

Fahimeh Haghighatdoost

List of Publications by Citations

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93
papers

1,516
citations

23
h-index

35
g-index

99
ext. papers

2,013
ext. citations

3.6
avg, IF

5.53
L-index

#	Paper	IF	Citations
93	Adherence to the Healthy Eating Index and Alternative Healthy Eating Index dietary patterns and mortality from all causes, cardiovascular disease and cancer: a meta-analysis of observational studies. <i>Journal of Human Nutrition and Dietetics</i> , 2017 , 30, 216-226	3.1	103
92	Sleep deprivation is associated with lower diet quality indices and higher rate of general and central obesity among young female students in Iran. <i>Nutrition</i> , 2012 , 28, 1146-50	4.8	87
91	Associations between dietary energy density and obesity: A systematic review and meta-analysis of observational studies. <i>Nutrition</i> , 2016 , 32, 1037-47	4.8	84
90	The prevalence of comorbid depression in patients with type 2 diabetes: an updated systematic review and meta-analysis on huge number of observational studies. <i>Acta Diabetologica</i> , 2019 , 56, 631-650	3.9	73
89	Association of vegetarian diet with inflammatory biomarkers: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , 2017 , 20, 2713-2721	3.3	69
88	Assessing body shape index as a risk predictor for cardiovascular diseases and metabolic syndrome among Iranian adults. <i>Nutrition</i> , 2014 , 30, 636-44	4.8	67
87	Effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. <i>Pharmacological Research</i> , 2018 , 129, 141-150	10.2	62
86	Adherence to the DASH and Mediterranean diets is associated with decreased risk for gestational diabetes mellitus. <i>Nutrition</i> , 2016 , 32, 1092-6	4.8	52
85	Effects of Egg Consumption on Blood Lipids: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2018 , 37, 99-110	3.5	39
84	Breakfast eating pattern and its association with dietary quality indices and anthropometric measurements in young women in Isfahan. <i>Nutrition</i> , 2013 , 29, 420-5	4.8	38
83	Glycemic index, glycemic load, and common psychological disorders. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 201-9	7	36
82	Salt and obesity: a systematic review and meta-analysis of observational studies. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 265-277	3.7	35
81	Healthy eating index and cardiovascular risk factors among Iranians. <i>Journal of the American College of Nutrition</i> , 2013 , 32, 111-21	3.5	32
80	Fruit and vegetable intake and cognitive impairment: a systematic review and meta-analysis of observational studies. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1336-1344	5.2	32
79	The effects of low carbohydrate diets on liver function tests in nonalcoholic fatty liver disease: A systematic review and meta-analysis of clinical trials. <i>Journal of Research in Medical Sciences</i> , 2016 , 21, 53	1.6	31
78	Can resveratrol supplement change inflammatory mediators? A systematic review and meta-analysis on randomized clinical trials. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 345-355	5.2	30
77	Adherence to Healthy Eating Index-2010 is inversely associated with metabolic syndrome and its features among Iranian adult women. <i>European Journal of Clinical Nutrition</i> , 2017 , 71, 425-430	5.2	30

