

Janette Walton

List of Publications by Year in descending order

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Version: 2024-02-01

130
papers

2,521
citations

257357

24
h-index

254106

43
g-index

132
all docs

132
docs citations

132
times ranked

3703
citing authors

#	ARTICLE	IF	CITATIONS
1	A review of sugar consumption from nationally representative dietary surveys across the world. <i>Journal of Human Nutrition and Dietetics</i> , 2016, 29, 225-240.	1.3	179
2	Colonic microbiota is associated with inflammation and host epigenomic alterations in inflammatory bowel disease. <i>Nature Communications</i> , 2020, 11, 1512.	5.8	167
3	Vitamin D status of Irish adults: findings from the National Adult Nutrition Survey. <i>British Journal of Nutrition</i> , 2013, 109, 1248-1256.	1.2	104
4	A review of the design and validation of web- and computer-based 24-h dietary recall tools. <i>Nutrition Research Reviews</i> , 2016, 29, 268-280.	2.1	85
5	Development of an on-line Irish food composition database for nutrients. <i>Journal of Food Composition and Analysis</i> , 2011, 24, 1017-1023.	1.9	79
6	Worldwide trends in dietary sugars intake. <i>Nutrition Research Reviews</i> , 2014, 27, 330-345.	2.1	67
7	Impact of voluntary fortification and supplement use on dietary intakes and biomarker status of folate and vitamin B-12 in Irish adults. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 1163-1172.	2.2	61
8	A metabolomics approach to the identification of biomarkers of sugar-sweetened beverage intake. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 471-477.	2.2	59
9	Demonstration of the utility of biomarkers for dietary intake assessment; proline betaine as an example. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1700037.	1.5	58
10	The impact of voluntary food fortification on micronutrient intakes and status in European countries: a review. <i>Proceedings of the Nutrition Society</i> , 2013, 72, 433-440.	0.4	56
11	Nutritional challenges for older adults in Europe: current status and future directions. <i>Proceedings of the Nutrition Society</i> , 2019, 78, 221-233.	0.4	56
12	The role of meat in the European diet: current state of knowledge on dietary recommendations, intakes and contribution to energy and nutrient intakes and status. <i>Nutrition Research Reviews</i> , 2020, 33, 181-189.	2.1	55
13	Adequacy of vitamin D intakes in children and teenagers from the base diet, fortified foods and supplements. <i>Public Health Nutrition</i> , 2014, 17, 721-731.	1.1	53
14	Malnutrition in the elderly. <i>Science Progress</i> , 2019, 102, 171-180.	1.0	53
15	Small Increments in Vitamin D Intake by Irish Adults over a Decade Show That Strategic Initiatives to Fortify the Food Supply Are Needed. <i>Journal of Nutrition</i> , 2015, 145, 969-976.	1.3	52
16	The Development, Validation, and User Evaluation of Foodbook24: A Web-Based Dietary Assessment Tool Developed for the Irish Adult Population. <i>Journal of Medical Internet Research</i> , 2017, 19, e158.	2.1	52
17	The 3 Epimer of 25-Hydroxycholecalciferol Is Present in the Circulation of the Majority of Adults in a Nationally Representative Sample and Has Endogenous Origins. <i>Journal of Nutrition</i> , 2014, 144, 1050-1057.	1.3	48
18	Use of metabotyping for the delivery of personalised nutrition. <i>Molecular Nutrition and Food Research</i> , 2015, 59, 377-385.	1.5	44

