

CITATION REPORT

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Enhancing Mental Health, Well-Being and Active Lifestyles of University Students by Means of Physical Activity and Exercise Research Programs.

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Frontiers in Public Health, 2022, 10, 849093.

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5	Physical activity and mental health in sports university students during the COVID-19 school confinement in Shanghai. 10,		0
4	Health benefits of physical activity for people with mental disorders: From the perspective of multidimensional subjective wellbeing. 13,		0
3	Exercise improves mental health status of young adults via attenuating inflammation factors but modalities matter. 13,		0
2	Mental health and wellbeing of further and higher education students returning to face-to-face learning after Covid-19 restrictions. 2023 , 18, e0280689		0
1	An Evaluation of MINDFIT [®] Student Therapeutic Running Group as a Multi-Layered Intervention in the United Kingdom. 2023 , 13, 456-469		0