

# Michael Rufer

## List of Publications by Year in Descending Order

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**Version:** 2024-04-26

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

99  
papers

2,922  
citations

32  
h-index

51  
g-index

112  
ext. papers

3,440  
ext. citations

4.1  
avg. IF

4.84  
L-index

#	Paper	IF	Citations
99	Fit for Work and Life-an eight-week program for improvement of functionality and quality of life : All two-stage study.. <i>Neuropsychiatrie</i> , <b>2022</b> , 1	3.5	0
98	Comparing perspectives: patients and health care professionals' views on spiritual concerns and needs in chronic pain care - a qualitative study. <i>BMC Health Services Research</i> , <b>2021</b> , 21, 504	2.9	1
97	Do Chronic Pain Patients Wish Spiritual Aspects to Be Integrated in Their Medical Treatment? A Cross-Sectional Study of Multiple Facilities. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 685158	5	
96	Rumination about obsessive symptoms and mood maintains obsessive-compulsive symptoms and depressed mood: An experimental study. <i>Journal of Abnormal Psychology</i> , <b>2021</b> , 130, 435-442	7	2
95	Interfering with fear memories by eye movement desensitization and reprocessing. <i>International Journal of Psychophysiology</i> , <b>2021</b> , 166, 9-18	2.9	0
94	Including the Spiritual Dimension in Multimodal Pain Therapy. Development and Validation of the Spiritual Distress and Resources Questionnaire (SDRQ). <i>Journal of Pain and Symptom Management</i> , <b>2021</b> , 62, 747-756	4.8	1
93	Alexithymia and automatic processing of facial emotions: behavioral and neural findings. <i>BMC Neuroscience</i> , <b>2020</b> , 21, 23	3.2	5
92	Internet Cognitive Behavioral Therapy With or Without Face-to-Face Psychotherapy: A 12-Weeks Clinical Trial of Patients With Depression. <i>Frontiers in Digital Health</i> , <b>2020</b> , 2, 4	2.3	2
91	Recovery from pathological skin picking and dermatodaxia using a revised decoupling protocol. <i>Journal of Cosmetic Dermatology</i> , <b>2020</b> , 19, 3038-3040	2.5	4
90	Hospital-based bereavement care provision: A cross-sectional survey with health professionals. <i>Palliative Medicine</i> , <b>2020</b> , 34, 547-552	5.5	7
89	Stigma as a Barrier to Mental Health Service Use Among Female Sex Workers in Switzerland. <i>Frontiers in Psychiatry</i> , <b>2019</b> , 10, 32	5	7
88	Psychiatric Symptom Profiles Predict Functional Impairment. <i>Frontiers in Psychiatry</i> , <b>2019</b> , 10, 37	5	3
87	Facial mimicry, facial emotion recognition and alexithymia in post-traumatic stress disorder. <i>Behaviour Research and Therapy</i> , <b>2019</b> , 122, 103436	5.2	13
86	Training emotion regulation through real-time fMRI neurofeedback of amygdala activity. <i>NeuroImage</i> , <b>2019</b> , 184, 687-696	7.9	59
85	Impaired Recognition of Positive Emotions in Individuals with Posttraumatic Stress Disorder, Cumulative Traumatic Exposure, and Dissociation. <i>Psychotherapy and Psychosomatics</i> , <b>2018</b> , 87, 118-120	9.4	9
84	Locus Coeruleus Activity Mediates Hyperresponsiveness in Posttraumatic Stress Disorder. <i>Biological Psychiatry</i> , <b>2018</b> , 83, 254-262	7.9	58
83	Does trait anxiety influence effects of oxytocin on eye-blink startle reactivity? A randomized, double-blind, placebo-controlled crossover study. <i>PLoS ONE</i> , <b>2018</b> , 13, e0190809	3.7	6