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19	Nutritional adequacy of diets containing growing up milks or unfortified cow's milk in Irish children (aged 12â€“24 months). <i>Food and Nutrition Research</i> , 2013, 57, 21836.	1.2	43
20	Modelling the impact of specific food policy options on coronary heart disease and stroke deaths in Ireland. <i>BMJ Open</i> , 2013, 3, e002837.	0.8	40
21	Dietary fat intakes in Irish adults in 2011: how much has changed in 10 years?. <i>British Journal of Nutrition</i> , 2016, 115, 1798-1809.	1.2	34
22	Dietary vitamin D ₂ â€“ a potentially underestimated contributor to vitamin D nutritional status of adults?. <i>British Journal of Nutrition</i> , 2014, 112, 193-202.	1.2	33
23	Sodium and Potassium Intakes and Their Ratio in Adults (18â€“90 y): Findings from the Irish National Adult Nutrition Survey. <i>Nutrients</i> , 2020, 12, 938.	1.7	32
24	Estimation of Chicken Intake by Adults Using Metabolomics-Derived Markers. <i>Journal of Nutrition</i> , 2017, 147, 1850-1857.	1.3	28
25	Plant-based diets: a review of the definitions and nutritional role in the adult diet. <i>Proceedings of the Nutrition Society</i> , 2022, 81, 62-74.	0.4	27
26	An overview of the contribution of dairy and cheese intakes to nutrient intakes in the Irish diet: results from the National Adult Nutrition Survey. <i>British Journal of Nutrition</i> , 2016, 115, 709-717.	1.2	26
27	Nutrient intakes and compliance with nutrient recommendations in children aged 1â€“4 years in Ireland. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 665-676.	1.3	26
28	Metabolomicâ€based identification of clusters that reflect dietary patterns. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1601050.	1.5	26
29	Habitual protein intake, protein distribution patterns and dietary sources in Irish adults with stratification by sex and age. <i>Journal of Human Nutrition and Dietetics</i> , 2020, 33, 465-476.	1.3	26
30	Plasma fatty acid patterns reflect dietary habits and metabolic health: A crossâ€sectional study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 2043-2052.	1.5	25
31	Dietary intakes of six intense sweeteners by Irish adults. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , 2018, 35, 425-438.	1.1	25
32	Risk of Iron Overload in Obesity and Implications in Metabolic Health. <i>Nutrients</i> , 2021, 13, 1539.	1.7	25
33	Water intakes and dietary sources of a nationally representative sample of <sc>Irish</sc> adults. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 550-556.	1.3	24
34	Patterns of dairy food intake, body composition and markers of metabolic health in Ireland: results from the National Adult Nutrition Survey. <i>Nutrition and Diabetes</i> , 2017, 7, e243-e243.	1.5	23
35	Dietary Assessment Methodology for Nutritional Assessment. <i>Topics in Clinical Nutrition</i> , 2015, 30, 33-46.	0.2	22
36	The role of fortified foods and nutritional supplements in increasing vitamin D intake in Irish preschool children. <i>European Journal of Nutrition</i> , 2017, 56, 1219-1231.	1.8	22

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37	Modeling tool for calculating dietary iron bioavailability in iron-sufficient adults. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1408-1414.	2.2	22
38	Comparison of a Web-Based 24-h Dietary Recall Tool (Foodbook24) to an Interviewer-Led 24-h Dietary Recall. <i>Nutrients</i> , 2017, 9, 425.	1.7	22
39	The Relationship between Fish Intake and Urinary Trimethylamine N-Oxide. <i>Molecular Nutrition and Food Research</i> , 2020, 64, e1900799.	1.5	22
40	Current perspectives on global sugar consumption: definitions, recommendations, population intakes, challenges and future direction. <i>Nutrition Research Reviews</i> , 2023, 36, 1-22.	2.1	21
41	Dietary energy density and its association with the nutritional quality of the diet of children and teenagers. <i>Journal of Nutritional Science</i> , 2013, 2, e10.	0.7	20
42	Iodine intakes and status in Irish adults: is there cause for concern?. <i>British Journal of Nutrition</i> , 2017, 117, 422-431.	1.2	20
43	Processed red meat contribution to dietary patterns and the associated cardio-metabolic outcomes. <i>British Journal of Nutrition</i> , 2017, 118, 222-228.	1.2	20
44	Whole grain intakes in Irish adults: findings from the National Adults Nutrition Survey (NANS). <i>European Journal of Nutrition</i> , 2019, 58, 541-550.	1.8	20
45	Food neophobia across the life course: Pooling data from five national cross-sectional surveys in Ireland. <i>Appetite</i> , 2022, 171, 105941.	1.8	19
46	Secular trends in reported portion size of food and beverages consumed by Irish adults. <i>British Journal of Nutrition</i> , 2015, 113, 1148-1157.	1.2	17
47	The factors associated with food fussiness in Irish school-aged children. <i>Public Health Nutrition</i> , 2019, 22, 164-174.	1.1	17
48	Dietary strategies for achieving adequate vitamin D and iron intakes in young children in Ireland. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 405-416.	1.3	16
49	Iodine status of teenage girls on the island of Ireland. <i>European Journal of Nutrition</i> , 2020, 59, 1859-1867.	1.8	16
50	Diet, lifestyle and body weight in Irish children: findings from Irish Universities Nutrition Alliance national surveys. <i>Proceedings of the Nutrition Society</i> , 2014, 73, 190-200.	0.4	15
51	Dietary intake of four artificial sweeteners by Irish pre-school children. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , 2016, 33, 1-11.	1.1	15
52	Development and evaluation of a concise food list for use in a web-based 24-h dietary recall tool. <i>Journal of Nutritional Science</i> , 2017, 6, e46.	0.7	15
53	Impact of the common MTHFR 677C>T polymorphism on blood pressure in adulthood and role of riboflavin in modifying the genetic risk of hypertension: evidence from the JINGO project. <i>BMC Medicine</i> , 2020, 18, 318.	2.3	15
54	Phylloquinone Intakes and Food Sources and Vitamin K Status in a Nationally Representative Sample of Irish Adults. <i>Journal of Nutrition</i> , 2016, 146, 2274-2280.	1.3	14

