List of Publications by Year in descending order

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| # | Article | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Beyond Stress: Altered Sleep-Wake Patterns are a Key Behavioral Risk Factor for Acute Insomnia During Times of Crisis. Behavioral Sleep Medicine, 2023, 21, 208-225. | 1.1 | 2 |
| 2 | Strange themes in pandemic dreams: Insomnia was associated with more negative, anxiousÂand deathâ€related dreams during the <scp>COVID</scp> â€19 pandemic. Journal of Sleep Research, 2023, 32, . | 1.7 | 6 |
| 3 | The independent effects of sleep deprivation and sleep fragmentation on processing of emotional information. Behavioural Brain Research, 2022, 424, 113802. | 1.2 | 8 |
| 4 | Medicinal seeds Ziziphus spinosa for insomnia: A randomized, placebo-controlled, cross-over, feasibility clinical trial. Complementary Therapies in Medicine, 2021, 57, 102657. | 1.3 | 5 |
| 5 | Poor Sleep Quality and Its Relationship with Individual Characteristics, Personal Experiences and Mental Health during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2021, 18, 6030. | 1.2 | 28 |
| 6 | A Systematic Review of Sleep Associations in Parents and Children. Journal of Child and Family Studies, 2021, 30, 2276-2288. | 0.7 | 13 |
| 7 | Younger people are more vulnerable to stress, anxiety and depression during COVID-19 pandemic: A global cross-sectional survey. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2021, 109, 110236. | 2.5 | 398 |
| 8 | A Randomized Controlled Trial to Examine the Feasibility and Preliminary Efficacy of a Digital Mindfulness-Based Therapy for Improving Insomnia Symptoms. Mindfulness, 2021, 12, 2460-2472. | 1.6 | 15 |
| 9 | Wake up psychology! Postgraduate psychology students need more sleep and insomnia education. Australian Psychologist, 2021, 56, 485-498. | 0.9 | 13 |
| 10 | The impact of aging on driving performance in patients with untreated obstructive sleep apnea. Sleep Health, 2021, 7, 652-660. | 1.3 | 1 |
| 11 | Pre-existing and post-pandemic insomnia symptoms are associated with high levels of stress, anxiety, and depression globally during the COVID-19 pandemic. Journal of Clinical Sleep Medicine, 2021, 17, 2085-2097. | 1.4 | 44 |
| 12 | A field investigation of the relationship between rotating shifts, sleep, mental health and physical activity of Australian paramedics. Scientific Reports, 2021, 11, 866. | 1.6 | 21 |
| 13 | Prevalence of sleep-disordered breathing in people with tetraplegia—a systematic review and meta-analysis. Spinal Cord, 2021, 59, 474-484. | 0.9 | 18 |
| 14 | Does continuous positive airways pressure treatment improve clinical depression in obstructive sleep apnea? A randomized waitâ€list controlled study. Depression and Anxiety, 2021, 38, 498-507. | 2.0 | 10 |
| 15 | Understanding the Impact of the COVID-19 Pandemic, Lockdowns and Social Isolation on Sleep Quality. Nature and Science of Sleep, 2021, Volume 13, 2053-2064. | 1.4 | 25 |
| 16 | A Cluster Analysis of Sleep Quality, Self-Care Behaviors, and Mental Health Risk in Australian University Students. Behavioral Sleep Medicine, 2020, 18, 309-320. | 1.1 | 34 |
| 17 | Obstructive sleep apnea, cognition and Alzheimer's disease: A systematic review integrating three decades of multidisciplinary research. Sleep Medicine Reviews, 2020, 50, 101250. | 3.8 | 182 |
| 18 | Treating subclinical and clinical symptoms of insomnia with a mindfulness-based smartphone application: A pilot study. Internet Interventions, 2020, 21, 100335. | 1.4 | 17 |