82	Increased fronto-striatal reward prediction errors moderate decision making in obsessive-compulsive disorder. <i>Psychological Medicine</i> , <b>2017</b> , 47, 1246-1258	6.9	36
81	Pattern of structural brain changes in social anxiety disorder after cognitive behavioral group therapy: a longitudinal multimodal MRI study. <i>Molecular Psychiatry</i> , <b>2017</b> , 22, 1164-1171	15.1	29
80	Trichotillomania: the impact of treatment history on the outcome of an Internet-based intervention. <i>Neuropsychiatric Disease and Treatment</i> , <b>2017</b> , 13, 1153-1162	3.1	1
79	Frequency and characteristics of suicide attempts in dissociative identity disorders: A 12-month follow-up study in psychiatric outpatients in Switzerland. <i>European Journal of Trauma and Dissociation</i> , <b>2017</b> , 1, 235-239	1	1
78	Alexithymia Is Associated with Tinnitus Severity. <i>Frontiers in Psychiatry</i> , <b>2017</b> , 8, 223	5	4
77	E-mail support as an adjunct to cognitive-behavioral group therapy for social anxiety disorder: Impact on dropout and outcome. <i>Psychiatry Research</i> , <b>2016</b> , 244, 151-8	9.9	5
76	Obsessive-compulsive and posttraumatic stress symptoms among civilian survivors of war. <i>BMC Psychiatry</i> , <b>2016</b> , 16, 115	4.2	14
75	Affective regulation in trichotillomania before and after self-help interventions. <i>Journal of Psychiatric Research</i> , <b>2016</b> , 75, 7-13	5.2	4
74	Which tinnitus-related characteristics affect current health-related quality of life and depression? A cross-sectional cohort study. <i>Psychiatry Research</i> , <b>2016</b> , 237, 114-21	9.9	34
73	Alexithymia is associated with attenuated automatic brain response to facial emotion in clinical depression. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , <b>2016</b> , 65, 194-200	5.5	8
72	Mobile Sensing and Support for People With Depression: A Pilot Trial in the Wild. <i>JMIR MHealth and UHealth</i> , <b>2016</b> , 4, e111	5.5	147
71	Observer-Rated Alexithymia and its Relationship with the Five-Factor-Model of Personality. <i>Psychologica Belgica</i> , <b>2016</b> , 56, 118-134	0.6	12
70	Effects of Posture and Stimulus Spectral Composition on Peripheral Physiological Responses to Loud Sounds. <i>PLoS ONE</i> , <b>2016</b> , 11, e0161237	3.7	2
69	Common and differential alterations of general emotion processing in obsessive-compulsive and social anxiety disorder. <i>Psychological Medicine</i> , <b>2016</b> , 46, 1427-36	6.9	20
68	Predicting symptoms in major depression after inpatient treatment: the role of alexithymia. <i>Nordic Journal of Psychiatry</i> , <b>2016</b> , 70, 392-8	2.3	26
67	Automatic emotion processing as a function of trait emotional awareness: an fMRI study. <i>Social Cognitive and Affective Neuroscience</i> , <b>2015</b> , 10, 680-9	4	22
66	Neural circuits of emotion regulation: a comparison of mindfulness-based and cognitive reappraisal strategies. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , <b>2015</b> , 265, 45-55	5.1	61
65	Internet-based self-help for trichotillomania: a randomized controlled study comparing decoupling and progressive muscle relaxation. <i>Psychotherapy and Psychosomatics</i> , <b>2015</b> , 84, 359-67	9.4	13

