

# Effects of Exercise Training on Older Patients With Major

Archives of Internal Medicine

159, 2349-56

DOI: [10.1001/archinte.159.19.2349](https://doi.org/10.1001/archinte.159.19.2349)

Citation Report

#	ARTICLE	IF	CITATIONS
1	Anti-Aging Medicine LiteratureWatch. Rejuvenation Research, 1998, 1, 275-284.	0.2	0
2	A healthy old age: realistic or futile goal?. BMJ: British Medical Journal, 2000, 321, 1149-1151.	2.3	64
3	Exercise Treatment for Major Depression: Maintenance of Therapeutic Benefit at 10 Months. Psychosomatic Medicine, 2000, 62, 633-638.	2.0	800
5	Exercise and Depression in the Older Adult. Nutrition in Clinical Care: an Official Publication of Tufts University, 2000, 3, 197-208.	0.2	31
6	Measurement of motivation for exercise. Health Education Research, 2000, 15, 695-705.	1.9	34
7	Anti-Aging Medicine LiteratureWatch. Rejuvenation Research, 2000, 3, 113-126.	0.2	0
8	Demographic and psychosocial correlates of physical activity in late life. American Journal of Preventive Medicine, 2001, 21, 306-312.	3.0	223
9	The Efficacy of Exercise as a Long-term Antidepressant in Elderly Subjects: A Randomized, Controlled Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2001, 56, M497-M504.	3.6	262
10	Physical activity dose-response effects on outcomes of depression and anxiety. Medicine and Science in Sports and Exercise, 2001, 33, S587-S597.	0.4	597
11	Effect of aerobic exercise on behavioral and neuroendocrine responses to meta-chlorophenylpiperazine and to ipsapirone in untrained healthy subjects. Psychopharmacology, 2001, 155, 234-241.	3.1	43
12	Exercise in treating depression: Broadening the psychotherapist's role. Journal of Clinical Psychology, 2001, 57, 1289-1300.	1.9	37
13	Exercise for Disease Prevention in the Geriatric Population. Nutrition in Clinical Care: an Official Publication of Tufts University, 2001, 4, 296-305.	0.2	2
14	PRESCRIBING AN EXERCISE PROGRAM AND MOTIVATING OLDER ADULTS TO COMPLY. Educational Gerontology, 2001, 27, 209-226.	1.3	12
15	Cross-sectional and Prospective Study of Exercise and Depressed Mood in the Elderly : The Rancho Bernardo Study. American Journal of Epidemiology, 2001, 153, 596-603.	3.4	188
16	Exercise was more effective in the long term than sertraline or exercise plus sertraline for major depression in older adults. Evidence-Based Mental Health, 2001, 4, 105-105.	4.5	4
17	The Effects of a Multi-Modal Intervention Trial of Light, Exercise, and Vitamins on Women's Mood. Women and Health, 2001, 34, 93-112.	1.0	33
18	Primary Prevention for Older Adults. Journal of Aging and Social Policy, 2001, 12, 5-22.	1.6	0
19	The effectiveness of exercise as an intervention in the management of depression: systematic review and meta-regression analysis of randomised controlled trials. BMJ: British Medical Journal, 2001, 322, 763-763.	2.3	759

#	ARTICLE	IF	CITATIONS
20	Self-efficacy and depression in late life: A primary prevention proposal. <i>Aging and Mental Health</i> , 2002, 6, 315-324.	2.8	152
21	Effects of exercise on depressive symptoms in older adults with poorly responsive depressive disorder. <i>British Journal of Psychiatry</i> , 2002, 180, 411-415.	2.8	308
22	Effects of Exercise on the Prevention and Treatment of Depression. <i>Journal of Clinical Activities Assignments &amp; Handouts in Psychotherapy Practice</i> , 2002, 2, 63-76.	0.0	0
23	Physical exercise or micronutrient supplementation for the wellbeing of the frail elderly? A randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2002, 36, 126-131.	6.7	44
24	World Federation of Societies of Biological Psychiatry (WFSBP) Guidelines for Biological Treatment of Unipolar Depressive Disorders, Part 1: Acute and Continuation Treatment of Major Depressive Disorder. <i>World Journal of Biological Psychiatry</i> , 2002, 3, 5-43.	2.6	311
25	Relationship between Changes in Acute Exercise-Induced Feeling States, Self-Motivation, and Adults' Adherence to Moderate Aerobic Exercise. <i>Perceptual and Motor Skills</i> , 2002, 94, 425-439.	1.3	47
26	Latinas. <i>Women and Therapy</i> , 2002, 25, 23-38.	1.0	5
27	Exercise Comes of Age: Rationale and Recommendations for a Geriatric Exercise Prescription. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2002, 57, M262-M282.	3.6	361
29	Physical activity and exercise: Recent advances and current challenges.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 526-536.	2.0	97
30	Exercise therapy for depression in middle-aged and older adults: Predictors of early dropout and treatment failure.. <i>Health Psychology</i> , 2002, 21, 553-563.	1.6	67
31	Psychosocial influences on the development and course of coronary heart disease: Current status and implications for research and practice.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 548-568.	2.0	284
32	Exercise and Depressive Symptoms: A Comparison of Aerobic and Resistance Exercise Effects on Emotional and Physical Function in Older Persons With High and Low Depressive Symptomatology. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2002, 57, P124-P132.	3.9	265
33	Exercise and the Treatment of Clinical Depression in Adults. <i>Sports Medicine</i> , 2002, 32, 741-760.	6.5	357
34	The role of adherence in mediating the relationship between depression and health outcomes. <i>Journal of Psychosomatic Research</i> , 2002, 53, 877-881.	2.6	119
35	Anxiety, depression, and insomnia. <i>Primary Care - Clinics in Office Practice</i> , 2002, 29, 339-360.	1.6	34
36	Imaging of sports-related muscle injuries. <i>Radiologic Clinics of North America</i> , 2002, 40, 333-362.	1.8	113
37	Exercise to prevent and treat functional disability. <i>Clinics in Geriatric Medicine</i> , 2002, 18, 431-462.	2.6	77
38	Effectiveness of complementary and self-help treatments for depression. <i>Medical Journal of Australia</i> , 2002, 176, S84-96.	1.7	155

#	ARTICLE	IF	CITATIONS
39	The DOSE study. <i>Contemporary Clinical Trials</i> , 2002, 23, 584-603.	1.9	89
40	Effects of a group-based exercise program on the mood state of frail older women after discharge from hospital. <i>International Journal of Geriatric Psychiatry</i> , 2002, 17, 1106-1111.	2.7	61
41	Chronic pain: Psychological approaches for the front-line clinician. <i>Journal of Clinical Psychology</i> , 2002, 58, 1385-1396.	1.9	3
42	Rational treatment choices for non-major depressions in primary care. <i>Journal of General Internal Medicine</i> , 2002, 17, 293-301.	2.6	68
43	Cytokines and Cognition—The Case for A Head-to-Head Inflammatory Paradigm. <i>Journal of the American Geriatrics Society</i> , 2002, 50, 2041-2056.	2.6	555
44	A case report: implementing a nurse telecare program for treating depression in primary care. <i>Psychiatric Quarterly</i> , 2003, 74, 61-73.	2.1	9
45	The effects of exercise and social support on mothers reporting depressive symptoms: A pilot randomized controlled trial. <i>International Journal of Mental Health Nursing</i> , 2003, 12, 130-138.	3.8	113
46	5-HT1A responsivity in patients with panic disorder before and after treatment with aerobic exercise, clomipramine or placebo. <i>European Neuropsychopharmacology</i> , 2003, 13, 153-164.	0.7	40
47	Assessing the Effectiveness of a Walking Program on Physical Function of Residents Living in an Assisted Living Facility. <i>Journal of Community Health Nursing</i> , 2003, 20, 15-26.	0.5	29
48	A Case-Control Study of Psychosocial and Aerobic Exercise Factors in Women With Symptoms of Depression. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2003, 137, 338-350.	1.6	8
49	Do Asthma and Physical Inactivity Influence the Associations of Personal and Job Stressors with Perceived Stress and Depression? Findings from the 1998–1999 California Work and Health Survey. <i>Annals of Epidemiology</i> , 2003, 13, 358-368.	1.9	3
50	Imaging of sports-related muscle injuries. <i>Magnetic Resonance Imaging Clinics of North America</i> , 2003, 11, 341-371.	1.1	7
51	Self-reported leisure-time physical activity during pregnancy and relationship to psychological well-being. <i>Journal of Psychosomatic Obstetrics and Gynaecology</i> , 2003, 24, 111-119.	2.1	111
52	Depression in Late Life: Review and Commentary. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2003, 58, M249-M265.	3.6	1,725
53	Exercise Plus Behavioral Management in Patients With Alzheimer Disease. <i>JAMA - Journal of the American Medical Association</i> , 2003, 290, 2015.	7.4	653
55	Depression—A Cardiac Risk Factor in Search of a Treatment. <i>JAMA - Journal of the American Medical Association</i> , 2003, 289, 3171.	7.4	88
56	Effects of cardiovascular exercise frequency and duration on depression and tension changes Over 10 weeks. <i>European Journal of Sport Science</i> , 2003, 3, 1-12.	2.7	40
57	Care after Coronary-Artery Bypass Surgery. <i>New England Journal of Medicine</i> , 2003, 348, 1456-1463.	27.0	39

#	ARTICLE	IF	CITATIONS
58	The use of complementary/preventive medicine to prevent prostate cancer recurrence/progression following definitive therapy: Part I. lifestyle changes. <i>Current Opinion in Urology</i> , 2003, 13, 137-145.	1.8	8
59	Attitudinal and Psychosocial Outcomes of a Fitness and Health Education Program on Adults With Down Syndrome. <i>American Journal on Intellectual and Developmental Disabilities</i> , 2004, 109, 175.	2.4	155
60	Subjective Well-Being in Obese Individuals: The Multiple Roles of Exercise. <i>Quest</i> , 2004, 56, 50-76.	1.2	21
61	Cardiorespiratory Fitness and Visceral Fat Impact the Relationship between Psychological Fitness and Metabolic Syndrome in Japanese Males with Type 2 Diabetes Mellitus. <i>Metabolic Syndrome and Related Disorders</i> , 2004, 2, 172-179.	1.3	4
62	Association Between Lifestyle Factors and Mental Health Measures Among Community-Dwelling Older Women. <i>Australian and New Zealand Journal of Psychiatry</i> , 2004, 38, 940-947.	2.3	101
63	Substance abuse treatment initiation among older adults in the GET SMART program: effects of depression and cognitive status. <i>Aging and Mental Health</i> , 2004, 8, 346-354.	2.8	19
64	The experiences of older people participating in exercise referral schemes. <i>Perspectives in Public Health</i> , 2004, 124, 18-23.	0.4	54
65	Mood States of Formerly Sedentary Younger and Older Women at Weeks 1 and 10 of a Moderate Exercise Program. <i>Psychological Reports</i> , 2004, 94, 1337-1342.	1.7	11
66	Drop-out and mood improvement: a randomised controlled trial with light exposure and physical exercise [ISRCTN36478292]. <i>BMC Psychiatry</i> , 2004, 4, 22.	2.6	25
67	The UCSD Statin Study: a randomized controlled trial assessing the impact of statins on selected noncardiac outcomes. <i>Contemporary Clinical Trials</i> , 2004, 25, 178-202.	1.9	50
68	Physical activity and older adults: a review of health benefits and the effectiveness of interventions. <i>Journal of Sports Sciences</i> , 2004, 22, 703-725.	2.0	458
69	Can physical activity improve the mental health of older adults?. <i>Annals of General Psychiatry</i> , 2004, 3, 12.	0.1	57
70	Depressive symptoms in late life: a 10-year follow-up. <i>Archives of Gerontology and Geriatrics</i> , 2004, 38, 239-250.	3.0	234
71	Lifestyle recommendations to prevent prostate cancer, part II: time to redirect our attention?. <i>Urologic Clinics of North America</i> , 2004, 31, 301-311.	1.8	86
72	Depression in the elderly: new concepts and therapeutic approaches. <i>Aging Clinical and Experimental Research</i> , 2004, 16, 176-189.	2.9	31
73	Exercise and aging. <i>Clinics in Geriatric Medicine</i> , 2004, 20, 201-221.	2.6	70
74	Healthy aging for older women. <i>Nursing Clinics of North America</i> , 2004, 39, 131-143.	1.5	7
75	An effective exercise-based intervention for improving mental health and quality of life measures: a randomized controlled trial. <i>Preventive Medicine</i> , 2004, 39, 424-434.	3.4	166

#	ARTICLE	IF	CITATIONS
76	The association between physical exercises and health-related quality of life in subjects with mental disorders: results from a cross-sectional survey. <i>Preventive Medicine</i> , 2004, 39, 1200-1207.	3.4	78
77	Effects of chronic activity wheel running and imipramine on masculine copulatory behavior after olfactory bulbectomy. <i>Physiology and Behavior</i> , 2004, 82, 593-600.	2.1	32
78	The effect of fitness training on clinically depressed patients: an intra-individual approach. <i>Psychology of Sport and Exercise</i> , 2004, 5, 153-167.	2.1	11
79	Exercise, Depression, and Mortality after Myocardial Infarction in the ENRICH Trial. <i>Medicine and Science in Sports and Exercise</i> , 2004, 36, 746-755.	0.4	96
80	Depression as a Risk Factor for Coronary Artery Disease: Evidence, Mechanisms, and Treatment. <i>Psychosomatic Medicine</i> , 2004, 66, 305-315.	2.0	28
81	Mental Health Treatment Preferences of Older and Younger Primary Care Patients. <i>International Journal of Psychiatry in Medicine</i> , 2004, 34, 219-233.	1.8	70
82	Naturally Occurring Changes in Physical Activity Are Inversely Related to Depressive Symptoms During Early Adolescence. <i>Psychosomatic Medicine</i> , 2004, 66, 336-342.	2.0	18
83	Age Differences in the Effect of Physical Activity on Depressive Symptoms.. <i>Psychology and Aging</i> , 2004, 19, 346-351.	1.6	85
84	Exercise "Addiction" in Anorexia Nervosa: Model Development and Pilot Data. <i>CNS Spectrums</i> , 2004, 9, 531-537.	1.2	66
85	Nonpharmacologic Treatments for Depression in Patients With Coronary Heart Disease. <i>Psychosomatic Medicine</i> , 2005, 67, S58-S62.	2.0	47
86	Medical Report. <i>ACSM's Health and Fitness Journal</i> , 2005, 9, 31-33.	0.6	0
87	Effects of Recreational Physical Activity and Back Exercises on Low Back Pain and Psychological Distress: Findings From the UCLA Low Back Pain Study. <i>American Journal of Public Health</i> , 2005, 95, 1817-1824.	2.7	128
88	Effects of Acute Exercise on Mood and Well-Being in Patients with Major Depressive Disorder. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 2032-2037.	0.4	213
89	Physically active lifestyles and well-being. , 2005, , 140-169.		23
90	Depression, anxiety and quality of life scores in seniors after an endurance exercise program. <i>Revista Brasileira De Psiquiatria</i> , 2005, 27, 266-271.	1.7	109
91	Impact of Culture on the Education of the Geriatric Patient. <i>Topics in Geriatric Rehabilitation</i> , 2005, 21, 282-294.	0.4	6
92	Increasing Lifestyle Physical Activity in Patients with Depression or Other Serious Mental Illness. <i>Journal of Psychiatric Practice</i> , 2005, 11, 379-388.	0.7	52
93	The Effects of Physical Activity and Sedentary Behavior on Cognitive Health in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2005, 13, 294-313.	1.0	97

#	ARTICLE	IF	CITATIONS
94	Physical Activity and Depressive Symptoms in Older Adults. <i>Journal of Physical Activity and Health</i> , 2005, 2, 98-114.	2.0	8
95	The Effect of Exercise on Global Self-Esteem: A Quantitative Review. <i>Journal of Sport and Exercise Psychology</i> , 2005, 27, 311-334.	1.2	149
96	Late-Life Depression: Detection, Risk Reduction, and Somatic Intervention.. <i>Clinical Psychology: Science and Practice</i> , 2005, 12, 207-217.	0.9	11
97	Physical functioning in end-stage renal disease patients: Update 2005. <i>Hemodialysis International</i> , 2005, 9, 218-235.	0.9	212
98	Determinants of sleep quality in women with systemic lupus erythematosus. <i>Arthritis and Rheumatism</i> , 2005, 53, 272-278.	6.7	111
99	A description of an accelerometer-based mobility monitoring technique. <i>Medical Engineering and Physics</i> , 2005, 27, 497-504.	1.7	181
101	Physical activity in the second half of lifeâ€™ current situation in Switzerland. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2005, 13, 179-184.	1.6	0
102	Nonpharmacologic treatment of migraine. <i>Current Pain and Headache Reports</i> , 2005, 9, 202-205.	2.9	14
103	Depressive Symptoms Among Older Adults: Long-Term Reduction After a Physical Activity Intervention. <i>Journal of Behavioral Medicine</i> , 2005, 28, 385-394.	2.1	101
105	Outdoor education and bush adventure therapy: A socio-ecological approach to health and wellbeing. <i>Journal of Outdoor and Environmental Education</i> , 2005, 9, 3-13.	1.1	59
106	The safety and tolerability of atypical antipsychotics in bipolar disorder. <i>Expert Opinion on Drug Safety</i> , 2005, 4, 849-868.	2.4	20
107	Serotonin and Depression: A Disconnect between the Advertisements and the Scientific Literature. <i>PLoS Medicine</i> , 2005, 2, e392.	8.4	271
108	Guideline Watch: Practice Guideline for the Treatment of Patients With Major Depressive Disorder, 2nd Edition. <i>Focus (American Psychiatric Publishing)</i> , 2005, 3, 34-42.	0.8	16
109	Physical activity and health related quality of life among people with arthritis. <i>Journal of Epidemiology and Community Health</i> , 2005, 59, 380-385.	3.7	112
110	A Randomized Controlled Trial of High Versus Low Intensity Weight Training Versus General Practitioner Care for Clinical Depression in Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2005, 60, 768-776.	3.6	338
111	Mental health benefits of physical activity. <i>Journal of Mental Health</i> , 2005, 14, 445-451.	1.9	141
112	The Effect of Exercise on Hippocampal Integrity: Review of Recent Research. <i>International Journal of Psychiatry in Medicine</i> , 2005, 35, 75-89.	1.8	50
113	A Home Health Care Approach to Exercise for Persons With Alzheimerâ€™s Disease. <i>Care Management Journals: Journal of Case Management ; the Journal of Long Term Home Health Care</i> , 2005, 6, 90-97.	0.5	34

