

# Theresa A Nicklas

## List of Publications by Year in descending order

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Version: 2024-02-01

110  
papers

3,225  
citations

236925

25  
h-index

155660

55  
g-index

110  
all docs

110  
docs citations

110  
times ranked

4186  
citing authors

#	ARTICLE	IF	CITATIONS
1	Eating patterns and obesity in children. American Journal of Preventive Medicine, 2003, 25, 9-16.	3.0	394
2	Eating Patterns, Dietary Quality and Obesity. Journal of the American College of Nutrition, 2001, 20, 599-608.	1.8	379
3	Daily energy expenditure through the human life course. Science, 2021, 373, 808-812.	12.6	234
4	Children's meal patterns have changed over a 21-year period: the Bogalusa heart study. Journal of the American Dietetic Association, 2004, 104, 753-761.	1.1	150
5	Calcium Intake Trends and Health Consequences from Childhood through Adulthood. Journal of the American College of Nutrition, 2003, 22, 340-356.	1.8	148
6	Commonly consumed protein foods contribute to nutrient intake, diet quality, and nutrient adequacy. American Journal of Clinical Nutrition, 2015, 101, 1346S-1352S.	4.7	130
7	The Role of Dairy in Meeting the Recommendations for Shortfall Nutrients in the American Diet. Journal of the American College of Nutrition, 2009, 28, 73S-81S.	1.8	107
8	Diet Quality Is Inversely Related to Cardiovascular Risk Factors in Adults <sup>3</sup> . Journal of Nutrition, 2012, 142, 2112-2118.	2.9	104
9	Maternal depression, stress and feeding styles: towards a framework for theory and research in child obesity. British Journal of Nutrition, 2015, 113, S55-S71.	2.3	91
10	Self-perceived lactose intolerance results in lower intakes of calcium and dairy foods and is associated with hypertension and diabetes in adults. American Journal of Clinical Nutrition, 2011, 94, 191-198.	4.7	85
11	Children's food consumption patterns have changed over two decades (1973-1994): the Bogalusa heart study. Journal of the American Dietetic Association, 2004, 104, 1127-1140.	1.1	81
12	Parents' perceptions of preschool children's ability to regulate eating. Feeding style differences. Appetite, 2014, 76, 166-174.	3.7	81
13	Tree Nut consumption is associated with better adiposity measures and cardiovascular and metabolic syndrome health risk factors in U.S. Adults: NHANES 2005-2010. Nutrition Journal, 2015, 14, 64.	3.4	75
14	Serum Cholesterol Levels in Children are Associated With Dietary Fat and Fatty Acid Intake. Journal of the American Dietetic Association, 2002, 102, 511-517.	1.1	72
15	Association Between 100% Juice Consumption and Nutrient Intake and Weight of Children Aged 2 to 11 Years. JAMA Pediatrics, 2008, 162, 557.	3.0	70
16	Energy compensation and adiposity in humans. Current Biology, 2021, 31, 4659-4666.e2.	3.9	63
17	A standard calculation methodology for human doubly labeled water studies. Cell Reports Medicine, 2021, 2, 100203.	6.5	62
18	Parent emotional distress and feeding styles in low-income families. The role of parent depression and parenting stress. Appetite, 2015, 92, 337-342.	3.7	59