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55	The prevalence and trends in overweight and obesity in Irish adults between 1990 and 2011. <i>Public Health Nutrition</i> , 2014, 17, 2389-2397.	1.1	13
56	Dietary energy density: estimates, trends and dietary determinants for a nationally representative sample of the Irish population (aged 5â€“90 years). <i>British Journal of Nutrition</i> , 2015, 113, 172-180.	1.2	13
57	Joint Data Analysis in Nutritional Epidemiology: Identification of Observational Studies and Minimal Requirements. <i>Journal of Nutrition</i> , 2018, 148, 285-297.	1.3	13
58	Combining biomarker and food intake data: calibration equations for citrus intake. <i>American Journal of Clinical Nutrition</i> , 2019, 110, 977-983.	2.2	13
59	A modelling approach to investigate the impact of consumption of three different beef compositions on human dietary fat intakes. <i>Public Health Nutrition</i> , 2020, 23, 2373-2383.	1.1	13
60	The prevalence of overweight and obesity in Irish children between 1990 and 2019. <i>Public Health Nutrition</i> , 2020, 23, 2512-2520.	1.1	13
61	Classifying Individuals Into a Dietary Pattern Based on Metabolomic Data. <i>Molecular Nutrition and Food Research</i> , 2021, 65, e2001183.	1.5	13
62	Food neophobia and its relationship with dietary variety and quality in Irish adults: Findings from a national cross-sectional study. <i>Appetite</i> , 2022, 169, 105859.	1.8	13
63	Impact of voluntary food fortification practices in Ireland: trends in nutrient intakes in Irish adults between 1997â€“9 and 2008â€“10. <i>British Journal of Nutrition</i> , 2015, 113, 310-320.	1.2	12
64	Perspective: Essential Study Quality Descriptors for Data from Nutritional Epidemiologic Research. <i>Advances in Nutrition</i> , 2017, 8, 639-651.	2.9	12
65	Metabolomicâ€Based Approach to Identify Biomarkers of Apple Intake. <i>Molecular Nutrition and Food Research</i> , 2020, 64, e1901158.	1.5	12
66	Development and validation testing of a short nutrition questionnaire to identify dietary risk factors in preschoolers aged 12â€“36 months. <i>Food and Nutrition Research</i> , 2015, 59, 27912.	1.2	11
67	Intake, status and dietary sources of riboflavin in a representative sample of Irish adults aged 18â€“90 years. <i>Proceedings of the Nutrition Society</i> , 2018, 77, .	0.4	11
68	The Potential of Multi-Biomarker Panels in Nutrition Research: Total Fruit Intake as an Example. <i>Frontiers in Nutrition</i> , 2020, 7, 577720.	1.6	11
69	Development of an online database of typical food portion sizes in Irish population groups. <i>Journal of Nutritional Science</i> , 2013, 2, e25.	0.7	10
70	Food portion sizes and dietary quality in Irish children and adolescents. <i>Public Health Nutrition</i> , 2015, 18, 1444-1452.	1.1	10
71	Efficacy and safety of food fortification to improve vitamin D intakes of older adults. <i>Nutrition</i> , 2020, 75-76, 110767.	1.1	10
72	Analysis of the National Adult Nutrition Survey (Ireland) and the Food4Me Nutrition Survey Databases to Explore the Development of Food Labelling Portion Sizes for the European Union. <i>Nutrients</i> , 2019, 11, 6.	1.7	10

