

Nikos L D Chatzisarantis

List of Publications by Citations

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115
papers

8,906
citations

46
h-index

93
g-index

119
ext. papers

9,963
ext. citations

4.2
avg, IF

6.48
L-index

#	Paper	IF	Citations
115	Ego depletion and the strength model of self-control: a meta-analysis. <i>Psychological Bulletin</i> , 2010 , 136, 495-525	19.1	1321
114	A Multilab Preregistered Replication of the Ego-Depletion Effect. <i>Perspectives on Psychological Science</i> , 2016 , 11, 546-73	9.8	488
113	Integrating the theory of planned behaviour and self-determination theory in health behaviour: a meta-analysis. <i>British Journal of Health Psychology</i> , 2009 , 14, 275-302	8.3	409
112	Effects of an intervention based on self-determination theory on self-reported leisure-time physical activity participation. <i>Psychology and Health</i> , 2009 , 24, 29-48	2.9	334
111	The Processes by Which Perceived Autonomy Support in Physical Education Promotes Leisure-Time Physical Activity Intentions and Behavior: A Trans-Contextual Model.. <i>Journal of Educational Psychology</i> , 2003 , 95, 784-795	5.3	330
110	The common sense model of self-regulation: Meta-analysis and test of a process model. <i>Psychological Bulletin</i> , 2017 , 143, 1117-1154	19.1	266
109	Research methods in sport and exercise psychology: quantitative and qualitative issues. <i>Journal of Sports Sciences</i> , 2001 , 19, 777-809	3.6	225
108	An integrated behavior change model for physical activity. <i>Exercise and Sport Sciences Reviews</i> , 2014 , 42, 62-9	6.7	211
107	From psychological need satisfaction to intentional behavior: testing a motivational sequence in two behavioral contexts. <i>Personality and Social Psychology Bulletin</i> , 2006 , 32, 131-48	4.1	196
106	Mindfulness and the intention-behavior relationship within the theory of planned behavior. <i>Personality and Social Psychology Bulletin</i> , 2007 , 33, 663-76	4.1	181
105	Perceived Autonomy Support in Physical Education and Leisure-Time Physical Activity: A Cross-Cultural Evaluation of the Trans-Contextual Model.. <i>Journal of Educational Psychology</i> , 2005 , 97, 376-390	5.3	179
104	The influence of self-efficacy and past behaviour on the physical activity intentions of young people. <i>Journal of Sports Sciences</i> , 2001 , 19, 711-25	3.6	171
103	An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: a cross-national study. <i>International Journal of Behavioral Medicine</i> , 2012 , 19, 82-96	2.6	153
102	Teacher, peer and parent autonomy support in physical education and leisure-time physical activity: A trans-contextual model of motivation in four nations. <i>Psychology and Health</i> , 2009 , 24, 689-711	2.9	153
101	Using meta-analytic path analysis to test theoretical predictions in health behavior: An illustration based on meta-analyses of the theory of planned behavior. <i>Preventive Medicine</i> , 2016 , 89, 154-161	4.3	147
100	The Trans-Contextual Model of Autonomous Motivation in Education: Conceptual and Empirical Issues and Meta-Analysis. <i>Review of Educational Research</i> , 2016 , 86, 360-407	10.3	144
99	The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. <i>British Journal of Health Psychology</i> , 2002 , 7, 283-297	8.3	143

