

# Rebecca K Golley

## List of Publications by Year in descending order

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Version: 2024-02-01

115  
papers

3,634  
citations

147566

31  
h-index

155451

55  
g-index

119  
all docs

119  
docs citations

119  
times ranked

4659  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep duration or bedtime? Exploring the association between sleep timing behaviour, diet and BMI in children and adolescents. <i>International Journal of Obesity</i> , 2013, 37, 546-551.	1.6	236
2	Interventions that involve parents to improve children's weight-related nutrition intake and activity patterns – what nutrition and activity targets and behaviour change techniques are associated with intervention effectiveness?. <i>Obesity Reviews</i> , 2011, 12, 114-130.	3.1	227
3	Relationships between the home environment and physical activity and dietary patterns of preschool children: a cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 31.	2.0	224
4	Twelve-Month Effectiveness of a Parent-led, Family-Focused Weight-Management Program for Prepubertal Children: A Randomized, Controlled Trial. <i>Pediatrics</i> , 2007, 119, 517-525.	1.0	204
5	Assessing dietary intake in children and adolescents: Considerations and recommendations for obesity research. <i>Pediatric Obesity</i> , 2011, 6, 2-11.	3.2	149
6	Reliability and validity of the Children's Dietary Questionnaire; A new tool to measure children's dietary patterns. <i>Pediatric Obesity</i> , 2009, 4, 257-265.	3.2	123
7	Scores on the Dietary Guideline Index for Children and Adolescents Are Associated with Nutrient Intake and Socio-Economic Position but Not Adiposity. <i>Journal of Nutrition</i> , 2011, 141, 1340-1347.	1.3	116
8	Comparison of metabolic syndrome prevalence using six different definitions in overweight pre-pubertal children enrolled in a weight management study. <i>International Journal of Obesity</i> , 2006, 30, 853-860.	1.6	99
9	Characterizing whole diets of young children from developed countries and the association between diet and health: a systematic review. <i>Nutrition Reviews</i> , 2011, 69, 449-467.	2.6	97
10	Associations between dietary patterns at 6 and 15 months of age and sociodemographic factors. <i>European Journal of Clinical Nutrition</i> , 2012, 66, 658-666.	1.3	86
11	Dietary assessment toolkits: an overview. <i>Public Health Nutrition</i> , 2019, 22, 404-418.	1.1	84
12	A systematic evaluation of digital nutrition promotion websites and apps for supporting parents to influence children's nutrition. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 17.	2.0	70
13	Contribution of Discretionary Foods and Drinks to Australian Children's Intake of Energy, Saturated Fat, Added Sugars and Salt. <i>Children</i> , 2017, 4, 104.	0.6	65
14	Dietary patterns at 6, 15 and 24 months of age are associated with IQ at 8 years of age. <i>European Journal of Epidemiology</i> , 2012, 27, 525-535.	2.5	60
15	Randomised controlled trials in overweight children: Practicalities and realities. <i>Pediatric Obesity</i> , 2007, 2, 73-85.	3.2	57
16	Dietary patterns of Australian children aged 14 and 24 months, and associations with socio-demographic factors and adiposity. <i>European Journal of Clinical Nutrition</i> , 2013, 67, 638-645.	1.3	57
17	Combined Home and School Obesity Prevention Interventions for Children. <i>Health Education and Behavior</i> , 2012, 39, 159-171.	1.3	56
18	Diet Quality of UK Infants Is Associated with Dietary, Adiposity, Cardiovascular, and Cognitive Outcomes Measured at 7-8 Years of Age. <i>Journal of Nutrition</i> , 2013, 143, 1611-1617.	1.3	50

