

Carrie H S Ruxton

List of Publications by Citations

Source: <https://exaly.com/author-pdf/9729178/carrie-h-s-ruxton-publications-by-citations.pdf>

Version: 2024-04-27

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

61
papers

2,030
citations

19
h-index

44
g-index

65
ext. papers

2,232
ext. citations

2.8
avg, IF

5.06
L-index

#	Paper	IF	Citations
61	The health benefits of omega-3 polyunsaturated fatty acids: a review of the evidence. <i>Journal of Human Nutrition and Dietetics</i> , 2004 , 17, 449-59	3.1	526
60	The impact of long-chain n-3 polyunsaturated fatty acids on human health. <i>Nutrition Research Reviews</i> , 2005 , 18, 113-29	7	191
59	Black tea--helpful or harmful? A review of the evidence. <i>European Journal of Clinical Nutrition</i> , 2007 , 61, 3-18	5.2	182
58	Breakfast: a review of associations with measures of dietary intake, physiology and biochemistry. <i>British Journal of Nutrition</i> , 1997 , 78, 199-213	3.6	140
57	Can pure fruit and vegetable juices protect against cancer and cardiovascular disease too? A review of the evidence. <i>International Journal of Food Sciences and Nutrition</i> , 2006 , 57, 249-72	3.7	98
56	The impact of caffeine on mood, cognitive function, performance and hydration: a review of benefits and risks. <i>Nutrition Bulletin</i> , 2008 , 33, 15-25	3.5	83
55	An investigation of the role of oro-sensory stimulation in sugar satiety?. <i>International Journal of Obesity</i> , 2002 , 26, 384-8	5.5	76
54	A review of associations between Crohn's disease and consumption of sugars. <i>European Journal of Clinical Nutrition</i> , 1998 , 52, 229-38	5.2	74
53	Feasibility and benefits of implementing a Slimming on Referral service in primary care using a commercial weight management partner. <i>Public Health</i> , 2006 , 120, 872-81	4	48
52	Guidelines for sugar consumption in Europe: is a quantitative approach justified?. <i>European Journal of Clinical Nutrition</i> , 1999 , 53, 503-13	5.2	46
51	The contribution of breakfast to the diets of a sample of 136 primary-schoolchildren in Edinburgh. <i>British Journal of Nutrition</i> , 1996 , 75, 419-31	3.6	44
50	Vulnerable patients with a fractured neck of femur: nutritional status and support in hospital. <i>Journal of Human Nutrition and Dietetics</i> , 2006 , 19, 209-18	3.1	37
49	Relationships between social class, nutrient intake and dietary patterns in Edinburgh schoolchildren. <i>International Journal of Food Sciences and Nutrition</i> , 1996 , 47, 341-9	3.7	37
48	Value of eggs during pregnancy and early childhood. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2013 , 27, 41-50; quiz 51	1.1	33
47	Body composition of healthy 7-and 8-year-old children and a comparison with the reference childV <i>International Journal of Obesity</i> , 1999 , 23, 1276-81	5.5	32
46	The benefits of fish consumption. <i>Nutrition Bulletin</i> , 2011 , 36, 6-19	3.5	30
45	The suitability of caffeinated drinks for children: a systematic review of randomised controlled trials, observational studies and expert panel guidelines. <i>Journal of Human Nutrition and Dietetics</i> , 2014 , 27, 342-57	3.1	28

44	Role of fatty acids and micronutrients in healthy ageing: a systematic review of randomised controlled trials set in the context of European dietary surveys of older adults. <i>Journal of Human Nutrition and Dietetics</i> , 2016 , 29, 308-24	3.1	21
43	Risk of malnutrition in a sample of acute and long-stay NHS Fife in-patients: an audit. <i>Journal of Human Nutrition and Dietetics</i> , 2008 , 21, 81-90	3.1	20
42	Black tea is not significantly different from water in the maintenance of normal hydration in human subjects: results from a randomised controlled trial. <i>British Journal of Nutrition</i> , 2011 , 106, 588-95	3.6	19
41	Black tea and health. <i>Nutrition Bulletin</i> , 2008 , 33, 91-101	3.5	19
40	Assessment of obesity in a community sample of prepubertal children. <i>International Journal of Obesity</i> , 1999 , 23, 217-9	5.5	19
39	Health benefits of omega-3 fatty acids. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2004 , 18, 38-42	1.1	19
38	The contribution of specific dietary patterns to energy and nutrient intakes in 78-year-old Scottish schoolchildren. II. Weekday lunches. <i>Journal of Human Nutrition and Dietetics</i> , 1996 , 9, 15-22	3.1	18
37	Health benefits of omega-3 fatty acids. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2004 , 18, 38-42	1.1	17
36	Women's diet quality in the UK. <i>Nutrition Bulletin</i> , 2010 , 35, 126-137	3.5	16
35	The contribution of specific dietary patterns to energy and nutrient intakes in 78-year-old Scottish schoolchildren. III. Snacking habits. <i>Journal of Human Nutrition and Dietetics</i> , 1996 , 9, 23-31	3.1	14
34	Obesity in children. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2004 , 18, 47-52; quiz 54-5	1.1	13
33	Health impacts of vitamin D: are we getting enough?. <i>Nutrition Bulletin</i> , 2009 , 34, 185-197	3.5	11
32	Health aspects of caffeine: benefits and risks. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2009 , 24, 41-48	1.1	11
31	Recommendations for the use of eggs in the diet. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2010 , 24, 47-56	1.1	10
30	Dietary guidelines for sugar: the need for evidence. <i>British Journal of Nutrition</i> , 2003 , 90, 245-7	3.6	9
29	Is black tea consumption associated with a lower risk of cardiovascular disease and type 2 diabetes?. <i>Nutrition Bulletin</i> , 2012 , 37, 4-15	3.5	8
28	The role of red meat in a balanced diet. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2011 , 26, 41-8; quiz 49	1.1	7
27	The health benefits of whole grains and fibre. <i>Nutrition and Food Science</i> , 2014 , 44, 492-519	1.5	6