98	First- and higher-order models of attitudes, normative influence, and perceived behavioural control in the theory of planned behaviour. <i>British Journal of Social Psychology</i> , 2005 , 44, 513-35	6.8	143
97	Self-determination Theory and the psychology of exercise. <i>International Review of Sport and Exercise Psychology</i> , 2008 , 1, 79-103	4.8	142
96	The perceived autonomy support scale for exercise settings (PASSES): Development, validity, and cross-cultural invariance in young people. <i>Psychology of Sport and Exercise</i> , 2007 , 8, 632-653	4.2	133
95	The strength model of self-regulation failure and health-related behaviour. <i>Health Psychology Review</i> , 2009 , 3, 208-238	7.1	130
94	Motivation for physical activity in young people: entity and incremental beliefs about athletic ability. <i>Journal of Sports Sciences</i> , 2003 , 21, 973-89	3.6	119
93	Causality orientations moderate the undermining effect of rewards on intrinsic motivation. <i>Journal of Experimental Social Psychology</i> , 2011 , 47, 485-489	2.6	118
92	The subjective experience of habit captured by self-report indexes may lead to inaccuracies in the measurement of habitual action. <i>Health Psychology Review</i> , 2015 , 9, 296-302	7.1	112
91	Redesign and initial validation of an instrument to assess the motivational qualities of music in exercise: the Brunel Music Rating Inventory-2. <i>Journal of Sports Sciences</i> , 2006 , 24, 899-909	3.6	100
90	Self-regulation and self-control in exercise: the strength-energy model. <i>International Review of Sport and Exercise Psychology</i> , 2010 , 3, 62-86	4.8	97
89	Perceived autonomy support and autonomous motivation toward mathematics activities in educational and out-of-school contexts is related to mathematics homework behavior and attainment. <i>Contemporary Educational Psychology</i> , 2015 , 41, 111-123	5.6	95
88	Achievement goal profiles in school physical education: differences in self-determination, sport ability beliefs, and physical activity. <i>British Journal of Educational Psychology</i> , 2002 , 72, 433-45	3.2	95
87	A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. <i>British Journal of Health Psychology</i> , 1997 , 2, 343-360	8.3	93
86	The sweet taste of success: the presence of glucose in the oral cavity moderates the depletion of self-control resources. <i>Personality and Social Psychology Bulletin</i> , 2013 , 39, 28-42	4.1	87
85	Assumptions in research in sport and exercise psychology. <i>Psychology of Sport and Exercise</i> , 2009 , 10, 511-519	4.2	87
84	A theory-based intervention to reduce alcohol drinking in excess of guideline limits among undergraduate students. <i>British Journal of Health Psychology</i> , 2012 , 17, 18-43	8.3	85
83	Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. <i>Psychology and Health</i> , 2001 , 16, 391-407	2.9	84
82	Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. <i>Psychology, Health and Medicine</i> , 2011 , 16, 375-92	2.1	73
81	On Nomological Validity and Auxiliary Assumptions: The Importance of Simultaneously Testing Effects in Social Cognitive Theories Applied to Health Behavior and Some Guidelines. <i>Frontiers in Psychology</i> , 2017 , 8, 1933	3.4	70

80	Functional significance of psychological variables that are included in the Theory of Planned Behaviour: a Self-Determination Theory approach to the study of attitudes, subjective norms, perceptions of control and intentions. <i>European Journal of Social Psychology</i> , 1998 , 28, 303-322	2.9	67
79	Ironic Effects of Thought Suppression: A Meta-Analysis. <i>Perspectives on Psychological Science</i> , 2020 , 15, 778-793	9.8	64
78	Transferring motivation from educational to extramural contexts: a review of the trans-contextual model. <i>European Journal of Psychology of Education</i> , 2012 , 27, 195-212	2.3	63
77	Influences of perceived autonomy support on physical activity within the theory of planned behavior. <i>European Journal of Social Psychology</i> , 2007 , 37, 934-954	2.9	63
76	The Process by Which Relative Autonomous Motivation Affects Intentional Behavior: Comparing Effects Across Dieting and Exercise Behaviors. <i>Motivation and Emotion</i> , 2006 , 30, 306-320	2.5	62
75	An Experimental Test of Cognitive Dissonance Theory in the Domain of Physical Exercise. <i>Journal of Applied Sport Psychology</i> , 2008 , 20, 97-115	2	61
74	The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. <i>British Journal of Social Psychology</i> , 2004 , 43, 551-83	6.8	56
73	Using past behaviour and spontaneous implementation intentions to enhance the utility of the theory of planned behaviour in predicting exercise. <i>British Journal of Health Psychology</i> , 2006 , 11, 249-62	8.3	51
72	The Cognitive Processes by which Perceived Locus of Causality Predicts Participation in Physical Activity. <i>Journal of Health Psychology</i> , 2002 , 7, 685-99	3.1	51
71	Self-identity and the theory of planned behaviour: between- and within-participants analyses. <i>British Journal of Social Psychology</i> , 2006 , 45, 731-57	6.8	49
70	Understanding motivation in sport: An experimental test of achievement goal and self determination theories. <i>European Journal of Sport Science</i> , 2006 , 6, 43-51	3.9	47
69	Chronic inhibition, self-control and eating behavior: test of a 'resource depletion' model. <i>PLoS ONE</i> , 2013 , 8, e76888	3.7	44
68	The Effects of Social Identity and Perceived Autonomy Support on Health Behaviour Within the Theory of Planned Behaviour. <i>Current Psychology</i> , 2009 , 28, 55-68	1.4	43
67	An experimental test of self-theories of ability in youth sport. <i>Psychology of Sport and Exercise</i> , 2006 , 7, 255-267	4.2	42
66	Predicting alcohol consumption and binge drinking in company employees: an application of planned behaviour and self-determination theories. <i>British Journal of Health Psychology</i> , 2012 , 17, 379-407	8.3	40
65	It is premature to regard the ego-depletion effect as "Too Incredible". <i>Frontiers in Psychology</i> , 2014 , 5, 298	3.4	39
64	Injury Representations, Coping, Emotions, and Functional Outcomes in Athletes With Sports-Related Injuries: A Test of Self-Regulation Theory1. <i>Journal of Applied Social Psychology</i> , 2005 , 35, 2345-2374	2.1	38
63	Influence of perceived motivational climate on achievement goals in physical education: a structural equation mixture modeling analysis. <i>Journal of Sport and Exercise Psychology</i> , 2010 , 32, 324-38	1.5	37