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19	The quality of dietary intake methodology and reporting in child and adolescent obesity intervention trials: a systematic review. <i>Obesity Reviews</i> , 2012, 13, 1125-1138.	3.1	48
20	The CSIRO Healthy Diet Score: An Online Survey to Estimate Compliance with the Australian Dietary Guidelines. <i>Nutrients</i> , 2017, 9, 47.	1.7	47
21	Change in the family food environment is associated with positive dietary change in children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 4.	2.0	45
22	Validity of short food questionnaire items to measure intake in children and adolescents: a systematic review. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 36-50.	1.3	42
23	Understanding parent concerns about children's diet, activity and weight status: an important step towards effective obesity prevention interventions. <i>Public Health Nutrition</i> , 2010, 13, 1221-1228.	1.1	41
24	An Index Measuring Adherence to Complementary Feeding Guidelines Has Convergent Validity as a Measure of Infant Diet Quality. <i>Journal of Nutrition</i> , 2012, 142, 901-908.	1.3	40
25	What can families gain from the family meal? A mixed-papers systematic review. <i>Appetite</i> , 2020, 153, 104725.	1.8	39
26	Short Tools to Assess Young Children's Dietary Intake: A Systematic Review Focusing on Application to Dietary Index Research. <i>Journal of Obesity</i> , 2013, 2013, 1-17.	1.1	38
27	Impact of a nutrition award scheme on the food and nutrient intakes of 2- to 4-year-olds attending long day care. <i>Public Health Nutrition</i> , 2015, 18, 2634-2642.	1.1	38
28	School lunch and learning behaviour in primary schools: an intervention study. <i>European Journal of Clinical Nutrition</i> , 2010, 64, 1280-1288.	1.3	37
29	Changing from regular-fat to low-fat dairy foods reduces saturated fat intake but not energy intake in 4-13-year-old children. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 1117-1127.	2.2	36
30	Discrete strategies to reduce intake of discretionary food choices: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 57.	2.0	35
31	Do Dietary Trajectories between Infancy and Toddlerhood Influence IQ in Childhood and Adolescence? Results from a Prospective Birth Cohort Study. <i>PLoS ONE</i> , 2013, 8, e58904.	1.1	34
32	Food parenting practices for 5 to 12-year old children: a concept map analysis of parenting and nutrition experts input. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 122.	2.0	34
33	How to reduce parental provision of unhealthy foods to 3- to 8-year-old children in the home environment? A systematic review utilizing the Behaviour Change Wheel framework. <i>Obesity Reviews</i> , 2018, 19, 1359-1370.	3.1	34
34	Evaluation of the Relative Concentration of Serum Fatty Acids C14:0, C15:0 and C17:0 as Markers of Children's Dairy Fat Intake. <i>Annals of Nutrition and Metabolism</i> , 2014, 65, 310-316.	1.0	32
35	Mobile Apps to Support Healthy Family Food Provision: Systematic Assessment of Popular, Commercially Available Apps. <i>JMIR MHealth and UHealth</i> , 2018, 6, e11867.	1.8	32
36	A short food-group-based dietary questionnaire is reliable and valid for assessing toddlers' dietary risk in relatively advantaged samples. <i>British Journal of Nutrition</i> , 2014, 112, 627-637.	1.2	31

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37	The reliability and relative validity of a diet index score for 4-11-year-old children derived from a parent-reported short food survey. <i>Public Health Nutrition</i> , 2014, 17, 1486-1497.	1.1	31
38	Evaluation of Simulation Models that Estimate the Effect of Dietary Strategies on Nutritional Intake: A Systematic Review. <i>Journal of Nutrition</i> , 2017, 147, 908-931.	1.3	29
39	Factors Influencing Early Feeding of Foods and Drinks Containing Free Sugars—A Birth Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 1270.	1.2	29
40	Characterization of transition diets spanning infancy and toddlerhood: a novel, multiple-time-point application of principal components analysis. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 1200-1208.	2.2	27
41	Reliability and relative validity of a diet index score for adults derived from a self-reported short food survey. <i>Nutrition and Dietetics</i> , 2017, 74, 291-297.	0.9	27
42	Family-focused weight management program for five- to nine-year-olds incorporating parenting skills training with healthy lifestyle information to support behaviour modification. <i>Nutrition and Dietetics</i> , 2007, 64, 144-150.	0.9	26
43	Reducing discretionary food and beverage intake in early childhood: a systematic review within an ecological framework. <i>Public Health Nutrition</i> , 2016, 19, 1684-1695.	1.1	26
44	Supporting strategies for enhancing vegetable liking in the early years of life: an umbrella review of systematic reviews. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1282-1300.	2.2	25
45	Supporting healthy lifestyle behaviours in families attending community playgroups: parents' perceptions of facilitators and barriers. <i>BMC Public Health</i> , 2019, 19, 1740.	1.2	23
46	Dietary Guideline Index for Children and Adolescents: What is the impact of the new dietary guidelines?. <i>Nutrition and Dietetics</i> , 2014, 71, 210-212.	0.9	21
47	Great "app-eal" but not there yet: A review of iPhone nutrition applications relevant to child weight management. <i>Nutrition and Dietetics</i> , 2015, 72, 363-367.	0.9	21
48	Comparing the Nutritional Impact of Dietary Strategies to Reduce Discretionary Choice Intake in the Australian Adult Population: A Simulation Modelling Study. <i>Nutrients</i> , 2017, 9, 442.	1.7	21
49	Dietary Patterns and Risk of Obesity and Early Childhood Caries in Australian Toddlers: Findings from an Australian Cohort Study. <i>Nutrients</i> , 2019, 11, 2828.	1.7	21
50	Free Sugars Intake, Sources and Determinants of High Consumption among Australian 2-Year-Olds in the SMILE Cohort. <i>Nutrients</i> , 2019, 11, 161.	1.7	21
51	Are the nutrient and textural properties of Australian commercial infant and toddler foods consistent with infant feeding advice?. <i>British Journal of Nutrition</i> , 2020, 124, 754-760.	1.2	21
52	Understanding, comparing and learning from the four EPOCH early childhood obesity prevention interventions: A multi-methods study. <i>Pediatric Obesity</i> , 2020, 15, e12679.	1.4	21
53	Towards a unifying caring life-course theory for better self-care and caring solutions: A discussion paper. <i>Journal of Advanced Nursing</i> , 2022, 78, .	1.5	21
54	Children's lunchtime food choices following the introduction of food-based standards for school meals: observations from six primary schools in Sheffield. <i>Public Health Nutrition</i> , 2011, 14, 271-278.	1.1	20

