

CITATION REPORT

List of articles citing

Delivering Mindfulness-Based Interventions for Insomnia, Pain, and Dysfunctional Eating Through a Text Messaging App: Three Randomized Controlled Trials Investigating the Effectiveness and Mediating Mechanisms

DOI: 10.2196/30073

Journal of Medical Internet Research, 2022, 24, e30073.

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1	Enhancing Parental Well-being: Initial Efficacy of a 21-Day Online Self-help Mindfulness-Based Intervention for Parents.		1