

Lilian Adamidou

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9815893/publications.pdf>

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5
papers

77
citations

1937685

4
h-index

2053705

5
g-index

5
all docs

5
docs citations

5
times ranked

57
citing authors

#	ARTICLE	IF	CITATIONS
1	Implementation of Christian Orthodox fasting improves plasma adiponectin concentrations compared with time-restricted eating in overweight premenopausal women. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 210-220.	2.8	13
2	Effects of orthodox religious fasting versus combined energy and time restricted eating on body weight, lipid concentrations and glycaemic profile. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 82-92.	2.8	29
3	Similar late effects of a 7-week orthodox religious fasting and a time restricted eating pattern on anthropometric and metabolic profiles of overweight adults. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 248-258.	2.8	22
4	Effects of Christian Orthodox Fasting Versus Time-Restricted Eating on Plasma Irisin Concentrations Among Overweight Metabolically Healthy Individuals. <i>Nutrients</i> , 2021, 13, 1071.	4.1	10
5	Vitamin D equilibrium affects sex-specific changes in lipid concentrations during Christian Orthodox fasting. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2021, 211, 105903.	2.5	3