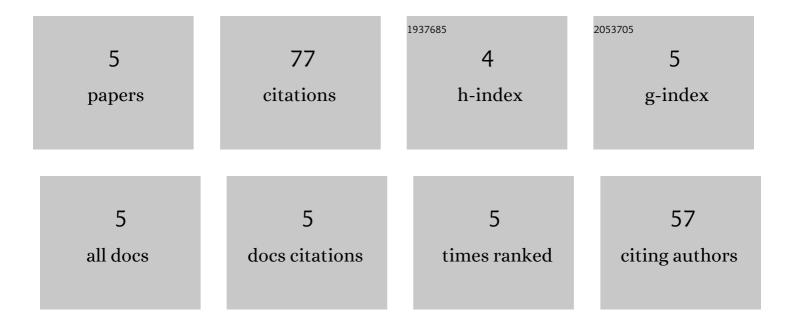
## Lilian Adamidou

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9815893/publications.pdf Version: 2024-02-01



| # | Article  | IF  | CITATIONS |
|---|--|-----|-----------|
| 1 | Implementation of Christian Orthodox fasting improves plasma adiponectin concentrations compared<br>with time-restricted eating in overweight premenopausal women. International Journal of Food<br>Sciences and Nutrition, 2022, 73, 210-220. | 2.8 | 13        |
| 2 | Effects of orthodox religious fasting versus combined energy and time restricted eating on body<br>weight, lipid concentrations and glycaemic profile. International Journal of Food Sciences and<br>Nutrition, 2021, 72, 82-92.               | 2.8 | 29        |
| 3 | Similar late effects of a 7-week orthodox religious fasting and a time restricted eating pattern on anthropometric and metabolic profiles of overweight adults. International Journal of Food Sciences and Nutrition, 2021, 72, 248-258.       | 2.8 | 22        |
| 4 | Effects of Christian Orthodox Fasting Versus Time-Restricted Eating on Plasma Irisin Concentrations<br>Among Overweight Metabolically Healthy Individuals. Nutrients, 2021, 13, 1071.  | 4.1 | 10        |
| 5 | Vitamin D equilibrium affects sex-specific changes in lipid concentrations during Christian Orthodox<br>fasting. Journal of Steroid Biochemistry and Molecular Biology, 2021, 211, 105903.   | 2.5 | 3         |