#	ARTICLE	IF	CITATIONS
114	Correlations of Depression and Total Mood Disturbance with Physical Activity and Self-Concept in Preadolescents Enrolled in an After-School Exercise Program. <i>Psychological Reports</i> , 2005, 96, 891-898.	1.7	33
115	Comparison of Changes in Physical Self-Concept, Global Self-Esteem, Depression and Anxiety following Two Different Psychomotor Therapy Programs in Nonpsychotic Psychiatric Inpatients. <i>Psychotherapy and Psychosomatics</i> , 2005, 74, 353-361.	8.8	63
116	A Psychodynamic Approach to Screening for the Metabolic Syndrome. <i>Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry</i> , 2005, 33, 671-682.	0.3	0
117	Depression in Persons with Multiple Sclerosis. <i>Physical Medicine and Rehabilitation Clinics of North America</i> , 2005, 16, 437-448.	1.3	29
118	The late arrival of exercise neuroscience. <i>International Journal of Sport and Exercise Psychology</i> , 2005, 3, 255-262.	2.1	3
119	Exercise and Depression. <i>International Journal of Sport and Exercise Psychology</i> , 2005, 3, 469-483.	2.1	9
120	Five Decades of Sport and Exercise Psychology: A Festschrift for William P. Morgan. <i>International Journal of Sport and Exercise Psychology</i> , 2005, 3, 399-409.	2.1	5
121	The exercise-induced enhancement of influenza immunity is mediated in part by improvements in psychosocial factors in older adults. <i>Brain, Behavior, and Immunity</i> , 2005, 19, 357-366.	4.1	62
122	Promoting general health during androgen deprivation therapy (ADT): A rapid 10-step review for your patients. <i>Urologic Oncology: Seminars and Original Investigations</i> , 2005, 23, 56-64.	1.6	49
123	Exercise training and depression in older adults. <i>Neurobiology of Aging</i> , 2005, 26, 119-123.	3.1	143
124	Designing lifestyle interventions with the brain in mind. <i>Neurobiology of Aging</i> , 2005, 26, 85-87.	3.1	7
125	Exercise and clinical depression: examining two psychological mechanisms. <i>Psychology of Sport and Exercise</i> , 2005, 6, 151-171.	2.1	159
126	Exercise treatment for depression. <i>American Journal of Preventive Medicine</i> , 2005, 28, 1-8.	3.0	932
128	The epidemiology, pathophysiology, and management of psychosocial risk factors in cardiac practice. <i>Journal of the American College of Cardiology</i> , 2005, 45, 637-651.	2.8	1,102
129	Pulmonary Rehabilitation in Chronic Obstructive Pulmonary Disease. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2005, 172, 19-38.	5.6	489
130	The Psychobiology of Depression and Resilience to Stress: Implications for Prevention and Treatment. <i>Annual Review of Clinical Psychology</i> , 2005, 1, 255-291.	12.3	881
131	Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the acute treatment of adults with major depression. <i>Journal of Consulting and Clinical Psychology</i> , 2006, 74, 658-670.	2.0	1,287
132	A Review of Physical Activity Patterns in Pregnant Women and Their Relationship to Psychological Health. <i>Sports Medicine</i> , 2006, 36, 19-38.	6.5	211



#	ARTICLE	IF	CITATIONS
133	Successful Mental Health Aging: Results From a Longitudinal Study of Older Australian Men. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 27-35.	1.2	93
134	Step-by-Step Lifestyle Changes That Can Improve Urologic Health in Men, Part I: What Do I Tell My Patients?. <i>Primary Care - Clinics in Office Practice</i> , 2006, 33, 139-163.	1.6	5
135	An Evidence-Based Approach to the Management of Depression. <i>Primary Care - Clinics in Office Practice</i> , 2006, 33, 923-941.	1.6	3
136	Neuroimmune-endocrine crosstalk in schizophrenia and mood disorders. <i>Expert Review of Neurotherapeutics</i> , 2006, 6, 1017-1038.	2.8	59
137	Cardiac Rehabilitation, Exercise Training, and Psychosocial Risk Factors: Reply. <i>Journal of the American College of Cardiology</i> , 2006, 47, 212-213.	2.8	7
138	Back to the Dogs. <i>American Journal of Preventive Medicine</i> , 2006, 30, 362.	3.0	4
139	Aerobic exercise, but not flexibility/resistance exercise, reduces serum IL-18, CRP, and IL-6 independent of $\beta$ -blockers, BMI, and psychosocial factors in older adults. <i>Brain, Behavior, and Immunity</i> , 2006, 20, 201-209.	4.1	370
140	A influência da atividade física nos quadros depressivos de pessoas idosas: uma revisão sistemática. <i>Revista Brasileira De Epidemiologia</i> , 2006, 9, 481-492.	0.8	28
141	The management of depression in patients with coronary heart disease. , 0, , 109-124.		2
142	Depression and physical disability. , 0, , 125-144.		0
143	Depression and physical activity. , 2006, , 348-368.		12
144	Depression and Social Interaction in Secondary Prevention and Rehabilitation Programs. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2006, 26, 164-166.	0.5	0
145	The effect of extra walking on the mobility, independence and exercise self-efficacy of elderly hospital in-patients: A pilot study. <i>Contemporary Nurse</i> , 2006, 22, 120-133.	1.0	24
146	Exercise as an Augmentation Strategy for Treatment of Major Depression. <i>Journal of Psychiatric Practice</i> , 2006, 12, 205-213.	0.7	145
147	Association Between Coping With Anger and Feelings of Depression Among Youths. <i>American Journal of Public Health</i> , 2006, 96, 664-669.	2.7	46
148	Impact of Physical Activity during Pregnancy and Postpartum on Chronic Disease Risk. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 989-1006.	0.4	230
149	Physical activity and risk of vasomotor symptoms in women with and without a history of depression. <i>Menopause</i> , 2006, 13, 553-560.	2.0	50
150	Exercise Interventions for Mental Health: A Quantitative and Qualitative Review.. <i>Clinical Psychology: Science and Practice</i> , 2006, 13, 179-193.	0.9	474

#	ARTICLE	IF	CITATIONS
151	Blood, Sweat, and Tears: Exercise in the Management of Mental and Physical Health Problems.. <i>Clinical Psychology: Science and Practice</i> , 2006, 13, 198-202.	0.9	9
152	Therapeutic Exercise and Depressive Symptoms After Stroke. <i>Journal of the American Geriatrics Society</i> , 2006, 54, 240-247.	2.6	129
153	Receipt of Exercise Counseling by Older Women. <i>Journal of the American Geriatrics Society</i> , 2006, 54, 619-626.	2.6	16
154	Evidence for prescribing exercise as therapy in chronic disease. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 16, 3-63.	2.9	1,003
155	Long-Term Voluntary Exercise and the Mouse Hypothalamic-Pituitary-Adrenocortical Axis: Impact of Concurrent Treatment with the Antidepressant Drug Tianeptine. <i>Journal of Neuroendocrinology</i> , 2006, 18, 915-925.	2.6	56
156	Neurobiology of Exercise. <i>Obesity</i> , 2006, 14, 345-356.	3.0	704
157	Smoking cessation and depression: current knowledge and future directions. <i>Drug and Alcohol Review</i> , 2006, 25, 97-107.	2.1	69
158	Low maximal oxygen uptake is associated with elevated depressive symptoms in middle-aged men. <i>European Journal of Epidemiology</i> , 2006, 21, 701-706.	5.7	34
160	The effects of physical exercise on depressive symptoms among the aged: a systematic review. <i>International Journal of Geriatric Psychiatry</i> , 2006, 21, 410-418.	2.7	198
161	A tiered model of psychogeriatric service delivery: an evidence-based approach. <i>International Journal of Geriatric Psychiatry</i> , 2006, 21, 645-653.	2.7	21
162	Hippocampal neurogenesis: Opposing effects of stress and antidepressant treatment. <i>Hippocampus</i> , 2006, 16, 239-249.	1.9	663
163	Adverse Psychological and Coronary Risk Profiles in Young Patients With Coronary Artery Disease and Benefits of Formal Cardiac Rehabilitation. <i>Archives of Internal Medicine</i> , 2006, 166, 1878.	3.8	147
164	On the Integration of Cognitive-Behavioral Therapy for Depression and Positive Psychology. <i>Journal of Cognitive Psychotherapy</i> , 2006, 20, 159-170.	0.4	55
165	Running has Differential Effects on NPY, Opiates, and Cell Proliferation in an Animal Model of Depression and Controls. <i>Neuropsychopharmacology</i> , 2006, 31, 256-264.	5.4	65
166	Post-MI Psychiatric Syndromes: Six Unanswered Questions. <i>Harvard Review of Psychiatry</i> , 2006, 14, 305-318.	2.1	12
167	A randomised, controlled study on the effects of a short-term endurance training programme in patients with major depression * Commentary. <i>British Journal of Sports Medicine</i> , 2006, 41, 29-33.	6.7	171
168	Novel quantitative phenotypes of exercise training in mouse models. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2006, 290, R926-R934.	1.8	148
169	TREAD: Treatment with Exercise Augmentation for Depression: study rationale and design. <i>Clinical Trials</i> , 2006, 3, 291-305.	1.6	66

#	ARTICLE	IF	CITATIONS
170	Multiple sclerosis and brief moderate exercise. A randomised study. Multiple Sclerosis Journal, 2007, 13, 776-782.	3.0	85
172	Intervention Study of Exercise for Depressive Symptoms in Women. Journal of Women's Health, 2007, 16, 1499-1509.	3.3	52
173	Understanding prognostic benefits of exercise and antidepressant therapy for persons with depression and heart disease: the UPBEAT study – rationale, design, and methodological issues. Clinical Trials, 2007, 4, 548-559.	1.6	48
174	Efficacy of physical activity in the adjunctive treatment of major depressive disorders: preliminary results. Clinical Practice and Epidemiology in Mental Health, 2007, 3, 8.	1.2	65
175	Exercise and Pharmacotherapy in the Treatment of Major Depressive Disorder. Psychosomatic Medicine, 2007, 69, 587-596.	2.0	706
176	Antidepressant Effects Associated with Different Exercise Conditions in Participants with Depression: A Pilot Study. Journal of Sport and Exercise Psychology, 2007, 29, 348-364.	1.2	45
177	Therapeutic effects of exercise: Wheel running reverses stress-induced interference with shuttle box escape.. Behavioral Neuroscience, 2007, 121, 992-1000.	1.2	65
178	The physical self-concept in patients with depressive and anxiety disorders. International Journal of Therapy and Rehabilitation, 2007, 14, 30-35.	0.3	2
179	Exercise as a Treatment for Depression and Other Psychiatric Disorders. Journal of Cardiopulmonary Rehabilitation and Prevention, 2007, 27, 359-367.	2.1	146
180	Physical Inactivity, Depression, and Risk of Cardiovascular Mortality. Medicine and Science in Sports and Exercise, 2007, 39, 1693-1699.	0.4	54
181	Chapter 10.. Journal of College Student Psychotherapy, 2007, 21, 225-241.	1.0	4
182	Exercise builds brain health: key roles of growth factor cascades and inflammation. Trends in Neurosciences, 2007, 30, 464-472.	8.6	1,719
183	Impact of Cardiac Rehabilitation on Depression and Its Associated Mortality. American Journal of Medicine, 2007, 120, 799-806.	1.5	284
184	Effects of exercise and weight loss on depressive symptoms among men and women with hypertension. Journal of Psychosomatic Research, 2007, 63, 463-469.	2.6	38
185	Psychiatric Issues in Multiple Sclerosis. Psychiatric Clinics of North America, 2007, 30, 803-817.	1.3	115
186	Treatment of minor depression in older adults: A pilot study comparing sertraline and exercise. Aging and Mental Health, 2007, 11, 61-68.	2.8	107
187	Exercise can seriously improve your mental health: Fact or fiction?. Advances in Physiotherapy, 2007, 9, 76-88.	0.2	28
188	Cognitive and Behavioral Therapies for Depression: Overview, New Directions, and Practical Recommendations for Dissemination. Psychiatric Clinics of North America, 2007, 30, 39-50.	1.3	45

#	ARTICLE	IF	CITATIONS
189	Physical activity as a mediator of the impact of chronic conditions on quality of life in older adults. <i>Health and Quality of Life Outcomes</i> , 2007, 5, 68.	2.4	92
190	Depression, C-reactive Protein and Two-year Major Adverse Cardiac Events in Men after Acute Coronary Syndromes. <i>Biological Psychiatry</i> , 2007, 62, 302-308.	1.3	120
191	Walking outside Improves Mood for Healthy Postmenopausal Women. <i>Clinical Medicine Oncology</i> , 2007, 1, CMO.S343.	0.3	16
192	O exerc�cio f�sico no tratamento da depress�o em idosos: revis�o sistem�tica. <i>Revista De Psiquiatria Do Rio Grande Do Sul</i> , 2007, 29, 70-79.	0.3	24
194	An exploration of walking activity among older psychiatric inpatients. <i>International Journal of Therapy and Rehabilitation</i> , 2007, 14, 532-537.	0.3	3
195	Trained men show lower cortisol, heart rate and psychological responses to psychosocial stress compared with untrained men. <i>Psychoneuroendocrinology</i> , 2007, 32, 627-635.	2.7	262
196	The role of social capital in reducing non-specific psychological distress: The importance of controlling for omitted variable bias. <i>Social Science and Medicine</i> , 2007, 65, 842-854.	3.8	64
197	<i>Evidence-informed physical activity guidelines for Canadian adults</i> This article is part of a supplement entitled <i>Advancing physical activity measurement and guidelines in Canada: a scientific review and evidence-based foundation for the future of Canadian physical activity guidelines</i> co-published by <i>Applied Physiology, Nutrition, and Metabolism</i> and the <i>Canadian Journal of Public Health</i>. It may be cited as <i>Appl. Physiol. Nutr. Metab.</i> 32(Suppl. 2F) or as <i>Can. J. Public Health</i> 98(Suppl. 2). <i>Applied Physiology, Nutrition and Metabolism</i> , 2007, 27, S16-S68.	1.9	121
198	The contribution of changes in diet, exercise, and stress management to changes in coronary risk in women and men in the Multisite Cardiac Lifestyle Intervention Program. <i>Annals of Behavioral Medicine</i> , 2007, 33, 57-68.	2.9	132
199	Ministers' Perceptions of Depression: A Model to Understand and Improve Care. <i>Journal of Religion and Health</i> , 2007, 46, 123-139.	1.7	30
200	Risk Aversion Among Depressed Older Adults with Obsessive Compulsive Personality Disorder. <i>Cognitive Therapy and Research</i> , 2007, 31, 161-174.	1.9	19
201	Physical activity and mental well-being in older people participating in the Better Ageing Project. <i>European Journal of Applied Physiology</i> , 2007, 100, 591-602.	2.5	158
202	Effects of Tai Chi exercises on self-efficacy and psychological health. <i>European Review of Aging and Physical Activity</i> , 2007, 4, 25-32.	2.9	34
203	Exercise and Depression: A Review of Reviews. <i>Journal of Clinical Psychology in Medical Settings</i> , 2008, 15, 140-147.	1.4	248
204	Anxiety-like behaviors produced by acute fluoxetine administration in male Fischer 344 rats are prevented by prior exercise. <i>Psychopharmacology</i> , 2008, 199, 209-222.	3.1	42
205	Preoperative Weight Loss as a Predictor of Long-term Success Following Roux-en-Y Gastric Bypass. <i>Obesity Surgery</i> , 2008, 18, 772-775.	2.1	73
206	Exercise, Learned Helplessness, and the Stress-Resistant Brain. <i>NeuroMolecular Medicine</i> , 2008, 10, 81-98.	3.4	133
207	Effects of a Home-based Exercise Intervention on Fatigue in Postpartum Depressed Women: Results of a Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2008, 35, 179-187.	2.9	39

#	ARTICLE	IF	CITATIONS
208	DeLLITE Depression in late life: an intervention trial of exercise. Design and recruitment of a randomised controlled trial. <i>BMC Geriatrics</i> , 2008, 8, 12.	2.7	20
209	The role of cardiac rehabilitation in influencing psychological outcomes. <i>Stress and Health</i> , 2008, 24, 267-277.	2.6	7
210	Effects of mindful and nonâ€mindful exercises on people with depression: A systematic review. <i>British Journal of Clinical Psychology</i> , 2008, 47, 303-322.	3.5	81
211	Trajectories and predictors of anxiety and depression in women during the 12 months following an acute cardiac event. <i>British Journal of Health Psychology</i> , 2008, 13, 135-153.	3.5	61
212	Physical Activity and Depressive Symptoms Among Norwegian Adults Aged 20â€50. <i>Public Health Nursing</i> , 2008, 25, 536-545.	1.5	30
213	Understanding the relation between obesity and depression: Causal mechanisms and implications for treatment.. <i>Clinical Psychology: Science and Practice</i> , 2008, 15, 1-20.	0.9	235
214	Depression and obesity: Implications for assessment, treatment, and research.. <i>Clinical Psychology: Science and Practice</i> , 2008, 15, 21-27.	0.9	13
215	The association of depression and anxiety with obesity and unhealthy behaviors among community-dwelling US adults. <i>General Hospital Psychiatry</i> , 2008, 30, 127-137.	2.4	432
216	Coronary Health Improvement Project (CHIP) is associated with improved nutrient intake and decreased depression. <i>Nutrition</i> , 2008, 24, 314-321.	2.4	27
218	Associations between physical activity and depressive symptoms in women. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 27.	4.6	81
219	Exercise: the Data on its Role in Health, Mental Health, Disease Prevention, and Productivity. <i>Primary Care - Clinics in Office Practice</i> , 2008, 35, 803-816.	1.6	16
220	Exercise for depression. , 2008, , CD004366.		90
221	Depression and Use of a Health Planâ€Sponsored Physical Activity Program by Older Adults. <i>American Journal of Preventive Medicine</i> , 2008, 35, 111-117.	3.0	22
222	Effets de lâ€™exercice physique et de lâ€™entraÃ©nement sur la neurochimie cÃ©rÃ©brale. ConsÃ©quence comportementale. <i>Annales Medico-Psychologiques</i> , 2008, 166, 813-816.	0.4	2
223	The physical activity experiences of men with serious mental illness: Three short stories. <i>Psychology of Sport and Exercise</i> , 2008, 9, 191-210.	2.1	98
224	The neurobiology of retinoic acid in affective disorders. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2008, 32, 315-331.	4.8	139
225	Physical activity and likelihood of depression in adults: A review. <i>Preventive Medicine</i> , 2008, 46, 397-411.	3.4	519
226	Multiple health behavior change research: An introduction and overview. <i>Preventive Medicine</i> , 2008, 46, 181-188.	3.4	486