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19	Validity and Feasibility of a Digital Diet Estimation Method for Use with Preschool Children: A Pilot Study. <i>Journal of Nutrition Education and Behavior</i> , 2012, 44, 618-623.	0.7	46
20	Snacking patterns, diet quality, and cardiovascular risk factors in adults. <i>BMC Public Health</i> , 2014, 14, 388.	2.9	46
21	Characterizing lunch meals served and consumed by pre-school children in Head Start. <i>Public Health Nutrition</i> , 2013, 16, 2169-2177.	2.2	33
22	Monounsaturated Fatty Acid Intake by Children and Adults: Temporal Trends and Demographic Differences. <i>Nutrition Reviews</i> , 2004, 62, 132-141.	5.8	30
23	Contribution of beef consumption to nutrient intake, diet quality, and food patterns in the diets of the US population. <i>Meat Science</i> , 2012, 90, 152-158.	5.5	30
24	Validity of the Remote Food Photography Method Against Doubly Labeled Water Among Minority Preschoolers. <i>Obesity</i> , 2017, 25, 1633-1638.	3.0	30
25	Impact of Commercials on Food Preferences of Low-income, Minority Preschoolers. <i>Journal of Nutrition Education and Behavior</i> , 2011, 43, 35-41.	0.7	28
26	Ethnic disparities among food sources of energy and nutrients of public health concern and nutrients to limit in adults in the United States: NHANES 2003-2006. <i>Food and Nutrition Research</i> , 2014, 58, 15784.	2.6	27
27	Differing Statistical Approaches Affect the Relation between Egg Consumption, Adiposity, and Cardiovascular Risk Factors in Adults. <i>Journal of Nutrition</i> , 2015, 145, 170S-176S.	2.9	26
28	Fit 5 Kids TV Reduction Program for Latino Preschoolers. <i>American Journal of Preventive Medicine</i> , 2016, 50, 584-592.	3.0	25
29	Development of the SoFAS (Solid Fats and Added Sugars) Concept: The 2010 Dietary Guidelines for Americans. <i>Advances in Nutrition</i> , 2015, 6, 368S-375S.	6.4	24
30	Consumption of apples is associated with a better diet quality and reduced risk of obesity in children: National Health and Nutrition Examination Survey (NHANES) 2003-2010. <i>Nutrition Journal</i> , 2015, 14, 48.	3.4	23
31	Top food sources of percentage of energy, nutrients to limit and total gram amount consumed among US adolescents: National Health and Nutrition Examination Survey 2011-2014. <i>Public Health Nutrition</i> , 2019, 22, 661-671.	2.2	22
32	Physical activity and fat-free mass during growth and in later life. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1583-1589.	4.7	22
33	Efficiency of breakfast consumption patterns of ninth graders. <i>Journal of the American Dietetic Association</i> , 2002, 102, 226-233.	1.1	21
34	Alpha Test of a Videogame to Increase Children's Vegetable Consumption. <i>Games for Health Journal</i> , 2012, 1, 219-222.	2.0	21
35	Obesity and eating disorders in integrative prevention programmes for adolescents: protocol for a systematic review and meta-analysis. <i>BMJ Open</i> , 2018, 8, e020381.	1.9	21
36	The Nutritional Role of Flavored and White Milk in the Diets of Children. <i>Journal of School Health</i> , 2013, 83, 728-733.	1.6	20

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37	The 2005 Dietary Guidelines Advisory Committee: Developing a Key Message. <i>Journal of the American Dietetic Association</i> , 2005, 105, 1418-1424.	1.1	18
38	Motivational theater to increase consumption of vegetable dishes by preschool children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 16.	4.6	18
39	Nutrient Intake, Diet Quality, and Weight Measures in Breakfast Patterns Consumed by Children Compared with Breakfast Skippers: NHANES 2001-2008. <i>AIMS Public Health</i> , 2015, 2, 441-468.	2.6	17
40	Intake of added sugars is not associated with weight measures in children 6 to 18 years: National Health and Nutrition Examination Surveys 2003â€“2006. <i>Nutrition Research</i> , 2011, 31, 338-346.	2.9	16
41	Candy Consumption Patterns, Effects on Health, and Behavioral Strategies to Promote Moderation: Summary Report of a Roundtable Discussion. <i>Advances in Nutrition</i> , 2015, 6, 139S-146S.	6.4	16
42	Sustained impact of the â€œHealthy Habits, Healthy Girls â€“ Brazilâ€“school-based randomized controlled trial for adolescents living in low-income communities. <i>Preventive Medicine Reports</i> , 2018, 10, 346-352.	1.8	16
43	Brazilian Childrenâ€™s Dietary Intake in Relation to Brazilâ€™s New Nutrition Guidelines: a Systematic Review. <i>Current Nutrition Reports</i> , 2019, 8, 145-166.	4.3	16
44	Individual, social and environmental determinants of sleep among women: protocol for a systematic review and meta-analysis. <i>BMJ Open</i> , 2017, 7, e016592.	1.9	15
45	Flavored Milk Consumers Drank More Milk and Had a Higher Prevalence of Meeting Calcium Recommendation Than Nonconsumers. <i>Journal of School Health</i> , 2017, 87, 650-657.	1.6	15
46	Breakfast consumption has no effect on neuropsychological functioning in children: a repeated-measures clinical trial. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 715-721.	4.7	14
47	Validity of a Digital Diet Estimation Method for Use with Preschool Children. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 252-260.	0.8	14
48	Nutrient Profiling: The New Environment. <i>Journal of the American College of Nutrition</i> , 2009, 28, 416S-420S.	1.8	11
49	Characterizing Dinner Meals Served and Consumed by Low-Income Preschool Children. <i>Childhood Obesity</i> , 2012, 8, 561-571.	1.5	11
50	Cooked oatmeal consumption is associated with better diet quality, better nutrient intakes, and reduced risk for central adiposity and obesity in children 2â€“18 years: NHANES 2001â€“2010. <i>Food and Nutrition Research</i> , 2015, 59, 26673.	2.6	11
51	Intergenerational Effects of Health Issues Among Women of Childbearing Age: a Review of the Recent Literature. <i>Current Nutrition Reports</i> , 2018, 7, 274-285.	4.3	11
52	Consumption of various forms of apples is associated with a better nutrient intake and improved nutrient adequacy in diets of children: National Health and Nutrition Examination Survey 2003â€“2010. <i>Food and Nutrition Research</i> , 2015, 59, 25948.	2.6	10
53	Assessing diet quality in children and adolescents. <i>Journal of the American Dietetic Association</i> , 2004, 104, 1383-1384.	1.1	9
54	Association between sleep and overweight/obesity among women of childbearing age in Canada. <i>Canadian Journal of Public Health</i> , 2018, 109, 516-526.	2.3	9

