

CITATION REPORT

List of articles citing

Effects on blood lipids of a blood pressure-lowering diet: the Dietary Approaches to Stop Hypertension (DASH) Trial

DOI: 10.1093/ajcn/74.1.80

American Journal of Clinical Nutrition, 2001, 74, 80-9.

Source: <https://exaly.com/paper-pdf/32844624/citation-report.pdf>

Version: 2024-04-28

This report has been generated based on the citations recorded by exaly.com for the above article. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

#	Paper	IF	Citations
457	The public health implications of the Dietary Approaches to Stop Hypertension Trial. <i>American Journal of Clinical Nutrition</i> , 2001 , 74, 1-2	7	9
456	Results of the Diet, Exercise, and Weight Loss Intervention Trial (DEW-IT). 2002 , 40, 612-8		228
455	Current World Literature. 2002 , 5, 211-235		
454	Bibliography. Current world literature. Nutrition and metabolism. 2002 , 13, 75-85		
453	Nutrition-Related Diseases. 95-106		
452	Recent discoveries in inclusive food-based approaches and dietary patterns for reduction in risk for cardiovascular disease. 2002 , 13, 397-407		69
451	Dietary fat: assessing the evidence in support of a moderate-fat diet; the benchmark based on lipoprotein metabolism. 2002 , 61, 287-98		30
450	Randomized clinical trials on the effects of dietary fat and carbohydrate on plasma lipoproteins and cardiovascular disease. 2002 , 113 Suppl 9B, 13S-24S		361
449	Diet composition and the metabolic syndrome: what is the optimal fat intake?. 2002 , 113 Suppl 9B, 25S-29S		100
448	Dietary fat and diabetes: a consensus view. 2002 , 113 Suppl 9B, 38S-40S		8
447	Diet wars: from Atkins to the Zone. Who is right?. 2002 , 4, 130-3		
446	. 2002 ,		
445	Treatment of cardiovascular and renal risk factors in the diabetic hypertensive. 2002 , 40, 781-8		83
444	Modulation de l'apport alimentaire en anti-oxydants. 2002 , 16, 292-300		7
443	Can we all help distant healing to work?. 2002 , 3, 37-43		
442	The DASH diet and blood pressure. 2003 , 5, 484-91		41
441	Management of diabetic and hypertensive cardiovascular disease. 2003 , 5, 309-15		2

440	[Arterial hypertension and metabolic syndrome]. 2003 , 28, 674-85		3
439	Diet and coronary heart disease in diabetes. 2003 , 40 Suppl 2, S389-400		10
438	Preventing diabetes: The task of the family doctor. 2003 , 2, 8-9		
437	The effect of fiber-rich carbohydrates on features of Syndrome X. 2003 , 103, 86-96		41
436	A new health promotion message for dairy [the 3-A-Day] campaign. 2003 , 28, 369-372		2
435	Relative influence of diet and physical activity on cardiovascular risk factors in urban Chinese adults. 2003 , 27, 920-32		38
434	Consumption of a controlled low-fat diet containing olestra for 9 months improves health risk factors in conjunction with weight loss in obese men: the Ole' Study. 2003 , 27, 1242-9		16
433	Diets and clinical coronary events: the truth is out there. <i>Circulation</i> , 2003 , 107, 10-6	16.7	36
432	Therapeutic lifestyle changes for hypertension and cardiovascular risk reduction. 2003 , 5, 32-7		1
431	Premier: a clinical trial of comprehensive lifestyle modification for blood pressure control: rationale, design and baseline characteristics. 2003 , 13, 462-71		106
430	Nutrition in chronic disease management in the elderly. 2003 , 18, 3-11		4
429	Inflammation modifies the effects of a reduced-fat low-cholesterol diet on lipids: results from the DASH-sodium trial. <i>Circulation</i> , 2003 , 108, 150-4	16.7	91
428	Inflammation, metabolic syndrome, and diet responsiveness. <i>Circulation</i> , 2003 , 108, 126-8	16.7	42
427	Aggressive blood pressure management. <i>Journal of Cardiovascular Nursing</i> , 2003 , 18, 108-15	2.1	3
426	Metabolic Syndrome. 2003 , 51, 28-37		9
425	Patterns of food consumption and risk factors for cardiovascular disease in the general Dutch population. <i>American Journal of Clinical Nutrition</i> , 2003 , 77, 1156-63	7	149
424	Diabetes Mellitus. 2003 , 293-300		
423	Sugars, hypertriglyceridemia, and cardiovascular disease. <i>American Journal of Clinical Nutrition</i> , 2003 , 78, 873S-880S	7	156

422	Incorporating dairy foods into low and high fat diets increases the postprandial cholecystokinin response in men and women. 2003 , 133, 4124-8	27
421	The effect of nutrient profiles of the Dietary Approaches to Stop Hypertension (DASH) diets on blood pressure and bone metabolism and composition in normotensive and hypertensive rats. 2003 , 89, 713-24	17
420	Handbook of Clinical Nutrition and Aging. 2004 ,	4
419	Beverages in Nutrition and Health. 2004 ,	3
418	Expanding the evidence for health promotion: developing best practices for WISEWOMAN. 2004 , 13, 634-43	8
417	Characteristics influencing daily consumption of fruits and vegetables and low-fat dairy products in older adults with hypertension. 2004 , 23, 21-33	10
416	Diet and general health: dietary counselling. 2004 , 38 Suppl 1, 3-8	22
415	Effect of Cow Milk on Human Health. 2004 , 205-221	
414	Prevalence of heart disease and stroke risk factors in persons with prehypertension in the United States, 1999-2000. 2004 , 164, 2113-8	227
413	Diet, nutrition and the prevention of hypertension and cardiovascular diseases. 2004 , 7, 167-86	310
412	The effect of the PREMIER interventions on insulin sensitivity. 2004 , 27, 340-7	80
411	Effect of dietary sodium intake on blood lipids: results from the DASH-sodium trial. 2004 , 43, 393-8	78
410	The DASH diet may have beneficial effects on bone health. 2004 , 62, 215-20	17
409	Estimated phytochemical content of the dietary approaches to stop hypertension (DASH) diet is higher than in the Control Study Diet. 2004 , 104, 1725-7	64
408	Diabetes in the elderly and in women: cardiovascular risks. 2004 , 22, 541-51, vi	17
407	Effects of a weight reduction program with and without aerobic exercise in the metabolic syndrome. 2004 , 97, 115-22	44
406	Estimated healthcare savings associated with adequate dairy food intake. 2004 , 17, 88-97	65
405	Comprehensive lifestyle modification and blood pressure control: a review of the PREMIER trial. 2004 , 6, 383-90	35

404	Bioactive compounds in nutrition and health-research methodologies for establishing biological function: the antioxidant and anti-inflammatory effects of flavonoids on atherosclerosis. 2004 , 24, 511-38	195
403	Fruit and vegetable consumption and LDL cholesterol: the National Heart, Lung, and Blood Institute Family Heart Study. <i>American Journal of Clinical Nutrition</i> , 2004 , 79, 213-7	7 110
402	The DASH diet in the control of hypertension. 2004 , 11, 158-163	
401	Beyond Calcium: The Protective Attributes of Dairy Products and Their Constituents. 2004 , 39, 69-77	8
400	Announcements. 2004 , 39, 77	
399	Addressing the global cardiovascular risk of hypertension, dyslipidemia, diabetes mellitus, and the metabolic syndrome in the southeastern United States, part II: treatment recommendations for management of the global cardiovascular risk of hypertension, dyslipidemia, diabetes mellitus, and the metabolic syndrome. 2005 , 329, 292-305	64
398	Prevention of Obesity and Lipid Disorders. 2005 , 203-243	
397	Balance of unsaturated fatty acids is important to a cholesterol-lowering diet: comparison of mid-oleic sunflower oil and olive oil on cardiovascular disease risk factors. 2005 , 105, 1080-6	56
396	VEGETARIAN DIETS. 2005 , 323-328	
395	. 2005 ,	1
394	Fruit and vegetables consumption in relation to health and diet of medical students in Crete, Greece. 2005 , 75, 107-17	23
393	Management of prehypertension. 2005 , 45, 1056-61	61
392	More novel effects of diet on blood pressure and lipids. 2005 , 294, 2497-8	1
391	Effects of protein, monounsaturated fat, and carbohydrate intake on blood pressure and serum lipids: results of the OmniHeart randomized trial. 2005 , 294, 2455-64	809
390	The dyslipidemia of diabetes mellitus: giving triglycerides and high-density lipoprotein cholesterol a higher priority?. 2005 , 34, 27-48	22
389	Effects of exercise and diet on chronic disease. 2005 , 98, 3-30	351
388	Beneficial effects of a Dietary Approaches to Stop Hypertension eating plan on features of the metabolic syndrome. 2005 , 28, 2823-31	367
387	Cereal fiber and whole-grain intake are associated with reduced progression of coronary-artery atherosclerosis in postmenopausal women with coronary artery disease. 2005 , 150, 94-101	86

