

Anna Jegier

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

28
papers

203
citations

9
h-index

13
g-index

33
ext. papers

266
ext. citations

3
avg, IF

3
L-index

| # | Paper | IF | Citations |
|----|---|-----|-----------|
| 28 | The influence of cardiac rehabilitation on heart rate variability indices in men with type 2 diabetes and coronary artery disease. <i>Diabetes and Vascular Disease Research</i> , 2021 , 18, 14791641211020184 | 3.3 | |
| 27 | Physical Activity as a Predictor of the Level of Stress and Quality of Sleep during COVID-19 Lockdown. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18, | 4.6 | 8 |
| 26 | Analysis of the Nutritional Status in Homeless People in Poland Based on the Selected Biochemical Parameters. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18, | 4.6 | 1 |
| 25 | Exercise Capacity, Functioning and Quality of Life 12 Weeks after Traumatic Thoracic Spinal Cord Injury. <i>Ortopedia Traumatologia Rehabilitacja</i> , 2021 , 23, 257-262 | 0.7 | 0 |
| 24 | Comprehensive cardiac rehabilitation as the keystone in the secondary prevention of cardiovascular disease. <i>Kardiologia Polska</i> , 2021 , 79, 901-916 | 0.9 | |
| 23 | The time spent sitting does not always mean a low level of physical activity. <i>BMC Public Health</i> , 2020 , 20, 317 | 4.1 | 9 |
| 22 | Physical activity of patients with a primary open angle glaucoma. <i>International Journal of Ophthalmology</i> , 2020 , 13, 1102-1108 | 1.4 | 1 |
| 21 | Physical activity of future health care professionals: adherence to current recommendations. <i>Medycyna Pracy</i> , 2020 , 71, 539-549 | 1.3 | |
| 20 | Type of training has a significant influence on the GH/IGF-1 axis but not on regulating miRNAs. <i>Biology of Sport</i> , 2020 , 37, 217-228 | 4.3 | 1 |
| 19 | Alterations in the Properties of Red Blood Cells in Men with Coronary Artery Diseases after Comprehensive Cardiac Rehabilitation. <i>Cardiology Research and Practice</i> , 2020 , 2020, 6478785 | 1.9 | 1 |
| 18 | Changes in lipid and apolipoprotein levels in response to 8-week cardiac rehabilitation in men with coronary artery disease. <i>Polski Merkurusz Lekarski</i> , 2020 , 48, 302-306 | 0.4 | |
| 17 | Relationships between the Expression of the 3 Gene and Explosive Power of Soccer Players. <i>Journal of Human Kinetics</i> , 2019 , 69, 79-87 | 2.6 | 3 |
| 16 | Electrocardiographic exercise testing in adults: performance and interpretation. An expert opinion of the Polish Cardiac Society Working Group on Cardiac Rehabilitation and Exercise Physiology. <i>Kardiologia Polska</i> , 2019 , 77, 399-408 | 0.9 | |
| 15 | MicroRNA Profile and Adaptive Response to Exercise Training: A Review. <i>International Journal of Sports Medicine</i> , 2019 , 40, 227-235 | 3.6 | 32 |
| 14 | The Influence of Comprehensive Cardiac Rehabilitation on Heart Rate Variability Indices after CABG is More Effective than after PCI. <i>Journal of Cardiovascular Translational Research</i> , 2018 , 11, 50-57 | 3.3 | 3 |
| 13 | Investigation of oxidative stress parameters in different lifespan erythrocyte fractions in young untrained men after acute exercise. <i>Experimental Physiology</i> , 2017 , 102, 190-201 | 2.4 | 9 |
| 12 | Expression analysis of selected classes of circulating exosomal miRNAs in soccer players as an indicator of adaptation to physical activity. <i>Biology of Sport</i> , 2017 , 34, 331-338 | 4.3 | 5 |

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|----|--|-----|----|
| 11 | Body composition, nutritional status, and endothelial function in physically active men without metabolic syndrome--a 25 year cohort study. <i>Lipids in Health and Disease</i> , 2016 , 15, 84 | 4.4 | 11 |
| 10 | Blood pressure response to exercise in young athletes aged 10 to 18 years. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016 , 41, 41-8 | 3 | 6 |
| 9 | Blood Pressure Response to Submaximal Exercise Test in Adults. <i>BioMed Research International</i> , 2016 , 2016, 5607507 | 3 | 13 |
| 8 | Regular physical activity and cardiovascular biomarkers in prevention of atherosclerosis in men: a 25-year prospective cohort study. <i>BMC Cardiovascular Disorders</i> , 2016 , 16, 65 | 2.3 | 15 |
| 7 | Cardiac rehabilitation improves the blood plasma properties of cardiac patients. <i>Experimental Biology and Medicine</i> , 2016 , 241, 1997-2006 | 3.7 | 3 |
| 6 | The impact of long-term changes in metabolic status on cardiovascular biomarkers and microvascular endothelial function in middle-aged men: a 25-year prospective study. <i>Diabetology and Metabolic Syndrome</i> , 2015 , 7, 81 | 5.6 | 13 |
| 5 | Physical Activity, Aerobic Capacity, and Total Antioxidant Capacity in Healthy Men and in Men with Coronary Heart Disease. <i>Oxidative Medicine and Cellular Longevity</i> , 2015 , 2015, 197307 | 6.7 | 4 |
| 4 | Long-term effect of different physical activity levels on subclinical atherosclerosis in middle-aged men: a 25-year prospective study. <i>PLoS ONE</i> , 2014 , 9, e85209 | 3.7 | 22 |
| 3 | Cardiovascular risk factors and total serum antioxidant capacity in healthy men and in men with coronary heart disease. <i>BioMed Research International</i> , 2014 , 2014, 216964 | 3 | 29 |
| 2 | Alterations in red blood cells and plasma properties after acute single bout of exercise. <i>Scientific World Journal, The</i> , 2013 , 2013, 168376 | 2.2 | 13 |
| 1 | The weight change impact on metabolic syndrome: a 17-year follow-up study. <i>Open Medicine (Poland)</i> , 2011 , 6, 788-794 | 2.2 | 1 |