

Jack D Edinger

List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

9,171
citations

108046

37
h-index

139680

61
g-index

65
all docs

65
docs citations

65
times ranked

6412
citing authors

#	ARTICLE	IF	CITATIONS
1	A randomized controlled trial of cognitive behavioral therapy for insomnia and PAP for obstructive sleep apnea and comorbid insomnia: effects on nocturnal sleep and daytime performance. <i>Journal of Clinical Sleep Medicine</i> , 2022, 18, 789-800.	1.4	6
2	Association between insomnia patients'™ pre-treatment characteristics and their responses to distinctive treatment sequences. <i>Sleep</i> , 2022, 45, .	0.6	8
3	Overnight Delta Dynamics Associated with Daytime Psychomotor Performance in Adults with Insomnia and Healthy Controls. <i>Nature and Science of Sleep</i> , 2022, Volume 14, 217-230.	1.4	4
4	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine systematic review, meta-analysis, and GRADE assessment. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 263-298.	1.4	131
5	Optimizing computation of overnight decline in delta power: Evidence for slower rate of decline in delta power in insomnia patients. <i>Clinical Neurophysiology</i> , 2021, 132, 545-553.	0.7	6
6	The relationship between sleep and opioids in chronic pain patients. <i>Journal of Behavioral Medicine</i> , 2021, 44, 412-420.	1.1	11
7	Impact of daytime sleepiness and insomnia on simple and complex cognitive task performances. <i>Sleep Medicine</i> , 2021, 87, 46-55.	0.8	3
8	Hypnotic Discontinuation in Chronic Insomnia. <i>Sleep Medicine Clinics</i> , 2020, 15, 147-154.	1.2	9
9	A randomized controlled trial of CBT-I and PAP for obstructive sleep apnea and comorbid insomnia: main outcomes from the MATRICS study. <i>Sleep</i> , 2020, 43, .	0.6	43
10	Effectiveness of Sequential Psychological and Medication Therapies for Insomnia Disorder. <i>JAMA Psychiatry</i> , 2020, 77, 1107.	6.0	49
11	Circadian Preference as a Moderator of Depression Outcome Following Cognitive Behavioral Therapy for Insomnia Plus Antidepressant Medications: A Report From the TRIAD Study. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 573-580.	1.4	20
12	Neurocognitive performance in insomnia disorder: The impact of hyperarousal and short sleep duration. <i>Journal of Sleep Research</i> , 2018, 27, e12747.	1.7	35
13	Hypnotic Discontinuation in Chronic Insomnia. <i>Sleep Medicine Clinics</i> , 2018, 13, 263-270.	1.2	13
14	Treating insomnia in depression: Insomnia related factors predict long-term depression trajectories.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 282-293.	1.6	53
15	Insomnia Patients With Objective Short Sleep Duration Have a Blunted Response to Cognitive Behavioral Therapy for Insomnia. <i>Sleep</i> , 2017, 40, .	0.6	44
16	Are Patients with Childhood Onset of Insomnia and Depression More Difficult to Treat Than Are Those with Adult Onsets of These Disorders? A Report from the TRIAD Study. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 205-213.	1.4	6
17	Characterization of Patients Who Present With Insomnia: Is There Room for a Symptom Cluster-Based Approach?. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 911-921.	1.4	17
18	Should we finally include quantitative criteria in our definition of insomnia?. <i>Sleep Medicine</i> , 2016, 26, 69-70.	0.8	3