386	Diet and blood pressure: applying the evidence to clinical practice. 2005 , 149, 804-12		13
385	Randomized controlled trial on lifestyle modification in hypertensive patients. 2006 , 28, 190-209; discussion 210-5		38
384	Diet and lifestyle recommendations revision 2006: a scientific statement from the American Heart Association Nutrition Committee. <i>Circulation</i> , 2006 , 114, 82-96	16.7	2018
383	The changing roles of dietary carbohydrates: from simple to complex. 2006 , 26, 1958-65		17
382	Twenty-four hour ambulatory blood pressure monitoring to evaluate effects on blood pressure of physical activity in hypertensive patients. 2006 , 16, 238-43		45
381	Fiber and cardiovascular disease risk: how strong is the evidence?. <i>Journal of Cardiovascular Nursing</i> , 2006 , 21, 3-8	2.1	100
380	Carotenoids and cardiovascular disease: what research gaps remain?. 2006 , 17, 11-6		28
379	Effects of a Mediterranean-style diet on cardiovascular risk factors: a randomized trial. 2006 , 145, 1-11		1195
378	Dietary interventions on blood pressure: the Dietary Approaches to Stop Hypertension (DASH) trials. 2006 , 64, S53-6		33
377	Calcium antagonists in patients with type 2 diabetes and hypertension. 2003 , 21, 105-18		13
376	The effects of macronutrients on blood pressure and lipids: an overview of the DASH and OmniHeart trials. 2006 , 8, 460-5		63
375	Diet and Supplements. 2006 , 351-397		
374	The women's health initiative--curse or blessing?. 2006 , 35, 814-6		4
373	The metabolic syndrome: recognition and management. 2006 , 9, 16-33		13
372	The 2005 Food Guide Pyramid: an opportunity lost?. 2007 , 4, 610-20		18
371	Nutritional and nutraceutical considerations for dyslipidemia. 2007 , 2, 313-339		13
370	Fettarme oder fettreiche Ernährung? - der Königsweg liegt in der Mitte. 2007 , 32, 67-71		
369	State of the Art Reviews: Relationship Between Diet/ Physical Activity and Health. 2007 , 1, 457-481		12

368	Prevalence and determinants of prehypertension among African Surinamese, Hindustani Surinamese, and White Dutch in Amsterdam, the Netherlands: the SUNSET study. 2007 , 14, 775-81	26
367	Dietary patterns, insulin resistance, and prevalence of the metabolic syndrome in women. <i>American Journal of Clinical Nutrition</i> , 2007 , 85, 910-8	7 326
366	Diet quality of North African migrants in France partly explains their lower prevalence of diet-related chronic conditions relative to their native French peers. 2007 , 137, 2106-13	34
365	Does the periodic vegetarianism of Greek Orthodox Christians benefit blood pressure?. 2007 , 44, 341-8	18
364	Trends in black-white differentials in dietary intakes of U.S. adults, 1971-2002. 2007 , 32, 264-272	102
363	Degree of concordance with DASH diet guidelines and incidence of hypertension and fatal cardiovascular disease. 2007 , 20, 225-32	160
362	Nutritional strategies in the prevention and treatment of metabolic syndrome. 2007 , 32, 46-60	130
361	Therapeutic interventions for hypertension in metabolic syndrome: a comprehensive approach. 2007 , 5, 201-11	3
360	Effects of lifestyle interventions on high-density lipoprotein cholesterol levels. 2007 , 1, 65-73	14
359	Understanding global nutrition dynamics as a step towards controlling cancer incidence. 2007 , 7, 61-7	66
358	Milk and the metabolic syndrome. 2007 , 8, 109-18	114
357	Position of the American Dietetic Association and Dietitians of Canada: Dietary Fatty Acids. 2007 , 107, 1599.e1-1599.e15	14
356	Hypertension in people with diabetes and the metabolic syndrome: pathophysiologic insights and therapeutic update. 2007 , 7, 208-17	12
355	Not just calcium and vitamin D: other nutritional considerations in osteoporosis. 2007 , 9, 85-92	36
354	The effects of macronutrients on blood pressure and lipids: An overview of the DASH and OmniHeart trials. 2007 , 1, 46-51	
353	Contemporary strategies for weight loss and cardiovascular disease risk factor modification. 2008 , 10, 486-96	11
352	Optimizing management of metabolic syndrome to reduce risk: focus on life-style. 2008 , 3, 87-98	19
351	Practical management of patients with hypertension and metabolic risk factors: Using lifestyle to reduce risk. 2008 , 2, 262-267	

350	The possible roles of food-derived bioactive peptides in reducing the risk of cardiovascular disease. 2008 , 19, 643-54	490
349	Nonpharmacologic management of mixed dyslipidemia associated with diabetes mellitus and the metabolic syndrome: a review of the evidence. 2008 , 102, 14L-18L	6
348	Characteristics of the diet patterns tested in the optimal macronutrient intake trial to prevent heart disease (OmniHeart): options for a heart-healthy diet. 2008 , 108, 257-65	77
347	The evidence for dietary prevention and treatment of cardiovascular disease. 2008 , 108, 287-331	230
346	Atherosclerosis and Oxidant Stress. 2008 ,	3
345	Preventive potential of body mass reduction to lower cardiovascular risk: the Italian Progetto CUORE study. 2008 , 47, 53-60	16
344	Efectos sobre el perfil lipídico y la presión arterial de una dieta de tipo mediterráneo después de un año de seguimiento en pacientes de alto riesgo.. 2008 , 105, 124-128	0
343	Where's the Kale? Environmental Availability of Fruits and Vegetables in Two Racially Dissimilar Communities. 2008 , 1, 35-43	5
342	Adherence to a DASH-style diet and risk of coronary heart disease and stroke in women. 2008 , 168, 713-20	837
341	Deteriorating dietary habits among adults with hypertension: DASH dietary accordance, NHANES 1988-1994 and 1999-2004. 2008 , 168, 308-14	239
340	Fruit and vegetables, cardiovascular disease, diabetes and obesity. 2008 , 95-118	4
339	Lifestyle factors, body mass index, and lipid profile in adolescents. 2008 , 33, 761-71	21
338	Fruit and vegetables and cardiovascular disease: epidemiological evidence from the non-Western world. 2008 , 99, 219-20	11
337	Association of fruit and vegetable intake with cardiovascular risk factors in urban south Indians. 2008 , 99, 398-405	69
336	Nutritional management of lipids for overweight and obesity: what can we achieve?. 2008 , 3, 573-584	4
335	Alternatives for macronutrient intake and chronic disease: a comparison of the OmniHeart diets with popular diets and with dietary recommendations. <i>American Journal of Clinical Nutrition</i> , 2008 , 88, 1-11	7 51
334	Effect of protein, unsaturated fat, and carbohydrate intakes on plasma apolipoprotein B and VLDL and LDL containing apolipoprotein C-III: results from the OmniHeart Trial. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 1623-30	7 44
333	DASH-style diet associates with reduced risk for kidney stones. 2009 , 20, 2253-9	224

