

Jadwiga Hamulka

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

42 papers	642 citations	15 h-index	24 g-index
57 ext. papers	976 ext. citations	4 avg, IF	4.84 L-index

#	Paper	IF	Citations
42	Dietary and Lifestyle Changes During COVID-19 and the Subsequent Lockdowns among Polish Adults: A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Nutrients</i> , 2020 , 12,	6.7	158
41	Dietary Supplements during COVID-19 Outbreak. Results of Google Trends Analysis Supported by PLifeCOVID-19 Online Studies. <i>Nutrients</i> , 2020 , 13,	6.7	59
40	Health Effects of Carotenoids during Pregnancy and Lactation. <i>Nutrients</i> , 2017 , 9,	6.7	48
39	Effect of an Education Program on Nutrition Knowledge, Attitudes toward Nutrition, Diet Quality, Lifestyle, and Body Composition in Polish Teenagers. The ABC of Healthy Eating Project: Design, Protocol, and Methodology. <i>Nutrients</i> , 2018 , 10,	6.7	26
38	Tocopherol, ascorbic acid, and β -carotene protect against oxidative stress but reveal no direct influence on p53 expression in rats subjected to stress. <i>Nutrition Research</i> , 2013 , 33, 868-75	4	25
37	Nutraceutical functions of beta-glucans in human nutrition. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2019 , 70, 315-324	1.2	21
36	Carotenoid Content in Breastmilk in the 3rd and 6th Month of Lactation and Its Associations with Maternal Dietary Intake and Anthropometric Characteristics. <i>Nutrients</i> , 2019 , 11,	6.7	20
35	Dietary, anthropometric, and lifestyle correlates of serum carotenoids in postmenopausal women. <i>European Journal of Nutrition</i> , 2013 , 52, 1919-26	5.2	18
34	Lycopene in tomatoes and tomato products. <i>Open Chemistry</i> , 2020 , 18, 752-756	1.6	17
33	The COVID-19 Pandemic Lockdowns and Changes in Body Weight among Polish Women. A Cross-Sectional Online Survey PLifeCOVID-19 Study. <i>Sustainability</i> , 2020 , 12, 7768	3.6	17
32	Lipid Profile, Lipase Bioactivity, and Lipophilic Antioxidant Content in High Pressure Processed Donor Human Milk. <i>Nutrients</i> , 2019 , 11,	6.7	16
31	Changes in Sedentary and Active Lifestyle, Diet Quality and Body Composition Nine Months after an Education Program in Polish Students Aged 11-12 Years: Report from the ABC of Healthy Eating Study. <i>Nutrients</i> , 2019 , 11,	6.7	16
30	Vegetables and fruit, as a source of bioactive substances, and impact on memory and cognitive function of elderly. <i>Postepy Higieny i Medycyny Doswiadczalnej</i> , 2017 , 71, 267-280	0.3	16
29	Prudent-Active and Fast-Food-Sedentary Dietary-Lifestyle Patterns: The Association with Adiposity, Nutrition Knowledge and Sociodemographic Factors in Polish Teenagers-The ABC of Healthy Eating Project. <i>Nutrients</i> , 2018 , 10,	6.7	16
28	Association between Breastmilk LC PUFA, Carotenoids and Psychomotor Development of Exclusively Breastfed Infants. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	15
27	Skipping Breakfast and a Meal at School: Its Correlates in Adiposity Context. Report from the ABC of Healthy Eating Study of Polish Teenagers. <i>Nutrients</i> , 2019 , 11,	6.7	14
26	Weight loss program is associated with decrease β -tocopherol status in obese adults. <i>Clinical Nutrition</i> , 2019 , 38, 1861-1870	5.9	11