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55	Association Between Sleep Duration and Body Mass Index Among US Low-income Preschoolers. <i>Obesity</i> , 2017, 25, 1770-1775.	3.0	8
56	Nutrient intake, introduction of baby cereals and other complementary foods in the diets of infants and toddlers from birth to 23 months of age. <i>AIMS Public Health</i> , 2020, 7, 231-147.	2.6	8
57	Nutrition Professionals Are Obligated to Follow Ethical Guidelines when Conducting Industry-Funded Research. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1931-1932.	1.1	7
58	Removing Potatoes from Children's Diets May Compromise Potassium Intake. <i>Advances in Nutrition</i> , 2016, 7, 247S-253S.	6.4	7
59	Individual Correlates of Sleep Among Childbearing Age Women in Canada. <i>Behavioral Sleep Medicine</i> , 2019, 17, 634-645.	2.1	7
60	Perceptions About Health, Nutrition Knowledge, and MyPlate Food Categorization Among US Adolescents: A Qualitative Study. <i>Journal of Nutrition Education and Behavior</i> , 2021, 53, 110-119.	0.7	7
61	Total energy expenditure is repeatable in adults but not associated with short-term changes in body composition. <i>Nature Communications</i> , 2022, 13, 99.	12.8	7
62	Human total, basal and activity energy expenditures are independent of ambient environmental temperature. <i>IScience</i> , 2022, 25, 104682.	4.1	6
63	Are Energy Dense Diets Also Nutrient Dense?. <i>Journal of the American College of Nutrition</i> , 2008, 27, 553-560.	1.8	5
64	Behavioral interventions to promote adequate sleep among women: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2017, 6, 95.	5.3	5
65	Mommio's Recipe Box: Assessment of the Cooking Habits of Mothers of Preschoolers and Their Perceptions of Recipes for a Video Game. <i>JMIR Serious Games</i> , 2017, 5, e20.	3.1	5
66	Predicting habits of vegetable parenting practices to facilitate the design of change programmes. <i>Public Health Nutrition</i> , 2016, 19, 1976-1982.	2.2	4
67	Assessing Feedback in a Mobile Videogame. <i>Games for Health Journal</i> , 2016, 5, 203-208.	2.0	4
68	Associations Among Sleep, Body Mass Index, Waist Circumference, and Risk of Type 2 Diabetes Among U.S. Childbearing-Age Women: National Health and Nutrition Examination Survey. <i>Journal of Women's Health</i> , 2018, 27, 1400-1407.	3.3	4
69	Parents' Qualitative Perspectives on Child Asking for Fruit and Vegetables. <i>Nutrients</i> , 2017, 9, 575.	4.1	3
70	Beliefs of women of childbearing age on healthy sleep habits: a reasoned action approach elicitation study. <i>Women and Health</i> , 2021, 61, 751-762.	1.0	2
71	Rice consumption is associated with better nutrient intake and diet quality in adults: National Health and Nutrition Examination Survey (NHANES) 2005-2010. <i>FASEB Journal</i> , 2013, 27, 847.14.	0.5	2
72	Relationship of added sugars intakes with physiologic parameters in adults: an analysis of national health and nutrition examination survey 2001-2012. <i>AIMS Public Health</i> , 2020, 7, 450-468.	2.6	2

