

Carrie H S Ruxton

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

2,488
citations

304602

22
h-index

197736

49
g-index

65
all docs

65
docs citations

65
times ranked

3246
citing authors

#	ARTICLE	IF	CITATIONS
1	The health benefits of omega-3 polyunsaturated fatty acids: a review of the evidence. <i>Journal of Human Nutrition and Dietetics</i> , 2004, 17, 449-459.	1.3	615
2	Black tea – helpful or harmful? A review of the evidence. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 3-18.	1.3	233
3	The impact of long-chain-3 polyunsaturated fatty acids on human health. <i>Nutrition Research Reviews</i> , 2005, 18, 113-129.	2.1	223
4	Breakfast: a review of associations with measures of dietary intake, physiology and biochemistry. <i>British Journal of Nutrition</i> , 1997, 78, 199-213.	1.2	168
5	Can pure fruit and vegetable juices protect against cancer and cardiovascular disease too? A review of the evidence. <i>International Journal of Food Sciences and Nutrition</i> , 2006, 57, 249-272.	1.3	115
6	The impact of caffeine on mood, cognitive function, performance and hydration: a review of benefits and risks. <i>Nutrition Bulletin</i> , 2008, 33, 15-25.	0.8	104
7	A review of associations between Crohn's disease and consumption of sugars. <i>European Journal of Clinical Nutrition</i> , 1998, 52, 229-238.	1.3	91
8	An investigation of the role of oro-sensory stimulation in sugar satiety?. <i>International Journal of Obesity</i> , 2002, 26, 384-388.	1.6	84
9	Feasibility and benefits of implementing a Slimming on Referral service in primary care using a commercial weight management partner. <i>Public Health</i> , 2006, 120, 872-881.	1.4	53
10	Guidelines for sugar consumption in Europe: Is a quantitative approach justified?. <i>European Journal of Clinical Nutrition</i> , 1999, 53, 503-513.	1.3	50
11	The benefits of fish consumption. <i>Nutrition Bulletin</i> , 2011, 36, 6-19.	0.8	49
12	The contribution of breakfast to the diets of a sample of 136 primary-schoolchildren in Edinburgh. <i>British Journal of Nutrition</i> , 1996, 75, 419-431.	1.2	47
13	Body composition of healthy 7- and 8-year-old children and a comparison with the "reference child". <i>International Journal of Obesity</i> , 1999, 23, 1276-1281.	1.6	45
14	Vulnerable patients with a fractured neck of femur: nutritional status and support in hospital. <i>Journal of Human Nutrition and Dietetics</i> , 2006, 19, 209-218.	1.3	44
15	Relationships between social class, nutrient intake and dietary patterns in Edinburgh schoolchildren. <i>International Journal of Food Sciences and Nutrition</i> , 1996, 47, 341-349.	1.3	41
16	Fruit Juices: Are They Helpful or Harmful? An Evidence Review. <i>Nutrients</i> , 2021, 13, 1815.	1.7	39
17	Value of eggs during pregnancy and early childhood. <i>Nursing Standard (Royal College of Nursing)</i> Tj ETQq1 1 0.784314 rgBT /Overloc 0.1 37	0.1	37
18	The suitability of caffeinated drinks for children: a systematic review of randomised controlled trials, observational studies and expert panel guidelines. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 342-357.	1.3	35

#	ARTICLE	IF	CITATIONS
19	Role of fatty acids and micronutrients in healthy ageing: a systematic review of randomised controlled trials set in the context of European dietary surveys of older adults. <i>Journal of Human Nutrition and Dietetics</i> , 2016, 29, 308-324.	1.3	32
20	Black tea and health. <i>Nutrition Bulletin</i> , 2008, 33, 91-101.	0.8	26
21	Risk of malnutrition in a sample of acute and long stay NHS Fife inpatients: an audit. <i>Journal of Human Nutrition and Dietetics</i> , 2008, 21, 81-90.	1.3	24
22	Assessment of obesity in a community sample of prepubertal children. <i>International Journal of Obesity</i> , 1999, 23, 217-219.	1.6	23
23	Health benefits of omega-3 fatty acids. <i>Nursing Standard (Royal College of Nursing (Great Britain): Tj ETQq1 1 0.784314 rgBT /Overlock</i>	0.1	23
24	Black tea is not significantly different from water in the maintenance of normal hydration in human subjects: results from a randomised controlled trial. <i>British Journal of Nutrition</i> , 2011, 106, 588-595.	1.2	23
25	Health benefits of omega-3 fatty acids. <i>Nursing Standard (Royal College of Nursing (Great Britain): Tj ETQq1 1 0.784314 rgBT /Overlock</i>	0.1	22
26	The contribution of specific dietary patterns to energy and nutrient intakes in 7â€“8â€“yearâ€“old Scottish schoolchildren. II. Weekday lunches. <i>Journal of Human Nutrition and Dietetics</i> , 1996, 9, 15-22.	1.3	18
27	The contribution of specific dietary patterns to energy and nutrient intakes in 7â€“8â€“yearâ€“old Scottish schoolchildren. III. Snacking habits. <i>Journal of Human Nutrition and Dietetics</i> , 1996, 9, 23-31.	1.3	18
28	Women's diet quality in the UK. <i>Nutrition Bulletin</i> , 2010, 35, 126-137.	0.8	17
29	Obesity in children. <i>Nursing Standard (Royal College of Nursing (Great Britain): 1987), 2004, 18, 47-52.</i>	0.1	14
30	Health impacts of vitamin D: are we getting enough?. <i>Nutrition Bulletin</i> , 2009, 34, 185-197.	0.8	13
31	Health aspects of caffeine: benefits and risks. <i>Nursing Standard (Royal College of Nursing (Great) Tj ETQq1 1 0.784314 rgBT /Overlock</i>	0.1	12
32	Recommendations for the use of eggs in the diet. <i>Nursing Standard (Royal College of Nursing (Great) Tj ETQq0 0 0 rgBT /Overlock 10 Tf</i>	0.1	11
33	Micronutrient challenges across the age spectrum: Is there a role for red meat?. <i>Nutrition Bulletin</i> , 2013, 38, 178-190.	0.8	10
34	Dietary guidelines for sugar: the need for evidence. <i>British Journal of Nutrition</i> , 2003, 90, 245-247.	1.2	9
35	The role of red meat in a balanced diet. <i>Nursing Standard (Royal College of Nursing (Great Britain): Tj ETQq1 1 0.784314 rgBT /Overlock</i>	0.1	9
36	Is black tea consumption associated with a lower risk of cardiovascular disease and type 2 diabetes?. <i>Nutrition Bulletin</i> , 2012, 37, 4-15.	0.8	9