#	ARTICLE	IF	CITATIONS
227	A randomized trial to increase physical activity among native elders. Preventive Medicine, 2008, 47, 89-94.	3.4	17
228	Exercise and Fitness. , 2008, , 393-418.		0
229	Taking on the fall: The etiology and prevention of falls in the elderly. Clinical Chiropractic, 2008, 11, 148-154.	0.1	20
230	Depression and coronary heart disease: A review of the epidemiological evidence, explanatory mechanisms and management approaches. Clinical Psychology Review, 2008, 28, 288-306.	11.4	169
231	Les effets de lâ€™activitÃ© physique sur le syndrome mÃ©tabolique chez lâ€™homme et la femme. KinesithÃ©rapie, 2008, 8, 21-26.	0.1	0
232	Stress and Health. Primary Care - Clinics in Office Practice, 2008, 35, 839-856.	1.6	69
233	Depression in Long-Term Care. Journal of the American Medical Directors Association, 2008, 9, 82-87.	2.5	177
234	Cognitive Behavioral Therapy for Depression in Patients with Heart Failure: A Critical Review. Nursing Clinics of North America, 2008, 43, 155-170.	1.5	15
235	The effects of fall prevention trials on depressive symptoms and fear of falling among the aged: A systematic review. Aging and Mental Health, 2008, 12, 30-46.	2.8	43
236	Exercise training for depressed older adults with Alzheimer's disease. Aging and Mental Health, 2008, 12, 72-80.	2.8	159
237	Physical activity in the prevention and treatment of anxiety and depression. Nordic Journal of Psychiatry, 2008, 62, 25-29.	1.3	284
238	Helping Your Patients Become Active. Diabetes Spectrum, 2008, 21, 59-62.	1.0	1
239	Exercise Fails to Improve Neurocognition in Depressed Middle-Aged and Older Adults. Medicine and Science in Sports and Exercise, 2008, 40, 1344-1352.	0.4	79
240	Improving physical quality of life with group physical activity in the adjunctive treatment of major depressive disorder. Clinical Practice and Epidemiology in Mental Health, 2008, 4, 1.	1.2	121
241	The impact of comorbidity burden on the cardiovascular risk in the Peripheral Arteriopathy and Cardiovascular Events study. QJM - Monthly Journal of the Association of Physicians, 2008, 101, 575-582.	0.5	5
242	The antidepressant effects of physical activity: Mediating self-esteem and self-efficacy mechanisms. Psychology and Health, 2008, 23, 279-307.	2.2	55
243	Exercise in the Prevention and Treatment of Adolescent Depression: A Promising but Little Researched Intervention. American Journal of Lifestyle Medicine, 2008, 2, 507-518.	1.9	28
244	Impact of Health Perception, Balance Perception, Fall History, Balance Performance, and Gait Speed on Walking Activity in Older Adults. Physical Therapy, 2008, 88, 1474-1481.	2.4	28

#	ARTICLE	IF	CITATIONS
245	Improving Treatment of Depression Among Latinos With Diabetes Using Project Dulce and IMPACT. <i>Diabetes Care</i> , 2008, 31, 1324-1326.	8.6	44
246	Depressive Symptoms, Health Behaviors, and Risk of Cardiovascular Events in Patients With Coronary Heart Disease. <i>JAMA - Journal of the American Medical Association</i> , 2008, 300, 2379.	7.4	694
247	Effect of Combining Cognitive Behavioural Therapy With a Lifestyle Program in Assisting the Unemployed: A Pilot Program. <i>Australian Journal of Rehabilitation Counselling</i> , 2008, 14, 36-52.	0.5	1
248	The Anxiolytic Effects of Exercise: A Meta-Analysis of Randomized Trials and Dose-Response Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2008, 30, 392-410.	1.2	353
249	The Coronary Health Improvement Projects Impact on Lowering Eating, Sleep, Stress, and Depressive Disorders. <i>American Journal of Health Education</i> , 2008, 39, 337-344.	0.6	2
250	A Holistic Approach to Severe Depression. <i>Holistic Nursing Practice</i> , 2008, 22, 81-86.	0.7	2
251	Managing depression among older people in care homes. <i>Nursing and Residential Care</i> , 2008, 10, 145-148.	0.1	2
252	NÍVEL DE ATIVIDADE FÍSICA E AS PRINCIPAIS BARREIRAS PERCEBIDAS POR IDOSOS DE RIO CLARO. <i>Revista Da EducaçÃo FÍSica</i> , 2008, 19, .	0.0	2
253	Alternative therapies for mood disorders. , 0, , 516-524.		0
254	EXERCISE AS AN ADJUNCTIVE EVIDENCE-BASED TREATMENT. , 2008, , 161-175.		0
255	Assessing the Myocardial Function of Postmenopausal Women with Fibromyalgia. <i>The Journal of the Korean Rheumatism Association</i> , 2009, 16, 189.	0.1	0
258	A Review of Clinical Trials of Tai Chi and Qigong in Older Adults. <i>Western Journal of Nursing Research</i> , 2009, 31, 245-279.	1.4	167
259	How effective are physical activity interventions for alleviating depressive symptoms in older people? A systematic review. <i>Clinical Rehabilitation</i> , 2009, 23, 873-887.	2.2	241
260	Living With Depressive Symptoms: Patients With Heart Failure. <i>American Journal of Critical Care</i> , 2009, 18, 310-318.	1.6	67
261	The effect of group-based exercise on cognitive performance and mood in seniors residing in intermediate care and self-care retirement facilities: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2009, 43, 608-614.	6.7	101
263	Impact of Psychosocial Risk Factors on the Heart: Changing Paradigms and Perceptions. <i>Physician and Sportsmedicine</i> , 2009, 37, 35-37.	2.1	8
264	Complementary and alternative medicine use for treatment and prevention of late-life mood and cognitive disorders. <i>Aging Health</i> , 2009, 5, 61-78.	0.3	47
265	Feasibility of an exercise counseling intervention for depressed women smokers. <i>Nicotine and Tobacco Research</i> , 2009, 11, 985-995.	2.6	49

#	ARTICLE	IF	CITATIONS
266	The Association of Cognitive and Somatic Depressive Symptoms With Depression Recognition and Outcomes After Myocardial Infarction. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2009, 2, 328-337.	2.2	146
267	Exercise and Physical Activity for Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 1510-1530.	0.4	3,129
268	Effects of voluntary and forced exercise on plaque deposition, hippocampal volume, and behavior in the Tg2576 mouse model of Alzheimer's disease. <i>Neurobiology of Disease</i> , 2009, 35, 426-432.	4.4	207
269	Prospective study of cardiorespiratory fitness and depressive symptoms in women and men. <i>Journal of Psychiatric Research</i> , 2009, 43, 546-552.	3.1	105
270	The level of physical activity affects adrenal and cardiovascular reactivity to psychosocial stress. <i>Psychoneuroendocrinology</i> , 2009, 34, 190-198.	2.7	221
271	Evaluating Active U: an internet-mediated physical activity program. <i>BMC Public Health</i> , 2009, 9, 331.	2.9	33
272	The antidepressant effects of running and escitalopram are associated with levels of hippocampal NPY and Y1 receptor but not cell proliferation in a rat model of depression. <i>Hippocampus</i> , 2010, 20, 820-828.	1.9	54
273	Determinants of sleep problems in patients with spondyloarthritis. <i>Musculoskeletal Care</i> , 2009, 7, 143-161.	1.4	39
274	Physical activity, exercise, depression and anxiety disorders. <i>Journal of Neural Transmission</i> , 2009, 116, 777-784.	2.8	903
276	Promoting exercise on prescription: recruitment, motivation, barriers and adherence in a Danish community intervention study to reduce type 2 diabetes, dyslipidemia and hypertension. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2009, 17, 187-193.	1.6	25
277	Ethically Justified, Clinically Applicable Criteria for Physician Decision-Making in Psychopharmacological Enhancement. <i>Neuroethics</i> , 2009, 2, 89-102.	2.8	41
278	Exercise in the treatment of depression. <i>Current Psychiatry Reports</i> , 2009, 11, 466-472.	4.5	53
279	Type of activity and fitness benefits as moderators of the effect of physical activity on affect in advanced age: a review. <i>European Review of Aging and Physical Activity</i> , 2009, 6, .	2.9	11
280	Aging and inactivityâ€”capitalizing on the protective effect of planned physical activity in old age. <i>European Review of Aging and Physical Activity</i> , 2009, 6, .	2.9	23
281	A population-based study on ways of dealing with daily stress: comparisons among individuals with mental disorders, with long-term general medical conditions and healthy people. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2009, 44, 666-674.	3.1	14
282	Effects of a home-based exercise program on quality of life, fatigue, and depression in patients with ankylosing spondylitis. <i>Rheumatology International</i> , 2009, 29, 673-677.	3.0	71
283	Extended treatment of older cigarette smokers. <i>Addiction</i> , 2009, 104, 1043-1052.	3.3	103
284	Physical exercise and depression. <i>Mount Sinai Journal of Medicine</i> , 2009, 76, 204-214.	1.9	66



#	ARTICLE	IF	CITATIONS
285	Cardiovascular Abnormalities in Patients with Major Depressive Disorder. <i>CNS Drugs</i> , 2009, 23, 583-602.	5.9	92
286	Reduction in trunk fat predicts cardiovascular exercise training-related reductions in C-reactive protein. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 485-491.	4.1	42
287	Immune senescence and brain aging: can rejuvenation of immunity reverse memory loss?. <i>Trends in Neurosciences</i> , 2009, 32, 367-375.	8.6	51
288	Treating depression in patients with heart disease: Is the glass half empty or half full?. <i>American Heart Journal</i> , 2009, 157, e35-e37.	2.7	3
289	Reducing Psychosocial Stress: A Novel Mechanism of Improving Survival from Exercise Training. <i>American Journal of Medicine</i> , 2009, 122, 931-938.	1.5	105
290	Exercise and Nervous System. , 2009, , 299-318.		3
291	Feasibility and effects of a group-based resistance and aerobic exercise program for individuals with severe schizophrenia: A multidisciplinary approach. <i>Mental Health and Physical Activity</i> , 2009, 2, 29-36.	1.8	107
292	Effects of aerobic exercise on sexual functioning in depressed adults. <i>Mental Health and Physical Activity</i> , 2009, 2, 23-28.	1.8	22
293	Effect of exercise intensity on depressive symptoms in women. <i>Mental Health and Physical Activity</i> , 2009, 2, 37-43.	1.8	62
294	Change in self-esteem, self-efficacy and the mood dimensions of depression as potential mediators of the physical activity and depression relationship: Exploring the temporal relation of change. <i>Mental Health and Physical Activity</i> , 2009, 2, 44-52.	1.8	77
295	A commentary on "Exercise and Depression": And the verdict is... <i>Mental Health and Physical Activity</i> , 2009, 2, 97-99.	1.8	21
296	Exercise for depression. , 2009, , CD004366.		239
297	The Antidepressive Effects of Exercise. <i>Sports Medicine</i> , 2009, 39, 491-511.	6.5	445
298	Exercise and Mental Health: Many Reasons to Move. <i>Neuropsychobiology</i> , 2009, 59, 191-198.	1.9	401
299	A randomized clinical trial of exercise to alleviate postpartum depressed mood. <i>Journal of Psychosomatic Obstetrics and Gynaecology</i> , 2009, 30, 191-200.	2.1	55
300	The Effects of Exercise Programs on Cognition in Older Adults: A Review. <i>Clinical Journal of Sport Medicine</i> , 2009, 19, 438.	1.8	2
301	Depression Treatment Preferences After Traumatic Brain Injury. <i>Journal of Head Trauma Rehabilitation</i> , 2009, 24, 272-278.	1.7	45
302	Does Exercise Impact Mood? Exercise Patterns of Patients in a Psychiatric Partial Hospital Program. <i>Journal of Psychiatric Practice</i> , 2009, 15, 70-78.	0.7	12

#	ARTICLE	IF	CITATIONS
303	A review of ecotherapy as an adjunct form of treatment for those who use mental health services. <i>Journal of Public Mental Health</i> , 2009, 7, 23-35.	1.1	26
304	Predictors of first lifetime episodes of major depression in midlife women. <i>Psychological Medicine</i> , 2009, 39, 55-64.	4.5	88
305	Getting on the Right Bus. <i>Quest</i> , 2010, 62, 312-321.	1.2	7
306	Walking away the blues. <i>Nursing</i> , 2010, 40, 33-36.	0.3	4
307	Hatha Yoga for Depression: Critical Review of the Evidence for Efficacy, Plausible Mechanisms of Action, and Directions for Future Research. <i>Journal of Psychiatric Practice</i> , 2010, 16, 22-33.	0.7	205
308	A Pilot Evaluation of the In SHAPE Individualized Health Promotion Intervention for Adults with Mental Illness. <i>Community Mental Health Journal</i> , 2010, 46, 540-552.	2.0	99
309	Program of rehabilitative exercise and education to avert vascular events after non-disabling stroke or transient ischemic attack (PREVENT Trial): a multi-centred, randomised controlled trial. <i>BMC Neurology</i> , 2010, 10, 122.	1.8	36
310	Design and baseline characteristics of the ParkFit study, a randomized controlled trial evaluating the effectiveness of a multifaceted behavioral program to increase physical activity in Parkinson patients. <i>BMC Neurology</i> , 2010, 10, 70.	1.8	46
311	Trauma in organizations: Prevention and treatment with emergent strategies from alternative psychology. <i>Journal of Psychological Issues in Organizational Culture</i> , 2010, 1, 29-59.	0.2	3
312	Exercise parameters in the treatment of clinical depression: a systematic review of randomized controlled trials. <i>Journal of Evaluation in Clinical Practice</i> , 2010, 16, 597-604.	1.8	87
313	Atividade física sistematizada e sintomas de depressão na demência de Alzheimer: uma revisão sistemática. <i>Jornal Brasileiro De Psiquiatria</i> , 2010, 59, 58-64.	0.7	7
314	Effect of aerobic training on EEG alpha asymmetry and depressive symptoms in the elderly: a 1-year follow-up study. <i>Brazilian Journal of Medical and Biological Research</i> , 2010, 43, 585-592.	1.5	55
315	Depression, Antidepressant Use and Mortality in Later Life: The Health in Men Study. <i>PLoS ONE</i> , 2010, 5, e11266.	2.5	69
316	Draft for Clinical Practice and Epidemiology in Mental Health Neurobiological Alterations Induced by Exercise and Their Impact on Depressive Disorders. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2010, 6, 115-125.	1.2	61
317	The relationship between depression, anxiety, and cardiovascular outcomes in patients with acute coronary syndromes. <i>Neuropsychiatric Disease and Treatment</i> , 2010, 6, 123.	2.2	106
318	Assessment of Physical Activity in Research and Clinical Practice. , 2010, , 31-48.		2
319	Unipolar Depression During Pregnancy: Nonpharmacologic Treatment Options. <i>Women's Health</i> , 2010, 6, 565-576.	1.5	9
320	Exercise Treatment for Bipolar Disorder: Potential Mechanisms of Action Mediated through Increased Neurogenesis and Decreased Allostatic Load. <i>Psychotherapy and Psychosomatics</i> , 2010, 79, 87-96.	8.8	51

#	ARTICLE	IF	CITATIONS
321	Exercise-induced normalization of decreased BDNF serum concentration in elderly women with remitted major depression. <i>International Journal of Neuropsychopharmacology</i> , 2010, 13, 595-602.	2.1	142
322	Home-Based Activity Program for Older People With Depressive Symptoms: DeLLITE-A Randomized Controlled Trial. <i>Annals of Family Medicine</i> , 2010, 8, 214-223.	1.9	91
323	A Model of Community-Based Behavioral Intervention for Depression in Diabetes: Program ACTIVE. <i>Diabetes Spectrum</i> , 2010, 23, 18-25.	1.0	8
324	The Experience of Self-Discovery and Mental Change in Female Novice Athletes in Connection to Marathon Running. <i>Journal of Phenomenological Psychology</i> , 2010, 41, 234-267.	0.9	17
325	The Effect of Exercise Training on Anxiety Symptoms Among Patients. <i>Archives of Internal Medicine</i> , 2010, 170, 321.	3.8	339
326	Successful cognitive and emotional aging. <i>World Psychiatry</i> , 2010, 9, 78-84.	10.4	148
327	Clinical Roundup: How Do You Treat Seasonal Affective Disorder in Your Practice?. <i>Alternative and Complementary Therapies</i> , 2010, 16, 55-58.	0.1	0
328	Smoking cessation in college-aged women: A qualitative analysis of factors important to this population. <i>Addiction Research and Theory</i> , 2010, 18, 649-666.	1.9	12
329	Physical Exercise as Psychotherapeutic Strategy: How Long?? What Will It Take??. <i>Issues in Mental Health Nursing</i> , 2010, 31, 153-154.	1.2	4
330	Aerobic Physical Exercise as a Possible Treatment for Neurocognitive Dysfunction in Bipolar Disorder. <i>Postgraduate Medicine</i> , 2010, 122, 107-116.	2.0	50
331	Physical Functioning in Elderly Persons With Kidney Disease. <i>Advances in Chronic Kidney Disease</i> , 2010, 17, 348-357.	1.4	23
332	Psychocultural differences in physical activity-based antidepressant effects. <i>Mental Health and Physical Activity</i> , 2010, 3, 5-15.	1.8	4
333	Successful Aging: Focus on Cognitive and Emotional Health. <i>Annual Review of Clinical Psychology</i> , 2010, 6, 527-550.	12.3	103
334	Effects of the Built Environment on Physical Activity of Adults Living in Rural Settings. <i>American Journal of Health Promotion</i> , 2010, 24, 267-283.	1.7	165
335	The confidence to get going: The moderating effects of depressive symptoms on the self-efficacy-activity relationship among youth and adolescents. <i>Psychology and Health</i> , 2010, 25, 43-53.	2.2	11
336	Healthy lifestyle interventions in general practice: Part 12: Lifestyle and depression. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010, 52, 271-275.	0.6	2
337	Exercise effects on motor and affective behavior and catecholamine neurochemistry in the MPTP-lesioned mouse. <i>Behavioural Brain Research</i> , 2010, 213, 253-262.	2.2	101
340	A randomized, controlled trial of aerobic exercise in combination with paroxetine in the treatment of panic disorder. <i>World Journal of Biological Psychiatry</i> , 2010, 11, 904-913.	2.6	59