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55	Dietary Patterns of Infants and Toddlers Are Associated with Nutrient Intakes. <i>Nutrients</i> , 2012, 4, 935-948.	1.7	20
56	Children's food and activity patterns following a six-month child weight management program. <i>Pediatric Obesity</i> , 2011, 6, 409-414.	3.2	19
57	Diet spanning infancy and toddlerhood is associated with child blood pressure at age 7.5 y. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 1375-1386.	2.2	19
58	National policies to prevent obesity in early childhood: Using policy mapping to compare policy lessons for Australia with six developed countries. <i>Obesity Reviews</i> , 2019, 20, 1542-1556.	3.1	19
59	The Australian Feeding Infants and Toddler Study (OzFITS 2021): Breastfeeding and Early Feeding Practices. <i>Nutrients</i> , 2022, 14, 206.	1.7	18
60	Childcare Food Provision Recommendations Vary across Australia: Jurisdictional Comparison and Nutrition Expert Perspectives. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6793.	1.2	17
61	Transforming Obesity Prevention for CHILDren (TOPCHILD) Collaboration: protocol for a systematic review with individual participant data meta-analysis of behavioural interventions for the prevention of early childhood obesity. <i>BMJ Open</i> , 2022, 12, e048166.	0.8	17
62	Compliance with Dietary Guidelines Varies by Weight Status: A Cross-Sectional Study of Australian Adults. <i>Nutrients</i> , 2018, 10, 197.	1.7	16
63	Interventions for Improving Young Children's Dietary Intake through Early Childhood Settings: A Systematic Review. <i>International Journal of Child Health and Nutrition</i> , 2015, 4, 14-32.	0.0	16
64	Life on holidays: study protocol for a 3-year longitudinal study tracking changes in children's fitness and fatness during the in-school versus summer holiday period. <i>BMC Public Health</i> , 2019, 19, 1353.	1.2	14
65	Brief tools to measure obesity-related behaviours in children under 5 years of age: A systematic review. <i>Obesity Reviews</i> , 2019, 20, 432-447.	3.1	14
66	Unpacking the behavioural components and delivery features of early childhood obesity prevention interventions in the TOPCHILD Collaboration: a systematic review and intervention coding protocol. <i>BMJ Open</i> , 2022, 12, e048165.	0.8	14
67	Expanding the understanding of how parenting influences the dietary intake and weight status of children: A cross-sectional study. <i>Nutrition and Dietetics</i> , 2011, 68, 127-133.	0.9	13
68	The impact of replacing regular- with reduced-fat dairy foods on children's wider food intake: secondary analysis of a cluster RCT. <i>European Journal of Clinical Nutrition</i> , 2012, 66, 1130-1134.	1.3	11
69	South Australian Long Day Care Centres engaged with a nutrition incentive award scheme show consistency with mealtime practice guidelines. <i>Nutrition and Dietetics</i> , 2012, 69, 130-136.	0.9	11
70	Adolescent Diet and Time Use Clusters and Associations With Overweight and Obesity and Socioeconomic Position. <i>Health Education and Behavior</i> , 2015, 42, 361-369.	1.3	11
71	A Dietary Guideline Adherence Score Is Positively Associated with Dietary Biomarkers but Not Lipid Profile in Healthy Children. <i>Journal of Nutrition</i> , 2015, 145, 128-133.	1.3	10
72	Study of Mothers' and Infants' Life Events Affecting Oral Health (SMILE) birth cohort study: cohort profile. <i>BMJ Open</i> , 2020, 10, e041185.	0.8	10

