

# Fahimeh Haghighatdoost

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/9463295/fahimeh-haghighatdoost-publications-by-year.pdf>

**Version:** 2024-04-27

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

93  
papers

1,516  
citations

23  
h-index

35  
g-index

99  
ext. papers

2,013  
ext. citations

3.6  
avg, IF

5.53  
L-index

#	Paper	IF	Citations
93	The Associations Between Tea and Coffee Drinking and Risk of Calcium-Oxalate Renal Stones. <i>Plant Foods for Human Nutrition</i> , <b>2021</b> , 76, 516-522	3.9	1
92	Effects of soy consumption on metabolic parameters in patients with metabolic syndrome: A systematic review and meta-analysis. <i>EXCLI Journal</i> , <b>2021</b> , 20, 665-685	2.4	1
91	Red and processed meat consumption and risk of incident cardiovascular disease and mortality: Isfahan cohort study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2021</b> , 1-10	3.7	
90	Validity and reproducibility of a semi-quantitative food frequency questionnaire for Iranian adults. <i>Nutrition and Dietetics</i> , <b>2021</b> , 78, 305-314	2.5	1
89	Longitudinal association of dietary carbohydrate and the risk cardiovascular disease: a dose-response meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2021</b> , 1-16	11.5	1
88	The Role of Sarcopenic Obesity in Cancer and Cardiovascular Disease: A Synthesis of the Evidence on Pathophysiological Aspects and Clinical Implications. <i>International Journal of Molecular Sciences</i> , <b>2021</b> , 22,	6.3	8
87	Adherence to the vegetarian diet may increase the risk of depression: a systematic review and meta-analysis of observational studies. <i>Nutrition Reviews</i> , <b>2021</b> ,	6.4	3
86	The longitudinal association between soybean and non-soybean legumes intakes and risk of cardiovascular disease: Isfahan cohort study. <i>British Food Journal</i> , <b>2021</b> , 123, 2864-2879	2.8	1
85	Dairy products consumption and the risk of hypertension in adults: An updated systematic review and dose-response meta-analysis of prospective cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2021</b> , 31, 1962-1975	4.5	4
84	Diagnostic Power of Circulatory Metabolic Biomarkers as Metabolic Syndrome Risk Predictors in Community-Dwelling Older Adults in Northwest of England (A Feasibility Study). <i>Nutrients</i> , <b>2021</b> , 13,	6.7	2
83	Effect of resistant starch type 2 on inflammatory mediators: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , <b>2021</b> , 56, 102597	3.5	3
82	The influence of parathyroidectomy on cardiometabolic risk factors in patients with primary hyperparathyroidism: a systematic review and meta-analysis. <i>Endocrine</i> , <b>2021</b> , 72, 72-85	4	1
81	High dietary acid load score is not associated with the risk of metabolic syndrome in Iranian adults. <i>International Journal for Vitamin and Nutrition Research</i> , <b>2021</b> , 91, 152-163	1.7	2
80	Breakfast skipping alone and in interaction with inflammatory based quality of diet increases the risk of higher scores of psychological problems profile in a large sample of Iranian adults. <i>Journal of Nutritional Science</i> , <b>2021</b> , 10, e10	2.7	1
79	Higher Dietary Acid Load Is Associated With an Increased Risk of Calcium Oxalate Kidney Stones. <i>Journal of Renal Nutrition</i> , <b>2021</b> , 31, 467-474	3	1
78	The long-term association of different dietary protein sources with metabolic syndrome. <i>Scientific Reports</i> , <b>2021</b> , 11, 19394	4.9	1
77	Dietary glycemic index and glycemic load in association with sleep duration: YaHS-TAMYZ and Shahedieh observational studies. <i>Clinical Nutrition ESPEN</i> , <b>2021</b> , 46, 471-476	1.3	