#	ARTICLE	IF	CITATIONS
341	Mood, Anxiety, and Serum IGF-1 in Elderly Men Given 24 Weeks of High Resistance Exercise. <i>Perceptual and Motor Skills</i> , 2010, 110, 265-276.	1.3	99
342	Central functions of neuropeptide Y in mood and anxiety disorders. <i>Expert Opinion on Therapeutic Targets</i> , 2011, 15, 1317-1331.	3.4	132
343	Complementary Use of Tai Chi Chih Augments Escitalopram Treatment of Geriatric Depression: A Randomized Controlled Trial. <i>American Journal of Geriatric Psychiatry</i> , 2011, 19, 839-850.	1.2	180
344	Cognitive Therapy for Depression in Patients with Heart Failure: A Critical Review. <i>Heart Failure Clinics</i> , 2011, 7, 127-141.	2.1	15
345	Aging and Exercise. <i>Clinics in Geriatric Medicine</i> , 2011, 27, 661-671.	2.6	46
346	Evidence-based risk assessment and recommendations for physical activity clearance: cognitive and psychological conditions<sup>1</sup>This paper is one of a selection of papers published in this Special Issue, entitled Evidence-based risk assessment and recommendations for physical activity clearance, and has undergone the Journal's usual peer review process.. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011, 36, S113-S153.	1.9	12
347	Mood and Menopause: Findings from the Study of Women's Health Across the Nation (SWAN) over 10 Years. <i>Obstetrics and Gynecology Clinics of North America</i> , 2011, 38, 609-625.	1.9	144
348	Management of depression in patients with coronary heart disease: association, mechanisms, and treatment implications for depressed cardiac patients. <i>Expert Opinion on Pharmacotherapy</i> , 2011, 12, 85-98.	1.8	26
349	Alejarse de la tristeza Ejercicio contra la depresi3n en los ancianos. <i>Nursing (Ed Espa±ola)</i> , 2011, 29, 31-33.	0.0	0
350	Coping Effectively With Heart Failure (COPE-HF): Design and Rationale of a Telephone-Based Coping Skills Intervention. <i>Journal of Cardiac Failure</i> , 2011, 17, 201-207.	1.7	17
351	Cognitive and locomotor/exploratory behavior after chronic exercise in the olfactory bulbectomy animal model of depression. <i>Behavioural Brain Research</i> , 2011, 222, 106-116.	2.2	14
352	Effects of short-term exercise training on signs and symptoms of generalized anxiety disorder. <i>Mental Health and Physical Activity</i> , 2011, 4, 71-77.	1.8	56
353	Spirituality, Patients' Worry, and Follow-Up Health-Care Utilization among Cancer Survivors. <i>The Journal of Supportive Oncology</i> , 2011, 9, 141-148.	2.3	25
354	Molecular aspects involved in swimming exercise training reducing anhedonia in a rat model of depression. <i>Neuroscience</i> , 2011, 192, 661-674.	2.3	116
355	Physical Activity and Exercise for Men with Late Onset Hypogonadism. <i>Korean Journal of Andrology</i> , 2011, 29, 181.	0.1	1
356	Physical activity and depressive symptoms in community-dwelling elders from southern Brazil. <i>Revista Brasileira De Psiquiatria</i> , 2011, 33, 165-170.	1.7	27
357	Altered Cerebellar-Cerebral Functional Connectivity in Geriatric Depression. <i>PLoS ONE</i> , 2011, 6, e20035.	2.5	127
358	Development of an Integrated Psychosocial Treatment to Address the Medical Burden Associated with Bipolar Disorder. <i>Journal of Psychiatric Practice</i> , 2011, 17, 224-232.	0.7	41

#	ARTICLE	IF	CITATIONS
359	Physical Activity Moderates Effects of Stressor-Induced Rumination on Cortisol Reactivity. <i>Psychosomatic Medicine</i> , 2011, 73, 604-611.	2.0	81
360	Exercise and Pharmacotherapy in Patients With Major Depression: One-Year Follow-Up of the SMILE Study. <i>Psychosomatic Medicine</i> , 2011, 73, 127-133.	2.0	147
361	Attentional bias to emotional stimuli is altered during moderate- but not high-intensity exercise.. <i>Emotion</i> , 2011, 11, 1415-1424.	1.8	25
362	Placing physical activity in mental health care: A leadership role for mental health nurses. <i>International Journal of Mental Health Nursing</i> , 2011, 20, 310-318.	3.8	68
363	Depressive Symptoms and Physical Performance in the Lifestyle Interventions and Independence for Elders Pilot Study. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 495-500.	2.6	35
364	Physical exercise alleviates debilities of normal aging and Alzheimerâ€™s disease. <i>Acta Neurologica Scandinavica</i> , 2011, 123, 221-238.	2.1	82
365	An examination of serotonin and psychological variables in the relationship between exercise and mental health. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, 474-481.	2.9	167
366	Impact of Exercise Training and Depression on Survival in Heart Failure Due to Coronary Heart Disease. <i>American Journal of Cardiology</i> , 2011, 107, 64-68.	1.6	100
367	Physical inactivity in Parkinsonâ€™s disease. <i>Journal of Neurology</i> , 2011, 258, 2214-2221.	3.6	258
368	Alzheimer disease: are we intervening too late?. <i>Journal of Neural Transmission</i> , 2011, 118, 1361-1378.	2.8	41
372	General practitioners' views and experiences of counselling for physical activity through the New Zealand Green Prescription program. <i>BMC Family Practice</i> , 2011, 12, 119.	2.9	70
373	Laughter yoga <i>versus</i> group exercise program in elderly depressed women: a randomized controlled trial. <i>International Journal of Geriatric Psychiatry</i> , 2011, 26, 322-327.	2.7	145
374	Effects of Exercise on Depression During Pregnancy and Postpartum: A Review. <i>American Journal of Lifestyle Medicine</i> , 2011, 5, 370-378.	1.9	7
375	Men and Depression: Current Perspectives for Health Care Professionals. <i>American Journal of Lifestyle Medicine</i> , 2011, 5, 92-100.	1.9	28
376	Exercise for the Treatment of Depression and Anxiety. <i>International Journal of Psychiatry in Medicine</i> , 2011, 41, 15-28.	1.8	547
377	Presence of individual (residual) symptoms during depressive episodes and periods of remission: a 3-year prospective study. <i>Psychological Medicine</i> , 2011, 41, 1165-1174.	4.5	374
378	The Lifestyle Interventions and Independence for Elders Study: Design and Methods. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2011, 66A, 1226-1237.	3.6	212
379	Physical exercise and depression. <i>Physical Therapy Reviews</i> , 2011, 16, 261-268.	0.8	23

#	ARTICLE	IF	CITATIONS
380	Suboptimal Exercise Compliance: Common Barriers to an Active Lifestyle and Counseling Strategies to Overcome Them. American Journal of Lifestyle Medicine, 2011, 5, 253-261.	1.9	4
381	Does exercise therapy affect depression or depressive symptoms after stroke?. Physical Therapy Reviews, 2011, 16, 191-200.	0.8	3
382	Physical Activity and Neuropsychiatric Symptoms of Parkinson Disease. Journal of Geriatric Psychiatry and Neurology, 2012, 25, 138-145.	2.3	57
383	Iyengar Yoga for Distressed Women: A 3-Armed Randomized Controlled Trial. Evidence-based Complementary and Alternative Medicine, 2012, 2012, 1-9.	1.2	52
384	Mood Disorders among Older Adults Participating in Individual and Group Active Environments: "Me" versus "Us," or Both?. Journal of Aging Research, 2012, 2012, 1-7.	0.9	6
385	Increase or Decrease Depression: How Body Postures Influence Your Energy Level. Biofeedback, 2012, 40, 125-130.	0.3	29
386	Does physical activity reduce risk for Alzheimer's disease through interaction with the stress neuroendocrine system?. Stress, 2012, 15, 243-261.	1.8	21
387	OPINION AND EVIDENCE. ACSM's Health and Fitness Journal, 2012, 16, 14-21.	0.6	69
388	A Mechanism-Based Approach to Prevention of and Therapy for Fibromyalgia. Pain Research and Treatment, 2012, 2012, 1-12.	1.7	12
389	Effects of Exercise Training on Depressive Symptoms in Patients With Chronic Heart Failure. JAMA - Journal of the American Medical Association, 2012, 308, 465-74.	7.4	239
390	<i>Do</i> Sweat It. Journal of Management Education, 2012, 36, 264-289.	1.1	1
391	Adherence to a Community-based Exercise Program Is a Strong Predictor of Improved Back Pain Status in Older Adults. Clinical Journal of Pain, 2012, 28, 195-203.	1.9	54
392	Exercise Effects on Sleep Physiology. Frontiers in Neurology, 2012, 3, 48.	2.4	165
393	Effects of Vibroacoustic Therapy on Elderly Nursing Home Residents with Depression. Journal of Physical Therapy Science, 2012, 24, 291-294.	0.6	13
395	The Effect of Weather on Walking Behavior in Older Adults. Journal of Aging and Physical Activity, 2012, 20, 80-92.	1.0	17
396	The Aging Hippocampus. Neuroscientist, 2012, 18, 82-97.	3.5	393
397	The Optimal Male Health Diet and Dietary Supplement Program. Urologic Clinics of North America, 2012, 39, 89-107.	1.8	6
398	Cognition in the aging adult. , 2012, , 121-152.		1

#	ARTICLE	IF	CITATIONS
399	Regular exercise cures depression-like behavior via VEGF-Flk-1 signaling in chronically stressed mice. <i>Neuroscience</i> , 2012, 207, 208-217.	2.3	94
400	Differential effects of acute and regular physical exercise on cognition and affect. <i>Neuroscience</i> , 2012, 215, 59-68.	2.3	178
401	Cognitive and behavioural effects of physical exercise in psychiatric patients. <i>Progress in Neurobiology</i> , 2012, 96, 46-68.	5.7	147
402	The neurobiology of depression in later-life: Clinical, neuropsychological, neuroimaging and pathophysiological features. <i>Progress in Neurobiology</i> , 2012, 98, 99-143.	5.7	234
403	Musculoskeletal Comorbidities in Cardiac Patients: Prevalence, Predictors, and Health Services Utilization. <i>Archives of Physical Medicine and Rehabilitation</i> , 2012, 93, 856-862.	0.9	24
404	“œl donâ€™t have the heart” a qualitative study of barriers to and facilitators of physical activity for people with coronary heart disease and depressive symptoms. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 140.	4.6	55
405	Physical exercise through mountain hiking in high-risk suicide patients. A randomized crossover trial. <i>Acta Psychiatrica Scandinavica</i> , 2012, 126, 467-475.	4.5	59
406	Exercise Training in Chronic Kidney Disease Patients. <i>Sports Medicine</i> , 2012, 42, 473-488.	6.5	40
407	Exercise and Pharmacological Treatment of Depressive Symptoms in Patients With Coronary Heart Disease. <i>Journal of the American College of Cardiology</i> , 2012, 60, 1053-1063.	2.8	210
408	Exercise as Medical Treatment for Depression. <i>Journal of the American College of Cardiology</i> , 2012, 60, 1064-1066.	2.8	15
409	Physical activity and depression in middle and older-aged adults with multiple sclerosis. <i>Disability and Health Journal</i> , 2012, 5, 269-276.	2.8	12
410	Exercise for depression. , 2012, , CD004366.		235
414	Physical Activity Advertisements That Feature Daily Well-Being Improve Autonomy and Body Image in Overweight Women but Not Men. <i>Journal of Obesity</i> , 2012, 2012, 1-19.	2.7	19
415	Exercise and sleep - Review and future directions. <i>The Journal of Physical Fitness and Sports Medicine</i> , 2012, 1, 317-324.	0.3	8
416	Recent Findings in the Pathophysiology of Depression. <i>Journal of the Nihon University Medical Association</i> , 2012, 71, 375-378.	0.0	0
417	Brain fitness. , 0, , 122-140.		0
418	Efeitos de um programa de atividade fÃsica sobre os sintomas depressivos e a qualidade de vida de idosos com demÃncia de Alzheimer. <i>Revista Brasileira De EducaÃo FÃsica E Esporte: RBEFE</i> , 2012, 26, 543-551.	0.1	5
420	Can Lifestyle Interventions Do More Than Reduce Diabetes Risk? Treating Depression in Adults With Type 2 Diabetes With Exercise and Cognitive Behavioral Therapy. <i>Current Diabetes Reports</i> , 2012, 12, 157-166.	4.2	59

#	ARTICLE	IF	CITATIONS
421	Acute Exercise Improves Physical Sexual Arousal in Women Taking Antidepressants. <i>Annals of Behavioral Medicine</i> , 2012, 43, 352-361.	2.9	53
424	Determinants of sleep quality in middle-aged women with fibromyalgia syndrome. <i>Journal of Sleep Research</i> , 2012, 21, 73-79.	3.2	38
425	Effects of postnatal treadmill exercise on apoptotic neuronal cell death and cell proliferation of maternal-separated rat pups. <i>Brain and Development</i> , 2012, 34, 45-56.	1.1	78
426	Running-induced anxiety is dependent on increases in hippocampal neurogenesis. <i>Genes, Brain and Behavior</i> , 2012, 11, 529-538.	2.2	27
427	Health behaviour interventions to improve physical health in individuals diagnosed with a mental illness: A systematic review. <i>International Journal of Mental Health Nursing</i> , 2012, 21, 236-247.	3.8	90
428	Influence of Physical Exercise on Traumatic Brain Injury Deficits: Scaffolding Effect. <i>Neurotoxicity Research</i> , 2012, 21, 418-434.	2.7	70
429	The effects of physical exercise in schizophrenia and affective disorders. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2013, 263, 451-467.	3.2	90
430	Impact of aerobic exercise on neurobehavioral outcomes. <i>Mental Health and Physical Activity</i> , 2013, 6, 139-153.	1.8	34
431	Social support and physical activity as moderators of life stress in predicting baseline depression and change in depression over time in the Women's Health Initiative. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2013, 48, 1971-1982.	3.1	43
432	Influence of chronic exercise on serum cortisol levels in older adults. <i>European Review of Aging and Physical Activity</i> , 2014, 11, 25-34.	2.9	23
433	Osteoarthritis of the knee: Why does exercise work? A qualitative study of the literature. <i>Ageing Research Reviews</i> , 2013, 12, 226-236.	10.9	87
434	Targeting Lifestyle Change in Patients With Depression. <i>Journal of the American College of Cardiology</i> , 2013, 61, 631-634.	2.8	10
435	The "Perfect Storm" and Acute Coronary Syndrome Onset: Do Psychosocial Factors Play a Role?. <i>Progress in Cardiovascular Diseases</i> , 2013, 55, 601-610.	3.1	37
436	Effect of Exercise-Based Cardiac Rehabilitation on Multiple Atherosclerotic Risk Factors in Patients Taking Antidepressant Medication. <i>American Journal of Cardiology</i> , 2013, 111, 346-351.	1.6	4
438	Self-Reported Depression and Physical Activity in Adults With Mobility Impairments. <i>Archives of Physical Medicine and Rehabilitation</i> , 2013, 94, 731-736.	0.9	41
439	Psychological distress and quality of life in older persons: relative contributions of fixed and modifiable risk factors. <i>BMC Psychiatry</i> , 2013, 13, 249.	2.6	62
440	Behavioral correlates of depressive symptoms in older unlike-sex twin pairs. <i>Aging Clinical and Experimental Research</i> , 2013, 25, 257-264.	2.9	2
441	A clinical study of the efficacy of a single session of individual exercise for depressive patients, assessed by the change in saliva free cortisol level. <i>BioPsychoSocial Medicine</i> , 2013, 7, 18.	2.1	18



#	ARTICLE	IF	CITATIONS
442	Complementary and alternative therapies as add-on to pharmacotherapy for mood and anxiety disorders: A systematic review. <i>Journal of Affective Disorders</i> , 2013, 150, 707-719.	4.1	95
443	Exercise for depression. <i>The Cochrane Library</i> , 2013, 2013, CD004366.	2.8	859
445	Does exercise improve self-reported sleep quality in non-remitted major depressive disorder?. <i>Psychological Medicine</i> , 2013, 43, 699-709.	4.5	50
446	The Relationship between Physical Function and General Health with Academic Achievement. <i>Procedia, Social and Behavioral Sciences</i> , 2013, 84, 1212-1216.	0.5	2
447	Late-life depressive symptoms: Prediction models of change. <i>Journal of Affective Disorders</i> , 2013, 150, 886-894.	4.1	37
448	What is the Role of Alternative Treatments in Late-life Depression?. <i>Psychiatric Clinics of North America</i> , 2013, 36, 577-596.	1.3	12
449	Exercise for late-life depression? It depends. <i>Lancet, The</i> , 2013, 382, 4-5.	13.7	5
450	Cross-sectional and longitudinal associations of lifestyle factors with depressive symptoms in 53-year old Taiwanese Results of an 8-year cohort study. <i>Preventive Medicine</i> , 2013, 57, 92-97.	3.4	33
451	Exercise in the treatment of major depression: A systematic review grading the quality of evidence. <i>Physiotherapy Theory and Practice</i> , 2013, 29, 573-585.	1.3	56
452	Wii Fit Balance Board Playing Improves Balance and Gait in Parkinson Disease. <i>PM and R</i> , 2013, 5, 769-777.	1.6	103
453	Physical Exercise and Clinically Depressed Patients: A Systematic Review and Meta-Analysis. <i>Neuropsychobiology</i> , 2013, 67, 61-68.	1.9	196
454	Addressing Loneliness and Isolation in Older Adults: Proactive Affective Agents Provide Better Support. , 2013, , .		44
455	The Longitudinal Relationship Between Depression and Walking Behavior in Older Latinos. <i>Journal of Aging and Health</i> , 2013, 25, 319-341.	1.7	18
456	Evidence-Based Recommendations for the Prescription of Exercise for Major Depressive Disorder. <i>Journal of Psychiatric Practice</i> , 2013, 19, 204-212.	0.7	99
457	Are poor health behaviours in anxious and depressed cardiac patients explained by sociodemographic factors?. <i>European Journal of Preventive Cardiology</i> , 2013, 20, 995-1003.	1.8	37
458	Is Cardiovascular or Resistance Exercise Better to Treat Patients With Depression? A Narrative Review. <i>Issues in Mental Health Nursing</i> , 2013, 34, 531-538.	1.2	21
459	The management of mood disorders in pregnancy: alternatives to antidepressants. <i>CNS Spectrums</i> , 2013, 18, 261-271.	1.2	14
460	Depressive symptoms are associated with visceral adiposity in a community-based sample of middle-aged women and men. <i>Obesity</i> , 2013, 21, 1713-1719.	3.0	37

