , 2014, , 133-140.		5
628	Long-Term Aircraft Noise Exposure and Body Mass Index, Waist Circumference, and Type 2 Diabetes: A Prospective Study. <i>Environmental Health Perspectives</i> , 2014, 122, 687-694.	2.8	95
629	Factors Associated With Obesity: A Case-€Control Study of Young Adult Singaporean Males. <i>Military Medicine</i> , 2014, 179, 1158-1165.	0.4	9
630	Pedunculopontine Nucleus Gamma Band Activity-Preconscious Awareness, Waking, and REM Sleep. <i>Frontiers in Neurology</i> , 2014, 5, 210.	1.1	32
631	Joint associations of body mass index and waist-to-height ratio with sleep duration among Saudi adolescents. <i>Annals of Human Biology</i> , 2014, 41, 111-117.	0.4	10
632	Interaction of sleep quality and sleep duration on impaired fasting glucose: a population-based cross-sectional survey in China. <i>BMJ Open</i> , 2014, 4, e004436.	0.8	44
633	Cardiovascular effects of environmental noise exposure. <i>European Heart Journal</i> , 2014, 35, 829-836.	1.0	500
634	Objectively Measured Sleep Patterns in Young Adult Women and the Relationship to Adiposity. <i>American Journal of Health Promotion</i> , 2014, 29, 46-54.	0.9	40
635	Sleep deprivation alters energy homeostasis through non-compensatory alterations in hypothalamic insulin receptors in Wistar rats. <i>Hormones and Behavior</i> , 2014, 66, 705-712.	1.0	22
636	Regulations to Promote Healthy Sleep Practices in Child Care. <i>Pediatrics</i> , 2014, 134, 1167-1174.	1.0	19
637	Characteristics and perspectives of night-eating behaviour in a severely obese population. <i>Clinical Obesity</i> , 2014, 4, 30-38.	1.1	16
638	Breast cancer and circadian disruption from electric lighting in the modern world. <i>Ca-A Cancer Journal for Clinicians</i> , 2014, 64, 207-218.	157.7	252
639	Sleep duration and obesity among adults: a meta-analysis of prospective studies. <i>Sleep Medicine</i> , 2014, 15, 1456-1462.	0.8	348
640	The relationship between white coat hypertension and sleep quality. <i>Sleep and Biological Rhythms</i> , 2014, 12, 203-211.	0.5	6

#	ARTICLE	IF	CITATIONS
641	Sleep restriction increases the neuronal response to unhealthy food in normal-weight individuals. <i>International Journal of Obesity</i> , 2014, 38, 411-416.	1.6	176
642	Growth in Body Mass Index From Childhood Into Adolescence. <i>Journal of Early Adolescence</i> , 2014, 34, 1145-1166.	1.1	17
643	Metabolic effects of sleep disruption, links to obesity and diabetes. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2014, 21, 293-298.	1.2	187
644	The relationship between ADHD and obesity: implications for therapy. <i>Expert Review of Neurotherapeutics</i> , 2014, 14, 473-479.	1.4	65
645	Do sleep-deprived adolescents make less-healthy food choices?. <i>British Journal of Nutrition</i> , 2014, 111, 1898-1904.	1.2	59
646	COULD PARENTAL RULES PLAY A ROLE IN THE ASSOCIATION BETWEEN SHORT SLEEP AND OBESITY IN YOUNG CHILDREN?. <i>Journal of Biosocial Science</i> , 2014, 46, 405-418.	0.5	16
647	Health Belief Structural Equation Model Predicting Sleep Behavior of Employed College Students. <i>Family and Community Health</i> , 2014, 37, 271-278.	0.5	17
648	Leptin: A biomarker for sleep disorders?. <i>Sleep Medicine Reviews</i> , 2014, 18, 283-290.	3.8	63
649	Relationship between habitual sleep duration, obesity and depressive symptoms in patients with sleep apnoea. <i>Obesity Research and Clinical Practice</i> , 2014, 8, e459-e465.	0.8	10
650	Subjective short sleep duration: what does it mean?. <i>Sleep Medicine Reviews</i> , 2014, 18, 291-292.	3.8	11
651	Sleep duration and body mass index and waist circumference among Us adults. <i>Obesity</i> , 2014, 22, 598-607.	1.5	110
652	Impulsivity and genetic variants in DRD2 and ANKK1 moderate longitudinal associations between sleep problems and overweight from ages 5 to 11. <i>International Journal of Obesity</i> , 2014, 38, 404-410.	1.6	10
653	Ghrelin and its interactions with growth hormone, leptin and orexins: Implications for the sleep-wake cycle and metabolism. <i>Sleep Medicine Reviews</i> , 2014, 18, 89-97.	3.8	50
654	Delayed Timing of Eating: Impact on Weight and Metabolism. <i>Current Obesity Reports</i> , 2014, 3, 91-100.	3.5	31
655	Sleep duration and plasma leptin concentrations in early pregnancy among lean and overweight/obese women: a cross sectional study. <i>BMC Research Notes</i> , 2014, 7, 20.	0.6	13
656	Sleep Deprivation and the Cardiovascular System. , 2014, , 131-147.		4
657	Sleep Deprivation and Metabolism. , 2014, , 111-129.		1
658	The Functional Impact of Sleep Deprivation, Sleep Restriction, and Sleep Fragmentation. , 2014, , 13-26.		22

#	ARTICLE	IF	CITATIONS
659	Sleep Duration and Survival Percentiles Across Categories of Physical Activity. <i>American Journal of Epidemiology</i> , 2014, 179, 484-491.	1.6	57
660	Habitual sleep duration associated with self-reported and objectively determined cardiometabolic risk factors. <i>Sleep Medicine</i> , 2014, 15, 42-50.	0.8	232
661	Liking for high fat foods in patients with Obstructive Sleep Apnoea. <i>Appetite</i> , 2014, 78, 185-192.	1.8	31
662	Impact of nocturia on sleep and quality of life: A brief, selected review for the International Consultation on Incontinence Research Society (ICIERS) nocturia think tank. <i>Neurourology and Urodynamics</i> , 2014, 33, S15-8.	0.8	33
663	Childhood Obesity: Solutions to a Growing Problem. , 2014, , 123-141.		0
664	Insomnia and risk of cardiovascular disease: a meta-analysis. <i>European Journal of Preventive Cardiology</i> , 2014, 21, 57-64.	0.8	497
665	Sleep duration, sleep quality, and obesity risk among older adults from six middle-income countries: Findings from the study on global ageing and adult health (SAGE). <i>American Journal of Human Biology</i> , 2014, 26, 803-812.	0.8	62
666	Sleep Quality and Body Mass Index in College Students: The Role of Sleep Disturbances. <i>Journal of American College Health</i> , 2014, 62, 534-541.	0.8	123
667	Clock genes, pancreatic function, and diabetes. <i>Trends in Molecular Medicine</i> , 2014, 20, 685-693.	3.5	59
668	Work stress, sleep deficiency, and predicted 10-year cardiometabolic risk in a female patient care worker population. <i>American Journal of Industrial Medicine</i> , 2014, 57, 940-949.	1.0	24
669	Night-time sleep duration and the incidence of obesity and type 2 diabetes. Findings from the prospective Pizarra study. <i>Sleep Medicine</i> , 2014, 15, 1398-1404.	0.8	28
670	Habitual sleep patterns and the distribution of body mass index: cross-sectional findings among Swedish men and women. <i>Sleep Medicine</i> , 2014, 15, 1196-1203.	0.8	15
671	Building Knowledge into the Environment of Urban Public Space: Universal Design for Intelligent Infrastructure. <i>Journal of Urban Technology</i> , 2014, 21, 21-38.	2.5	5
672	An Integrative Review of Sleep for Nutrition Professionals. <i>Advances in Nutrition</i> , 2014, 5, 742-759.	2.9	61
673	Both habitual short sleepers and long sleepers are at greater risk of obesity: a population-based 10-year follow-up in women. <i>Sleep Medicine</i> , 2014, 15, 1204-1211.	0.8	60
674	The effect of sleep restriction on neurobehavioural functioning in normally developing children and adolescents: Insights from the attention behaviour and sleep laboratory. <i>Pathologie Et Biologie</i> , 2014, 62, 319-331.	2.2	18
675	Insomnia and risk of cardiovascular disease: A meta-analysis of cohort studies. <i>International Journal of Cardiology</i> , 2014, 176, 1044-1047.	0.8	135
676	Short sleep duration is associated with decreased serum leptin, increased energy intake and decreased diet quality in postmenopausal women. <i>Obesity</i> , 2014, 22, E55-61.	1.5	68

#	ARTICLE	IF	CITATIONS
677	Interpersonal stressors predict ghrelin and leptin levels in women. <i>Psychoneuroendocrinology</i> , 2014, 48, 178-188.	1.3	34
678	Associations between physical activity, sedentary time, sleep duration and daytime sleepiness in US adults. <i>Preventive Medicine</i> , 2014, 66, 68-73.	1.6	82
679	Sleep debt and obesity. <i>Annals of Medicine</i> , 2014, 46, 264-272.	1.5	185
680	Impact of menstrual cycle phase on endocrine effects of partial sleep restriction in healthy women. <i>Psychoneuroendocrinology</i> , 2014, 49, 34-46.	1.3	20
681	Obesity can no longer be solely attributed to energy disparity: sleep also fits the equation. <i>Clinical Practice (London, England)</i> , 2014, 11, 247-249.	0.1	4
682	Racial/ethnic disparities in short sleep duration by occupation: The contribution of immigrant status. <i>Social Science and Medicine</i> , 2014, 118, 71-79.	1.8	55
683	The aetiology of obesity beyond eating more and exercising less. <i>Bailliere's Best Practice and Research in Clinical Gastroenterology</i> , 2014, 28, 533-544.	1.0	38
684	Sleep and body mass index in adolescence: results from a large population-based study of Norwegian adolescents aged 16 to 19 years. <i>BMC Pediatrics</i> , 2014, 14, 204.	0.7	49
685	Relationship between self-reported sleep quality and metabolic syndrome in general population. <i>BMC Public Health</i> , 2014, 14, 562.	1.2	84
686	Effect of restricted feeding on nocturnality and daily leptin rhythms in OVLT in aged male Wistar rats. <i>Biogerontology</i> , 2014, 15, 245-256.	2.0	18
687	Sleep Duration and Risk of Stroke Mortality Among Chinese Adults. <i>Stroke</i> , 2014, 45, 1620-1625.	1.0	63
688	Short Sleep Duration Is Associated with Higher Energy Intake and Expenditure among African-American and Non-Hispanic White Adults. <i>Journal of Nutrition</i> , 2014, 144, 461-466.	1.3	44
689	Gender Difference in Sleep Problems: Focused on Time Use in Daily Life of Korea. <i>Social Indicators Research</i> , 2014, 119, 1447-1465.	1.4	14
690	Behavioral Contributions to the Pathogenesis of Type 2 Diabetes. <i>Current Diabetes Reports</i> , 2014, 14, 475.	1.7	25
691	Associations between inadequate sleep and obesity in the US adult population: analysis of the national health interview survey (1977-2009). <i>BMC Public Health</i> , 2014, 14, 290.	1.2	124
692	Asian-White disparities in short sleep duration by industry of employment and occupation in the US: a cross-sectional study. <i>BMC Public Health</i> , 2014, 14, 552.	1.2	53
693	A commentary on "Maternal work and children's diet, activity, and obesity". <i>Social Science and Medicine</i> , 2014, 107, 205-208.	1.8	3
694	Short sleep duration predicts risk of metabolic syndrome: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2014, 18, 293-297.	3.8	202

#	ARTICLE	IF	CITATIONS
695	Relation between sleep duration, overweight, and metabolic syndrome in Korean adolescents. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014, 24, 65-71.	1.1	74
696	Nightmares in narcolepsy: underinvestigated symptom?. <i>Sleep Medicine</i> , 2014, 15, 967-972.	0.8	42
697	Piromelatine, a novel melatonin receptor agonist, stabilizes metabolic profiles and ameliorates insulin resistance in chronic sleep restricted rats. <i>European Journal of Pharmacology</i> , 2014, 727, 60-65.	1.7	27
698	Prevalence and associated factors of DSM-V insomnia in Norway: the Nord-Trøndelag Health Study (HUNT 3). <i>Sleep Medicine</i> , 2014, 15, 708-713.	0.8	82
699	Poor sleep quality potentiates stress-induced cytokine reactivity in postmenopausal women with high visceral abdominal adiposity. <i>Brain, Behavior, and Immunity</i> , 2014, 35, 155-162.	2.0	40
700	Sleep duration and abnormal serum lipids: the China Health and Nutrition Survey. <i>Sleep Medicine</i> , 2014, 15, 833-839.	0.8	53
701	What were "owls" doing in our ancestral photoperiodic environment? Chronobiological account for the evolutionary advantage of nocturnal lifestyle. <i>Biological Rhythm Research</i> , 0, , 1-29.	0.4	4
702	U-shaped association of sleep duration with metabolic syndrome and insulin resistance in patients with type 2 diabetes: The Fukuoka Diabetes Registry. <i>Metabolism: Clinical and Experimental</i> , 2014, 63, 484-491.	1.5	61
703	Metabolic Consequences of Sleep and Circadian Disorders. <i>Current Diabetes Reports</i> , 2014, 14, 507.	1.7	319
704	Comparison of Physical Fitness Status between Middle-aged and Elderly Male Laborers According to Lifestyle Behaviors. <i>Journal of Physical Therapy Science</i> , 2014, 26, 1965-1969.	0.2	6
706	Sleep Duration and Weight Gain: Reconsideration by Panel Data Analysis. <i>Journal of Epidemiology</i> , 2014, 24, 404-409.	1.1	10
707	Childhood Sleep Duration and Quality in Relation to Leptin Concentration in Two Cohort Studies. <i>Sleep</i> , 2014, 37, 613-620.	0.6	43
708	Short and Long Sleep Duration Associated with Race/Ethnicity, Sociodemographics, and Socioeconomic Position. <i>Sleep</i> , 2014, 37, 601-611.	0.6	322
709	Narcolepsy and Predictors of Positive MSLTs in the Wisconsin Sleep Cohort. <i>Sleep</i> , 2014, 37, 1043-1051.	0.6	105
710	Sociodemographic Characteristics and Waking Activities and their Role in the Timing and Duration of Sleep. <i>Sleep</i> , 2014, 37, 1889-1906.	0.6	116
711	Gastroesophageal Reflux Disease Symptoms and Dietary Behaviors are Significant Correlates of Short Sleep Duration in the General Population: The Nagahama Study. <i>Sleep</i> , 2014, 37, 1809-1815.	0.6	22
712	Metabolic syndrome among 13 year old adolescents: prevalence and risk factors. <i>BMC Public Health</i> , 2014, 14, S7.	1.2	40
713	Actigraphic sleep characteristics among older Americans. <i>Sleep Health</i> , 2015, 1, 285-292.	1.3	35

#	ARTICLE	IF	CITATIONS
714	Does Short Sleep Lead to Obesity Among Children and Adolescents? Current Understanding and Implications. <i>American Journal of Lifestyle Medicine</i> , 2015, 9, 428-437.	0.8	19
715	A pilot randomized controlled trial testing the effects of a routine-based intervention on outcomes in a behavioural weight loss programme. <i>Obesity Science and Practice</i> , 2015, 1, 110-118.	1.0	6
716	Role of the clock gene <i>Rev1</i> in metabolism and in the endocrine pancreas. <i>Diabetes, Obesity and Metabolism</i> , 2015, 17, 106-114.	2.2	21
717	Interrelationships of the chronobiotic, melatonin, with leptin and adiponectin: implications for obesity. <i>Journal of Pineal Research</i> , 2015, 59, 277-291.	3.4	114
718	Habitual Sleep Duration and Risk of Childhood Obesity: Systematic Review and Dose-response Meta-analysis of Prospective Cohort Studies. <i>Scientific Reports</i> , 2015, 5, 16160.	1.6	127
719	Associations between Sleep Duration and Overweight/Obesity: Results from 66,817 Chinese Adolescents. <i>Scientific Reports</i> , 2015, 5, 16686.	1.6	34
720	Shorter Sleep Duration is Associated with Decreased Insulin Sensitivity in Healthy White Men. <i>Sleep</i> , 2015, 38, 223-231.	0.6	38
721	Sleep Optimization and Diabetes Control: A Review of the Literature. <i>Diabetes Therapy</i> , 2015, 6, 425-468.	1.2	27
722	The Relationships Among Sleep, Nutrition, and Obesity. <i>Current Sleep Medicine Reports</i> , 2015, 1, 218-225.	0.7	6
723	Relationship between daily isoflavone intake and sleep in Japanese adults: a cross-sectional study. <i>Nutrition Journal</i> , 2015, 14, 127.	1.5	36
724	Prioritizing Sleep Health. <i>Perspectives on Psychological Science</i> , 2015, 10, 733-737.	5.2	123
725	Differential increase in prevalence estimates of inadequate sleep among black and white Americans. <i>BMC Public Health</i> , 2015, 15, 1185.	1.2	29
726	Shift work and its association with metabolic disorders. <i>Diabetology and Metabolic Syndrome</i> , 2015, 7, 45.	1.2	118
727	Relationship between sleep duration and body mass index depends on age. <i>Obesity</i> , 2015, 23, 2491-2498.	1.5	108
728	Joint Consensus Statement of the American Academy of Sleep Medicine and Sleep Research Society on the Recommended Amount of Sleep for a Healthy Adult: Methodology and Discussion. <i>Sleep</i> , 2015, 38, 1161-1183.	0.6	558
729	A systematic review and meta-analysis of randomized controlled trials of the impact of sleep duration on adiposity and components of energy balance. <i>Obesity Reviews</i> , 2015, 16, 771-782.	3.1	143
730	Cumulative exposure to short sleep and body mass outcomes: a prospective study. <i>Journal of Sleep Research</i> , 2015, 24, 629-638.	1.7	30
731	Effects of Acute Sleep Deprivation Resulting from Night Shift Work on Young Doctors. <i>Acta Medica Portuguesa</i> , 2015, 28, 457-462.	0.2	36

#	ARTICLE	IF	CITATIONS
732	Lipids around the Clock: Focus on Circadian Rhythms and Lipid Metabolism. <i>Biology</i> , 2015, 4, 104-132.	1.3	77
733	Relative Contribution of Obesity, Sedentary Behaviors and Dietary Habits to Sleep Duration Among Kuwaiti Adolescents. <i>Global Journal of Health Science</i> , 2015, 8, 107.	0.1	26
735	The Effects of Noise Disturbed Sleep in Children on Cognitive Development and Long Term Health. <i>Journal of Child and Adolescent Behavior</i> , 2015, 03, .	0.2	4
736	Manipulating the Circadian and Sleep Cycles to Protect Against Metabolic Disease. <i>Frontiers in Endocrinology</i> , 2015, 6, 35.	1.5	31
737	Association between subjective actual sleep duration, subjective sleep need, age, body mass index, and gender in a large sample of young adults. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 107.	1.0	18
738	Association of Rotating Night Shift Work with BMI and Abdominal Obesity among Nurses and Midwives. <i>PLoS ONE</i> , 2015, 10, e0133761.	1.1	132
739	Knee Pain and Low Back Pain Additively Disturb Sleep in the General Population: A Cross-Sectional Analysis of the Nagahama Study. <i>PLoS ONE</i> , 2015, 10, e0140058.	1.1	20
740	Identification of Genes Associated with Resilience/Vulnerability to Sleep Deprivation and Starvation in <i>Drosophila</i> . <i>Sleep</i> , 2015, 38, 801-814.	0.6	51
741	Non-visual effects of colored light. , 0, , 619-638.		0
742	Sleep Doesn't Waste Time, It's Good for the Waist Line. <i>Sleep</i> , 2015, 38, 1159-60.	0.6	1
743	The association between sleep patterns and overweight/obesity in Chinese children: a cross-sectional study. <i>Neuropsychiatric Disease and Treatment</i> , 2015, 11, 2209.	1.0	15
744	Joint Consensus Statement of the American Academy of Sleep Medicine and Sleep Research Society on the Recommended Amount of Sleep for a Healthy Adult: Methodology and Discussion. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 931-952.	1.4	288
745	Shiftwork, sleep habits, and metabolic disparities: results from the Survey of the Health of Wisconsin. <i>Sleep Health</i> , 2015, 1, 115-120.	1.3	28
746	Sleep Disturbances, Body Mass Index, and Eating Behavior. , 2015, , 43-60.		3
747	Effects of a 2-year behavioral weight loss intervention on sleep and mood in obese individuals treated in primary care practice. <i>Obesity</i> , 2015, 23, 558-564.	1.5	38
748	Sleep duration and timing in relation to osteoporosis in an elderly Chinese population: a cross-sectional analysis in the Dongfeng-Tongji cohort study. <i>Osteoporosis International</i> , 2015, 26, 2641-2648.	1.3	32
749	Contribution of daily and seasonal biorhythms to obesity in humans. <i>International Journal of Biometeorology</i> , 2015, 59, 377-384.	1.3	27
750	Circadian Rhythms in Anesthesia and Critical Care Medicine. <i>Seminars in Cardiothoracic and Vascular Anesthesia</i> , 2015, 19, 49-60.	0.4	50

#	ARTICLE	IF	CITATIONS
751	The Association Between Sleep Duration and Leptin, Ghrelin, and Adiponectin Among Children and Adolescents. <i>Current Sleep Medicine Reports</i> , 2015, 1, 185-194.	0.7	14
753	Early Bed for Early Birds: Curbing the Evening Calories. <i>Journal of Adolescent Health</i> , 2015, 57, 5-6.	1.2	0
754	Impact of night sleep duration on glycemic and triglyceride levels in Chinese with different glycemic status. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 101, 1515-1521.	0.8	15
755	Association between body size phenotype and sleep duration: Korean National Health and Nutrition Examination Survey V (KNHANES V). <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 460-466.	1.5	17
756	Identifying specific cues and contexts related to bingeing behavior for the development of effective virtual environments. <i>Appetite</i> , 2015, 87, 81-89.	1.8	63
757	Circadian rhythms in liver metabolism and disease. <i>Acta Pharmaceutica Sinica B</i> , 2015, 5, 113-122.	5.7	96
758	Sleep duration and cardiometabolic risk factors among individuals with type 2 diabetes. <i>Sleep Medicine</i> , 2015, 16, 119-125.	0.8	16
759	Social jetlag, obesity and metabolic disorder: investigation in a cohort study. <i>International Journal of Obesity</i> , 2015, 39, 842-848.	1.6	332
760	The Relationship of Sleep Duration with Obesity and Sarcopenia in Community-Dwelling Older Adults. <i>Gerontology</i> , 2015, 61, 399-406.	1.4	53
761	A cross-sectional study of shift work, sleep quality and cardiometabolic risk in female hospital employees. <i>BMJ Open</i> , 2015, 5, e007327-e007327.	0.8	83
763	Stress assessment based on EEG univariate features and functional connectivity measures. <i>Physiological Measurement</i> , 2015, 36, 1351-1365.	1.2	98
764	Work patterns, sleeping hours and excess weight in commercial drivers. <i>Occupational Medicine</i> , 2015, 65, kqv080.	0.8	23
765	Sleep and food intake: A multisystem review of mechanisms in children and adults. <i>Journal of Health Psychology</i> , 2015, 20, 794-805.	1.3	63
766	Sleep Duration and Metabolic Syndrome. An Updated Dose-Response Risk Metaanalysis. <i>Annals of the American Thoracic Society</i> , 2015, 12, 1364-1372.	1.5	109
767	Sleep and the Endocrine System. <i>Critical Care Clinics</i> , 2015, 31, 403-418.	1.0	40
768	Gender, Sleep Problems, and Obesity in Taiwan: A Propensity-Score-Matching Approach. <i>Women and Health</i> , 2015, 55, 119-133.	0.4	0
769	Exposure to traffic noise and markers of obesity. <i>Occupational and Environmental Medicine</i> , 2015, 72, 594-601.	1.3	98
770	Geographic variations in sleep duration: a multilevel analysis from the Boston Area Community Health (BACH) Survey. <i>Journal of Epidemiology and Community Health</i> , 2015, 69, 63-69.	2.0	25

