

Dominika Kwasnicka

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9586266/publications.pdf>

Version: 2024-02-01

54
papers

2,226
citations

516215

16
h-index

243296

44
g-index

58
all docs

58
docs citations

58
times ranked

2915
citing authors

#	ARTICLE	IF	CITATIONS
1	Theoretical explanations for maintenance of behaviour change: a systematic review of behaviour theories. <i>Health Psychology Review</i> , 2016, 10, 277-296.	4.4	851
2	Health and social determinants and outcomes of home cooking: A systematic review of observational studies. <i>Appetite</i> , 2017, 111, 116-134.	1.8	193
3	Does planning how to cope with anticipated barriers facilitate health-related behaviour change? A systematic review. <i>Health Psychology Review</i> , 2013, 7, 129-145.	4.4	188
4	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016, 31, 814-839.	1.2	159
5	Dyadic interventions to promote physical activity and reduce sedentary behaviour: systematic review and meta-analysis. <i>Health Psychology Review</i> , 2019, 13, 91-109.	4.4	105
6	Challenges and solutions for N-of-1 design studies in health psychology. <i>Health Psychology Review</i> , 2019, 13, 163-178.	4.4	95
7	Data-prompted interviews: Using individual ecological data to stimulate narratives and explore meanings.. <i>Health Psychology</i> , 2015, 34, 1191-1194.	1.3	85
8	“It’s not a diet, it’s a lifestyle”: a longitudinal, data-prompted interview study of weight loss maintenance. <i>Psychology and Health</i> , 2019, 34, 963-982.	1.2	52
9	Habit formation following routine-based versus time-based cue planning: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2021, 26, 807-824.	1.9	41
10	N-of-1 study of weight loss maintenance assessing predictors of physical activity, adherence to weight loss plan and weight change. <i>Psychology and Health</i> , 2017, 32, 686-708.	1.2	39
11	N-of-1 methods: A practical guide to exploring trajectories of behaviour change and designing precision behaviour change interventions. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101570.	1.1	30
12	The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , 2015, 16, 421.	0.7	26
13	Developing habit-based health behaviour change interventions: twenty-one questions to guide future research. <i>Psychology and Health</i> , 2023, 38, 518-540.	1.2	26
14	Protocol for a gender-sensitised weight loss and healthy living programme for overweight and obese men delivered in Australian football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e022663.	0.8	22
15	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial. <i>PLoS Medicine</i> , 2020, 17, e1003136.	3.9	22
16	Health and well-being of rotation workers in the mining, offshore oil and gas, and construction industry: a systematic review. <i>BMJ Global Health</i> , 2021, 6, e005112.	2.0	22
17	Increasing walking among older people: A test of behaviour change techniques using factorial randomised N-of-1 trials. <i>Psychology and Health</i> , 2016, 31, 313-330.	1.2	21
18	The Use and Promise of Conversational Agents in Digital Health. <i>Yearbook of Medical Informatics</i> , 2021, 30, 191-199.	0.8	19