#	ARTICLE	IF	CITATIONS
461	Reliable change in depression during behavioral weight loss treatment among women with major depression. <i>Obesity</i> , 2013, 21, E211-8.	3.0	25
462	The long-term effects of a primary care physical activity intervention on mental health in low-active, community-dwelling older adults. <i>Aging and Mental Health</i> , 2013, 17, 766-772.	2.8	23
463	Survey of Australian mental health nurses on physical activity promotion. <i>International Journal of Mental Health Promotion</i> , 2013, 15, 148-161.	0.8	14
464	“Leave all the troubles of the outside world”: a qualitative study on the binary benefits of “Boxercise” for individuals with mental health difficulties. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013, 5, 80-102.	5.9	16
465	Effects of Electro-Acupuncture Therapy on Post-Stroke Depression in Patients with Different Degrees of Motor Function Impairments: a Pilot Study. <i>Journal of Physical Therapy Science</i> , 2013, 25, 725-728.	0.6	24
466	Telephone-based physical activity counseling for major depression in people with multiple sclerosis. <i>Journal of Consulting and Clinical Psychology</i> , 2013, 81, 89-99.	2.0	105
467	Exploring predictors of walking ability among community-dwelling older adults. <i>Aging Health</i> , 2013, 9, 189-197.	0.3	1
468	Distortion, Bias, and Ethical Informed Consent: Presentations of Etiological and Treatment Factors in Abnormal Psychology Textbooks. <i>Ethical Human Psychology and Psychiatry</i> , 2013, 15, 160-179.	0.5	4
469	Mood disorders and complementary and alternative medicine: a literature review. <i>Neuropsychiatric Disease and Treatment</i> , 2013, 9, 639.	2.2	112
470	Comparação dos níveis de ansiedade e depressão entre idosos ativos e sedentários. <i>Revista De Psiquiatria Clinica</i> , 2013, 40, 71-76.	0.6	20
471	Physical Activity for Health and Longevity. <i>SSRN Electronic Journal</i> , 2013, , .	0.4	0
472	Depression, diet and exercise. <i>Medical Journal of Australia</i> , 2013, 199, S21-3.	1.7	38
473	Physical Activity in Depressed Elderly. A Systematic Review. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2013, 9, 125-135.	1.2	91
474	Treating Depression and Depression-Like Behavior with Physical Activity: An Immune Perspective. <i>Frontiers in Psychiatry</i> , 2013, 4, 3.	2.6	94
475	Shorter term aerobic exercise improves brain, cognition, and cardiovascular fitness in aging. <i>Frontiers in Aging Neuroscience</i> , 2013, 5, 75.	3.4	283
476	The biological clock keeps ticking, but exercise may turn it back. <i>Arquivos De Neuro-Psiquiatria</i> , 2013, 71, 113-118.	0.8	16
477	Exercícios físicos generalizados capacidade funcional e sintomas depressivos em idosos. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2013, 15, .	0.5	4
478	Low-Frequency, Whole Body Vibration Induced Neurite Outgrowth by Pc12m3 Cells with Impaired Nerve Growth Factor-Induced Neurite Outgrowth. <i>Journal of Novel Physiotherapies</i> , 2014, 05, .	0.1	2

#	ARTICLE	IF	CITATIONS
479	Treatment of nonpsychotic major depression during pregnancy: patient safety and challenges. <i>Drug, Healthcare and Patient Safety</i> , 2014, 6, 109.	2.5	19
480	Rationale, Component Description and Pilot Evaluation of a Physical Health Promotion Measure for People with Mental Disorders across Europe. , 2014, 04, .		3
481	Can Exercise Increase Fitness and Reduce Weight in Patients with Schizophrenia and Depression?. <i>Frontiers in Psychiatry</i> , 2014, 5, 89.	2.6	26
482	Etiological classification of depression based on the enzymes of tryptophan metabolism. <i>BMC Psychiatry</i> , 2014, 14, 372.	2.6	25
483	EXERCISE IMPROVES SEXUAL FUNCTION IN WOMEN TAKING ANTIDEPRESSANTS: RESULTS FROM A RANDOMIZED CROSSOVER TRIAL. <i>Depression and Anxiety</i> , 2014, 31, 188-195.	4.1	71
484	Depression, Coronary Artery Disease, and Physical Activity: How Much Exercise Is Enough?. <i>Clinical Therapeutics</i> , 2014, 36, 1518-1530.	2.5	31
485	Depression and Outcome among Veterans with Implantable Cardioverter Defibrillators with or without Cardiac Resynchronization Therapy Capability. <i>PACE - Pacing and Clinical Electrophysiology</i> , 2014, 37, 994-1001.	1.2	5
486	Contemplative self healing in women breast cancer survivors: a pilot study in underserved minority women shows improvement in quality of life and reduced stress. <i>BMC Complementary and Alternative Medicine</i> , 2014, 14, 349.	3.7	35
487	Impact of Sleep Complaints and Depression Outcomes Among Participants in the Standard Medical Intervention and Long-Term Exercise Study of Exercise and Pharmacotherapy for Depression. <i>Journal of Nervous and Mental Disease</i> , 2014, 202, 167-171.	1.0	20
488	Depressive Symptom Clusters as Predictors of Incident Coronary Artery Disease. <i>Psychosomatic Medicine</i> , 2014, 76, 38-43.	2.0	26
489	Exercise for Depression. <i>JAMA - Journal of the American Medical Association</i> , 2014, 311, 2432.	7.4	143
490	Exercise to Combat Depression. <i>JAMA - Journal of the American Medical Association</i> , 2014, 312, 2166.	7.4	5
491	Exercise as an add-on strategy for the treatment of major depressive disorder: a systematic review. <i>CNS Spectrums</i> , 2014, 19, 496-508.	1.2	74
492	Exercise and the treatment of depression: A review of the exercise program variables. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 177-182.	1.3	276
493	Exercise for methamphetamine dependence: Rationale, design, and methodology. <i>Contemporary Clinical Trials</i> , 2014, 37, 139-147.	1.8	24
494	ACTIVEDEP: a randomised, controlled trial of a home-based exercise intervention to alleviate depression in middle-aged and older adults. <i>British Journal of Sports Medicine</i> , 2014, 48, 226-232.	6.7	29
496	Phase I/II randomized trial of aerobic exercise in Parkinson disease in a community setting. <i>Neurology</i> , 2014, 83, 413-425.	1.1	180
497	Exercise training improves depressive symptoms in people with multiple sclerosis: Results of a meta-analysis. <i>Journal of Psychosomatic Research</i> , 2014, 76, 465-471.	2.6	131

#	ARTICLE	IF	CITATIONS
498	Predictors of adherence to exercise interventions in patients with clinical depression – A pooled analysis from two clinical trials. <i>Mental Health and Physical Activity</i> , 2014, 7, 50-54.	1.8	16
499	The Effect of Dance on Depressive Symptoms in Nursing Home Residents. <i>Journal of the American Medical Directors Association</i> , 2014, 15, 582-587.	2.5	77
500	The effects of physical exercise on functional performance, quality of life, cognitive impairment and physical activity levels for older adults aged 65 years and older with a diagnosis of dementia: a systematic review. <i>JBIC Database of Systematic Reviews and Implementation Reports</i> , 2014, 12, 158-276.	1.7	9
501	Sustained Running in Rats Administered Corticosterone Prevents the Development of Depressive Behaviors and Enhances Hippocampal Neurogenesis and Synaptic Plasticity without Increasing Neurotrophic Factor Levels. <i>Cell Transplantation</i> , 2014, 23, 481-492.	2.5	40
502	Guidelines for Rehabilitation in Patients With Cardiovascular Disease (JCS 2012). <i>Circulation Journal</i> , 2014, 78, 2022-2093.	1.6	234
503	Multiple risk-behavior profiles of smokers with serious mental illness and motivation for change.. <i>Health Psychology</i> , 2014, 33, 1518-1529.	1.6	27
504	Exercise as medicine – evidence for prescribing exercise as therapy in 26 different chronic diseases. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 1-72.	2.9	2,111
506	A Primer on Exercise Pharmacology. <i>Kinesiology Review</i> , 2015, 4, 113-117.	0.6	1
508	Exercise as medicine—the use of group medical visits to promote physical activity and treat chronic moderate depression: a preliminary 14-week pre–post study. <i>BMJ Open Sport and Exercise Medicine</i> , 2015, 1, e000036.	2.9	11
510	Cognitive Function in Heart Failure Is Associated With Nonsomatic Symptoms of Depression But Not Somatic Symptoms. <i>Journal of Cardiovascular Nursing</i> , 2015, 30, E9-E17.	1.1	19
511	Changes in mental health in compliers and non-compliers with physical activity recommendations in patients with stress-related exhaustion. <i>BMC Psychiatry</i> , 2015, 15, 272.	2.6	51
512	Correlates of excessive daytime sleepiness in community-dwelling older adults: an exploratory study. <i>Revista Brasileira De Epidemiologia</i> , 2015, 18, 607-617.	0.8	14
513	Elderly care recipients’ perceptions of treatment helpfulness for depression and the relationship with help-seeking. <i>Clinical Interventions in Aging</i> , 2015, 10, 287.	2.9	10
514	Physical benefits and reduction of depressive symptoms among the elderly: Results from the Portuguese "National Walking Program". <i>Ciencia E Saude Coletiva</i> , 2015, 20, 789-795.	0.5	21
515	Treatment-resistant Late-life Depression: Challenges and Perspectives. <i>Current Neuropharmacology</i> , 2015, 13, 577-591.	2.9	44
516	Affective responses after different intensities of exercise in patients with traumatic brain injury. <i>Frontiers in Psychology</i> , 2015, 6, 839.	2.1	7
517	Evaluating Exercise as a Therapeutic Intervention for Methamphetamine Addiction-Like Behavior1. <i>Brain Plasticity</i> , 2015, 1, 63-81.	3.5	14
518	Impact of an exercise intervention on methamphetamine use outcomes post-residential treatment care. <i>Drug and Alcohol Dependence</i> , 2015, 156, 21-28.	3.2	67

#	ARTICLE	IF	CITATIONS
520	Effect of Low-intensity Exercise on Physical and Cognitive Health in Older Adults: a Systematic Review. <i>Sports Medicine - Open</i> , 2015, 1, 37.	3.1	72
521	S3 guideline on psychosocial therapies in severe mental illness: evidence and recommendations. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2015, 265, 173-188.	3.2	32
522	Honey, I shrunk the pooled SMD! Guide to critical appraisal of systematic reviews and meta-analyses using the Cochrane review on exercise for depression as example. <i>Mental Health and Physical Activity</i> , 2015, 8, 21-36.	1.8	102
523	Exercise Augmentation of Exposure Therapy for PTSD: Rationale and Pilot Efficacy Data. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 314-327.	3.5	154
524	Depression Among Korean Immigrant Elders Living in Canada and the United States: A Comparative Study. <i>Journal of Gerontological Social Work</i> , 2015, 58, 86-103.	1.0	10
525	A commentary on the importance of controlling for medication use within trials on the effects of exercise on depression and anxiety. <i>Mental Health and Physical Activity</i> , 2015, 9, 10-15.	1.8	14
526	Metro Nature, Environmental Health, and Economic Value. <i>Environmental Health Perspectives</i> , 2015, 123, 390-398.	6.0	93
527	Clinical Roundup: Selected Treatment Options for Mood Disorders—Part 1. Alternative and Complementary Therapies, 2015, 21, 143-149.	0.1	1
528	Husbands'™ and Wives'™ Physical Activity and Depressive Symptoms: Longitudinal Findings from the Cardiovascular Health Study. <i>Annals of Behavioral Medicine</i> , 2015, 49, 704-714.	2.9	20
529	Top 10 Research Questions Related to Physical Activity and Multiple Sclerosis. <i>Research Quarterly for Exercise and Sport</i> , 2015, 86, 117-129.	1.4	43
530	Treating Major Depression with Physical Activity: A Systematic Overview with Recommendations. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 341-352.	3.5	70
531	Physical exercise for late-life major depression. <i>British Journal of Psychiatry</i> , 2015, 207, 235-242.	2.8	73
532	Clinical Advances in Geriatric Psychiatry. <i>Psychiatric Clinics of North America</i> , 2015, 38, 495-514.	1.3	14
533	Role of the Sympathetic Nervous System in Stress-Mediated Cardiovascular Disease. <i>Current Hypertension Reports</i> , 2015, 17, 80.	3.5	82
534	IL-1 $\beta$ and BDNF are associated with improvement in hypersomnia but not insomnia following exercise in major depressive disorder. <i>Translational Psychiatry</i> , 2015, 5, e611-e611.	4.8	34
535	Associations of physical activity with depressiveness and coping in subjects with high-grade obesity aiming at bariatric surgery: a cross-sectional study. <i>BioPsychoSocial Medicine</i> , 2015, 9, 16.	2.1	5
536	Swimming reduces the severity of physical and psychological dependence and voluntary morphine consumption in morphine dependent rats. <i>European Journal of Pharmacology</i> , 2015, 747, 88-95.	3.5	22
537	Inoculation stress hypothesis of environmental enrichment. <i>Neuroscience and Biobehavioral Reviews</i> , 2015, 49, 19-31.	6.1	157

#	ARTICLE	IF	CITATIONS
538	Adult Neurogenesis and Mental Illness. <i>Neuropsychopharmacology</i> , 2015, 40, 113-128.	5.4	147
539	Social support agents for older adults: longitudinal affective computing in the home. <i>Journal on Multimodal User Interfaces</i> , 2015, 9, 79-88.	2.9	62
540	Sleep and exercise: A reciprocal issue?. <i>Sleep Medicine Reviews</i> , 2015, 20, 59-72.	8.5	460
541	Exercise is medicine for patients with major depressive disorders : but only if the &ldquo;pill&rdquo; is taken!. <i>Neuropsychiatric Disease and Treatment</i> , 2016, Volume 12, 1977-1981.	2.2	53
542	Emotional Experiences and Interpersonal Relations in Physical Activity as Health Prevention and Treatmentâ€”A Psychodynamic Group Approach. , 2016, , 461-485.		2
544	A Comparative Study of the Efficacy of Cognitive Group Therapy and Aerobic Exercise in the Treatment of Depression among the Students. <i>Global Journal of Health Science</i> , 2016, 8, 1.	0.2	24
545	Active aging is associated with low prevalence of depressive symptoms among Brazilian older adults. <i>Revista Brasileira De Epidemiologia</i> , 2016, 19, 307-316.	0.8	16
546	Aerobic Exercise as a Tool to Improve Hippocampal Plasticity and Function in Humans: Practical Implications for Mental Health Treatment. <i>Frontiers in Human Neuroscience</i> , 2016, 10, 373.	2.0	98
548	Exercise and cognition. , 0, , 321-338.		0
549	The Treatment with Exercise Augmentation for Depression (TREAD) study. , 2016, , 96-108.		1
550	Testosterone and depressive symptoms among men in the Diabetes Prevention Program. <i>Psychoneuroendocrinology</i> , 2016, 72, 63-71.	2.7	22
551	Aerobic Exercise for Reducing Migraine Burden: Mechanisms, Markers, and Models of Change Processes. <i>Headache</i> , 2016, 56, 357-369.	3.9	90
552	The impact of age on cerebral perfusion, oxygenation and metabolism during exercise in humans. <i>Journal of Physiology</i> , 2016, 594, 4471-4483.	2.9	34
553	The Relationship Between Physical Activity and Depressive Symptoms in Healthy Older Women. <i>Gerontology and Geriatric Medicine</i> , 2016, 2, 233372141562685.	1.5	22
554	Comparative Benefits and Harms of Antidepressant, Psychological, Complementary, and Exercise Treatments for Major Depression: An Evidence Report for a Clinical Practice Guideline From the American College of Physicians. <i>Annals of Internal Medicine</i> , 2016, 164, 331.	3.9	92
555	Aerobic Exercise Improves Mood, Cognition, and Language Function in Parkinsonâ€™s Disease: Results of a Controlled Study. <i>Journal of the International Neuropsychological Society</i> , 2016, 22, 878-889.	1.8	75
556	Direction of Association Between Depressive Symptoms and Lifestyle Behaviors in Patients with Coronary Heart Disease: the Heart and Soul Study. <i>Annals of Behavioral Medicine</i> , 2016, 50, 523-532.	2.9	69
557	The Use of Complementary Alternative and Integrative Medicine (CAIM) for Treatment and Prevention of Late-Life Depression and Cardiovascular Disease. , 2016, , 467-491.		2