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|----|--|-----|-----------|
| 19 | Severe Obstructive Sleep Apnea Is Associated with Higher Brain Amyloid Burden: A Preliminary PET Imaging Study. Journal of Alzheimer's Disease, 2020, 78, 611-617. | 1.2 | 29 |
| 20 | <p>Examining Sleep and Mood in Parents of Children with Sleep Disturbances</p> . Nature and Science of Sleep, 2020, Volume 12, 865-874. | 1.4 | 19 |
| 21 | Interleukin-6 (IL-6) response to a simulated night-shift schedule is modulated by brain-derived neurotrophic factor (BDNF) genotype. Chronobiology International, 2020, 37, 1452-1456. | 0.9 | 3 |
| 22 | Integrity of Multiple Memory Systems in Individuals With Untreated Obstructive Sleep Apnea. Frontiers in Neuroscience, 2020, 14, 580. | 1.4 | 3 |
| 23 | Sleep and Mental Health among Paramedics from Australia and Saudi Arabia: A Comparison Study. Clocks & Sleep, 2020, 2, 246-257. | 0.9 | 20 |
| 24 | >Does Nasal Obstruction Induce Obstructive Sleep Apnea in Healthy Women?. Nature and Science of Sleep, 2020, Volume 12, 347-355. | 1.4 | 0 |
| 25 | Assessing the validity of eyelid parameters to detect impairment due to benzodiazepines. Human Psychopharmacology, 2020, 35, e2723. | 0.7 | 6 |
| 26 | The relationship between shift-work, sleep, and mental health among paramedics in Australia. Sleep Health, 2020, 6, 330-337. | 1.3 | 64 |
| 27 | New insights into the cognitive effects of sleep deprivation by decomposition of a cognitive throughput task. Sleep, 2020, 43, . | 0.6 | 18 |
| 28 | Sleep education for healthcare providers: Addressing deficient sleep in Australia and New Zealand. Sleep Health, 2020, 6, 636-650. | 1.3 | 44 |
| 29 | Autobiographical Memory From Different Life Stages in Individuals With Obstructive Sleep Apnea. Journal of the International Neuropsychological Society, 2019, 25, 266-274. | 1.2 | 14 |
| 30 | Cross-sectional examination of gender differences in depression and anxiety symptoms in patients with obstructive sleep apnea. Sleep and Biological Rhythms, 2019, 17, 455-458. | 0.5 | 6 |
| 31 | Dreaming of the good old days: sleep in older adults. Journal of Pharmacy Practice and Research, 2019, 49, 209-211. | 0.5 | 3 |
| 32 | Narrative review: Do spontaneous eye blink parameters provide a useful assessment of state drowsiness?. Sleep Medicine Reviews, 2019, 45, 95-104. | 3.8 | 44 |
| 33 | Clinical depression in untreated obstructive sleep apnea: examining predictors and a meta-analysis of prevalence rates. Sleep Medicine, 2019, 62, 22-28. | 0.8 | 35 |
| 34 | Four days of simulated shift work reduces insulin sensitivity in humans. Acta Physiologica, 2018, 223, e13039. | 1.8 | 48 |
| 35 | Driver education: Enhancing knowledge of sleep, fatigue and risky behaviour to improve decision making in young drivers. Accident Analysis and Prevention, 2018, 112, 77-83. | 3.0 | 40 |
| 36 | Mood disorders are highly prevalent in patients investigated with a multiple sleep latency test. Sleep and Breathing, 2018, 22, 305-309. | 0.9 | 4 |

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|----|---|-----|-----------|
| 37 | The Effects of Experimental Sleep Fragmentation and Sleep Deprivation on the Response of the Genioglossus Muscle to Inspiratory Resistive Loads. Journal of Clinical Sleep Medicine, 2018, 14, 715-724. | 1.4 | 5 |
| 38 | The Differential Effects of Regular Shift Work and Obstructive Sleep Apnea on Sleepiness, Mood and Neurocognitive Function. Journal of Clinical Sleep Medicine, 2018, 14, 941-951. | 1.4 | 17 |
| 39 | Neurobehavioral Impairment and CPAP Treatment Response in Mild-Moderate Obstructive Sleep Apnea. Journal of Clinical Sleep Medicine, 2018, 14, 47-56. | 1.4 | 38 |
| 40 | Motor Vehicle Driving After Cardiac Surgery Via a Median Sternotomy: Mechanical and Cognitive Considerations. Heart Lung and Circulation, 2018, 27, S511-S512. | 0.2 | 1 |
| 41 | Exploring gene expression biomarker candidates for neurobehavioral impairment from total sleep deprivation. BMC Genomics, 2018, 19, 341. | 1.2 | 18 |
| 42 | Reciprocal relationships between daily sleep and mood: A systematic review of naturalistic prospective studies. Sleep Medicine Reviews, 2018, 42, 47-58. | 3.8 | 141 |
| 43 | The cognitive and neurobiological effects of obstructive sleep apnea. , 2018, , 443-460. | | 0 |
| 44 | Sleep Quality in Adolescents With Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME). Journal of Clinical Sleep Medicine, 2017, 13, 1057-1066. | 1.4 | 16 |
| 45 | Prolonged Eyelid Closure Episodes during Sleep Deprivation in Professional Drivers. Journal of Clinical Sleep Medicine, 2016, 12, 1099-1103. | 1.4 | 19 |
| 46 | Autobiographical memory impairment in obstructive sleep apnea patients with and without depressive symptoms. Journal of Sleep Research, 2016, 25, 605-611. | 1.7 | 5 |
| 47 | The utility of automated measures of ocular metrics for detecting driver drowsiness during extended wakefulness. Accident Analysis and Prevention, 2016, 87, 127-133. | 3.0 | 55 |
| 48 | A systematic review of acupuncture for sleep quality in people with insomnia. Complementary Therapies in Medicine, 2016, 26, 11-20. | 1.3 | 84 |
| 49 | Slow eyelid closure as a measure of driver drowsiness and its relationship to performance. Traffic Injury Prevention, 2016, 17, 251-257. | 0.6 | 35 |
| 50 | Feedback Blunting: Total Sleep Deprivation Impairs Decision Making that Requires Updating Based on Feedback. Sleep, 2015, 38, 745-754. | 0.6 | 97 |
| 51 | Who Needs Sleep Apnea Treatment for Safety Critical Tasks—Are We There Yet?. Sleep, 2015, 38, 331-332. | 0.6 | 1 |
| 52 | Sleep quality and the treatment of intestinal microbiota imbalance in Chronic Fatigue Syndrome: A pilot study. Sleep Science, 2015, 8, 124-133. | 0.4 | 48 |
| 53 | Efficacy of sleep position modification to treat positional obstructive sleep apnea. Sleep Medicine, 2015, 16, 545-552. | 0.8 | 34 |
| 54 | Chronic sleep difficulties in non-depressed young women: a longitudinal population-based investigation. Sleep Medicine, 2015, 16, 1116-1122. | 0.8 | 5 |