76	The MIND (Mediterranean-DASH Diet Intervention for Neurodegenerative Delay) and Mediterranean Diets are differently associated with psychosomatic complaints profile in adults: Results from SEPAHAN Cross-sectional study. <i>Mediterranean Journal of Nutrition and Metabolism</i> , <b>2020</b> , 13, 341-359	1.3	
75	Meta-analysis of Whole-Grain Consumption and Biomarkers of Systemic Inflammation: Methodologic Limitations. <i>Advances in Nutrition</i> , <b>2020</b> , 11, 465-466	10	
74	A systematic review and meta-analysis of the association between fish consumption and risk of metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2020</b> , 30, 717-729	4.5	9
73	Alpha-lipoic acid effect on leptin and adiponectin concentrations: a systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Clinical Pharmacology</i> , <b>2020</b> , 76, 649-657	2.8	5
72	Personality traits are related to functional dyspepsia in a large sample of Iranian adults. <i>Journal of Psychosomatic Research</i> , <b>2020</b> , 129, 109912	4.1	2
71	Effect of grape polyphenols on selected inflammatory mediators: A systematic review and meta-analysis randomized clinical trials. <i>EXCLI Journal</i> , <b>2020</b> , 19, 251-267	2.4	4
70	Reply to Sadeghian et al. <i>Journal of the American College of Nutrition</i> , <b>2020</b> , 39, 578-579	3.5	
69	Is urinary sodium excretion related to anthropometric indicators of adiposity in adults?. <i>Journal of Research in Medical Sciences</i> , <b>2020</b> , 25, 50	1.6	0
68	Dietary acid load in relation to depression and anxiety in adults. <i>Journal of Human Nutrition and Dietetics</i> , <b>2020</b> , 33, 48-55	3.1	2
67	Dietary patterns in relation with psychosomatic complaints profile: Results from SEPAHAN study among a large sample of general adults. <i>Nutritional Neuroscience</i> , <b>2020</b> , 23, 190-200	3.6	5
66	Dietary energy density and appetite: A systematic review and meta-analysis of clinical trials. <i>Nutrition</i> , <b>2020</b> , 69, 110551	4.8	6
65	Dietary acid load and cardiometabolic risk factors: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , <b>2019</b> , 22, 2823-2834	3.3	4
64	Dietary patterns and frailty: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , <b>2019</b> , 77, 498-513	6.4	21
63	The prevalence of comorbid depression in patients with type 2 diabetes: an updated systematic review and meta-analysis on huge number of observational studies. <i>Acta Diabetologica</i> , <b>2019</b> , 56, 631-650	2.9	73
62	The effect of L-carnitine on inflammatory mediators: a systematic review and meta-analysis of randomized clinical trials. <i>European Journal of Clinical Pharmacology</i> , <b>2019</b> , 75, 1037-1046	2.8	13
61	The effect of alpha-lipoic acid on inflammatory mediators: a systematic review and meta-analysis on randomized clinical trials. <i>European Journal of Pharmacology</i> , <b>2019</b> , 849, 115-123	5.3	26
60	Can resveratrol supplement change inflammatory mediators? A systematic review and meta-analysis on randomized clinical trials. <i>European Journal of Clinical Nutrition</i> , <b>2019</b> , 73, 345-355	5.2	30
59	The effect of green tea on inflammatory mediators: A systematic review and meta-analysis of randomized clinical trials. <i>Phytotherapy Research</i> , <b>2019</b> , 33, 2274-2287	6.7	17

58	Long-term association of nut consumption and cardiometabolic risk factors. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2019</b> , 29, 972-982	4.5	7
57	Associations between dietary patterns and depression and anxiety in middle-aged adults: A large cross-sectional analysis among Iranian manufacturing employees. <i>Advances in Human Biology</i> , <b>2019</b> , 9, 228	0.9	1
56	Different metabolic/obesity phenotypes are differentially associated with development of prediabetes in adults: Results from a 14-year cohort study. <i>World Journal of Diabetes</i> , <b>2019</b> , 10, 350-361	4.7	8
55	The relationship between dietary inflammatory index and psychosomatic complaints profiles: results from SEPAHAN cross-sectional study. <i>BioPsychoSocial Medicine</i> , <b>2019</b> , 13, 27	2.8	1
54	Effects of Whole-Grain Consumption on Selected Biomarkers of Systematic Inflammation: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Journal of the American College of Nutrition</i> , <b>2019</b> , 38, 275-285	3.5	21
53	Association between the dietary inflammatory index and common mental health disorders profile scores. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 1643-1650	5.9	25
52	Dietary glycemic index and glycemic load in relation to general obesity and central adiposity among adults. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 2936-2942	5.9	13
51	Does alpha-lipoic acid affect lipid profile? A meta-analysis and systematic review on randomized controlled trials. <i>European Journal of Pharmacology</i> , <b>2019</b> , 847, 1-10	5.3	6
50	Reply to the comments on effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. <i>Pharmacological Research</i> , <b>2018</b> , 133, 317	10.2	
49	The effects of prebiotic, probiotic, and synbiotic supplementation on blood parameters of renal function: A systematic review and meta-analysis of clinical trials. <i>Nutrition</i> , <b>2018</b> , 51-52, 104-113	4.8	23
48	Effect of conjugated linoleic acid on blood inflammatory markers: a systematic review and meta-analysis on randomized controlled trials. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 1071-1082	5.2	10
47	Effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. <i>Pharmacological Research</i> , <b>2018</b> , 129, 141-150	10.2	62
46	Effect of Curcumin on Anthropometric Measures: A Systematic Review on Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , <b>2018</b> , 37, 215-222	3.5	23
45	Effect of Low-Energy-Dense Diet Rich in Multiple Functional Foods on Weight-Loss Maintenance, Inflammation, and Cardiovascular Risk Factors: A Randomized Controlled Trial. <i>Journal of the American College of Nutrition</i> , <b>2018</b> , 37, 399-405	3.5	8
44	Effect of green tea on plasma leptin and ghrelin levels: A systematic review and meta-analysis of randomized controlled clinical trials. <i>Nutrition</i> , <b>2018</b> , 45, 17-23	4.8	9
43	The acidity of early pregnancy diet and risk of gestational diabetes mellitus. <i>Clinical Nutrition</i> , <b>2018</b> , 37, 2054-2059	5.9	8
42	Effect of Conjugated Linoleic Acid Supplementation on Serum Leptin Concentration: A Systematic Review and Meta-Analysis. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , <b>2018</b> , 18, 185-193	2.2	3
41	Short sleep duration is related to kidney-related biomarkers, but not lipid profile and diet quality in diabetic nephropathy patients. <i>International Journal for Vitamin and Nutrition Research</i> , <b>2018</b> , 88, 39-49	1.7	1

