

# Miikka Ermes

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9503240/publications.pdf>

Version: 2024-02-01

23  
papers

1,892  
citations

623734

14  
h-index

713466

21  
g-index

25  
all docs

25  
docs citations

25  
times ranked

2498  
citing authors

#	ARTICLE	IF	CITATIONS
1	Users'™ Experiences With the NoHoW Web-Based Toolkit With Weight and Activity Tracking in Weight Loss Maintenance: Long-term Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e29302.	4.3	1
2	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021, 14, 320-333.	3.4	7
3	Sleep-time physiological recovery is associated with eating habits in distressed working-age Finns with overweight: secondary analysis of a randomised controlled trial. <i>Journal of Occupational Medicine and Toxicology</i> , 2021, 16, 23.	2.2	2
4	Comparison of Communication Channels for Large-Scale Type 2 Diabetes Risk Screening and Intervention Recruitment: Empirical Study. <i>JMIR Diabetes</i> , 2021, 6, e21356.	1.9	5
5	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e25305.	4.3	12
6	The Effects of Acceptance and Commitment Therapy (ACT) Intervention on Inflammation and Stress Biomarkers: a Randomized Controlled Trial. <i>International Journal of Behavioral Medicine</i> , 2020, 27, 539-555.	1.7	14
7	Internet-Based Lifestyle Intervention to Prevent Type 2 Diabetes Through Healthy Habits: Design and 6-Month Usage Results of Randomized Controlled Trial. <i>JMIR Diabetes</i> , 2020, 5, e15219.	1.9	16
8	Digitally supported program for type 2 diabetes risk identification and risk reduction in real-world setting: protocol for the StopDia model and randomized controlled trial. <i>BMC Public Health</i> , 2019, 19, 255.	2.9	24
9	Exploring Associations Between the Self-Reported Values, Well-Being, and Health Behaviors of Finnish Citizens: Cross-Sectional Analysis of More Than 100,000 Web-Survey Responses. <i>JMIR Mental Health</i> , 2019, 6, e12170.	3.3	8
10	The effects of acceptance and commitment therapy on eating behavior and diet delivered through face-to-face contact and a mobile app: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 22.	4.6	53
11	Correlation between symptoms and functioning in psychiatric patients and temporal patterns of medication refills derived from pharmacy prescription claims. <i>Australasian Psychiatry</i> , 2018, 26, 643-647.	0.7	0
12	Psychological flexibility mediates change in intuitive eating regulation in acceptance and commitment therapy interventions. <i>Public Health Nutrition</i> , 2017, 20, 1681-1691.	2.2	33
13	Accelerometry-based assessment and detection of early signs of balance deficits. <i>Computers in Biology and Medicine</i> , 2017, 85, 25-32.	7.0	22
14	High perceived stress is associated with unfavorable eating behavior in overweight and obese Finns of working age. <i>Appetite</i> , 2016, 103, 249-258.	3.7	75
15	Process and Effects Evaluation of a Digital Mental Health Intervention Targeted at Improving Occupational Well-Being: Lessons From an Intervention Study With Failed Adoption. <i>JMIR Mental Health</i> , 2016, 3, e13.	3.3	39
16	Usage and Dose Response of a Mobile Acceptance and Commitment Therapy App: Secondary Analysis of the Intervention Arm of a Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2016, 4, e90.	3.7	62
17	Weight Rhythms: Weight Increases during Weekends and Decreases during Weekdays. <i>Obesity Facts</i> , 2014, 7, 36-47.	3.4	51
18	The effectiveness and applicability of different lifestyle interventions for enhancing wellbeing: the study design for a randomized controlled trial for persons with metabolic syndrome risk factors and psychological distress. <i>BMC Public Health</i> , 2014, 14, 310.	2.9	33

#	ARTICLE	IF	CITATIONS
19	Mobile Mental Wellness Training for Stress Management: Feasibility and Design Implications Based on a One-Month Field Study. JMIR MHealth and UHealth, 2013, 1, e11.	3.7	133
20	Personalization Algorithm for Real-Time Activity Recognition Using PDA, Wireless Motion Bands, and Binary Decision Tree. IEEE Transactions on Information Technology in Biomedicine, 2010, 14, 1211-1215.	3.2	70
21	Automatic feature selection for context recognition in mobile devices. Pervasive and Mobile Computing, 2010, 6, 181-197.	3.3	42
22	Detection of Daily Activities and Sports With Wearable Sensors in Controlled and Uncontrolled Conditions. IEEE Transactions on Information Technology in Biomedicine, 2008, 12, 20-26.	3.2	593
23	Activity Classification Using Realistic Data From Wearable Sensors. IEEE Transactions on Information Technology in Biomedicine, 2006, 10, 119-128.	3.2	597