332	Association between a DASH-like diet and mortality in adults with hypertension: findings from a population-based follow-up study. 2009 , 22, 409-16	79
331	Consistency with the DASH diet and incidence of heart failure. 2009 , 169, 851-7	146
330	Adherence to the DASH Diet is inversely associated with incidence of type 2 diabetes: the insulin resistance atherosclerosis study. 2009 , 32, 1434-6	160
329	Hypertension improvement project: randomized trial of quality improvement for physicians and lifestyle modification for patients. 2009 , 54, 1226-33	85
328	Fruit and vegetable consumption and risk factors for cardiovascular disease. 2009 , 58, 460-8	127
327	Relation of consistency with the dietary approaches to stop hypertension diet and incidence of heart failure in men aged 45 to 79 years. 2009 , 104, 1416-20	78
326	Phytosterol-deficient and high-phytosterol diets developed for controlled feeding studies. 2009 , 109, 2043-51	26
325	Optimal dietary intake for cardiovascular risk reduction. 2009 , 3, 95-101	
324	Contemporary strategies for weight loss and cardiovascular disease risk factor modification. 2009 , 3, 109-118	
323	Influence of diet on cardiovascular disease in African Americans, Africans, and African Caribbeans. 2009 , 3, 181-186	1
322	Fruits, vegetables and coronary heart disease. 2009 , 6, 599-608	204
321	Pequi fruit (<i>Caryocar brasiliense</i> Camb.) pulp oil reduces exercise-induced inflammatory markers and blood pressure of male and female runners. 2009 , 29, 850-8	38
320	Worksite Opportunities for Wellness (WOW): effects on cardiovascular disease risk factors after 1 year. 2009 , 49, 108-14	79
319	Dietary sugars intake and cardiovascular health: a scientific statement from the American Heart Association. <i>Circulation</i> , 2009 , 120, 1011-20	16.7 805
318	Strategies for optimizing nutrition and weight reduction in physical therapy practice: the evidence. 2009 , 25, 408-23	19
317	Nutritional and nutraceutical approaches to dyslipidemia and atherosclerosis prevention: Focus on dietary proteins. 2009 , 203, 8-17	93
316	Dietary sodium intake and arterial blood pressure. 2009 , 19, 57-60	30
315	The role of diet and nutritional supplements in preventing and treating cardiovascular disease. 2009 , 24, 433-41	27

314	Hyperlipidemia in racial/ethnic minorities: differences in lipid profiles and the impact of statin therapy. 2009 , 4, 741-754	13
313	Mini-review: The effects of apples on plasma cholesterol levels and cardiovascular risk – a review of the evidence. 2009 , 84, 34-41	26
312	Anti-inflammatory effects of the Mediterranean diet: the experience of the PREDIMED study. 2010 , 69, 333-40	187
311	Scientific Opinion on Dietary Reference Values for carbohydrates and dietary fibre. 2010 , 8, 1462	385
310	Adherence to dietary recommendations and risk of metabolic syndrome: Tehran Lipid and Glucose Study. 2010 , 59, 1833-42	107
309	The use of a commercial vegetable juice as a practical means to increase vegetable intake: a randomized controlled trial. 2010 , 9, 38	13
308	Use of the nutrition facts label in chronic disease management: results from the National Health and Nutrition Examination Survey. 2010 , 110, 628-32	63
307	Validation of a web-based dietary questionnaire designed for the DASH (dietary approaches to stop hypertension) diet: the DASH online questionnaire. 2010 , 13, 615-22	37
306	Caloric sweetener consumption and dyslipidemia among US adults. 2010 , 303, 1490-7	183
305	Dietary interventions that lower lipoproteins containing apolipoprotein C-III are more effective in whites than in blacks: results of the OmniHeart trial. <i>American Journal of Clinical Nutrition</i> , 2010 , 92, 714-22	12
304	The tsim tsoum approaches for prevention of cardiovascular disease. 2010 , 2010, 824938	9
303	The effect of dietary patterns on estimated coronary heart disease risk: results from the Dietary Approaches to Stop Hypertension (DASH) trial. 2010 , 3, 484-9	62
302	Does the DASH diet lower blood pressure by altering peripheral vascular function?. 2010 , 24, 312-9	46
301	Effects of soy protein on lipoprotein lipids and fecal bile acid excretion in men and women with moderate hypercholesterolemia. 2010 , 4, 531-42	32
300	Saturated fat, carbohydrate, and cardiovascular disease. <i>American Journal of Clinical Nutrition</i> , 2010 , 91, 502-9	7 364
299	The health aspects of milk. 2010 , 28-73	2
298	Triglycerides and cardiovascular disease: a scientific statement from the American Heart Association. <i>Circulation</i> , 2011 , 123, 2292-333	16.7 1222
297	Coronary heart disease prevention: nutrients, foods, and dietary patterns. 2011 , 412, 1493-514	163

296	Community-based participatory research approaches for hypertension control and prevention in churches. 2011 , 2011, 273120		9
295	The effect of the addition of resistance training to a dietary education intervention on apolipoproteins and diet quality in overweight and obese older adults. 2011 , 6, 235-41		23
294	Sociodemographic, health and lifestyle predictors of poor diets. 2011 , 14, 2166-75		53
293	The effect of the addition of daily fruit and nut bars to diet on weight, and cardiac risk profile, in overweight adults. 2011 , 24, 543-51		5
292	Effects of a healthy Nordic diet on cardiovascular risk factors in hypercholesterolaemic subjects: a randomized controlled trial (NORDIET). 2011 , 269, 150-9		168
291	The Role of Nutrition in Secondary Prevention of Coronary Artery Disease. 2011 , 5, 383-390		
290	The effects of diet education plus light resistance training on coronary heart disease risk factors in community-dwelling older adults. 2011 , 15, 762-7		18
289	A priori-defined dietary patterns are associated with reduced risk of stroke in a large Italian cohort. 2011 , 141, 1552-8		121
288	Sociodemographic, lifestyle, mental health and dietary factors associated with direction of misreporting of energy intake. 2011 , 14, 532-41		50
287	Association of DASH diet with cardiovascular risk factors in youth with diabetes mellitus: the SEARCH for Diabetes in Youth study. <i>Circulation</i> , 2011 , 123, 1410-7	16.7	71
286	Functional foods and nutraceuticals in the primary prevention of cardiovascular diseases. 2012 , 2012, 569486		111
285	Diet, the Control of Blood Lipids, and the Prevention of Heart Disease. 2012 , 169-219		0
284	Acidic polysaccharide extracts from <i>Gastrodia Rhizomes</i> suppress the atherosclerosis risk index through inhibition of the serum cholesterol composition in Sprague Dawley rats fed a high-fat diet. 2012 , 13, 1620-31		14
283	Dietary patterns are associated with disease risk among participants in the Women's Health Initiative Observational Study. 2012 , 142, 284-91		11
282	DASH eating pattern is associated with favorable left ventricular function in the multi-ethnic study of atherosclerosis. 2012 , 31, 401-7		33
281	Effects of Therapeutic Lifestyle Change diets high and low in dietary fish-derived FAs on lipoprotein metabolism in middle-aged and elderly subjects. 2012 , 53, 1958-67		27
280	Beef in an Optimal Lean Diet study: effects on lipids, lipoproteins, and apolipoproteins. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 9-16	7	91
279	Plasma fibrin clot properties in arterial hypertension and their modification by antihypertensive medication. 2012 , 130, 99-103		21