40	Associations between higher egg consumption during pregnancy with lowered risks of high blood pressure and gestational diabetes mellitus. <i>International Journal for Vitamin and Nutrition Research</i> , <b>2018</b> , 88, 166-175	1.7	6
39	Effects of Egg Consumption on Blood Lipids: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , <b>2018</b> , 37, 99-110	3.5	39
38	Fruit and vegetable intake and cognitive impairment: a systematic review and meta-analysis of observational studies. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 1336-1344	5.2	32
37	Drinking plain water is associated with decreased risk of depression and anxiety in adults: Results from a large cross-sectional study. <i>World Journal of Psychiatry</i> , <b>2018</b> , 8, 88-96	3	4
36	Anthropometric Indicators of Adiposity Related to Body Weight and Body Shape as Cardiometabolic Risk Predictors in British Young Adults: Superiority of Waist-to-Height Ratio. <i>Journal of Obesity</i> , <b>2018</b> , 2018, 8370304	3.7	25
35	Dairy products, satiety and food intake: A meta-analysis of clinical trials. <i>Clinical Nutrition</i> , <b>2017</b> , 36, 389-398	3.9	25
34	Dietary glycaemic index and glycaemic load and upper gastrointestinal disorders: results from the SEPAHAN study. <i>Journal of Human Nutrition and Dietetics</i> , <b>2017</b> , 30, 714-723	3.1	9
33	Impact of olive oil-rich diet on serum omentin and adiponectin levels: a randomized cross-over clinical trial among overweight women. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 560-568	3.7	13
32	Are body mass index and waist circumference significant predictors of diabetes and prediabetes risk: Results from a population based cohort study. <i>World Journal of Diabetes</i> , <b>2017</b> , 8, 365-373	4.7	19
31	Association of vegetarian diet with inflammatory biomarkers: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , <b>2017</b> , 20, 2713-2721	3.3	69
30	Effect of Green Tea on Plasma Adiponectin Levels: A Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. <i>Journal of the American College of Nutrition</i> , <b>2017</b> , 36, 541-548	3.5	12
29	Effects of a Low-Calorie, Low-Carbohydrate Soy Containing Diet on Systemic Inflammation Among Patients with Nonalcoholic Fatty Liver Disease: A Parallel Randomized Clinical Trial. <i>Hormone and Metabolic Research</i> , <b>2017</b> , 49, 687-692	3.1	19
28	Salt and obesity: a systematic review and meta-analysis of observational studies. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 265-277	3.7	35
27	Adherence to Healthy Eating Index-2010 is inversely associated with metabolic syndrome and its features among Iranian adult women. <i>European Journal of Clinical Nutrition</i> , <b>2017</b> , 71, 425-430	5.2	30
26	Consumption of energy-dense diets in relation to metabolic syndrome and inflammatory markers in Iranian female nurses. <i>Public Health Nutrition</i> , <b>2017</b> , 20, 893-901	3.3	9
25	Adherence to the Healthy Eating Index and Alternative Healthy Eating Index dietary patterns and mortality from all causes, cardiovascular disease and cancer: a meta-analysis of observational studies. <i>Journal of Human Nutrition and Dietetics</i> , <b>2017</b> , 30, 216-226	3.1	103
24	Healthy eating index and cardiovascular risk factors among Iranian elderly individuals. <i>ARYA Atherosclerosis</i> , <b>2017</b> , 13, 56-65	0.7	10
23	Family Dinner Frequency is Inversely Related to Mental Disorders and Obesity in Adolescents: the CASPIAN-III Study. <i>Archives of Iranian Medicine</i> , <b>2017</b> , 20, 218-223	2.4	4

