

Emilio J. Puentedura

List of Publications by Year in descending order

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Version: 2024-02-01

66
papers

2,783
citations

186265

28
h-index

182427

51
g-index

66
all docs

66
docs citations

66
times ranked

2046
citing authors

#	ARTICLE	IF	CITATIONS
1	The Effect of Neuroscience Education on Pain, Disability, Anxiety, and Stress in Chronic Musculoskeletal Pain. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011, 92, 2041-2056.	0.9	501
2	The efficacy of pain neuroscience education on musculoskeletal pain: A systematic review of the literature. <i>Physiotherapy Theory and Practice</i> , 2016, 32, 332-355.	1.3	446
3	Preoperative Pain Neuroscience Education for Lumbar Radiculopathy. <i>Spine</i> , 2014, 39, 1449-1457.	2.0	149
4	Preoperative education addressing postoperative pain in total joint arthroplasty: Review of content and educational delivery methods. <i>Physiotherapy Theory and Practice</i> , 2013, 29, 175-194.	1.3	104
5	Thoracic Spine Thrust Manipulation Versus Cervical Spine Thrust Manipulation in Patients With Acute Neck Pain : A Randomized Clinical Trial. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2011, 41, 208-220.	3.5	84
6	Development of a Clinical Prediction Rule to Identify Patients With Neck Pain Likely to Benefit From Thrust Joint Manipulation to the Cervical Spine. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012, 42, 577-592.	3.5	82
7	Safety of cervical spine manipulation: are adverse events preventable and are manipulations being performed appropriately? A review of 134 case reports. <i>Journal of Manual and Manipulative Therapy</i> , 2012, 20, 66-74.	1.2	74
8	Know Pain, Know Gain? A Perspective on Pain Neuroscience Education in Physical Therapy. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2016, 46, 131-134.	3.5	67
9	A clinical perspective on a pain neuroscience education approach to manual therapy. <i>Journal of Manual and Manipulative Therapy</i> , 2017, 25, 160-168.	1.2	65
10	Immediate effects of quantified hamstring stretching: Hold-relax proprioceptive neuromuscular facilitation versus static stretching. <i>Physical Therapy in Sport</i> , 2011, 12, 122-126.	1.9	63
11	A neuroscience approach to managing athletes with low back pain. <i>Physical Therapy in Sport</i> , 2012, 13, 123-133.	1.9	59
12	Adverse events associated with the use of cervical spine manipulation or mobilization and patient characteristics: A systematic review. <i>Musculoskeletal Science and Practice</i> , 2017, 28, 32-38.	1.3	58
13	Combining manual therapy with pain neuroscience education in the treatment of chronic low back pain: A narrative review of the literature. <i>Physiotherapy Theory and Practice</i> , 2016, 32, 408-414.	1.3	57
14	Use of Therapeutic Neuroscience Education to address psychosocial factors associated with acute low back pain: a case report. <i>Physiotherapy Theory and Practice</i> , 2014, 30, 202-209.	1.3	50
15	Effects of a neurodynamic sliding technique on hamstring flexibility in healthy male soccer players. A pilot study. <i>Physical Therapy in Sport</i> , 2013, 14, 156-162.	1.9	47
16	Development of a Preoperative Neuroscience Educational Program for Patients with Lumbar Radiculopathy. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2013, 92, 446-452.	1.4	47
17	Response of Pain Intensity to Soft Tissue Mobilization and Neurodynamic Technique: A Series of 18 Patients With Chronic Carpal Tunnel Syndrome. <i>Journal of Manipulative and Physiological Therapeutics</i> , 2012, 35, 420-427.	0.9	45
18	Immediate Effects of Mirror Therapy in Patients With Shoulder Pain and Decreased Range of Motion. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017, 98, 1941-1947.	0.9	42