278	Daily apple versus dried plum: impact on cardiovascular disease risk factors in postmenopausal women. 2012 , 112, 1158-68		64
277	Plant Foods and Health. 2012 , 1-51		3
276	Complementary and Alternative Therapies. 2012 ,		
275	Atherosclerotic Cardiovascular Disease. 2012 , 745-805		1
274	Nutritional Management of Disturbances in Lipoprotein Concentrations. 2012 ,		1
273	Comparison of associations of adherence to a Dietary Approaches to Stop Hypertension (DASH)-style diet with risks of cardiovascular disease and venous thromboembolism. 2012 , 10, 189-98		49
272	STRIDE: a randomized trial of a lifestyle intervention to promote weight loss among individuals taking antipsychotic medications. 2013 , 13, 238		23
271	Olive oil has a beneficial effect on impaired glucose regulation and other cardiometabolic risk factors. Di@bet.es study. 2013 , 67, 911-6		27
270	Adherence to the Dietary Approaches to Stop Hypertension eating plan in candidates awaiting coronary artery bypass graft surgery, Tehran, Iran. 2013 , 70, 27-34		1
269	Nutrition, Lifestyle, and Hypertension. 2013 , 569-595		
268	Eating patterns and lipid levels in older adolescent girls. 2013 , 23, 196-204		11
267	Effects of Dietary Approaches to Stop Hypertension (DASH)-style diet on fatal or nonfatal cardiovascular diseases--incidence: a systematic review and meta-analysis on observational prospective studies. <i>Nutrition</i> , 2013 , 29, 611-8	4.8	267
266	Consumption of sucrose and high-fructose corn syrup does not increase liver fat or ectopic fat deposition in muscles. 2013 , 38, 681-8		64
265	Cardioprotective properties of kiwifruit. 2013 , 68, 273-82		9
264	Herbal Supplements or Herbs in Heart Disease. 2013 , 491-523		1
263	Mediterranean and DASH diet scores and mortality in women with heart failure: The Women's Health Initiative. 2013 , 6, 1116-23		140
262	A review of nutritional factors in hypertension management. 2013 , 2013, 698940		29
261	Cardiovascular Disease and Lifestyle Modification. 2013 , 442-453		

260	Defatted milk is preferred by Mexican school-age children over whole milk in a sensorial study. 2013 , 62, 214-22	
259	Effects of an isocaloric healthy Nordic diet on insulin sensitivity, lipid profile and inflammation markers in metabolic syndrome -- a randomized study (SYSDIET). 2013 , 274, 52-66	175
258	Prevalence of 10-year risk of cardiovascular diseases and associated risks in canadian adults: the contribution of cardiometabolic risk assessment introduction. 2013 , 2013, 276564	8
257	Effects of the addition of t'ai chi to a dietary weight loss program on lipoprotein atherogenicity in obese older women. 2013 , 19, 759-66	11
256	Healthy eating index and cardiovascular risk factors among Iranians. 2013 , 32, 111-21	32
255	Effects of recommendations to follow the Dietary Approaches to Stop Hypertension (DASH) diet v. usual dietary advice on childhood metabolic syndrome: a randomised cross-over clinical trial. 2013 , 110, 2250-9	68
254	Is there a Role for Antioxidants in the Treatment of Stable Angina?. 2013 , 19, 1601-1615	1
253	Favourable effects of the Dietary Approaches to Stop Hypertension diet on glucose tolerance and lipid profiles in gestational diabetes: a randomised clinical trial. 2013 , 109, 2024-30	149
252	Dietary patterns and cardiovascular disease. 2013 , 72, 407-11	25
251	Dietary Fibre Intake and Influences on Risk Factors Reduction in Coronary Heart Disease Patient. 2013 , 21, 96-100	
250	The Role of Diet in the Prevention and Treatment of Cardiovascular Disease. 2013 , 541-567	1
249	A review of dietary influences on cardiovascular health: part 2: dietary patterns. 2014 , 14, 50-63	19
248	The Role of Nutrition in Heart Disease Prevention. 2014 ,	1
247	Effects of Dietary Macronutrients on Plasma Lipid Levels and the Consequence for Cardiovascular Disease. 2014 , 1, 201-213	10
246	Dieta DASH y menopausia: Más allá de los beneficios en hipertensión arterial. 2014 , 33, 215-222	1
245	Effects of high vs low glycemic index of dietary carbohydrate on cardiovascular disease risk factors and insulin sensitivity: the OmniCarb randomized clinical trial. 2014 , 312, 2531-41	134
244	Reprint: 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk. <i>Circulation</i> , 2013 , e2	16.7 829
243	An evidence-based method for examining and reporting cognitive processes in nutrition research. 2014 , 27, 232-41	14

242	Inhibitory effects of kiwifruit extract on human platelet aggregation and plasma angiotensin-converting enzyme activity. 2014 , 25, 567-75		21
241	Drinking orange juice increases total antioxidant status and decreases lipid peroxidation in adults. 2014 , 17, 612-7		23
240	Lipid disorders in children and adolescents. 2014 , 1015-1034.e1		3
239	Substituting water for sugar-sweetened beverages reduces circulating triglycerides and the prevalence of metabolic syndrome in obese but not in overweight Mexican women in a randomized controlled trial. 2014 , 144, 1742-52		38
238	Dietary guidelines: Scientific substantiation and public health impact. 2014 , 39, 290-304		1
237	Gut microbiota and cardiometabolic outcomes: influence of dietary patterns and their associated components. <i>American Journal of Clinical Nutrition</i> , 2014 , 100 Suppl 1, 369S-77S	7	50
236	Inadequate fruit and vegetable intake in people with psychosis. 2014 , 48, 1025-35		31
235	Macronutrient replacement options for saturated fat: effects on cardiovascular health. 2014 , 25, 67-74		18
234	Effects of DASH diet on lipid profiles and biomarkers of oxidative stress in overweight and obese women with polycystic ovary syndrome: a randomized clinical trial. <i>Nutrition</i> , 2014 , 30, 1287-93	4.8	68
233	Inhibition of angiotensin-converting enzyme by aqueous extract of tomato. 2014 , 53, 1699-706		20
232	A 12-week weight reduction intervention for overweight individuals taking antipsychotic medications. 2014 , 50, 974-80		15
231	2013 American Heart Association/American College of Cardiology Guideline on Lifestyle Management to Reduce Cardiovascular Risk: practice opportunities for registered dietitian nutritionists. 2014 , 114, 1723-9		18
230	Reductions in glycemic and lipid profiles in hypertensive patients undergoing the Brazilian Dietary Approach to Break Hypertension: a randomized clinical trial. 2014 , 34, 682-7		13
229	Effects of a novel therapeutic diet on liver enzymes and coagulating factors in patients with non-alcoholic fatty liver disease: A parallel randomized trial. <i>Nutrition</i> , 2014 , 30, 814-21	4.8	46
228	2013 AHA/ACC guideline on lifestyle management to reduce cardiovascular risk: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. 2014 , 63, 2960-84		860
227	Critical review of non-statin treatments for dyslipoproteinemia. 2014 , 12, 359-71		5
226	Changes in cardiovascular risk factors with participation in a 12-week weight loss trial using a commercial format. 2014 , 15, 68-71		9
225	The effect of normally consumed amounts of sucrose or high fructose corn syrup on lipid profiles, body composition and related parameters in overweight/obese subjects. <i>Nutrients</i> , 2014 , 6, 1128-44	6.7	39