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73	The role of fruit and vegetables in the diets of children in Europe: current state of knowledge on dietary recommendations, intakes and contribution to energy and nutrient intakes. Proceedings of the Nutrition Society, 2020, 79, 479-486.	0.4	9
74	Eating behaviour styles in Irish teens: a cross-sectional study. Public Health Nutrition, 2021, 24, 2144-2152.	1.1	9
75	Fruit and vegetable intakes, sources and contribution to total diet in very young children (1-4 years): the Irish National Pre-School Nutrition Survey. British Journal of Nutrition, 2016, 115, 2196-2202.	1.2	8
76	Estimating safe maximum levels of vitamins and minerals in fortified foods and food supplements. European Journal of Nutrition, 2017, 56, 2529-2539.	1.8	8
77	Intakes and sources of dietary sugars in a representative sample of Irish adults (18-90y). Proceedings of the Nutrition Society, 2017, 76, .	0.4	6
78	Tackling obesity: A knowledge-base to enable industrial food reformulation. Innovative Food Science and Emerging Technologies, 2020, 64, 102433.	2.7	6
79	Energy, Macronutrients, Dietary Fibre and Salt Intakes in Older Adults in Ireland: Key Sources and Compliance with Recommendations. Nutrients, 2021, 13, 876.	1.7	6
80	Micronutrient intakes in Irish teenagers (13-17 years). Proceedings of the Nutrition Society, 2008, 67, .	0.4	5
81	Contribution of fortified foods to nutrient intakes in Irish teenagers aged 13 to 17 years. Proceedings of the Nutrition Society, 2010, 69, .	0.4	5
82	The National Adult Nutrition Survey: dietary fibre intake of Irish adults. Proceedings of the Nutrition Society, 2011, 70, .	0.4	5
83	Nutritional quality of the school-day diet in Irish children (5-12 years). Journal of Human Nutrition and Dietetics, 2015, 28, 73-82.	1.3	5
84	What is the availability of iodised salt in supermarkets on the Island of Ireland?. European Journal of Clinical Nutrition, 2019, 73, 1636-1638.	1.3	5
85	Dietary fibre (DF) and NSP intake in Irish teenagers aged 13-17 years. Proceedings of the Nutrition Society, 2008, 67, .	0.4	4
86	Folate and vitamin B ₁₂ status in a representative sample of Irish adults. Proceedings of the Nutrition Society, 2011, 70, .	0.4	4
87	The contribution of nutritional supplements to micronutrient intake in Irish adults aged 18-64 years. Proceedings of the Nutrition Society, 2011, 70, .	0.4	4
88	Impact of voluntary fortification and supplement use on dietary intakes of folate and status in an Irish adult population. Proceedings of the Nutrition Society, 2012, 71, .	0.4	4
89	Adiposity Associated Plasma Linoleic Acid is Related to Demographic, Metabolic Health and Haplotypes of FADS1/2 Genes in Irish Adults. Molecular Nutrition and Food Research, 2018, 62, e1700785.	1.5	4
90	Larger Food Portion Sizes Are Associated with Both Positive and Negative Markers of Dietary Quality in Irish Adults. Nutrients, 2018, 10, 1929.	1.7	4

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91	Cross-sectional association of dietary water intakes and sources, and adiposity: National Adult Nutrition Survey, the Republic of Ireland. <i>European Journal of Nutrition</i> , 2019, 58, 1193-1201.	1.8	4
92	Adequacy of calcium and vitamin D nutritional status in a nationally representative sample of Irish teenagers aged 13â€“18 years. <i>European Journal of Nutrition</i> , 2022, 61, 4001-4014.	1.8	4
93	Dietary patterns influencing dietary fibre intake in Irish teenagers aged 13â€“17 years. <i>Proceedings of the Nutrition Society</i> , 2010, 69, .	0.4	3
94	The role of meat in the diets of Irish adults (18â€“90 years). <i>Proceedings of the Nutrition Society</i> , 2018, 77, .	0.4	3
95	Dietary fat intakes in Irish children: changes between 2005 and 2019. <i>Public Health Nutrition</i> , 2021, 24, 802-812.	1.1	3
96	Addressing nutrient shortfalls in 1- to 5-year-old Irish children using diet modeling: development of a protocol for use in country-specific population health. <i>American Journal of Clinical Nutrition</i> , 2022, 115, 105-117.	2.2	3
97	Respondent Characteristics and Dietary Intake Data Collected Using Web-Based and Traditional Nutrition Surveillance Approaches: Comparison and Usability Study. <i>JMIR Public Health and Surveillance</i> , 2021, 7, e22759.	1.2	3
98	Dietary fibre (DF) intakes in preâ€“school children aged 1â€“4 years in Ireland. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	2
99	Vitamin intakes in Irish pre-school children aged 1â€“4 years. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	2
100	Contribution of growing-up milks to the diets of Irish children aged 12â€“36 months. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	2
101	Modelling the impact of mandatory folic acid fortification of bread or flour in Ireland on the risk of occurrence of NTD-affected pregnancies in women of childbearing age and on risk of masking vitamin B12 deficiency in older adults. <i>European Journal of Nutrition</i> , 2020, 59, 2631-2639.	1.8	2
102	Application of a composite scoring protocol to identify factors that contribute to the risk of overweight and obesity in Irish children. <i>Pediatric Obesity</i> , 2022, 17, .	1.4	2
103	Determination of food group intakes in Irish teenagers aged 13â€“17 years. <i>Proceedings of the Nutrition Society</i> , 2008, 67, .	0.4	1
104	Sodium (Na) intakes in Irish adults. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	1
105	The contribution of fortified foods to micronutrient intake in Irish adults aged 18â€“64 years. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	1
106	Analysis of the anthropometric data of adults aged 65+ years participating in the National Adult Nutrition Survey. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	1
107	Intakes of micronutrients in Irish adults (18â€“64 years). <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	1
108	Mineral intakes in Irish pre-school children aged 1â€“4 years. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	1