76	Association of dietary acid load with cardiovascular disease risk factors in patients with diabetic nephropathy. <i>Nutrition</i> , 2015 , 31, 697-702	4.8	27
75	The effect of alpha-lipoic acid on inflammatory mediators: a systematic review and meta-analysis on randomized clinical trials. <i>European Journal of Pharmacology</i> , 2019 , 849, 115-123	5.3	26
74	Dairy products, satiety and food intake: A meta-analysis of clinical trials. <i>Clinical Nutrition</i> , 2017 , 36, 389-398	3.9	25
73	Association between the dietary inflammatory index and common mental health disorders profile scores. <i>Clinical Nutrition</i> , 2019 , 38, 1643-1650	5.9	25
72	Anthropometric Indicators of Adiposity Related to Body Weight and Body Shape as Cardiometabolic Risk Predictors in British Young Adults: Superiority of Waist-to-Height Ratio. <i>Journal of Obesity</i> , 2018 , 2018, 8370304	3.7	25
71	The effects of prebiotic, probiotic, and synbiotic supplementation on blood parameters of renal function: A systematic review and meta-analysis of clinical trials. <i>Nutrition</i> , 2018 , 51-52, 104-113	4.8	23
70	Effect of Curcumin on Anthropometric Measures: A Systematic Review on Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2018 , 37, 215-222	3.5	23
69	Dietary patterns and frailty: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2019 , 77, 498-513	6.4	21
68	Effects of Whole-Grain Consumption on Selected Biomarkers of Systemic Inflammation: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Journal of the American College of Nutrition</i> , 2019 , 38, 275-285	3.5	21
67	Dietary energy density is inversely associated with the diet quality indices among Iranian young adults. <i>Journal of Nutritional Science and Vitaminology</i> , 2012 , 58, 29-35	1.1	20
66	Are body mass index and waist circumference significant predictors of diabetes and prediabetes risk: Results from a population based cohort study. <i>World Journal of Diabetes</i> , 2017 , 8, 365-373	4.7	19
65	Effects of a Low-Calorie, Low-Carbohydrate Soy Containing Diet on Systemic Inflammation Among Patients with Nonalcoholic Fatty Liver Disease: A Parallel Randomized Clinical Trial. <i>Hormone and Metabolic Research</i> , 2017 , 49, 687-692	3.1	19
64	The effect of green tea on inflammatory mediators: A systematic review and meta-analysis of randomized clinical trials. <i>Phytotherapy Research</i> , 2019 , 33, 2274-2287	6.7	17
63	Impact of olive oil-rich diet on serum omentin and adiponectin levels: a randomized cross-over clinical trial among overweight women. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 560-568	3.7	13
62	The effect of L-carnitine on inflammatory mediators: a systematic review and meta-analysis of randomized clinical trials. <i>European Journal of Clinical Pharmacology</i> , 2019 , 75, 1037-1046	2.8	13
61	The association between dietary glycemic index, glycemic load and diet quality indices in Iranian adults: results from Isfahan Healthy Heart Program. <i>International Journal of Food Sciences and Nutrition</i> , 2016 , 67, 161-9	3.7	13
60	Dietary glycemic index and glycemic load in relation to general obesity and central adiposity among adults. <i>Clinical Nutrition</i> , 2019 , 38, 2936-2942	5.9	13
59	Effect of Green Tea on Plasma Adiponectin Levels: A Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2017 , 36, 541-548	3.5	12

58	Effect of Coenzyme Q10 Supplementation on Diabetes Biomarkers: a Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. <i>Archives of Iranian Medicine</i> , 2016 , 19, 588-96	2.4	12
57	Dairy consumption, cardiovascular risk factors and inflammation in elderly subjects. <i>ARYA Atherosclerosis</i> , 2015 , 11, 323-31	0.7	11
56	Effect of conjugated linoleic acid on blood inflammatory markers: a systematic review and meta-analysis on randomized controlled trials. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1071-1082	5.2	10
55	Diet macronutrients composition in nonalcoholic Fatty liver disease: a review on the related documents. <i>Hepatitis Monthly</i> , 2014 , 14, e10939	1.8	10
54	Healthy eating index and cardiovascular risk factors among Iranian elderly individuals. <i>ARYA Atherosclerosis</i> , 2017 , 13, 56-65	0.7	10
53	Dietary glycaemic index and glycaemic load and upper gastrointestinal disorders: results from the SEPAHAN study. <i>Journal of Human Nutrition and Dietetics</i> , 2017 , 30, 714-723	3.1	9
52	A systematic review and meta-analysis of the association between fish consumption and risk of metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 717-729	4.5	9
51	Effect of green tea on plasma leptin and ghrelin levels: A systematic review and meta-analysis of randomized controlled clinical trials. <i>Nutrition</i> , 2018 , 45, 17-23	4.8	9
50	Effect of consuming salad and yogurt as preload on body weight management and cardiovascular risk factors: a randomized clinical trial. <i>International Journal of Food Sciences and Nutrition</i> , 2013 , 64, 392-397	3.7	9
49	Consumption of energy-dense diets in relation to metabolic syndrome and inflammatory markers in Iranian female nurses. <i>Public Health Nutrition</i> , 2017 , 20, 893-901	3.3	9
48	Effect of substituting saturated with monounsaturated fatty acids on serum visfatin levels and insulin resistance in overweight women: a randomized cross-over clinical trial. <i>International Journal of Food Sciences and Nutrition</i> , 2012 , 63, 772-81	3.7	9
47	Is the association between salt intake and blood pressure mediated by body mass index and central adiposity?. <i>Archives of Iranian Medicine</i> , 2013 , 16, 167-71	2.4	9
46	Effect of Low-Energy-Dense Diet Rich in Multiple Functional Foods on Weight-Loss Maintenance, Inflammation, and Cardiovascular Risk Factors: A Randomized Controlled Trial. <i>Journal of the American College of Nutrition</i> , 2018 , 37, 399-405	3.5	8
45	The acidity of early pregnancy diet and risk of gestational diabetes mellitus. <i>Clinical Nutrition</i> , 2018 , 37, 2054-2059	5.9	8
44	Dietary approach to stop hypertension (DASH): diet components may be related to lower prevalence of different kinds of cancer: A review on the related documents. <i>Journal of Research in Medical Sciences</i> , 2015 , 20, 707-13	1.6	8
43	Low energy density diet, weight loss maintenance, and risk of cardiovascular disease following a recent weight reduction program: A randomized control trial. <i>Journal of Research in Medical Sciences</i> , 2016 , 21, 32	1.6	8
42	Different metabolic/obesity phenotypes are differentially associated with development of prediabetes in adults: Results from a 14-year cohort study. <i>World Journal of Diabetes</i> , 2019 , 10, 350-361	4.7	8
41	The Role of Sarcopenic Obesity in Cancer and Cardiovascular Disease: A Synthesis of the Evidence on Pathophysiological Aspects and Clinical Implications. <i>International Journal of Molecular Sciences</i> , 2021 , 22,	6.3	8