#	ARTICLE	IF	CITATIONS
558	Interventions to Enhance Art-of-Living. Social Indicators Research Series, 2016, , 109-174.	0.3	1
559	Treatment with oestrogenâ€receptor agonists or oxytocin in conjunction with exercise protects against myocardial infarction in ovariectomized rats. Experimental Physiology, 2016, 101, 612-627.	2.0	17
560	The <scp>T</scp>herapeutic <scp>P</scp>otential of <scp>E</scp>xercise to <scp>I</scp>mprove <scp>M</scp>ood, <scp>C</scp>ognition, and S<scp>I</scp>leep in <scp>P</scp>arkinson's <scp>D</scp>isease. Movement Disorders, 2016, 31, 23-38.	3.9	104
561	Patterns of depressive disorders across 13 years and their determinants among midlife women: SWAN mental health study. Journal of Affective Disorders, 2016, 206, 31-40.	4.1	45
562	The Depressed Frail Phenotype: The Clinical Manifestation of Increased Biological Aging. American Journal of Geriatric Psychiatry, 2016, 24, 1084-1094.	1.2	89
563	The Health Benefits of Exercise and Physical Activity. Current Nutrition Reports, 2016, 5, 204-212.	4.3	29
564	Psychosocial Risk Factors and Cardiovascular Disease: Epidemiology, Screening, and Treatment Considerations. Cardiovascular Innovations and Applications, 2016, 1, .	0.3	10
565	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients With Major Depressive Disorder: A Clinical Practice Guideline From the American College of Physicians. Annals of Internal Medicine, 2016, 164, 350.	3.9	203
566	Implementation of the Human Action State Recognition Using Smartphone. , 2016, , .		0
567	Exercise as a treatment for depression: A meta-analysis. Journal of Affective Disorders, 2016, 202, 67-86.	4.1	544
568	Dyadic Associations Between Physical Activity and Depressive Symptoms in Older Adults with Musculoskeletal Conditions and Their Spouses. Stress and Health, 2016, 32, 244-252.	2.6	13
569	Moderators of response in exercise treatment for depression: A systematic review. Journal of Affective Disorders, 2016, 195, 40-49.	4.1	59
570	Neurobiological effects of exercise on major depressive disorder: A systematic review. Neuroscience and Biobehavioral Reviews, 2016, 61, 1-11.	6.1	189
571	Early unilateral cochlear implantation promotes mature cortical asymmetries in adolescents who are deaf. Human Brain Mapping, 2016, 37, 135-152.	3.6	48
572	MAP training: combining meditation and aerobic exercise reduces depression and rumination while enhancing synchronized brain activity. Translational Psychiatry, 2016, 6, e726-e726.	4.8	72
573	Exercise as a treatment for depression: A meta-analysis adjusting for publication bias. Journal of Psychiatric Research, 2016, 77, 42-51.	3.1	950
574	Dropout from exercise randomized controlled trials among people with depression: A meta-analysis and meta regression. Journal of Affective Disorders, 2016, 190, 457-466.	4.1	202
575	Evidence of disturbed sleep and mood state in well-trained athletes during short-term intensified training with and without a high carbohydrate nutritional intervention. Journal of Sports Sciences, 2017, 35, 1402-1410.	2.0	62

#	ARTICLE	IF	CITATIONS
576	Lifestyle Modification in Secondary Prevention. American Journal of Lifestyle Medicine, 2017, 11, 137-152.	1.9	44
577	An overview of the effect of probiotics and exercise on mood and associated health conditions. Critical Reviews in Food Science and Nutrition, 2017, 57, 3887-3893.	10.3	21
578	New functional pavements for pedestrians and cyclists. Accident Analysis and Prevention, 2017, 105, 52-63.	5.7	14
579	A randomized trial of aerobic exercise on cognitive control in major depression. Clinical Neurophysiology, 2017, 128, 903-913.	1.5	43
580	Cardiorespiratory Fitness and All-Cause Mortality in Men With Emotional Distress. Mayo Clinic Proceedings, 2017, 92, 918-924.	3.0	10
582	Exercise and Sports Medicine Issues in Underserved Populations. Primary Care - Clinics in Office Practice, 2017, 44, 141-154.	1.6	0
583	Effects of Yoga on Heart Rate Variability and Depressive Symptoms in Women: A Randomized Controlled Trial. Journal of Alternative and Complementary Medicine, 2017, 23, 310-316.	2.1	48
584	Exercise for patients with major depression: a systematic review with meta-analysis and trial sequential analysis. BMJ Open, 2017, 7, e014820.	1.9	90
585	Comparative Benefits and Harms of Complementary and Alternative Medicine Therapies for Initial Treatment of Major Depressive Disorder: Systematic Review and Meta-Analysis. Journal of Alternative and Complementary Medicine, 2017, 23, 907-919.	2.1	19
586	Psychological Responses to Acute Aerobic, Resistance, or Combined Exercise in Healthy and Overweight Individuals: A Systematic Review. Clinical Medicine Insights: Cardiology, 2017, 11, 117954681770172.	1.8	26
587	Physical exercise as an epigenetic modulator of brain plasticity and cognition. Neuroscience and Biobehavioral Reviews, 2017, 80, 443-456.	6.1	197
588	The mediational role of physical activity, social contact and stroke on the association between age, education, employment and dementia in an Asian older adult population. BMC Psychiatry, 2017, 17, 98.	2.6	5
590	Neurobiology of substance use in adolescents and potential therapeutic effects of exercise for prevention and treatment of substance use disorders. Birth Defects Research, 2017, 109, 1711-1729.	1.5	39
591	Treadmill exercise ameliorates depressive symptoms through increasing serotonin expression in postpartum depression rats. Journal of Exercise Rehabilitation, 2017, 13, 130-135.	1.0	20
592	Is the Comparison between Exercise and Pharmacologic Treatment of Depression in the Clinical Practice Guideline of the American College of Physicians Evidence-Based?. Frontiers in Pharmacology, 2017, 8, 257.	3.5	39
593	Physical Activity Modulates Common Neuroplasticity Substrates in Major Depressive and Bipolar Disorder. Neural Plasticity, 2017, 2017, 1-37.	2.2	33
594	Exercise Promotes Neuroplasticity in Both Healthy and Depressed Brains: An fMRI Pilot Study. Neural Plasticity, 2017, 2017, 1-13.	2.2	28
595	Aerobic exercise improves quality of life, psychological well-being and systemic inflammation in subjects with Alzheimer's disease. African Health Sciences, 2017, 16, 1045.	0.7	62



#	ARTICLE	IF	CITATIONS
596	Stress increases the risk of type 2 diabetes onset in women: A 12-year longitudinal study using causal modelling. PLoS ONE, 2017, 12, e0172126.	2.5	74
597	Physical Activity as a Therapeutic Intervention for Addictive Disorders. , 2017, , 41-51.		0
598	Combining Lifestyle Medicine and Positive Psychology to Improve Mental Health and Emotional Well-being. American Journal of Lifestyle Medicine, 2018, 12, 370-374.	1.9	14
599	A randomized controlled trial on an aerobic exercise programme for depression outpatients. Sport Sciences for Health, 2018, 14, 173-181.	1.3	5
600	Neurologic Changes and Depression. Psychiatric Clinics of North America, 2018, 41, 111-126.	1.3	3
601	A comparison of physical activity, physical fitness levels, BMI and blood pressure of adults with intellectual disability, who do and do not take part in Special Olympics Ireland programmes: Results from the SOPHIE study. Journal of Intellectual Disabilities, 2018, 22, 154-170.	1.4	22
602	The effect of resistance exercise on sleep: A systematic review of randomized controlled trials. Sleep Medicine Reviews, 2018, 39, 52-68.	8.5	137
603	Neurobiological mechanisms of exercise and psychotherapy in depression: The SPeED studyâ€”Rationale, design, and methodological issues. Clinical Trials, 2018, 15, 53-64.	1.6	18
605	Exercise protects myelinated fibers of white matter in a rat model of depression. Journal of Comparative Neurology, 2018, 526, 537-549.	1.6	21
606	Exercise Treatment for Major Depression. The Japanese Journal of Rehabilitation Medicine, 2018, 55, 189-192.	0.0	0
607	Training: Physical Fitness and Strengthening. , 0, , 175-198.		0
608	Promises of Caffeine in Attention-Deficit/Hyperactivity Disorder: From Animal Models to Clinical Practice. Journal of Caffeine and Adenosine Research, 2018, 8, 131-142.	0.6	8
609	Depression and adult neurogenesis: Positive effects of the antidepressant fluoxetine and of physical exercise. Brain Research Bulletin, 2018, 143, 181-193.	3.0	186
610	An approach to analyze the social acceptance of virtual assistants by elderly people. , 2018, , .		20
611	The effects of exercise referral schemes in the United Kingdom in those with cardiovascular, mental health, and musculoskeletal disorders: a preliminary systematic review. BMC Public Health, 2018, 18, 949.	2.9	50
612	Exercise for the Prevention and Treatment of Depression. , 2018, , 1-18.		6
613	Overview of Mechanisms of Action of Exercise in Psychiatric Disorders and Future Directions for Research. , 2018, , 285-299.		0
614	Effect of healthy aging on cerebral blood flow, CO <sub>2</sub> reactivity, and neurovascular coupling during exercise. Journal of Applied Physiology, 2018, 125, 1917-1930.	2.5	23

#	ARTICLE	IF	CITATIONS
615	Effects of Physical Exercise on Inflammation in Depression. , 2018, , 581-588.		0
616	Recommendations and Moving Beyond the System. , 2018, , 201-219.		0
617	Effects of a 12-week running programme in youth and adults with complex mood disorders. <i>BMJ Open Sport and Exercise Medicine</i> , 2018, 4, e000314.	2.9	20
618	Exercise Leads to Better Clinical Outcomes in Those Receiving Medication Plus Cognitive Behavioral Therapy for Major Depressive Disorder. <i>Frontiers in Psychiatry</i> , 2018, 9, 37.	2.6	36
619	Moderating Effects of Exercise Duration and Intensity in Neuromuscular vs. Endurance Exercise Interventions for the Treatment of Depression: A Meta-Analytical Review. <i>Frontiers in Psychiatry</i> , 2018, 9, 305.	2.6	51
620	Exercise as a treatment modality for depression: A narrative review. <i>Alexandria Journal of Medicine</i> , 2018, 54, 429-435.	0.6	11
621	Association between physical exercise and mental health in 1Â2 million individuals in the USA between 2011 and 2015: a cross-sectional study. <i>Lancet Psychiatry</i> ,the, 2018, 5, 739-746.	7.4	658
622	What is cardiac distress and how should we measure it?. <i>British Journal of Cardiac Nursing</i> , 2018, 13, 286-293.	0.1	14
623	Effects of a short-term Interval Aerobic Training Programme with active Recovery bouts (IATP-R) on cognitive and mental health, functional performance and quality of life: A randomised controlled trial in sedentary seniors. <i>International Journal of Clinical Practice</i> , 2019, 73, e13219.	1.7	20
624	Sport Psychiatry: Aspects of a Developing Field. , 2019, , 157-168.		0
625	Exercise training and cardiac rehabilitation in cardiovascular disease. <i>Expert Review of Cardiovascular Therapy</i> , 2019, 17, 585-596.	1.5	14
626	The hot water extract and active components nicotinamide and guanosine of the leather carp <i>Cyprinus carpio nudis</i> improve exercise performance in mice. <i>Journal of Food Biochemistry</i> , 2019, 43, e13004.	2.9	0
627	Traumatic Brain Injury Modifies the Relationship Between Physical Activity and Global and Cognitive Health: Results From the Barcelona Brain Health Initiative. <i>Frontiers in Behavioral Neuroscience</i> , 2019, 13, 135.	2.0	13
628	Relationship between Psychological Distress and Continuous Sedentary Behavior in Healthy Older Adults. <i>Medicina (Lithuania)</i> , 2019, 55, 324.	2.0	3
629	Prevalence and associated factors influencing depression in older adults living in rural Thailand: A crossâ€sectional study. <i>Geriatrics and Gerontology International</i> , 2019, 19, 1248-1253.	1.5	31
630	Relationship between Physical Activity Level and Depression of Elderly People Living Alone. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4051.	2.6	29
631	Long-Term Relationship between Psychological Distress and Continuous Sedentary Behavior in Healthy Older Adults: A Three Panel Study. <i>Medicina (Lithuania)</i> , 2019, 55, 555.	2.0	2
632	Comparison of surf and hike therapy for active duty service members with major depressive disorder: Study protocol for a randomized controlled trial of novel interventions in a naturalistic setting. <i>Contemporary Clinical Trials Communications</i> , 2019, 16, 100435.	1.1	2

#	ARTICLE	IF	CITATIONS
633	The influence of depression status on weekly exercise in children ages 6 to 17 years. <i>Preventive Medicine Reports</i> , 2019, 13, 199-204.	1.8	13
634	The impact of lifestyle Physical Activity Counselling in IN-PATients with major depressive disorders on physical activity, cardiorespiratory fitness, depression, and cardiovascular health risk markers: study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 367.	1.6	29
635	No changes in corticospinal excitability, biochemical markers, and working memory after six weeks of high-intensity interval training in sedentary males. <i>Physiological Reports</i> , 2019, 7, e14140.	1.7	30
636	Alpha-synuclein at the nexus of genes and environment: the impact of environmental enrichment and stress on brain health and disease. <i>Journal of Neurochemistry</i> , 2019, 150, 591-604.	3.9	22
637	Effects of increased daily physical activity on mental health and depression biomarkers in postmenopausal women. <i>Journal of Physical Therapy Science</i> , 2019, 31, 408-413.	0.6	12
638	The Role of PGC-1 $\alpha$ /UCP2 Signaling in the Beneficial Effects of Physical Exercise on the Brain. <i>Frontiers in Neuroscience</i> , 2019, 13, 292.	2.8	48
639	Tailoring Assessments and Prescription in Cardiac Rehabilitation for Older Adults. <i>Clinics in Geriatric Medicine</i> , 2019, 35, 423-443.	2.6	4
640	Oxidative Stress-Related Endothelial Damage in Vascular Depression and Vascular Cognitive Impairment: Beneficial Effects of Aerobic Physical Exercise. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-6.	4.0	34
641	The impact of depression and anxiety treatment on biological aging and metabolic stress: study protocol of the Mood treatment with antidepressants or running (MOTAR) study. <i>BMC Psychiatry</i> , 2019, 19, 425.	2.6	24
642	Individualized home-based exercise and nutrition interventions improve frailty in older adults: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 119.	4.6	77
643	Outcomes of Participation in a Community-Based Physical Activity Program. <i>Frontiers in Public Health</i> , 2019, 7, 225.	2.7	5
644	Serum Endocannabinoid and Mood Changes after Exercise in Major Depressive Disorder. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 1909-1917.	0.4	61
645	Physical activity modifies the association between depression and cognitive function in older adults. <i>Journal of Affective Disorders</i> , 2019, 246, 800-805.	4.1	27
646	Effectiveness of physical exercise in the treatment of depression in older adults as an alternative to antidepressant drugs in primary care. <i>BMC Psychiatry</i> , 2019, 19, 21.	2.6	54
647	The Effects of Exercise on Adolescent Physical Development, Brain Development and Adult Health in Underserved Populations. <i>Physician Assistant Clinics</i> , 2019, 4, 171-184.	0.1	0
648	Psychosocial and health-related risk factors for depressive symptom trajectories among midlife women over 15 years: Study of Women's Health Across the Nation (SWAN). <i>Psychological Medicine</i> , 2019, 49, 250-259.	4.5	21
649	Depression and coronary heart disease: 2018 position paper of the ESC working group on coronary pathophysiology and microcirculation. <i>European Heart Journal</i> , 2020, 41, 1687-1696.	2.2	203
650	Are early increases in physical activity a behavioral marker for successful antidepressant treatment?. <i>Journal of Affective Disorders</i> , 2020, 260, 287-291.	4.1	4

#	ARTICLE	IF	CITATIONS
652	Neurological Changes and Depression. <i>Clinics in Geriatric Medicine</i> , 2020, 36, 297-313.	2.6	5
653	Sex differences in resilience: Experiential factors and their mechanisms. <i>European Journal of Neuroscience</i> , 2020, 52, 2530-2547.	2.6	29
654	Impact of Supervised Exercise on One-Year Medication Use in Older Veterans with Multiple Morbidities. <i>Gerontology and Geriatric Medicine</i> , 2020, 6, 233372142095675.	1.5	5
655	Different levels of physical activity and depression symptoms among older adults from 18 countries: A population-based study from the Survey of Health, Ageing and Retirement in Europe (SHARE). <i>European Journal of Sport Science</i> , 2021, 21, 887-894.	2.7	27
656	Improving Physical and Mental Health in Patients with Prostate Cancer Undergoing Androgen Deprivation Therapy: Strategies to Promote and Improve Physical Activity Quality and Quantity. <i>Seminars in Oncology Nursing</i> , 2020, 36, 151051.	1.5	2
657	Physical Activity in Adults With an Amputation as Assessed With a Self-Reported Exercise Vital Sign. <i>PM and R</i> , 2020, 12, 861-869.	1.6	5
658	Physical Inactivity Is Associated With Increased Levels of Anxiety, Depression, and Stress in Brazilians During the COVID-19 Pandemic: A Cross-Sectional Study. <i>Frontiers in Psychiatry</i> , 2020, 11, 565291.	2.6	53
659	Impact of exercise on older adults' mood is moderated by sleep and mediated by altered brain connectivity. <i>Social Cognitive and Affective Neuroscience</i> , 2020, 15, 1238-1251.	3.0	14
660	Diet, Stress and Mental Health. <i>Nutrients</i> , 2020, 12, 2428.	4.1	151
661	A randomized trial of aerobic exercise for major depression: examining neural indicators of reward and cognitive control as predictors and treatment targets. <i>Psychological Medicine</i> , 2022, 52, 893-903.	4.5	22
662	<p></p>Hormonal Function Responses to Moderate Aerobic Exercise in Older Adults with Depression</p>. <i>Clinical Interventions in Aging</i> , 2020, Volume 15, 1271-1283.	2.9	17
663	Evaluation of the effect of insulin sensitivity-enhancing lifestyle- and dietary-related adjuncts on antidepressant treatment response: A systematic review and meta-analysis. <i>Heliyon</i> , 2020, 6, e04845.	3.2	5
664	Exercise enhances: study protocol of a randomized controlled trial on aerobic exercise as depression treatment augmentation. <i>BMC Psychiatry</i> , 2020, 20, 585.	2.6	10
665	Low-hanging fruit for getting back on your feet: A critical review of diet and exercise interventions for depression. <i>Journal of Affective Disorders Reports</i> , 2020, 1, 100019.	1.7	1
666	Call to action regarding the vascular-bipolar link: A report from the Vascular Task Force of the International Society for Bipolar Disorders. <i>Bipolar Disorders</i> , 2020, 22, 440-460.	1.9	66
667	How Are Wearable Activity Trackers Adopted in Older Adults? Comparison between Subjective Adoption Attitudes and Physical Activity Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3461.	2.6	13
669	Antidepressant Drugs and Physical Activity: A Possible Synergism in the Treatment of Major Depression?. <i>Frontiers in Psychology</i> , 2020, 11, 857.	2.1	30
670	Aerobic exercise enhances positive emotional reactivity in individuals with depressive symptoms: Evidence from neural responses to reward and emotional content. <i>Mental Health and Physical Activity</i> , 2020, 19, 100339.	1.8	11