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109	Dietary energy density (ED) in Irish children aged 1 to 4 years. Proceedings of the Nutrition Society, 2013, 72, .	0.4	1
110	The impact of nutritional supplement use on the prevalence of inadequate micronutrient intakes in 18â€“64 year old Irish adults. Proceedings of the Nutrition Society, 2013, 72, .	0.4	1
111	Dietary determinants of vitamin D intake in Irish pre-school children aged 1â€“4 years. Proceedings of the Nutrition Society, 2015, 74, .	0.4	1
112	Intakes and sources of dietary sugars in Irish pre-school children aged 1â€“4 years. Proceedings of the Nutrition Society, 2016, 75, .	0.4	1
113	Intakes of fruit and vegetables in Irish children (5â€“12 years). Proceedings of the Nutrition Society, 2018, 77, .	0.4	1
114	Updating of the Irish Food Composition Database for vitamin K1 and vitamin K2. Proceedings of the Nutrition Society, 2020, 79, .	0.4	1
115	An Evaluation of Probability of Adequate Nutrient Intake (PANDiet) Scores as a Diet Quality Metric in Irish National Food Consumption Data. Nutrients, 2022, 14, 994.	1.7	1
116	Food group intakes in a representative sample of adults aged 18â€“64 years in Ireland. Proceedings of the Nutrition Society, 2011, 70, .	0.4	0
117	Association of fibre density with nutritional quality of the diet in Irish adults aged 18â€“64 years. Proceedings of the Nutrition Society, 2012, 71, .	0.4	0
118	Potassium intakes in Irish adults. Proceedings of the Nutrition Society, 2012, 71, .	0.4	0
119	Fortified food consumption: impact on micronutrient adequacy and compliance with dietary recommendations in Irish children 1â€“4 years. Proceedings of the Nutrition Society, 2013, 72, .	0.4	0
120	The impact of voluntary fortification practices on adequacy of micronutrient intake in older adults in Ireland. Proceedings of the Nutrition Society, 2014, 73, .	0.4	0
121	Micronutrient intakes and adequacy of intake in older adults in Ireland. Proceedings of the Nutrition Society, 2014, 73, .	0.4	0
122	Consumption of energy drinks in a representative sample of Irish adults aged 18â€“64 years. Proceedings of the Nutrition Society, 2015, 74, .	0.4	0
123	Dietary determinants of micronutrient intake in older Irish adults. Proceedings of the Nutrition Society, 2016, 75, .	0.4	0
124	Dietary determinants of saturated fat intake in Irish pre-school children aged 1â€“4 years. Proceedings of the Nutrition Society, 2017, 76, .	0.4	0
125	The role of yogurt in the diets of the Irish population (5â€“90y). Proceedings of the Nutrition Society, 2017, 76, .	0.4	0
126	Dietary Patterns in Irish Children (5â€“12yrs) and Weight Status. Proceedings of the Nutrition Society, 2018, 77, .	0.4	0

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127	Micronutrient intake and adequacy in women of child-bearing age (WCBA) (18-50y) in Ireland. Proceedings of the Nutrition Society, 2019, 78, .	0.4	0
128	Beverage consumption in school-aged children (5â€“12y) in Ireland. Proceedings of the Nutrition Society, 2021, 80, .	0.4	0
129	The dietary role of unprocessed beef & lamb in a representative sample of adults aged 18â€“64 years in Ireland. Proceedings of the Nutrition Society, 2021, 80, .	0.4	0
130	Eating behaviour styles and their association with sex, BMI and energy intake in Irish teens from the National Teens' Food Survey II. Proceedings of the Nutrition Society, 2022, 81, .	0.4	0