40	White Rice Consumption, Body Mass Index, and Waist Circumference among Iranian Female Adolescents. <i>Journal of the American College of Nutrition</i> , 2016 , 35, 491-499	3.5	7
39	Long-term association of nut consumption and cardiometabolic risk factors. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 972-982	4.5	7
38	Associations between higher egg consumption during pregnancy with lowered risks of high blood pressure and gestational diabetes mellitus. <i>International Journal for Vitamin and Nutrition Research</i> , 2018 , 88, 166-175	1.7	6
37	Does alpha-lipoic acid affect lipid profile? A meta-analysis and systematic review on randomized controlled trials. <i>European Journal of Pharmacology</i> , 2019 , 847, 1-10	5.3	6
36	Dietary energy density and appetite: A systematic review and meta-analysis of clinical trials. <i>Nutrition</i> , 2020 , 69, 110551	4.8	6
35	Alpha-lipoic acid effect on leptin and adiponectin concentrations: a systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Clinical Pharmacology</i> , 2020 , 76, 649-657	2.8	5
34	Dietary patterns in relation with psychosomatic complaints profile: Results from SEPAHAN study among a large sample of general adults. <i>Nutritional Neuroscience</i> , 2020 , 23, 190-200	3.6	5
33	Dietary acid load and cardiometabolic risk factors: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , 2019 , 22, 2823-2834	3.3	4
32	Dietary treatment options for depression among diabetic patient, focusing on macronutrients. <i>Journal of Diabetes Research</i> , 2013 , 2013, 421832	3.9	4
31	Effect of grape polyphenols on selected inflammatory mediators: A systematic review and meta-analysis randomized clinical trials. <i>EXCLI Journal</i> , 2020 , 19, 251-267	2.4	4
30	Dairy products consumption and the risk of hypertension in adults: An updated systematic review and dose-response meta-analysis of prospective cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 1962-1975	4.5	4
29	Drinking plain water is associated with decreased risk of depression and anxiety in adults: Results from a large cross-sectional study. <i>World Journal of Psychiatry</i> , 2018 , 8, 88-96	3	4
28	Family Dinner Frequency is Inversely Related to Mental Disorders and Obesity in Adolescents: the CASPIAN-III Study. <i>Archives of Iranian Medicine</i> , 2017 , 20, 218-223	2.4	4
27	Effect of Conjugated Linoleic Acid Supplementation on Serum Leptin Concentration: A Systematic Review and Meta-Analysis. <i>Endocrine, Metabolic and Immune Disorders - Drug Targets</i> , 2018 , 18, 185-193	2.2	3
26	Adherence to the vegetarian diet may increase the risk of depression: a systematic review and meta-analysis of observational studies. <i>Nutrition Reviews</i> , 2021 ,	6.4	3
25	Effect of resistant starch type 2 on inflammatory mediators: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2021 , 56, 102597	3.5	3
24	Personality traits are related to functional dyspepsia in a large sample of Iranian adults. <i>Journal of Psychosomatic Research</i> , 2020 , 129, 109912	4.1	2
23	Diagnostic Power of Circulatory Metabolic Biomarkers as Metabolic Syndrome Risk Predictors in Community-Dwelling Older Adults in Northwest of England (A Feasibility Study). <i>Nutrients</i> , 2021 , 13,	6.7	2