#	ARTICLE	IF	CITATIONS
771	Development and the RAS. , 2015, , 81-105.		0
772	Ethnic-specific associations of sleep duration and daytime napping with prevalent type 2 diabetes in postmenopausal women. <i>Sleep Medicine</i> , 2015, 16, 243-249.	0.8	31
773	Are we waking up to the effects of NEFA?. <i>Diabetologia</i> , 2015, 58, 651-653.	2.9	5
774	The impact of sleep disorders on glucose metabolism: endocrine and molecular mechanisms. <i>Diabetology and Metabolic Syndrome</i> , 2015, 7, 25.	1.2	164
775	Overweight and Obese Adolescent Girls: The Importance of Promoting Sensible Eating and Activity Behaviors from the Start of the Adolescent Period. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 2306-2329.	1.2	86
776	The impact of obesity and weight gain on development of sleep problems in a population-based sample. <i>Sleep Medicine</i> , 2015, 16, 593-597.	0.8	56
777	Sleep patterns and obesity in childhood. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2015, 22, 41-47.	1.2	165
778	Loneliness predicts postprandial ghrelin and hunger in women. <i>Hormones and Behavior</i> , 2015, 70, 57-63.	1.0	22
779	Electric light, particularly at night, disrupts human circadian rhythmicity: is that a problem?. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2015, 370, 20140120.	1.8	119
780	Socioeconomic Disparities in Sleep Duration Among Veterans of the US Wars in Iraq and Afghanistan. <i>American Journal of Public Health</i> , 2015, 105, e70-e74.	1.5	10
781	Habitual sleep variability, not sleep duration, is associated with caloric intake in adolescents. <i>Sleep Medicine</i> , 2015, 16, 856-861.	0.8	67
782	Current trends and future prospects of lipstatin: a lipase inhibitor and pro-drug for obesity. <i>RSC Advances</i> , 2015, 5, 86954-86966.	1.7	32
783	Relationship between short sleep duration and cardiovascular risk factors in a multi-ethnic cohort "the helius study". <i>Sleep Medicine</i> , 2015, 16, 1482-1488.	0.8	33
784	Interactions between sleep, stress, and metabolism: From physiological to pathological conditions. <i>Sleep Science</i> , 2015, 8, 143-152.	0.4	265
785	Body image in adult women: moving beyond the younger years. <i>Advances in Eating Disorders (Abingdon, England)</i> , 2015, 3, 144-164.	0.8	77
786	Sex-specific association between sleep and basal metabolic rate in great tits. <i>Animal Behaviour</i> , 2015, 109, 15-22.	0.8	10
787	Short sleep duration as a risk factor for childhood overweight/obesity: a large multicentric epidemiologic study in China. <i>Sleep Health</i> , 2015, 1, 184-190.	1.3	13
788	The Role of Sleep in the Control of Feeding Behavior. , 2015, , 11-16.		0

#	ARTICLE	IF	CITATIONS
789	Normal Sleep and Its Neurophysiological Regulation. , 2015, , 25-32.		1
790	Short Sleep Duration and Dietary Intake: Epidemiologic Evidence, Mechanisms, and Health Implications. <i>Advances in Nutrition</i> , 2015, 6, 648-659.	2.9	344
791	Long-term exposure to residential traffic noise and changes in body weight and waist circumference: A cohort study. <i>Environmental Research</i> , 2015, 143, 154-161.	3.7	87
792	Prolonged REM sleep restriction induces metabolic syndrome-related changes: Mediation by pro-inflammatory cytokines. <i>Brain, Behavior, and Immunity</i> , 2015, 47, 109-117.	2.0	51
793	Ghrelin in psychiatric disorders – A review. <i>Psychoneuroendocrinology</i> , 2015, 52, 176-194.	1.3	77
794	Challenging the validity of the association between oversleeping and overeating in atypical depression. <i>Journal of Psychosomatic Research</i> , 2015, 78, 52-57.	1.2	12
795	Habitual sleep duration is associated with BMI and macronutrient intake and may be modified by CLOCK genetic variants. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 135-143.	2.2	93
796	Genetic dissection of sleep–metabolism interactions in the fruit fly. <i>Journal of Comparative Physiology A: Neuroethology, Sensory, Neural, and Behavioral Physiology</i> , 2015, 201, 869-877.	0.7	47
797	Novel putative mechanisms to link circadian clocks to healthy aging. <i>Journal of Neural Transmission</i> , 2015, 122, 75-82.	1.4	3
798	Social networks and future direction for obesity research: A scoping review. <i>Nursing Outlook</i> , 2015, 63, 299-317.	1.5	39
799	Associations of sleep disturbance with ADHD: implications for treatment. <i>ADHD Attention Deficit and Hyperactivity Disorders</i> , 2015, 7, 1-18.	1.7	211
800	Associations among late chronotype, body mass index and dietary behaviors in young adolescents. <i>International Journal of Obesity</i> , 2015, 39, 39-44.	1.6	196
801	Obesity and sleepiness in women with fibromyalgia. <i>Rheumatology International</i> , 2015, 35, 281-287.	1.5	25
802	Delayed bedtime due to screen time in schoolchildren: Importance of area deprivation. <i>Pediatrics International</i> , 2015, 57, 137-142.	0.2	11
803	Attention deficit hyperactivity disorder symptomatology and pediatric obesity: Psychopathology or sleep deprivation?. <i>Journal of Health Psychology</i> , 2016, 21, 1055-1065.	1.3	8
804	Associations of Parent Health Behaviors and Parenting Practices with Sleep Duration in Overweight and Obese Children. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 1493-1498.	1.4	12
805	The Association between Self-reported Sleep Duration and Body Mass Index among Korean Adolescents. <i>Journal of Korean Medical Science</i> , 2016, 31, 1996.	1.1	17
806	Gender Differences in Sleep Disturbance among Elderly Koreans: Hallym Aging Study. <i>Journal of Korean Medical Science</i> , 2016, 31, 1689.	1.1	29

#	ARTICLE	IF	CITATIONS
807	Sleep hygiene recommendations. , 2016, , 53-80.		0
808	Work-family conflict and sleep disturbance: the Malaysian working women study. <i>Industrial Health</i> , 2016, 54, 50-57.	0.4	17
809	Road Traffic and Railway Noise Exposures and Adiposity in Adults: A Cross-Sectional Analysis of the Danish Diet, Cancer, and Health Cohort. <i>Environmental Health Perspectives</i> , 2016, 124, 329-335.	2.8	67
810	Role of sleep quality in the metabolic syndrome. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2016, Volume 9, 281-310.	1.1	140
811	Consequences of circadian dysregulation on metabolism. <i>ChronoPhysiology and Therapy</i> , 2016, Volume 6, 55-63.	0.5	8
812	Basics of sleep biology. , 2016, , 7-34.		0
813	Metabolic signals in sleep regulation: recent insights. <i>Nature and Science of Sleep</i> , 2016, 8, 9.	1.4	20
814	Association between Sleep Duration and Measurable Cardiometabolic Risk Factors in Healthy Korean Women: The Fourth and Fifth Korean National Health and Nutrition Examination Surveys (KNHANES IV) Tj ETQq1 1 0.7843147rgBT /Ove	0.7	14
815	The Impact of Sleep Debt on Excess Adiposity and Insulin Sensitivity in Patients with Early Type 2 Diabetes Mellitus. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 673-680.	1.4	34
816	Actigraphy Measured Sleep Indices and Adiposity: The Multi-Ethnic Study of Atherosclerosis (MESA). <i>Sleep</i> , 2016, 39, 1701-1708.	0.6	57
817	Paradoxical Sleep Deprivation Causes Cardiac Dysfunction and the Impairment Is Attenuated by Resistance Training. <i>PLoS ONE</i> , 2016, 11, e0167029.	1.1	9
818	Health Outcomes of Information System Use Lifestyles among Adolescents: Videogame Addiction, Sleep Curtailment and Cardio-Metabolic Deficiencies. <i>PLoS ONE</i> , 2016, 11, e0154764.	1.1	75
819	Sleep and Health Resilience Metrics in a Large Military Cohort. <i>Sleep</i> , 2016, 39, 1111-1120.	0.6	91
820	Physical Activity, Sleep, and Nutrition Do Not Predict Cognitive Performance in Young and Middle-Aged Adults. <i>Frontiers in Psychology</i> , 2016, 7, 642.	1.1	5
821	Sleep Duration and Obesity in Adults: What Are the Connections?. <i>Current Obesity Reports</i> , 2016, 5, 333-343.	3.5	29
822	Percentage of <scp>REM</scp> sleep is associated with overnight change in leptin. <i>Journal of Sleep Research</i> , 2016, 25, 419-425.	1.7	25
823	Longâ€term selfâ€reported exposure to occupational noise is associated with BMIâ€defined obesity in the US general population. <i>American Journal of Industrial Medicine</i> , 2016, 59, 1009-1019.	1.0	15
824	Independent Association between Sleep Fragmentation and Dyslipidemia in Patients with Obstructive Sleep Apnea. <i>Scientific Reports</i> , 2016, 6, 26089.	1.6	36

#	ARTICLE	IF	CITATIONS
825	Sleep restriction acutely impairs glucose tolerance in rats. <i>Physiological Reports</i> , 2016, 4, e12839.	0.7	23
826	Self-reported short sleep duration and insomnia symptoms as predictors of post-pregnancy weight change: Results from a cohort study. <i>Women's Health</i> , 2016, 12, 465-474.	0.7	8
827	Effects of shift work on abdominal obesity among 20-39-year-old female nurses: a 5-year retrospective longitudinal study. <i>Annals of Occupational and Environmental Medicine</i> , 2016, 28, 69.	0.3	28
828	American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines For Medical Care of Patients with Obesity. <i>Endocrine Practice</i> , 2016, 22, 1-203.	1.1	952
829	Sleep Duration and Midday Napping with 5-Year Incidence and Reversion of Metabolic Syndrome in Middle-Aged and Older Chinese. <i>Sleep</i> , 2016, 39, 1911-1918.	0.6	35
830	Association between sleep duration and cardiac structure in youths at risk for metabolic syndrome. <i>Scientific Reports</i> , 2016, 6, 39017.	1.6	11
831	Effects of a dance therapy programme on quality of life, sleep and blood pressure in middle-aged women: A randomised controlled trial. <i>Medicina Clínica (English Edition)</i> , 2016, 147, 334-339.	0.1	7
832	Racial disparities in sleep: the role of neighborhood disadvantage. <i>Sleep Medicine</i> , 2016, 27-28, 1-8.	0.8	69
833	Discrepancies Between Self-Reported Usual Sleep Duration and Objective Measures of Total Sleep Time in Treatment-Seeking Overweight and Obese Individuals. <i>Behavioral Sleep Medicine</i> , 2016, 14, 539-549.	1.1	23
834	Effect of Pramlintide on Postprandial Glucose Fluxes in Type 1 Diabetes. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 1954-1962.	1.8	24
835	Sleep disordered breathing in hospitalized patients. <i>Current Pulmonology Reports</i> , 2016, 5, 116-122.	0.5	0
836	Chronotype, social jetlag and sleep debt are associated with dietary intake among Brazilian undergraduate students. <i>Chronobiology International</i> , 2016, 33, 740-748.	0.9	88
837	Distribution of energy intake throughout the day and weight gain: a population-based cohort study in Spain. <i>British Journal of Nutrition</i> , 2016, 115, 2003-2010.	1.2	41
838	Sleep quality and duration is related with diet and obesity in young adolescent living in Sicily, Southern Italy. <i>Sleep Science</i> , 2016, 9, 117-122.	0.4	86
839	Association Between Sleep Disorder and Increased Body Mass Index in Adult Patients. <i>Acta Marisiensis - Seria Medica</i> , 2016, 62, 221-224.	0.3	1
840	La durée habituelle du sommeil est associée à l'indice de masse corporelle et à l'apport en macronutriments. <i>Medecine Des Maladies Metaboliques</i> , 2016, 10, 31-32.	0.1	0
842	Sleep Duration and Diabetes Risk: Population Trends and Potential Mechanisms. <i>Current Diabetes Reports</i> , 2016, 16, 106.	1.7	121
843	Sleep and Lipid Profile During Transition from Childhood to Adolescence. <i>Journal of Pediatrics</i> , 2016, 177, 173-178.e1.	0.9	28

#	ARTICLE	IF	CITATIONS
844	Restriction of rapid eye movement sleep during adolescence increases energy gain and metabolic efficiency in young adult rats. <i>Experimental Physiology</i> , 2016, 101, 308-318.	0.9	6
845	Impact of sleep on osteoporosis: sleep quality is associated with bone stiffness index. <i>Sleep Medicine</i> , 2016, 25, 73-77.	0.8	28
846	Sleep, rhythms and metabolism: too many links to be ignored. <i>Journal of Sleep Research</i> , 2016, 25, 379-380.	1.7	0
847	Sleep disorders and risk of hospitalization in patients with mood disorders: Analysis of the National Sample Cohort over 10 years. <i>Psychiatry Research</i> , 2016, 245, 259-266.	1.7	6
848	Sleep duration and risk of stroke events and stroke mortality: A systematic review and meta-analysis of prospective cohort studies. <i>International Journal of Cardiology</i> , 2016, 223, 870-876.	0.8	88
849	Associations between sleep duration and abnormal serum lipid levels: data from the Korean National Health and Nutrition Examination Survey (KNHANES). <i>Sleep Medicine</i> , 2016, 24, 119-123.	0.8	19
850	Daily timing of the adolescent sleep phase: Insights from a cross-species comparison. <i>Neuroscience and Biobehavioral Reviews</i> , 2016, 70, 171-181.	2.9	24
851	Association Between a Social-Business Eating Pattern and Early Asymptomatic Atherosclerosis. <i>Journal of the American College of Cardiology</i> , 2016, 68, 805-814.	1.2	24
852	Infant sleep problems and childhood overweight: Effects of three definitions of sleep problems. <i>Preventive Medicine Reports</i> , 2016, 4, 463-468.	0.8	21
853	A change in objective sleep duration is associated with a change in the serum adiponectin level of women with overweight or obesity undergoing weight loss intervention. <i>Obesity Science and Practice</i> , 2016, 2, 180-188.	1.0	9
854	Association of sleep apnea and sleep duration with peripheral artery disease: The Multi-Ethnic Study of Atherosclerosis (MESA). <i>Atherosclerosis</i> , 2016, 251, 467-475.	0.4	37
855	Psychosocial Risk Factors and Cardiovascular Disease: Epidemiology, Screening, and Treatment Considerations. <i>Cardiovascular Innovations and Applications</i> , 2016, 1, .	0.1	10
856	Interaction Between Orexin and Sleep Quality in Females in Extreme Weight Conditions. <i>European Eating Disorders Review</i> , 2016, 24, 510-517.	2.3	11
857	Multiple novel gene-by-environment interactions modify the effect of FTO variants on body mass index. <i>Nature Communications</i> , 2016, 7, 12724.	5.8	132
858	Sleep Duration and Overweight/Obesity in Preschool-Aged Children: A Prospective Study of up to 48,922 Children of the Jiaying Birth Cohort. <i>Sleep</i> , 2016, 39, 2013-2019.	0.6	53
859	Cross-sectional study of diet, physical activity, television viewing and sleep duration in 233,110 adults from the UK Biobank; the behavioural phenotype of cardiovascular disease and type 2 diabetes. <i>BMJ Open</i> , 2016, 6, e010038.	0.8	128
860	Sleep. <i>Current Opinion in Cardiology</i> , 2016, 31, 551-565.	0.8	102
861	Insomnia and obesity. <i>Current Opinion in Psychiatry</i> , 2016, 29, 409-412.	3.1	25

#	ARTICLE	IF	CITATIONS
862	Should Expanded Weight Loss Counseling Include Sleep Counseling and Simple Clinical Tools for Patient Assessment?. Topics in Clinical Nutrition, 2016, 31, 178-183.	0.2	2
863	La privation de sommeil fait grossir: mythe ou réalité? Nutrition Clinique Et Metabolisme, 2016, 30, 142-153.	0.2	0
864	Sleep duration and risk of coronary heart disease: A systematic review and meta-analysis of prospective cohort studies. International Journal of Cardiology, 2016, 219, 231-239.	0.8	82
865	Circadian Influence on Metabolism and Inflammation in Atherosclerosis. Circulation Research, 2016, 119, 131-141.	2.0	98
866	Nighttime sleep duration and risk of nonalcoholic fatty liver disease: the Dongfeng-Tongji prospective study. Annals of Medicine, 2016, 48, 468-476.	1.5	19
867	Pregnancy and childhood exposure to residential traffic noise and overweight at 7 years of age. Environment International, 2016, 94, 170-176.	4.8	37
868	Polysomnographic correlates of inflammatory complement components in young healthy males. Sleep Science, 2016, 9, 123-127.	0.4	6
869	Sleep, circadian rhythm and body weight: parallel developments. Proceedings of the Nutrition Society, 2016, 75, 431-439.	0.4	42
870	Morvan's syndrome and the sustained absence of all sleep rhythms for months or years: An hypothesis. Medical Hypotheses, 2016, 94, 51-54.	0.8	2
871	Macronutrient Intakes in Infancy Are Associated with Sleep Duration in Toddlerhood. Journal of Nutrition, 2016, 146, 1250-1256.	1.3	7
872	Actigraphic sleep fragmentation, efficiency and duration associate with dietary intake in the Rotterdam Study. Journal of Sleep Research, 2016, 25, 404-411.	1.7	30
873	The connection between working hours and body mass index in the U.S.: a time use analysis. Review of Economics of the Household, 2016, 14, 131-154.	2.6	15
874	Sleep duration and health correlates among university students in 26 countries. Psychology, Health and Medicine, 2016, 21, 208-220.	1.3	69
875	Restless legs syndrome in patients with type 2 diabetes: effectiveness of pramipexole therapy. BMJ Supportive and Palliative Care, 2016, 6, 89-93.	0.8	13
876	Obesity: An overview of possible role(s) of gut hormones, lipid sensing and gut microbiota. Metabolism: Clinical and Experimental, 2016, 65, 48-65.	1.5	145
877	Relationships of Sleep Duration With Weight-Related Behaviors of U.S. College Students. Behavioral Sleep Medicine, 2016, 14, 565-580.	1.1	37
878	Successful weight loss maintenance associated with morning chronotype and better sleep quality. Journal of Behavioral Medicine, 2016, 39, 465-471.	1.1	50
879	Physical activity, sleep, and C-reactive protein as markers of positive health in resilient older men. Journal of Health Psychology, 2016, 21, 1928-1938.	1.3	11

#	ARTICLE	IF	CITATIONS
880	An investigation of the associations among sleep duration and quality, body mass index and insulin resistance in newly diagnosed type 2 diabetes mellitus patients. <i>Therapeutic Advances in Endocrinology and Metabolism</i> , 2016, 7, 3-11.	1.4	14
881	Sleep Duration and Media Time Have a Major Impact on Insulin Resistance and Metabolic Risk Factors in Obese Children and Adolescents. <i>Childhood Obesity</i> , 2016, 12, 272-278.	0.8	33
882	translin Is Required for Metabolic Regulation of Sleep. <i>Current Biology</i> , 2016, 26, 972-980.	1.8	64
883	Effects of different periods of paradoxical sleep deprivation and sleep recovery on lipid and glucose metabolism and appetite hormones in rats. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 235-243.	0.9	21
884	Sleep and the Endocrine System. <i>Sleep Medicine Clinics</i> , 2016, 11, 115-126.	1.2	24
885	From habitual sleep hours to morbidity and mortality: existing evidence, potential mechanisms, and future agenda. <i>Sleep Health</i> , 2016, 2, 146-153.	1.3	22
886	Youth internalizing symptoms, sleep-related problems, and disordered eating attitudes and behaviors: A moderated mediation analysis. <i>Eating Behaviors</i> , 2016, 21, 99-103.	1.1	23
887	Circadian Rhythms, Sleep, and Disorders of Aging. <i>Trends in Endocrinology and Metabolism</i> , 2016, 27, 192-203.	3.1	247
888	Sleep Duration and Disruption and Prostate Cancer Risk: a 23-Year Prospective Study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2016, 25, 302-308.	1.1	41
889	Sleep deprivation and implications for recognition and perception of facial emotions. <i>Sleep and Biological Rhythms</i> , 2016, 14, 13-22.	0.5	10
890	Temporal Dietary Patterns Derived among the Adult Participants of the National Health and Nutrition Examination Survey 1999-2004 Are Associated with Diet Quality. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2016, 116, 283-291.	0.4	43
891	The influence of school time on sleep patterns of children and adolescents. <i>Sleep Medicine</i> , 2016, 19, 33-39.	0.8	58
892	Lifestyle Intervention for Sleep Disturbances Among Overweight or Obese Individuals. <i>Behavioral Sleep Medicine</i> , 2016, 14, 343-350.	1.1	12
893	Association between sleep deficiency and cardiometabolic disease: implications for health disparities. <i>Sleep Medicine</i> , 2016, 18, 19-35.	0.8	82
894	Novel Links Between Troubled Marriages and Appetite Regulation. <i>Clinical Psychological Science</i> , 2016, 4, 363-375.	2.4	12
895	Delayed school start times and adolescent sleep: A systematic review of the experimental evidence. <i>Sleep Medicine Reviews</i> , 2016, 28, 86-95.	3.8	223
896	Endocrine Rhythms, the Sleep-Wake Cycle, and Biological Clocks. , 2016, , 147-173.e9.		10
897	Delirium in critical care: a study of incidence, prevalence, and associated factors in the tertiary care hospital of older Thai adults. <i>Aging and Mental Health</i> , 2016, 20, 74-80.	1.5	30