224	Strong Hearts, healthy communities: a rural community-based cardiovascular disease prevention program. <i>BMC Public Health</i> , 2016 , 16, 86	4.1	23
223	Reduction in peripheral vascular resistance predicts improvement in insulin clearance following weight loss. 2015 , 14, 113		10
222	Relationship between Dietary Approaches to Stop Hypertension score and Alternative Healthy Eating Index score with plasma asymmetrical dimethylarginine levels in patients referring for coronary angiography. 2015 , 28, 350-6		5
221	Weight maintenance following the STRIDE lifestyle intervention for individuals taking antipsychotic medications. 2015 , 23, 1995-2001		17
220	The effects of the DASH diet education program with omega-3 fatty acid supplementation on metabolic syndrome parameters in elderly women with abdominal obesity. <i>Nutrition Research and Practice</i> , 2015 , 9, 150-7	2.1	9
219	Mobilizing Young People in Community Efforts to Improve the Food Environment: Corner Store Conversions in East Los Angeles. 2015 , 130, 406-15		5
218	Fruit and vegetable consumption and hypertriglyceridemia: Korean National Health and Nutrition Examination Surveys (KNHANES) 2007-2009. 2015 , 69, 1193-9		18
217	Increasing Fruit and Vegetable Intake Has No Dose-Response Effect on Conventional Cardiovascular Risk Factors in Overweight Adults at High Risk of Developing Cardiovascular Disease. 2015 , 145, 1464-71		14
216	Dietary Intervention for Dyslipidemia in Human Immunodeficiency Virus Infection. 2015 , 419-439		
215	Dietary changes associated with improvement of metabolic syndrome components in postmenopausal women receiving two different nutrition interventions. 2015 , 22, 758-64		12
214	Psychosis and cardiovascular disease: is diet the missing link?. 2015 , 161, 465-70		13
213	The STRIDE weight loss and lifestyle intervention for individuals taking antipsychotic medications: a randomized trial. 2015 , 172, 71-81		140
212	Fruit and vegetable intake and mortality from cardiovascular disease in Japan: a 24-year follow-up of the NIPPON DATA80 Study. 2015 , 69, 482-8		47
211	Cross-comparison of diet quality indices for predicting chronic disease risk: findings from the Observation of Cardiovascular Risk Factors in Luxembourg (ORISCAV-LUX) study. 2015 , 113, 259-69		53
210	Diet Quality and Risk of Melanoma in an Italian Population. 2015 , 145, 1800-7		31
209	A randomized trial on the effects of 2010 Dietary Guidelines for Americans and Korean diet patterns on cardiovascular risk factors in overweight and obese adults. 2015 , 115, 1083-92		20
208	Fructose-containing sugars and cardiovascular disease. <i>Advances in Nutrition</i> , 2015 , 6, 430-9	10	41
207	Emerging nutrition science on fatty acids and cardiovascular disease: nutritionists' perspectives. <i>Advances in Nutrition</i> , 2015 , 6, 326S-37S	10	48

206	2013 Korean Society of Hypertension guidelines for the management of hypertension. Part II-treatments of hypertension. 2015 , 21, 2		25
205	In cross-sectional observations, dietary quality is not associated with CVD risk in women; in men the positive association is accounted for by BMI. 2015 , 113, 1244-53		14
204	Adherence to a DASH-Style Diet in Relation to Stroke: A Case-Control Study. 2015 , 34, 408-15		5
203	Type and amount of dietary protein in the treatment of metabolic syndrome: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 757-70	7	43
202	The scientific report guiding the US dietary guidelines: is it scientific?. 2015 , 351, h4962		42
201	Plant protein and animal proteins: do they differentially affect cardiovascular disease risk?. <i>Advances in Nutrition</i> , 2015 , 6, 712-28	10	127
200	Comprehensive Management of High Risk Cardiovascular Patients. 2016 ,		1
199	Nutrition, Diet Quality, and Cardiovascular Health. 2016 , 315-330		2
198	Regular-Fat Dairy and Human Health: A Synopsis of Symposia Presented in Europe and North America (2014-2015). <i>Nutrients</i> , 2016 , 8,	6.7	40
197	Nutrition and Cardiovascular Disease: Finding the Perfect Recipe for Cardiovascular Health. <i>Nutrients</i> , 2016 , 8,	6.7	51
196	The effect of dietary approaches to stop hypertension (DASH) diet on weight and body composition in adults: a systematic review and meta-analysis of randomized controlled clinical trials. 2016 , 17, 442-54		85
195	Effects of combined healthy lifestyle factors on functional vascular aging: the Rotterdam Study. 2016 , 34, 853-9		14
194	The effects of DASH diet on weight loss and metabolic status in adults with non-alcoholic fatty liver disease: a randomized clinical trial. 2016 , 36, 563-71		137
193	AMERICAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS AND AMERICAN COLLEGE OF ENDOCRINOLOGY COMPREHENSIVE CLINICAL PRACTICE GUIDELINES FOR MEDICAL CARE OF PATIENTS WITH OBESITY. 2016 , 22 Suppl 3, 1-203		557
192	The Role of Healthy Lifestyle in the Primordial Prevention of Cardiovascular Disease. 2016 , 18, 56		42
191	The effectiveness of Dietary Approaches to Stop Hypertension (DASH) counselling on estimated 10-year cardiovascular risk among patients with newly diagnosed grade 1 hypertension: A randomised clinical trial. 2016 , 224, 79-87		3
190	Diagnostic status of hypertension on the adherence to the Dietary Approaches to Stop Hypertension (DASH) diet. 2016 , 4, 525-531		38
189	Effects of the DASH-JUMP dietary intervention in Japanese participants with high-normal blood pressure and stage 1 hypertension: an open-label single-arm trial. 2016 , 39, 777-785		21

188	Impact of Dietary and Metabolic Risk Factors on Cardiovascular and Diabetes Mortality in South Asia: Analysis From the 2010 Global Burden of Disease Study. 2016 , 106, 2113-2125		19
187	A randomized controlled trial of the effects of a prudent diet on cardiovascular risk factors, gene expression, and DNA methylation - the Diet and Genetic Intervention (DIGEST) Pilot study. 2016 , 2,		3
186	Using fuzzy logistic regression for modeling vague status situations: Application to a dietary pattern study. 2016 , 10, 183-192		2
185	Recent Insights Into Health Benefits of Carotenoids. 2016 , 473-497		22
184	Urinary metabolomic profiling to identify biomarkers of a flavonoid-rich and flavonoid-poor fruits and vegetables diet in adults: the FLAVURS trial. 2016 , 12, 1		21
183	Effects of the Dietary Approaches to Stop Hypertension (DASH) Eating Plan on the Metabolic Side Effects of Corticosteroid Medications. 2016 , 35, 285-90		7
182	Added sugars and risk factors for obesity, diabetes and heart disease. 2016 , 40 Suppl 1, S22-7		25
181	Comparison of the DASH (Dietary Approaches to Stop Hypertension) diet and a higher-fat DASH diet on blood pressure and lipids and lipoproteins: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 341-7	7	174
180	A Review of the DASH Diet as an Optimal Dietary Plan for Symptomatic Heart Failure. 2016 , 58, 548-54		23
179	The Role of Nutrition and Lifestyle in the Prevention and Treatment of Cardiovascular Disease. 2017 , 137-150		
178	Nutritional Interventions to Lower Cholesterol and Risk for Heart Disease in Children. 2017 , 229-249		
177	Dietary Fats and Cardiovascular Disease: A Presidential Advisory From the American Heart Association. <i>Circulation</i> , 2017 , 136, e1-e23	16.7	587
176	Dietary Approaches to Stop Hypertension Diet, Weight Status, and Blood Pressure among Children and Adolescents: National Health and Nutrition Examination Surveys 2003-2012. 2017 , 117, 1437-1444.e2		29
175	DASH-ing toward improved renal outcomes: when healthy nutrition prevents incident chronic kidney disease. 2017 , 32, ii231-ii233		3
174	Nutrition in Lifestyle Medicine. 2017 ,		0
173	Annurca (<i>Malus pumila</i> Miller cv. Annurca) apple as a functional food for the contribution to a healthy balance of plasma cholesterol levels: results of a randomized clinical trial. 2017 , 97, 2107-2115		24
172	Dietary Fiber, Soluble and Insoluble, Carbohydrates, Fructose, and Lipids. 2017 , 187-200		2
171	The Role of Diet in the Prevention and Treatment of Cardiovascular Disease. 2017 , 595-623		3

