Yoshiaki Tanaka

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effect of skipping breakfast for 6 days on energy metabolism and diurnal rhythm of blood glucose in young healthy Japanese males. American Journal of Clinical Nutrition, 2019, 110, 41-52.	4.7	35
2	Changes in sleeping energy metabolism and thermoregulation during menstrual cycle. Physiological Reports, 2020, 8, e14353.	1.7	29
3	Subacute Ingestion of Caffeine and Oolong Tea Increases Fat Oxidation without Affecting Energy Expenditure and Sleep Architecture: A Randomized, Placebo-Controlled, Double-Blinded Cross-Over Trial. Nutrients, 2020, 12, 3671.	4.1	17
4	Effect of a single bout of exercise on clock gene expression in human leukocyte. Journal of Applied Physiology, 2020, 128, 847-854.	2.5	17
5	Skipping Breakfast for 6 Days Delayed the Circadian Rhythm of the Body Temperature without Altering Clock Gene Expression in Human Leukocytes. Nutrients, 2020, 12, 2797.	4.1	16
6	The clinical course and potential underlying mechanisms of everolimus-induced hyperglycemia. Endocrine Journal, 2019, 66, 615-620.	1.6	11
7	Effects of exercise before breakfast on plasma free fatty acid profile and 24-h fat oxidation. Metabolism Open, 2020, 8, 100067.	2.9	7
8	Effect of a single bout of morning or afternoon exercise on glucose fluctuation in young healthy men. Physiological Reports, 2021, 9, e14784.	1.7	7
9	Metabolic flexibility during sleep. Scientific Reports, 2021, 11, 17849.	3.3	4
10	Effects of eicosapentaenoic acid on serum levels of selenoprotein P and organâ€specific insulin sensitivity in humans with dyslipidemia and type 2 diabetes. Journal of Diabetes Investigation, 2021, , .	2.4	2
11	Novel Equations to Estimate Resting Energy Expenditure during Sitting and Sleeping. Annals of Nutrition and Metabolism, 2021, 77, 159-167.	1.9	1