Mirja Hirvensalo

List of Publications by Year in descending order

39 papers	1,976 citations	623188 14 h-index	344852 36 g-index
39 all docs	39 docs citations	39 times ranked	2896 citing authors

#	Article	IF	Citations
1	Tracking of Physical Activity from Early Childhood through Youth into Adulthood. Medicine and Science in Sports and Exercise, 2014, 46, 955-962.	0.2	561
2	Mobility Difficulties and Physical Activity as Predictors of Mortality and Loss of Independence in the Communityâ€Living Older Population. Journal of the American Geriatrics Society, 2000, 48, 493-498.	1.3	522
3	Life-course perspective for physical activity and sports participation. European Review of Aging and Physical Activity, 2011, 8, 13-22.	1.3	170
4	Motives for and Barriers to Physical Activity among Older Adults with Mobility Limitations. Journal of Aging and Physical Activity, 2007, 15, 90-102.	0.5	162
5	Distinct trajectories of physical activity and related factors during the life course in the general population: a systematic review. BMC Public Health, 2019, 19, 271.	1.2	116
6	Unmet Physical Activity Need in Old Age. Journal of the American Geriatrics Society, 2010, 58, 707-712.	1.3	55
7	Education leads to a more physically active lifestyle: Evidence based on Mendelian randomization. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 1194-1204.	1.3	41
8	Daily steps among Finnish adults: Variation by age, sex, and socioeconomic position. Scandinavian Journal of Public Health, 2011, 39, 669-677.	1.2	38
9	Smoking and Physical Activity Trajectories from Childhood to Midlife. International Journal of Environmental Research and Public Health, 2019, 16, 974.	1.2	30
10	Underlying Factors in the Association between Depressed Mood and Mobility Limitation in Older People. Gerontology, 2007, 53, 173-178.	1.4	28
11	Physical inactivity from youth to adulthood and adult cardiometabolic risk profile. Preventive Medicine, 2021, 145, 106433.	1.6	26
12	Using physical education to promote out-of school physical activity in lower secondary school students â€“ a randomized controlled trial protocol. BMC Public Health, 2019, 19, 157.	1.2	25
13	Physical Activity from Childhood to Adulthood and Cognitive Performance in Midlife. Medicine and Science in Sports and Exercise, 2019, 51, 882-890.	0.2	20
14	Adolescent Sport Participation and Age at Menarche in Relation to Midlife Body Composition, Bone Mineral Density, Fitness, and Physical Activity. Journal of Clinical Medicine, 2020, 9, 3797.	1.0	18
15	Convergent Validity of a Physical Activity Questionnaire against Objectively Measured Physical Activity in Adults: The Cardiovascular Risk in Young Finns Study. Advances in Physical Education, 2017, 07, 457-472.	0.2	14
16	Leadership Component of Type A Behavior Predicts Physical Activity in Early Midlife. International Journal of Behavioral Medicine, 2012, 19, 48-55.	0.8	13
17	Lifestyle Risk Factors Increase the Risk of Hospitalization for Sciatica: Findings of Four Prospective Cohort Studies. American Journal of Medicine, 2017, 130, 1408-1414.e6.	0.6	13
18	Testing a physical education-delivered autonomy supportive intervention to promote leisure-time physical activity in lower secondary school students: the PETALS trial. BMC Public Health, 2020, 20, 1438.	1.2	12

#	Article	IF	Citations
19	Life-course leisure-time physical activity trajectories in relation to health-related behaviors in adulthood: the Cardiovascular Risk in Young Finns study. BMC Public Health, 2021, 21, 533.	1.2	12
20	Longitudinal Associations Between Changes in Physical Activity and Depressive Symptoms in Adulthood: The Young Finns Study. International Journal of Behavioral Medicine, 2014, 21, 908-917.	0.8	11
21	Associations of Leisure-Time Physical Activity Trajectories with Fruit and Vegetable Consumption from Childhood to Adulthood: The Cardiovascular Risk in Young Finns Study. International Journal of Environmental Research and Public Health, 2019, 16, 4437.	1.2	8
22	Eight-Year Health Risks Trend Analysis of a Comprehensive Workplace Health Promotion Program. International Journal of Environmental Research and Public Health, 2020, 17, 9426.	1.2	8
23	Training programme for novice physical activity instructors using Teaching Personal and Social Responsibility (TPSR) model: A programme development and protocol. International Journal of Sport and Exercise Psychology, 2021, 19, 159-178.	1.1	8
24	Socialization Into Teaching Physical Education â€“ Acculturative Formation of Perceived Strengths. European Journal of Social & Behavioural Sciences, 2015, 12, 35-49.	0.3	8
25	Is It Good To Be Good? Dispositional Compassion and Health Behaviors. Annals of Behavioral Medicine, 2019, 53, 665-673.	1.7	7
26	Tracking and Changes in Daily Step Counts among Finnish Adults. Medicine and Science in Sports and Exercise, 2021, 53, 1615-1623.	0.2	6
27	Longitudinal associations between parental and offspringâ€™s leisureâ€time physical activity: The Young Finns Study. Scandinavian Journal of Medicine and Science in Sports, 2022, 32, 223-232.	1.3	6
28	Trajectories of Physical Activity Predict the Onset of Depressive Symptoms but Not Their Progression: A Prospective Cohort Study. Hindawi Publishing Corporation, 2016, 2016, 1-9.	2.3	5
29	Higher step count is associated with greater bone mass and strength in women but not in men. Archives of Osteoporosis, 2018, 13, 20.	1.0	5
30	Associations of partnering transition and socioeconomic status with a four-year change in daily steps among Finnish adults. Scandinavian Journal of Public Health, 2019, 47, 722-729.	1.2	5
31	Changes in Daily Steps and Body Mass Index and Waist to Height Ratio during Four Year Follow-Up in Adults: Cardiovascular Risk in Young Finns Study. International Journal of Environmental Research and Public Health, 2017, 14, 1015.	1.2	4
32	The reliability and validity of the sport engagement instrument in the Finnish dual career context. International Journal of Sport and Exercise Psychology, 0, , 1-23.	1.1	4
33	Longâ€term determinants of changes in television viewing time in adults: Prospective analyses from the Young Finns Study. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 2723-2733.	1.3	3
34	Perceived Opportunities for Physical Activity and Willingness to Be More Active in Older Adults with Different Physical Activity Levels. International Journal of Environmental Research and Public Health, 2021, 18, 6146.	1.2	3
35	Neighborhood Mobility and Unmet Physical Activity Need in Old Age: A 2-Year Follow-Up. Journal of Aging and Physical Activity, 2020, 28, 442-447.	0.5	3
36	Young People in the Social World of Physical Activities: Meanings and Barriers. International Journal of Environmental Research and Public Health, 2022, 19, 5466.	1.2	3

#	Article	IF	Citations
37	Predictors of school studentsâ€™ leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. PLoS ONE, 2021, 16, e0258829.	1.1	2
38	Toward adjustment profiles for lower secondary student-athletes in the Finnish dual career context: A mixed-methods approach. Psychology of Sport and Exercise, 2022, 58, 102065.	1.1	1
39	Health Education Teachersâ€™ Assessment Conceptions and Practices: Identifying Assessment Profiles. Educational Assessment, 0, , 1-15.	0.6	0