

# Nikos L D Chatzisarantis

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

115  
papers

8,906  
citations

46  
h-index

93  
g-index

119  
ext. papers

9,963  
ext. citations

4.2  
avg, IF

6.48  
L-index

#	Paper	IF	Citations
115	Effects of a School-Based Intervention on Motivation for Out-of-School Physical Activity Participation. <i>Research Quarterly for Exercise and Sport</i> , <b>2021</b> , 92, 477-491	1.9	4
114	Relationships Between Health Promoting Activities, Life Satisfaction, and Depressive Symptoms in Unemployed Individuals. <i>European Journal of Health Psychology</i> , <b>2021</b> , 28, 1-12	1.1	2
113	A Multisite Preregistered Paradigmatic Test of the Ego-Depletion Effect. <i>Psychological Science</i> , <b>2021</b> , 32, 1566-1581	7.9	19
112	A review and empirical comparison of motivation scoring methods: An application to self-determination theory. <i>Motivation and Emotion</i> , <b>2020</b> , 44, 534-548	2.5	19
111	Changing Behavior Using Self-Determination Theory <b>2020</b> , 104-119		9
110	Ironic Effects of Thought Suppression: A Meta-Analysis. <i>Perspectives on Psychological Science</i> , <b>2020</b> , 15, 778-793	9.8	64
109	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , <b>2019</b> , 126, 119-142	2.2	2
108	Why distractors with need-supportive content can mitigate ironic effects of thought suppression. <i>Motivation and Emotion</i> , <b>2018</b> , 42, 214-224	2.5	5
107	A school-based intervention program in promoting leisure-time physical activity: trial protocol. <i>BMC Public Health</i> , <b>2018</b> , 18, 433	4.1	3
106	Same but different: Comparative modes of information processing are implicated in the construction of perceptions of autonomy support. <i>British Journal of Psychology</i> , <b>2017</b> , 108, 687-700	4	1
105	A Randomised Controlled Trial to Test the Effectiveness of Planning Strategies to Improve Medication Adherence in Patients with Cardiovascular Disease. <i>Applied Psychology: Health and Well-Being</i> , <b>2017</b> , 9, 106-129	6.8	6
104	A Diary Study of Self-Compassion, Upward Social Comparisons, and Body Image-Related Outcomes. <i>Applied Psychology: Health and Well-Being</i> , <b>2017</b> , 9, 242-258	6.8	17
103	Effects of achievement goals on perceptions of competence in conditions of unfavourable social comparisons: The mastery goal advantage effect. <i>British Journal of Educational Psychology</i> , <b>2017</b> , 87, 630-646	3.2	13
102	Narcissism and coach interpersonal style: A self-determination theory perspective. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2017</b> , 27, 254-261	4.6	25
101	Advancement of the Subjective Vitality Scale: examination of alternative measurement models for Japanese and Singaporeans. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2017</b> , 27, 1793-1800	4.6	17
100	The Impact of Agentic and Communal Exercise Messages on Individuals' Exercise Class Attitudes, Self-Efficacy Beliefs, and Intention to Attend. <i>Journal of Sport and Exercise Psychology</i> , <b>2017</b> , 39, 397-411	1.5	8
99	On Nomological Validity and Auxiliary Assumptions: The Importance of Simultaneously Testing Effects in Social Cognitive Theories Applied to Health Behavior and Some Guidelines. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1933	3.4	70