#	ARTICLE	IF	CITATIONS
671	Employers With Metabolic Syndrome and Increased Depression/Anxiety Severity Profit Most From Structured Exercise Intervention for Work Ability and Quality of Life.. <i>Frontiers in Psychiatry</i> , 2020, 11, 562.	2.6	11
673	Systematic Review of Meta-Analyses: Exercise Effects on Depression in Children and Adolescents. <i>Frontiers in Psychiatry</i> , 2020, 11, 81.	2.6	75
674	Remote Therapy to Improve Outcomes in Lung Transplant Recipients: Design of the INSPIRE-III Randomized Clinical Trial. <i>Transplantation Direct</i> , 2020, 6, e535.	1.6	8
675	Do exercise trials for adults with depression account for comorbid anxiety? A systematic review. <i>Mental Health and Physical Activity</i> , 2020, 18, 100320.	1.8	8
676	Neurobiological findings underlying depressive behavior in Parkinsonâ€™s disease: A review. <i>International Immunopharmacology</i> , 2020, 83, 106434.	3.8	16
678	The role of comorbid anxiety in exercise and depression trials: Secondary analysis of the SMILEâ€™ randomized clinical trial. <i>Depression and Anxiety</i> , 2021, 38, 124-133.	4.1	10
679	Physical exercise improves quality of life, depressive symptoms, and cognition across chronic brain disorders: a transdiagnostic systematic review and meta-analysis of randomized controlled trials. <i>Journal of Neurology</i> , 2021, 268, 1222-1246.	3.6	120
680	Exercise and physical activity for depression. , 0, , 338-368.		3
681	Bewegung â€™ kÃ¶rperliche AktivitÃ¤t und Sport. , 2021, , 123-127.		0
682	Physical activity and depression in older adults: the knowns and unknowns. <i>Psychiatry Research</i> , 2021, 297, 113738.	3.3	39
683	Physical fitness and cognitive function among schoolâ€™aged children in selected basic schools in the Ho Municipality of Ghana. <i>Heliyon</i> , 2021, 7, e06324.	3.2	4
685	Relationship between Psychological Distress and Prolonged Sedentary Bouts in the Elderly: Four Period Analysis. <i>Healthcare (Switzerland)</i> , 2021, 9, 676.	2.0	0
686	Aerobic Exercise Decreases Negative Affect by Modulating Orbitofrontal-Amygdala Connectivity in Adolescents. <i>Life</i> , 2021, 11, 577.	2.4	6
687	The Effect of Pre-Quarantine Physical Activity on Anxiety and Depressive Symptoms during the COVID-19 Lockdown in the Kingdom of Saudi Arabia. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7771.	2.6	7
688	Physical Exercise for Late-Life Major Depression. <i>Focus (American Psychiatric Publishing)</i> , 2021, 19, 365-373.	0.8	2
689	Effectiveness of Physical Exercise in Older Adults With Mild to Moderate Depression. <i>Annals of Family Medicine</i> , 2021, 19, 302-309.	1.9	21
690	International Exercise Recommendations in Older Adults (ICFSR): Expert Consensus Guidelines. <i>Journal of Nutrition, Health and Aging</i> , 2021, 25, 824-853.	3.3	384
691	It's Not About the Meds. <i>Physician Assistant Clinics</i> , 2021, 6, 395-410.	0.1	0

#	ARTICLE	IF	CITATIONS
692	Effects of body-oriented yoga: a RCT study for patients with major depressive disorder. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2021, 271, 1217-1229.	3.2	7
693	Exercise Prescription Practices to Improve Mental Health. <i>Journal of Psychiatric Practice</i> , 2021, 27, 273-282.	0.7	6
694	Late Life Depression: The Essentials and the Essential Distinctions. <i>Focus (American Psychiatric)</i> Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 66	0.8	10
695	The impact of a single session of aerobic exercise on positive emotional reactivity in depression: Insight into individual differences from the late positive potential. <i>Behaviour Research and Therapy</i> , 2021, 144, 103914.	3.1	4
696	Efficacy of exercise combined with standard treatment for depression compared to standard treatment alone: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2021, 295, 1494-1511.	4.1	22
697	Effects of long-term unilateral cochlear implant use on large-scale network synchronization in adolescents. <i>Hearing Research</i> , 2021, 409, 108308.	2.0	0
699	Alte. , 2006, , 245-256.		1
700	Psychological Challenges of Coping with Coronary Artery Disease. , 2012, , 9-24.		2
701	Exercise and the Brain. , 2011, , 257-273.		7
702	Normal and Pathological Aging: From Animals to Humans. , 2009, , 1-28.		11
703	Anxiety and Depression. , 2012, , 95-118.		1
704	Chocolate: Mood. , 2013, , 409-419.		1
705	Assessment and Management of Psychosocial Risk Factors Within Preventive Cardiology Practice. <i>Contemporary Cardiology</i> , 2021, , 61-72.	0.1	1
706	Resilience-Oriented Treatment of Traumatized Asylum Seekers and Refugees. , 2015, , 191-208.		7
707	Innovationen werden von Menschen gemacht â€” Kompetenzentwicklung jenseits von Weiterbildung und Wissensmanagement. , 2007, , 177-208.		2
708	Exercise for Substance Use Disorders. , 2015, , 973-986.		1
709	Anxiety, Depression, and Psychological Adjustment After an Acute Cardiac Event. , 2016, , 511-531.		11
710	Depressive StÃ¼rungen. , 2015, , 355-365.		2

#	ARTICLE	IF	CITATIONS
715	Three Effective Ways to Nurture Our Brain. <i>European Psychologist</i> , 2017, 22, 101-120.	3.1	13
716	Psychosocial influences on the development and course of coronary heart disease: Current status and implications for research and practice.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 548-568.	2.0	150
717	Exercise initiation, adoption, and maintenance in adults: Theoretical models and empirical support.. , 0, 185-208.		6
718	Exercise and emotion dynamics: An experience sampling study.. <i>Emotion</i> , 2019, 19, 637-644.	1.8	35
719	Cross-sectional and prospective relationship between physical activity and depression symptoms. <i>Scientific Reports</i> , 2020, 10, 16114.	3.3	44
720	Naturally Occurring Changes in Physical Activity Are Inversely Related to Depressive Symptoms During Early Adolescence. <i>Psychosomatic Medicine</i> , 2004, 66, 336-342.	2.0	192
721	Depression as a Risk Factor for Coronary Artery Disease: Evidence, Mechanisms, and Treatment. <i>Psychosomatic Medicine</i> , 2004, 66, 305-315.	2.0	627
722	Voluntary wheel running improves outcomes in an early life stress-induced model of urologic chronic pelvic pain syndrome in male mice. <i>Pain</i> , 2021, 162, 1681-1691.	4.2	10
724	Depression in the Older Woman. , 2000, , 395-416.		1
725	The Effects of a Group Exercise Intervention in the Adjunctive Treatment of Depression. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S99.	0.4	2
726	Enhancement of Quality of Life and Body Satisfaction Through the Use of Adapted Exercise Devices for Individuals with Spinal Cord Injuries. <i>Topics in Spinal Cord Injury Rehabilitation</i> , 2005, 11, 95-108.	1.8	35
727	Integrated Public Health and Health Service Delivery for Noncommunicable Diseases and Comorbid Infectious Diseases and Mental Health. , 2017, , 287-303.		5
728	Overview of Sodium-Glucose Co-Transport Inhibitors. <i>Journal of Diabetes Research and Therapy</i> , 2015, 1, .	0.1	7
729	Consumer Advertising of Psychiatric Medications Biases the Public Against Nonpharmacological Treatment. <i>Ethical Human Psychology and Psychiatry</i> , 2005, 7, 175-179.	0.5	9
730	Health Promoting Behaviours and Lifestyle Characteristics of Students at Seven Universities in the UK. <i>Central European Journal of Public Health</i> , 2011, 19, 197-204.	1.1	103
731	Exercise Interventions as the Primary Treatment for Depression: Evidence from a Narrative Review. <i>The Malaysian Journal of Medical Sciences</i> , 2020, 27, 5-23.	0.5	2
732	Anti-aging therapy through fitness enhancement. <i>Clinical Interventions in Aging</i> , 2006, 1, 213-220.	2.9	51
733	Draft for Clinical Practice and Epidemiology in Mental Health Neurobiological Alterations Induced by Exercise and Their Impact on Depressive Disorders. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2010, 1, 115-125.	1.2	9

#	ARTICLE	IF	CITATIONS
734	Comparison Among Aerobic Exercise and Other Types of Interventions to Treat Depression: A Systematic Review. <i>CNS and Neurological Disorders - Drug Targets</i> , 2015, 14, 1171-1183.	1.4	21
735	Individualized Web-Based Exercise for the Treatment of Depression: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2018, 5, e10698.	3.3	28
736	Differences in School Violence Variables and Psychological Characteristics Based on Exercise Participation Levels among Middle School Students. <i>Korean Journal of Sport Studies</i> , 2017, 56, 617-638.	0.3	4
737	RELATIONSHIP BETWEEN CHANGES IN ACUTE EXERCISE-INDUCED FEELING STATES, SELF-MOTIVATION, AND ADULTS' ADHERENCE TO MODERATE AEROBIC EXERCISE. <i>Perceptual and Motor Skills</i> , 2002, 94, 425.	1.3	21
738	CORRELATIONS OF DEPRESSION AND TOTAL MOOD DISTURBANCE WITH PHYSICAL ACTIVITY AND SELF-CONCEPT IN PREADOLESCENTS ENROLLED IN AN AFTER-SCHOOL EXERCISE PROGRAM. <i>Psychological Reports</i> , 2005, 96, 891.	1.7	10
739	CORRELATIONS OF DEPRESSION AND TOTAL MOOD DISTURBANCE WITH PHYSICAL ACTIVITY AND SELF-CONCEPT IN PREADOLESCENTS ENROLLED IN AN AFTER-SCHOOL EXERCISE PROGRAM. <i>Psychological Reports</i> , 2005, 96, 891.	1.7	13
740	Physical Activity in Relation to Affective States and Labor Anxiety in Pregnant Women. <i>Medicina Sportiva</i> , 2011, 15, 114-118.	0.3	6
741	Depression in inactive and active elderly women practitioners of dance, weight-lifting or meditation. <i>Acta Medica Lituanica</i> , 2009, 16, 52-57.	0.3	3
742	Senior-Friendly Parks? Actionable Steps for Enhancing Use, Satisfaction, and Access by Older Adults. <i>Recreation, Parks, and Tourism in Public Health</i> , 2018, 2, 5.	0.5	4
743	A Qualitative Exploration of Men's Experiences of an Integrated Exercise/CBT Mental Health Promotion Programme. <i>International Journal of Men's Health</i> , 2012, 11, 240-257.	0.4	21
744	Physical activity and brain plasticity in late adulthood. <i>Dialogues in Clinical Neuroscience</i> , 2013, 15, 99-108.	3.7	182
745	Anxiety and Depression After a Cardiac Event: Prevalence and Predictors. <i>Frontiers in Psychology</i> , 2019, 10, 3010.	2.1	83
746	On Aerobic Exercise and Behavioral and Neural Plasticity. <i>Brain Sciences</i> , 2012, 2, 709-744.	2.3	38
747	A Multicomponent Exercise Program for Institutionalized Older Adults. <i>Journal of Gerontological Nursing</i> , 2010, 36, 32-41.	0.6	11
748	Depression and coronary heart disease: association and implications for treatment.. <i>Cleveland Clinic Journal of Medicine</i> , 2008, 75, S48-S48.	1.3	43
749	New frontiers in cardiovascular behavioral medicine: Comparative effectiveness of exercise and medication in treating depression. <i>Cleveland Clinic Journal of Medicine</i> , 2011, 78, S35-S43.	1.3	21
750	The DEMO Trial: A Randomized, Parallel-Group, Observer-Blinded Clinical Trial of Strength Versus Aerobic Versus Relaxation Training for Patients With Mild to Moderate Depression. <i>Journal of Clinical Psychiatry</i> , 2009, 70, 790-800.	2.2	107
751	Complementary and Alternative Medicine in Major Depressive Disorder. <i>Journal of Clinical Psychiatry</i> , 2010, 71, 669-681.	2.2	106



#	ARTICLE	IF	CITATIONS
752	Exercise as an Augmentation Treatment for Nonremitted Major Depressive Disorder. Journal of Clinical Psychiatry, 2011, 72, 677-684.	2.2	177
753	Alternative Treatments for Depression. Journal of Clinical Psychiatry, 2002, 63, 628-640.	2.2	43
754	Aerobic Endurance Exercise Improves Executive Functions in Depressed Patients. Journal of Clinical Psychiatry, 2003, 64, 1005-1012.	2.2	99
755	The Benefits of Exercise for the Clinically Depressed. Primary Care Companion To the Journal of Clinical Psychiatry, 2004, 6, 104-111.	0.6	370
756	Exercise for Mood and Anxiety Disorders. Primary Care Companion To the Journal of Clinical Psychiatry, 2007, 09, 287-294.	0.6	32
757	Depression, anxiety, and stress symptoms in menopausal arab women: Shedding more light on a complex relationship. Annals of Medical and Health Sciences Research, 2016, 6, 224.	0.8	13
758	The Role of Physical Activity in the Treatment and Prevention of Depression Mediated by Immune Modulatory Effects. Journal of Yoga & Physical Therapy, 2014, 04, .	0.1	1
759	Pragmatic Randomised Controlled Trial of an Exercise Programme to Improve Wellbeing Outcomes in Women with Depression: Findings from the Qualitative Component. Psychology, 2012, 03, 979-986.	0.5	4
761	Resistance Training for Better Health in Older Adults. International Journal of Sport and Health Science, 2006, 4, 19-28.	0.2	4
762	You canâ€™t fix what isnâ€™t broken: eight weeks of exercise do not substantially change cognitive function and biochemical markers in young and healthy adults. PeerJ, 2018, 6, e4675.	2.0	16
763	Effect of Exercise and Meditation on Depression and Anxiety Reduction: A Systematic Review and Meta-analysis. Iranian Journal of Psychiatry and Clinical Psychology, 2021, 27, 144-161.	0.3	0
764	Modulating Neuroplasticity: Lessons Learned from Antidepressants and Emerging Novel Therapeutics. Current Treatment Options in Psychiatry, 2021, 8, 229-257.	1.9	1
765	Interculturaliteit. , 2001, , 105-164.		0
767	AEROBIC CAPACITY AND THE METHOD TO EVALUATE IT IN COMMUNITY DWELLING ELDERLY. Japanese Journal of Physical Fitness and Sports Medicine, 2003, 52, 39-46.	0.0	0
769	Hearts Sing the Blues Too: Depression in Elderly Cardiac Patients. Developments in Cardiovascular Medicine, 2004, , 27-67.	0.1	0
770	Depression in Coronary Artery Disease: Assessment and Treatment. , 2006, , 109-119.		2
771	Exercise Treatment for Depression: Efficacy and Dose Response. Yearbook of Sports Medicine, 2006, 2006, 242-244.	0.0	0
772	Lifestyle Modification in the Obese Patient with Cardiovascular Disease. Fundamental and Clinical Cardiology, 2006, , 301-322.	0.0	0

#	ARTICLE	IF	CITATIONS
774	Assessment and Management of Depression in Cardiac Rehabilitation Patients. , 2007, , 45-52.		0
775	Antiaging and Exercise. Journal of the Korean Medical Association, 2007, 50, 240.	0.3	1
776	Lifestyle Changes, Nutritional Supplements, and General Preventive Medicine Recommendations That Can Simultaneously Improve Heart and Urologic Health: Part I. What Do I Tell Patients?. Seminars in Preventive and Alternative Medicine, 2007, 3, 74-87.	0.1	0
778	Management of Late-Life Depression in the Nursing Home. Psychiatric Annals, 2010, 40, 20-28.	0.1	0
779	Bewegungstherapie bei psychischen Erkrankungen. , 2010, , 201-209.		4
780	Lack of quality research on exercise and depression. Focus on Alternative and Complementary Therapies, 0, 6, 209-209.	0.1	0
782	Nutriceuticals in Sexual Health. , 2011, , 603-626.		0
784	Ergotherapie, Kunsttherapie, Musiktherapie, Körper- und Sporttherapie. , 2011, , 1065-1098.		0
785	The Effects of the Physical Activity Program on Body Composition, Depression and Risk Factors of Dementia in the Elderly Women. Journal of Life Science, 2011, 21, 424-434.	0.2	5
786	Are We Encouraging Enough Exercise in Our Older Adults?. Journal of Gerontological Nursing, 2011, 37, 3-4.	0.6	0
787	Determining the Score for Depression and Its Relationship with the Level of Physical Activity in a Patient at the Family Medicine. Open Journal of Depression, 2012, 01, 1-7.	0.3	1
788	Depressione e malattia cardiaca: il paradigma interpersonale. , 2012, , 31-56.		0
791	Physical Activity as Depression Treatment. Issues in Children's and Families' Lives, 2012, , 81-96.	0.2	3
792	The Effect of Physical Activity on Older Adults' Quality of Life. Journal of Yoga & Physical Therapy, 2012, 02, .	0.1	0
793	A Critical Assessment of the Acute Effects of Yoga and Cardiovascular Exercise on Markers of Mood and Stress. Journal of Yoga & Physical Therapy, 2012, 01, .	0.1	2
794	Correlation Between Levels of Physical Activity and The Occurrence of Depression among Patients in Family Medicine Clinics. Electronic Journal of General Medicine, 2012, 9, 75-80.	0.7	1
795	AUTOESTIMA E DEPRESSÃO EM IDOSOS PRATICANTES DE EXERCÍCIOS FÍSICOS. Kinesis, 2012, 30, .	0.0	2
796	Depressive Störungen. , 2013, , 475-485.		0