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73	Smart Phone Video Game Simulation of Parent-Child Interaction. <i>Advances in Healthcare Information Systems and Administration Book Series</i> , 0, , 247-264.	0.2	2
74	Association between barriers and facilitators to meeting the Dietary Guidelines for Americans and body weight status of caregiverâ€“child dyads: the Healthy Eating and Lifestyle for Total Health Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 143-154.	4.7	1
75	Fiber consumption and metabolic syndrome in adults: Results from NHANES 1999â€“2004. <i>FASEB Journal</i> , 2009, 23, LB491.	0.5	1
76	Modeling dietary fiber intakes in U.S. adults in National Health and Nutrition Examination Survey (NHANES) 2003â€“2006. <i>FASEB Journal</i> , 2010, 24, 745.1.	0.5	1
77	Foreword. <i>Advances in Nutrition</i> , 2016, 7, 209S-210S.	6.4	0
78	The Women, Infants, and Children Food Package and 100% Fruit Juice. <i>JAMA Pediatrics</i> , 2017, 171, 197.	6.2	0
79	Dietary patterns and depressive mood in a multiethnic representative sample of Texas eighth graders. <i>FASEB Journal</i> , 2007, 21, A116.	0.5	0
80	READY TO EAT CEREAL (RTEC) CONSUMPTION POSITIVELY AFFECTS TOTAL DAILY NUTRIENT INTAKES IN HISPANIC CHILDREN AND ADOLESCENTS.. <i>FASEB Journal</i> , 2007, 21, A683.	0.5	0
81	READY TO EAT CEREAL (RTEC) BREAKFAST CONSUMPTION IMPROVES NUTRIENT INTAKE STATUS IN AFRICAN AMERICAN CHILDREN AND ADOLESCENTS.. <i>FASEB Journal</i> , 2007, 21, A710.	0.5	0
82	Energy intake from foods and beverages consumed between meals by adolescents ages 12â€“18 years: NHANES, 1999â€“2004. <i>FASEB Journal</i> , 2008, 22, 875.2.	0.5	0
83	The impact of dairy and sweetened beverage consumption on diet quality, nutrient intake, and weight of a multiâ€“ethnic population of Head Start mothers. <i>FASEB Journal</i> , 2008, 22, 1085.1.	0.5	0
84	Caregiversâ€™ attitudes regarding portion size served to Head Start children. <i>FASEB Journal</i> , 2008, 22, 681.2.	0.5	0
85	The association of ready to eat cereal (RTEC) at breakfast with diet quality and adiposity in Africanâ€“American (AA) and Hispanicâ€“American (HA) children 1 to 18 years: Results from NHANES, 1999â€“2002. <i>FASEB Journal</i> , 2008, 22, 1085.2.	0.5	0
86	Validation of the use of digital photography for estimating portion sizes. <i>FASEB Journal</i> , 2008, 22, 452.1.	0.5	0
87	The CDC and IOTF cut points show inconsistent prevalence of underweight and overweight in Chinese, Indonesian, and Vietnamese children. <i>FASEB Journal</i> , 2009, 23, 916.13.	0.5	0
88	The association of preâ€“sweetened (PS) or nonâ€“PS (NPS) ready to eat cereal (RTEC) or other breakfast (OB) with nutrient intake, diet quality, and body weight measures of children and adolescents aged 9 to 18 years: NHANES 1999â€“2002. <i>FASEB Journal</i> , 2009, 23, 551.11.	0.5	0
89	Whole grain consumption and body weight measures in children and adolescents: Results from NHANES 1999â€“2004. <i>FASEB Journal</i> , 2009, 23, 551.5.	0.5	0
90	Whole grain consumption in adults: Results from NHANES 1999â€“2004. <i>FASEB Journal</i> , 2009, 23, 551.15.	0.5	0

