BjÃ¸rn Bjorvatn

List of Publications by Year
in descending order

22 papers	1,649 citations	840119 11 h-index	713013 21 g-index
22 all docs	22 docs citations	22 times ranked	1870 citing authors

#	Article	IF	Citations
1	European guideline for the diagnosis and treatment of insomnia. Journal of Sleep Research, 2017, 26, 675-700.	1.7	1,334
2	Sleep and daytime problems during the COVID-19 pandemic and effects of coronavirus infection, confinement and financial suffering: a multinational survey using a harmonised questionnaire. BMJ Open, 2021, 11, e050672.	0.8	41
3	Migraine, tension-type headache and medication-overuse headache in a large population of shift working nurses: a cross-sectional study in Norway. BMJ Open, 2018, 8, e022403.	0.8	36
4	How our Dreams Changed During the COVID-19 Pandemic: Effects and Correlates of Dream Recall Frequency - a Multinational Study on 19,355 Adults. Nature and Science of Sleep, 2021, Volume 13, 1573-1591.	1.4	30
5	The association between insomnia and bedroom habits and bedroom characteristics: an exploratory cross-sectional study of a representative sample of adults. Sleep Health, 2018, 4, 188-193.	1.3	29
6	Increased severity of obstructive sleep apnea is associated with less anxiety and depression. Journal of Sleep Research, 2018, 27, e12647.	1.7	26
7	Nightmares in People with COVID-19: Did Coronavirus Infect Our Dreams?. Nature and Science of Sleep, 2022, Volume 14, 93-108.	1.4	25
8	Social Jetlag Changes During the COVID-19 Pandemic as a Predictor of Insomnia â€“ A Multi-National Survey Study. Nature and Science of Sleep, 2021, Volume 13, 1711-1722.	1.4	21
9	Sleep in older adolescents. Results from a large crossâ€sectional, populationâ€based study. Journal of Sleep Research, 2021, 30, e13263.	1.7	20
10	Alerting and Circadian Effects of Short-Wavelength vs. Long-Wavelength Narrow-Bandwidth Light during a Simulated Night Shift. Clocks & Sleep, 2020, 2, 502-522.	0.9	16
11	Role of nocturnal light intensity on adaptation to three consecutive night shifts: a counterbalanced crossover study. Occupational and Environmental Medicine, 2020, 77, 249-255.	1.3	15
12	Cognitive performance inDSWPDpatients upon awakening from habitual sleep compared with forced conventional sleep. Journal of Sleep Research, 2019, 28, e12730.	1.7	8
13	Pain complaints are associated with quick returns and insomnia among Norwegian nurses, but do not differ between shift workers and day only workers. International Archives of Occupational and Environmental Health, 2020, 93, 291-299.	1.1	8
14	Pain complaints after consecutive nights and quick returns in Norwegian nurses working three-shift rotation: an observational study. BMJ Open, 2020, 10, e035533.	0.8	7
15	Self-reported seasonality is strongly associated with chronotype and weakly associated with latitude. Chronobiology International, 2021, 38, 278-285.	0.9	6
16	Changes in work schedule affect the prevalence of shift work disorder among Norwegian nurses â€“ a two year follow-up study. Chronobiology International, 2021, 38, 924-932.	0.9	6
17	Scientists Against War: A Plea to World Leaders for Better Governance. Sleep and Vigilance, 2022, 6, 1-6.	0.4	6
18	Subjective and objective sleep among air ambulance personnel. Chronobiology International, 2021, 38, 129-139.	0.9	4

#	Article	IF	Citations
19	Sleep in Female Healthcare Workers during COVID-19: A Cross-Sectional Survey Study in Sweden during the Flattening of the First Wave of the Pandemic. Annals of the American Thoracic Society, 2021, 18, 1418-1420.	1.5	4
20	Health-promoting work schedules: protocol for a large-scale cluster randomised controlled trial on the effects of a work schedule without quick returns on sickness absence among healthcare workers. BMJ Open, 2022, 12, e058309.	0.8	4
21	Daylight Saving Time preferences in Norway: Do individual chronotype and home addressâ€™ latitude and longitude matter?. Chronobiology International, 2021, 38, 1449-1459.	0.9	3
22	Bright light exposure during simulated night work improves cognitive flexibility. Chronobiology International, 2022, , 1-16.	0.9	0