26	Recommendations for the use of eggs in the diet. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2010 , 24, 47-55; quiz 56	1.1	6
25	Fruit Juices: Are They Helpful or Harmful? An Evidence Review. <i>Nutrients</i> , 2021 , 13,	6.7	6
24	Energy and nutrient intakes in a sample of 136 Edinburgh 7-8 year olds: a comparison with United Kingdom dietary reference values. <i>British Journal of Nutrition</i> , 1996 , 75, 151-60	3.6	5
23	A novel topical ingredient derived from seaweed significantly reduces symptoms of acne vulgaris: a general literature review. <i>Journal of Cosmetic Science</i> , 2013 , 64, 219-26	0.7	5
22	Nutritional composition of commercially-produced 100% orange juice reveals large variability in vascular health bioactive, hesperidin. <i>Proceedings of the Nutrition Society</i> , 2020 , 79,	2.9	4
21	Micronutrient challenges across the age spectrum: Is there a role for red meat?. <i>Nutrition Bulletin</i> , 2013 , 38, 178-190	3.5	4
20	Nutritional implications of obesity and dieting. <i>Nutrition Bulletin</i> , 2011 , 36, 199-211	3.5	4
19	Fluoride content of retail tea bags and estimates of daily fluoride consumption from typical tea drinking in UK adults and children. <i>Nutrition Bulletin</i> , 2015 , 40, 268-278	3.5	3
18	Is tea a healthy source of hydration?. <i>Nutrition Bulletin</i> , 2015 , 40, 166-176	3.5	3
17	Fluoride in the UK diet. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2014 , 28, 52-9	1.1	3
16	Promoting and maintaining healthy hydration in patients. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2012 , 26, 50-6; quiz 58	1.1	3
15	Daily consumption of 100% orange juice does not increase body weight in adults: a meta-analysis of randomised controlled trials. <i>Proceedings of the Nutrition Society</i> , 2020 , 79,	2.9	2
14	Emerging evidence for tea benefits. <i>Nutrition Bulletin</i> , 2013 , 38, 287-301	3.5	2
13	Tea: hydration and other health benefits. <i>Primary Health Care</i> , 2016 , 26, 34-42	0.1	1
12	The role of micronutrients in healthy ageing. <i>Nutrition and Food Science</i> , 2011 , 41, 420-429	1.5	1
11	SHORT REPORT: Suitability of revised UK reference data for the assessment of nutritional status in 7-year-old children. <i>Journal of Human Nutrition and Dietetics</i> , 1999 , 12, 529-531	3.1	1
10	The contribution of specific dietary patterns to energy and nutrient intakes in 78-year-old Scottish schoolchildren. I. Milk drinking. <i>Journal of Human Nutrition and Dietetics</i> , 1996 , 9, 5-14	3.1	1
9	Micronutrient intakes in schoolchildren: supplementation necessary?. <i>Journal of Human Nutrition and Dietetics</i> , 1993 , 6, 373-376	3.1	1

- | | | | |
|---|--|-----|---|
| 8 | Red meat consumption and type 2 diabetes mellitus risk. <i>Nutrition and Food Science</i> , 2015 , 45, 524-541 | 1.5 | ○ |
| 7 | Why is so much good dietary advice being ignored?. <i>Nutrition Bulletin</i> , 1999 , 24, 117-121 | 3.5 | ○ |
| 6 | Interpretation of observational studies: the good, the bad and the sensational.. <i>Proceedings of the Nutrition Society</i> , 2022 , 1-21 | 2.9 | ○ |
| 5 | Pure 100% fruit juices [more than just a source of free sugars? A review of the evidence of their effect on risk of cardiovascular disease, type 2 diabetes and obesity. <i>Nutrition Bulletin</i> , 2021 , 46, 415-431 | 3.5 | ○ |
| 4 | Scientific evidence and daily food for a better life: Milan, 19 June 2015. <i>Public Health</i> , 2016 , 140, 73-79 | 4 | ○ |
| 3 | Advances in functional fibres and carbohydrates. <i>Nutrafoods</i> , 2012 , 11, 95-98 | | |
| 2 | Dietary approaches to promote bone health in adults. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987)</i> , 2013 , 27, 41-9; quiz 50 | 1.1 | |
| 1 | Antioxidant nutrients Do they have a protective role?. <i>Food and Chemical Toxicology</i> , 1994 , 32, 995-996 | 4.7 | |