62	Predicting Physical Activity Intentions Using Goal Perspectives and Self-Determination Theory Approaches. <i>European Psychologist</i> , 1999 , 4, 83-89	4.4	37
61	Using the construct of perceived autonomy support to understand social influence within the theory of planned behavior. <i>Psychology of Sport and Exercise</i> , 2008 , 9, 27-44	4.2	36
60	Influences of personality traits and continuation intentions on physical activity participation within the theory of planned behaviour. <i>Psychology and Health</i> , 2008 , 23, 347-67	2.9	35
59	The influences of intrinsic motivation on execution of social behaviour within the theory of planned behaviour. <i>European Journal of Social Psychology</i> , 2006 , 36, 229-237	2.9	35
58	The effect of causality orientations and positive competence-enhancing feedback on intrinsic motivation: A test of additive and interactive effects. <i>Personality and Individual Differences</i> , 2015 , 72, 107-111	3.3	33
57	Mindfulness, movement control, and attentional focus strategies: effects of mindfulness on a postural balance task. <i>Journal of Sport and Exercise Psychology</i> , 2012 , 34, 561-79	1.5	31
56	Adequacy of the Sequential-Task Paradigm in Evoking Ego-Depletion and How to Improve Detection of Ego-Depleting Phenomena. <i>Frontiers in Psychology</i> , 2016 , 7, 136	3.4	31
55	Using self-determination theory to examine the motivational correlates and predictive utility of spontaneous exercise implementation intentions. <i>Psychology of Sport and Exercise</i> , 2007 , 8, 758-770	4.2	29
54	Autonomy and control: augmenting the validity of the theory of planned behaviour in predicting exercise. <i>Journal of Health Psychology</i> , 2006 , 11, 51-63	3.1	28
53	The stability of the attitude-intention relationship in the context of physical activity. <i>Journal of Sports Sciences</i> , 2005 , 23, 49-61	3.6	28
52	Effects of individualist and collectivist group norms and choice on intrinsic motivation. <i>Motivation and Emotion</i> , 2014 , 38, 215-223	2.5	26
51	Cue-induced smoking urges deplete cigarette smokers' self-control resources. <i>Annals of Behavioral Medicine</i> , 2013 , 46, 394-400	4.5	26
50	Narcissism and coach interpersonal style: A self-determination theory perspective. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 254-261	4.6	25
49	Understanding motivation in internet gaming among Singaporean youth: The role of passion. <i>Computers in Human Behavior</i> , 2011 , 27, 1179-1184	7.7	25
48	The mediating role of self-determination in the relationship between goal orientations and physical self-worth in greek exercisers. <i>European Journal of Sport Science</i> , 2001 , 1, 1-9	3.9	25
47	The moral worth of sport reconsidered: contributions of recreational sport and competitive sport to life aspirations and psychological well-being. <i>Journal of Sports Sciences</i> , 2007 , 25, 1047-56	3.6	24
46	The Efficacy of a Group Cognitive Behavioral Therapy for War-Affected Young Migrants Living in Australia: A Cluster Randomized Controlled Trial. <i>Frontiers in Psychology</i> , 2016 , 7, 1641	3.4	24
45	Effects of action planning and coping planning within the theory of planned behaviour: A physical activity study of patients undergoing haemodialysis. <i>Psychology of Sport and Exercise</i> , 2011 , 12, 609-614	4.2	23