#	ARTICLE	IF	CITATIONS
898	The impact of sleep amount and sleep quality on glycemic control in type 2 diabetes: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2017, 31, 91-101.	3.8	272
899	Obesity and diabetes: An update. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2017, 11, 73-79.	1.8	194
900	Short sleep duration and obesity among children: A systematic review and meta-analysis of prospective studies. <i>Obesity Research and Clinical Practice</i> , 2017, 11, 140-150.	0.8	89
901	Family Chaos and Child Functioning in Relation to Sleep Problems Among Children at Risk for Obesity. <i>Behavioral Sleep Medicine</i> , 2017, 15, 114-128.	1.1	46
902	Sleep duration and risk of stroke: a dose-response meta-analysis of prospective cohort studies. <i>Sleep Medicine</i> , 2017, 32, 66-74.	0.8	71
903	Effect of shortened sleep on energy expenditure, core body temperature, and appetite: a human randomised crossover trial. <i>Scientific Reports</i> , 2017, 7, 39640.	1.6	36
904	On the origins of endogenous thoughts. <i>Cognitive Processing</i> , 2017, 18, 107-117.	0.7	1
905	A sipometer for measuring motivation to consume and reward value of foods and beverages in humans: Description and proof of principle. <i>Physiology and Behavior</i> , 2017, 171, 216-227.	1.0	15
906	Behavior Change and Nutrition Counseling. , 2017, , 51-84.		0
907	Sleep duration is associated with body fat and muscle mass and waist-to-height ratio beyond conventional obesity parameters in Korean adolescent boys. <i>Journal of Sleep Research</i> , 2017, 26, 444-452.	1.7	14
908	The Evolution and Function of Sleep. <i>Diversity and Commonality in Animals</i> , 2017, , 343-366.	0.7	13
909	Adaptation of a 3-factor model for the Pittsburgh Sleep Quality Index in Portuguese older adults. <i>Psychiatry Research</i> , 2017, 251, 298-303.	1.7	17
910	Association between sleep duration, fat mass, lean mass and obesity in Korean adults: the fourth and fifth Korea National Health and Nutrition Examination Surveys. <i>Journal of Sleep Research</i> , 2017, 26, 453-460.	1.7	30
911	Role of sleep and circadian disruption on energy expenditure and in metabolic predisposition to human obesity and metabolic disease. <i>Obesity Reviews</i> , 2017, 18, 15-24.	3.1	228
912	Tackling obesity at the community level by integrating healthy diet, movement and non-movement behaviours. <i>Obesity Reviews</i> , 2017, 18, 82-87.	3.1	8
913	Pathophysiology of Migraine: A Disorder of Sensory Processing. <i>Physiological Reviews</i> , 2017, 97, 553-622.	13.1	1,168
914	Biobehavioral Factors That Shape Nutrition in Low-Income Populations. <i>American Journal of Preventive Medicine</i> , 2017, 52, S118-S126.	1.6	93
915	The impact of sleep deprivation in military surgical teams: a systematic review. <i>Journal of the Royal Army Medical Corps</i> , 2017, 163, 158-163.	0.8	34

#	ARTICLE	IF	CITATIONS
916	Association of sleep characteristics with cardiovascular and metabolic risk factors in a population sample: the Chicago Area Sleep Study. <i>Sleep Health</i> , 2017, 3, 107-112.	1.3	15
917	Molecular Mechanisms of Sleep Homeostasis in Flies and Mammals. <i>Cold Spring Harbor Perspectives in Biology</i> , 2017, 9, a027730.	2.3	118
918	Sleep in Studio Based Courses: Outcomes for Creativity Task Performance. <i>Journal of Interior Design</i> , 2017, 42, 5-28.	0.4	9
919	Differences in meal patterns and timing with regard to central obesity in the ANIBES (â€“Anthropometric) Tj ETQq1 1 0.784314 rgBT /O	1.1	21
920	Effects of Sleep Deprivation and Sleepiness on Society and Driving. , 2017, , 41-53.		1
921	Association of social jetlag experienced by young northerners with their appetite after having breakfast. <i>Biological Rhythm Research</i> , 2017, 48, 917-929.	0.4	13
922	Association Between Weekend Catch-up Sleep and Lower Body Mass: Population-Based Study. <i>Sleep</i> , 2017, 40, .	0.6	67
923	Sex and age differences in the associations between sleep behaviors and all-cause mortality in older adults: results from the National Health and Nutrition Examination Surveys. <i>Sleep Medicine</i> , 2017, 36, 141-151.	0.8	30
924	Sleep timing is associated with self-reported dietary patterns in 9- to 15-year-olds. <i>Sleep Health</i> , 2017, 3, 269-275.	1.3	27
925	Antimony and sleep-related disorders: NHANES 2005â€“2008. <i>Environmental Research</i> , 2017, 156, 247-252.	3.7	45
926	Is Community Noise Associated with Metabolic Control in Patients with Cardiovascular Disease?. <i>Acoustics Australia</i> , 2017, 45, 61-75.	1.4	2
927	Circadian Disruption Associated with Alzheimerâ€™s Disease. <i>Current Neurology and Neuroscience Reports</i> , 2017, 17, 29.	2.0	38
928	Sleep Duration and Cardiometabolic Risk Among Chinese School-aged Children: Do Adipokines Play a Mediating Role?. <i>Sleep</i> , 2017, 40, .	0.6	26
929	Association of sleep quality components and wake time with metabolic syndrome: The Qazvin Metabolic Diseases Study (QMDS), Iran. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2017, 11, S377-S380.	1.8	13
930	Obesity, genes, and sleep habits. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 779-780.	2.2	1
931	Sleep Knowledge and Behaviors in Medical Students: Results of a Single Center Survey. <i>Academic Psychiatry</i> , 2017, 41, 674-678.	0.4	18
932	A cross-sectional survey of the nature and correlates of sleep disturbance in people with psoriasis. <i>British Journal of Dermatology</i> , 2017, 177, 1052-1059.	1.4	44
933	Circadian Rhythms in Adipose Tissue Physiology. , 2017, 7, 383-427.		44

#	ARTICLE	IF	CITATIONS
934	The Association of Sleep Duration and Morbid Obesity in a Working Population: The Baptist Health South Florida Employee Study. <i>Metabolic Syndrome and Related Disorders</i> , 2017, 15, 59-62.	0.5	3
935	Sleep and Cardio-Metabolic Disease. <i>Current Cardiology Reports</i> , 2017, 19, 110.	1.3	211
936	Sleep Duration and Risk of Liver Cancer in Postmenopausal Women: The Women's Health Initiative Study. <i>Journal of Women's Health</i> , 2017, 26, 1270-1277.	1.5	19
937	Insufficient sleep is associated with impaired nitric oxide-mediated endothelium-dependent vasodilation. <i>Atherosclerosis</i> , 2017, 265, 41-46.	0.4	37
938	Unrecognized Sleep Loss Accumulated in Daily Life Can Promote Brain Hyperreactivity to Food Cue. <i>Sleep</i> , 2017, 40, .	0.6	14
939	Past, present, and future: trends in sleep duration and implications for public health. <i>Sleep Health</i> , 2017, 3, 317-323.	1.3	117
940	Relationship between sleep duration and Framingham cardiovascular risk score and prevalence of cardiovascular disease in Koreans. <i>Medicine (United States)</i> , 2017, 96, e7744.	0.4	23
941	Relationship of Sleep Duration With All-Cause Mortality and Cardiovascular Events: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Journal of the American Heart Association</i> , 2017, 6, .	1.6	378
942	Short sleep duration, shift work, and actual days taken off work are predictive life-style risk factors for new-onset metabolic syndrome: a seven-year cohort study of 40,000 male workers. <i>Sleep Medicine</i> , 2017, 39, 87-94.	0.8	60
943	Dynamic evaluation of the hypothalamic-pituitary-adrenal and growth hormone axes and metabolic consequences in chronic insomnia; a case-control study. <i>Sleep and Biological Rhythms</i> , 2017, 15, 317-326.	0.5	4
944	Later circadian timing of food intake is associated with increased body fat. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 1213-1219.	2.2	280
945	The Effects of Experimental Manipulation of Sleep Duration on Neural Response to Food Cues. <i>Sleep</i> , 2017, 40, .	0.6	38
946	Sleep Deprivation and Excessive Daytime Sleepiness. , 2017, , 29-39.		4
947	How are age-related differences in sleep quality associated with health outcomes? An epidemiological investigation in a UK cohort of 2406 adults. <i>BMJ Open</i> , 2017, 7, e014920.	0.8	136
948	Sleep Duration and Risk of Type 2 Diabetes. <i>Pediatrics</i> , 2017, 140, .	1.0	48
949	Associations of short sleep duration with childhood obesity and weight gain: summary of a presentation to the National Academy of Science's Roundtable on Obesity Solutions. <i>Sleep Health</i> , 2017, 3, 389-392.	1.3	23
950	Obesity and sleep: an evolving relationship. <i>Sleep Health</i> , 2017, 3, 381-382.	1.3	4
951	Role of Leptin in Obstructive Sleep Apnea. <i>Annals of the American Thoracic Society</i> , 2017, 14, 1607-1621.	1.5	42

#	ARTICLE	IF	CITATIONS
952	Rationale and design of GENEiUS: a prospective observational study on the genetic and environmental determinants of body mass index evolution in Canadian undergraduate students. <i>BMJ Open</i> , 2017, 7, e019365.	0.8	7
953	Contribution of short sleep duration to ethnic differences in cardiovascular disease: results from a cohort study in the Netherlands. <i>BMJ Open</i> , 2017, 7, e017645.	0.8	12
954	Association between self-reported sleep duration and serum lipid profile in a middle-aged and elderly population in Taiwan: a community-based, cross-sectional study. <i>BMJ Open</i> , 2017, 7, e015964.	0.8	20
955	Bedtime Use of Technology and Associated Sleep Problems in Children. <i>Global Pediatric Health</i> , 2017, 4, 2333794X1773697.	0.3	65
956	Classification of Rest and Active Periods in Actigraphy Data Using PCA. <i>Procedia Computer Science</i> , 2017, 114, 275-280.	1.2	7
957	The sex-specific interaction between food responsiveness and sleep duration explaining body mass index among children. <i>Sleep Medicine</i> , 2017, 40, 106-109.	0.8	6
958	Prevalence of adiposity and its association with sleep duration, quality, and timing among 9-12-year-old children in Guangzhou, China. <i>Journal of Epidemiology</i> , 2017, 27, 531-537.	1.1	18
959	Gender Differences in Associations between Insufficient Sleep and Cardiovascular Disease Risk Factors and Endpoints: A Contemporary Review. , 2017, 1, 80-88.	0.8	11
960	Sleep Duration and Telomere Length in Children. <i>Journal of Pediatrics</i> , 2017, 187, 247-252.e1.	0.9	37
961	Gene-by-environment interactions of the CLOCK, PEMT, and GHRELIN loci with average sleep duration in relation to obesity traits using a cohort of 643 New Zealand European children. <i>Sleep Medicine</i> , 2017, 37, 19-26.	0.8	11
962	Identifying pathways modulating sleep duration: from genomics to transcriptomics. <i>Scientific Reports</i> , 2017, 7, 4555.	1.6	9
963	Low physical activity, high television viewing and poor sleep duration cluster in overweight and obese adults; a cross-sectional study of 398,984 participants from the UK Biobank. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 57.	2.0	51
964	Is it nutrients, food items, diet quality or eating behaviours that are responsible for the association of children's diet with sleep?. <i>Journal of Sleep Research</i> , 2017, 26, 468-476.	1.7	30
965	Sleep Duration and Child Well-Being: A Nonlinear Association. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2017, 46, 258-268.	2.2	37
966	Obstructive Sleep Apnea and Metabolic Disorders. , 2017, , 1167-1178.e5.		1
967	The shift work and health research agenda: Considering changes in gut microbiota as a pathway linking shift work, sleep loss and circadian misalignment, and metabolic disease. <i>Sleep Medicine Reviews</i> , 2017, 34, 3-9.	3.8	107
968	Losing ground, losing sleep: Local economic conditions, economic vulnerability, and sleep. <i>Social Science Research</i> , 2017, 62, 189-203.	1.1	20
969	Short sleep duration and health outcomes: a systematic review, meta-analysis, and meta-regression. <i>Sleep Medicine</i> , 2017, 32, 246-256.	0.8	710

#	ARTICLE	IF	CITATIONS
970	The association between anxiety, hunger, the enjoyment of eating foods and the satiety after food intake in individuals working a night shift compared with after taking a nocturnal sleep: A prospective and observational study. <i>Appetite</i> , 2017, 108, 255-262.	1.8	15
971	Short sleep duration and longer daytime napping are associated with non-alcoholic fatty liver disease in Chinese adults. <i>Journal of Diabetes</i> , 2017, 9, 827-836.	0.8	40
972	Optimizing sleep to maximize performance: implications and recommendations for elite athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 266-274.	1.3	150
973	Impact of short sleep on metabolic variables in obese children with obstructive sleep apnea. <i>Laryngoscope</i> , 2017, 127, 2176-2181.	1.1	10
974	Health-related behaviors associated with subjective sleep insufficiency in Japanese workers: A cross-sectional study. <i>Journal of Occupational Health</i> , 2017, 59, 139-146.	1.0	7
975	Association between Self-reported Snoring and Prediabetes among Adults Aged 40 Years and Older without Diabetes. <i>Chinese Medical Journal</i> , 2017, 130, 791-797.	0.9	21
976	Endocrine Physiology in Relation to Sleep and Sleep Disturbances. , 2017, , 202-219.e8.		7
977	Relationship between Self-Reported Dietary Nutrient Intake and Self-Reported Sleep Duration among Japanese Adults. <i>Nutrients</i> , 2017, 9, 134.	1.7	39
978	Overcoming sleep disordered breathing and ensuring sufficient good sleep time for a healthy life expectancy. <i>Proceedings of the Japan Academy Series B: Physical and Biological Sciences</i> , 2017, 93, 609-629.	1.6	5
979	Diet and Sleep Physiology: Public Health and Clinical Implications. <i>Frontiers in Neurology</i> , 2017, 8, 393.	1.1	93
980	Sleep Deprivation: Neurobehavioral Changes . , 2017, , .		0
981	Sleep Deprivation. , 2017, , 49-55.e4.		15
982	The Functions of Sleep and the Effects of Sleep Deprivation. , 2017, , 55-72.		4
983	A possible association between dysphonia and sleep duration: A cross-sectional study based on the Korean National Health and nutrition examination surveys from 2010 to 2012. <i>PLoS ONE</i> , 2017, 12, e0182286.	1.1	4
984	Objective Sleep Duration Is Prospectively Associated With Endothelial Health. <i>Sleep</i> , 2017, 40, .	0.6	19
985	Sleep Duration and Obesity of Young Mexican-heritage Children in Rural California. <i>Journal of Childhood Obesity</i> , 2017, 2, .	0.1	0
986	A Review of the Leptin Hormone and the Association with Obesity and Diabetes Mellitus. <i>Journal of Diabetes & Metabolism</i> , 2017, 08, .	0.2	21
987	Is Insulin Resistance Work Related?. , 0, , .		0

#	ARTICLE	IF	CITATIONS
988	Serum Amyloid A Production Is Triggered by Sleep Deprivation in Mice and Humans: Is That the Link between Sleep Loss and Associated Comorbidities?. <i>Nutrients</i> , 2017, 9, 311.	1.7	13
989	The Relations between Serum Leptin Level with Disease Activity and Inflammatory Markers in Fibromyalgia Patients. <i>Åstanbul Kuzey Klinikleri</i> , 2017, 5, 102-108.	0.1	6
990	OBESITY: DEVELOPMENT, EPIDEMIOLOGY, FACTORS AFFECTING, QUANTITY, HEALTH HAZARDS, MANAGEMENT AND NATURAL TREATMENT-A REVIEW. <i>International Journal of Pharmacy and Pharmaceutical Sciences</i> , 2017, 9, 12.	0.3	20
991	Timing of eating in adults across the weight spectrum: Metabolic factors and potential circadian mechanisms. <i>Physiology and Behavior</i> , 2018, 192, 158-166.	1.0	33
992	Positive association of plasma leptin with sleep quality in obese type 2 diabetes patients. <i>Journal of Diabetes Investigation</i> , 2018, 9, 1100-1105.	1.1	13
993	The Impact of Behavioral and Psychological Factors on Physical Fitness in Medical and Nursing Students. <i>Holistic Nursing Practice</i> , 2018, 32, 125-132.	0.3	2
994	Long-term exposure to wind turbine noise at night and risk for diabetes: A nationwide cohort study. <i>Environmental Research</i> , 2018, 165, 40-45.	3.7	23
995	Association of sleep disturbances with obesity, insulin resistance and the metabolic syndrome. <i>Metabolism: Clinical and Experimental</i> , 2018, 84, 67-75.	1.5	111
996	Plasma Concentration of Caspase-8 Is Associated With Short Sleep Duration and the Risk of Incident Diabetes Mellitus. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2018, 103, 1592-1600.	1.8	5
997	Impact of non-apnea sleep disorders on diabetic control and metabolic outcome - A population-based cohort study. <i>General Hospital Psychiatry</i> , 2018, 52, 1-7.	1.2	1
998	Sleep duration and incidence of obesity in infants, children, and adolescents: a systematic review and meta-analysis of prospective studies. <i>Sleep</i> , 2018, 41, .	0.6	263
999	Effects of changes in eating speed on obesity in patients with diabetes: a secondary analysis of longitudinal health check-up data. <i>BMJ Open</i> , 2018, 8, e019589.	0.8	45
1000	Sleep, food cravings and taste. <i>Appetite</i> , 2018, 125, 210-216.	1.8	33
1001	Short Sleep Duration Is Weakly Associated with Carotid Intima-Media Thickness in Adolescents. <i>Journal of Pediatrics</i> , 2018, 195, 80-84.	0.9	3
1002	The Adverse Effects of Environmental Noise Exposure on Oxidative Stress and Cardiovascular Risk. <i>Antioxidants and Redox Signaling</i> , 2018, 28, 873-908.	2.5	148
1003	Association between nighttime sleep duration, midday naps, and glycemic levels in Japanese patients with type 2 diabetes. <i>Sleep Medicine</i> , 2018, 44, 4-11.	0.8	22
1004	Sleep duration in the United States 2003â€“2016: first signs of success in the fight against sleep deficiency?. <i>Sleep</i> , 2018, 41, .	0.6	56
1005	Chronic sleep disorder induced by psychophysiological stress induces glucose intolerance without adipose inflammation in mice. <i>Biochemical and Biophysical Research Communications</i> , 2018, 495, 2616-2621.	1.0	12

#	ARTICLE	IF	CITATIONS
1006	The weight of fatherhood: identifying mechanisms to explain paternal perinatal weight gain. <i>Health Psychology Review</i> , 2018, 12, 294-311.	4.4	26
1007	Reciprocal Interactions Among OSA, Obesity, and Sleep Duration. <i>Current Oral Health Reports</i> , 2018, 5, 102-107.	0.5	0
1008	Metabolic syndrome components: Is there a difference according to exposure to night work?. <i>Chronobiology International</i> , 2018, 35, 801-810.	0.9	7
1009	An examination of the relationship between binge eating disorder and insomnia symptoms. <i>European Eating Disorders Review</i> , 2018, 26, 186-196.	2.3	24
1010	Associations Between the Built Environment and Objective Measures of Sleep. <i>American Journal of Epidemiology</i> , 2018, 187, 941-950.	1.6	41
1011	The association between sleep duration and overweight or obesity in Taiwanese adults: A cross-sectional study. <i>Obesity Research and Clinical Practice</i> , 2018, 12, 384-388.	0.8	18
1012	Trends in the prevalence of underweight, obesity, abdominal obesity and their related lifestyle factors in Korean young adults, 1998-2012. <i>Obesity Research and Clinical Practice</i> , 2018, 12, 358-364.	0.8	13
1013	Characteristics of sleep-wake cycle and sleep duration in Japanese type 2 diabetes patients with visceral fat accumulation. <i>Journal of Diabetes Investigation</i> , 2018, 9, 63-68.	1.1	4
1014	Association of sleep impairments and gastrointestinal disorders in the context of the visceral theory of sleep. <i>Journal of Integrative Neuroscience</i> , 2018, 16, 143-156.	0.8	3
1015	The Impact of Daily Sleep Hours on the Health of Korean Middle-Aged Women. <i>Community Mental Health Journal</i> , 2018, 54, 166-170.	1.1	0
1016	Sleep restriction progress to cardiac autonomic imbalance. <i>Alexandria Journal of Medicine</i> , 2018, 54, 149-153.	0.4	4
1017	Sleep and circadian disruption and incident breast cancer risk: An evidence-based and theoretical review. <i>Neuroscience and Biobehavioral Reviews</i> , 2018, 84, 35-48.	2.9	71
1018	Meta-analysis on shift work and risks of specific obesity types. <i>Obesity Reviews</i> , 2018, 19, 28-40.	3.1	234
1019	Risk of type 2 diabetes in patients with insomnia: A population-based historical cohort study. <i>Diabetes/Metabolism Research and Reviews</i> , 2018, 34, e2930.	1.7	44
1020	Three nights leg thermal therapy could improve sleep quality in patients with chronic heart failure. <i>Heart and Vessels</i> , 2018, 33, 155-162.	0.5	8
1021	Comprehensive determinants of growth trajectories and body composition in school children: A longitudinal cohort study. <i>Obesity Research and Clinical Practice</i> , 2018, 12, 270-276.	0.8	8
1022	Association between long sleep duration and increased risk of obesity and type 2 diabetes: A review of possible mechanisms. <i>Sleep Medicine Reviews</i> , 2018, 40, 127-134.	3.8	113
1023	Persistence of social jetlag and sleep disruption in healthy young adults. <i>Chronobiology International</i> , 2018, 35, 312-328.	0.9	40

#	ARTICLE	IF	CITATIONS
1024	Eveningness is associated with skipping breakfast and poor nutritional intake in Brazilian undergraduate students. <i>Chronobiology International</i> , 2018, 35, 358-367.	0.9	51
1025	Association between sleep disorder and panic disorder in South Korea: Nationwide nested case-control study of data from 2004 to 2013. <i>Psychiatry Research</i> , 2018, 260, 286-291.	1.7	13
1026	Non suicidal self-injury, emotional eating and insomnia after child sexual abuse: Are those symptoms related to emotion regulation?. <i>Journal of Clinical Forensic and Legal Medicine</i> , 2018, 53, 17-21.	0.5	24
1027	Effectiveness of a school-based program focusing on diet and health habits taught through physical exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 331-337.	0.9	17
1028	Rest-activity circadian rhythm and sleep quality in patients with binge eating disorder. <i>Chronobiology International</i> , 2018, 35, 198-207.	0.9	39
1029	Traffic-related air pollution and childhood obesity in an Italian birth cohort. <i>Environmental Research</i> , 2018, 160, 479-486.	3.7	65
1030	Mutual influence of sleep and circadian clocks on physiology and cognition. <i>Free Radical Biology and Medicine</i> , 2018, 119, 8-16.	1.3	24
1031	Mediating effects of body mass index, physical activity, and emotional distress on the relationship between short sleep and cardiovascular disease. <i>Medicine (United States)</i> , 2018, 97, e11939.	0.4	21
1032	The Interactions Between Obesity, Sleep Quality, and Chronic Pain. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1965-1966.	1.4	3
1033	Association of sleep duration with metabolic syndrome and its components in children and adolescents; a propensity score-matched analysis: the CASPIAN-V study. <i>Diabetology and Metabolic Syndrome</i> , 2018, 10, 78.	1.2	16
1034	Sleep Quality and Sleep Duration with CKD are Associated with Progression to ESKD. <i>Clinical Journal of the American Society of Nephrology: CJASN</i> , 2018, 13, 1825-1832.	2.2	59
1035	The Associations between Dietary Patterns and Short Sleep Duration in Polish Adults (LifeStyle Study). <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2497.	1.2	13
1036	Determinants of body mass index by gender in the Dikgale Health and Demographic Surveillance System site, South Africa. <i>Global Health Action</i> , 2018, 11, 1537613.	0.7	19
1037	Adiponectin levels and sleep deprivation in patients with endocrine metabolic disorders. <i>Revista Da Associaç�o M�dica Brasileira</i> , 2018, 64, 1122-1128.	0.3	8
1038	Habitual Sleep Measures are Associated with Overall Body Fat, and not Specifically with Visceral Fat, in Men and Women. <i>Obesity</i> , 2018, 26, 1651-1658.	1.5	11
1039	The interplay between neuroendocrine and sleep alterations following traumatic brain injury. <i>NeuroRehabilitation</i> , 2018, 43, 327-345.	0.5	0
1040	Insufficient Sleep Duration Is Associated With Dietary Habits, Screen Time, and Obesity in Children. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1689-1696.	1.4	83
1041	Association Between Phase Coupling of Respiratory Sinus Arrhythmia and Slow Wave Brain Activity During Sleep. <i>Frontiers in Physiology</i> , 2018, 9, 1338.	1.3	13

