Fahimeh Haghighatdoost

List of Publications by Year
in descending order

98 papers	2,453 citations	201575 27 h-index	243529 44 g-index
99 all docs	99 docs citations	99 times ranked	4327 citing authors

#	Article	IF	Citations
1	The prevalence of comorbid depression in patients with type 2 diabetes: an updated systematic review and meta-analysis on huge number of observational studies. Acta Diabetologica, 2019, 56, 631-650.	1.2	193
2	Adherence to the Healthy Eating Index and Alternative Healthy Eating Index dietary patterns and mortality from all causes, cardiovascular disease and cancer: a metaâ€analysis of observational studies. Journal of Human Nutrition and Dietetics, 2017, 30, 216-226.	1.3	162
3	Associations between dietary energy density and obesity: A systematic review and meta-analysis of observational studies. Nutrition, 2016, 32, 1037-1047.	1.1	119
4	Sleep deprivation is associated with lower diet quality indices and higher rate of general and central obesity among young female students in Iran. Nutrition, 2012, 28, 1146-1150.	1.1	104
5	Association of vegetarian diet with inflammatory biomarkers: a systematic review and meta-analysis of observational studies. Public Health Nutrition, 2017, 20, 2713-2721.	1.1	96
6	Assessing body shape index as a risk predictor for cardiovascular diseases and metabolic syndrome among Iranian adults. Nutrition, 2014, 30, 636-644.	1.1	82
7	Effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. Pharmacological Research, 2018, 129, 141-150.	3.1	78
8	Adherence to the DASH and Mediterranean diets is associated with decreased risk for gestational diabetes mellitus. Nutrition, 2016, 32, 1092-1096.	1.1	69
9	Salt and obesity: a systematic review and meta-analysis of observational studies. International Journal of Food Sciences and Nutrition, 2017, 68, 265-277.	1.3	63
10	Effects of Egg Consumption on Blood Lipids: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. Journal of the American College of Nutrition, 2018, 37, 99-110.	1.1	61
11	Glycemic index, glycemic load, and common psychological disorders. American Journal of Clinical Nutrition, 2016, 103, 201-209.	2.2	59
12	Adherence to Healthy Eating Index-2010 is inversely associated with metabolic syndrome and its features among Iranian adult women. European Journal of Clinical Nutrition, 2017, 71, 425-430.	1.3	56
13	Dietary patterns and frailty: a systematic review and meta-analysis. Nutrition Reviews, 2019, 77, 498-513.	2.6	56
14	Fruit and vegetable intake and cognitive impairment: a systematic review and meta-analysis of observational studies. European Journal of Clinical Nutrition, 2018, 72, 1336-1344.	1.3	55
15	Breakfast eating pattern and its association with dietary quality indices and anthropometric measurements in young women in Isfahan. Nutrition, 2013, 29, 420-425.	1.1	49
16	The effects of low carbohydrate diets on liver function tests in nonalcoholic fatty liver disease: A systematic review and meta-analysis of clinical trials. Journal of Research in Medical Sciences, 2016, 21, 53.	0.4	46
17	Healthy Eating Index and Cardiovascular Risk Factors among Iranians. Journal of the American College of Nutrition, 2013, 32, 111-121.	1.1	44
18	Anthropometric Indicators of Adiposity Related to Body Weight and Body Shape as Cardiometabolic Risk Predictors in British Young Adults: Superiority of Waist-to-Height Ratio. Journal of Obesity, 2018, 2018, 1-15.	1.1	40