#	ARTICLE	IF	CITATIONS
19	Enhancing the translation of health behaviour change research into practice: a selective conceptual review of the synergy between implementation science and health psychology. <i>Health Psychology Review</i> , 2022, 16, 22-49.	4.4	17
20	White Paper: Open Digital Health – accelerating transparent and scalable health promotion and treatment. <i>Health Psychology Review</i> , 2022, 16, 475-491.	4.4	16
21	Comparing motivational, self-regulatory and habitual processes in a computer-tailored physical activity intervention in hospital employees - protocol for the PATHS randomised controlled trial. <i>BMC Public Health</i> , 2017, 17, 518.	1.2	15
22	Support needs of patients with obesity in primary care: a practice-list survey. <i>BMC Family Practice</i> , 2018, 19, 6.	2.9	14
23	Systematic review of ecological momentary assessment (EMA) studies of five public health-related behaviours: review protocol. <i>BMJ Open</i> , 2021, 11, e046435.	0.8	13
24	Proposing a new approach to funding behavioural interventions using iterative methods. <i>Psychology and Health</i> , 2021, 36, 787-791.	1.2	12
25	Effect of routinely assessing and addressing depression and diabetes distress on clinical outcomes among adults with type 2 diabetes: a systematic review. <i>BMJ Open</i> , 2022, 12, e054650.	0.8	12
26	Emerging digital technologies in cancer treatment, prevention, and control. <i>Translational Behavioral Medicine</i> , 2021, 11, 2009-2017.	1.2	11
27	Changing healthcare professionals' non-reflective processes to improve the quality of care. <i>Social Science and Medicine</i> , 2022, 298, 114840.	1.8	11
28	Setting performance and learning goals is useful for active and inactive individuals, if goals are personalized and flexible: commentary on Swann et al. (2020). <i>Health Psychology Review</i> , 2021, 15, 51-55.	4.4	10
29	The Relationship between Compulsive Exercise, Self-Esteem, Body Image and Body Satisfaction in Women: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1857.	1.2	9
30	Estimating cut points: A simple method for new wearables. <i>Maturitas</i> , 2016, 83, 78-82.	1.0	8
31	Promoting scientific integrity through open science in health psychology: results of the Synergy Expert Meeting of the European health psychology society. <i>Health Psychology Review</i> , 2021, 15, 333-349.	4.4	8
32	We're all in this together: recommendations from the Society of Behavioral Medicine's Open Science Working Group. <i>Translational Behavioral Medicine</i> , 2021, 11, 693-698.	1.2	8
33	Theory-based digital intervention to promote weight loss and weight loss maintenance (Choosing) <i>Tj ETQq1 1 0.784314 rgBT7/Overlook</i>	0.8	7
34	The Aussie-FIT process evaluation: feasibility and acceptability of a weight loss intervention for men, delivered in Australian Football League settings. <i>Psychology and Health</i> , 2022, 37, 470-489.	1.2	7
35	Supporting the transition from weight loss to maintenance: development and optimisation of a face-to-face behavioural intervention component. <i>Health Psychology and Behavioral Medicine</i> , 2017, 5, 66-84.	0.8	6
36	An <i>Nofa</i> study of daily alcohol consumption following minimum unit pricing implementation in Scotland. <i>Addiction</i> , 2021, 116, 1725-1733.	1.7	6

#	ARTICLE	IF	CITATIONS
37	Effect of routinely assessing and addressing depression and diabetes distress using patient-reported outcome measures in improving outcomes among adults with type 2 diabetes: a systematic review protocol. <i>BMJ Open</i> , 2021, 11, e044888.	0.8	6
38	Mental Well-Being during COVID-19: A Cross-Sectional Study of Fly-In Fly-Out Workers in the Mining Industry in Australia. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12264.	1.2	6
39	Effectiveness of Adult Health Promotion Interventions Delivered Through Professional Sport: Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2022, 52, 2637-2655.	3.1	5
40	Hand Washing and Related Cognitions Following a Brief Behavior Change Intervention During the COVID-19 Pandemic: a Pre-Post Analysis. <i>International Journal of Behavioral Medicine</i> , 2022, 29, 575-586.	0.8	4
41	The H2020 "NoHoW Project": A Position Statement on Behavioural Approaches to Longer-Term Weight Management. <i>Obesity Facts</i> , 2021, 14, 246-258.	1.6	3
42	What helps to form a healthy nutrition habit? Daily associations of intrinsic reward, anticipated regret, and self-efficacy with automaticity. <i>Appetite</i> , 2022, , 106083.	1.8	3
43	Using N-of-1 Methods to Explore Habit Formation. , 2018, , 231-245.		2
44	Active Women over 50 online information and support to promote physical activity behaviour change: study protocol for a pilot trial. <i>Pilot and Feasibility Studies</i> , 2020, 6, 91.	0.5	2
45	Identifying as someone who avoids virus transmission strengthens physical distancing habit-behaviour relationships: A longitudinal multi-national study during the COVID-19 pandemic. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1464-1482.	1.6	2
46	Acceptability and feasibility of an online physical activity program for women over 50: a pilot trial. <i>Translational Behavioral Medicine</i> , 2022, 12, 225-236.	1.2	1
47	Barriers and enablers to sustaining self-management behaviours after completing a self-management support intervention for type 2 diabetes: a protocol for a systematic review and qualitative evidence synthesis. <i>HRB Open Research</i> , 2021, 4, 129.	0.3	1
48	Using practical health psychology approaches in your rheumatology practice. <i>Rheumatology Advances in Practice</i> , 2020, 4, rkaa026.	0.3	0
49	Title is missing!. , 2020, 17, e1003136.		0
50	Title is missing!. , 2020, 17, e1003136.		0
51	Title is missing!. , 2020, 17, e1003136.		0
52	Title is missing!. , 2020, 17, e1003136.		0
53	An Intervention Mapping Study: Developing the Choosing Health digital weight loss and maintenance intervention (Preprint). <i>Journal of Medical Internet Research</i> , 0, , .	2.1	0
54	Barriers and enablers to sustaining self-management behaviours after attending a self-management support intervention for type 2 diabetes: a protocol for a systematic review and qualitative evidence synthesis. <i>HRB Open Research</i> , 0, 4, 129.	0.3	0