#	ARTICLE	IF	CITATIONS
1042	Joining Parents' Bed at Night and Overweight among 2- to 6-Year-Old Children - Results from the 'Healthy Start' Randomized Intervention. <i>Obesity Facts</i> , 2018, 11, 372-380.	1.6	3
1043	Sleep Disturbances as a Risk Factor for Stroke. <i>Journal of Stroke</i> , 2018, 20, 12-32.	1.4	93
1044	Sleep-Wake Disorders in Stroke—Increased Stroke Risk and Deteriorated Recovery? An Evaluation on the Necessity for Prevention and Treatment. <i>Current Neurology and Neuroscience Reports</i> , 2018, 18, 72.	2.0	42
1045	The Effect of Circadian and Sleep Disruptions on Obesity Risk. <i>Journal of Obesity and Metabolic Syndrome</i> , 2018, 27, 78-83.	1.5	35
1046	Sleep duration and C-reactive protein: Associations among pregnant and non-pregnant women. <i>Journal of Reproductive Immunology</i> , 2018, 128, 9-15.	0.8	15
1047	Impact of sleep characteristics and obesity on diabetes and hypertension across genders and menopausal status: the Nagahama study. <i>Sleep</i> , 2018, 41, .	0.6	48
1048	Quantifying sleep architecture dynamics and individual differences using big data and Bayesian networks. <i>PLoS ONE</i> , 2018, 13, e0194604.	1.1	41
1049	Associations between sleep duration, sleep quality and diabetic retinopathy. <i>PLoS ONE</i> , 2018, 13, e0196399.	1.1	28
1050	The association between sleep duration, sleep quality, and food consumption in adolescents: A cross-sectional study using the Korea Youth Risk Behavior Web-based Survey. <i>BMJ Open</i> , 2018, 8, e022848.	0.8	40
1051	On the Drive Specificity of Freudian Drives for the Generation of SEEKING Activities: The Importance of the Underestimated Imperative Motor Factor. <i>Frontiers in Psychology</i> , 2018, 9, 616.	1.1	5
1052	Association between night-shift work, sleep quality and metabolic syndrome. <i>Occupational and Environmental Medicine</i> , 2018, 75, 716-723.	1.3	75
1053	WHO Environmental Noise Guidelines for the European Region: A Systematic Review on Environmental Noise and Effects on Sleep. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 519.	1.2	360
1054	A Review of the Literature Regarding Sleep and Cardiometabolic Disease in African Descent Populations. <i>Frontiers in Endocrinology</i> , 2018, 9, 140.	1.5	20
1055	Chronic Insufficient Sleep Has a Limited Impact on Circadian Rhythmicity of Subjective Hunger and Awakening Fasted Metabolic Hormones. <i>Frontiers in Endocrinology</i> , 2018, 9, 319.	1.5	27
1056	The relationship between sleep duration and obesity risk among school students: a cross-sectional study in Zhejiang, China. <i>Nutrition and Metabolism</i> , 2018, 15, 48.	1.3	26
1057	Children's Environmental Health in the Digital Era: Understanding Early Screen Exposure as a Preventable Risk Factor for Obesity and Sleep Disorders. <i>Children</i> , 2018, 5, 31.	0.6	22
1058	The Associations between Sleep Duration and Sleep Quality with Body-Mass Index in a Large Sample of Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 758.	1.2	49
1059	Association between Sleep Duration and Overweight/Obesity at Age 7–18 in Shenyang, China in 2010 and 2014. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 854.	1.2	5

#	ARTICLE	IF	CITATIONS
1060	Effect of Social Media on Child Obesity: Application of Structural Equation Modeling with the Taguchi Method. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1343.	1.2	23
1061	Insufficient Sleep Duration and Overweight/Obesity among Adolescents in a Chinese Population. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 997.	1.2	19
1062	Sleep Quality, Sleep Duration, and the Risk of Coronary Heart Disease: A Prospective Cohort Study With 60,586 Adults. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 109-117.	1.4	160
1063	A bidirectional relationship between sleep and oxidative stress in <i>Drosophila</i> . <i>PLoS Biology</i> , 2018, 16, e2005206.	2.6	116
1064	The Effect of Nutrition and Sleep Habits on Predisposition for Metabolic Syndrome in Greek Children. <i>Journal of Pediatric Nursing</i> , 2018, 40, e2-e8.	0.7	9
1065	Understanding time use via data mining: A clustering-based framework. <i>Intelligent Data Analysis</i> , 2018, 22, 597-616.	0.4	2
1066	Association of sleep duration with apolipoproteins and the apolipoprotein B/A1 ratio: the China health and nutrition survey. <i>Nutrition and Metabolism</i> , 2018, 15, 1.	1.3	60
1067	Association between lifestyle factors and suboptimal health status among Chinese college freshmen: a cross-sectional study. <i>BMC Public Health</i> , 2018, 18, 105.	1.2	33
1068	Self-Reported Sleep Duration and Quality and Cardiovascular Disease and Mortality: A Dose-Response Meta-Analysis. <i>Journal of the American Heart Association</i> , 2018, 7, e008552.	1.6	260
1069	Sleep quality is differentially related to adiposity in adults. <i>Psychoneuroendocrinology</i> , 2018, 98, 46-51.	1.3	26
1070	From pillow to podium: a review on understanding sleep for elite athletes. <i>Nature and Science of Sleep</i> , 2018, Volume 10, 243-253.	1.4	51
1071	Sleep duration and excess heart age among US adults. <i>Sleep Health</i> , 2018, 4, 448-455.	1.3	6
1072	Use of features from RR-time series and EEG signals for automated classification of sleep stages in deep neural network framework. <i>Biocybernetics and Biomedical Engineering</i> , 2018, 38, 890-902.	3.3	118
1073	Insomnia and depressive symptoms in relation to unhealthy eating behaviors in bariatric surgery candidates. <i>BMC Psychiatry</i> , 2018, 18, 153.	1.1	13
1074	New perspectives on chrononutrition. <i>Biological Rhythm Research</i> , 2019, 50, 63-77.	0.4	28
1075	SLEep among diabetic patients and their GlycaEmic control (SLEDGE): A pilot observational study. <i>Journal of Diabetes</i> , 2019, 11, 122-128.	0.8	5
1076	Association of Sleep Duration and Insomnia Symptoms with Components of Metabolic Syndrome and Inflammation in Middle-Aged and Older Adults with Metabolic Syndrome in Taiwan. <i>Nutrients</i> , 2019, 11, 1848.	1.7	32
1077	Population Approaches Targeting Metabolic Syndrome Focusing on Japanese Trials. <i>Nutrients</i> , 2019, 11, 1430.	1.7	20

#	ARTICLE	IF	CITATIONS
1078	Associations of Infant Sleep Duration with Body Composition and Cardiovascular Health to Mid-Adolescence: The PEAS Kids Growth Study. <i>Childhood Obesity</i> , 2019, 15, 379-386.	0.8	6
1079	Association of Sleep Duration with Obesity and Cardiometabolic Risk Factors in Children and Adolescents: A Population-Based Study. <i>Scientific Reports</i> , 2019, 9, 9463.	1.6	47
1080	Sleep quality is inversely related to body mass index among university students. <i>Revista Da Associação Médica Brasileira</i> , 2019, 65, 845-850.	0.3	17
1081	<p>Relationships between sleep patterns and metabolic profile in patients maintained on antipsychotics: a cross-sectional comparative study</p>. <i>Neuropsychiatric Disease and Treatment</i> , 2019, Volume 15, 2035-2047.	1.0	6
1082	Sleep debt: the impact of weekday sleep deprivation on cardiovascular health in older women. <i>Sleep</i> , 2019, 42, .	0.6	30
1083	Could emotional eating act as a mediator between sleep quality and food intake in female students?. <i>BioPsychoSocial Medicine</i> , 2019, 13, 15.	0.9	13
1084	Bridging the Reciprocal Gap between Sleep and Fruit and Vegetable Consumption: A Review of the Evidence, Potential Mechanisms, Implications, and Directions for Future Work. <i>Nutrients</i> , 2019, 11, 1382.	1.7	27
1085	Trends, Insights, and Approaches to Diet and Obesity. , 2019, , 137-167.		0
1086	Associations between nocturnal sleep duration, midday nap duration and body composition among adults in Southwest China. <i>PLoS ONE</i> , 2019, 14, e0223665.	1.1	16
1087	Fat Intake and Stress Modify Sleep Duration Effects on Abdominal Obesity. <i>Nutrients</i> , 2019, 11, 2535.	1.7	2
1088	Actigraphic Sleep and Dietary Macronutrient Intake in Children Aged 6â€“9 Years Old: A Pilot Study. <i>Nutrients</i> , 2019, 11, 2568.	1.7	6
1089	The Association Between Body Mass Index (BMI) and Sleep Duration: Where Are We after nearly Two Decades of Epidemiological Research?. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4327.	1.2	40
1090	â€œCleanseâ€•detoxification diet program in Appalachia: Participant characteristics and perceived health effects. <i>Journal of Complementary and Integrative Medicine</i> , 2020, 17, .	0.4	0
1091	The metabolic mind: A role for leptin and ghrelin in affect and social cognition. <i>Social and Personality Psychology Compass</i> , 2019, 13, e12496.	2.0	10
1092	Circulating Interleukin-6 concentration covaries inversely with self-reported sleep duration as a function of polymorphic variation in the glucocorticoid receptor. <i>Brain, Behavior, and Immunity</i> , 2019, 78, 21-30.	2.0	6
1093	Relationship between visceral fat obesity, sleep duration, and lifestyle habits among Japanese occupational population (FUJITSU Cardiovascular and Respiratory Observational Study-3; FACT-3). <i>Obesity Medicine</i> , 2019, 16, 100126.	0.5	1
1094	<i>NOCTURNIN</i> Gene Diurnal Variation in Healthy Volunteers and Expression Levels in Shift Workers. <i>BioMed Research International</i> , 2019, 2019, 1-8.	0.9	13
1095	Non-alcoholic fatty liver disease in lean individuals. <i>JHEP Reports</i> , 2019, 1, 329-341.	2.6	98

#	ARTICLE	IF	CITATIONS
1096	The relationship between the nutritional status and sleep quality of patients with atrial fibrillation. Journal of King Abdulaziz University, Islamic Economics, 2019, 40, 922-929.	0.5	5
1097	Sleep and obesity: the mediating role of health behaviors among African Americans. Sleep Health, 2019, 5, 193-200.	1.3	7
1098	The Concept of Sleep Ability and its Effect on Diabetes Control in Adults With Type 2 Diabetes. Canadian Journal of Diabetes, 2019, 43, 329-335.	0.4	5
1099	Traffic noise exposure in relation to adverse birth outcomes and body mass between birth and adolescence. Environmental Research, 2019, 169, 362-367.	3.7	22
1100	Weight-based victimization, eating behaviors, and weight-related health in Sexual and Gender Minority Adolescents. Appetite, 2019, 141, 104321.	1.8	48
1101	Extensive Phenotyping for Potential Weight-Inducing Factors in an Outpatient Population with Obesity. Obesity Facts, 2019, 12, 369-384.	1.6	11
1102	Functions and Circuits of REM Sleep. Handbook of Behavioral Neuroscience, 2019, , 249-267.	0.7	2
1103	Chronotype and social jet-lag in relation to body weight, appetite, sleep quality and fatigue. Biological Rhythm Research, 2021, 52, 1205-1216.	0.4	13
1104	Molecular Mechanisms of Cancer-Induced Sleep Disruption. International Journal of Molecular Sciences, 2019, 20, 2780.	1.8	65
1105	Association of Exposure to Artificial Light at Night While Sleeping With Risk of Obesity in Women. JAMA Internal Medicine, 2019, 179, 1061.	2.6	94
1106	Real-World Data in Support of Short Sleep Duration with Poor Glycemic Control, in People with Type 2 Diabetes Mellitus. Journal of Diabetes Research, 2019, 2019, 1-8.	1.0	11
1108	Adherence to the Mediterranean Diet is Associated with Better Sleep Quality in Italian Adults. Nutrients, 2019, 11, 976.	1.7	72
1109	Association between total sleep time and all cancer mortality: non-linear dose-response meta-analysis of cohort studies. Sleep Medicine, 2019, 60, 211-218.	0.8	28
1110	Correlation between sleep quality with diabetes self-care management on diabetes mellitus type 2 patients. AIP Conference Proceedings, 2019, , .	0.3	4
1111	Metabolic Consequences of Obstructive Sleep Apnea Especially Pertaining to Diabetes Mellitus and Insulin Sensitivity. Diabetes and Metabolism Journal, 2019, 43, 144.	1.8	47
1112	Joint and Individual Representation of Domains of Physical Activity, Sleep, and Circadian Rhythmicity. Statistics in Biosciences, 2019, 11, 371-402.	0.6	27
1113	Insufficient sleep and obesity. , 2019, , 189-201.		0
1114	Timing and Duration of Sleep in Hospitalized Children: An Observational Study. Hospital Pediatrics, 2019, 9, 333-339.	0.6	11

#	ARTICLE	IF	CITATIONS
1115	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
1116	Sleep: A pathway linking personality to mortality risk. <i>Journal of Research in Personality</i> , 2019, 81, 11-24.	0.9	7
1117	The influence of night-time electronic device use on subsequent sleep and propensity to be physically active the following day. <i>Chronobiology International</i> , 2019, 36, 717-724.	0.9	8
1118	The Neuronal Overexpression of Gclc in <i>Drosophila melanogaster</i> Induces Life Extension With Longevity-Associated Transcriptomic Changes in the Thorax. <i>Frontiers in Genetics</i> , 2019, 10, 149.	1.1	8
1119	Obesity, Diabetes, and Metabolic Syndrome. , 2019, , 153-173.		0
1120	Eating behaviours and dietary intake associations with self-reported sleep duration of free-living Brazilian adults. <i>Appetite</i> , 2019, 137, 207-217.	1.8	18
1121	Working against the biological clock: a review for the Occupational Physician. <i>Industrial Health</i> , 2019, 57, 557-569.	0.4	19
1122	Road traffic noise and markers of adiposity in the Danish Nurse Cohort: A cross-sectional study. <i>Environmental Research</i> , 2019, 172, 502-510.	3.7	18
1123	Sleep duration and body mass index: moderating effect of self-perceived stress and age. Results of a cross-sectional population-based study. <i>Eating and Weight Disorders</i> , 2019, 24, 1089-1097.	1.2	5
1124	Rested-Baseline Responsivity of the Ventral Striatum Is Associated With Caloric and Macronutrient Intake During One Night of Sleep Deprivation. <i>Frontiers in Psychiatry</i> , 2019, 9, 749.	1.3	3
1125	Experimental sleep restriction effect on adult body weight: a meta-analysis. <i>Sleep and Breathing</i> , 2019, 23, 1341-1350.	0.9	7
1126	Dose-response association between sleep duration and obesity risk: a systematic review and meta-analysis of prospective cohort studies. <i>Sleep and Breathing</i> , 2019, 23, 1035-1045.	0.9	54
1127	A single pair of leucokinin neurons are modulated by feeding state and regulate sleepâ€™metabolism interactions. <i>PLoS Biology</i> , 2019, 17, e2006409.	2.6	71
1128	Longitudinal Associations of Sleep Duration, Morning and Evening Cortisol, and BMI During Childhood. <i>Obesity</i> , 2019, 27, 645-652.	1.5	7
1129	Sleep and Obesity in Children and Adolescents. , 2019, , 147-178.		7
1130	Sleep, Autonomic Nervous Function and Atherosclerosis. <i>International Journal of Molecular Sciences</i> , 2019, 20, 794.	1.8	23
1131	Cross-sectional associations of objectively assessed sleep duration with physical activity, BMI and television viewing in German primary school children. <i>BMC Pediatrics</i> , 2019, 19, 54.	0.7	12
1132	Sleep duration and apolipoprotein B in metabolically healthy and unhealthy overweight/obese phenotypes: a cross-sectional study in Chinese adults. <i>BMJ Open</i> , 2019, 9, e023817.	0.8	5

#	ARTICLE	IF	CITATIONS
1134	Shift rotation, circadian misalignment and excessive body weight influence psychomotor performance: a prospective and observational study under real life conditions. <i>Scientific Reports</i> , 2019, 9, 19333.	1.6	6
1135	Assessment of sleep and obesity in adults and children. <i>Medicine (United States)</i> , 2019, 98, e17642.	0.4	24
1136	Causal Effect of Sleep Duration on Body Weight in Adolescents. <i>Epidemiology</i> , 2019, 30, 876-884.	1.2	7
1137	The effect of mindfulness meditation on sleep quality: a systematic review and meta-analysis of randomized controlled trials. <i>Annals of the New York Academy of Sciences</i> , 2019, 1445, 5-16.	1.8	204
1138	The Global Problem of Insufficient Sleep and Its Serious Public Health Implications. <i>Healthcare (Switzerland)</i> , 2019, 7, 1.	1.0	368
1139	Sleep Duration and Mortality in Patients With Coronary Artery Disease. <i>American Journal of Cardiology</i> , 2019, 123, 874-881.	0.7	16
1140	Sleep Deprivation Selectively Upregulates an Amygdala-Hypothalamic Circuit Involved in Food Reward. <i>Journal of Neuroscience</i> , 2019, 39, 888-899.	1.7	46
1141	Influence of Sleep Duration on Postpartum Weight Change in Black and Hispanic Women. <i>Obesity</i> , 2019, 27, 295-303.	1.5	15
1142	Sleep influences on cardio-metabolic health in Indigenous populations. <i>Sleep Medicine</i> , 2019, 59, 78-87.	0.8	5
1143	Coupling the Circadian Clock to Homeostasis: The Role of Period in Timing Physiology. <i>Endocrine Reviews</i> , 2019, 40, 66-95.	8.9	41
1144	Short sleep duration is associated with inadequate hydration: cross-cultural evidence from US and Chinese adults. <i>Sleep</i> , 2019, 42, .	0.6	18
1145	Presence of Small Screens in Bedrooms Is Associated With Shorter Sleep Duration and Later Bedtimes in Children With Obesity. <i>Academic Pediatrics</i> , 2019, 19, 515-519.	1.0	7
1146	A Network Analysis of Biomarkers for Type 2 Diabetes. <i>Diabetes</i> , 2019, 68, 281-290.	0.3	28
1147	Longer sleep duration during infancy and toddlerhood predicts weight normalization among high birth weight infants. <i>Sleep</i> , 2019, 42, .	0.6	9
1148	The role of modifiable health-related behaviors in the association between PTSD and respiratory illness. <i>Behaviour Research and Therapy</i> , 2019, 115, 64-72.	1.6	9
1149	Preliminary Agreement on Tracking Sleep Between a Wrist-Worn Device Fitbit Alta and Consensus Sleep Diary. <i>Telemedicine Journal and E-Health</i> , 2019, 25, 1189-1197.	1.6	13
1150	Sleep, Abdominal Obesity, and Metabolic Syndrome. , 2019, , 3-18.		0
1151	Sleep duration and quality are associated with eating behavior in low-income toddlers. <i>Appetite</i> , 2019, 135, 100-107.	1.8	34

#	ARTICLE	IF	CITATIONS
1152	Association between diet quality and sleep apnea in the Multi-Ethnic Study of Atherosclerosis. <i>Sleep</i> , 2019, 42, .	0.6	40
1153	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , 2019, 109, 96-106.	1.5	83
1154	Physical Manifestations of Obesity. , 2019, , 195-210.		1
1155	Association between family dinner and BMI in adults: data from the 2013 to 2015 Korean National Health and Nutrition Examination Survey. <i>Public Health Nutrition</i> , 2019, 22, 681-688.	1.1	5
1156	Sleep and circadian rhythm disruption and stress intersect in Alzheimer's disease. <i>Neurobiology of Stress</i> , 2019, 10, 100133.	1.9	41
1157	Associations of sleep duration and quality with serum and hepatic lipids: The Netherlands Epidemiology of Obesity Study. <i>Journal of Sleep Research</i> , 2019, 28, e12776.	1.7	14
1158	Obesity and sleep disturbance: the chicken or the egg?. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2158-2165.	5.4	125
1159	Association between unhealthy dietary behaviors and sleep disturbances among Japanese adolescents: a nationwide representative survey. <i>Sleep and Biological Rhythms</i> , 2019, 17, 93-102.	0.5	27
1160	Association between REM sleep and obstructive sleep apnea in obese and overweight adolescents. <i>Sleep and Breathing</i> , 2019, 23, 645-650.	0.9	5
1161	Diet quality, dietary patterns and short sleep duration: a cross-sectional population-based study. <i>European Journal of Nutrition</i> , 2019, 58, 641-651.	1.8	80
1162	Metabolic and cardiovascular consequences of shift work: The role of circadian disruption and sleep disturbances. <i>European Journal of Neuroscience</i> , 2020, 51, 396-412.	1.2	122
1163	Gender-specific change in leptin concentrations during long-term CPAP therapy. <i>Sleep and Breathing</i> , 2020, 24, 191-199.	0.9	4
1164	Accelerometer-Measured Sleep Duration and Clinical Cardiovascular Risk Factor Scores in Older Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 1771-1778.	1.7	12
1165	Association of LEP-rs7799039 and ADIPOQ-rs2241766 polymorphisms with sleep duration in preschool age children. <i>Sleep Medicine</i> , 2020, 66, 68-75.	0.8	3
1166	Sleep debt and prevalence of proteinuria in subjects with short sleep duration on weekdays: a cross-sectional study. <i>Clinical and Experimental Nephrology</i> , 2020, 24, 143-150.	0.7	4
1167	Factors associated with overweight and obesity in adults using structural equation model: mediation effect of physical activity and dietary pattern. <i>Eating and Weight Disorders</i> , 2020, 25, 1561-1571.	1.2	12
1168	Neurobehavioural complications of sleep deprivation: Shedding light on the emerging role of neuroactive steroids. <i>Journal of Neuroendocrinology</i> , 2020, 32, e12792.	1.2	14
1169	Biobehavioral variation in human water needs: How adaptations, early life environments, and the life course affect body water homeostasis. <i>American Journal of Human Biology</i> , 2020, 32, e23338.	0.8	29