44	Commentary: Misguided Effort with Elusive Implications, and Sifting Signal from Noise with Replication Science. <i>Frontiers in Psychology</i> , 2016 , 7, 621	3.4	23
43	Preventing the spread of H1N1 influenza infection during a pandemic: autonomy-supportive advice versus controlling instruction. <i>Journal of Behavioral Medicine</i> , 2015 , 38, 416-26	3.6	22
42	Physical self-concept and social physique anxiety: invariance across culture, gender and age. <i>Stress and Health</i> , 2010 , 26, 304-329	3.7	22
41	An Intra-Individual Analysis of Players' Perceived Coaching Behaviours, Psychological Needs, and Achievement Goals. <i>International Journal of Sports Science and Coaching</i> , 2009 , 4, 177-192	1.8	21
40	In-lecture learning motivation predicts students' motivation, intention, and behaviour for after-lecture learning: Examining the trans-contextual model across universities from UK, China, and Pakistan. <i>Motivation and Emotion</i> , 2015 , 39, 908-925	2.5	20
39	Influences of volitional and forced intentions on physical activity and effort within the theory of planned behaviour. <i>Journal of Sports Sciences</i> , 2007 , 25, 699-709	3.6	20
38	Theoretical Frameworks in Exercise Psychology		20
37	A review and empirical comparison of motivation scoring methods: An application to self-determination theory. <i>Motivation and Emotion</i> , 2020 , 44, 534-548	2.5	19
36	A Multisite Preregistered Paradigmatic Test of the Ego-Depletion Effect. <i>Psychological Science</i> , 2021 , 32, 1566-1581	7.9	19
35	The goose is (half) cooked: a consideration of the mechanisms and interpersonal context is needed to elucidate the effects of personal financial incentives on health behaviour. <i>International Journal of Behavioral Medicine</i> , 2014 , 21, 197-201	2.6	18
34	The Effects of Self-Discordance, Self-Concordance, and Implementation Intentions on Health Behavior. <i>Journal of Applied Biobehavioral Research</i> , 2008 , 13, 198-214	1.7	18
33	Cross-cultural generalizability of the theory of planned behavior among young people in a physical activity context. <i>Journal of Sport and Exercise Psychology</i> , 2007 , 29, 2-20	1.5	18
32	A Diary Study of Self-Compassion, Upward Social Comparisons, and Body Image-Related Outcomes. <i>Applied Psychology: Health and Well-Being</i> , 2017 , 9, 242-258	6.8	17
31	Advancement of the Subjective Vitality Scale: examination of alternative measurement models for Japanese and Singaporeans. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017 , 27, 1793-1800	4.6	17
30	Achievement Goals, Physical Self-Concept, and Social Physique Anxiety in a Physical Activity Context ¹ . <i>Journal of Applied Social Psychology</i> , 2011 , 41, 1299-1339	2.1	17
29	Evaluating the effects of implementation intention and self-concordance on behaviour. <i>British Journal of Psychology</i> , 2010 , 101, 705-18	4	17
28	Effects of achievement goals on perceptions of competence in conditions of unfavourable social comparisons: The mastery goal advantage effect. <i>British Journal of Educational Psychology</i> , 2017 , 87, 630-646	3.2	13
27	When feeling attractive matters too much to women: A process underpinning the relation between psychological need satisfaction and unhealthy weight control behaviors. <i>Motivation and Emotion</i> , 2011 , 35, 413-422	2.5	13

