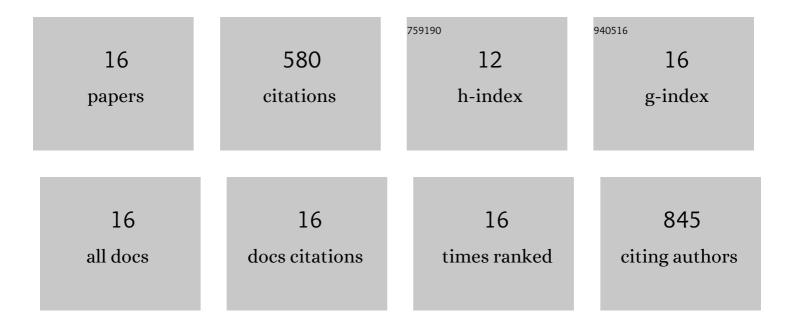
Astrid M H Horstman

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9511109/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Milk proteins: Processing, gastric coagulation, amino acid availability and muscle protein synthesis. Critical Reviews in Food Science and Nutrition, 2023, 63, 10267-10282.	10.3	12
2	Postprandial blood amino acid concentrations in older adults after consumption of dairy products: The role of the dairy matrix. International Dairy Journal, 2021, 113, 104890.	3.0	35
3	The Effect of Protein Supplementation versus Carbohydrate Supplementation on Muscle Damage Markers and Soreness Following a 15-km Road Race: A Double-Blind Randomized Controlled Trial. Nutrients, 2021, 13, 858.	4.1	4
4	Basal protein synthesis rates differ between <i>vastus lateralis</i> and <i>rectus abdominis</i> muscle. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 769-778.	7.3	2
5	Protein Type, Protein Dose, and Age Modulate Dietary Protein Digestion and Phenylalanine Absorption Kinetics and Plasma Phenylalanine Availability in Humans. Journal of Nutrition, 2020, 150, 2041-2050.	2.9	64
6	Protein synthesis rates of muscle, tendon, ligament, cartilage, and bone tissue in vivo in humans. PLoS ONE, 2019, 14, e0224745.	2.5	21
7	Basal and Postprandial Myofibrillar Protein Synthesis Rates Do Not Differ between Lean and Obese Middle-Aged Men. Journal of Nutrition, 2019, 149, 1533-1542.	2.9	19
8	Protein supplementation improves lean body mass in physically active older adults: a randomized placeboâ€controlled trial. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 298-310.	7.3	61
9	Tumourâ€specific and organâ€specific protein synthesis rates in patients with pancreatic cancer. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 549-556.	7.3	15
10	The Muscle Protein Synthetic Response to Whey Protein Ingestion Is Greater in Middle-Aged Women Compared With Men. Journal of Clinical Endocrinology and Metabolism, 2019, 104, 994-1004.	3.6	10
11	Brain tissue plasticity: protein synthesis rates of the human brain. Brain, 2018, 141, 1122-1129.	7.6	18
12	Effects of protein supplementation on lean body mass, muscle strength, and physical performance in nonfrail community-dwelling older adults: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2018, 108, 1043-1059.	4.7	90
13	Leucine Supplementation Does Not Attenuate Skeletal Muscle Loss during Leg Immobilization in Healthy, Young Men. Nutrients, 2018, 10, 635.	4.1	37
14	Habituation to low or high protein intake does not modulate basal or postprandial muscle protein synthesis rates: a randomized trial. American Journal of Clinical Nutrition, 2017, 105, 332-342.	4.7	42
15	ls Cancer Cachexia Attributed to Impairments in Basal or Postprandial Muscle Protein Metabolism?. Nutrients, 2016, 8, 499.	4.1	19
16	Ingestion of Wheat Protein Increases In Vivo Muscle Protein Synthesis Rates in Healthy Older Men in a Randomized Trial. Journal of Nutrition, 2016, 146, 1651-1659.	2.9	131