

# Michael Georgoulis

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

|                   |                       |               |                |
|-------------------|-----------------------|---------------|----------------|
| 23<br>papers      | 596<br>citations      | 11<br>h-index | 24<br>g-index  |
| 25<br>ext. papers | 781<br>ext. citations | 4<br>avg, IF  | 3.9<br>L-index |

| #  | Paper   | IF   | Citations |
|----|---|------|-----------|
| 23 | Association of adherence to the Mediterranean diet and physical activity habits with the presence of insomnia in patients with obstructive sleep apnea. <i>Sleep and Breathing</i> , <b>2021</b> , 1  | 3.1  | 1         |
| 22 | A weight-loss Mediterranean diet/lifestyle intervention ameliorates inflammation and oxidative stress in patients with obstructive sleep apnea: results of the "MIMOSA" randomized clinical trial. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 3799-3810               | 5.2  | 3         |
| 21 | Students Living in the Islands are Heavier and have Lower Fitness Levels Compared to their Mainland Counterparts; Results from the National Action for Children's Health (EYZHN) Program. <i>Behavioral Medicine</i> , <b>2021</b> , 47, 236-245                                    | 4.4  | 1         |
| 20 | The effectiveness of a weight-loss Mediterranean diet/lifestyle intervention in the management of obstructive sleep apnea: Results of the "MIMOSA" randomized clinical trial. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 850-859   | 5.9  | 10        |
| 19 | Higher refined cereal grain intake is positively associated with apnoea-hypopnoea index in patients with obstructive sleep apnoea. <i>Journal of Human Nutrition and Dietetics</i> , <b>2021</b> ,  | 3.1  | 1         |
| 18 | Dose-response relationship between weight loss and improvements in obstructive sleep apnea severity after a diet/lifestyle intervention: secondary analyses of the MIMOSA randomized clinical trial.. <i>Journal of Clinical Sleep Medicine</i> , <b>2021</b> ,                     | 3.1  | 1         |
| 17 | Cardiometabolic Benefits of a Weight-Loss Mediterranean Diet/Lifestyle Intervention in Patients with Obstructive Sleep Apnea: The "MIMOSA" Randomized Clinical Trial. <i>Nutrients</i> , <b>2020</b> , 12,  | 6.7  | 4         |
| 16 | Obtaining evidence base for the development of Feel4Diabetes intervention to prevent type 2 diabetes - a narrative literature review. <i>BMC Endocrine Disorders</i> , <b>2020</b> , 20, 140  | 3.3  | 7         |
| 15 | Associations between Red Meat Intake and Sleep Parameters in Patients with Obstructive Sleep Apnea. <i>Journal of the Academy of Nutrition and Dietetics</i> , <b>2020</b> , 120, 1042-1053   | 3.9  | 6         |
| 14 | High and moderate adherence to Mediterranean lifestyle is inversely associated with overweight, general and abdominal obesity in children and adolescents: The MediLIFE-index. <i>Nutrition Research</i> , <b>2020</b> , 73, 38-47  | 4    | 15        |
| 13 | Schoolteachers' Nutrition Knowledge, Beliefs, and Attitudes Before and After an E-Learning Program. <i>Journal of Nutrition Education and Behavior</i> , <b>2019</b> , 51, 1088-1098  | 2    | 4         |
| 12 | Serum levels of advanced glycation end-products (AGEs) and the decoy soluble receptor for AGEs (sRAGE) can identify non-alcoholic fatty liver disease in age-, sex- and BMI-matched normo-glycemic adults. <i>Metabolism: Clinical and Experimental</i> , <b>2018</b> , 83, 120-127 | 12.7 | 33        |
| 11 | Association of Anthropometric and Lifestyle Parameters with Fitness Levels in Greek Schoolchildren: Results from the EYZHN Program. <i>Frontiers in Nutrition</i> , <b>2018</b> , 5, 10   | 6.2  | 16        |
| 10 | Effects of lifestyle interventions on clinical characteristics of patients with non-alcoholic fatty liver disease: A meta-analysis. <i>Metabolism: Clinical and Experimental</i> , <b>2017</b> , 68, 119-132  | 12.7 | 135       |
| 9  | Association between gestational weight gain and risk of obesity in preadolescence: a longitudinal study (1997-2007) of 5125 children in Greece. <i>Journal of Human Nutrition and Dietetics</i> , <b>2017</b> , 30, 51-58   | 3.1  | 11        |
| 8  | Associations Between Lifestyle Characteristics and the Presence of Nonalcoholic Fatty Liver Disease: A Case-Control Study. <i>Metabolic Syndrome and Related Disorders</i> , <b>2017</b> , 15, 72-79  | 2.6  | 25        |
| 7  | Prevalence and lifestyle determinants of central obesity in children. <i>European Journal of Nutrition</i> , <b>2016</b> , 55, 1923-31  | 5.2  | 26        |

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|---|--|-----|-----|
| 6 | Associations between dietary intake and the presence of the metabolic syndrome in patients with non-alcoholic fatty liver disease. <i>Journal of Human Nutrition and Dietetics</i> , <b>2015</b> , 28, 409-15                      | 3.1 | 22  |
| 5 | Increased abdominal fat levels measured by bioelectrical impedance are associated with histological lesions of nonalcoholic steatohepatitis. <i>European Journal of Gastroenterology and Hepatology</i> , <b>2015</b> , 27, 907-13 | 2.2 | 7   |
| 4 | Blood redox status is associated with the likelihood of nonalcoholic fatty liver disease irrespectively of diet's total antioxidant capacity. <i>Nutrition Research</i> , <b>2015</b> , 35, 41-8                                   | 4   | 18  |
| 3 | The impact of cereal grain consumption on the development and severity of non-alcoholic fatty liver disease. <i>European Journal of Nutrition</i> , <b>2014</b> , 53, 1727-35  | 5.2 | 28  |
| 2 | Adherence to the Mediterranean diet is associated with the severity of non-alcoholic fatty liver disease. <i>Clinical Nutrition</i> , <b>2014</b> , 33, 678-83   | 5.9 | 135 |
| 1 | Mediterranean diet and diabetes: prevention and treatment. <i>Nutrients</i> , <b>2014</b> , 6, 1406-23   | 6.7 | 86  |