98	The common sense model of self-regulation: Meta-analysis and test of a process model. <i>Psychological Bulletin</i> , <b>2017</b> , 143, 1117-1154	19.1	266
97	Mechanisms underlying effective thought suppression using focused-distraction strategies: A self-determination theory approach. <i>Psychology of Consciousness: Theory Research, and Practice</i> , <b>2017</b> , 4, 367-380	1.8	4
96	The Trans-Contextual Model of Autonomous Motivation in Education: Conceptual and Empirical Issues and Meta-Analysis. <i>Review of Educational Research</i> , <b>2016</b> , 86, 360-407	10.3	144
95	Prioritizing Intentions on the Margins: Effects of Marginally Higher Prioritization Strategies on Physical Activity Participation. <i>Journal of Sport and Exercise Psychology</i> , <b>2016</b> , 38, 355-366	1.5	0
94	'Mum's the word': Predictors and outcomes of weight concerns in pre-adolescent and early adolescent girls. <i>Body Image</i> , <b>2016</b> , 16, 107-12	7.4	7
93	An initial investigation of smokers' urges to smoke and their exercise intensity preference: A mixed-methods approach. <i>Cogent Medicine</i> , <b>2016</b> , 3, 1149043	1.4	1
92	Larger and More Prominent Graphic Health Warnings on Plain-Packaged Tobacco Products and Avoidant Responses in Current Smokers: a Qualitative Study. <i>International Journal of Behavioral Medicine</i> , <b>2016</b> , 23, 94-101	2.6	9
91	Quadratic Models May Provide a Useful Set of Models that Detect Combined Effects of Achievement Goals on Academic Attainment. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 29	3.4	2
90	Adequacy of the Sequential-Task Paradigm in Evoking Ego-Depletion and How to Improve Detection of Ego-Depleting Phenomena. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 136	3.4	31
89	Commentary: Misguided Effort with Elusive Implications, and Sifting Signal from Noise with Replication Science. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 621	3.4	23
88	The Efficacy of a Group Cognitive Behavioral Therapy for War-Affected Young Migrants Living in Australia: A Cluster Randomized Controlled Trial. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 1641	3.4	24
87	Using meta-analytic path analysis to test theoretical predictions in health behavior: An illustration based on meta-analyses of the theory of planned behavior. <i>Preventive Medicine</i> , <b>2016</b> , 89, 154-161	4.3	147
86	Self-regulation strategies may enhance the acute effect of exercise on smoking delay. <i>Addictive Behaviors</i> , <b>2016</b> , 57, 35-7	4.2	8
85	A Multilab Preregistered Replication of the Ego-Depletion Effect. <i>Perspectives on Psychological Science</i> , <b>2016</b> , 11, 546-73	9.8	488
84	Preventing the spread of H1N1 influenza infection during a pandemic: autonomy-supportive advice versus controlling instruction. <i>Journal of Behavioral Medicine</i> , <b>2015</b> , 38, 416-26	3.6	22
83	Illusory delusions. Willingness to exercise self-control can mask effects of glucose on self-control performance in experimental paradigms that use identical self-control tasks. <i>Appetite</i> , <b>2015</b> , 84, 322-4	4.5	7
82	The subjective experience of habit captured by self-report indexes may lead to inaccuracies in the measurement of habitual action. <i>Health Psychology Review</i> , <b>2015</b> , 9, 296-302	7.1	112
81	In-lecture learning motivation predicts students' motivation, intention, and behaviour for after-lecture learning: Examining the trans-contextual model across universities from UK, China, and Pakistan. <i>Motivation and Emotion</i> , <b>2015</b> , 39, 908-925	2.5	20

80	Unsuccessful attempts to replicate effects of self control operations and glucose on ego-depletion pose an interesting research question that demands explanation. <i>Appetite</i> , <b>2015</b> , 84, 328-9	4.5	12
79	The effect of causality orientations and positive competence-enhancing feedback on intrinsic motivation: A test of additive and interactive effects. <i>Personality and Individual Differences</i> , <b>2015</b> , 72, 107-111	3.3	33
78	Perceived autonomy support and autonomous motivation toward mathematics activities in educational and out-of-school contexts is related to mathematics homework behavior and attainment. <i>Contemporary Educational Psychology</i> , <b>2015</b> , 41, 111-123	5.6	95
77	Effects of individualist and collectivist group norms and choice on intrinsic motivation. <i>Motivation and Emotion</i> , <b>2014</b> , 38, 215-223	2.5	26
76	A consideration of what is meant by automaticity and better ways to measure it. <i>Frontiers in Psychology</i> , <b>2014</b> , 5, 1537	3.4	8
75	It is premature to regard the ego-depletion effect as "Too Incredible". <i>Frontiers in Psychology</i> , <b>2014</b> , 5, 298	3.4	39
74	An integrated behavior change model for physical activity. <i>Exercise and Sport Sciences Reviews</i> , <b>2014</b> , 42, 62-9	6.7	211
73	The goose is (half) cooked: a consideration of the mechanisms and interpersonal context is needed to elucidate the effects of personal financial incentives on health behaviour. <i>International Journal of Behavioral Medicine</i> , <b>2014</b> , 21, 197-201	2.6	18
72	Cue-induced smoking urges deplete cigarette smokers' self-control resources. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 46, 394-400	4.5	26
71	The sweet taste of success: the presence of glucose in the oral cavity moderates the depletion of self-control resources. <i>Personality and Social Psychology Bulletin</i> , <b>2013</b> , 39, 28-42	4.1	87
70	Chronic inhibition, self-control and eating behavior: test of a 'resource depletion' model. <i>PLoS ONE</i> , <b>2013</b> , 8, e76888	3.7	44
69	The Strength Model of Self-Control: Recent Advances and Implications for Public Health <b>2013</b> , 123-139		7
68	When effects of the universal psychological need for autonomy on health behaviour extend to a large proportion of individuals: a field experiment. <i>British Journal of Health Psychology</i> , <b>2012</b> , 17, 785-97	8.3	11
67	An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: a cross-national study. <i>International Journal of Behavioral Medicine</i> , <b>2012</b> , 19, 82-96	2.6	153
66	Mindfulness, movement control, and attentional focus strategies: effects of mindfulness on a postural balance task. <i>Journal of Sport and Exercise Psychology</i> , <b>2012</b> , 34, 561-79	1.5	31
65	A theory-based intervention to reduce alcohol drinking in excess of guideline limits among undergraduate students. <i>British Journal of Health Psychology</i> , <b>2012</b> , 17, 18-43	8.3	85
64	Predicting alcohol consumption and binge drinking in company employees: an application of planned behaviour and self-determination theories. <i>British Journal of Health Psychology</i> , <b>2012</b> , 17, 379-407	8.7	40
63	When small losses do not loom larger than small gains: effects of contextual autonomy support and goal contents on behavioural responses to small losses and small gains. <i>British Journal of Social Psychology</i> , <b>2012</b> , 51, 690-708	6.8	4