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73	The food and nutrient intake of 5- to 12-year-old Australian children during school hours: a secondary analysis of the 2011–2012 National Nutrition and Physical Activity Survey. <i>Public Health Nutrition</i> , 2021, 24, 5985-5994.	1.1	10
74	A longitudinal investigation of overweight children's body perception and satisfaction during a weight management program. <i>Appetite</i> , 2015, 85, 48-51.	1.8	9
75	A scoping review of outcomes commonly reported in obesity prevention interventions aiming to improve obesity-related health behaviors in children to age 5 years. <i>Obesity Reviews</i> , 2022, 23, e13427.	3.1	9
76	Minimal change in children's lifestyle behaviours and adiposity following a home-based obesity intervention: results from a pilot study. <i>BMC Research Notes</i> , 2016, 9, 26.	0.6	8
77	Commercially Available Apps to Support Healthy Family Meals: User Testing of App Utility, Acceptability, and Engagement. <i>JMIR MHealth and UHealth</i> , 2021, 9, e22990.	1.8	8
78	Understanding the influence of physical resources and social supports on primary food providers' snack food provision: a discrete choice experiment. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 155.	2.0	8
79	Diet Quality of Australian Children and Adolescents on Weekdays versus Weekend Days: A Secondary Analysis of the National Nutrition and Physical Activity Survey 2011–2012. <i>Nutrients</i> , 2021, 13, 4128.	1.7	8
80	The Relative Validity of the Menzies Remote Short-Item Dietary Assessment Tool (MRSDAT) in Aboriginal Australian Children Aged 6–36 Months. <i>Nutrients</i> , 2018, 10, 590.	1.7	7
81	The Australian Feeding Infants and Toddlers Study (OzFITS) 2021: Study Design, Methods and Sample Description. <i>Nutrients</i> , 2021, 13, 4524.	1.7	7
82	The Family Meal Framework: A grounded theory study conceptualising the work that underpins the family meal. <i>Appetite</i> , 2022, 175, 106071.	1.8	7
83	The transformation of school food in England – the role and activities of the School Food Trust. <i>Nutrition Bulletin</i> , 2007, 32, 392-397.	0.8	6
84	The Apples of Academic Performance: Associations Between Dietary Patterns and Academic Performance in Australian Children. <i>Journal of School Health</i> , 2018, 88, 444-452.	0.8	6
85	Validation testing of a short food-group-based questionnaire to assess dietary risk in preschoolers aged 3–5 years. <i>Nutrition and Dietetics</i> , 2019, 76, 642-645.	0.9	6
86	Stakeholder Generated Ideas for Alternative School Food Provision Models in Australia Using the Nominal Group Technique. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7935.	1.2	6
87	Does Food Intake of Australian Toddlers 12–24 Months Align with Recommendations: Findings from the Australian Feeding Infants and Toddlers Study (OzFITS) 2021. <i>Nutrients</i> , 2022, 14, 2890.	1.7	6
88	Dietary risk scores of toddlers are associated with nutrient intakes and socio-demographic factors, but not weight status. <i>Nutrition and Dietetics</i> , 2016, 73, 73-80.	0.9	5
89	The adaptation and translation of the PEACH RCT intervention: the process and outcomes of the PEACH in the community trial. <i>Public Health</i> , 2017, 153, 154-162.	1.4	5
90	Adjustment Factors Can Improve Estimates of Food Group Intake Assessed Using a Short Dietary Assessment Instrument. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 1864-1873.	0.4	5