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|----|--|-----|-----------|
| 55 | Deterioration in Driving Performance During Sleep Deprivation Is Similar in Professional and Nonprofessional Drivers. Traffic Injury Prevention, 2014, 15, 132-137. | 0.6 | 17 |
| 56 | Specific sleepiness symptoms are indicators of performance impairment during sleep deprivation. Accident Analysis and Prevention, 2014, 62, 1-8. | 3.0 | 62 |
| 57 | Investigation of the effectiveness of a split sleep schedule in sustaining sleep and maintaining performance. Chronobiology International, 2014, 31, 1218-1230. | 0.9 | 34 |
| 58 | Sleep difficulties and the development of depression and anxiety: a longitudinal study of young Australian women. Archives of Women's Mental Health, 2014, 17, 189-198. | 1.2 | 80 |
| 59 | Deconstructing and reconstructing cognitive performance in sleep deprivation. Sleep Medicine Reviews, 2013, 17, 215-225. | 3.8 | 134 |
| 60 | Cognitive components of simulated driving performance: Sleep loss effects and predictors. Accident Analysis and Prevention, 2013, 50, 438-444. | 3.0 | 104 |
| 61 | The Accuracy of Eyelid Movement Parameters for Drowsiness Detection. Journal of Clinical Sleep Medicine, 2013, 09, 1315-1324. | 1.4 | 54 |
| 62 | A Comparison of the Effect of Mobile Phone Use and Alcohol Consumption on Driving Simulation Performance. Traffic Injury Prevention, 2012, 13, 566-574. | 0.6 | 73 |
| 63 | Magnetic Resonance Spectroscopy and Neurocognitive Dysfunction in Obstructive Sleep Apnea before and after CPAP Treatment. Sleep, 2012, 35, 41-48. | 0.6 | 97 |
| 64 | Sleep Abnormalities in Chronic Fatigue Syndrome/Myalgic Encephalomyelitis: A Review. Journal of Clinical Sleep Medicine, 2012, 08, 719-728. | 1.4 | 70 |
| 65 | Individual differences in the effects of mobile phone exposure on human sleep: Rethinking the problem. Bioelectromagnetics, 2012, 33, 86-93. | 0.9 | 49 |
| 66 | Cognitive effects of sleepiness. , 2011, , 72-81. | | 15 |
| 67 | The contribution of fatigue and sleepiness to depression in patients attending the sleep laboratory for evaluation of obstructive sleep apnea. Sleep and Breathing, 2011, 15, 439-445. | 0.9 | 42 |
| 68 | The effect of sleep deprivation on BOLD activity elicited by a divided attention task. Brain Imaging and Behavior, 2011, 5, 97-108. | 1.1 | 22 |
| 69 | Cognition and daytime functioning in sleep-related breathing disorders. Progress in Brain Research, 2011, 190, 53-68. | 0.9 | 152 |
| 70 | Occupational sleep medicine. Progress in Brain Research, 2011, 190, 189-203. | 0.9 | 11 |
| 71 | Changes in brain morphology in patients with obstructive sleep apnoea. Thorax, 2010, 65, 908-914. | 2.7 | 141 |
| 72 | The effects of a 30-minute napping opportunity during an actual night shift on performance and sleepiness in shift workersa^—â^—. Biological Rhythm Research, 2010, 41, 137-148. | 0.4 | 17 |

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|----|---|-----|-----------|
| 73 | Obstructive Sleep Apnea Syndrome Is Associated with Deficits in Verbal but Not Visual Memory. American Journal of Respiratory and Critical Care Medicine, 2010, 182, 98-103. | 2.5 | 96 |
| 74 | Drugs, driving and traffic safety in sleep apnea. , 2009, , 245-269. | | 1 |
| 75 | The Effect of Acute Sleep Deprivation on Visual Evoked Potentials in Professional Drivers. Sleep, 2008, , . | 0.6 | 8 |
| 76 | The effect of acute sleep deprivation on visual evoked potentials in professional drivers. Sleep, 2008, 31, 1261-9. | 0.6 | 16 |
| 77 | The Interactive Effects of Extended Wakefulness and Low-dose Alcohol on Simulated Driving and Vigilance. Sleep, 2007, 30, 1334-1340. | 0.6 | 58 |