62	Transferring motivation from educational to extramural contexts: a review of the trans-contextual model. <i>European Journal of Psychology of Education</i> , <b>2012</b> , 27, 195-212	2.3	63
61	Causality orientations moderate the undermining effect of rewards on intrinsic motivation. <i>Journal of Experimental Social Psychology</i> , <b>2011</b> , 47, 485-489	2.6	118
60	Effects of action planning and coping planning within the theory of planned behaviour: A physical activity study of patients undergoing haemodialysis. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 609-614	4.2	23
59	Achievement Goals, Physical Self-Concept, and Social Physique Anxiety in a Physical Activity Context <sup>1</sup> . <i>Journal of Applied Social Psychology</i> , <b>2011</b> , 41, 1299-1339	2.1	17
58	Understanding motivation in internet gaming among Singaporean youth: The role of passion. <i>Computers in Human Behavior</i> , <b>2011</b> , 27, 1179-1184	7.7	25
57	When feeling attractive matters too much to women: A process underpinning the relation between psychological need satisfaction and unhealthy weight control behaviors. <i>Motivation and Emotion</i> , <b>2011</b> , 35, 413-422	2.5	13
56	Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. <i>Psychology, Health and Medicine</i> , <b>2011</b> , 16, 375-92	2.1	73
55	Effects of Implementation Intentions Linking Suppression of Alcohol Consumption to Socializing Goals on Alcohol-Related Decisions. <i>Journal of Applied Social Psychology</i> , <b>2010</b> , 40, 1618-1634	2.1	10
54	Chinese students' motivation in physical activity: Goal profile analysis using Nicholl's achievement goal theory. <i>International Journal of Sport and Exercise Psychology</i> , <b>2010</b> , 8, 284-301	2.5	13
53	Self-regulation and self-control in exercise: the strength-energy model. <i>International Review of Sport and Exercise Psychology</i> , <b>2010</b> , 3, 62-86	4.8	97
52	Applying test operating characteristics to measures of exercise motivation: a primer. <i>British Journal of Psychology</i> , <b>2010</b> , 101, 345-60	4	1
51	Evaluating the effects of implementation intention and self-concordance on behaviour. <i>British Journal of Psychology</i> , <b>2010</b> , 101, 705-18	4	17
50	Ego depletion and the strength model of self-control: a meta-analysis. <i>Psychological Bulletin</i> , <b>2010</b> , 136, 495-525	19.1	1321
49	Influence of perceived motivational climate on achievement goals in physical education: a structural equation mixture modeling analysis. <i>Journal of Sport and Exercise Psychology</i> , <b>2010</b> , 32, 324-38 <sup>1-5</sup>	1.5	37
48	Physical self-concept and social physique anxiety: invariance across culture, gender and age. <i>Stress and Health</i> , <b>2010</b> , 26, 304-329	3.7	22
47	The Effects of Social Identity and Perceived Autonomy Support on Health Behaviour Within the Theory of Planned Behaviour. <i>Current Psychology</i> , <b>2009</b> , 28, 55-68	1.4	43
46	Integrating the theory of planned behaviour and self-determination theory in health behaviour: a meta-analysis. <i>British Journal of Health Psychology</i> , <b>2009</b> , 14, 275-302	8.3	409
45	Effects of an intervention based on self-determination theory on self-reported leisure-time physical activity participation. <i>Psychology and Health</i> , <b>2009</b> , 24, 29-48	2.9	334