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91	Theoretical Reductions in Discretionary Choices Intake via Moderation, Substitution, and Reformulation Dietary Strategies Show Improvements in Nutritional Profile: A Simulation Study in Australian 2- to 18-Year-Olds. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2019, 119, 782-798.e6.	0.4	5
92	Protocol for the development of Core Outcome Sets for Early intervention trials to Prevent Obesity in Children (COS-EPOCH). <i>BMJ Open</i> , 2021, 11, e048104.	0.8	5
93	Usual Nutrient Intake Distribution and Prevalence of Inadequacy among Australian Children 0-24 Months: Findings from the Australian Feeding Infants and Toddlers Study (OzFITS) 2021. <i>Nutrients</i> , 2022, 14, 1381.	1.7	5
94	Adaptation, acceptability and feasibility of a Short Food Survey to assess the dietary intake of children during attendance at childcare. <i>Public Health Nutrition</i> , 2020, 23, 1484-1494.	1.1	4
95	Cluster randomised controlled trial of a menu box delivery service for Australian long day care services to improve menu guideline compliance: a study protocol. <i>BMJ Open</i> , 2021, 11, e045136.	0.8	4
96	A Preference Based Measure of Complementary Feeding Quality: Application to the Avon Longitudinal Study of Parents and Children. <i>PLoS ONE</i> , 2013, 8, e76111.	1.1	4
97	The Complex Quest of Preventing Obesity in Early Childhood: Describing Challenges and Solutions Through Collaboration and Innovation. <i>Frontiers in Endocrinology</i> , 2021, 12, 803545.	1.5	4
98	Application of the multiphase optimisation strategy to develop, optimise and evaluate the effectiveness of a multicomponent initiative package to increase 2-to-5-year-old children's vegetable intake in long day care centres: a study protocol. <i>BMJ Open</i> , 2021, 11, e047618.	0.8	4
99	Feasibility study for efficacy of group weight management programmes achieving therapeutic weight loss in people with type 2 diabetes. <i>Nutrition and Dietetics</i> , 2014, 71, 16-21.	0.9	3
100	Understanding the Variation within a Dietary Guideline Index Score to Identify the Priority Food Group Targets for Improving Diet Quality across Population Subgroups. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 378.	1.2	3
101	Identifying opportunities for strengthening advice to enhance vegetable liking in the early years of life: qualitative consensus and triangulation methods. <i>Public Health Nutrition</i> , 2022, 25, 1217-1232.	1.1	3
102	Examining Constructs of Parental Reflective Motivation towards Reducing Unhealthy Food Provision to Young Children. <i>Nutrients</i> , 2019, 11, 1507.	1.7	2
103	Parent Feeding Practices in the Australian Indigenous Population within the Context of non-Indigenous Australians and Indigenous Populations in Other High-Income Countries: A Scoping Review. <i>Advances in Nutrition</i> , 2019, 10, 89-103.	2.9	2
104	Sources and Determinants of Wholegrain Intake in a Cohort of Australian Children Aged 12-14 Months. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9229.	1.2	2
105	Improving the Reporting of Young Children's Food Intake: Insights from a Cognitive Interviewing Study with Mothers of 3-7-Year Old Children. <i>Nutrients</i> , 2020, 12, 1645.	1.7	2
106	Study protocol for Healthy Conversations @ Playgroup: a multi-site cluster randomized controlled trial of an intervention to promote healthy lifestyle behaviours in young children attending community playgroups. <i>BMC Public Health</i> , 2021, 21, 1757.	1.2	2
107	Menu Audit of Vegetable-Containing Food Offering in Primary School Canteens in Sydney, Australia: A Preliminary Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11789.	1.2	2
108	Group-based trajectories of maternal intake of sugar-sweetened beverage and offspring oral health from a prospective birth cohort study. <i>Journal of Dentistry</i> , 2022, 122, 104113.	1.7	2



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109	Pairwise approach for analysis and reporting of child's free sugars intake from a birth cohort study. <i>Community Dentistry and Oral Epidemiology</i> , 2023, 51, 820-828.	0.9	2
110	A short food-group-based dietary questionnaire is reliable and valid for assessing toddlers's™ dietary risk in relatively advantaged samples – CORRIGENDUM. <i>British Journal of Nutrition</i> , 2014, 112, 1587-1587.	1.2	1
111	Predictors of parental discretionary choice provision using the health action process approach framework: Development and validation of a self-reported questionnaire for parents of 4-7-year-olds. <i>Nutrition and Dietetics</i> , 2018, 75, 431-442.	0.9	1
112	Feasibility of a Group-Based, Facilitator-Directed Online Family Lifestyle Program. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 1194-1201.	0.3	1
113	An Overview of Research Opportunities to Increase the Impact of Nutrition Intervention Research in Early Childhood and Education Care Settings According to the RE-AIM Framework. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2745.	1.2	1
114	Bridging the gap in paediatric nutrition: Dietetic practice research to improve knowledge translation. <i>Nutrition and Dietetics</i> , 2017, 74, 433-435.	0.9	0
115	Parental work hours and household income as determinants of unhealthy food and beverage intake in young Australian children. <i>Public Health Nutrition</i> , 2022, , 1-29.	1.1	0