26	Chinese students' motivation in physical activity: Goal profile analysis using Nicholl's achievement goal theory. <i>International Journal of Sport and Exercise Psychology</i> , 2010 , 8, 284-301	2.5	13
25	Unsuccessful attempts to replicate effects of self control operations and glucose on ego-depletion pose an interesting research question that demands explanation. <i>Appetite</i> , 2015 , 84, 328-9	4.5	12
24	When effects of the universal psychological need for autonomy on health behaviour extend to a large proportion of individuals: a field experiment. <i>British Journal of Health Psychology</i> , 2012 , 17, 785-97	8.3	11
23	Effects of Implementation Intentions Linking Suppression of Alcohol Consumption to Socializing Goals on Alcohol-Related Decisions. <i>Journal of Applied Social Psychology</i> , 2010 , 40, 1618-1634	2.1	10
22	Larger and More Prominent Graphic Health Warnings on Plain-Packaged Tobacco Products and Avoidant Responses in Current Smokers: a Qualitative Study. <i>International Journal of Behavioral Medicine</i> , 2016 , 23, 94-101	2.6	9
21	Changing Behavior Using Self-Determination Theory 2020 , 104-119		9
20	The Impact of Agentic and Communal Exercise Messages on Individuals' Exercise Class Attitudes, Self-Efficacy Beliefs, and Intention to Attend. <i>Journal of Sport and Exercise Psychology</i> , 2017 , 39, 397-411	1.5	8
19	A consideration of what is meant by automaticity and better ways to measure it. <i>Frontiers in Psychology</i> , 2014 , 5, 1537	3.4	8
18	Self-regulation strategies may enhance the acute effect of exercise on smoking delay. <i>Addictive Behaviors</i> , 2016 , 57, 35-7	4.2	8
17	Illusory delusions. Willingness to exercise self-control can mask effects of glucose on self-control performance in experimental paradigms that use identical self-control tasks. <i>Appetite</i> , 2015 , 84, 322-4	4.5	7
16	'Mum's the word': Predictors and outcomes of weight concerns in pre-adolescent and early adolescent girls. <i>Body Image</i> , 2016 , 16, 107-12	7.4	7
15	The Strength Model of Self-Control: Recent Advances and Implications for Public Health 2013 , 123-139		7
14	A Randomised Controlled Trial to Test the Effectiveness of Planning Strategies to Improve Medication Adherence in Patients with Cardiovascular Disease. <i>Applied Psychology: Health and Well-Being</i> , 2017 , 9, 106-129	6.8	6
13	Why distractors with need-supportive content can mitigate ironic effects of thought suppression. <i>Motivation and Emotion</i> , 2018 , 42, 214-224	2.5	5
12	Precompetitive anxiety and self-confidence in athletes with disability. <i>Perceptual and Motor Skills</i> , 2007 , 105, 339-46	2.2	5
11	Effects of a School-Based Intervention on Motivation for Out-of-School Physical Activity Participation. <i>Research Quarterly for Exercise and Sport</i> , 2021 , 92, 477-491	1.9	4
10	When small losses do not loom larger than small gains: effects of contextual autonomy support and goal contents on behavioural responses to small losses and small gains. <i>British Journal of Social Psychology</i> , 2012 , 51, 690-708	6.8	4
9	Mechanisms underlying effective thought suppression using focused-distraction strategies: A self-determination theory approach.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2017 , 4, 367-380	1.8	4

8	A school-based intervention program in promoting leisure-time physical activity: trial protocol. <i>BMC Public Health</i> , 2018 , 18, 433	4.1	3
7	Quadratic Models May Provide a Useful Set of Models that Detect Combined Effects of Achievement Goals on Academic Attainment. <i>Frontiers in Psychology</i> , 2016 , 7, 29	3.4	2
6	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , 2019 , 126, 119-142	2.2	2
5	Relationships Between Health Promoting Activities, Life Satisfaction, and Depressive Symptoms in Unemployed Individuals. <i>European Journal of Health Psychology</i> , 2021 , 28, 1-12	1.1	2
4	Same but different: Comparative modes of information processing are implicated in the construction of perceptions of autonomy support. <i>British Journal of Psychology</i> , 2017 , 108, 687-700	4	1
3	An initial investigation of smokers' urges to smoke and their exercise intensity preference: A mixed-methods approach. <i>Cogent Medicine</i> , 2016 , 3, 1149043	1.4	1
2	Applying test operating characteristics to measures of exercise motivation: a primer. <i>British Journal of Psychology</i> , 2010 , 101, 345-60	4	1
1	Prioritizing Intentions on the Margins: Effects of Marginally Higher Prioritization Strategies on Physical Activity Participation. <i>Journal of Sport and Exercise Psychology</i> , 2016 , 38, 355-366	1.5	0