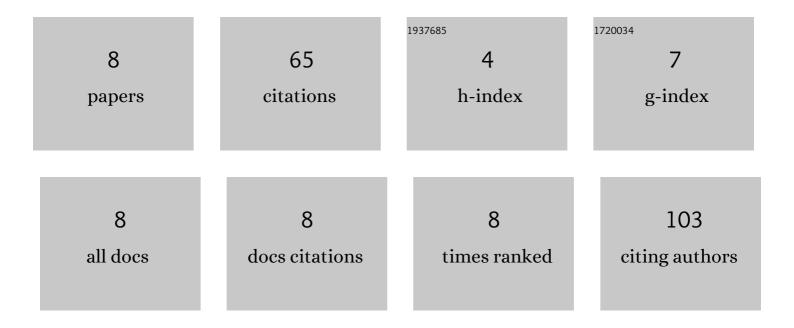
Amir Sarshin

List of Publications by Year in descending order

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AMID SADSHIN

#	Article	IF	CITATIONS
1	Caffeine and sodium bicarbonate supplementation alone or together improve karate performance. Journal of the International Society of Sports Nutrition, 2019, 16, 44.	3.9	21
2	The effects of varying doses of caffeine on cardiac parasympathetic reactivation following an acute bout of anaerobic exercise in recreational athletes. Journal of the International Society of Sports Nutrition, 2020, 17, 44.	3.9	14
3	Short-term co-ingestion of creatine and sodium bicarbonate improves anaerobic performance in trained taekwondo athletes. Journal of the International Society of Sports Nutrition, 2021, 18, 10.	3.9	13
4	Acute effects of beetroot juice and caffeine co-ingestion during a team-sport-specific intermittent exercise test in semi-professional soccer players: a randomized, double-blind, placebo-controlled study. BMC Sports Science, Medicine and Rehabilitation, 2022, 14, 52.	1.7	7
5	Effects of Beetroot Juice Supplementation on Cognitive Function, Aerobic and Anaerobic Performances of Trained Male Taekwondo Athletes: A Pilot Study. International Journal of Environmental Research and Public Health, 2021, 18, 10202.	2.6	6
6	Effects of two different doses of carbohydrate ingestion on taekwondo-related performance during a simulated tournament. Journal of the International Society of Sports Nutrition, 2021, 18, 40.	3.9	3
7	Muscle Carnosine Concentration with the Co-Ingestion of Carbohydrate with β-alanine in Male Rats. Journal of Dietary Supplements, 2017, 14, 373-379.	2.6	1
8	The acute caffeine ingestion improved performance during traditional and clusterâ€based resistance training models in resistanceâ€trained male athletes. FASEB Journal, 2021, 35, .	0.5	0