#	ARTICLE	IF	CITATIONS
1170	Association of Sleep Duration with Weight Gain and General and Central Obesity Risk in Chinese Adults: A Prospective Study. <i>Obesity</i> , 2020, 28, 468-474.	1.5	20
1171	Sleep duration and overweight in Chinese adolescents: a prospective longitudinal study with 2-year follow-up. <i>Sleep and Breathing</i> , 2020, 24, 321-328.	0.9	10
1172	Short sleep duration and food intake: an overview and analysis of the influence of the homeostatic and hedonic system. <i>Nutrire</i> , 2020, 45, .	0.3	3
1173	Sleep Health: An Opportunity for Public Health to Address Health Equity. <i>Annual Review of Public Health</i> , 2020, 41, 81-99.	7.6	168
1174	Are long working hours associated with weight-related outcomes? A meta-analysis of observational studies. <i>Obesity Reviews</i> , 2020, 21, e12977.	3.1	9
1175	Sleep Inconsistency and Markers of Inflammation. <i>Frontiers in Neurology</i> , 2020, 11, 1042.	1.1	38
1176	Sleep and Obesity: Mechanisms of Association. <i>Rational Pharmacotherapy in Cardiology</i> , 2020, 16, 564-570.	0.3	1
1177	Bedroom ventilation: Review of existing evidence and current standards. <i>Building and Environment</i> , 2020, 184, 107229.	3.0	47
1178	The effects of COVID-19 quarantine on eating and sleeping behaviors. <i>Nutrire</i> , 2020, 45, .	0.3	13
1179	Associations between paediatric fatigue and eating behaviours. <i>Obesity Science and Practice</i> , 2020, 6, 507-515.	1.0	1
1180	Beneficial effects of weekend catch-up sleep on metabolic syndrome in chronic short sleepers. <i>Sleep Medicine</i> , 2020, 76, 26-32.	0.8	12
1181	Association of sleep trajectory in adulthood with risk of hypertension and its related risk factors: the China Health and Nutrition Survey. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 515-521.	1.4	5
1182	Sleep disturbance and insomnia in individuals seeking bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , 2020, 16, 940-947.	1.0	5
1183	Associations of Urinary Phytoestrogen Concentrations with Sleep Disorders and Sleep Duration among Adults. <i>Nutrients</i> , 2020, 12, 2103.	1.7	10
1184	Influence of screen time and sleep duration on obesity in early adolescents. <i>Paediatrica Indonesiana</i> , 2020, 60, 154-9.	0.0	1
1185	Influence of the Accumulation of Unhealthy Eating Habits on Obesity in a General Japanese Population: The Hisayama Study. <i>Nutrients</i> , 2020, 12, 3160.	1.7	16
1186	Should public safety shift workers be allowed to nap while on duty?. <i>American Journal of Industrial Medicine</i> , 2020, 63, 843-850.	1.0	13
1187	Association of sleep duration with risk of all-cause mortality and poor quality of dying in oldest-old people: a community-based longitudinal study. <i>BMC Geriatrics</i> , 2020, 20, 357.	1.1	12

#	ARTICLE	IF	CITATIONS
1188	â€œSnack Attackâ€. <i>ADCES in Practice</i> , 2020, 8, 52-53.	0.2	0
1189	Neurologic Manifestations of Systemic Disease: Sleep Disorders. <i>Current Treatment Options in Neurology</i> , 2020, 22, 30.	0.7	5
1190	Identifying factors associated with obesity traits in undergraduate students: a scoping review. <i>International Journal of Public Health</i> , 2020, 65, 1193-1204.	1.0	4
1191	Prevalence and social determinants of overweight and obesity in adolescents in Saudi Arabia: A systematic review. <i>Clinical Obesity</i> , 2020, 10, e12400.	1.1	19
1192	Association between sleep duration and quality and depressive symptoms among university students: A cross-sectional study. <i>PLoS ONE</i> , 2020, 15, e0238811.	1.1	16
1193	Adolescent sleep characteristics and body-mass index in the Family Life, Activity, Sun, Health, and Eating (FLASHE) Study. <i>Scientific Reports</i> , 2020, 10, 13277.	1.6	11
1194	Subacute Ingestion of Caffeine and Oolong Tea Increases Fat Oxidation without Affecting Energy Expenditure and Sleep Architecture: A Randomized, Placebo-Controlled, Double-Blinded Cross-Over Trial. <i>Nutrients</i> , 2020, 12, 3671.	1.7	17
1195	Sleep Disturbance Induces Increased Cholesterol Level by NR1D1 Mediated CYP7A1 Inhibition. <i>Frontiers in Genetics</i> , 2020, 11, 610496.	1.1	13
1196	Restfulness from sleep and subsequent cardiovascular disease in the general population. <i>Scientific Reports</i> , 2020, 10, 19674.	1.6	17
1197	Sleep Extension: A Potential Target for Obesity Treatment. <i>Current Diabetes Reports</i> , 2020, 20, 81.	1.7	15
1198	Mining sequences in activities for time use analysis. <i>Intelligent Data Analysis</i> , 2020, 24, 339-362.	0.4	1
1199	Regulation of energy intake and mechanisms of metabolic adaptation or maladaptation after caloric restriction. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2020, 21, 399-409.	2.6	9
1200	Associations of short sleep duration with appetite-regulating hormones and adipokines: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2020, 21, e13051.	3.1	53
1201	Obesity: novel and unusual predisposing factors. <i>Therapeutic Advances in Endocrinology and Metabolism</i> , 2020, 11, 204201882092201.	1.4	10
1202	Association between Sleep Duration and Body Composition in Girls Ten to Eighteen Years of Age: A Population-Based Study. <i>Childhood Obesity</i> , 2020, 16, 281-290.	0.8	6
1203	Serum Ghrelin Levels in Saudi Obese Asthmatic School-Childrenâ€™ Correlation with Interleukin-4, Interleukin-5, and Interleukin-21. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1656.	1.2	7
1204	Association of Sleep Duration and Overweight/Obesity among Children in China. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1962.	1.2	13
1205	Short sleep is associated with higher prevalence and increased predicted risk of cardiovascular diseases in an Iranian population: Fasa PERSIAN Cohort Study. <i>Scientific Reports</i> , 2020, 10, 4608.	1.6	31

#	ARTICLE	IF	CITATIONS
1206	Melatonin Relations with Energy Metabolism as Possibly Involved in Fatal Mountain Road Traffic Accidents. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2184.	1.8	4
1207	Metabolic Factors Determining the Susceptibility to Weight Gain: Current Evidence. <i>Current Obesity Reports</i> , 2020, 9, 121-135.	3.5	13
1208	Association between Sleep Duration and Incident Chronic Kidney Disease: A Population-Based Cohort Analysis of the NAGALA Study. <i>Kidney and Blood Pressure Research</i> , 2020, 45, 339-349.	0.9	11
1209	Long weekend sleep is linked to stronger academic performance in male but not female pharmacy students. <i>American Journal of Physiology - Advances in Physiology Education</i> , 2020, 44, 350-357.	0.8	3
1210	Exploring Relationships of Sleep Duration with Eating and Physical Activity Behaviors among Canadian University Students. <i>Clocks & Sleep</i> , 2020, 2, 194-207.	0.9	12
1211	Associations of sleep and depression with obesity and sarcopenia in middle-aged and older adults. <i>Maturitas</i> , 2020, 142, 1-7.	1.0	18
1212	Chrono-Nutrition and Diet Quality in Adolescents with Delayed Sleep-Wake Phase Disorder. <i>Nutrients</i> , 2020, 12, 539.	1.7	10
1213	Night shift work, short sleep and obesity. <i>Diabetology and Metabolic Syndrome</i> , 2020, 12, 13.	1.2	44
1214	The relationship between sleep and problematic smartphone use among adolescents: A systematic review. <i>Developmental Review</i> , 2020, 55, 100897.	2.6	36
1215	Towards a comprehensive theory of obesity and a healthy diet: The causal role of oxidative stress in food addiction and obesity. <i>Behavioural Brain Research</i> , 2020, 384, 112560.	1.2	53
1216	Late bedtime and dental caries incidence in Kuwaiti children: A longitudinal multilevel analysis. <i>Community Dentistry and Oral Epidemiology</i> , 2020, 48, 181-187.	0.9	16
1217	Sleeping Time, BMI, and Body Fat in Chinese Freshmen and Their Interrelation. <i>Obesity Facts</i> , 2020, 13, 179-190.	1.6	17
1218	Effects of Sleep Duration on Cardiovascular Events. <i>Current Cardiology Reports</i> , 2020, 22, 18.	1.3	10
1219	Relationship between nutrition and sleep quality, focusing on the melatonin biosynthesis. <i>Sleep and Biological Rhythms</i> , 2020, 18, 89-99.	0.5	28
1220	Sleep, health, and human capital: Evidence from daylight saving time. <i>Journal of Economic Behavior and Organization</i> , 2020, 170, 174-192.	1.0	30
1221	Sleep duration rather than sleep timing is associated with obesity in adolescents. <i>Sleep Medicine</i> , 2020, 68, 184-189.	0.8	17
1222	Association between objectively measured sleep duration, adiposity and weight loss history. <i>International Journal of Obesity</i> , 2020, 44, 1577-1585.	1.6	13
1223	Pathophysiology of Obesity-Induced Health Complications. , 2020, , .		2

#	ARTICLE	IF	CITATIONS
1224	Sleep Extension Increases the Effect of Caloric Restriction Over Body Weight and Improves the Chronic Low-Grade Inflammation in Adolescents With Obesity. <i>Journal of Adolescent Health</i> , 2020, 66, 575-581.	1.2	16
1225	Relationship between sleep and obesity among U.S. and South Korean college students. <i>BMC Public Health</i> , 2020, 20, 96.	1.2	35
1226	Metabolomics, sleepiness, and sleep duration in sleep apnea. <i>Sleep and Breathing</i> , 2020, 24, 1327-1332.	0.9	5
1227	Age and sex differences in the association between sleep duration and general and abdominal obesity at 6-year follow-up: the rural Chinese cohort study. <i>Sleep Medicine</i> , 2020, 69, 71-77.	0.8	11
1228	Circadian Changes in Gut Peptide Levels and Obesity. , 2020, , 25-34.		0
1229	Modulation and Consequences of Sleep Duration in Child Obesity. , 2020, , 95-101.		0
1230	Impact of Sleep Restriction on Food Intake and Food Choice. , 2020, , 217-228.		2
1231	Acute Sleep Curtailment Increases Sweet Taste Preference, Appetite and Food Intake in Healthy Young Adults: A Randomized Crossover Trial. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2020, 10, 47.	1.0	3
1232	Association between sleep duration and osteoarthritis and their prevalence in Koreans: A cross-sectional study. <i>PLoS ONE</i> , 2020, 15, e0230481.	1.1	13
1233	Epigenetic Regulation of Circadian Rhythm and Its Possible Role in Diabetes Mellitus. <i>International Journal of Molecular Sciences</i> , 2020, 21, 3005.	1.8	16
1234	The immune-sleep crosstalk in inflammatory bowel disease. <i>Sleep Medicine</i> , 2020, 73, 38-46.	0.8	8
1235	Moderate Sleep Restriction and Body Composition. , 2020, , 229-234.		0
1236	Neurological Modulations of Sleep. , 2020, , 317-324.		0
1237	Time use: The role of sleep. <i>Transportation Research, Part A: Policy and Practice</i> , 2020, 136, 1-20.	2.0	1
1238	Associations of sleep quality, sleep apnea and autonomic function with insulin secretion and sensitivity: HSCAA study. <i>Metabolism Open</i> , 2020, 6, 100033.	1.4	11
1239	The Digital Media Environment and Cardiovascular Risk in Children. <i>Canadian Journal of Cardiology</i> , 2020, 36, 1440-1447.	0.8	3
1240	Evaluation of Stress-related Behavioral and Biological Activity of <i>Ocimum sanctum</i> Extract in Rats. <i>Biotechnology and Bioprocess Engineering</i> , 2020, 25, 170-180.	1.4	2
1241	Insulin resistance and obesity. , 2020, , 1-70.		0

#	ARTICLE	IF	CITATIONS
1242	Relationship between night shift work, eating habits and BMI among nurses in Lebanon. <i>BMC Nursing</i> , 2020, 19, 25.	0.9	31
1243	The impact of sleep duration and sleep quality on glycaemic control in Asian population with type 2 diabetes mellitus: A systematic literature review and meta-analysis of observational studies. <i>Clinical Epidemiology and Global Health</i> , 2020, 8, 967-975.	0.9	13
1244	The Association Between Habitual Sleep Duration and Mortality According to Sex and Age: The Japan Public Health Center-based Prospective Study. <i>Journal of Epidemiology</i> , 2021, 31, 109-118.	1.1	9
1245	Systematic review and meta-analyses of the relationship between short sleep and incidence of obesity and effectiveness of sleep interventions on weight gain in preschool children. <i>Obesity Reviews</i> , 2021, 22, e13113.	3.1	50
1246	Sleep quality, sleep latency, and sleep duration: a national comparative study of university students in Jordan. <i>Sleep and Breathing</i> , 2021, 25, 1147-1154.	0.9	14
1247	Weight status, dietary habits, physical activity, screen time and sleep duration among university students. <i>Nutrition and Health</i> , 2021, 27, 69-78.	0.6	9
1248	Beneficial effects of a high protein breakfast on fullness disappear after a night of short sleep in nonobese, premenopausal women. <i>Physiology and Behavior</i> , 2021, 229, 113269.	1.0	1
1249	Does a delayed school start time cause students to exercise less? Evidence from South Korea. <i>Economics and Human Biology</i> , 2021, 41, 100962.	0.7	1
1250	Comparison and prediction of sleep quality in users of bed or hammock as sleeping device. <i>Sleep Health</i> , 2021, 7, 93-97.	1.3	1
1251	Sleep disruption and duration are associated with variants in genes involved in energy homeostasis in adults with HIV/AIDS. <i>Sleep Medicine</i> , 2021, 82, 84-95.	0.8	2
1252	The influence of acute partial sleep deprivation on liking, choosing and consuming high- and low-energy foods. <i>Food Quality and Preference</i> , 2021, 88, 104074.	2.3	3
1253	The relationship between sleep quality and breakfast, mid-morning snack, and dinner and physical activity habits among adolescents: a cross-sectional study in Yazd, Iran. <i>Sleep and Biological Rhythms</i> , 2021, 19, 79-84.	0.5	6
1254	Management of Type 2 Diabetes: Current Strategies, Unfocused Aspects, Challenges, and Alternatives. <i>Medical Principles and Practice</i> , 2021, 30, 109-121.	1.1	31
1255	Cluster analysis identifies a pathophysiologically distinct subpopulation with increased serum leptin levels and severe obstructive sleep apnea. <i>Sleep and Breathing</i> , 2021, 25, 767-776.	0.9	5
1256	Sleep duration and risk of overall and 22 site-specific cancers: A Mendelian randomization study. <i>International Journal of Cancer</i> , 2021, 148, 914-920.	2.3	28
1257	Sleep duration trajectories from adolescence to emerging adulthood: Findings from a population-based birth cohort. <i>Journal of Sleep Research</i> , 2021, 30, e13155.	1.7	6
1258	Effect of maternal sleep in late pregnancy on leptin and lipid levels in umbilical cord blood. <i>Sleep Medicine</i> , 2021, 77, 376-383.	0.8	6
1259	Association of sleep, screen time and physical activity with overweight and obesity in Mexico. <i>Eating and Weight Disorders</i> , 2021, 26, 169-179.	1.2	14

#	ARTICLE	IF	CITATIONS
1260	The Role of Sleep Curtailment on Leptin Levels in Obesity and Diabetes Mellitus. <i>Obesity Facts</i> , 2021, 14, 214-221.	1.6	23
1261	Study on Type 2 Diabetes and Sleep Disorders. <i>Advances in Clinical Medicine</i> , 2021, 11, 604-610.	0.0	0
1262	Association Between Obstructive Sleep Apnea and Metabolic Abnormalities in Patients With Hypertrophic Cardiomyopathy. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2021, 106, e2309-e2321.	1.8	3
1263	A chrononutrition perspective of diet quality and eating behaviors of Brazilian adolescents in associated with sleep duration. <i>Chronobiology International</i> , 2021, 38, 387-399.	0.9	9
1265	The quality and duration of sleep are related to hedonic hunger: a cross-sectional study in university students. <i>Sleep and Biological Rhythms</i> , 2021, 19, 163-172.	0.5	6
1266	The effect of daily fast food consumption, family size, weight-caused stress, and sleep quality on eating disorder risk in teenagers. <i>Sleep and Breathing</i> , 2021, 25, 1527-1533.	0.9	2
1267	Mechanisms of Insulin Resistance at the Crossroad of Obesity with Associated Metabolic Abnormalities and Cognitive Dysfunction. <i>International Journal of Molecular Sciences</i> , 2021, 22, 546.	1.8	62
1268	Circadian Rhythms of the Hypothalamus: From Function to Physiology. <i>Clocks & Sleep</i> , 2021, 3, 189-226.	0.9	38
1269	The association between sleep duration and excess body weight of the American adult population: a cross-sectional study of the national health and nutrition examination survey 2015-2016. <i>BMC Public Health</i> , 2021, 21, 335.	1.2	10
1270	Associations Between Self-Reported Sleep Duration and Mortality in Employed Individuals: Systematic Review and Meta-Analysis. <i>American Journal of Health Promotion</i> , 2021, 35, 853-865.	0.9	14
1272	Polysomnographic indicators of restorative sleep and body mass trajectories in the Wisconsin Sleep Cohort Study. <i>Sleep</i> , 2021, 44, .	0.6	2
1274	Associations between health-related family environment and objective child sleep quality. <i>Journal of Paediatrics and Child Health</i> , 2021, 57, 1031-1036.	0.4	2
1275	Sleep duration and obesity in children and adolescents: evidence from an updated and dose-response meta-analysis. <i>Sleep Medicine</i> , 2021, 78, 169-181.	0.8	36
1276	How Healthy Are Health-Related Behaviors in University Students: The HOLISTic Study. <i>Nutrients</i> , 2021, 13, 675.	1.7	23
1277	Associations of sleep duration and fruit and vegetable intake with the risk of metabolic syndrome in Chinese adults. <i>Medicine (United States)</i> , 2021, 100, e24600.	0.4	3
1278	Patterns of Eating Associated with Sleep Characteristics: A Pilot Study among Individuals of Mexican Descent at the US-Mexico Border. <i>Behavioral Sleep Medicine</i> , 2022, 20, 212-223.	1.1	5
1279	Modeling Risk Factors for Sleep- and Adiposity-Related Cardiometabolic Disease: Protocol for the Short Sleep Undermines Cardiometabolic Health (SLUMBRx) Observational Study. <i>JMIR Research Protocols</i> , 2021, 10, e27139.	0.5	2
1280	The interplay of sleep duration, working hours, and obesity in Korean male workers: The 2010-2015 Korea National Health and Nutrition Examination Survey. <i>PLoS ONE</i> , 2021, 16, e0247746.	1.1	3

#	ARTICLE	IF	CITATIONS
1281	Biological Rhythm and Chronotype: New Perspectives in Health. <i>Biomolecules</i> , 2021, 11, 487.	1.8	99
1282	Later bedtime is associated with angina pectoris in middle-aged and older adults: results from the Sleep Heart Health Study. <i>Sleep Medicine</i> , 2021, 79, 1-5.	0.8	4
1283	The case for investigating a bidirectional association between insomnia symptoms and eating disorder pathology. <i>International Journal of Eating Disorders</i> , 2021, 54, 701-707.	2.1	18
1284	Distinct Relevance of Nightly Sleep Duration to Metabolic, Anthropometric, and Lifestyle Factors in Patients with Type 2 Diabetes. <i>Internal Medicine</i> , 2021, 60, 681-688.	0.3	1
1285	Eat, Train, Sleep—Retreat? Hormonal Interactions of Intermittent Fasting, Exercise and Circadian Rhythm. <i>Biomolecules</i> , 2021, 11, 516.	1.8	18
1286	Effects of Ramadan intermittent fasting on leptin and adiponectin: a systematic review and meta-analysis. <i>Hormones</i> , 2021, 20, 237-246.	0.9	13
1287	Regular aerobic exercise counteracts endothelial vasomotor dysfunction associated with insufficient sleep. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2021, 320, H1080-H1088.	1.5	14
1288	Indoor nocturnal noise is associated with body mass index and blood pressure: a cross-sectional study. <i>BMC Public Health</i> , 2021, 21, 815.	1.2	7
1289	The Relationships between Sleep and Mental and Physical Health of Chinese Elderly: Exploring the Mediating Roles of Diet and Physical Activity. <i>Nutrients</i> , 2021, 13, 1316.	1.7	14
1290	Sleep and Performance during a Preseason in Elite Rugby Union Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4612.	1.2	11
1291	Effect of Air Pollution on Obesity in Children: A Systematic Review and Meta-Analysis. <i>Children</i> , 2021, 8, 327.	0.6	34
1292	An Efficient Segmentation Algorithm to Estimate Sleep Duration from Actigraphy Data. <i>Statistics in Biosciences</i> , 2021, 13, 563-583.	0.6	7
1293	History of Weight Cycling Is Prospectively Associated With Shorter and Poorer-Quality Sleep and Higher Sleep Apnea Risk in Diverse US Women. <i>Journal of Cardiovascular Nursing</i> , 2021, Publish Ahead of Print, 573-581.	0.6	4
1294	Marriage contributes to higher obesity risk in China: findings from the China Health and Nutrition Survey. <i>Annals of Translational Medicine</i> , 2021, 9, 564-564.	0.7	15
1295	Food literacy and food choice – a survey-based psychometric profiling of consumer behaviour. <i>British Food Journal</i> , 2021, 123, 124-141.	1.6	12
1296	Thermoregulation and Sleep: Functional Interaction and Central Nervous Control. , 2021, 11, 1591-1604.		8
1297	Eating habits of children and adolescents during the COVID-19 pandemic: The impact of social isolation. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 670-678.	1.3	41
1298	Can treatment of obesity reduce depression or vice versa?. <i>Journal of Psychiatry and Neuroscience</i> , 2021, 46, E313-E318.	1.4	6

