

Mirja Hirvensalo

List of Publications by Year in descending order

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39
papers

1,976
citations

623734
14
h-index

345221
36
g-index

39
all docs

39
docs citations

39
times ranked

2896
citing authors

#	ARTICLE	IF	CITATIONS
1	Toward adjustment profiles for lower secondary student-athletes in the Finnish dual career context: A mixed-methods approach. <i>Psychology of Sport and Exercise</i> , 2022, 58, 102065.	2.1	1
2	Longitudinal associations between parental and offspring's leisure-time physical activity: The Young Finns Study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 223-232.	2.9	6
3	Young People in the Social World of Physical Activities: Meanings and Barriers. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5466.	2.6	3
4	Training programme for novice physical activity instructors using Teaching Personal and Social Responsibility (TPSR) model: A programme development and protocol. <i>International Journal of Sport and Exercise Psychology</i> , 2021, 19, 159-178.	2.1	8
5	Tracking and Changes in Daily Step Counts among Finnish Adults. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1615-1623.	0.4	6
6	Life-course leisure-time physical activity trajectories in relation to health-related behaviors in adulthood: the Cardiovascular Risk in Young Finns study. <i>BMC Public Health</i> , 2021, 21, 533.	2.9	12
7	Physical inactivity from youth to adulthood and adult cardiometabolic risk profile. <i>Preventive Medicine</i> , 2021, 145, 106433.	3.4	26
8	Perceived Opportunities for Physical Activity and Willingness to Be More Active in Older Adults with Different Physical Activity Levels. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6146.	2.6	3
9	Predictors of school students' leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. <i>PLoS ONE</i> , 2021, 16, e0258829.	2.5	2
10	Eight-Year Health Risks Trend Analysis of a Comprehensive Workplace Health Promotion Program. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9426.	2.6	8
11	Adolescent Sport Participation and Age at Menarche in Relation to Midlife Body Composition, Bone Mineral Density, Fitness, and Physical Activity. <i>Journal of Clinical Medicine</i> , 2020, 9, 3797.	2.4	18
12	Testing a physical education-delivered autonomy supportive intervention to promote leisure-time physical activity in lower secondary school students: the PETALS trial. <i>BMC Public Health</i> , 2020, 20, 1438.	2.9	12
13	Education leads to a more physically active lifestyle: Evidence based on Mendelian randomization. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1194-1204.	2.9	41
14	Neighborhood Mobility and Unmet Physical Activity Need in Old Age: A 2-Year Follow-Up. <i>Journal of Aging and Physical Activity</i> , 2020, 28, 442-447.	1.0	3
15	Associations of partnering transition and socioeconomic status with a four-year change in daily steps among Finnish adults. <i>Scandinavian Journal of Public Health</i> , 2019, 47, 722-729.	2.3	5
16	Distinct trajectories of physical activity and related factors during the life course in the general population: a systematic review. <i>BMC Public Health</i> , 2019, 19, 271.	2.9	116
17	Smoking and Physical Activity Trajectories from Childhood to Midlife. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 974.	2.6	30
18	Physical Activity from Childhood to Adulthood and Cognitive Performance in Midlife. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 882-890.	0.4	20

#	ARTICLE	IF	CITATIONS
19	Using physical education to promote out-of school physical activity in lower secondary school students â€“ a randomized controlled trial protocol. BMC Public Health, 2019, 19, 157.	2.9	25
20	Associations of Leisure-Time Physical Activity Trajectories with Fruit and Vegetable Consumption from Childhood to Adulthood: The Cardiovascular Risk in Young Finns Study. International Journal of Environmental Research and Public Health, 2019, 16, 4437.	2.6	8
21	Is It Good To Be Good? Dispositional Compassion and Health Behaviors. Annals of Behavioral Medicine, 2019, 53, 665-673.	2.9	7
22	Higher step count is associated with greater bone mass and strength in women but not in men. Archives of Osteoporosis, 2018, 13, 20.	2.4	5
23	Long-term determinants of changes in television viewing time in adults: Prospective analyses from the Young Finns Study. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 2723-2733.	2.9	3
24	Changes in Daily Steps and Body Mass Index and Waist to Height Ratio during Four Year Follow-Up in Adults: Cardiovascular Risk in Young Finns Study. International Journal of Environmental Research and Public Health, 2017, 14, 1015.	2.6	4
25	Lifestyle Risk Factors Increase the Risk of Hospitalization for Sciatica: Findings of Four Prospective Cohort Studies. American Journal of Medicine, 2017, 130, 1408-1414.e6.	1.5	13
26	Convergent Validity of a Physical Activity Questionnaire against Objectively Measured Physical Activity in Adults: The Cardiovascular Risk in Young Finns Study. Advances in Physical Education, 2017, 07, 457-472.	0.4	14
27	Trajectories of Physical Activity Predict the Onset of Depressive Symptoms but Not Their Progression: A Prospective Cohort Study. Hindawi Publishing Corporation, 2016, 2016, 1-9.	1.1	5
28	Socialization Into Teaching Physical Education â€“ Acculturative Formation of Perceived Strengths. European Journal of Social & Behavioural Sciences, 2015, 12, 35-49.	0.5	8
29	Tracking of Physical Activity from Early Childhood through Youth into Adulthood. Medicine and Science in Sports and Exercise, 2014, 46, 955-962.	0.4	561
30	Longitudinal Associations Between Changes in Physical Activity and Depressive Symptoms in Adulthood: The Young Finns Study. International Journal of Behavioral Medicine, 2014, 21, 908-917.	1.7	11
31	Leadership Component of Type A Behavior Predicts Physical Activity in Early Midlife. International Journal of Behavioral Medicine, 2012, 19, 48-55.	1.7	13
32	Life-course perspective for physical activity and sports participation. European Review of Aging and Physical Activity, 2011, 8, 13-22.	2.9	170
33	Daily steps among Finnish adults: Variation by age, sex, and socioeconomic position. Scandinavian Journal of Public Health, 2011, 39, 669-677.	2.3	38
34	Unmet Physical Activity Need in Old Age. Journal of the American Geriatrics Society, 2010, 58, 707-712.	2.6	55
35	Underlying Factors in the Association between Depressed Mood and Mobility Limitation in Older People. Gerontology, 2007, 53, 173-178.	2.8	28
36	Motives for and Barriers to Physical Activity among Older Adults with Mobility Limitations. Journal of Aging and Physical Activity, 2007, 15, 90-102.	1.0	162

#	ARTICLE	IF	CITATIONS
37	Mobility Difficulties and Physical Activity as Predictors of Mortality and Loss of Independence in the Communityâ€”Living Older Population. Journal of the American Geriatrics Society, 2000, 48, 493-498.	2.6	522
38	The reliability and validity of the sport engagement instrument in the Finnish dual career context. International Journal of Sport and Exercise Psychology, 0, , 1-23.	2.1	4
39	Health Education Teachersâ€™ Assessment Conceptions and Practices: Identifying Assessment Profiles. Educational Assessment, 0, , 1-15.	1.5	0