

# Shuwan Chang

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9597885/publications.pdf>

Version: 2024-02-01

9  
papers

153  
citations

1477746

6  
h-index

1473754

9  
g-index

9  
all docs

9  
docs citations

9  
times ranked

125  
citing authors

#	ARTICLE	IF	CITATIONS
1	Cross-sectional study of depression tendency and sleep quality in 1352 people practicing Tai Chi. <i>Research in Sports Medicine</i> , 2023, 31, 650-662.	0.7	3
2	Effect of Tai Chi on depression symptoms and sleep quality among older adult women after exercise cessation. <i>Research in Sports Medicine</i> , 2021, 29, 395-405.	0.7	22
3	Effects of whole-body vibration training with the same amplitude and different frequencies on the proximal femoral bone density in elderly women. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 923-927.	0.4	8
4	Extracorporeal shock wave therapy for isokinetic muscle strength around the knee joint in athletes with patellar tendinopathy. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 822-827.	0.4	17
5	Effects of different exercise methods at the same intensity on bone mineral density of lumbar vertebrae and proximal femur in elderly women. <i>Medicina Dello Sport</i> , 2019, 72, .	0.1	5
6	Effects of different periods of Tai Chi exercise on the kinesthesia of the lower limb joints of elderly women. <i>Research in Sports Medicine</i> , 2017, 25, 462-469.	0.7	22
7	Effect of 1-year regular Tai Chi on neuromuscular reaction in elderly women: a randomized controlled study. <i>Research in Sports Medicine</i> , 2016, 24, 145-156.	0.7	23
8	Effects of 24-week Tai Chi exercise on the knee and ankle proprioception of older women. <i>Research in Sports Medicine</i> , 2016, 24, 84-93.	0.7	30
9	Effects of 24 weeks of Tai Chi Exercise on Postural Control among Elderly Women. <i>Research in Sports Medicine</i> , 2015, 23, 302-314.	0.7	23