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19	Can resveratrol supplement change inflammatory mediators? A systematic review and meta-analysis on randomized clinical trials. European Journal of Clinical Nutrition, 2019, 73, 345-355.	1.3	40
20	Association between the dietary inflammatory index and common mental health disorders profile scores. Clinical Nutrition, 2019, 38, 1643-1650.	2.3	39
21	Association of dietary acid load with cardiovascular disease risk factors in patients with diabetic nephropathy. Nutrition, 2015, 31, 697-702.	1.1	38
22	Are body mass index and waist circumference significant predictors of diabetes and prediabetes risk: Results from a population based cohort study. World Journal of Diabetes, 2017, 8, 365.	1.3	38
23	The effect of alpha-lipoic acid on inflammatory mediators: a systematic review and meta-analysis on randomized clinical trials. European Journal of Pharmacology, 2019, 849, 115-123.	1.7	38
24	The effect of L-carnitine on inflammatory mediators: a systematic review and meta-analysis of randomized clinical trials. European Journal of Clinical Pharmacology, 2019, 75, 1037-1046.	0.8	34
25	Dairy products, satiety and food intake: A meta-analysis of clinical trials. Clinical Nutrition, 2017, 36, 389-398.	2.3	33
26	The effects of prebiotic, probiotic, and synbiotic supplementation on blood parameters of renal function: A systematic review and meta-analysis of clinical trials. Nutrition, 2018, 51-52, 104-113.	1.1	31
27	The effect of green tea on inflammatory mediators: A systematic review and metaâ€analysis of randomized clinical trials. Phytotherapy Research, 2019, 33, 2274-2287.	2.8	30
28	Effects of a Low-Calorie, Low-Carbohydrate Soy Containing Diet on Systemic Inflammation Among Patients with Nonalcoholic Fatty Liver Disease: A Parallel Randomized Clinical Trial. Hormone and Metabolic Research, 2017, 49, 687-692.	0.7	29
29	Effects of Whole-Grain Consumption on Selected Biomarkers of Systematic Inflammation: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Journal of the American College of Nutrition, 2019, 38, 275-285.	1.1	28
30	The Role of Sarcopenic Obesity in Cancer and Cardiovascular Disease: A Synthesis of the Evidence on Pathophysiological Aspects and Clinical Implications. International Journal of Molecular Sciences, 2021, 22, 4339.	1.8	26
31	Effect of Curcumin on Anthropometric Measures: A Systematic Review on Randomized Clinical Trials. Journal of the American College of Nutrition, 2018, 37, 215-222.	1.1	25
32	Dietary Energy Density Is Inversely Associated with the Diet Quality Indices among Iranian Young Adults. Journal of Nutritional Science and Vitaminology, 2012, 58, 29-35.	0.2	22
33	Dietary glycemic index and glycemic load in relation to general obesity and central adiposity among adults. Clinical Nutrition, 2019, 38, 2936-2942.	2.3	21
34	The association between dietary glycemic index, glycemic load and diet quality indices in Iranian adults: results from Isfahan Healthy Heart Program. International Journal of Food Sciences and Nutrition, 2016, 67, 161-169.	1.3	20
35	Impact of olive oil-rich diet on serum omentin and adiponectin levels: a randomized cross-over clinical trial among overweight women. International Journal of Food Sciences and Nutrition, 2017, 68, 560-568.	1.3	18
36	Effect of Green Tea on Plasma Adiponectin Levels: A Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. Journal of the American College of Nutrition, 2017, 36, 541-548.	1.1	17

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37	Effect of conjugated linoleic acid on blood inflammatory markers: a systematic review and meta-analysis on randomized controlled trials. European Journal of Clinical Nutrition, 2018, 72, 1071-1082.	1.3	17
38	Dietary acid load and cardiometabolic risk factors: a systematic review and meta-analysis of observational studies. Public Health Nutrition, 2019, 22, 2823-2834.	1.1	17
39	Dietary approach to stop hypertension (DASH): diet components may be related to lower prevalence of different kinds of cancer: A review on the related documents. Journal of Research in Medical Sciences, 2015, 20, 707.	0.4	17
40	A systematic review and meta-analysis of the association between fish consumption and risk of metabolic syndrome. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 717-729.	1.1	16
41	Diet Macronutrients Composition in Nonalcoholic Fatty Liver Disease: A Review on the Related Documents. Hepatitis Monthly, 2014, 14, e10939.	0.1	15
42	Effect of Coenzyme Q10 Supplementation on Diabetes Biomarkers: a Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. Archives of Iranian Medicine, 2016, 19, 588-96.	0.2	15
43	Effect of green tea on plasma leptin and ghrelin levels: AÂsystematic review and meta-analysis of randomized controlled clinical trials. Nutrition, 2018, 45, 17-23.	1.1	14
44	Dairy products consumption and the risk of hypertension in adults: An updated systematic review and doseâ€“response meta-analysis of prospective cohort studies. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 1962-1975.	1.1	14
45	The acidity of early pregnancy diet and risk of gestational diabetes mellitus. Clinical Nutrition, 2018, 37, 2054-2059.	2.3	13
46	Drinking plain water is associated with decreased risk of depression and anxiety in adults: Results from a large cross-sectional study. World Journal of Psychiatry, 2018, 8, 88-96.	1.3	13
47	The long-term association of different dietary protein sources with metabolic syndrome. Scientific Reports, 2021, 11, 19394.	1.6	13
48	Healthy eating index and cardiovascular risk factors among Iranian elderly individuals. ARYA Atherosclerosis, 2017, 13, 56-65.	0.4	13
49	Effect of substituting saturated with monounsaturated fatty acids on serum visfatin levels and insulin resistance in overweight women: A randomized cross-over clinical trial. International Journal of Food Sciences and Nutrition, 2012, 63, 772-781.	1.3	12
50	Consumption of energy-dense diets in relation to metabolic syndrome and inflammatory markers in Iranian female nurses. Public Health Nutrition, 2017, 20, 893-901.	1.1	12
51	Long-term association of nut consumption and cardiometabolic risk factors. Nutrition, Metabolism and Cardiovascular Diseases, 2019, 29, 972-982.	1.1	12
52	Higher Dietary Acid Load Is Associated With an Increased Risk of Calcium Oxalate Kidney Stones. , 2021, 31, 467-474.		12
53	Dairy consumption, cardiovascular risk factors and inflammation in elderly subjects. ARYA Atherosclerosis, 2015, 11, 323-31.	0.4	12
54	Effect of consuming salad and yogurt as preload on body weight management and cardiovascular risk factors: a randomized clinical trial. International Journal of Food Sciences and Nutrition, 2013, 64, 392-399.	1.3	11