64	Psychophysiological Responses During the Anticipation of Emotional Pictures. <i>Journal of Psychophysiology</i> , <b>2015</b> , 29, 13-19	1	3
63	Neurowissenschaftliche Befunde zur Psychotherapie von Angststörungen. <i>Zeitschrift Fur Psychiatrie, Psychologie Und Psychotherapie</i> , <b>2015</b> , 63, 109-116	0.3	2
62	Health-related quality of life and emotional distress in patients with dizziness: a cross-sectional approach to disentangle their relationship. <i>BMC Health Services Research</i> , <b>2014</b> , 14, 317	2.9	44
61	Factors associated with non-treatment or delayed treatment seeking in OCD sufferers: a review of the literature. <i>Psychiatry Research</i> , <b>2014</b> , 220, 1-10	9.9	73
60	Alexithymia and non-treatment: an Internet based study of 312 people with chronic anxiety. <i>Comprehensive Psychiatry</i> , <b>2014</b> , 55, 179-87	7.3	13
59	Trichotillomania and emotion regulation: is symptom severity related to alexithymia?. <i>Psychiatry Research</i> , <b>2014</b> , 218, 161-5	9.9	14
58	Mindfulness and emotion regulation--an fMRI study. <i>Social Cognitive and Affective Neuroscience</i> , <b>2014</b> , 9, 776-85	4	174
57	Alexithymic features and the labeling of brief emotional facial expressions - An fMRI study. <i>Neuropsychologia</i> , <b>2014</b> , 64, 289-99	3.2	35
56	Metabotropic glutamate receptor 5 binding in patients with obsessive-compulsive disorder. <i>International Journal of Neuropsychopharmacology</i> , <b>2014</b> , 17, 1915-22	5.8	39
55	Increased cortical thickness in a frontoparietal network in social anxiety disorder. <i>Human Brain Mapping</i> , <b>2014</b> , 35, 2966-77	5.9	51
54	Cortical and cerebellar modulation of autonomic responses to loud sounds. <i>Psychophysiology</i> , <b>2014</b> , 51, 60-9	4.1	13
53	Alexithymia and the labeling of facial emotions: response slowing and increased motor and somatosensory processing. <i>BMC Neuroscience</i> , <b>2014</b> , 15, 40	3.2	19
52	Graphic representation of the burden of suffering in dizziness patients. <i>Health and Quality of Life Outcomes</i> , <b>2014</b> , 12, 184	3	9
51	Assessing alexithymia and emotional awareness: relations between measures in a German non-clinical sample. <i>Comprehensive Psychiatry</i> , <b>2014</b> , 55, 952-9	7.3	12
50	Neural circuits associated with positive and negative self-appraisal. <i>Neuroscience</i> , <b>2014</b> , 265, 48-59	3.9	15
49	California Psychotherapy Alliance Scale (CALPAS): psychometric properties of the German version for group and individual therapy patients. <i>Comprehensive Psychiatry</i> , <b>2014</b> , 55, 736-42	7.3	6
48	Evidence of frontotemporal structural hypoconnectivity in social anxiety disorder: A quantitative fiber tractography study. <i>Human Brain Mapping</i> , <b>2013</b> , 34, 437-46	5.9	61
47	Screening for Dissociative Disorders in Psychiatric Out- and Day Care-Patients. <i>Journal of Psychopathology and Behavioral Assessment</i> , <b>2013</b> , 35, 592-602	2	15