170	Nutrition, Lifestyle, and Hypertension. 2017 , 625-655		3
169	Plant Protein, Animal Protein, and Cardiometabolic Health. 2017 , 643-665		1
168	Food Groups and Risk of Hypertension: A Systematic Review and Dose-Response Meta-Analysis of Prospective Studies. <i>Advances in Nutrition</i> , 2017 , 8, 793-803	10	138
167	A healthy approach to dietary fats: understanding the science and taking action to reduce consumer confusion. 2017 , 16, 53		97
166	Nutrition Guidelines to Promote and Maintain Health. 2017 , 239-253		
165	Dietary Patterns and Coronary Heart Disease. 2018 , 315-336		1
164	DASH Score and Subsequent Risk of Coronary Artery Disease: The Findings From Million Veteran Program. 2018 , 7,		23
163	A Healthy Asian A Posteriori Dietary Pattern Correlates with A Priori Dietary Patterns and Is Associated with Cardiovascular Disease Risk Factors in a Multiethnic Asian Population. 2018 , 148, 616-623		19
162	The Ossabaw Pig Is a Suitable Translational Model to Evaluate Dietary Patterns and Coronary Artery Disease Risk. 2018 , 148, 542-551		16
161	Dietary Approach to Stop Hypertension (DASH) diet and risk of renal function decline and all-cause mortality in renal transplant recipients. 2018 , 18, 2523-2533		24
160	Adherence to the dietary approaches to stop hypertension diet and risk of stroke: A meta-analysis of prospective studies. 2018 , 97, e12450		21
159	. 2018 ,		1
158	Kiwifruit and Human Platelet Function. 2018 , 139-154		
157	Short-Term Effects of Healthy Eating Pattern Cycling on Cardiovascular Disease Risk Factors: Pooled Results from Two Randomized Controlled Trials. <i>Nutrients</i> , 2018 , 10,	6.7	4
156	Dietary Approaches to Stop Hypertension Diet and Activity to Limit Gestational Weight: Maternal Offspring Metabolics Family Intervention Trial, a Technology Enhanced Randomized Trial. 2018 , 55, 603-614		22
155	A diet high in sugar-sweetened beverage and low in fruits and vegetables is associated with adiposity and a pro-inflammatory adipokine profile. 2018 , 120, 1230-1239		21
154	Non-LDL dyslipidemia is prevalent in the young and determined by lifestyle factors and age: The LifeLines cohort. 2018 , 274, 191-198		1
153	Nichtmedikamentöse Therapie von Fettstoffwechselstörungen: Möglichkeiten und Grenzen. 2018 , 13, 1-11		

152	Promoting Risk Identification and Reduction of Cardiovascular Disease in Women Through Collaboration With Obstetricians and Gynecologists: A Presidential Advisory From the American Heart Association and the American College of Obstetricians and Gynecologists. <i>Circulation</i> , 2018 , 137, e843-e852	16.7	117
151	The effect of healthy Nordic diet on cardio-metabolic markers: a systematic review and meta-analysis of randomized controlled clinical trials. 2019 , 58, 2159-2174		34
150	Interactions of the DASH Diet with the Renin-Angiotensin-Aldosterone System. 2019 , 3, nzz091		9
149	2018 Korean Society of Hypertension Guidelines for the management of hypertension: part II-diagnosis and treatment of hypertension. 2019 , 25, 20		110
148	A Clinician's Guide to Healthy Eating for Cardiovascular Disease Prevention. 2019 , 3, 251-267		34
147	Changes in diet and physical activity resulting from the Strong Hearts, Healthy Communities randomized cardiovascular disease risk reduction multilevel intervention trial. 2019 , 16, 91		8
146	Longitudinal Associations between Monetary Value of the Diet, DASH Diet Score and the Allostatic Load among Middle-Aged Urban Adults. <i>Nutrients</i> , 2019 , 11,	6.7	5
145	Nutritional Challenges in Metabolic Syndrome. 2019 , 8,		23
144	Relationship Between HDL Functional Characteristics and Cardiovascular Health and Potential Impact of Dietary Patterns: A Narrative Review. <i>Nutrients</i> , 2019 , 11,	6.7	15
143	The association of religious affiliation with cholesterol levels among South Asians: the Mediators of Atherosclerosis in South Asians Living in America study. 2019 , 19, 75		2
142	Diet and Cardiovascular Disease: The Mediterranean Diet. 2019 , 267-288		4
141	, a Culturally Tailored Physical Activity and Nutrition Program for Rural Latinas: Findings from a Pilot Study. 2019 , 16,		4
140	Dietary approach to stop hypertension diet and risk of coronary artery disease: a meta-analysis of prospective cohort studies. 2019 , 70, 668-674		10
139	Dietary patterns in relation to major cardiovascular diseases risk factors. 2019 , 50, 921-935		2
138	References. 2019 , 415-510		
137	. 2019 ,		7
136	Eating for Healthy Aging. 2019 , 119, 43-51		1
135	The Effects of the Dietary Approaches to Stop Hypertension (DASH) Diet on Metabolic Syndrome in Hospitalized Schizophrenic Patients: A Randomized Controlled Trial. <i>Nutrients</i> , 2019 , 11,	6.7	5

134	Dietary Interventions for Gout and Effect on Cardiovascular Risk Factors: A Systematic Review. <i>Nutrients</i> , 2019 , 11,	6.7	17
133	Relationship between dietary quality, determined by DASH score, and cardiometabolic health biomarkers: A cross-sectional analysis in adults. 2019 , 38, 1620-1628		22
132	Dietary inflammatory index and odds of coronary artery disease in a case-control study from Jordan. <i>Nutrition</i> , 2019 , 63-64, 98-105	4.8	4
131	Dietary Pattern Analysis. 2019 , 75-101		3
130	Effect of purslane on blood lipids and glucose: A systematic review and meta-analysis of randomized controlled trials. 2019 , 33, 3-12		12
129	Comparison of the effect of Dietary Approaches to Stop Hypertension diet and American Diabetes Association nutrition guidelines on lipid profiles in patients with type 2 diabetes: A comparative clinical trial. 2020 , 77, 204-211		4
128	Dietary Approaches to Stop Hypertension (DASH): potential mechanisms of action against risk factors of the metabolic syndrome. 2020 , 33, 1-18		19
127	The Power of Diet in CVD Risk Factor Reduction. 2020 , 1-16		
126	DASH Dietary Pattern: A Treatment for Non-communicable Diseases. 2020 , 16, 108-114		6
125	Protocol of a multicenter, single-blind, randomised, parallel controlled feeding trial evaluating the effect of a Chinese Healthy Heart (CHH) diet in lowering blood pressure and other cardiovascular risk factors. 2020 , 10, e036394		0
124	Management of hypertriglyceridemia. 2020 , 371, m3109		28
123	Diet and Nutraceutical Supplementation in Dyslipidemic Patients: First Results of an Italian Single Center Real-World Retrospective Analysis. <i>Nutrients</i> , 2020 , 12,	6.7	2
122	Associations between adherence to MIND diet and metabolic syndrome and general and abdominal obesity: a cross-sectional study. 2020 , 12, 101		3
121	Associations Between Dietary Patterns and Subclinical Cardiac Injury: An Observational Analysis From the DASH Trial. 2020 , 172, 786-794		11
120	What is the best diet for cardiovascular wellness? A comparison of different nutritional models. 2020 , 10, 50-61		7
119	Nutrition and atherosclerotic cardiovascular disease. 2020 , 393-411		1
118	Eating Pattern Response to a Low-Fat Diet Intervention and Cardiovascular Outcomes in Normotensive Women: The Women's Health Initiative. 2020 , 4, nzaa021		7
117	Let Them Eat Healthy: Can Emerging Potassium Binders Help Overcome Dietary Potassium Restrictions in Chronic Kidney Disease?. 2020 , 30, 475-483		10