44	Assumptions in research in sport and exercise psychology. <i>Psychology of Sport and Exercise</i> , <b>2009</b> , 10, 511-519	4.2	87
43	Teacher, peer and parent autonomy support in physical education and leisure-time physical activity: A trans-contextual model of motivation in four nations. <i>Psychology and Health</i> , <b>2009</b> , 24, 689-711	2.9	153
42	The strength model of self-regulation failure and health-related behaviour. <i>Health Psychology Review</i> , <b>2009</b> , 3, 208-238	7.1	130
41	An Intra-Individual Analysis of Players' Perceived Coaching Behaviours, Psychological Needs, and Achievement Goals. <i>International Journal of Sports Science and Coaching</i> , <b>2009</b> , 4, 177-192	1.8	21
40	The Effects of Self-Discordance, Self-Concordance, and Implementation Intentions on Health Behavior. <i>Journal of Applied Biobehavioral Research</i> , <b>2008</b> , 13, 198-214	1.7	18
39	Using the construct of perceived autonomy support to understand social influence within the theory of planned behavior. <i>Psychology of Sport and Exercise</i> , <b>2008</b> , 9, 27-44	4.2	36
38	An Experimental Test of Cognitive Dissonance Theory in the Domain of Physical Exercise. <i>Journal of Applied Sport Psychology</i> , <b>2008</b> , 20, 97-115	2	61
37	Self-determination Theory and the psychology of exercise. <i>International Review of Sport and Exercise Psychology</i> , <b>2008</b> , 1, 79-103	4.8	142
36	Influences of personality traits and continuation intentions on physical activity participation within the theory of planned behaviour. <i>Psychology and Health</i> , <b>2008</b> , 23, 347-67	2.9	35
35	Precompetitive anxiety and self-confidence in athletes with disability. <i>Perceptual and Motor Skills</i> , <b>2007</b> , 105, 339-46	2.2	5
34	Influences of perceived autonomy support on physical activity within the theory of planned behavior. <i>European Journal of Social Psychology</i> , <b>2007</b> , 37, 934-954	2.9	63
33	Mindfulness and the intention-behavior relationship within the theory of planned behavior. <i>Personality and Social Psychology Bulletin</i> , <b>2007</b> , 33, 663-76	4.1	181
32	The moral worth of sport reconsidered: contributions of recreational sport and competitive sport to life aspirations and psychological well-being. <i>Journal of Sports Sciences</i> , <b>2007</b> , 25, 1047-56	3.6	24
31	Influences of volitional and forced intentions on physical activity and effort within the theory of planned behaviour. <i>Journal of Sports Sciences</i> , <b>2007</b> , 25, 699-709	3.6	20
30	The perceived autonomy support scale for exercise settings (PASSES): Development, validity, and cross-cultural invariance in young people. <i>Psychology of Sport and Exercise</i> , <b>2007</b> , 8, 632-653	4.2	133
29	Using self-determination theory to examine the motivational correlates and predictive utility of spontaneous exercise implementation intentions. <i>Psychology of Sport and Exercise</i> , <b>2007</b> , 8, 758-770	4.2	29
28	Cross-cultural generalizability of the theory of planned behavior among young people in a physical activity context. <i>Journal of Sport and Exercise Psychology</i> , <b>2007</b> , 29, 2-20	1.5	18
27	The influences of intrinsic motivation on execution of social behaviour within the theory of planned behaviour. <i>European Journal of Social Psychology</i> , <b>2006</b> , 36, 229-237	2.9	35