46	The economic burden of depression in Switzerland. <i>Pharmacoeconomics</i> , <b>2013</b> , 31, 237-50	4.4	24
45	Attracting young academics into the field of psychiatry and psychotherapy in Switzerland--the Zurich Study Focus on Psychiatry and training concept for medical psychotherapy. <i>International Review of Psychiatry</i> , <b>2013</b> , 25, 445-9	3.6	4
44	Atypical visual processing in posttraumatic stress disorder. <i>NeuroImage: Clinical</i> , <b>2013</b> , 3, 531-8	5.3	36
43	General emotion processing in social anxiety disorder: neural issues of cognitive control. <i>Psychiatry Research - Neuroimaging</i> , <b>2013</b> , 212, 108-15	2.9	24
42	Alexithymia and health-related quality of life in patients with dizziness. <i>Psychopathology</i> , <b>2013</b> , 46, 377-83	3.4	8
41	Characteristics of child maltreatment and their relation to dissociation, posttraumatic stress symptoms, and depression in adult psychiatric patients. <i>Journal of Nervous and Mental Disease</i> , <b>2013</b> , 201, 471-7	1.8	16
40	Alexithyme Patientenmerkmale und Lebensqualität - Eine Querschnittsstudie an 79 ambulanten Patienten mit Angststörungen. <i>Zeitschrift Fur Psychiatrie, Psychologie Und Psychotherapie</i> , <b>2013</b> , 61, 17-26	0.3	2
39	Beeinträchtigtiges Erkennen emotionaler Gesichtsausdrücke durch psychiatrische Patientinnen bei Alexithymie. <i>Zeitschrift Fur Psychiatrie, Psychologie Und Psychotherapie</i> , <b>2013</b> , 61, 7-15	0.3	1
38	Psychometric characteristics of the German adaptation of the Traumatic Experiences Checklist (TEC).. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , <b>2012</b> , 4, 338-346	7.8	6
37	S.14.02 Update of neuroimaging in social anxiety disorder. <i>European Neuropsychopharmacology</i> , <b>2012</b> , 22, S131-S132	1.2	
36	Global functioning and disability in dissociative disorders. <i>Psychiatry Research</i> , <b>2012</b> , 200, 475-81	9.9	42
35	Combining biofeedback and Narrative Exposure Therapy for persistent pain and PTSD in refugees: a pilot study. <i>Höhere Utbildning</i> , <b>2012</b> , 3,	5	15
34	Movement decoupling: A self-help intervention for the treatment of trichotillomania. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2011</b> , 42, 74-80	2.6	28
33	Alexithymia and its relationship to dissociation in patients with panic disorder. <i>Journal of Nervous and Mental Disease</i> , <b>2011</b> , 199, 773-7	1.8	13
32	White matter alterations in social anxiety disorder. <i>Journal of Psychiatric Research</i> , <b>2011</b> , 45, 1366-72	5.2	58
31	Neural correlates of altered general emotion processing in social anxiety disorder. <i>Brain Research</i> , <b>2011</b> , 1378, 72-83	3.7	80
30	A randomized controlled trial of a novel self-help technique for impulse control disorders: a study on nail-biting. <i>Behavior Modification</i> , <b>2011</b> , 35, 468-85	2.5	16
29	The validity and reliability of the German version of the Somatoform Dissociation Questionnaire (SDQ-20). <i>Journal of Trauma and Dissociation</i> , <b>2010</b> , 11, 337-57	2.8	25

28	Impact of alexithymia on treatment outcome: a naturalistic study of short-term cognitive-behavioral group therapy for panic disorder. <i>Psychopathology</i> , <b>2010</b> , 43, 170-9	3.4	47
27	Changes in quality of life following cognitive-behavioral group therapy for panic disorder. <i>European Psychiatry</i> , <b>2010</b> , 25, 8-14	6	15
26	Effects of behavioral therapy or pharmacotherapy on brain glucose metabolism in subjects with obsessive-compulsive disorder as assessed by brain FDG PET. <i>Psychiatry Research - Neuroimaging</i> , <b>2010</b> , 184, 105-16	2.9	30
25	Impact of emotion on cognition in trauma survivors: what is the role of posttraumatic stress disorder?. <i>Journal of Affective Disorders</i> , <b>2010</b> , 126, 287-92	6.6	30
24	The German version of the Toronto Structured Interview for Alexithymia: factor structure, reliability, and concurrent validity in a psychiatric patient sample. <i>Comprehensive Psychiatry</i> , <b>2009</b> , 50, 424-30	7.3	50
23	Treatment outcome of female agoraphobics 3-9 years after exposure in vivo: a comparison with healthy controls. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2008</b> , 39, 3-10	2.6	10
22	Dissociative disorders among chronic and severely impaired psychiatric outpatients. <i>Psychopathology</i> , <b>2007</b> , 40, 470-1	3.4	17
21	Modulation of anticipatory emotion and perception processing by cognitive control. <i>NeuroImage</i> , <b>2007</b> , 37, 652-62	7.9	129
20	Dissociation as a predictor of cognitive behavior therapy outcome in patients with obsessive-compulsive disorder. <i>Psychotherapy and Psychosomatics</i> , <b>2006</b> , 75, 40-6	9.4	92
19	Symptom dimensions in obsessive-compulsive disorder: prediction of cognitive-behavior therapy outcome. <i>Acta Psychiatrica Scandinavica</i> , <b>2006</b> , 113, 440-6	6.5	144
18	Do personality disorders predict negative treatment outcome in obsessive-compulsive disorders? A prospective 6-month follow-up study. <i>European Psychiatry</i> , <b>2006</b> , 21, 319-24	6	45
17	A prospective long-term follow-up study of alexithymia in obsessive-compulsive disorder. <i>Comprehensive Psychiatry</i> , <b>2006</b> , 47, 394-8	7.3	44
16	Ambulante verhaltenstherapeutische Gruppentherapie bei Zwangsstörungen Ein effektiver Behandlungsansatz?. <i>Verhaltenstherapie</i> , <b>2006</b> , 16, 173-182	0.9	6
15	Brain imaging in psychiatry - a study of 435 psychiatric in-patients at a university clinic. <i>Acta Psychiatrica Scandinavica</i> , <b>2006</b> , 114, 91-100	6.5	15
14	Dissociation and symptom dimensions of obsessive-compulsive disorder. A replication study. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , <b>2006</b> , 256, 146-50	5.1	52
13	Quality of life in obsessive-compulsive disorder before and after treatment. <i>Comprehensive Psychiatry</i> , <b>2005</b> , 46, 453-9	7.3	96
12	Childhood separation anxiety and separation events in women with agoraphobia with or without panic disorder. <i>Canadian Journal of Psychiatry</i> , <b>2005</b> , 50, 941-4	4.8	4
11	Temporal stability of symptom dimensions in adult patients with obsessive-compulsive disorder. <i>Journal of Affective Disorders</i> , <b>2005</b> , 88, 99-102	6.6	83

