

Amir Sarshin

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9572302/publications.pdf>

Version: 2024-02-01

8
papers

65
citations

1937685

4
h-index

1720034

7
g-index

8
all docs

8
docs citations

8
times ranked

103
citing authors

#	ARTICLE	IF	CITATIONS
1	Caffeine and sodium bicarbonate supplementation alone or together improve karate performance. <i>Journal of the International Society of Sports Nutrition</i> , 2019, 16, 44.	3.9	21
2	The effects of varying doses of caffeine on cardiac parasympathetic reactivation following an acute bout of anaerobic exercise in recreational athletes. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 44.	3.9	14
3	Short-term co-ingestion of creatine and sodium bicarbonate improves anaerobic performance in trained taekwondo athletes. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 10.	3.9	13
4	Acute effects of beetroot juice and caffeine co-ingestion during a team-sport-specific intermittent exercise test in semi-professional soccer players: a randomized, double-blind, placebo-controlled study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022, 14, 52.	1.7	7
5	Effects of Beetroot Juice Supplementation on Cognitive Function, Aerobic and Anaerobic Performances of Trained Male Taekwondo Athletes: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10202.	2.6	6
6	Effects of two different doses of carbohydrate ingestion on taekwondo-related performance during a simulated tournament. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 40.	3.9	3
7	Muscle Carnosine Concentration with the Co-Ingestion of Carbohydrate with β -alanine in Male Rats. <i>Journal of Dietary Supplements</i> , 2017, 14, 373-379.	2.6	1
8	The acute caffeine ingestion improved performance during traditional and cluster-based resistance training models in resistance-trained male athletes. <i>FASEB Journal</i> , 2021, 35, .	0.5	0