#	ARTICLE	IF	CITATIONS
1299	Association between habitual sleep duration/quality and appetite markers in individuals with obesity. <i>Physiology and Behavior</i> , 2021, 232, 113345.	1.0	7
1300	Daytime Napping and Nighttime Sleep Duration with Incident Diabetes Mellitus: A Cohort Study in Chinese Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5012.	1.2	24
1301	Effect of interaction between obesity-promoting genetic variants and behavioral factors on the risk of obese phenotypes. <i>Molecular Genetics and Genomics</i> , 2021, 296, 919-938.	1.0	6
1302	Sleeping patterns and childhood obesity: an epidemiological study in 1,728 children in Greece. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1093-1101.	1.4	11
1303	Long Working Hours and Risk of Nonalcoholic Fatty Liver Disease: Korea National Health and Nutrition Examination Survey VII. <i>Frontiers in Endocrinology</i> , 2021, 12, 647459.	1.5	13
1304	A primer on sleep for MFTs: Implications and practical considerations. <i>Journal of Marital and Family Therapy</i> , 2022, 48, 543-559.	0.6	3
1305	Association of road traffic noise exposure and prevalence of coronary artery disease: A cross-sectional study in North India. <i>Environmental Science and Pollution Research</i> , 2021, 28, 53458-53477.	2.7	12
1306	Importance of circadian timing for aging and longevity. <i>Nature Communications</i> , 2021, 12, 2862.	5.8	106
1307	Relationship between sleep duration and quality and glycated hemoglobin, body mass index, and self-reported health in Marshallese adults. <i>Sleep Health</i> , 2021, 7, 332-338.	1.3	3
1308	A screen for sleep and starvation resistance identifies a wake-promoting role for the auxiliary channel unc79. <i>G3: Genes, Genomes, Genetics</i> , 2021, 11, .	0.8	2
1309	Association of Rotating Night Shift Work with Body Fat Percentage and Fat Mass Index among Female Steelworkers in North China. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6355.	1.2	8
1310	Effects of ad libitum food intake, insufficient sleep and weekend recovery sleep on energy balance. <i>Sleep</i> , 2021, 44, .	0.6	7
1311	Sleep education improves knowledge but not sleep quality among medical students. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1211-1215.	1.4	11
1312	Shared genetic architecture underlying sleep and weight in children. <i>Sleep Medicine</i> , 2021, 83, 40-44.	0.8	1
1313	Sleep, Physical Activity, and Diet of Adults during the Second Lockdown of the COVID-19 Pandemic in Greece. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7292.	1.2	14
1314	Phenotypes of obstructive sleep apnea in the Hispanic Community Health Study/Study of Latinos. <i>Sleep</i> , 2021, 44, .	0.6	9
1315	The Potential Role of Sleep in Promoting a Healthy Body Composition: Underlying Mechanisms Determining Muscle, Fat, and Bone Mass and Their Association with Sleep. <i>Neuroendocrinology</i> , 2022, 112, 673-701.	1.2	16
1316	Association of overweight, obesity and insufficient sleep duration and related lifestyle factors among school children and adolescents. <i>International Journal of Adolescent Medicine and Health</i> , 2022, 34, 31-40.	0.6	5

#	ARTICLE	IF	CITATIONS
1317	Sleep duration and eating behaviours are associated with body composition in 5-year-old children: findings from the ROLO longitudinal birth cohort study. <i>British Journal of Nutrition</i> , 2021, , 1-11.	1.2	3
1318	Efficacy of a Multi-Component m-Health Diet, Physical Activity, and Sleep Intervention on Dietary Intake in Adults with Overweight and Obesity: A Randomised Controlled Trial. <i>Nutrients</i> , 2021, 13, 2468.	1.7	4
1319	Insomnia symptoms are associated with metabolic syndrome in patients with severe psychiatric disorders. <i>Sleep Medicine</i> , 2021, 83, 168-174.	0.8	6
1320	Effect of sleep duration on dietary intake, desire to eat, measures of food intake and metabolic hormones: A systematic review of clinical trials. <i>Clinical Nutrition ESPEN</i> , 2021, 45, 55-65.	0.5	13
1321	Associations of impaired glucose tolerance and sleep disorders with mortality among the US general population. <i>BMJ Open Diabetes Research and Care</i> , 2021, 9, e002047.	1.2	2
1322	Advances in the Treatment of Chronic Insomnia: A Narrative Review of New Nonpharmacologic and Pharmacologic Therapies. <i>Neuropsychiatric Disease and Treatment</i> , 2021, Volume 17, 2549-2566.	1.0	22
1323	A Comparison of Physical Activity Levels, Sleep Disrupting Behavior, and Stress/Affective Distress as Predictors of Sleep as Indexed by Actigraphy. <i>Journal of Physical Activity and Health</i> , 2021, 18, 937-948.	1.0	2
1324	Genetically Predicted Insomnia in Relation to 14 Cardiovascular Conditions and 17 Cardiometabolic Risk Factors: A Mendelian Randomization Study. <i>Journal of the American Heart Association</i> , 2021, 10, e020187.	1.6	21
1325	The negative relationship of dietary inflammatory index and sleeping quality in obese and overweight women. <i>International Journal for Vitamin and Nutrition Research</i> , 2023, 93, 219-225.	0.6	3
1326	Poor Sleep Associated with Clinically Severe Obesity Is Independent of OSA Status. <i>Obesity Surgery</i> , 2021, 31, 4734-4740.	1.1	5
1327	Culturally-consistent diet among individuals of Mexican descent at the US-Mexico border is associated with sleep duration and snoring. <i>BMC Nutrition</i> , 2021, 7, 53.	0.6	0
1328	Metabolic health measurements of shift workers in a national cross-sectional study: Results from the Canadian Health Measures Survey. <i>American Journal of Industrial Medicine</i> , 2021, 64, 895-904.	1.0	1
1329	Sleep extension and metabolic health in male overweight/obese short sleepers: A randomised controlled trial. <i>Journal of Sleep Research</i> , 2022, 31, e13469.	1.7	11
1330	Human circadian variations. <i>Journal of Clinical Investigation</i> , 2021, 131, .	3.9	50
1331	Effects of sleep intervention on glucose control: A narrative review of clinical evidence. <i>Primary Care Diabetes</i> , 2021, 15, 635-641.	0.9	5
1332	The impact of circadian timing on energy balance: an extension of the energy balance model. <i>Health Psychology Review</i> , 2022, 16, 161-203.	4.4	2
1333	Association of Sleep Duration With All- and Major-Cause Mortality Among Adults in Japan, China, Singapore, and Korea. <i>JAMA Network Open</i> , 2021, 4, e2122837.	2.8	58
1334	Sleep duration, Health Promotion Index (HPI), sRAGE and ApoE- μ 4 genotype are associated with telomere length (TL) in healthy elderly Australians. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, , .	1.7	4

#	ARTICLE	IF	CITATIONS
1335	Consequências nutricionais da privação de sono em crianças e adolescentes: uma revisão integrativa. <i>Research, Society and Development</i> , 2021, 10, e557101119903.	0.0	0
1336	The Mediating Effect of Anxiety in the Relationship between Nightmares and Night Eating Syndrome in Female Undergraduate Students. <i>Sleep Medicine Research</i> , 2021, 12, 169-169.	0.2	0
1337	Is self-reported short sleep duration associated with obesity? A systematic review and meta-analysis of cohort studies. <i>Nutrition Reviews</i> , 2022, 80, 983-1000.	2.6	15
1338	Day-to-day variation in sleep duration is associated with increased all-cause mortality. <i>Journal of Clinical Sleep Medicine</i> , 2022, 18, 921-926.	1.4	3
1339	Disruption of the circadian rhythms and its relationship with pediatric obesity. <i>Pediatrics International</i> , 2022, 64, .	0.2	14
1340	Association between low carbohydrate diet (LCD) and sleep quality by mediating role of inflammatory factors in women with overweight and obesity: A cross-sectional study. <i>Food Science and Nutrition</i> , 2021, 9, 6252-6261.	1.5	2
1341	Does Modern Lifestyle Favor Neuroimmunometabolic Changes? A Path to Obesity. <i>Frontiers in Nutrition</i> , 2021, 8, 705545.	1.6	9
1342	Association between sitting/lying down, standing, walking time and number of steps per day with the hormonal profile and resting energy expenditure of women with obesity living in a low-income region. <i>British Journal of Nutrition</i> , 2022, 128, 646-652.	1.2	2
1343	Obesity and Postmenopausal Hormone Receptor-positive Breast Cancer: Epidemiology and Mechanisms. <i>Endocrinology</i> , 2021, 162, .	1.4	15
1344	Metabolic Disturbances Induced by Sleep Restriction as Potential Triggers for Alzheimer's Disease. <i>Frontiers in Integrative Neuroscience</i> , 2021, 15, 722523.	1.0	5
1345	Effects of Obesogenic Feeding and Free Fatty Acids on Circadian Secretion of Metabolic Hormones: Implications for the Development of Type 2 Diabetes. <i>Cells</i> , 2021, 10, 2297.	1.8	9
1346	The association between chronotype and sleep quality, and cardiometabolic markers in patients with schizophrenia. <i>Chronobiology International</i> , 2022, 39, 77-88.	0.9	7
1347	Effects of dual-task training with blood flow restriction on cognitive functions, muscle quality, and circulatory biomarkers in elderly women. <i>Physiology and Behavior</i> , 2021, 239, 113500.	1.0	13
1348	Sleep duration and metabolic syndrome: An updated systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 59, 101451.	3.8	40
1349	Understanding insomnia as systemic disease. <i>Yeungnam University Journal of Medicine</i> , 2021, 38, 267-274.	0.7	4
1350	Emotional eating, binge eating, physical inactivity, and vespertine chronotype are negative predictors of dietary practices during COVID-19 social isolation: A cross-sectional study. <i>Nutrition</i> , 2021, 90, 111223.	1.1	21
1351	Sleep duration, baseline cardiovascular risk, inflammation and incident cardiovascular mortality in ambulatory U.S. Adults: National health and nutrition examination survey. <i>American Journal of Preventive Cardiology</i> , 2021, 8, 100246.	1.3	8
1352	Sleep deprivation in two Saskatchewan First Nation communities: a public health consideration. <i>Sleep Medicine: X</i> , 2021, 3, 100037.	0.5	6

#	ARTICLE	IF	CITATIONS
1353	RSSDI clinical practice recommendations for screening, diagnosis, and treatment in type 2 diabetes mellitus with obstructive sleep apnea. <i>International Journal of Diabetes in Developing Countries</i> , 2021, 41, 4-21.	0.3	2
1354	Good Sleep as an Important Pillar for a Healthy Life. <i>University of Tehran Science and Humanities Series</i> , 2021, , 167-195.	0.1	1
1355	Induced insufficient sleep syndrome. , 2021, , .		0
1356	Association between Sleep Disturbance with Weight-for-Height and Body Mass Index in Preschoolers. <i>JUXTA Jurnal Ilmiah Mahasiswa Kedokteran Universitas Airlangga</i> , 2021, 12, 19.	0.0	0
1357	Diabetes and sleep. <i>New Nigerian Journal of Clinical Research</i> , 2021, 10, 1.	0.1	0
1358	HUBUNGAN INDEKS MASSA TUBUH TERHADAP KUALITAS TIDUR PADA LANJUT USIA DI DESA PENATIH. <i>Prepotif</i> , 2020, 5, 103-109.	0.0	0
1360	Obesity and polycystic ovary syndrome. <i>Clinical Endocrinology</i> , 2021, 95, 531-541.	1.2	106
1361	Sleeve gastrectomy in patients with severe obesity restores circadian rhythms and their relationship with sleep pattern. <i>Chronobiology International</i> , 2021, 38, 565-575.	0.9	2
1362	Association of sleep duration with all-cause and disease-specific mortality in US adults. <i>Journal of Epidemiology and Community Health</i> , 2021, 75, 556-561.	2.0	17
1364	Behavior, Energy Balance, and Cancer: An Overview. , 2010, , 233-266.		2
1365	Effects of Sleep Deficiency on Hormones, Cytokines, and Metabolism. , 2014, , 25-50.		9
1366	Maternal Determinants of Childhood Obesity: Weight Gain, Smoking, and Breastfeeding. , 2010, , 93-102.		1
1367	Sleep/Wake Disturbances in Mild Traumatic Brain Injury Patients. , 2020, , 129-150.		1
1368	Overweight/Obesity and Concurrent Disorders, Symptoms, Behaviour, and Body Temperature. , 2020, , 43-77.		3
1369	Objective and Subjective Aspects of the Drive to Eat in Obesogenic Environments. , 2016, , 195-230.		2
1371	Design of a Web-Based Information System for Sleep Deprivation " A Trial Study. <i>Communications in Computer and Information Science</i> , 2012, , 41-51.	0.4	7
1372	Sleep duration and health outcomes: an umbrella review. <i>Sleep and Breathing</i> , 2022, 26, 1479-1501.	0.9	37
1373	Sleep Medicine, Public Policy, and Public Health. , 2017, , 638-645.e4.		1

#	ARTICLE	IF	CITATIONS
1374	Peptides and Sleep. , 2006, , 1521-1528.		5
1375	Endocrine Rhythms, the Sleep-Wake Cycle, and Biological Clocks. , 2010, , 199-229.		7
1377	Disrupted Sleep and Delayed Recovery from Chronic Peripheral Neuropathy Are Distinct Phenotypes in a Rat Model of Metabolic Syndrome. <i>Anesthesiology</i> , 2010, 113, 1176-1185.	1.3	16
1379	The influence of sleep health on dietary intake: a systematic review and meta-analysis of intervention studies. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 273-285.	1.3	30
1381	Maternal, child and family factors in childhood obesity. <i>International Journal of Diabetes and Metabolism</i> , 2009, 17, 111-112.	0.7	10
1382	Association between short and long sleep durations and cardiovascular outcomes: a systematic review and meta-analysis. <i>European Heart Journal: Acute Cardiovascular Care</i> , 2019, 8, 762-770.	0.4	88
1383	Effects of acute and chronic sleep deprivation on cardiovascular regulation. <i>Archives Italiennes De Biologie</i> , 2015, 152, 103-10.	0.1	35
1384	Traditional and Emerging Lifestyle Risk Behaviors and All-Cause Mortality in Middle-Aged and Older Adults: Evidence from a Large Population-Based Australian Cohort. <i>PLoS Medicine</i> , 2015, 12, e1001917.	3.9	180
1385	Energy Stores Are Not Altered by Long-Term Partial Sleep Deprivation in <i>Drosophila melanogaster</i> . <i>PLoS ONE</i> , 2009, 4, e6211.	1.1	16
1386	Optimal Sleep Duration in the Subarctic with Respect to Obesity Risk Is 8-9 Hours. <i>PLoS ONE</i> , 2013, 8, e56756.	1.1	22
1387	An Investigation into the Strength of the Association and Agreement Levels between Subjective and Objective Sleep Duration in Adolescents. <i>PLoS ONE</i> , 2013, 8, e72406.	1.1	128
1388	Association between Sleep Duration and Urinary Albumin Excretion in Patients with Type 2 Diabetes: The Fukuoka Diabetes Registry. <i>PLoS ONE</i> , 2013, 8, e78968.	1.1	31
1389	Diurnal Intermittent Fasting during Ramadan: The Effects on Leptin and Ghrelin Levels. <i>PLoS ONE</i> , 2014, 9, e92214.	1.1	41
1390	Occupational Electromagnetic Field Exposures Associated with Sleep Quality: A Cross-Sectional Study. <i>PLoS ONE</i> , 2014, 9, e110825.	1.1	15
1391	General and Abdominal Obesity Is Related to Physical Activity, Smoking and Sleeping Behaviours and Mediated by the Educational Level: Findings from the ANIBES Study in Spain. <i>PLoS ONE</i> , 2016, 11, e0169027.	1.1	24
1392	Association of usual sleep quality and glycemic control in type 2 diabetes in Japanese: A cross sectional study. <i>Sleep and Food Registry in Kanagawa (SOREKA)</i> . <i>PLoS ONE</i> , 2018, 13, e0191771.	1.1	39
1393	The Effects of Ramelteon on Glucose Metabolism and Sleep Quality in Type 2 Diabetic Patients With Insomnia: A Pilot Prospective Randomized Controlled Trial. <i>Journal of Clinical Medicine Research</i> , 2016, 8, 878-887.	0.6	18
1394	Obstructive sleep apnea and obesity: implications for public health. <i>Sleep Medicine and Disorders: International Journal</i> , 2017, 1, .	0.8	58

#	ARTICLE	IF	CITATIONS
1395	Sleep deprivation-induced multi-organ injury: role of oxidative stress and inflammation. EXCLI Journal, 2015, 14, 672-83.	0.5	48
1396	Early Childhood Obesity Prevention Policies. , 2011, , .		44
1397	The Metabolic Syndrome in Hispanics â€œ The Role of Inflammation. Global Journal of Obesity, Diabetes and Metabolic Syndrome, 0, , 012-017.	0.2	3
1398	Sleep Habits and Dietary Intake Among Preschool Children in Qazvin. Journal of Comprehensive Pediatrics, 2014, 5, .	0.1	3
1399	Sleeping Beauty or the Beast? â€œ The Metabolic Syndrome from an Obstructive Sleep Apnoea Perspective. European Endocrinology, 2010, 9, 12.	0.8	2
1400	The sleep-feeding conflict: Understanding behavioral integration through genetic analysis in Drosophila. Aging, 2010, 2, 519-522.	1.4	19
1401	Interaction effects of significant risk factors on overweight or obesity among 7222 preschoolâ€œaged children from Beijing. Aging, 2020, 12, 15462-15477.	1.4	10
1402	Excessive daytime sleepiness and metabolic syndrome in men with obstructive sleep apnea: a large cross-sectional study. Oncotarget, 2017, 8, 79693-79702.	0.8	15
1403	Hubungan Konsumsi Camilan dan Durasi Waktu Tidur dengan Obesitas di Permukiman Padat Kelurahan Simolawang, Surabaya. Amerta Nutrition, 2017, 1, 153.	0.1	3
1404	Hubungan Durasi Tidur dengan Kejadian Overweight dan Obesitas pada Tenaga Kependidikan di Lingkungan Kampus C Universitas Airlangga. Amerta Nutrition, 2019, 3, 89.	0.1	2
1405	Healthy Diet and Reduction of Chronic Disease Risks of Night Shift Workers. Current Medicinal Chemistry, 2019, 26, 3521-3541.	1.2	6
1406	Circadian-Hypoxia Link and its Potential for Treatment of Cardiovascular Disease. Current Pharmaceutical Design, 2019, 25, 1075-1090.	0.9	20
1407	Nutritional Modulators of Sleep Disorders. The Open Nutraceuticals Journal, 2012, 5, 1-14.	0.2	3
1408	Sleep Quality Prediction From Wearable Data Using Deep Learning. JMIR MHealth and UHealth, 2016, 4, e125.	1.8	133
1409	Association between shift work and obesity in a large sample of Iranian steel industry workers. Arhiv Za Higijenu Rada I Toksikologiju, 2019, 70, 194-200.	0.4	5
1410	Sleep-deprived cognitive impairment in aging mice is alleviated by rapamycin. Aging Pathobiology and Therapeutics, 2019, 1, 05-09.	0.3	10
1411	https://pubmed.ncbi.nlm.nih.gov/17969862/ . Dialogues in Clinical Neuroscience, 2007, 9, 237-255.	1.8	11
1412	Chronic sleep deprivation and seasonality: implications for the obesity epidemic. Journal of Endocrinological Investigation, 2011, 34, 793-800.	1.8	37

#	ARTICLE	IF	CITATIONS
1413	Chronobiology and obesity. <i>Nutricion Hospitalaria</i> , 2013, 28 Suppl 5, 114-20.	0.2	13
1414	The Relationship between Snoring Noise and Hearing Impairment in Snorers and Their Spouses. <i>Korean Journal of Otorhinolaryngology-Head and Neck Surgery</i> , 2016, 59, 770.	0.0	1
1415	Association between duration of the sleep and body weight. <i>Physiological Research</i> , 2009, 58 Suppl 1, S27-S31.	0.4	22
1416	US Trends in Prevalence of Sleep Problems and Associations with Chronic Kidney Disease and Mortality. <i>Kidney360</i> , 2020, 1, 458-468.	0.9	4
1417	Associations between Self-Reported Sleep Quality and Duration and Dietary Consumptions, Psychological Symptoms, and Obesity in Korean Adults. <i>Preventive Nutrition and Food Science</i> , 2017, 22, 271-276.	0.7	5
1418	Nonalcoholic fatty liver disease in lean subjects: Prognosis, outcomes and management. <i>World Journal of Gastroenterology</i> , 2020, 26, 6514-6528.	1.4	25
1419	Interactive association of sleep duration and sleep quality with the prevalence of metabolic syndrome in adult Chinese males. <i>Experimental and Therapeutic Medicine</i> , 2020, 19, 841-848.	0.8	10
1420	Worksite-Induced Morbidities Among Truck Drivers in the United States. <i>AAOHN Journal</i> , 2010, 58, 285-296.	0.5	90
1421	The Effect of Work Shift and Sleep Duration on Various Aspects of Police Officers' Health. <i>Workplace Health and Safety</i> , 2012, 60, 215-222.	0.7	16
1423	Report on childhood obesity in China (10): association of sleep duration with obesity. <i>Biomedical and Environmental Sciences</i> , 2012, 25, 133-40.	0.2	23
1424	Psychological issues in pediatric obesity. <i>Industrial Psychiatry</i> , 2012, 21, 11.	0.3	31
1425	Effects of Wen Dan Tang on insomnia-related anxiety and levels of the brain-gut peptide Ghrelin. <i>Neural Regeneration Research</i> , 2014, 9, 205.	1.6	33
1426	Sleep disorders in type 2 diabetes. <i>Indian Journal of Endocrinology and Metabolism</i> , 2017, 21, 758.	0.2	83
1427	Sleep quality and body composition variations in obese male adults after 14 weeks of yoga intervention: A randomized controlled trial. <i>International Journal of Yoga</i> , 2017, 10, 128.	0.4	29
1428	Association between community noise and adiposity in patients with cardiovascular disease. <i>Noise and Health</i> , 2017, 19, 270.	0.4	10
1429	Factors influencing the consumption of convenience foods among Korean adolescents: analysis of data from the 15th (2019) Korea Youth Risk Behavior Web-based Survey. <i>Journal of Nutrition and Health</i> , 2020, 53, 255.	0.2	14
1430	Adolescent Sleep: Review of Characteristics, Consequences, and Intervention. <i>Journal of Sleep Disorders-- Treatment & Care</i> , 2012, 01, .	0.1	4
1431	Patterns of Association of Health Problems with Sleep- Wake Timing and Duration. <i>Journal of Sleep Disorders-- Treatment & Care</i> , 2013, 02, .	0.1	3

