

Michael Georgoulis

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

23 papers	596 citations	11 h-index	24 g-index
25 ext. papers	781 ext. citations	4 avg, IF	3.9 L-index

#	Paper	IF	Citations
23	Effects of lifestyle interventions on clinical characteristics of patients with non-alcoholic fatty liver disease: A meta-analysis. <i>Metabolism: Clinical and Experimental</i> , 2017 , 68, 119-132	12.7	135
22	Adherence to the Mediterranean diet is associated with the severity of non-alcoholic fatty liver disease. <i>Clinical Nutrition</i> , 2014 , 33, 678-83	5.9	135
21	Mediterranean diet and diabetes: prevention and treatment. <i>Nutrients</i> , 2014 , 6, 1406-23	6.7	86
20	Serum levels of advanced glycation end-products (AGEs) and the decoy soluble receptor for AGEs (sRAGE) can identify non-alcoholic fatty liver disease in age-, sex- and BMI-matched normo-glycemic adults. <i>Metabolism: Clinical and Experimental</i> , 2018 , 83, 120-127	12.7	33
19	The impact of cereal grain consumption on the development and severity of non-alcoholic fatty liver disease. <i>European Journal of Nutrition</i> , 2014 , 53, 1727-35	5.2	28
18	Prevalence and lifestyle determinants of central obesity in children. <i>European Journal of Nutrition</i> , 2016 , 55, 1923-31	5.2	26
17	Associations Between Lifestyle Characteristics and the Presence of Nonalcoholic Fatty Liver Disease: A Case-Control Study. <i>Metabolic Syndrome and Related Disorders</i> , 2017 , 15, 72-79	2.6	25
16	Associations between dietary intake and the presence of the metabolic syndrome in patients with non-alcoholic fatty liver disease. <i>Journal of Human Nutrition and Dietetics</i> , 2015 , 28, 409-15	3.1	22
15	Blood redox status is associated with the likelihood of nonalcoholic fatty liver disease irrespective of diet's total antioxidant capacity. <i>Nutrition Research</i> , 2015 , 35, 41-8	4	18
14	Association of Anthropometric and Lifestyle Parameters with Fitness Levels in Greek Schoolchildren: Results from the EYZHN Program. <i>Frontiers in Nutrition</i> , 2018 , 5, 10	6.2	16
13	High and moderate adherence to Mediterranean lifestyle is inversely associated with overweight, general and abdominal obesity in children and adolescents: The MediLIFE-index. <i>Nutrition Research</i> , 2020 , 73, 38-47	4	15
12	Association between gestational weight gain and risk of obesity in preadolescence: a longitudinal study (1997-2007) of 5125 children in Greece. <i>Journal of Human Nutrition and Dietetics</i> , 2017 , 30, 51-58	3.1	11
11	The effectiveness of a weight-loss Mediterranean diet/lifestyle intervention in the management of obstructive sleep apnea: Results of the "MIMOSA" randomized clinical trial. <i>Clinical Nutrition</i> , 2021 , 40, 850-859	5.9	10
10	Obtaining evidence base for the development of Feel4Diabetes intervention to prevent type 2 diabetes - a narrative literature review. <i>BMC Endocrine Disorders</i> , 2020 , 20, 140	3.3	7
9	Increased abdominal fat levels measured by bioelectrical impedance are associated with histological lesions of nonalcoholic steatohepatitis. <i>European Journal of Gastroenterology and Hepatology</i> , 2015 , 27, 907-13	2.2	7
8	Associations between Red Meat Intake and Sleep Parameters in Patients with Obstructive Sleep Apnea. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2020 , 120, 1042-1053	3.9	6
7	Cardiometabolic Benefits of a Weight-Loss Mediterranean Diet/Lifestyle Intervention in Patients with Obstructive Sleep Apnea: The "MIMOSA" Randomized Clinical Trial. <i>Nutrients</i> , 2020 , 12,	6.7	4

6	Schoolteachers' Nutrition Knowledge, Beliefs, and Attitudes Before and After an E-Learning Program. <i>Journal of Nutrition Education and Behavior</i> , 2019 , 51, 1088-1098	2	4
5	A weight-loss Mediterranean diet/lifestyle intervention ameliorates inflammation and oxidative stress in patients with obstructive sleep apnea: results of the "MIMOSA" randomized clinical trial. <i>European Journal of Nutrition</i> , 2021 , 60, 3799-3810	5.2	3
4	Association of adherence to the Mediterranean diet and physical activity habits with the presence of insomnia in patients with obstructive sleep apnea. <i>Sleep and Breathing</i> , 2021 , 1	3.1	1
3	Students Living in the Islands are Heavier and have Lower Fitness Levels Compared to their Mainland Counterparts; Results from the National Action for Children's Health (EYZHN) Program. <i>Behavioral Medicine</i> , 2021 , 47, 236-245	4.4	1
2	Higher refined cereal grain intake is positively associated with apnoea-hypopnoea index in patients with obstructive sleep apnoea. <i>Journal of Human Nutrition and Dietetics</i> , 2021 ,	3.1	1
1	Dose-response relationship between weight loss and improvements in obstructive sleep apnea severity after a diet/lifestyle intervention: secondary analyses of the MIMOSA randomized clinical trial.. <i>Journal of Clinical Sleep Medicine</i> , 2021 ,	3.1	1