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19	Objective but Not Subjective Short Sleep Duration Associated with Increased Risk for Hypertension in Individuals with Insomnia. <i>Sleep</i> , 2016, 39, 1037-1045.	0.6	133
20	Sequential psychological and pharmacological therapies for comorbid and primary insomnia: study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 118.	0.7	8
21	Efficacy of Cognitive-Behavioral Therapy for Insomnia Combined With Antidepressant Pharmacotherapy in Patients With Comorbid Depression and Insomnia. <i>Journal of Clinical Psychiatry</i> , 2016, 77, e1316-e1323.	1.1	106
22	Comparative Meta-Analysis of Prazosin and Imagery Rehearsal Therapy for Nightmare Frequency, Sleep Quality, and Posttraumatic Stress. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 11-22.	1.4	49
23	The Brave New World of Healthcare Delivery: Just Where Are We in Our Understanding of E-Health Methods for Insomnia and Depression Management?. <i>Sleep</i> , 2015, 38, 177-178.	0.6	4
24	ATS Core Curriculum 2015: Part II. Adult Sleep Medicine. <i>Annals of the American Thoracic Society</i> , 2015, 12, 1542-1550.	1.5	0
25	The Oft-Forgotten Side of Our Behavioral Sleep Medicine Work. <i>Behavioral Sleep Medicine</i> , 2013, 11, 37-39.	1.1	0
26	Does Physiological Hyperarousal Enhance Error Rates among Insomnia Sufferers?. <i>Sleep</i> , 2013, 36, 1179-1186.	0.6	30
27	The Consensus Sleep Diary: Standardizing Prospective Sleep Self-Monitoring. <i>Sleep</i> , 2012, 35, 287-302.	0.6	1,404
28	REM Sleep Bout Duration and Frequency in PTSD. <i>Journal of Aggression, Maltreatment and Trauma</i> , 2012, 21, 67-76.	0.9	7
29	Cognitive-Behavioral Therapy for the Management of Insomnia Comorbid with Mental Disorders. <i>Current Psychiatry Reports</i> , 2012, 14, 519-528.	2.1	50
30	Moving Beyond Average Values: Assessing the Night-To-Night Instability of Sleep and Arousal in DSM-IV-TR Insomnia Subtypes. <i>Sleep</i> , 2011, 34, 531-539.	0.6	31
31	A Multi-Component Cognitive-Behavioral Intervention for Sleep Disturbance in Veterans with PTSD: A Pilot Study. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 57-68.	1.4	138
32	A multi-component cognitive-behavioral intervention for sleep disturbance in veterans with PTSD: a pilot study. <i>Journal of Clinical Sleep Medicine</i> , 2011, 7, 57-68.	1.4	71
33	Sleep EEG Predictors and Correlates of the Response to Cognitive Behavioral Therapy for Insomnia. <i>Sleep</i> , 2010, 33, 669-677.	0.6	73
34	Home Is Where Sleep Is: An Ecological Approach to Test the Validity of Actigraphy for the Assessment of Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 21-29.	1.4	75
35	The Effect of Vestibular Stimulation in a Four-Hour Sleep Phase Advance Model of Transient Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 315-321.	1.4	29
36	Nightmare Reduction in a Vietnam Veteran Using Imagery Rehearsal Therapy. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 487-488.	1.4	14