#	ARTICLE	IF	CITATIONS
1432	Induction of NAFLD with Increased Risk of Obesity and Chronic Diseases in Developed Countries. <i>Open Journal of Endocrine and Metabolic Diseases</i> , 2014, 04, 90-110.	0.2	24
1433	Epidemiology of insomnia: A review of the Global and Indian scenario. <i>Indian Journal of Sleep Medicine</i> , 2013, 8, 100-110.	0.2	7
1434	Prevalence of overweight, obesity, and associated risk factors in healthy female adolescents in Tehran, Iran. <i>Central Asian Journal of Global Health</i> , 2019, 8, 413.	0.6	6
1435	Does stress at work make you gain weight? A two-year longitudinal study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2011, 37, 45-53.	1.7	38
1436	Disciplined sleep for healthy living: Role of noradrenaline. <i>World Journal of Neurology</i> , 2017, 7, 6.	0.6	2
1437	Time in Bed Is Associated with Decreased Physical Activity and Higher BMI in Women Seeking Weight Loss Treatment. <i>ISRN Obesity</i> , 2012, 2012, 1-6.	2.2	2
1438	Short Sleep Times Predict Obesity in Internal Medicine Clinic Patients. <i>Journal of Clinical Sleep Medicine</i> , 2007, 03, 681-688.	1.4	32
1439	Associations of Dietary Intake and Physical Activity with Sleep Disordered Breathing in the Apnea Positive Pressure Long-term Efficacy Study (APPLES). <i>Journal of Clinical Sleep Medicine</i> , 2008, 04, 411-418.	1.4	45
1440	Short Duration of Sleep Is Associated with Hyperleptinemia in Taiwanese Adults. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 1049-1055.	1.4	12
1441	Among Metabolic Factors, Significance of Fasting and Postprandial Increases in Acyl and Desacyl Ghrelin and the Acyl/Desacyl Ratio in Obstructive Sleep Apnea before and after Treatment. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 895-905.	1.4	16
1442	Investigating the Effect of Fasting on Appetite Regulatory Hormones in Thin and Obese Females. <i>Jundishapur Journal of Chronic Disease Care</i> , 2018, 7, .	0.1	1
1443	The contribution of modern 24-hour society to the development of type 2 diabetes mellitus: the role of insufficient sleep. <i>Sleep Science</i> , 2019, 12, 227-231.	0.4	7
1444	Hunger hormone and sleep responses to the built-in blue-light filter on an electronic device: a pilot study. <i>Sleep Science</i> , 2019, 12, 171-177.	0.4	14
1445	Back and neck pain and poor sleep quality in adolescents are associated even after controlling for confounding factors: An epidemiological study. <i>Sleep Science</i> , 2020, 13, 107-112.	0.4	3
1446	A Systematic Review on Sleep Duration and Dyslipidemia in Adolescents: Understanding Inconsistencies. <i>Arquivos Brasileiros De Cardiologia</i> , 2015, 105, 418-25.	0.3	13
1447	Sleep hygiene and good sleep habits: A review. <i>Indian Journal of Sleep Medicine</i> , 2012, 7, 134-138.	0.2	1
1448	Sleep deprivation is related to obesity and low intake of energy and carbohydrates among working Iranian adults: a cross sectional study. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2014, 23, 84-90.	0.3	12
1449	Sleep and Obesity. <i>Journal of Obesity and Metabolic Syndrome</i> , 2018, 27, 4-24.	1.5	33

#	ARTICLE	IF	CITATIONS
1450	Association between Sleep Duration and Obesity in Young Korean Adults. The Korean Journal of Obesity, 2016, 25, 207-214.	0.2	7
1451	Sleep Problems as Predictors in Attention-Deficit Hyperactivity Disorder: Causal Mechanisms, Consequences and Treatment. Clinical Psychopharmacology and Neuroscience, 2017, 15, 9-18.	0.9	34
1452	Different Endocrine Effects of an Evening Dose of Amitriptyline, Escitalopram, and Placebo in Healthy Participants. Clinical Psychopharmacology and Neuroscience, 2018, 16, 253-261.	0.9	3
1453	Gender differences affecting the relationship between sleep attitudes, sleep behaviors and sleep outcomes. Cogent Psychology, 2021, 8, .	0.6	1
1454	Sleep duration and risk of hyperlipidemia: a systematic review and meta-analysis of prospective studies. Sleep and Breathing, 2022, 26, 997-1010.	0.9	3
1455	Effects of sleep habits on acute myocardial infarction risk and severity of coronary artery disease in Chinese population. BMC Cardiovascular Disorders, 2021, 21, 481.	0.7	10
1456	Association Between Sleep Pattern, Anthropometric Indicators, and Metabolic Risk Factors. Sleep and Vigilance, 0, , 1.	0.4	0
1457	Lifestyle considerations in multiple myeloma. Blood Cancer Journal, 2021, 11, 172.	2.8	11
1458	Association of skipping breakfast and short sleep duration with the prevalence of metabolic syndrome in the general Japanese population: Baseline data from the Japan Multi-Institutional Collaborative cohort study. Preventive Medicine Reports, 2021, 24, 101613.	0.8	6
1461	Sleep in aging. , 2006, , 59-65.		1
1462	Association between Reduced Sleep and Weight Gain in Women. Yearbook of Pulmonary Disease, 2008, 2008, 291-292.	0.4	0
1463	Sleep Deprivation and Obesity. , 2008, , 320-341.		2
1464	A Neurochemical Perspective on States of Consciousness. Contemporary Clinical Neuroscience, 2009, , 33-80.	0.3	0
1466	Metabolic Syndrome and Sleep. , 2009, , 789-793.		0
1468	Circadian Clock and The Cardiometabolic Risk. Indonesian Biomedical Journal, 2010, 2, 16.	0.2	0
1469	Circadian Rhythm Sleep Disorders. , 2010, , 131-144.		9
1470	ESTADO NUTRICIONAL DE TRABAJADORES BAJO TURNOS ROTATIVOS O PERMANENTES. Revista Chilena De Nutricion, 2010, 37, 446-454.	0.1	3
1472	Medication Induced Poor Sleep And Neurocognitive Consequences In Allergic Rhinitis: A Brief Review. The Internet Journal of Family Practice, 2011, 9, .	0.1	2

#	ARTICLE	IF	CITATIONS
1473	Privaci3n de sueo y somnolencia. , 2011, , 22-28.		0
1474	Nitrosative Stress in Diverse Multisystem Diseases. , 2012, , 71-215.		0
1475	An Epidemiological Study of the Relationship between Smoking Status and Insomnia among Japanese Adolescents. Journal of the Nihon University Medical Association, 2012, 71, 428-435.	0.0	0
1476	Sleep/Wake Disturbances in Mild Traumatic Brain Injury Patients. , 2012, , 119-137.		0
1479	Epidemiology of insomnia: A review of the global and Indian scenario. Indian Journal of Sleep Medicine, 2013, 8, 100.	0.2	2
1480	Insufficient Sleep and Weight Status in High School Students: Should we be Focusing on the Extremes?. Children's Health Care, 0, , 130117103830009.	0.5	0
1481	Molecular Aspects of Obesity and Insulin Resistance in Metabolic Syndrome and Neurological Disorders. , 2013, , 143-189.		0
1482	Circadian Control of Islet Function. , 2013, , 1-19.		0
1483	Correlation between Sleep Quality and Snack Intake in Third Year Middle and High School Students in the Gwangju Area. Journal of the Korean Society of Food Science and Nutrition, 2013, 42, 212-222.	0.2	3
1484	Future Directions in Obesity Research and Treatment. , 2013, , 583-593.		0
1485	Serotonin 100 words. British Journal of Psychiatry, 2013, 203, 23-23.	1.7	0
1486	Promoting Cardiovascular Health. , 2014, , 463-480.		0
1487	Body Mass Index of First Nations youth in Ontario, Canada: influence of sleep and screen time. Rural and Remote Health, 0, , .	0.4	4
1488	Association Between Sleep Duration and Glycemic Control Among Patients with Type 2 Diabetes Mellitus in India. Indian Journal of Sleep Medicine, 2014, 9, 22-28.	0.2	0
1489	Why OSA may be Regarded as the Real Hidden Killer in Diabetes. Journal of Endocrinology and Diabetes, 2014, 1, .	0.2	1
1490	'Sleep Quality Is Related to Hyperinsulinemia In Postmenopausal Women'. T3rk Jinekoloji Ve Obstetrik Dernei Dergisi, 2014, 11, 35-41.	0.3	0
1491	Circadian Control of Islet Function. , 2015, , 687-706.		0
1492	MODELING SLEEP AND WAKE BOUTS IN DROSOPHILA MELANOGASTER. Conference on Applied Statistics in Agriculture, 0, , .	0.0	0

#	ARTICLE	IF	CITATIONS
1493	Missing Breakfast, Sleep and Exercise: Are You Skipping Out Years of Life. Journal of Nutrition and Health Sciences, 2014, 1, .	0.2	0
1494	Two Cases of Sleep Disturbance Effectively Treated with Sansoninto in Type 2 Diabetes Mellitus. Kampo Medicine, 2015, 66, 28-33.	0.1	1
1495	Diagnostik und Ä„tiologie der Adipositas. , 2015, , 357-369.		0
1496	Overtime, Shift Work, Poor Sleep and the Effects on Obesity: A Public Health Problem. , 2015, 06, .		0
1497	Endocrineâ€“Metabolic Disorders and Sleep Medicine. , 2015, , 443-450.		0
1498	Risco para sÃ„ndrome da apneia obstrutiva do sono e sua relaÃ„Ã£o com consumo alimentar. Revista Neurociencias, 2015, 23, 567-574.	0.0	0
1499	Correlation between Occupational Stress, Lifestyle, and Hyperglycemia among Obese and Non-Obese Middle-Aged Japanese Male Workers. Health, 2016, 08, 1082-1088.	0.1	0
1500	Obesity as a Noticeable Cause of Physical Stress;A Study on Relationship of Physical Exertion and Cardiovascular Parameters. International Journal of Endorsing Health Science Research (ijehsr), 2016, 4, 39.	0.0	0
1501	Effect of sleep duration and physical activity on certain important body composition parameters among medical students. Asian Journal of Medical Sciences, 2016, 7, 56-60.	0.0	0
1502	Lifestyle Changes. , 2016, , 149-164.		0
1503	Bariatric surgery and surgical devices in obesity management. British Journal of Diabetes, 2016, 16, 156.	0.1	0
1504	The Influence of a Standard Workweek on Obesity Among Male Workers: An Occupational Intervention in South Korea. SSRN Electronic Journal, 0, , .	0.4	0
1505	Health Effects of Acute and Chronic Sleep Deprivation in Different Age Groups. Indian Journal of Sleep Medicine, 2017, 12, 1-4.	0.2	0
1506	Obesity and Circadian System. Advances in Obesity Weight Management & Control, 2017, 6, .	0.4	0
1507	Relationship among Sleep Quality Physical Health Conditions and Lifestyle Habits among Elementary School Students. Open Journal of Psychiatry, 2017, 07, 235-247.	0.2	0
1508	Vigilance Disorders in Permanent Night Workers: The Case of the Medical Staff. Open Journal of Nursing, 2017, 07, 409-418.	0.2	0
1510	Assessment of Obesity and Circadian Rhythm Irregularities of Disabled People. Journal of Food and Nutrition Sciences, 2018, 6, 18.	0.2	0
1511	Sleep, Pregnancy, and Nutrition. , 2018, , 109-115.		0

#	ARTICLE	IF	CITATIONS
1512	Relação entre o nível de atividade física e a duração do sono de servidores técnico-administrativos de uma universidade do Sul do Brasil. Revista Brasileira De Medicina Do Trabalho, 2018, 16, 305-311.	0.1	1
1513	Efficacy of Sleep Special Technique on Young Healthy Yoga Practitioners. Indian Journal of Sleep Medicine, 2018, 13, 42-47.	0.2	2
1514	Short sleep duration is related to kidney-related biomarkers, but not lipid profile and diet quality in diabetic nephropathy patients. International Journal for Vitamin and Nutrition Research, 2018, 88, 39-49.	0.6	2
1515	Investigating the Effect of Fasting on Appetite Regulatory Hormones in Thin and Obese Females. Jundishapur Journal of Chronic Disease Care, 2018, 7, .	0.1	1
1517	Melatonin, leptin, and ghrelin levels in nurses working night shifts. Journal of Surgery and Medicine, 0, , .	0.0	0
1518	The Mediating Effect of Anxiety in the Relationship between Nightmares and Night Eating Syndrome in Female Undergraduate Students. Sleep Medicine Research, 2018, 9, 104-109.	0.2	1
1519	Physiological Sleep and Cardiovascular Disease. , 2019, , 1-13.		0
1520	Association Between Ageing and REM Sleep Loss: Noradrenaline Acting as a Mediator. , 2019, , 109-126.		0
1521	Health Behaviors and Dietary Habits according to Sleep Duration in Korean Adults Based on the 2013-2015 Korea National Health and Nutrition Examination Survey. Korean Journal of Health Promotion, 2019, 19, 237.	0.1	6
1522	Sleep Quality and Blood Lipid Composition Among Patients with Diabetes. International Journal of Endocrinology and Metabolism, 2019, 17, e81062.	0.3	13
1523	Relationship between obesity, physical activity, sleeping hours and red blood cell parameters in adult Sudanese population. Annals of Medical Physiology, 2019, 3, 21-26.	0.2	1
1524	Association between Neutrophil to Lymphocyte Ratio and Inflammatory Markers in Hemodialysis Patients. The Egyptian Journal of Hospital Medicine, 2019, 77, 5681-5689.	0.0	2
1525	Typing It All Together. , 2020, , 241-274.		0
1527	Sleep disorders interactions with obesity and type 2 diabetes. Obesity and Metabolism, 2019, 16, 25-30.	0.4	3
1528	Features of melatonin and serotonin secretion in young women with different body weight and their relationship with the development of insulin resistance. Magyarországi Endokrinológiai és Nőgyógyászati Társaság Éves Konferenciájának Közleményei, 2019, 15, 443-452.	0.1	0
1529	Hőzönési egységfogalom : övezetek, naiv elméletek, mítoszok vagy laikus értelmezések, Magyar Pedagógia, 2020, 120, 33-46.	0.2	2
1530	Association Between Obesity and Poor Sleep: A Review of Epidemiological Evidence. , 2020, , 155-167.		0
1532	Correlation between body mass index and sleep patterns & duration among medical students. Indian Journal of Clinical Anatomy and Physiology, 2020, 7, 87-90.	0.1	0

#	ARTICLE	IF	CITATIONS
1533	A Comparative Study on the Quality of Sleep, Tongue Diagnosis, and Oral Microbiome in Accordance to the Korean Medicine Pattern Differentiation of Insomnia. <i>Journal of Korean Medicine for Obesity Research</i> , 2020, 20, 40-51.	0.7	2
1534	Effect of BMI and Perceived Importance of Health on the Health Behavior of College Students: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e17640.	2.1	3
1535	Effects of Sleep Patterns on the Subjective Health Status in Older Men from the 7th Korea National Health and Nutrition Examination Survey, 2016. <i>Annals of Geriatric Medicine and Research</i> , 2020, 24, 107-114.	0.7	1
1536	Adult ADHD in Sleepâ€“Wake Disorders. , 2020, , 235-252.		0
1538	Physiological Sleep and Cardiovascular Disease. , 2020, , 561-573.		0
1539	Sleep and Health. , 2020, , 2052-2055.		0
1540	Social Jetlag and Emerging Adultsâ€™ Performance in a Behavioral Weight Loss Trial. <i>Emerging Adulthood</i> , 0, , 216769682098243.	1.4	1
1541	Mixture of hidden Markov models for accelerometer data. <i>Annals of Applied Statistics</i> , 2020, 14, .	0.5	3
1542	Clinical and metabolic characteristics of the Diabetes Intervention Accentuating Diet and Enhancing Metabolism (DIADEM-I) randomised clinical trial cohort. <i>BMJ Open</i> , 2020, 10, e041386.	0.8	5
1543	Sleep and Circadian Rhythm Disturbances in Eating Disorders. <i>Chronobiology in Medicine</i> , 2020, 2, 141-147.	0.2	5
1544	Prevalence and Correlates of Sleep Quality Among Jordanian University Students: A Cross-Sectional National Study. <i>Evaluation and the Health Professions</i> , 2022, 45, 176-182.	0.9	5
1545	Direct and indirect effects of poor sleep quality on BMI and waist circumference in a female population-based study in Southern Brazil. <i>Public Health Nutrition</i> , 2021, 24, 895-902.	1.1	2
1547	KÃ¶rpergewicht. <i>Springer Reference Medizin</i> , 2020, , 1-3.	0.0	0
1548	THE ANALYSIS OF THE CHANGE IN GHRELIN LEVEL IN PATIENTS WITH DIFFERENT FORMS OF PARKINSONâ€™S DISEASE. <i>World of Medicine and Biology</i> , 2020, 16, 145.	0.1	3
1549	Child Appetite. , 2020, , 189-210.		0
1551	The Value of Sleep for Optimizing Health. , 2020, , 203-215.		1
1553	Various causative factors and associated complications of childhood obesity in Jeddah, Western Region, Saudi Arabia. <i>Annals of African Medicine</i> , 2020, 19, 15.	0.2	5
1554	Role of Olfaction for Eating Behavior. , 2020, , 675-716.		5

#	ARTICLE	IF	CITATIONS
1555	3. Importance of Sleep Disorders in the Internal Medicine. The Journal of the Japanese Society of Internal Medicine, 2020, 109, 98a-103a.	0.0	0
1557	Sleep and Quality of Life in Obesity. , 2008, , 445-452.		0
1558	Vitamin D and sleep duration: Is there a bidirectional relationship?. Hormone Molecular Biology and Clinical Investigation, 2020, 41, .	0.3	3
1559	Behavioral and physiological consequences of sleep restriction. Journal of Clinical Sleep Medicine, 2007, 3, 519-28.	1.4	441
1560	Sleep duration associated with mortality in elderly, but not middle-aged, adults in a large US sample. Sleep, 2008, 31, 1087-96.	0.6	150
1561	Short sleep and obesity: are poor sleep, chronic stress, and unhealthy behaviors the link?. Sleep, 2008, 31, 1203.	0.6	25
1562	Short sleep times predict obesity in internal medicine clinic patients. Journal of Clinical Sleep Medicine, 2007, 3, 681-8.	1.4	20
1563	Associations of dietary intake and physical activity with sleep disordered breathing in the Apnea Positive Pressure Long-Term Efficacy Study (APPLES). Journal of Clinical Sleep Medicine, 2008, 4, 411-8.	1.4	23
1564	Sleep duration and health-related quality of life among older adults: a population-based cohort in Spain. Sleep, 2009, 32, 1059-68.	0.6	87
1565	A twin study of sleep duration and body mass index. Journal of Clinical Sleep Medicine, 2010, 6, 11-7.	1.4	45
1566	Associations between short sleep duration and central obesity in women. Sleep, 2010, 33, 593-8.	0.6	39
1567	Sleep disordered breathing and metabolic syndrome. Wisconsin Medical Journal, 2009, 108, 263-5.	0.3	23
1568	No independent association between insufficient sleep and childhood obesity in the National Survey of Children's Health. Journal of Clinical Sleep Medicine, 2011, 7, 153-7.	1.4	12
1569	Association between sleep duration and metabolic syndrome in a population-based study: Isfahan Healthy Heart Program. Journal of Research in Medical Sciences, 2011, 16, 801-6.	0.4	24
1570	The Impact of Sleep-Disordered Breathing on Body Mass Index (BMI): The Sleep Heart Health Study (SHHS). Southwest Journal of Pulmonary & Critical Care, 2011, 3, 159-168.	0.0	26
1571	Beyond fast food and slow motion: weighty contributors to the obesity epidemic. Journal of Endocrinological Investigation, 2012, 35, 236-42.	1.8	10
1572	Racial and socioeconomic disparities in sleep and chronic disease: results of a longitudinal investigation. Ethnicity and Disease, 2013, 23, 499-507.	1.0	35
1573	Circadian Rhythm Sleep Disorders. Journal of Clinical Outcomes Management, 2013, 20, 513-528.	1.7	32

#	ARTICLE	IF	CITATIONS
1574	Stress and eating behaviors. <i>Minerva Endocrinologica</i> , 2013, 38, 255-67.	1.7	227
1575	Negative Effects of Time in Bed Extension: A Pilot Study. <i>Journal of Sleep Medicine and Disorders</i> , 2014, 1, .	0.2	17
1576	The effect of exercise training on quality and quantity of sleep and lipid profile in renal transplant patients: a randomized clinical trial. <i>International Journal of Organ Transplantation Medicine</i> , 2014, 5, 157-65.	0.5	18
1577	Night Shift Work, Sleep Quality, and Obesity. <i>Journal of Lifestyle Medicine</i> , 2013, 3, 110-6.	0.3	11
1578	Raising awareness about sleep disorders. <i>Lung India</i> , 2017, 34, 262-268.	0.3	8
1579	Relationship between sleep and muscle strength among Chinese university students: a cross-sectional study. <i>Journal of Musculoskeletal Neuronal Interactions</i> , 2017, 17, 327-333.	0.1	11
1580	Obstructive Sleep Apnea and Obesity: Implications for Public Health. <i>Sleep Medicine and Disorders: International Journal</i> , 2017, 1, .	0.8	33
1581	Association between sleep duration and electrocardiographic ischemic changes in middle-aged population: Isfahan Healthy Heart Program. <i>ARYA Atherosclerosis</i> , 2018, 14, 115-121.	0.4	1
1582	Chronodisruption, Metabolic Homeostasis, and the Regulation of Inflammation in Adipose Tissues. <i>Yale Journal of Biology and Medicine</i> , 2019, 92, 317-325.	0.2	19
1583	Is Restless Legs Syndrome Associated with an Increased Risk of Mortality? A Meta-Analysis of Cohort Studies. <i>Tremor and Other Hyperkinetic Movements</i> , 2019, 9, .	1.1	2
1584	Mediators in the Relationship between Internet Addiction and Body Mass Index: A Path Model Approach Using Partial Least Square. <i>Journal of Research in Health Sciences</i> , 2018, 18, e00423.	0.9	4
1585	Abnormal circadian rhythms are associated with plaque instability in acute coronary syndrome patients. <i>International Journal of Clinical and Experimental Pathology</i> , 2019, 12, 3761-3771.	0.5	4
1586	Influence of various environmental factors on the growth of children and adolescents in Jeddah, Kingdom of Saudi Arabia. <i>Acta Biomedica</i> , 2020, 91, 21-28.	0.2	0
1587	Cardiac autonomic modulation of adolescents with different levels of sleep quality. <i>Sleep Science</i> , 2020, 13, 224-229.	0.4	0
1588	Various causative factors and associated complications of childhood obesity in Jeddah, western region, Saudi Arabia. <i>Acta Biomedica</i> , 2020, 91, e2020107.	0.2	0
1589	Does curcumin have an effect on sleep duration in metabolic syndrome patients?. <i>Avicenna Journal of Phytomedicine</i> , 2021, 11, 190-198.	0.1	0
1590	Genetic and biological factors in sleep. , 2022, , 73-95.		0
1591	Nighttime sleep duration, restlessness and risk of multimorbidity - A longitudinal study among middle-aged and older adults in China. <i>Archives of Gerontology and Geriatrics</i> , 2022, 99, 104580.	1.4	13