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37	Recommendations for the use of eggs in the diet. Nursing Standard (Royal College of Nursing (Great Tj ETQq1 1 0,784314 rgBT /Ove	0.1	8
38	Nutritional implications of obesity and dieting. Nutrition Bulletin, 2011, 36, 199-211.	0.8	8
39	The health benefits of whole grains and fibre. Nutrition and Food Science, 2014, 44, 492-519.	0.4	8
40	Interpretation of observational studies: the good, the bad and the sensational. Proceedings of the Nutrition Society, 2022, 81, 279-287.	0.4	7
41	Fluoride content of retail tea bags and estimates of daily fluoride consumption from typical tea drinking in <sc>UK</sc> adults and children. Nutrition Bulletin, 2015, 40, 268-278.	0.8	6
42	Pure 100% fruit juices â€“ more than just a source of free sugars? A review of the evidence of their effect on risk of cardiovascular disease, type 2 diabetes and obesity. Nutrition Bulletin, 2021, 46, 415-431.	0.8	6
43	Is tea a healthy source of hydration?. Nutrition Bulletin, 2015, 40, 166-176.	0.8	5
44	Energy and nutrient intakes in a sample of 136 Edinburgh 7â€“8 year olds: A comparison with United Kingdom dietary reference values. British Journal of Nutrition, 1996, 75, 151-160.	1.2	5
45	A novel topical ingredient derived from seaweed significantly reduces symptoms of acne vulgaris: a general literature review. Journal of Cosmetic Science, 2013, 64, 219-26.	0.1	5
46	Fluoride in the UK diet. Nursing Standard (Royal College of Nursing (Great Britain): 1987), 2014, 28, 52-59.	0.1	4
47	Nutritional composition of commercially-produced 100% orange juice reveals large variability in vascular health bioactive, hesperidin. Proceedings of the Nutrition Society, 2020, 79, .	0.4	4
48	Health aspects of caffeine: benefits and risks. Nursing Standard (Royal College of Nursing (Great Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 3	0.1	3
49	Promoting and maintaining healthy hydration in patients. Nursing Standard (Royal College of Nursing) Tj ETQq1 1 0,784314 rgBT /Ove	0.1	3
50	Emerging evidence for tea benefits. Nutrition Bulletin, 2013, 38, 287-301.	0.8	3
51	Tea: hydration and other health benefits. Primary Health Care, 2016, 26, 34-42.	0.0	3
52	Micronutrient intakes in schoolchildrenâ€”is supplementation necessary?. Journal of Human Nutrition and Dietetics, 1993, 6, 373-376.	1.3	2
53	The contribution of specific dietary patterns to energy and nutrient intakes in 7â€“8â€“yearâ€“old Scottish schoolchildren. I. Milk drinking. Journal of Human Nutrition and Dietetics, 1996, 9, 5-14.	1.3	2
54	Scientific evidence and daily food for a better life: Milan, 19 June 2015. Public Health, 2016, 140, 73-79.	1.4	2

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55	Daily consumption of 100% orange juice does not increase body weight in adults: a meta-analysis of randomised controlled trials. Proceedings of the Nutrition Society, 2020, 79, .	0.4	2
56	SHORT REPORT: Suitability of revised UK reference data for the assessment of nutritional status in 7-year-old children. Journal of Human Nutrition and Dietetics, 1999, 12, 529-531.	1.3	1
57	Why is so much good dietary advice being ignored?. Nutrition Bulletin, 1999, 24, 117-121.	0.8	1
58	The role of micronutrients in healthy ageing. Nutrition and Food Science, 2011, 41, 420-429.	0.4	1
59	Red meat consumption and type 2 diabetes mellitus risk. Nutrition and Food Science, 2015, 45, 524-541.	0.4	1
60	The role of red meat in a balanced diet. Nursing Standard (Royal College of Nursing (Great Britain): Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	0.1	1
61	Antioxidant nutrientsâ€”Do they have a protective role?. Food and Chemical Toxicology, 1994, 32, 995-996.	1.8	0
62	Advances in functional fibres and carbohydrates. Nutrafoods, 2012, 11, 95-98.	0.5	0
63	Dietary approaches to promote bone health in adults. Nursing Standard (Royal College of Nursing) Tj ETQq1 1 0.784314 rgBT /Overlo	0.1	0
64	Promoting and maintaining healthy hydration in patients. Nursing Standard (Royal College of Nursing) Tj ETQq0 0 0 rgBT /Overlock 10 T	0.1	0