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37	Is it Time to Step Up to Stepped Care with our Cognitive-Behavioral Insomnia Therapies?. <i>Sleep</i> , 2009, 32, 1539-1541.	0.6	23
38	Cognitive Behavioral Therapy for Patients with Primary Insomnia or Insomnia Associated Predominantly with Mixed Psychiatric Disorders: a Randomized Clinical Trial. <i>Sleep</i> , 2009, 32, 499-510.	0.6	234
39	Pretherapy Cognitive Dispositions and Treatment Outcome in Cognitive Behavior Therapy for Insomnia. <i>Behavior Therapy</i> , 2008, 39, 406-416.	1.3	37
40	Cognitive Behavioral Therapy for Insomnia Enhances Depression Outcome in Patients with Comorbid Major Depressive Disorder and Insomnia. <i>Sleep</i> , 2008, 31, 489-495.	0.6	748
41	Psychomotor Performance Deficits and Their Relation to Prior Nights' Sleep Among Individuals with Primary Insomnia. <i>Sleep</i> , 2008, 31, 599-607.	0.6	157
42	Dose-Response Effects of Cognitive-Behavioral Insomnia Therapy: A Randomized Clinical Trial. <i>Sleep</i> , 2007, 30, 203-212.	0.6	171
43	A Comparison of Rates of Residual Insomnia Symptoms Following Pharmacotherapy or Cognitive-Behavioral Therapy for Major Depressive Disorder. <i>Journal of Clinical Psychiatry</i> , 2007, 68, 254-260.	1.1	223
44	Defining Insomnia: Quantitative Criteria for Insomnia Severity and Frequency. <i>Sleep</i> , 2006, 29, 479-485.	0.6	95
45	Psychological And Behavioral Treatment Of Insomnia: Update Of The Recent Evidence (1998â€“2004). <i>Sleep</i> , 2006, 29, 1398-1414.	0.6	1,096
46	Behavioral Insomnia Therapy for Fibromyalgia Patients. <i>Archives of Internal Medicine</i> , 2005, 165, 2527.	4.3	275
47	Cognitiveâ€“behavioral therapy for primary insomnia. <i>Clinical Psychology Review</i> , 2005, 25, 539-558.	6.0	246
48	Treatment Epidemiology. <i>Journal of Clinical Sleep Medicine</i> , 2005, 01, .	1.4	0
49	A Pilot Study of Inexpensive Sleep-Assessment Devices. <i>Behavioral Sleep Medicine</i> , 2004, 2, 41-49.	1.1	55
50	Derivation of Research Diagnostic Criteria for Insomnia: Report of an American Academy of Sleep Medicine Work Group. <i>Sleep</i> , 2004, 27, 1567-1596.	0.6	904
51	Daytime testing after laboratory or home-based polysomnography: comparisons of middle-aged insomnia sufferers and normal sleepers. <i>Journal of Sleep Research</i> , 2003, 12, 43-52.	1.7	27
52	Cognitive and Behavioral Anomalies Among Insomnia Patients With Mixed Restless Legs and Periodic Limb Movement Disorder. <i>Behavioral Sleep Medicine</i> , 2003, 1, 37-53.	1.1	16
53	A Primary Care â€œFriendlyâ€“Cognitive Behavioral Insomnia Therapy. <i>Sleep</i> , 2003, 26, 177-182.	0.6	279
54	NREM Sleep EEG Frequency Spectral Correlates of Sleep Complaints in Primary Insomnia Subtypes. <i>Sleep</i> , 2002, , .	0.6	94

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55	NREM sleep EEG frequency spectral correlates of sleep complaints in primary insomnia subtypes. <i>Sleep</i> , 2002, 25, 630-40.	0.6	225
56	Sleep in the Laboratory and Sleep at Home II: Comparisons of Middle-Aged Insomnia Sufferers and Normal Sleepers. <i>Sleep</i> , 2001, 24, 761-770.	0.6	67
57	Cognitive Behavioral Therapy for Treatment of Chronic Primary Insomnia. <i>JAMA - Journal of the American Medical Association</i> , 2001, 285, 1856.	3.8	523
58	Insomnia and the eye of the beholder: Are there clinical markers of objective sleep disturbances among adults with and without insomnia complaints?. <i>Journal of Consulting and Clinical Psychology</i> , 2000, 68, 586-593.	1.6	204
59	How many nights are enough? The short-term stability of sleep parameters in elderly insomniacs and normal sleepers. <i>Psychophysiology</i> , 1999, 36, 233-244.	1.2	117
60	How many nights are enough? The short-term stability of sleep parameters in elderly insomniacs and normal sleepers. , 1999, 36, 233.		8
61	Sleep in the Laboratory and Sleep at Home: Comparisons of Older Insomniacs and Normal Sleepers. <i>Sleep</i> , 1997, 20, 1119-1126.	0.6	167
62	The Distribution and Clinical Significance of Sleep Time Misperceptions Among Insomniacs. <i>Sleep</i> , 1995, 18, 232-239.	0.6	206
63	Subjective Estimates of Sleep Differ From Polysomnographic Measurements in Obstructive Sleep Apnea Patients. <i>Sleep</i> , 1995, 18, 646-650.	0.6	62
64	A cognitive-behavioral therapy for sleep-maintenance insomnia in older adults.. <i>Psychology and Aging</i> , 1992, 7, 282-289.	1.4	101
65	Sleep Variability Across Consecutive Nights of Home Monitoring in Older Mixed DIMS Patients. <i>Sleep</i> , 1991, 14, 5-12.	0.6	128