Shuwan Chang

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9597885/publications.pdf

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		1477746	1473754
9	153	6	9
papers	citations	h-index	g-index
9	9	9	125
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Effects of 24-week Tai Chi exercise on the knee and ankle proprioception of older women. Research in Sports Medicine, 2016, 24, 84-93.	0.7	30
2	Effects of 24 weeks of Tai Chi Exercise on Postural Control among Elderly Women. Research in Sports Medicine, 2015, 23, 302-314.	0.7	23
3	Effect of 1-year regular Tai Chi on neuromuscular reaction in elderly women: a randomized controlled study. Research in Sports Medicine, 2016, 24, 145-156.	0.7	23
4	Effects of different periods of Tai Chi exercise on the kinesthesia of the lower limb joints of elderly women. Research in Sports Medicine, 2017, 25, 462-469.	0.7	22
5	Effect of Tai Chi on depression symptoms and sleep quality among older adult women after exercise cessation. Research in Sports Medicine, 2021, 29, 395-405.	0.7	22
6	Extracorporeal shock wave therapy for isokinetic muscle strength around the knee joint in athletes with patellar tendinopathy. Journal of Sports Medicine and Physical Fitness, 2019, 59, 822-827.	0.4	17
7	Effects of whole-body vibration training with the same amplitude and different frequencies on the proximal femoral bone density in elderly women. Journal of Sports Medicine and Physical Fitness, 2021, 61, 923-927.	0.4	8
8	Effects of different exercise methods at the same intensity on bone mineral density of lumbar vertebrae and proximal femur in elderly women. Medicina Dello Sport, 2019, 72, .	0.1	5
9	Cross-sectional study of depression tendency and sleep quality in 1352 people practicing Tai Chi. Research in Sports Medicine, 2023, 31, 650-662.	0.7	3