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19	Immediate Effects of Neurodynamic Sliding versus Muscle Stretching on Hamstring Flexibility in Subjects with Short Hamstring Syndrome. Hindawi Publishing Corporation, 2014, 2014, 1-8.	1.1	37
20	Short-term effects of spinal thrust joint manipulation in patients with chronic neck pain: a randomized clinical trial. <i>Clinical Rehabilitation</i> , 2013, 27, 504-512.	2.2	36
21	Use of an abbreviated neuroscience education approach in the treatment of chronic low back pain: A case report. <i>Physiotherapy Theory and Practice</i> , 2012, 28, 50-62.	1.3	35
22	Three-year follow-up of a randomized controlled trial comparing preoperative neuroscience education for patients undergoing surgery for lumbar radiculopathy. <i>Journal of Spine Surgery</i> , 2016, 2, 289-298.	1.2	35
23	Preoperative therapeutic neuroscience education for lumbar radiculopathy: a single-case fMRI report. <i>Physiotherapy Theory and Practice</i> , 2015, 31, 496-508.	1.3	33
24	An abbreviated therapeutic neuroscience education session improves pain knowledge in first-year physical therapy students but does not change attitudes or beliefs. <i>Journal of Manual and Manipulative Therapy</i> , 2017, 25, 11-21.	1.2	32
25	Use of Pain Neuroscience Education, Tactile Discrimination, and Graded Motor Imagery in an Individual With Frozen Shoulder. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018, 48, 174-184.	3.5	32
26	Pain neuroscience education: Which pain neuroscience education metaphor worked best?. <i>South African Journal of Physiotherapy</i> , 2019, 75, 1329.	0.7	32
27	The short term effects of preoperative neuroscience education for lumbar radiculopathy: A case series. <i>International Journal of Spine Surgery</i> , 2015, 9, 11.	1.5	31
28	Safety of thrust joint manipulation in the thoracic spine: a systematic review. <i>Journal of Manual and Manipulative Therapy</i> , 2015, 23, 154-161.	1.2	29
29	Sham Surgery in Orthopedics: A Systematic Review of the Literature. <i>Pain Medicine</i> , 2017, 18, pnw164.	1.9	29
30	Can pain beliefs change in middle school students? A study of the effectiveness of pain neuroscience education. <i>Physiotherapy Theory and Practice</i> , 2018, 34, 542-550.	1.3	29
31	Anterior cervical decompression and fusion on neck range of motion, pain, and function: a prospective analysis. <i>Spine Journal</i> , 2013, 13, 1650-1658.	1.3	24
32	A controlled clinical trial of preoperative pain neuroscience education for patients about to undergo total knee arthroplasty. <i>Clinical Rehabilitation</i> , 2019, 33, 1722-1731.	2.2	23
33	Rehabilitation Following Lumbosacral Percutaneous Nucleoplasty: A Case Report. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2010, 40, 214-224.	3.5	22
34	Clinical presentation and manual therapy for upper quadrant musculoskeletal conditions. <i>Journal of Manual and Manipulative Therapy</i> , 2011, 19, 201-211.	1.2	22
35	Immediate preoperative outcomes of pain neuroscience education for patients undergoing total knee arthroplasty: A case series. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 543-553.	1.3	21
36	Moving without moving: immediate management following lumbar spine surgery using a graded motor imagery approach: a case report. <i>Physiotherapy Theory and Practice</i> , 2015, 31, 509-517.	1.3	18