22	Dietary acid load in relation to depression and anxiety in adults. <i>Journal of Human Nutrition and Dietetics</i> , 2020 , 33, 48-55	3.1	2
21	High dietary acid load score is not associated with the risk of metabolic syndrome in Iranian adults. <i>International Journal for Vitamin and Nutrition Research</i> , 2021 , 91, 152-163	1.7	2
20	The Associations Between Tea and Coffee Drinking and Risk of Calcium-Oxalate Renal Stones. <i>Plant Foods for Human Nutrition</i> , 2021 , 76, 516-522	3.9	1
19	Effects of soy consumption on metabolic parameters in patients with metabolic syndrome: A systematic review and meta-analysis. <i>EXCLI Journal</i> , 2021 , 20, 665-685	2.4	1
18	Associations between dietary patterns and depression and anxiety in middle-aged adults: A large cross-sectional analysis among Iranian manufacturing employees. <i>Advances in Human Biology</i> , 2019 , 9, 228	0.9	1
17	Short sleep duration is related to kidney-related biomarkers, but not lipid profile and diet quality in diabetic nephropathy patients. <i>International Journal for Vitamin and Nutrition Research</i> , 2018 , 88, 39-49	1.7	1
16	Validity and reproducibility of a semi-quantitative food frequency questionnaire for Iranian adults. <i>Nutrition and Dietetics</i> , 2021 , 78, 305-314	2.5	1
15	Longitudinal association of dietary carbohydrate and the risk cardiovascular disease: a dose-response meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-16	11.5	1
14	The longitudinal association between soybean and non-soybean legumes intakes and risk of cardiovascular disease: Isfahan cohort study. <i>British Food Journal</i> , 2021 , 123, 2864-2879	2.8	1
13	The relationship between dietary inflammatory index and psychosomatic complaints profiles: results from SEPAHAN cross-sectional study. <i>BioPsychoSocial Medicine</i> , 2019 , 13, 27	2.8	1
12	The influence of parathyroidectomy on cardiometabolic risk factors in patients with primary hyperparathyroidism: a systematic review and meta-analysis. <i>Endocrine</i> , 2021 , 72, 72-85	4	1
11	Breakfast skipping alone and in interaction with inflammatory based quality of diet increases the risk of higher scores of psychological problems profile in a large sample of Iranian adults. <i>Journal of Nutritional Science</i> , 2021 , 10, e10	2.7	1
10	Higher Dietary Acid Load Is Associated With an Increased Risk of Calcium Oxalate Kidney Stones. <i>Journal of Renal Nutrition</i> , 2021 , 31, 467-474	3	1
9	The long-term association of different dietary protein sources with metabolic syndrome. <i>Scientific Reports</i> , 2021 , 11, 19394	4.9	1
8	Is urinary sodium excretion related to anthropometric indicators of adiposity in adults?. <i>Journal of Research in Medical Sciences</i> , 2020 , 25, 50	1.6	0
7	The MIND (Mediterranean-DASH Diet Intervention for Neurodegenerative Delay) and Mediterranean Diets are differently associated with psychosomatic complaints profile in adults: Results from SEPAHAN Cross-sectional study. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2020 , 13, 341-359	1.3	
6	Meta-analysis of Whole-Grain Consumption and Biomarkers of Systemic Inflammation: Methodologic Limitations. <i>Advances in Nutrition</i> , 2020 , 11, 465-466	10	
5	Reply to the comments on effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. <i>Pharmacological Research</i> , 2018 , 133, 317	10.2	

- 4 Reply to Sadeghian et al. *Journal of the American College of Nutrition*, **2020**, 39, 578-579 3.5
- 3 Probiotic soy milk and anthropometric measures: Is probiotic soy milk beyond soy milk?. *ARYA Atherosclerosis*, **2015**, 11, 265-6 0.7
- 2 Red and processed meat consumption and risk of incident cardiovascular disease and mortality: Isfahan cohort study. *International Journal of Food Sciences and Nutrition*, **2021**, 1-10 3.7
- 1 Dietary glycemic index and glycemic load in association with sleep duration: YaHS-TAMYZ and Shahedieh observational studies. *Clinical Nutrition ESPEN*, **2021**, 46, 471-476 1.3