

Daniel L Plotkin

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9857646/publications.pdf>

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3
papers

176
citations

2258059

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2550090

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g-index

3
all docs

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docs citations

3
times ranked

114
citing authors

#	ARTICLE	IF	CITATIONS
1	Loading Recommendations for Muscle Strength, Hypertrophy, and Local Endurance: A Re-Examination of the Repetition Continuum. Sports, 2021, 9, 32.	1.7	103
2	Muscle Fiber Type Transitions with Exercise Training: Shifting Perspectives. Sports, 2021, 9, 127.	1.7	59
3	Slow and Steady, or Hard and Fast? A Systematic Review and Meta-Analysis of Studies Comparing Body Composition Changes between Interval Training and Moderate Intensity Continuous Training. Sports, 2021, 9, 155.	1.7	14