#	ARTICLE	IF	CITATIONS
797	Exercise and physical activity in the treatment of the depression-current status and future direction-. Stress Science Research, 2013, 28, 20-25.	0.0	2
798	Functieverlies helpen voorkomen bij psychische en cognitieve veranderingen. , 2013, , 127-169.		0
799	The Ideal Eight-Step Urologic Diet and Lifestyle Program: Heart Health = Urologic Health. , 2014, , 1-29.		0
802	Correlates of Health Behavior among School-based Employees. Athens Journal of Health, 2014, 1, 9-22.	0.1	1
803	Bewegungstherapie. , 1998, , 369-381.		0
805	Anxiety, Depression, and Psychological Adjustment After an Acute Cardiac Event. , 2015, , 1-21.		3
806	Lebensqualit�t. , 2015, , 419-434.		0
807	Ergotherapie, Kunst-, Musik-, Sport- und Bewegungstherapie bei psychischen St�rungen. , 2015, , 1-35.		1
808	Estudo sobre a audi�o em idosos e associa�o com sintomatologia depressiva. Revista Brasileira De Ci�ncias Do Envelhecimento Humano, 2015, 11, .	0.0	1
809	Sammenhengen mellom depresjon, mental helse og fysisk funksjon i en alderspsykiatrisk avdeling, en pilotstudie. Nordisk Tidsskrift for Helseforskning, 2015, 10, 33.	0.1	0
810	Evidence Based Practice : Aerobic Exercise and Major Depressive Disorder. Middle East Journal of Nursing, 2015, 9, 13-20.	0.1	0
811	Effekte von Sporttraining bei psychischen St�rungen. , 2016, , 11-26.		0
812	Exercise as an Adjunct to Treating Depression. , 2015, , 307-332.		0
814	Physical Activity and Psychosocial Aspects of Arthritis. , 2016, , 213-239.		0
815	The Association between Osteoarthritis and Depression in Korean Adults over 45 Years-Old: Korean National Health and Nutrition Examination Survey 2010�2012. Korean Journal of Family Practice, 2016, 6, 111-117.	0.3	2
816	Effects of the Upright Body Type Exercise on Lung Capacity and Depression of People with Mental Illness. Journal of Life Science, 2016, 26, 1169-1181.	0.2	2
818	Bewegung und psychische Gesundheit. , 2017, , 319-340.		1
819	Fysieke activiteit en oefenen: definities, voordelen, risico�s en normen. , 2017, , 31-48.		0

#	ARTICLE	IF	CITATIONS
820	Psychische Störungen. , 2017, , 19-26.		0
821	Ergotherapie, Kunst-, Musik-, Sport- und Bewegungstherapie bei psychischen Störungen. , 2017, , 1205-1239.		1
822	Improving the Effects of Pedometer Use in Individuals 65 Years of Age and Older, Under the Supervision of Family Physician. MOJ Gerontology & Geriatrics, 2017, 1, .	0.1	0
823	Medizinische Trainingstherapie (MTT). , 2018, , 299-316.		0
825	Immediate Moderate Intensity Treadmill Exercise After Restraint Stress Induced ERK-mediated Anxiety and Depression. The Asian Journal of Kinesiology, 2018, 20, 34-40.	0.2	1
826	Randomized Clinical Trials in Behavioral Medicine. , 2018, , 111-136.		0
828	Association between Physical Activity and Depressive Mood among Korean Adults with Chronic Diseases. Korean Journal of Family Medicine, 2018, 39, 185-190.	1.2	3
829	Diabetes Management in the United States. , 2019, , 255-271.		1
830	Recommandations. , 2019, , 193-202.		0
831	Orta Yaşlıların Yaşlılarının Fiziksel Aktivite Durumlarının Belirlenmesi. Gaziantep Üniversitesi Spor Bilimleri Dergisi, 2019, 4, 243-255.	0,6	3
832	Physical Activity and Its Association with Depression in the Diabetic Hispanic Population. Cureus, 2019, 11, e4981.	0.5	2
833	Interventions and Strategies to Promote Physical Activity. , 2020, , 1-8.		0
834	Causal Network Accounts of Ill-Being: Depression & Digital Well-Being. Philosophical Studies Series, 2020, , 221-245.	1.9	1
835	Kinect Adventures versus physical exercise on depressive symptoms of older adults: A pilot study. Fisioterapia Em Movimento, 0, 33, .	0.1	5
837	Correlation between levels of physical activity and anxiety and in patients with binge-eating disorder. Cuadernos De Psicologia Del Deporte, 2020, 20, 55-64.	0.4	1
838	Teráuticas convencionais e exerccios físicos relacionados à melhora de depressão em idosos: revisão sistemática. , 2019, 3, .		2
839	Interventions and Strategies to Promote Physical Activity. , 2020, , 1234-1241.		0
840	Die Antwort der modernen Biomedizin. , 2020, , 27-46.		0

#	ARTICLE	IF	CITATIONS
841	Physical Exercise and Geriatric Depression: An Opinion. Revista Psicologia E Saãde, 0, , 115-126.	0.0	0
842	PHYSICAL ACTIVITY AND FUNCTIONAL FITNESS AS WELL AS LEVEL OF DEPRESSION IN SENIORS. Journal of Kinesiology and Exercise Sciences, 2020, 30, 47-54.	0.3	0
843	Circulating microRNAs and Molecular Oxidative Stress in Older Adults with Neuroprogression Disorders. Disease Markers, 2021, 2021, 1-10.	1.3	5
845	Association between lifestyle factors and mental health measures among community-dwelling older women. Australian and New Zealand Journal of Psychiatry, 2004, 38, 940-947.	2.3	4
846	Sleep and Systemic Lupus Erythematosus. , 2008, , 433-443.		0
847	Affektive Stãrungen. , 2008, , 873-909.		0
848	Exercise for Substance Use Disorders. , 2021, , 493-503.		0
849	Older adult perspectives on physical activity and exercise: voices from multiple cultures. Preventing Chronic Disease, 2004, 1, A09.	3.4	230
850	Randomized, controlled, six-month trial of yoga in healthy seniors: effects on cognition and quality of life. Alternative Therapies in Health and Medicine, 2006, 12, 40-7.	0.0	244
851	Depression in adults: drug and physical treatments. Clinical Evidence, 2007, 2007, .	0.2	3
852	Seasonal affective disorder: an overview and update. Psychiatry, 2005, 2, 20-6.	0.3	7
853	Barriers and facilitators to walking and physical activity among American Indian elders. Preventing Chronic Disease, 2011, 8, A63.	3.4	17
854	Comparing the Effects of Group and Home-based Physical Activity on Mental Health in the Elderly. International Journal of Preventive Medicine, 2013, 4, 1282-9.	0.4	10
856	Rationale for Using Exercise in the Treatment of Stimulant Use Disorders. Journal of Global Drug Policy and Practice, 2012, 6, .	0.0	8
857	Exercise for depression: efficacy, safety and clinical trial implications. Psychopharmacology Bulletin, 2008, 41, 65-75.	0.0	2
858	Efficacy of Exercise Therapy in Persons with Burnout. A Systematic Review and Meta-Analysis. Journal of Sports Science and Medicine, 2018, 17, 475-484.	1.6	20
859	Translating benefits of exercise on depression for youth with autism spectrum disorder and neurodevelopmental disorders. Journal of Psychology and Psychiatry, 2018, 2, .	0.2	0
860	Effects of Aerobic Exercise on the Pulmonary Functions, Respiratory Symptoms and Psychological Status of People Living With HIV. Journal of Research in Health Sciences, 2016, 16, 17-21.	1.0	19

#	ARTICLE	IF	CITATIONS
863	A Brief, Individualized Exercise Program at Intensities Below the Ventilatory Threshold Exerts Therapeutic Effects for Depression: A Pilot Study. <i>Frontiers in Behavioral Neuroscience</i> , 2021, 15, 787688.	2.0	3
864	Effects of Aerobic Exercise and High-Intensity Interval Training on the Mental Health of Adolescents Living in Poverty: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2022, 11, e34915.	1.0	2
865	Outcome assessments used in studies examining the effect of prescribed exercise interventions for people living with severe mental illness, a scoping review. <i>Mental Health and Physical Activity</i> , 2022, 22, 100438.	1.8	2
866	Correlation of body composition with depression level. <i>Journal of Education, Health and Sport</i> , 2020, 10, 104-113.	0.1	0
868	Physical activity as an adjuvant therapy for depression and influence on peripheral inflammatory markers: A randomized clinical trial. <i>Mental Health and Physical Activity</i> , 2022, 22, 100442.	1.8	2
872	Aerobic exercise with diet induces hormonal, metabolic, and psychological changes in postmenopausal obese women. <i>Heliyon</i> , 2022, 8, e09165.	3.2	2
873	Elevating Subjective Well-Being Through Physical Exercises: An Intervention Study. <i>Frontiers in Psychology</i> , 2021, 12, 702678.	2.1	17
874	Aerobic exercise in severe mental illness: requirements from the perspective of sports medicine. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2022, 272, 643-677.	3.2	15
877	Physical exercise as a form of self-management for depression. , 0, , 107-137.		0
878	The practice of resilience. , 0, , 170-183.		0
884	Treatment for Depression. , 0, , 146-170.		1
885	Alzheimer's Disease: A Washing Machine on the Fritz. <i>Journal of Behavioral and Brain Science</i> , 2022, 12, 131-163.	0.5	1
887	The Effect of Physical Exercise on the Elderly's Anxiety: Based on Systematic Reviews and Meta-Analysis. <i>Computational and Mathematical Methods in Medicine</i> , 2022, 2022, 1-8.	1.3	2
888	Web-based exercise therapy for the treatment of depression. , 2022, 1, 119-124.		2
889	Comparison of moderate and vigorous walking exercise on reducing depression in middle-aged and older adults: A pilot randomized controlled trial. <i>European Journal of Sport Science</i> , 2023, 23, 1018-1027.	2.7	5
890	Ø³Ø±«ÛŠØ± Ø§Û„Ø³Û…Ø±ÛŠÛ†Ø§Ø³ Ø§Û„Û†ÛØ§Ø ÛŠ© Ø¹Û„Û‰ Ø§Û„Û†ÛØ§Ø;Ø© Ø§Û„Ø³Û†ÛØ³ÛŠ© ÛØ§Û„Ø³Û†ÛØ³		
891	A Comparison of Acute Effects of Climbing Therapy with Nordic Walking for Inpatient Adults with Mental Health Disorder: A Clinical Pilot Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6767.	2.6	2
893	Clinical factors and pre-surgical depression scores predict pain intensity in cardiac surgery patients. <i>BMC Anesthesiology</i> , 2022, 22, .	1.8	5

#	ARTICLE	IF	CITATIONS
894	Physical exercise as a therapeutic approach for adults with insomnia: systematic review and meta-analysis. <i>Einstein (Sao Paulo, Brazil)</i> , 2022, 20, .	0.7	7
895	Influence of Initial Severity of Depression on the Effectiveness of a Multimodal Therapy on Depressive Score, Heart Rate Variability, and Hemodynamic Parameters. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 9836.	2.6	1
896	Depression and Associated Factors among Community-Dwelling Thai Older Adults in Northern Thailand: The Relationship between History of Fall and Geriatric Depression. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 10574.	2.6	11
897	The effect of the inclusion of trunk-strengthening exercises to a multimodal exercise program on physical activity levels and psychological functioning in older adults: secondary data analysis of a randomized controlled trial. <i>BMC Geriatrics</i> , 2022, 22, .	2.7	3
898	The Potential Role of Exercise-Induced Neurotrophic Factors for Mental Health. , 0, , .		0
899	Comparative effectiveness of exercise, antidepressants and their combination in treating non-severe depression: a systematic review and network meta-analysis of randomised controlled trials. <i>British Journal of Sports Medicine</i> , 2022, 56, 1375-1380.	6.7	19
900	Duration of Keeping an Exercise Habit and Mental Illness and Life Attitude among University Students. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 11669.	2.6	3
901	A Systematic Review of Cardiorespiratory Fitness Testing in Major Depression. <i>Bioengineered</i> , 2022, 11, 103-114.	3.2	0
902	Clinical guidelines for the use of lifestyle-based mental health care in major depressive disorder: World Federation of Societies for Biological Psychiatry (WFSBP) and Australasian Society of Lifestyle Medicine (ASLM) taskforce. <i>World Journal of Biological Psychiatry</i> , 2023, 24, 333-386.	2.6	23
903	Effectiveness and Benefits of Exercise on Older People Living With Mental Illness™ Physical and Psychological Outcomes in Regional Australia: A Mixed-Methods Study. <i>Journal of Aging and Physical Activity</i> , 2023, 31, 417-429.	1.0	2
904	The association between the restriction of daily life and depression during the COVID-19 pandemic in Korea: a nationwide based survey. <i>Scientific Reports</i> , 2022, 12, .	3.3	4
905	The role of exercise in the treatment of depression: biological underpinnings and clinical outcomes. <i>Molecular Psychiatry</i> , 2023, 28, 298-328.	7.9	30
906	Comparative Effectiveness of Multiple Exercise Interventions in the Treatment of Mental Health Disorders: A Systematic Review and Network Meta-Analysis. <i>Sports Medicine - Open</i> , 2022, 8, .	3.1	21
908	COVID-19-related stress, exercise, and oral health-related quality of life among community-dwelling older adults who participated in the CHEER Iwamizawa project, Japan. <i>Scientific Reports</i> , 2022, 12, .	3.3	1
909	Nonpharmacologic and Pharmacologic Treatments of Adult Patients With Major Depressive Disorder: A Systematic Review and Network Meta-analysis for a Clinical Guideline by the American College of Physicians. <i>Annals of Internal Medicine</i> , 2023, 176, 196-211.	3.9	7
910	Depression and PTSD as Predictors of Attrition in Older Adult Exercise Programs. <i>Topics in Geriatric Rehabilitation</i> , 2023, 39, 31-38.	0.4	0
911	Undergraduate student perceptions of cognitive behavioral therapy, aerobic exercise, and their combination for depression. <i>Journal of American College Health</i> , 0, , 1-9.	1.5	0
912	Antidepressants or running therapy: Comparing effects on mental and physical health in patients with depression and anxiety disorders. <i>Journal of Affective Disorders</i> , 2023, 329, 19-29.	4.1	10

#	ARTICLE	IF	CITATIONS
913	Adaption of tele-behavioral activation to increase physical activity in depression: Protocol for iterative development and evaluation. <i>Contemporary Clinical Trials Communications</i> , 2023, 33, 101103.	1.1	3
914	Detrimental Changes in Health during Menopause: The Role of Physical Activity. <i>International Journal of Sports Medicine</i> , 2023, 44, 389-396.	1.7	1
915	Exercise as a therapeutic modality for the prevention and treatment of depression. <i>Progress in Cardiovascular Diseases</i> , 2023, 77, 50-58.	3.1	15
916	Exercise improves depression through positive modulation of brain-derived neurotrophic factor (BDNF). A review based on 100 manuscripts over 20 years. <i>Frontiers in Physiology</i> , 0, 14, .	2.8	3
918	New principles, the benefits, and practices for fostering a physically active lifestyle. <i>Progress in Cardiovascular Diseases</i> , 2023, 77, 37-49.	3.1	7
919	Combined physical activity training versus aerobic activity training in unipolar depressive disorder: a quasi-randomised evaluation study. <i>Neuropsychiatrie</i> , 0, , .	2.5	0
920	Promoting resilience in the face of ageing and disease: The central role of exercise and physical activity. <i>Ageing Research Reviews</i> , 2023, 88, 101940.	10.9	12
921	Diabetes Management in the United States. , 2023, , 309-328.		0
923	Benefits of youth sports. , 2023, , 47-53.		0
924	Medication for Depression: Monoamine Enhancers and Esketamine (Antidepressants). , 2023, , 1-53.		0
925	Behavioral Activation by Wearable Devices in Patients with Late-Life Depression. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 0, , .	0.5	1
926	Cambios emocionales y comportamentales de adolescentes y adultos colombianos durante el confinamiento por COVID-19. <i>Revista CES Psicología</i> , 2023, 16, 120-135.	0.2	0
927	The Impact of Sustainable Exercise on Self-Efficacy and Life Satisfaction in Women before and after Menopause. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2023, 13, 759.	2.1	0
928	Physical exercise and major depressive disorder in adults: systematic review and meta-analysis. <i>Scientific Reports</i> , 2023, 13, .	3.3	0
929	Psychische Störungen. , 2023, , 25-35.		0
930	The State of Cardiac Rehabilitation in Saudi Arabia: Barriers, Facilitators, and Policy Implications. <i>Cureus</i> , 2023, , .	0.5	0
932	Lessons and Untapped Potential of Smartphone-Based Physical Activity Interventions for Mental Health: Narrative Review. <i>JMIR MHealth and UHealth</i> , 0, 12, e45860.	3.7	0
933	Effectiveness of Aerobic Exercise in Geriatric Individuals with Depression. <i>Physical and Occupational Therapy in Geriatrics</i> , 0, , 1-14.	0.4	0



#	ARTICLE	IF	CITATIONS
934	Cognitive Dysfunction and Exercise: From Epigenetic to Genetic Molecular Mechanisms. <i>Molecular Neurobiology</i> , 0, , .	4.0	0
935	Effects of internet-based exercise intervention on depression and anxiety: A systematic review and meta-analysis. <i>Medicine (United States)</i> , 2024, 103, e37373.	1.0	0
936	Effekte von Sporttraining bei psychischen Störungen. , 2023, , 13-32.		0
937	Diet, Food Intake, and Exercise Mixed Interventions (DEMI) in the Enhancement of Wellbeing among Community-Dwelling Older Adults in Japan: Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Geriatrics (Switzerland)</i> , 2024, 9, 32.	1.7	0