22	White Rice Consumption, Body Mass Index, and Waist Circumference among Iranian Female Adolescents. <i>Journal of the American College of Nutrition</i> , <b>2016</b> , 35, 491-499	3.5	7
21	Associations between dietary energy density and obesity: A systematic review and meta-analysis of observational studies. <i>Nutrition</i> , <b>2016</b> , 32, 1037-47	4.8	84
20	The association between dietary glycemic index, glycemic load and diet quality indices in Iranian adults: results from Isfahan Healthy Heart Program. <i>International Journal of Food Sciences and Nutrition</i> , <b>2016</b> , 67, 161-9	3.7	13
19	Glycemic index, glycemic load, and common psychological disorders. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 103, 201-9	7	36
18	Low energy density diet, weight loss maintenance, and risk of cardiovascular disease following a recent weight reduction program: A randomized control trial. <i>Journal of Research in Medical Sciences</i> , <b>2016</b> , 21, 32	1.6	8
17	The effects of low carbohydrate diets on liver function tests in nonalcoholic fatty liver disease: A systematic review and meta-analysis of clinical trials. <i>Journal of Research in Medical Sciences</i> , <b>2016</b> , 21, 53	1.6	31
16	Adherence to the DASH and Mediterranean diets is associated with decreased risk for gestational diabetes mellitus. <i>Nutrition</i> , <b>2016</b> , 32, 1092-6	4.8	52
15	Effect of Coenzyme Q10 Supplementation on Diabetes Biomarkers: a Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. <i>Archives of Iranian Medicine</i> , <b>2016</b> , 19, 588-96	2.4	12
14	Association of dietary acid load with cardiovascular disease risk factors in patients with diabetic nephropathy. <i>Nutrition</i> , <b>2015</b> , 31, 697-702	4.8	27
13	Probiotic soy milk and anthropometric measures: Is probiotic soy milk beyond soy milk?. <i>ARYA Atherosclerosis</i> , <b>2015</b> , 11, 265-6	0.7	
12	Dairy consumption, cardiovascular risk factors and inflammation in elderly subjects. <i>ARYA Atherosclerosis</i> , <b>2015</b> , 11, 323-31	0.7	11
11	Dietary approach to stop hypertension (DASH): diet components may be related to lower prevalence of different kinds of cancer: A review on the related documents. <i>Journal of Research in Medical Sciences</i> , <b>2015</b> , 20, 707-13	1.6	8
10	Assessing body shape index as a risk predictor for cardiovascular diseases and metabolic syndrome among Iranian adults. <i>Nutrition</i> , <b>2014</b> , 30, 636-44	4.8	67
9	Diet macronutrients composition in nonalcoholic Fatty liver disease: a review on the related documents. <i>Hepatitis Monthly</i> , <b>2014</b> , 14, e10939	1.8	10
8	Effect of consuming salad and yogurt as preload on body weight management and cardiovascular risk factors: a randomized clinical trial. <i>International Journal of Food Sciences and Nutrition</i> , <b>2013</b> , 64, 392-397	3.7	9
7	Breakfast eating pattern and its association with dietary quality indices and anthropometric measurements in young women in Isfahan. <i>Nutrition</i> , <b>2013</b> , 29, 420-5	4.8	38
6	Dietary treatment options for depression among diabetic patient, focusing on macronutrients. <i>Journal of Diabetes Research</i> , <b>2013</b> , 2013, 421832	3.9	4
5	Healthy eating index and cardiovascular risk factors among Iranians. <i>Journal of the American College of Nutrition</i> , <b>2013</b> , 32, 111-21	3.5	32

4	Is the association between salt intake and blood pressure mediated by body mass index and central adiposity?. <i>Archives of Iranian Medicine</i> , <b>2013</b> , 16, 167-71	2.4	9
3	Dietary energy density is inversely associated with the diet quality indices among Iranian young adults. <i>Journal of Nutritional Science and Vitaminology</i> , <b>2012</b> , 58, 29-35	1.1	20
2	Sleep deprivation is associated with lower diet quality indices and higher rate of general and central obesity among young female students in Iran. <i>Nutrition</i> , <b>2012</b> , 28, 1146-50	4.8	87
1	Effect of substituting saturated with monounsaturated fatty acids on serum visfatin levels and insulin resistance in overweight women: a randomized cross-over clinical trial. <i>International Journal of Food Sciences and Nutrition</i> , <b>2012</b> , 63, 772-81	3.7	9