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37	Preoperative education for lumbar radiculopathy: A survey of US spine surgeons. <i>International Journal of Spine Surgery</i> , 2012, 6, 130-139.	1.5	17
38	The clinical implementation of pain neuroscience education: A survey study. <i>Physiotherapy Theory and Practice</i> , 2017, 33, 869-879.	1.3	17
39	Immediate effect of pain neuroscience education for recent onset low back pain: an exploratory single arm trial. <i>Journal of Manual and Manipulative Therapy</i> , 2019, 27, 267-276.	1.2	17
40	Immediate Effects of Lumbar Spine Manipulation on the Resting and Contraction Thickness of Transversus Abdominis in Asymptomatic Individuals. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2011, 41, 13-21.	3.5	15
41	The immediate effects of manual stretching and cervicothoracic junction manipulation on cervical range of motion and upper trapezius pressure pain thresholds. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , 2017, 30, 1005-1013.	1.1	15
42	Effectiveness of Cervical Spine High-Velocity, Low-Amplitude Thrust Added to Behavioral Education, Soft Tissue Mobilization, and Exercise for People With Temporomandibular Disorder With Myalgia: A Randomized Clinical Trial. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2020, 50, 455-465.	3.5	14
43	Behavior Change Following Pain Neuroscience Education in Middle Schools: A Public Health Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4505.	2.6	13
44	Immediate Changes in Resting and Contracted Thickness of Transversus Abdominis After Dry Needling of Lumbar Multifidus in Healthy Participants: A Randomized Controlled Crossover Trial. <i>Journal of Manipulative and Physiological Therapeutics</i> , 2017, 40, 615-623.	0.9	12
45	Can we just talk our patients out of pain? Should pain neuroscience education be our only tool?. <i>Journal of Manual and Manipulative Therapy</i> , 2021, 29, 1-3.	1.2	12
46	Effects of Manual Therapy on Craniofacial Pain in Patients With Chronic Rhinosinusitis: A Case Series. <i>Journal of Manipulative and Physiological Therapeutics</i> , 2012, 35, 64-72.	0.9	11
47	Thrust joint manipulation utilization by U.S. physical therapists. <i>Journal of Manual and Manipulative Therapy</i> , 2017, 25, 74-82.	1.2	11
48	The Comparative Effects of Upper Thoracic Spine Thrust Manipulation Techniques in Individuals With Subacromial Pain Syndrome: A Randomized Clinical Trial. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2019, 49, 716-724.	3.5	11
49	The role of associative learning and fear in the development of chronic pain – a comparison of chronic pain and post-traumatic stress disorder. <i>Physical Therapy Reviews</i> , 2014, 19, 352-366.	0.8	8
50	Treat the Patient, Not the Label: A Pain Neuroscience Update. <i>Journal of Women's Health Physical Therapy</i> , 2019, 43, 89-97.	0.8	7
51	A Population-Based Survey of Lumbar Surgery Beliefs in the United States. <i>Orthopaedic Nursing</i> , 2014, 33, 207-216.	0.4	6
52	Epidemiology of sleep-related complaints associated with obstructive sleep apnea, insomnia and non-restorative sleep in an at-risk population in Granada, Spain. <i>Sleep and Biological Rhythms</i> , 2012, 10, 222-230.	1.0	5
53	Knowledge and pre-thoracic spinal thrust manipulation examination: a survey of current practice in the UK. <i>Journal of Manual and Manipulative Therapy</i> , 2018, 26, 301-309.	1.2	5
54	Effectiveness of training physical therapists in pain neuroscience education for patients with chronic spine pain: a cluster-randomized trial. <i>Pain</i> , 2022, 163, 852-860.	4.2	5

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55	Thoracic thrust joint manipulation: An international survey of current practice and knowledge in FOMPT member countries. <i>Musculoskeletal Science and Practice</i> , 2020, 50, 102251.	1.3	5
56	A clinical contrast: physical therapists with low back pain treating patients with low back pain. <i>Physiotherapy Theory and Practice</i> , 2015, 31, 562-567.	1.3	4
57	A descriptive study of the utilization of physical therapy for postoperative rehabilitation in patients undergoing surgery for lumbar radiculopathy. <i>European Spine Journal</i> , 2016, 25, 3550-3559.	2.2	3
58	The clinical impact of pain neuroscience continuing education on physical therapy outcomes for patients with low back and neck pain. <i>PLoS ONE</i> , 2022, 17, e0267157.	2.5	3
59	Knee extension isometric torque production differences based on verbal motivation given to introverted and extroverted female children. <i>Physiotherapy Theory and Practice</i> , 2011, 27, 422-428.	1.3	2
60	The Acute Effects of Upper Extremity Stretching on Throwing Velocity in Baseball Throwers. <i>Hindawi Publishing Corporation</i> , 2013, 2013, 1-7.	1.1	2
61	Physician-Delivered Pain Neuroscience Education for Opioid Tapering: A Case Report. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3324.	2.6	2
62	Virtual McKenzie extension exercises for low back and leg pain: a prospective pilot exploratory case series. <i>Journal of Manual and Manipulative Therapy</i> , 2023, 31, 46-52.	1.2	1
63	Towards a greater appreciation of manual therapy challenges in the thoracic spine. <i>Journal of Manual and Manipulative Therapy</i> , 2015, 23, 121-122.	1.2	0
64	To letter to the editor: "Safety of thrust joint manipulation in the thoracic spine: a systematic review". <i>Journal of Manual and Manipulative Therapy</i> , 2015, 23, 174-175.	1.2	0
65	Response to "Adverse events associated with the use of cervical spine manipulation or mobilization and patient characteristics: A systematic review. <i>Musculoskeletal Science and Practice</i> , 2017, 30, e95.	1.3	0
66	Manual therapists' beliefs and use of spinal thrust joint manipulation. <i>European Journal of Physiotherapy</i> , 2020, , 1-8.	1.3	0