10	Long-term course and outcome of obsessive-compulsive patients after cognitive-behavioral therapy in combination with either fluvoxamine or placebo: a 7-year follow-up of a randomized double-blind trial. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , <b>2005</b> , 255, 121-8	5.1	70
9	Ambulante Verhaltenstherapie bei Trichotillomanie: Überblick, Stützmodell und Fallbeispiel. <i>Verhaltenstherapie</i> , <b>2004</b> , 14, 90-98	0.9	7
8	A prospective study of alexithymia in obsessive-compulsive patients treated with multimodal cognitive-behavioral therapy. <i>Psychotherapy and Psychosomatics</i> , <b>2004</b> , 73, 101-6	9.4	63
7	Positive schizotypal symptoms predict treatment outcome in obsessive-compulsive disorder. <i>Behaviour Research and Therapy</i> , <b>2004</b> , 42, 217-27	5.2	66
6	Examination of emotional Stroop interference in obsessive-compulsive disorder. <i>Behaviour Research and Therapy</i> , <b>2004</b> , 42, 671-82	5.2	54
5	Einfluss von Persönlichkeitsstörungen auf den Erfolg einer multimodalen Verhaltenstherapie bei Zwangserkrankungen Teil I: Grundprobleme. <i>Verhaltenstherapie</i> , <b>2003</b> , 13, 166-171	0.9	4
4	Einfluss von Persönlichkeitsstörungen auf den Erfolg einer multimodalen Verhaltenstherapie bei Zwangserkrankungen Teil II: Ergebnisse einer empirischen Studie. <i>Verhaltenstherapie</i> , <b>2003</b> , 13, 172-182 <sup>0.9</sup>	0.9	11
3	Wenn sich während psychotherapeutischen Behandlungen nichts verändert. <i>Psychotherapeut</i> , <b>2003</b> , 48, 264-266	0.5	1
2	Kombinationsbehandlung mit Verhaltenstherapie und Pharmakotherapie bei Zwangsstörungen: Forschungsstand und Behandlungspraxis. <i>Verhaltenstherapie</i> , <b>2001</b> , 11, 246-255	0.9	3
1	Successful opacification of the left heart chambers on echocardiographic examination after intravenous injection of a new saccharide based contrast agent. <i>Echocardiography</i> , <b>1990</b> , 7, 61-4	1.5	81