

Mirja Hirvensalo

List of Publications by Year in descending order

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39
papers

1,976
citations

623188

14
h-index

344852

36
g-index

39
all docs

39
docs citations

39
times ranked

2896
citing authors

#	ARTICLE	IF	CITATIONS
1	Toward adjustment profiles for lower secondary student-athletes in the Finnish dual career context: A mixed-methods approach. <i>Psychology of Sport and Exercise</i> , 2022, 58, 102065.	1.1	1
2	Longitudinal associations between parental and offspring's leisure-time physical activity: The Young Finns Study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 223-232.	1.3	6
3	Young People in the Social World of Physical Activities: Meanings and Barriers. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5466.	1.2	3
4	Training programme for novice physical activity instructors using Teaching Personal and Social Responsibility (TPSR) model: A programme development and protocol. <i>International Journal of Sport and Exercise Psychology</i> , 2021, 19, 159-178.	1.1	8
5	Tracking and Changes in Daily Step Counts among Finnish Adults. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1615-1623.	0.2	6
6	Life-course leisure-time physical activity trajectories in relation to health-related behaviors in adulthood: the Cardiovascular Risk in Young Finns study. <i>BMC Public Health</i> , 2021, 21, 533.	1.2	12
7	Physical inactivity from youth to adulthood and adult cardiometabolic risk profile. <i>Preventive Medicine</i> , 2021, 145, 106433.	1.6	26
8	Perceived Opportunities for Physical Activity and Willingness to Be More Active in Older Adults with Different Physical Activity Levels. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6146.	1.2	3
9	Predictors of school students' leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. <i>PLoS ONE</i> , 2021, 16, e0258829.	1.1	2
10	Eight-Year Health Risks Trend Analysis of a Comprehensive Workplace Health Promotion Program. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9426.	1.2	8
11	Adolescent Sport Participation and Age at Menarche in Relation to Midlife Body Composition, Bone Mineral Density, Fitness, and Physical Activity. <i>Journal of Clinical Medicine</i> , 2020, 9, 3797.	1.0	18
12	Testing a physical education-delivered autonomy supportive intervention to promote leisure-time physical activity in lower secondary school students: the PETALS trial. <i>BMC Public Health</i> , 2020, 20, 1438.	1.2	12
13	Education leads to a more physically active lifestyle: Evidence based on Mendelian randomization. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1194-1204.	1.3	41
14	Neighborhood Mobility and Unmet Physical Activity Need in Old Age: A 2-Year Follow-Up. <i>Journal of Aging and Physical Activity</i> , 2020, 28, 442-447.	0.5	3
15	Associations of partnering transition and socioeconomic status with a four-year change in daily steps among Finnish adults. <i>Scandinavian Journal of Public Health</i> , 2019, 47, 722-729.	1.2	5
16	Distinct trajectories of physical activity and related factors during the life course in the general population: a systematic review. <i>BMC Public Health</i> , 2019, 19, 271.	1.2	116
17	Smoking and Physical Activity Trajectories from Childhood to Midlife. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 974.	1.2	30
18	Physical Activity from Childhood to Adulthood and Cognitive Performance in Midlife. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 882-890.	0.2	20

#	ARTICLE	IF	CITATIONS
19	Using physical education to promote out-of school physical activity in lower secondary school students – a randomized controlled trial protocol. <i>BMC Public Health</i> , 2019, 19, 157.	1.2	25
20	Associations of Leisure-Time Physical Activity Trajectories with Fruit and Vegetable Consumption from Childhood to Adulthood: The Cardiovascular Risk in Young Finns Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4437.	1.2	8
21	Is It Good To Be Good? Dispositional Compassion and Health Behaviors. <i>Annals of Behavioral Medicine</i> , 2019, 53, 665-673.	1.7	7
22	Higher step count is associated with greater bone mass and strength in women but not in men. <i>Archives of Osteoporosis</i> , 2018, 13, 20.	1.0	5
23	Long-term determinants of changes in television viewing time in adults: Prospective analyses from the Young Finns Study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2723-2733.	1.3	3
24	Changes in Daily Steps and Body Mass Index and Waist to Height Ratio during Four Year Follow-Up in Adults: Cardiovascular Risk in Young Finns Study. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 1015.	1.2	4
25	Lifestyle Risk Factors Increase the Risk of Hospitalization for Sciatica: Findings of Four Prospective Cohort Studies. <i>American Journal of Medicine</i> , 2017, 130, 1408-1414.e6.	0.6	13
26	Convergent Validity of a Physical Activity Questionnaire against Objectively Measured Physical Activity in Adults: The Cardiovascular Risk in Young Finns Study. <i>Advances in Physical Education</i> , 2017, 07, 457-472.	0.2	14
27	Trajectories of Physical Activity Predict the Onset of Depressive Symptoms but Not Their Progression: A Prospective Cohort Study. <i>Hindawi Publishing Corporation</i> , 2016, 2016, 1-9.	2.3	5
28	Socialization Into Teaching Physical Education – Acculturative Formation of Perceived Strengths. <i>European Journal of Social & Behavioural Sciences</i> , 2015, 12, 35-49.	0.3	8
29	Tracking of Physical Activity from Early Childhood through Youth into Adulthood. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 955-962.	0.2	561
30	Longitudinal Associations Between Changes in Physical Activity and Depressive Symptoms in Adulthood: The Young Finns Study. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 908-917.	0.8	11
31	Leadership Component of Type A Behavior Predicts Physical Activity in Early Midlife. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 48-55.	0.8	13
32	Life-course perspective for physical activity and sports participation. <i>European Review of Aging and Physical Activity</i> , 2011, 8, 13-22.	1.3	170
33	Daily steps among Finnish adults: Variation by age, sex, and socioeconomic position. <i>Scandinavian Journal of Public Health</i> , 2011, 39, 669-677.	1.2	38
34	Unmet Physical Activity Need in Old Age. <i>Journal of the American Geriatrics Society</i> , 2010, 58, 707-712.	1.3	55
35	Underlying Factors in the Association between Depressed Mood and Mobility Limitation in Older People. <i>Gerontology</i> , 2007, 53, 173-178.	1.4	28
36	Motives for and Barriers to Physical Activity among Older Adults with Mobility Limitations. <i>Journal of Aging and Physical Activity</i> , 2007, 15, 90-102.	0.5	162

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37	Mobility Difficulties and Physical Activity as Predictors of Mortality and Loss of Independence in the Communityâ€”Living Older Population. <i>Journal of the American Geriatrics Society</i> , 2000, 48, 493-498.	1.3	522
38	The reliability and validity of the sport engagement instrument in the Finnish dual career context. <i>International Journal of Sport and Exercise Psychology</i> , 0, , 1-23.	1.1	4
39	Health Education Teachersâ€™ Assessment Conceptions and Practices: Identifying Assessment Profiles. <i>Educational Assessment</i> , 0, , 1-15.	0.6	0