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91	A comparison of nutrient density scores for orange vegetables: A call for inter- and intra-group variety when recommending vegetable intake. FASEB Journal, 2009, 23, 551.13.	0.5	0
92	The effect of whole grain consumption (WG) on diet quality and Healthy Eating Index (HEI) scores in children aged 1 to 18 years: Results from NHANES 1999-2004. FASEB Journal, 2009, 23, 551.14.	0.5	0
93	Nutritional Contribution of Lean Beef in Diets of Children (9-13 Years): National Health and Nutrition Examination Survey, 1999-2004. FASEB Journal, 2009, 23, LB470.	0.5	0
94	Dietary & health predictors associated with overweight & obesity in young adults: the Bogalusa Heart Study. FASEB Journal, 2009, 23, 551.25.	0.5	0
95	The impact of dairy and sweetened beverage consumption on diet and weight of a multi-ethnic population of Head Start mothers. FASEB Journal, 2009, 23, .	0.5	0
96	Snacking is associated with reduced risk for overweight and reduced abdominal obesity in adolescents aged 12-18 years: NHANES, 1999-2004. FASEB Journal, 2009, 23, 550.5.	0.5	0
97	Snacking is associated with improved Healthy Eating Index (HEI-2005) scores in adolescents aged 12-18 years: NHANES, 1999-2004. FASEB Journal, 2009, 23, 912.12.	0.5	0
98	Improved diet quality, nutrient intake, and health associated with out-of-hand tree nut consumption in U.S. Adults: NHANES 1999-2004. FASEB Journal, 2010, 24, 324.4.	0.5	0
99	Determining BMI cut points based on excess percent body fat in US children and adolescents. FASEB Journal, 2010, 24, 221.8.	0.5	0
100	Orange juice consumption is associated with better diet quality in both children and adults and with lower risk of being overweight/obese in adults: An analysis of NHANES 2003-2006. FASEB Journal, 2011, 25, 783.3.	0.5	0
101	Energy and nutrient contribution and diet quality of breakfast patterns in children 2-18: National Health and Nutrition Examination Survey 2001-2008. FASEB Journal, 2012, 26, 645.1.	0.5	0
102	Snacking is Associated with Better Diet Quality and Reduced Risk of Overweight and Abdominal Obesity in Children. FASEB Journal, 2012, 26, 1011.10.	0.5	0
103	Candy consumption in childhood is not predictive of cardiovascular risk factors in young adults-The Bogalusa Heart Study. FASEB Journal, 2013, 27, 622.25.	0.5	0
104	Tree nut consumption is associated with better diet quality, nutrient intake of select nutrients, and better measures of some cardiovascular risk factors (CVRF): National Health and Nutrition Examination Survey (NHANES) 2005-2010. FASEB Journal, 2013, 27, .	0.5	0
105	Relationship between egg consumption patterns and nutrient intake, diet quality, weight measures, and cardiovascular risk factors (CVRF)-2001-2008 NHANES. FASEB Journal, 2013, 27, 622.24.	0.5	0
106	Current intake of animal and vegetable protein in the US: What We Eat In America (WWEIA)/National Health and Nutrition Examination Survey (NHANES), 2007-2010. FASEB Journal, 2013, 27, 1075.13.	0.5	0
107	Differing effects of statistical approaches to assess the relationship between egg consumption patterns and adiposity using data from 2001-2008 NHANES. FASEB Journal, 2013, 27, 622.14.	0.5	0
108	Weekend intake is associated with poorer diet quality, and increased intake energy and nutrients to limit and poorer food choices in adults: National Health and Nutrition Examination Survey 2001-2008 (1023.4). FASEB Journal, 2014, 28, 1023.4.	0.5	0

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109	Barriers and Facilitators for Adherence to Physical Activity Recommendations among Adults and Children in a Multi-Site Cross-Sectional Study. , 0, , 18-30.		0
110	Avoidance of dairy products: implications for nutrient adequacy and health. The Canadian Nurse, 2012, 108, 1 p following toc.	0.0	0