

# Björn Bjorvatn

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/981879/publications.pdf>

Version: 2024-02-01

22  
papers

1,649  
citations

840119

11  
h-index

713013

21  
g-index

22  
all docs

22  
docs citations

22  
times ranked

1870  
citing authors

#	ARTICLE	IF	CITATIONS
1	Nightmares in People with COVID-19: Did Coronavirus Infect Our Dreams?. <i>Nature and Science of Sleep</i> , 2022, Volume 14, 93-108.	1.4	25
2	Scientists Against War: A Plea to World Leaders for Better Governance. <i>Sleep and Vigilance</i> , 2022, 6, 1-6.	0.4	6
3	Bright light exposure during simulated night work improves cognitive flexibility. <i>Chronobiology International</i> , 2022, , 1-16.	0.9	0
4	Health-promoting work schedules: protocol for a large-scale cluster randomised controlled trial on the effects of a work schedule without quick returns on sickness absence among healthcare workers. <i>BMJ Open</i> , 2022, 12, e058309.	0.8	4
5	Self-reported seasonality is strongly associated with chronotype and weakly associated with latitude. <i>Chronobiology International</i> , 2021, 38, 278-285.	0.9	6
6	Subjective and objective sleep among air ambulance personnel. <i>Chronobiology International</i> , 2021, 38, 129-139.	0.9	4
7	Changes in work schedule affect the prevalence of shift work disorder among Norwegian nurses â€“ a two year follow-up study. <i>Chronobiology International</i> , 2021, 38, 924-932.	0.9	6
8	Daylight Saving Time preferences in Norway: Do individual chronotype and home addressâ€™ latitude and longitude matter?. <i>Chronobiology International</i> , 2021, 38, 1449-1459.	0.9	3
9	Sleep in Female Healthcare Workers during COVID-19: A Cross-Sectional Survey Study in Sweden during the Flattening of the First Wave of the Pandemic. <i>Annals of the American Thoracic Society</i> , 2021, 18, 1418-1420.	1.5	4
10	How our Dreams Changed During the COVID-19 Pandemic: Effects and Correlates of Dream Recall Frequency - a Multinational Study on 19,355 Adults. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1573-1591.	1.4	30
11	Sleep in older adolescents. Results from a large crossâ€™sectional, populationâ€™based study. <i>Journal of Sleep Research</i> , 2021, 30, e13263.	1.7	20
12	Social Jetlag Changes During the COVID-19 Pandemic as a Predictor of Insomnia â€“ A Multi-National Survey Study. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1711-1722.	1.4	21
13	Sleep and daytime problems during the COVID-19 pandemic and effects of coronavirus infection, confinement and financial suffering: a multinational survey using a harmonised questionnaire. <i>BMJ Open</i> , 2021, 11, e050672.	0.8	41
14	Pain complaints are associated with quick returns and insomnia among Norwegian nurses, but do not differ between shift workers and day only workers. <i>International Archives of Occupational and Environmental Health</i> , 2020, 93, 291-299.	1.1	8
15	Pain complaints after consecutive nights and quick returns in Norwegian nurses working three-shift rotation: an observational study. <i>BMJ Open</i> , 2020, 10, e035533.	0.8	7
16	Alerting and Circadian Effects of Short-Wavelength vs. Long-Wavelength Narrow-Bandwidth Light during a Simulated Night Shift. <i>Clocks &amp; Sleep</i> , 2020, 2, 502-522.	0.9	16
17	Role of nocturnal light intensity on adaptation to three consecutive night shifts: a counterbalanced crossover study. <i>Occupational and Environmental Medicine</i> , 2020, 77, 249-255.	1.3	15
18	Cognitive performance in DSWPD patients upon awakening from habitual sleep compared with forced conventional sleep. <i>Journal of Sleep Research</i> , 2019, 28, e12730.	1.7	8

#	ARTICLE	IF	CITATIONS
19	The association between insomnia and bedroom habits and bedroom characteristics: an exploratory cross-sectional study of a representative sample of adults. <i>Sleep Health</i> , 2018, 4, 188-193.	1.3	29
20	Increased severity of obstructive sleep apnea is associated with less anxiety and depression. <i>Journal of Sleep Research</i> , 2018, 27, e12647.	1.7	26
21	Migraine, tension-type headache and medication-overuse headache in a large population of shift working nurses: a cross-sectional study in Norway. <i>BMJ Open</i> , 2018, 8, e022403.	0.8	36
22	European guideline for the diagnosis and treatment of insomnia. <i>Journal of Sleep Research</i> , 2017, 26, 675-700.	1.7	1,334