26	From psychological need satisfaction to intentional behavior: testing a motivational sequence in two behavioral contexts. <i>Personality and Social Psychology Bulletin</i> , <b>2006</b> , 32, 131-48	4.1	196
25	Autonomy and control: augmenting the validity of the theory of planned behaviour in predicting exercise. <i>Journal of Health Psychology</i> , <b>2006</b> , 11, 51-63	3.1	28
24	Understanding motivation in sport: An experimental test of achievement goal and self determination theories. <i>European Journal of Sport Science</i> , <b>2006</b> , 6, 43-51	3.9	47
23	Self-identity and the theory of planned behaviour: between- and within-participants analyses. <i>British Journal of Social Psychology</i> , <b>2006</b> , 45, 731-57	6.8	49
22	Redesign and initial validation of an instrument to assess the motivational qualities of music in exercise: the Brunel Music Rating Inventory-2. <i>Journal of Sports Sciences</i> , <b>2006</b> , 24, 899-909	3.6	100
21	An experimental test of self-theories of ability in youth sport. <i>Psychology of Sport and Exercise</i> , <b>2006</b> , 7, 255-267	4.2	42
20	Using past behaviour and spontaneous implementation intentions to enhance the utility of the theory of planned behaviour in predicting exercise. <i>British Journal of Health Psychology</i> , <b>2006</b> , 11, 249-62	8.3	51
19	The Process by Which Relative Autonomous Motivation Affects Intentional Behavior: Comparing Effects Across Dieting and Exercise Behaviors. <i>Motivation and Emotion</i> , <b>2006</b> , 30, 306-320	2.5	62
18	Perceived Autonomy Support in Physical Education and Leisure-Time Physical Activity: A Cross-Cultural Evaluation of the Trans-Contextual Model.. <i>Journal of Educational Psychology</i> , <b>2005</b> , 97, 376-390	5.3	179
17	First- and higher-order models of attitudes, normative influence, and perceived behavioural control in the theory of planned behaviour. <i>British Journal of Social Psychology</i> , <b>2005</b> , 44, 513-35	6.8	143
16	Injury Representations, Coping, Emotions, and Functional Outcomes in Athletes With Sports-Related Injuries: A Test of Self-Regulation Theory1. <i>Journal of Applied Social Psychology</i> , <b>2005</b> , 35, 2345-2374	2.1	38
15	The stability of the attitude-intention relationship in the context of physical activity. <i>Journal of Sports Sciences</i> , <b>2005</b> , 23, 49-61	3.6	28
14	The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. <i>British Journal of Social Psychology</i> , <b>2004</b> , 43, 551-83	6.8	56
13	The Processes by Which Perceived Autonomy Support in Physical Education Promotes Leisure-Time Physical Activity Intentions and Behavior: A Trans-Contextual Model.. <i>Journal of Educational Psychology</i> , <b>2003</b> , 95, 784-795	5.3	330
12	Motivation for physical activity in young people: entity and incremental beliefs about athletic ability. <i>Journal of Sports Sciences</i> , <b>2003</b> , 21, 973-89	3.6	119
11	Achievement goal profiles in school physical education: differences in self-determination, sport ability beliefs, and physical activity. <i>British Journal of Educational Psychology</i> , <b>2002</b> , 72, 433-45	3.2	95
10	The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. <i>British Journal of Health Psychology</i> , <b>2002</b> , 7, 283-297	8.3	143
9	The Cognitive Processes by which Perceived Locus of Causality Predicts Participation in Physical Activity. <i>Journal of Health Psychology</i> , <b>2002</b> , 7, 685-99	3.1	51

8	Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. <i>Psychology and Health</i> , <b>2001</b> , 16, 391-407	2.9	84
7	The mediating role of self-determination in the relationship between goal orientations and physical self-worth in greek exercisers. <i>European Journal of Sport Science</i> , <b>2001</b> , 1, 1-9	3.9	25
6	The influence of self-efficacy and past behaviour on the physical activity intentions of young people. <i>Journal of Sports Sciences</i> , <b>2001</b> , 19, 711-25	3.6	171
5	Research methods in sport and exercise psychology: quantitative and qualitative issues. <i>Journal of Sports Sciences</i> , <b>2001</b> , 19, 777-809	3.6	225
4	Predicting Physical Activity Intentions Using Goal Perspectives and Self-Determination Theory Approaches. <i>European Psychologist</i> , <b>1999</b> , 4, 83-89	4.4	37
3	Functional significance of psychological variables that are included in the Theory of Planned Behaviour: a Self-Determination Theory approach to the study of attitudes, subjective norms, perceptions of control and intentions. <i>European Journal of Social Psychology</i> , <b>1998</b> , 28, 303-322	2.9	67
2	A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. <i>British Journal of Health Psychology</i> , <b>1997</b> , 2, 343-360	8.3	93
1	Theoretical Frameworks in Exercise Psychology 537-559		20