116	Dietary treatment to lower cholesterol and triglyceride and reduce cardiovascular risk. 2020 , 31, 206-231	9
115	Effects of 20-year infancy-onset dietary counselling on cardiometabolic risk factors in the Special Turku Coronary Risk Factor Intervention Project (STRIP): 6-year post-intervention follow-up. 2020 , 4, 359-369	11
114	In the Footsteps of Wilbur Olin Atwater: The Atwater Lecture for 2019. <i>Advances in Nutrition</i> , 2020 , 11, 743-750	10 1
113	A Metabolically Healthy Profile Is a Transient Stage When Exercise and Diet Are Not Supervised: Long-Term Effects in the EXERDIET-HTA Study. 2020 , 17,	2
112	Substitutions between potatoes and other vegetables and risk of ischemic stroke. 2021 , 60, 229-237	2
111	Effects of Dietary Patterns on Serum Urate: Results From a Randomized Trial of the Effects of Diet on Hypertension. 2021 , 73, 1014-1020	11
110	Geriatric Nutritional Assessment and Treatment Frameworks. 2021 , 1-20	
109	Dietary Approaches to Lowering LDL-C. 2021 , 193-209	
108	Optimal Dietary Approaches for Those Living with Metabolic Syndrome to Prevent Progression to Diabetes and Reduce the Risk of Cardiovascular Disease. 2021 , 161-170	
107	Geriatric Nutritional Assessment and Treatment Frameworks. 2021 , 439-457	
106	Cardioprotective properties of water-soluble compounds of tomato. 2021 , 443-450	
105	Cardiometabolic Changes in Response to a Calorie-Restricted DASH Diet in Obese Older Adults. 2021 , 8, 647847	4
104	Our Whole Lives for Hypertension and Cardiac Risk Factors (OWL-H) Combining a Teaching Kitchen Group Visit with an Online Platform: A Feasibility Trial (Preprint).	
103	The Structure of Relationships between the Human Exposome and Cardiometabolic Health: The Million Veteran Program. <i>Nutrients</i> , 2021 , 13,	6.7 1
102	The Dietary Approaches to Stop Hypertension (DASH) Diet Pattern and Incident Heart Failure. 2021 , 27, 512-521	3
101	Metabolomic profiling identifies complex lipid species and amino acid analogues associated with response to weight loss interventions. 2021 , 16, e0240764	3
100	Limited Association between the Total Healthy Eating Index-2015 Score and Cardiovascular Risk Factors in Individuals with Long-Standing Spinal Cord Injury: An Exploratory Study: An Exploratory Study. 2021 , 121, 2260-2266	1
99	Effects of Diet and Sodium Reduction on Cardiac Injury, Strain, and Inflammation: The DASH-Sodium Trial. 2021 , 77, 2625-2634	8

98	Dietary and Lifestyle-Centered Approach in Gout Care and Prevention. 2021 , 23, 51	3
97	Effect of tomato, lycopene and related products on blood pressure: A systematic review and network meta-analysis. 2021 , 88, 153512	8
96	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. 2021 , 65, e2100363	1
95	A Low-Sodium DASH Dietary Pattern Affects Serum Markers of Inflammation and Mineral Metabolism in Adults with Elevated Blood Pressure. 2021 , 151, 3067-3074	0
94	The Mediterranean diet and dietary approach to stop hypertension (DASH)-style diet are differently associated with lipid profile in a large sample of Iranian adults: a cross-sectional study of Shahedieh cohort. 2021 , 21, 192	1
93	The long-term association of different dietary protein sources with metabolic syndrome. 2021 , 11, 19394	1
92	Raw Milk: Nature's Most Perfect Food?. 2022 , 451-462	0
91	Preparation, structural characteristics and physiological property of resistant starch. 2021 , 95, 1-40	1
90	Lifestyle Approaches to Lowering Triglycerides. 2021 , 211-223	
89	Lipid Disorders in Children and Adolescents. 2021 , 1004-1021	2
88	Treatment of Hypertension in the Elderly Patient With Diabetes. 2005 , 451-469	1
87	Effect of the Mediterranean diet in combination with exercise on metabolic syndrome parameters: 1-year randomized controlled trial. 2019 , 89, 132-143	8
86	Short-Term Tea Consumption Is Not Associated with a Reduction in Blood Lipids or Pressure: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. 2020 , 150, 3269-3279	6
85	Raw and processed fruit and vegetable consumption and 10-year coronary heart disease incidence in a population-based cohort study in the Netherlands. 2010 , 5, e13609	70
84	Food composition of the diet in relation to changes in waist circumference adjusted for body mass index. 2011 , 6, e23384	69
83	Fruit and Vegetable Consumption and Changes in Anthropometric Variables in Adult Populations: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. 2015 , 10, e0140846	122
82	The Effect of Theory Based Nutritional Education on Fat Intake, Weight and Blood Lipids. 2016 , 8, 3333-3342	4
81	Diet Composition for the Management of Obesity and Obesity-related Disorders. 2018 , 3, 10-25	12

80	Dietary Intake Ratios of Calcium-to-Phosphorus and Sodium-to-Potassium Are Associated with Serum Lipid Levels in Healthy Korean Adults. 2012 , 17, 93-100		12
79	Novel Insights into the Pathogenesis and Management of the Metabolic Syndrome. 2020 , 23, 189-230		56
78	Cardiometabolic risk parameters of individuals with lower extremity amputation: What is the effect of adherence to DASH diet and Mediterranean diet?. 2020 , 66, 291-298		3
77	Dietary Cholesterol Intake in the Korea National Health and Nutrition Examination Survey (KNHANES) VI (2013-2015). <i>Korean Journal of Community Nutrition</i> , 2017 , 22, 520	0.8	1
76	Quality Characteristics of Commercial Kimchi Paste. 2017 , 33, 9-19		8
75	Dietary Approaches to Stop Hypertension (DASH) diet, Mediterranean diet and blood lipid profiles in less-developed ethnic minority regions. 2021 , 1-10		1
74	Functional foods, blood lipids and coronary heart disease. 2002 , 1, 1-11		4
73	References. <i>Circulation</i> , 2002 , 106, 3373-3421		16.7 1
72	Menopause and Nutrition. 2003 , 133-153		
71	Nutritional Management of Hypertension in the Elderly. 2004 , 399-418		
70	Heart and Vascular Diseases. 2004 , 473-490		
69	Dietary Approaches to Hypertension Management: The DASH Studies. 2005 , 453-463		
68	Carotenoids and Cardiovascular Disease. 2005 ,		
67	Food Synergy in Dietary Patterns and Risk for Chronic Diseases. 2005 , 111-122		
66	New Insights on the Role of Lipids and Lipoproteins in Cardiovascular Disease. 2005 , 211-263		
65	Pediatric Obesity Dietary Approaches in Clinical Settings. 2006 , 121-132		
64	Dietary Intervention and Monitoring of Obese Patients with Cardiovascular Disease. 2006 , 281-300		
63	Obesity and Lifestyle Modification. 2006 , 63-78		

- 62 Dairy Foods and Cardiovascular Health. **2006**, 55-98
- 61 Cardiovascular Disease and Lifestyle Modification. **2007**, 540-554
- 60 Obesity and Lifestyle Modification. **2007**, 63-78
- 59 Nutritional Treatment of Blood Pressure. **2007**, 771-783
- 58 Epidemiological Studies on Atherosclerosis: The Role of the Mediterranean Diet in the Prevention of Cardiovascular Disease. **2008**, 11-24
- 57 Dietary Factors in Youth with Diabetes. **2008**, 277-292
- 56 Dietary Patterns for the Prevention and Treatment of Cardiovascular Disease. **2009**, 217-231
- 55 Nutrition Recommendations and Interventions for Subjects with Cardiovascular Disease. **2009**, 221-244
- 54 Cardiovascular Issues. **2009**, 397-413
- 53 Social Class, Food Intakes and Risk of Coronary Artery Disease in the Developing World: The Asian Paradox. **2010**, 43-70
- 52 Chapter 6Diet and Nutrition. **2010**, 0
- 51 Nutritional Approaches for Cardiovascular Disease Prevention. **2011**, 253-271
- 50 Geriatric Nutritional Assessment. **2012**, 107-117
- 49 Blood Pressure, Sodium Intake and Dietary Behavior Changes by Session Attendance on Salt Reduction Education Program for Pre-hypertensive Adults in a Public Health Center. *Korean Journal of Community Nutrition*, **2013**, 18, 626 0.8 10
- 48 Effect of Fruit and Vegetable Intake on cvd Risk Factors in Humans. **2013**, 501-528
- 47 Quality Characteristics of Low-Salt Kimchi with Salt Replaced by *Salicornia herbacea* L. Powder. *Journal of the Korean Society of Food Culture*, **2013**, 28, 674-683 10
- 46 Sugars and Cardiovascular Disease. **2014**, 341-356
- 45 Lifestyle Management to Reduce Cardiovascular Risk. *Korean Journal of Medicine*, **2014**, 87, 131 0.5