#	ARTICLE	IF	CITATIONS
1592	Tianwang Buxin Granules Influence the Intestinal Flora in Perimenopausal Insomnia. <i>BioMed Research International</i> , 2021, 2021, 1-9.	0.9	10
1593	The links between sleep duration, obesity and type 2 diabetes mellitus. <i>Journal of Endocrinology</i> , 2022, 252, 125-141.	1.2	83
1594	Stronger Associations Between Sleep and Mental Health in Adults with Autism: A UK Biobank Study. <i>Journal of Autism and Developmental Disorders</i> , 2023, 53, 1543-1559.	1.7	6
1595	Relationship of sleep duration with the risk of stroke incidence and stroke mortality: an updated systematic review and dose-response meta-analysis of prospective cohort studies. <i>Sleep Medicine</i> , 2022, 90, 267-278.	0.8	16
1596	Impact of Fibromyalgia on Female Infertility. <i>Open Journal of Epidemiology</i> , 2021, 11, 457-472.	0.2	0
1597	The relationship between sleep and weight change among women diagnosed with breast cancer participating in the Women's Health Initiative. <i>Breast Cancer Research and Treatment</i> , 2022, 192, 423-433.	1.1	0
1598	3. Importance of Sleep Disorders in the Internal Medicine. <i>The Journal of the Japanese Society of Internal Medicine</i> , 2020, 109, 1708-1719.	0.0	0
1599	Sleep and Obesity. <i>Sleep Medicine Clinics</i> , 2022, 17, 111-116.	1.2	29
1600	Analysis of multiple chronic disease characteristics in South Koreans by age groups using association rules analysis. <i>Health Informatics Journal</i> , 2022, 28, 146045822110702.	1.1	3
1601	Prevalence and factors associated with sleep disturbance in adult patients with psoriasis. <i>Journal of the European Academy of Dermatology and Venereology</i> , 2022, 36, 688-697.	1.3	15
1602	Sleep Duration/Quality With Health Outcomes: An Umbrella Review of Meta-Analyses of Prospective Studies. <i>Frontiers in Medicine</i> , 2021, 8, 813943.	1.2	20
1603	Sleep Disturbance and Metabolic Dysfunction: The Roles of Adipokines. <i>International Journal of Molecular Sciences</i> , 2022, 23, 1706.	1.8	8
1604	The association between dietary behaviors and insomnia among adolescent girls in Iran. <i>Sleep Health</i> , 2022, 8, 195-199.	1.3	3
1605	Interactions between nocturnal melatonin secretion, metabolism, and sleeping behavior in adolescents with obesity. <i>International Journal of Obesity</i> , 2022, 46, 1051-1058.	1.6	6
1606	Endocrinology of sleep. , 2023, , 274-295.		0
1609	Association between sleep insufficiency and dyslipidemia: a cross-sectional study among Greek adults in the primary care setting. <i>Sleep Science</i> , 2022, 15, 49-58.	0.4	6
1610	Exploring barriers, motivators and solutions to achieve a healthy lifestyle among undergraduate student nurses. <i>British Journal of Nursing</i> , 2022, 31, 240-246.	0.3	1
1611	Sleep Disturbance and Changes in Energy Intake and Body Composition During Weight Loss in the POUNDS Lost Trial. <i>Diabetes</i> , 2022, 71, 934-944.	0.3	3

#	ARTICLE	IF	CITATIONS
1613	CrossTalk proposal: Insufficient sleep is responsible for increased risk of metabolic disease in shift workers. <i>Journal of Physiology</i> , 2022, 600, 1599-1602.	1.3	1
1614	A retrospective cohort study on the association between poor sleep quality in junior high school students and high hemoglobin A1c level in early adults with higher body mass index values. <i>BMC Endocrine Disorders</i> , 2022, 22, 40.	0.9	0
1615	The overlooked vital sign: The importance of measuring sleep in drug development studies. <i>Drug Discovery Today</i> , 2022, 27, 690-696.	3.2	0
1616	Explorations on risk profiles for overweight and obesity in 9501 preschool-aged children. <i>Obesity Research and Clinical Practice</i> , 2022, 16, 106-114.	0.8	11
1617	Factors Associated with Underweight, Overweight, and Eating Disorders in Young Korean Women: A Population-Based Study. <i>Nutrients</i> , 2022, 14, 1315.	1.7	3
1618	The association among circadian rhythm, circadian genes and chrononutrition, its effect on obesity: a review of current evidence. <i>Biological Rhythm Research</i> , 2022, 53, 1821-1847.	0.4	2
1619	Relationship between body mass index and masticatory factors evaluated with a wearable device. <i>Scientific Reports</i> , 2022, 12, 4117.	1.6	5
1620	Treatment of Acquired Hypothalamic Obesity: Now and the Future. <i>Frontiers in Endocrinology</i> , 2022, 13, 846880.	1.5	18
1621	Sleep Deprivation: Effects on Weight Loss and Weight Loss Maintenance. <i>Nutrients</i> , 2022, 14, 1549.	1.7	18
1622	The Impact of Sleep-Disordered Breathing on Ghrelin, Obestatin, and Leptin Profiles in Patients with Obesity or Overweight. <i>Journal of Clinical Medicine</i> , 2022, 11, 2032.	1.0	6
1623	Weekend catch-up sleep is associated with the alleviation of non-alcoholic fatty liver disease. <i>Annals of Hepatology</i> , 2022, 27, 100690.	0.6	4
1624	Breakfast skipping and cardiometabolic risk factors in adolescents: Systematic review. <i>Revista De Saude Publica</i> , 2021, 55, 107.	0.7	5
1625	Sleep quality and body mass index of nurses: a cross-sectional study. <i>Central European Journal of Nursing and Midwifery</i> , 2021, 12, 530-536.	0.2	1
1627	The Role of Race, Sex, and Age in Circadian Disruption and Metabolic Disorders. , 2022, 1, 471-479.		6
1628	Sleep " Endocrine Changes. , 2009, , 3710-3714.		0
1640	Raising awareness about sleep disorders. <i>Lung India</i> , 2017, 34, 262.	0.3	24
1645	No Effect of Chronotype on Hunger or Snack Consumption during a Night Shift with Acute Sleep Deprivation. <i>Nutrients</i> , 2022, 14, 1324.	1.7	0
1647	Simultaneous coffee caffeine intake and sleep deprivation alter glucose homeostasis in Iranian men: a randomized crossover trial. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2016, 25, 729-739.	0.3	3

#	ARTICLE	IF	CITATIONS
1649	Sleep Quality: A Narrative Review on Nutrition, Stimulants, and Physical Activity as Important Factors. <i>Nutrients</i> , 2022, 14, 1912.	1.7	53
1650	Association Between Nocturnal Sleep Duration and Obesity Indicators Among People with Type 2 Diabetes: A Cross-Sectional Study in Ningbo, China. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2022, Volume 15, 1357-1364.	1.1	2
1651	Sleep characteristic profiles and the correlation with spectrum of metabolic syndrome among older adult: a cross-sectional study. <i>BMC Geriatrics</i> , 2022, 22, 414.	1.1	4
1652	Association Between Habitual Night Sleep Duration and Predicted 10-Year Cardiovascular Risk by Sex Among Young and Middle-Aged Adults. <i>Nature and Science of Sleep</i> , 2022, Volume 14, 911-926.	1.4	1
1653	Partial and sleep-stage-selective deprivation. , 2021, , .		0
1654	Obesity effects on sleep quality with anthropometric and metabolic changes. <i>Revista Da Associação Médica Brasileira</i> , 2022, 68, 574-578.	0.3	2
1656	Sleep quality, personal and work variables and life habits of hospital nurses. <i>Revista Latino-Americana De Enfermagem</i> , 0, 30, .	0.4	5
1657	Calidad de sueño, variables personales, laborales y estilo de vida de enfermeros de hospital. <i>Revista Latino-Americana De Enfermagem</i> , 0, 30, .	0.4	1
1658	Insomnia disorders are associated with increased cardiometabolic disturbances and death risks from cardiovascular diseases in psychiatric patients treated with weight-gain-inducing psychotropic drugs: results from a Swiss cohort. <i>BMC Psychiatry</i> , 2022, 22, 342.	1.1	7
1659	LKB1 is physiologically required for sleep from <i>Drosophila melanogaster</i> to the <i>Mus musculus</i> . <i>Genetics</i> , 2022, 221, .	1.2	1
1660	Association of <i>CLOCK</i> gene variants with obesity and adiposity-related anthropometric, metabolic, and behavioral parameters. <i>Facets</i> , 2022, 7, 792-808.	1.1	0
1661	The emerging importance of tackling sleep-diet interactions in lifestyle interventions for weight management. <i>British Journal of Nutrition</i> , 2022, 128, 561-568.	1.2	10
1662	Sleep behaviours and associated habits and the progression of pre-diabetes to type 2 diabetes mellitus in adults: A systematic review and meta-analysis. <i>Diabetes and Vascular Disease Research</i> , 2022, 19, 147916412210888.	0.9	7
1663	Examining the relationship of sociodemographic factors, neighborhood cohesion and abnormal sleep duration among U.S. foreign-born subpopulations in the National Health Interview Survey. <i>BMC Public Health</i> , 2022, 22, .	1.2	0
1664	Ghrelin mediated regulation of neurosynaptic transmitters in depressive disorders. <i>Current Research in Pharmacology and Drug Discovery</i> , 2022, 3, 100113.	1.7	7
1666	Covid-19 Salgın Sırasında Kaygı Düzeyi ve Beslenme Tutumu Araştırmasının İncelenmesi. , 0, , .		1
1667	Predictive tools for nocturnal respiratory failure in patients with moderate and severe OSAS. <i>Sleep and Breathing</i> , 0, , .	0.9	1
1668	Associations of Bedtime Schedules in Childhood with Obesity Risk in Adolescence. <i>Adolescents</i> , 2022, 2, 311-325.	0.3	0

#	ARTICLE	IF	CITATIONS
1669	Biologically active molecules and sleep. <i>Zhurnal Nevrologii I Psikhiiatrii Imeni S S Korsakova</i> , 2022, 122, 6.	0.1	0
1670	Role of chronotype in dietary intake, meal timing, and obesity: a systematic review. <i>Nutrition Reviews</i> , 2022, 81, 75-90.	2.6	36
1671	Causal associations between sleep traits and four cardiac diseases: a Mendelian randomization study. <i>ESC Heart Failure</i> , 2022, 9, 3160-3166.	1.4	8
1672	Impact of awareness program on diabetes mellitus described by fractional-order model solving by homotopy analysis method. <i>Ricerche Di Matematica</i> , 0, , .	0.6	5
1673	Can the relationship between overweight/obesity and sleep quality be explained by affect and behaviour?. <i>Eating and Weight Disorders</i> , 2022, 27, 2821-2834.	1.2	0
1674	Associations of sleep duration with childhood obesity: findings from a national cohort study in China. <i>Global Health Journal (Amsterdam, Netherlands)</i> , 2022, , .	1.9	2
1675	Association between chronotype and cardio-vascular disease risk factors: A systematic review and meta-analysis. <i>Clinical Epidemiology and Global Health</i> , 2022, 16, 101108.	0.9	9
1676	Association of Sleep Duration With All-Cause and Cardiovascular Mortality: A Prospective Cohort Study. <i>Frontiers in Public Health</i> , 0, 10, .	1.3	11
1677	Environmental Noise and Effects on Sleep: An Update to the WHO Systematic Review and Meta-Analysis. <i>Environmental Health Perspectives</i> , 2022, 130, .	2.8	42
1678	Leptin and adiponectin regulate the activity of nuclei involved in sleep-wake cycle in male rats. <i>Frontiers in Neuroscience</i> , 0, 16, .	1.4	4
1679	An examination of daily sleep characteristics and subsequent eating disorder behavior among individuals with binge-spectrum eating disorders. <i>Eating and Weight Disorders</i> , 2022, 27, 3743-3749.	1.2	2
1680	The Effects of Anthropomorphism, Message Framing, and Voice Type on Unhealthy Sleep Behavior in Young Users: The Mediating Role of Risk Perception. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 9570.	1.2	4
1681	Association between sleep duration and ideal cardiovascular health in Chinese adults: results from the China health and nutrition survey. <i>Family Practice</i> , 0, , .	0.8	0
1682	Association of Sleep Duration, Napping, and Sleep Patterns With Risk of Cardiovascular Diseases: A Nationwide Twin Study. <i>Journal of the American Heart Association</i> , 2022, 11, .	1.6	13
1683	An <sc>mHealthâ€supported</sc> antenatal lifestyle intervention may be associated with improved maternal sleep in pregnancy: Secondary analysis from the <sc>PEARS</sc> trial. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 0, , .	1.1	2
1684	Impact of Short Sleep Duration on the Incidence of Obesity and Overweight among Children and Adolescents. <i>Medicina (Lithuania)</i> , 2022, 58, 1037.	0.8	5
1685	Association between Sleep Duration and Early Pubertal Timing in Children and Adolescents: A Systematic Review and Meta-analysis. <i>Current Pediatric Reviews</i> , 2023, 19, 318-328.	0.4	1
1686	Circadian dysfunction and Alzheimer's disease â€ An updated review. <i>Aging Medicine (Milton (N S W))</i> , 2023, 6, 71-81.	0.9	12

#	ARTICLE	IF	CITATIONS
1687	Sleep quality traits correlate with inflammatory markers in the breast tissue of women. <i>Cytokine</i> , 2022, 160, 156028.	1.4	2
1688	Effects of solriamfetol treatment on body weight in participants with obstructive sleep apnea or narcolepsy. <i>Sleep Medicine</i> , 2022, 100, 165-173.	0.8	4
1689	Linking Sleep Deprivation and Binge Eating: Empirical Evidence and Underlying Mechanisms. , 2022, , 1-17.		0
1690	Biologic Effects of Disrupted Sleep. , 2022, , 69-90.		0
1691	Social Factors in Insufficient Sleep. <i>Translational Medicine Research</i> , 2022, , 115-125.	0.0	0
1692	Affordances of Sleep-Tracking: Insights from Smart Ring Users. <i>Lecture Notes in Computer Science</i> , 2022, , 343-355.	1.0	0
1693	Insomnia in Eating Disorders. , 2022, , 1-21.		0
1694	Medical Comorbidities of Obstructive Sleep Apnea. , 2022, , 125-162.		0
1695	Combined Use of Sleep Quality and Duration Is More Closely Associated With Mortality Risk Among Older Adults: A Population-based Kyoto-Kameoka Prospective Cohort Study. <i>Journal of Epidemiology</i> , 2023, 33, 591-599.	1.1	3
1696	Healthy Sleep Every Day Keeps the Doctor Away. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 10740.	1.2	7
1697	Characteristic Sleep Patterns and Associated Obesity in Adolescents. <i>Life</i> , 2022, 12, 1316.	1.1	1
1698	Associations between the timing of different foods™ consumption with cardiovascular disease and all-cause mortality among adults with sleep disorders. <i>Frontiers in Nutrition</i> , 0, 9, .	1.6	0
1699	Brain Related Gut Peptides – A Review. <i>Protein and Peptide Letters</i> , 2022, 29, 1016-1030.	0.4	2
1700	Sleep duration and eating behaviours among adolescents: a scoping review. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2022, 42, 384-397.	0.8	6
1701	Sleep Duration and Body Mass Index in 5–9 Aged Korean Children. <i>Chronobiology in Medicine</i> , 2022, 4, 110-114.	0.2	0
1702	Association of Dietary Behaviors with Poor Sleep Quality and Increased Risk of Obstructive Sleep Apnea in Korean Military Service Members. <i>Nature and Science of Sleep</i> , 0, Volume 14, 1737-1751.	1.4	1
1703	Associations between Sleep Duration and Anthropometric Indices of Adiposity in Female University Students. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 11681.	1.2	4
1704	Effect of Sleep Duration on Obesity Treatment and Adipocytokine Levels: A Review. , 2022, 2, 104-106.		0

#	ARTICLE	IF	CITATIONS
1705	Sleep duration, daytime napping, and risk of incident stroke: Nuances by metabolic syndrome from the China health and retirement longitudinal study. <i>Frontiers in Cardiovascular Medicine</i> , 0, 9, .	1.1	3
1706	Dietary Inflammatory Index and Sleep Quality and Duration among Pregnant Women with Overweight or Obesity. <i>Sleep</i> , 0, , .	0.6	3
1707	Sleep duration and metabolic body size phenotypes among Chinese young workers. <i>Frontiers in Public Health</i> , 0, 10, .	1.3	0
1708	Sleep and Stroke: Opening Our Eyes to Current Knowledge of a Key Relationship. <i>Current Neurology and Neuroscience Reports</i> , 2022, 22, 767-779.	2.0	10
1709	Meal replacement as a weight loss strategy for night shift workers with obesity: a protocol for a randomized controlled trial. <i>Trials</i> , 2022, 23, .	0.7	2
1710	Do Sleep Disorders and Western Diet Influence Psoriasis? A Scoping Review. <i>Nutrients</i> , 2022, 14, 4324.	1.7	4
1711	Short sleep duration at night in 2.5-year-old children is associated with childhood obesity at age 5.5 years: The Japanese children cohort study. <i>Obesity Research and Clinical Practice</i> , 2022, , .	0.8	0
1712	Childhood sleep and obesity risk: A prospective cohort study of 10â€™000 Swedish children. <i>Pediatric Obesity</i> , 0, , .	1.4	1
1713	Total sleep deprivation decreases saliva ghrelin levels in adolescents. <i>Journal of Sleep Research</i> , 0, , .	1.7	0
1714	Obese patients experience more severe OSA than non-obese patients. <i>Medicine (United States)</i> , 2022, 101, e31039.	0.4	2
1715	Is adherence to the Mediterranean diet associated with good sleep duration in primary-school children?. <i>Frontiers in Pediatrics</i> , 0, 10, .	0.9	2
1716	The Circadian Axis and Cardiometabolic Syndrome. <i>Journal of Interdisciplinary Medicine</i> , 2022, 7, 47-55.	0.1	0
1717	The EASO new investigator award in clinical research 2021. Role of chronotype in obesity.. <i>Obesity Facts</i> , 0, , .	1.6	3
1718	Association of sleep duration and napping with stroke mortality in older Chinese: A 14-year prospective cohort study of the Guangzhou Biobank Cohort study. <i>Sleep Medicine</i> , 2023, 101, 384-391.	0.8	4
1719	The relationship between sleep and appetitive conditioning: A systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2023, 144, 105001.	2.9	0
1720	The effect of mild to moderate sleep restriction on subjective hunger in healthy young men. <i>Appetite</i> , 2023, 181, 106412.	1.8	0
1721	Holistic Approach during a Pandemic for Healthy Well-Being. <i>The Indian Journal of Nutrition and Dietetics</i> , 0, , 329-340.	0.1	2
1722	The Impact of Job-Demand-Control-Support on Leptin and Ghrelin as Biomarkers of Stress in Emergency Healthcare Workers. <i>Nutrients</i> , 2022, 14, 5009.	1.7	2

#	ARTICLE	IF	CITATIONS
1723	Childhood sleep: physical, cognitive, and behavioral consequences and implications. <i>World Journal of Pediatrics</i> , 2024, 20, 122-132.	0.8	4
1725	Short sleep duration and the risk of nonalcoholic fatty liver disease/metabolic associated fatty liver disease: a systematic review and meta-analysis. <i>Sleep and Breathing</i> , 2023, 27, 1985-1996.	0.9	3
1726	Acute impact of light at night and exogenous melatonin on subjective appetite and plasma leptin. <i>Frontiers in Nutrition</i> , 0, 9, .	1.6	4
1727	Study of Serum Leptin Level in Patients DiabetesMellitusType2: in Relation with Insulin Level. <i>Cumhuriyet Medical Journal</i> , 0, , .	0.1	0
1728	Obstructive Sleep Apnea and Sleep Quality in Women with Polycystic Ovary Syndrome: A Cross-sectional Study. <i>The Indian Journal of Chest Diseases & Allied Sciences</i> , 2022, 64, 145-152.	0.1	0
1729	Interaction between ultra-processed food intake and genetic risk score on mental health and sleep quality. <i>Eating and Weight Disorders</i> , 2022, 27, 3609-3625.	1.2	2
1730	Nutritional Elements in Sleep. <i>Cureus</i> , 2022, , .	0.2	3
1731	Association between Selenium Intake and Optimal Sleep Duration: A National Longitudinal Study. <i>Nutrients</i> , 2023, 15, 397.	1.7	1
1732	Relationship of sleep duration with incident cardiovascular outcomes: a prospective study of 33,883 adults in a general population. <i>BMC Public Health</i> , 2023, 23, .	1.2	3
1733	Dieting Behavior Characterized by Caloric Restriction and Relation to Sleep: A Brief Contemporary Review. <i>International Journal of Environmental Research and Public Health</i> , 2023, 20, 276.	1.2	0
1734	Controlled light exposure and intermittent fasting as treatment strategies for metabolic syndrome and gut microbiome dysregulation in night shift workers. <i>Physiology and Behavior</i> , 2023, 263, 114103.	1.0	3
1735	Habitual night sleep duration is associated with general obesity and visceral obesity among Chinese women, independent of sleep quality. <i>Frontiers in Public Health</i> , 0, 11, .	1.3	0
1736	Association of 3-year change in sleep duration with risk of all-cause mortality in Chinese older population: A national cohort study. <i>Sleep Medicine</i> , 2023, 105, 25-31.	0.8	0
1737	Shorter sleep duration is associated with greater visceral fat mass in US adults: Findings from NHANES, 2011â€“2014. <i>Sleep Medicine</i> , 2023, 105, 78-84.	0.8	2
1738	Associations between metabolic disorders and sleep disturbance in patients with schizophrenia. <i>Comprehensive Psychiatry</i> , 2023, 122, 152369.	1.5	0
1739	Sleep duration and food intake in people with typeâ€“2 diabetes mellitus and factors affecting confectionery intake. <i>Journal of Diabetes Investigation</i> , 2023, 14, 716-724.	1.1	0
1740	Shorter sleep among adolescents is associated with lower fruit and vegetable consumption the following day. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2023, 20, .	2.0	0
1741	The Relationship between Sleep Duration and Metabolic Syndrome Severity Scores in Emerging Adults. <i>Nutrients</i> , 2023, 15, 1046.	1.7	3

#	ARTICLE	IF	CITATIONS
1742	Delayed sleep phase disorder during the COVID-19 pandemic and its health implications. <i>CNS Spectrums</i> , 2023, 28, 581-586.	0.7	1
1743	The association of cardiometabolic disorders with sleep duration: a cross-sectional study. <i>African Health Sciences</i> , 2022, 22, 273-283.	0.3	1
1744	Occupational Stress-Related Sleep Anomaly in Frontline COVID-19 Health Workers: The Possible Underlying Mechanisms. , 0, , .		0
1745	Biologically Active Substances and Sleep. <i>Neuroscience and Behavioral Physiology</i> , 2023, 53, 1-4.	0.2	0
1746	Temporal relationship between sleep duration and obesity among Chinese Han people and ethnic minorities. <i>BMC Public Health</i> , 2023, 23, .	1.2	1
1747	Linking Sleep Deprivation and Binge Eating: Empirical Evidence and Underlying Mechanisms. , 2023, , 1103-1119.		0
1748	Insomnia in Eating Disorders. , 2023, , 145-165.		0
1749	Physiological Rhythms and Biological Variation of Biomolecules: The Road to Personalized Laboratory Medicine. <i>International Journal of Molecular Sciences</i> , 2023, 24, 6275.	1.8	5
1750	Patient Health Questionnaire-9, Body Mass Index, Household Income According to Sleep Duration: Findings From a Community Health Survey. <i>Sleep Medicine Research</i> , 2023, 14, 37-42.	0.2	1
1751	Relationship between hedonic hunger and subjectively assessed sleep quality and perceived stress among university students: A cross-sectional study. <i>Heliyon</i> , 2023, 9, e14987.	1.4	3
1752	Overweight Impairs Postural Control of Female Night Workers. <i>Sleep Science</i> , 2023, 16, 029-037.	0.4	0
1754	Sleep insufficiency, circadian rhythms, and metabolomics: the connection between metabolic and sleep disorders. <i>Sleep and Breathing</i> , 2023, 27, 2139-2153.	0.9	2
1768	Metabolismus. <i>Springer Reference Medizin</i> , 2020, , 1-5.	0.0	0
1832	Effects of Sleep Deprivation. , 2024, , 19-30.		0