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55	Effect of Low-Energy-Dense Diet Rich in Multiple Functional Foods on Weight-Loss Maintenance, Inflammation, and Cardiovascular Risk Factors: A Randomized Controlled Trial. Journal of the American College of Nutrition, 2018, 37, 399-405.	1.1	11
56	Dietary energy density and appetite: A systematic review and meta-analysis of clinical trials. Nutrition, 2020, 69, 110551.	1.1	11
57	Effect of resistant starch type 2 on inflammatory mediators: A systematic review and meta-analysis of randomized controlled trials. Complementary Therapies in Medicine, 2021, 56, 102597.	1.3	11
58	Low energy density diet, weight loss maintenance, and risk of cardiovascular disease following a recent weight reduction program: A randomized control trial. Journal of Research in Medical Sciences, 2016, 21, 32.	0.4	11
59	Different metabolic/obesity phenotypes are differentially associated with development of prediabetes in adults: Results from a 14-year cohort study. World Journal of Diabetes, 2019, 10, 350-361.	1.3	11
60	White Rice Consumption, Body Mass Index, and Waist Circumference among Iranian Female Adolescents. Journal of the American College of Nutrition, 2016, 35, 491-499.	1.1	10
61	Dietary glycaemic index and glycaemic load and upper gastrointestinal disorders: results from the <scp>SEPAHAN</scp> study. Journal of Human Nutrition and Dietetics, 2017, 30, 714-723.	1.3	10
62	Does alpha-lipoic acid affect lipid profile? A meta-analysis and systematic review on randomized controlled trials. European Journal of Pharmacology, 2019, 847, 1-10.	1.7	10
63	Adherence to the vegetarian diet may increase the risk of depression: a systematic review and meta-analysis of observational studies. Nutrition Reviews, 2022, 80, 242-254.	2.6	10
64	Associations between higher egg consumption during pregnancy with lowered risks of high blood pressure and gestational diabetes mellitus. International Journal for Vitamin and Nutrition Research, 2018, 88, 166-175.	0.6	10
65	Is the association between salt intake and blood pressure mediated by body mass index and central adiposity?. Archives of Iranian Medicine, 2013, 16, 167-71.	0.2	10
66	Longitudinal association of dietary carbohydrate and the risk cardiovascular disease: a dose-response meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 6277-6292.	5.4	9
67	Dietary acid load in relation to depression and anxiety in adults. Journal of Human Nutrition and Dietetics, 2020, 33, 48-55.	1.3	8
68	Alpha-lipoic acid effect on leptin and adiponectin concentrations: a systematic review and meta-analysis of randomized controlled trials. European Journal of Clinical Pharmacology, 2020, 76, 649-657.	0.8	8
69	Diagnostic Power of Circulatory Metabolic Biomarkers as Metabolic Syndrome Risk Predictors in Community-Dwelling Older Adults in Northwest of England (A Feasibility Study). Nutrients, 2021, 13, 2275.	1.7	8
70	Effect of grape polyphenols on selected inflammatory mediators: A systematic review and meta-analysis randomized clinical trials. EXCLI Journal, 2020, 19, 251-267.	0.5	8
71	High dietary acid load score is not associated with the risk of metabolic syndrome in Iranian adults. International Journal for Vitamin and Nutrition Research, 2021, 91, 152-163.	0.6	7
72	Validity and reproducibility of a semiâ€quantitative food frequency questionnaire for Iranian adults. Nutrition and Dietetics, 2021, 78, 305-314.	0.9	7

