

Brian M Galla

List of Publications by Year in descending order

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33
papers

1,957
citations

430442

18
h-index

414034

32
g-index

33
all docs

33
docs citations

33
times ranked

1884
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Mindful Awareness Practices on Executive Functions in Elementary School Children. <i>Journal of Applied School Psychology</i> , 2010, 26, 70-95.	0.4	405
2	More than resisting temptation: Beneficial habits mediate the relationship between self-control and positive life outcomes.. <i>Journal of Personality and Social Psychology</i> , 2015, 109, 508-525.	2.6	351
3	Self-Control and Academic Achievement. <i>Annual Review of Psychology</i> , 2019, 70, 373-399.	9.9	256
4	Withinâ€person changes in mindfulness and selfâ€compassion predict enhanced emotional wellâ€being in healthy, but stressed adolescents. <i>Journal of Adolescence</i> , 2016, 49, 204-217.	1.2	97
5	Emotional self-efficacy moderates anxiety-related impairments in math performance in elementary school-age youth. <i>Personality and Individual Differences</i> , 2012, 52, 118-122.	1.6	81
6	A longitudinal multilevel model analysis of the within-person and between-person effect of effortful engagement and academic self-efficacy on academic performance. <i>Journal of School Psychology</i> , 2014, 52, 295-308.	1.5	79
7	The Academic Diligence Task (ADT): assessing individual differences in effort on tedious but important schoolwork. <i>Contemporary Educational Psychology</i> , 2014, 39, 314-325.	1.6	71
8	Why High School Grades Are Better Predictors of On-Time College Graduation Than Are Admissions Test Scores: The Roles of Self-Regulation and Cognitive Ability. <i>American Educational Research Journal</i> , 2019, 56, 2077-2115.	1.6	69
9	Effectiveness of modular CBT for child anxiety in elementary schools.. <i>School Psychology Quarterly</i> , 2013, 28, 141-153.	2.4	66
10	Perceiving effort as poor learning: The misinterpreted-effort hypothesis of how experienced effort and perceived learning relate to study strategy choice. <i>Cognitive Psychology</i> , 2019, 115, 101237.	0.9	65
11	The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. <i>Body Image</i> , 2020, 33, 164-174.	1.9	65
12	Trait Selfâ€Control Predicts Adolescentsâ€™ Exposure and Reactivity to Daily Stressful Events. <i>Journal of Personality</i> , 2015, 83, 69-83.	1.8	48
13	A brief behavioral measure of frustration tolerance predicts academic achievement immediately and two years later.. <i>Emotion</i> , 2019, 19, 1081-1092.	1.5	33
14	Evaluating a short-form Five Facet Mindfulness Questionnaire in adolescents: Evidence for a four-factor structure and invariance by time, age, and gender. <i>International Journal of Behavioral Development</i> , 2020, 44, 20-30.	1.3	31
15	Community-Based Mindfulness Program for Disease Prevention and Health Promotion: Targeting Stress Reduction. <i>American Journal of Health Promotion</i> , 2015, 30, 36-41.	0.9	30
16	One Year Follow-up to Modular Cognitive Behavioral Therapy for the Treatment of Pediatric Anxiety Disorders in an Elementary School Setting. <i>Child Psychiatry and Human Development</i> , 2012, 43, 219-226.	1.1	25
17	Using expectancy-value theory to understand academic self-control. <i>Learning and Instruction</i> , 2018, 58, 22-33.	1.9	23
18	The mindful adolescent: Developmental changes in nonreactivity to inner experiences and its association with emotional well-being.. <i>Developmental Psychology</i> , 2020, 56, 350-363.	1.2	20

#	ARTICLE	IF	CITATIONS
19	#Grateful: Longitudinal Associations Between Adolescents' Social Media Use and Gratitude During the COVID-19 Pandemic. <i>Journal of Research on Adolescence</i> , 2021, 31, 734-747.	1.9	19
20	Mindfulness, meet self-regulation: Boosting out-of-class meditation practice with brief action plans.. <i>Motivation Science</i> , 2016, 2, 220-237.	1.2	18
21	How is Mindfulness Linked to Negative and Positive Affect? Rumination as an Explanatory Process in a Prospective Longitudinal Study of Adolescents. <i>Journal of Youth and Adolescence</i> , 2020, 49, 2136-2148.	1.9	18
22	The Disciplined Mind: Associations Between the Kentucky Inventory of Mindfulness Skills and Attention Control. <i>Mindfulness</i> , 2012, 3, 95-103.	1.6	17
23	Values-Alignment Messaging Boosts Adolescents' Motivation to Control Social Media Use. <i>Child Development</i> , 2021, 92, 1717-1734.	1.7	14
24	"Safe in My Own Mind": Supporting Healthy Adolescent Development Through Meditation Retreats. <i>Journal of Applied Developmental Psychology</i> , 2017, 53, 96-107.	0.8	13
25	Perceptions of mindful teaching are associated with longitudinal change in adolescents' mindfulness and compassion. <i>International Journal of Behavioral Development</i> , 2020, 44, 41-50.	1.3	12
26	Mindfulness predicts academic diligence in the face of boredom. <i>Learning and Individual Differences</i> , 2020, 81, 101864.	1.5	9
27	More Effort, Less Fatigue: The Role of Interest in Increasing Effort and Reducing Mental Fatigue. <i>Frontiers in Psychology</i> , 2021, 12, 755858.	1.1	8
28	Trait Mindfulness and Mindfulness Practices in Adolescents with Type 1 Diabetes: Descriptive and Comparative Study. <i>Journal of Pediatric Health Care</i> , 2021, 35, 592-600.	0.6	5
29	Achievement motivation in students' everyday lives: Its relationship to momentary positive and negative activation and the moderating role of mindfulness. <i>Learning and Individual Differences</i> , 2022, 97, 102176.	1.5	4
30	Is academic diligence domain-specific or domain-general? An investigation of the math, verbal, and spatial academic diligence tasks with middle schoolers. <i>Learning and Individual Differences</i> , 2020, 80, 101870.	1.5	2
31	The comprehensive mindfulness experience: A typological approach to the potential benefits of mindfulness for dealing with motivational conflicts.. <i>Motivation Science</i> , 2021, 7, 410-423.	1.2	2
32	Friends know you: Peer nomination of self-control predict changes in academic achievement and friendship among adolescents. <i>Journal of Adolescence</i> , 2022, 94, 477-487.	1.2	1
33	Adolescents' Experiences of Distress and Well-being During Intensive Mindfulness Practice: A Mixed-Methods Study. <i>Mindfulness</i> , 2022, 13, 1971-1983.	1.6	0