44	Atherosclerosis. 2014 , 133-210		
43	Integrative Nutritional Therapy for Cardiovascular Disease. 2015 , 143-188		
42	Dietary Approaches to Stop Hypertension. 2015 , 419-434		
41	8. Diet and Nutrition. 2016 ,		
40	8 Integrative Nutritional Therapy for Cardiovascular Disease. 2017 , 143-188		
39	Effects of DASH dietary and exercise on metabolic parameters in prehypertensive patients. <i>Ortadoñ Tõ Dergisi</i> , 2018 , 10, 167-173	0.1	
38	Adherence to the DASH-style Diet and the Presence of Cardiovascular Risk Factors in Adults from Tõgu Mureñ <i>Journal of Interdisciplinary Medicine</i> , 2018 , 3, 134-140	0.2	1
37	The Protective Role of Nutraceuticals and Functional Food in Hyperlipidemia. <i>Health Information Systems and the Advancement of Medical Practice in Developing Countries</i> , 2019 , 233-254	0.2	0
36	Hypertension Today: Role of Sports and Exercise Medicine. 2019 , 2, 20-27		2
35	[Non-pharmaceutical treatment of dyslipidemia: review of current methods of diet and nutraceuticals]. <i>Kardiologiya</i> , 2019 , 59, 4-14	1.5	
34	Hyperuricaemia in primary care. <i>Medicõa Pro Praxi</i> , 2020 , 17, 80-87	0	
33	Effect of nutrition education in reducing sodium intake and increasing potassium intake in hypertensive adults. <i>Nutrition Research and Practice</i> , 2020 , 14, 540-552	2.1	
32	COVID-19-associated stroke risk: Could nutrition and dietary patterns have a contributing role?. <i>World Journal of Meta-analysis</i> , 2020 , 8, 435-446	0.5	1
31	Dietñmicrobiome interaction in colorectal cancer: a potentially discriminatory role for <i>Fusobacterium nucleatum</i> . 2020 , 211-241		
30	The DASH Dietary Pattern. 2020 , 3-16		
29	Rippe Lifestyle Institute: Establishing the Academic Basis for Lifestyle Medicine. 2020 , 283-288		
28	Nutritional and dietary interventions to prolong renal allograft survival after kidney transplantation. <i>Current Opinion in Nephrology and Hypertension</i> , 2022 , 31, 6-17	3.5	0
27	Metabolomic profiling identifies complex lipid species associated with response to weight loss interventions.		

26	Consensus report of the National Medical Association. The role of dairy and dairy nutrients in the diet of African Americans. <i>Journal of the National Medical Association</i> , 2004 , 96, 5S-31S	2.3	9
25	How dietary patterns could have a role in prevention, progression, or management of diabetes mellitus? Review on the current evidence. <i>Journal of Research in Medical Sciences</i> , 2012 , 17, 694-709	1.6	27
24	Relationship between dietary approaches to stop hypertension score and presence or absence of coronary heart diseases in patients referring to Imam Hossein Hospital, Tehran, Iran. <i>ARYA Atherosclerosis</i> , 2013 , 9, 319-25	0.7	
23	Dysfunction of resolution receptor triggers cardiomyopathy of obesity and signs of non-resolving inflammation in heart failure. <i>Molecular and Cellular Endocrinology</i> , 2021 , 542, 111521	4.4	
22	Role of Functional Food in Treating and Preventing Cardiovascular Diseases.		
21	Anti-hypertensive Peptide Predictor: A Machine Learning-Empowered Web Server for Prediction of Food-Derived Peptides with Potential Angiotensin-Converting Enzyme-I Inhibitory Activity. <i>Journal of Agricultural and Food Chemistry</i> , 2021 ,	5.7	0
20	Effectiveness of optimized food-based recommendation promotion to improve nutritional status and lipid profiles among Minangkabau women with dyslipidemia: A cluster-randomized trial.. <i>BMC Public Health</i> , 2022 , 22, 21	4.1	0
19	Translation and Cross-cultural Adaptation of the Self-care of Hypertension Inventory for Thais With Hypertension.. <i>Journal of Cardiovascular Nursing</i> , 2022 ,	2.1	0
18	The Role of Healthy Lifestyle in the Primordial Prevention of Metabolic Syndrome Throughout Lifetime: What We Know and What We Need to Know. <i>Integrated Science</i> , 2022 , 11-23		
17	The effect of food prescription programs on chronic disease management in primarily low-income populations: A systematic review and meta-analysis.. <i>Nutrition and Health</i> , 2022 , 2601060211070718	2.1	2
16	A Systematic Review of Literature On the Representation of Racial and Ethnic Minority Groups in Clinical Nutrition Interventions.. <i>Advances in Nutrition</i> , 2022 ,	10	0
15	Could "cellular exercise" be the missing ingredient in a healthy life? Diets, caloric restriction, and exercise-induced hormesis.. <i>Nutrition</i> , 2022 , 99-100, 111629	4.8	0
14	Our Whole Lives for Hypertension and Cardiac Risk Factors-Combining a Teaching Kitchen Group Visit With a Web-Based Platform: Feasibility Trial.. <i>JMIR Formative Research</i> , 2022 , 6, e29227	2.5	0
13	High Salt Up-regulates Ca-Sensing Receptor Expression and Ca-Induced Relaxation of Contracted Mesenteric Arteries from Dahl Salt-Sensitive Rats.. <i>Journal of Pharmacology and Experimental Therapeutics</i> , 2022 ,	4.7	
12	Hypertension and Dyslipidemia Combined Therapeutic Approaches.. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2022 , 1	2.9	0
11	Hypertension: Constraining the Expression of ACE-II by Adopting Optimal Macronutrients Diet Predicted via Support Vector Machine. <i>Nutrients</i> , 2022 , 14, 2794	6.7	
10	Effects of Cuisine-Based Chinese Heart-Healthy Diet in Lowering Blood Pressure Among Adults in China: Multicenter, Single-Blind, Randomized, Parallel Controlled Feeding Trial. <i>Circulation</i> ,	16.7	0
9	Dietary Patterns and Blood Biochemical and Metabolic Parameters in an Italian Population: A Cross-Sectional Study. 2022 , 1, 88-104		

8	Positive effects of dietary approach for the treatment of hypertension. 2022 , 13, 85-94	0
7	The role of the dietary patterns in the cardiovascular disease risk prevention. e704	0
6	Development of the Penn Healthy Diet screener with reference to adult dietary intake data from the National Health and Nutrition Examination Survey. 2022 , 21,	0
5	Dietary management of dyslipidemia and the impact of dietary patterns on lipid disorders. 2022 ,	1
4	Effects of Diet on 10-Year Atherosclerotic Cardiovascular Disease Risk (from the DASH Trial). 2023 , 187, 10-17	1
3	Identification of Protein Biomarkers of the Dietary Approaches to Stop Hypertension Diet in Randomized Feeding Studies and Validation in an Observational Study. 2023 , 12,	0
2	Associations between adherence to MIND diet and general obesity and lipid profile: A cross-sectional study. 10,	0
1	Healthy/Prudent Diets and Health Benefits in Adults. 2023 , 35-59	0