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73	The influence of parathyroidectomy on cardiometabolic risk factors in patients with primary hyperparathyroidism: a systematic review and meta-analysis. Endocrine, 2021, 72, 72-85.	1.1	6
74	The Associations Between Tea and Coffee Drinking and Risk of Calcium-Oxalate Renal Stones. Plant Foods for Human Nutrition, 2021, 76, 516-522.	1.4	6
75	Family Dinner Frequency is Inversely Related to Mental Disorders and Obesity in Adolescents: the CASPIAN-III Study. Archives of Iranian Medicine, 2017, 20, 218-223.	0.2	6
76	Dietary Treatment Options for Depression among Diabetic Patient, Focusing on Macronutrients. Journal of Diabetes Research, 2013, 2013, 1-10.	1.0	5
77	Dietary patterns in relation with psychosomatic complaints profile: Results from SEPAHAN study among a large sample of general adults. Nutritional Neuroscience, 2020, 23, 190-200.	1.5	5
78	Personality traits are related to functional dyspepsia in a large sample of Iranian adults. Journal of Psychosomatic Research, 2020, 129, 109912.	1.2	5
79	Breakfast skipping alone and in interaction with inflammatory based quality of diet increases the risk of higher scores of psychological problems profile in a large sample of Iranian adults. Journal of Nutritional Science, 2021, 10, e10.	0.7	5
80	Effect of Conjugated Linoleic Acid Supplementation on Serum Leptin Concentration: A Systematic Review and Meta-Analysis. Endocrine, Metabolic and Immune Disorders - Drug Targets, 2018, 18, 185-193.	0.6	5
81	The longitudinal association between soybean and non-soybean legumes intakes and risk of cardiovascular disease: Isfahan cohort study. British Food Journal, 2021, 123, 2864-2879.	1.6	4
82	Red and processed meat consumption and risk of incident cardiovascular disease and mortality: Isfahan cohort study. International Journal of Food Sciences and Nutrition, 2022, 73, 503-512.	1.3	4
83	The relationship between ultraprocessed food consumption and obesity indicators in Iranian adults. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 2074-2085.	1.1	4
84	The relationship between dietary inflammatory index and psychosomatic complaints profiles: results from SEPAHAN cross-sectional study. BioPsychoSocial Medicine, 2019, 13, 27.	0.9	3
85	Low fermentable oligosaccharides, disaccharides, monosaccharides and polyols diet is associated with increased risk of uninvestigated chronic dyspepsia and its symptoms in adults. Minerva Gastroenterology, 2023, 69, .	0.3	3
86	Effects of soy consumption on metabolic parameters in patients with metabolic syndrome: A systematic review and meta-analysis. EXCLI Journal, 2021, 20, 665-685.	0.5	3
87	Egg consumption and risk of cardiovascular events among Iranians: results from Isfahan Cohort Study (ICS). European Journal of Clinical Nutrition, 2022, 76, 1409-1414.	1.3	3
88	Dietary glycemic index and glycemic load in association with sleep duration: YaHS-TAMYZ and Shahedieh observational studies. Clinical Nutrition ESPEN, 2021, 46, 471-476.	0.5	2
89	Short sleep duration is related to kidney-related biomarkers, but not lipid profile and diet quality in diabetic nephropathy patients. International Journal for Vitamin and Nutrition Research, 2018, 88, 39-49.	0.6	2
90	The MIND (Mediterranean-DASH Diet Intervention for Neurodegenerative Delay) and Mediterranean Diets are differently associated with psychosomatic complaints profile in adults: Results from SEPAHAN Cross-sectional study. Mediterranean Journal of Nutrition and Metabolism, 2020, 13, 341-359.	0.2	1

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91	Associations between dietary patterns and depression and anxiety in middle-aged adults: A large cross-sectional analysis among Iranian manufacturing employees. Advances in Human Biology, 2019, 9, 228.	0.1	1
92	The Role of Fruit and Vegetable Consumption in Mental Health. Nutrition and Food Sciences Research, 2016, 3, 1-2.	0.3	1
93	Probiotic soy milk and anthropometric measures: Is probiotic soy milk beyond soy milk?. ARYA Atherosclerosis, 2015, 11, 265-6.	0.4	1
94	Is urinary sodium excretion related to anthropometric indicators of adiposity in adults?. Journal of Research in Medical Sciences, 2020, 25, 50.	0.4	1
95	Reply to the comments on effect of resveratrol on lipid profile: An updated systematic review and meta-analysis on randomized clinical trials. Pharmacological Research, 2018, 133, 317.	3.1	0
96	Meta-analysis of Whole-Grain Consumption and Biomarkers of Systemic Inflammation: Methodologic Limitations. Advances in Nutrition, 2020, 11, 465-466.	2.9	0
97	Reply to Sadeghian etÂal.. Journal of the American College of Nutrition, 2020, 39, 578-579.	1.1	0
98	Growth trajectories in lipid profile and fasting blood sugar in prediabetic people over a 16- year follow-up and future risk of type2 diabetes mellitus: A latent growth modeling approach. Alexandria Journal of Medicine, 2022, 58, 52-59.	0.4	0