25	-Tocopherol Protects the Heart, Muscles, and Testes from Lipid Peroxidation in Growing Male Rats Subjected to Physical Efforts. <i>Oxidative Medicine and Cellular Longevity</i> , 2019 , 2019, 8431057	6.7	10
24	Protective Effect of Breastfeeding on the Adverse Health Effects Induced by Air Pollution: Current Evidence and Possible Mechanisms. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	10
23	Intake of Saturated Fatty Acids Affects Atherogenic Blood Properties in Young, Caucasian, Overweight Women Even without Influencing Blood Cholesterol. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	10
22	Reduced Screen Time is Associated with Healthy Dietary Behaviors but Not Body Weight Status among Polish Adolescents. Report from the Wise Nutrition-Healthy Generation Project. <i>Nutrients</i> , 2020 , 12,	6.7	9
21	Factors Influencing the Age of Complementary Feeding-A Cross-Sectional Study from Two European Countries. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	9
20	Analysis of the content of bioactive compounds in selected flours and enriched extruded corn products. <i>Journal of Food Composition and Analysis</i> , 2017 , 64, 147-155	4.1	9
19	Determinants of the use of dietary supplements among secondary and high school students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2016 , 67, 383-390	1.2	8
18	Reproducibility of a Short-Form, Multicomponent Dietary Questionnaire to Assess Food Frequency Consumption, Nutrition Knowledge, and Lifestyle (SF-FFQ4PolishChildren) in Polish Children and Adolescents. <i>Nutrients</i> , 2019 , 11,	6.7	7
17	Analysis of Association between Breastfeeding and Vegetable or Fruit Intake in Later Childhood in a Population-Based Observational Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
16	The influence of selected demographic and lifestyle factors on lutein intakes by groups of Polish women. <i>International Journal of Food Sciences and Nutrition</i> , 2009 , 60 Suppl 7, 109-15	3.7	5
15	Food Neophobia among Adults: Differences in Dietary Patterns, Food Choice Motives, and Food Labels Reading in Poles. <i>Nutrients</i> , 2021 , 13,	6.7	5
14	Reasons for non-exclusive breast-feeding in the first 6 months. <i>Pediatrics International</i> , 2018 , 60, 276-281.2	1.2	5
13	Activity-Inactivity Patterns, Screen Time, and Physical Activity: The Association with Overweight, Central Obesity and Muscle Strength in Polish Teenagers. Report from the ABC of Healthy Eating Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	4
12	Family influences on breakfast frequency and quality among primary school pupils in Warsaw and its surrounding areas. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2015 , 66, 143-9	1.2	4
11	Dissatisfaction with Body Weight among Polish Adolescents Is Related to Unhealthy Dietary Behaviors. <i>Nutrients</i> , 2020 , 12,	6.7	3
10	The Use of Added Salt and Sugar in the Diet of Polish and Austrian Toddlers. Associated Factors and Dietary Patterns, Feeding and Maternal Practices. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
9	Perceived Nutrition and Health Concerns: Do They Protect against Unhealthy Dietary Patterns in Polish Adults?. <i>Nutrients</i> , 2021 , 13,	6.7	2
8	Antioxidant Vitamins as Oxidative Stress Markers in Rat Plasma After Physical Exercise - a Short Report. <i>Polish Journal of Food and Nutrition Sciences</i> , 2014 , 64, 277-281	3.1	1

7	Maternal Diet, Nutritional Status, and Birth-Related Factors Influencing Offspring's Bone Mineral Density: A Narrative Review of Observational, Cohort, and Randomized Controlled Trials. <i>Nutrients</i> , 2021 , 13,	6.7	1
6	Dietary recommendations during the Covid-19 pandemic. Statement of the Committee of Human Nutrition Science of the Polish Academy of Sciences. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021 , 72, 209-220	1.2	1
5	Early Feeding Factors and Eating Behaviors among Children Aged 18: A Cross-Sectional Study. <i>Nutrients</i> , 2022 , 14, 2279	6.7	1
4	The Quality and Composition of Fatty Acids in Adipose Tissue-Derived from Wild Animals; A Pilot Study. <i>Applied Sciences (Switzerland)</i> , 2021 , 11, 10029	2.6	0
3	Self-reported food safety knowledge and practices of early-school-aged children as a result of analysis in towns near the Warsaw city. <i>British Food Journal</i> , 2021 , 123, 2461-2477	2.8	0
2	Assays for Carotenoids. <i>Biomarkers in Disease</i> , 2022 , 1-31		
1	Assays for carotenoids: linking breastmilk and maternal intakes. <i>Biomarkers in Disease</i> , 2022 , 1-31		