

# Jan Keller

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9412564/publications.pdf>

Version: 2024-02-01

45  
papers

837  
citations

623734

14  
h-index

580821

25  
g-index

48  
all docs

48  
docs citations

48  
times ranked

832  
citing authors

#	ARTICLE	IF	CITATIONS
1	Developing habit-based health behaviour change interventions: twenty-one questions to guide future research. <i>Psychology and Health</i> , 2023, 38, 518-540.	2.2	26
2	Digital detox: An effective solution in the smartphone era? A systematic literature review. <i>Mobile Media and Communication</i> , 2022, 10, 190-215.	4.8	66
3	What makes implementation intentions (in)effective for physical activity among older adults?. <i>British Journal of Health Psychology</i> , 2022, 27, 571-587.	3.5	5
4	Hand Washing and Related Cognitions Following a Brief Behavior Change Intervention During the COVID-19 Pandemic: a Pre-Post Analysis. <i>International Journal of Behavioral Medicine</i> , 2022, 29, 575-586.	1.7	4
5	The Interplay Between Strictness of Policies and Individuals' Self-Regulatory Efforts: Associations with Handwashing During the COVID-19 Pandemic. <i>Annals of Behavioral Medicine</i> , 2022, 56, 368-380.	2.9	9
6	Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial.. <i>Health Psychology</i> , 2022, 41, 134-144.	1.6	9
7	White Paper: Open Digital Health "accelerating transparent and scalable health promotion and treatment. <i>Health Psychology Review</i> , 2022, 16, 475-491.	8.6	16
8	Plan pursuit in the context of daily fruit and vegetable consumption: The importance of cue detection and the execution of the planned behaviour for overall behaviour change. <i>British Journal of Health Psychology</i> , 2022, , .	3.5	1
9	Physical Activity, Positive and Negative Symptoms of Psychosis, and General Psychopathology among People with Psychotic Disorders: A Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2022, 11, 2719.	2.4	6
10	What helps to form a healthy nutrition habit? Daily associations of intrinsic reward, anticipated regret, and self-efficacy with automaticity. <i>Appetite</i> , 2022, , 106083.	3.7	3
11	Habits and self-efficacy moderate the effects of intentions and planning on physical activity. <i>British Journal of Health Psychology</i> , 2021, 26, 50-66.	3.5	19
12	Habit formation following routine-based versus time-based cue planning: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2021, 26, 807-824.	3.5	41
13	Immediate effects of a very brief planning intervention on fruit and vegetable consumption: A randomized controlled trial. <i>Applied Psychology: Health and Well-Being</i> , 2021, 13, 377-393.	3.0	8
14	SARS-CoV-2 Infection, Risk Perception, Behaviour and Preventive Measures at Schools in Berlin, Germany, during the Early Post-Lockdown Phase: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2739.	2.6	24
15	Environmental Issues Are Health Issues. <i>European Psychologist</i> , 2021, 26, 219-229.	3.1	13
16	Systematic review of ecological momentary assessment (EMA) studies of five public health-related behaviours: review protocol. <i>BMJ Open</i> , 2021, 11, e046435.	1.9	13
17	Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. <i>Social Science and Medicine</i> , 2021, 287, 114336.	3.8	7
18	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021, 21, 1791.	2.9	18

#	ARTICLE	IF	CITATIONS
19	A Mobile Intervention for Self-Efficacious and Goal-Directed Smartphone Use in the General Population: Randomized Controlled Trial. JMIR MHealth and UHealth, 2021, 9, e26397.	3.7	10
20	Moving in Sync: Hourly Physical Activity and Sedentary Behavior are Synchronized in Couples. Annals of Behavioral Medicine, 2020, 54, 10-21.	2.9	24
21	Health Demands Moderate the Link Between Willpower Beliefs and Physical Activity in Patients with Knee Osteoarthritis. International Journal of Behavioral Medicine, 2020, 27, 406-414.	1.7	9
22	Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. Psychology of Sport and Exercise, 2020, 49, 101710.	2.1	12
23	Maternal practices and perceptions of child body mass status explain child energy expenditure behaviors and body mass. Journal of Behavioral Medicine, 2020, 43, 904-915.	2.1	2
24	Control Strategies and Daily Affect. GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry, 2020, 33, 155-169.	0.5	5
25	What makes a good action plan? Characteristics and enactment of fruit and vegetable plans. Appetite, 2019, 142, 104351.	3.7	8
26	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility. PLoS ONE, 2019, 14, e0224503.	2.5	5
27	Interrelations between Partner-Provided Support and Self-Efficacy: A Dyadic Longitudinal Analysis. Applied Psychology: Health and Well-Being, 2019, 11, 522-542.	3.0	15
28	Sedentary behaviors and anxiety among children, adolescents and adults: a systematic review and meta-analysis. BMC Public Health, 2019, 19, 459.	2.9	44
29	Parental strategies restricting screen use among children, screen home environment, and child screen use as predictors of child body fat: A prospective parent-child study. British Journal of Health Psychology, 2019, 24, 298-314.	3.5	6
30	Putting psychology into telerehabilitation: Coping planning as an example for how to integrate behavior change techniques into clinical practice. AIMS Medical Science, 2019, 6, 13-32.	0.4	2
31	Title is missing!. , 2019, 14, e0224503.		0
32	Title is missing!. , 2019, 14, e0224503.		0
33	Title is missing!. , 2019, 14, e0224503.		0
34	Title is missing!. , 2019, 14, e0224503.		0
35	Interrelations among negative social control, self-efficacy, and physical activity in healthy couples. British Journal of Health Psychology, 2018, 23, 580-596.	3.5	11
36	Augmenting fruit and vegetable consumption by an online intervention: Psychological mechanisms. Appetite, 2018, 120, 348-355.	3.7	60

#	ARTICLE	IF	CITATIONS
37	Sedentary behaviours and health-related quality of life. A systematic review and meta-analysis. Health Psychology Review, 2018, 12, 195-210.	8.6	63
38	Facilitating physical activity and reducing symptoms in patients with knee osteoarthritis: study protocol of a randomized controlled trial to test a theory-based PrevOP-psychological adherence program (PrevOP-PAP). BMC Musculoskeletal Disorders, 2018, 19, 221.	1.9	9
39	Predictors of dyadic planning: Perspectives of prostate cancer survivors and their partners. British Journal of Health Psychology, 2017, 22, 42-59.	3.5	7
40	Effects of dyadic planning on physical activity in couples: A randomized controlled trial.. Health Psychology, 2017, 36, 8-20.	1.6	85
41	What contributes to action plan enactment? Examining characteristics of physical activity plans. British Journal of Health Psychology, 2017, 22, 940-957.	3.5	37
42	Which characteristics of planning matter? Individual and dyadic physical activity plans and their effects on plan enactment. Social Science and Medicine, 2017, 189, 53-62.	3.8	74
43	Self-Efficacy and Planning as Predictors of Physical Activity in the Context of Workplace Health Promotion. Applied Psychology: Health and Well-Being, 2016, 8, 301-321.	3.0	23
44	Enabling or Cultivating? The Role of Prostate Cancer Patients' Received Partner Support and Self-Efficacy in the Maintenance of Pelvic Floor Exercise Following Tumor Surgery. Annals of Behavioral Medicine, 2016, 50, 247-258.	2.9	25
45	Individual and dyadic planning predicting pelvic floor exercise among prostate cancer survivors.. Rehabilitation Psychology, 2015, 60, 222-231.	1.3	8