

# Justin Richards

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9376387/publications.pdf>

Version: 2024-02-01

39  
papers

4,713  
citations

331538

21  
h-index

315616

38  
g-index

42  
all docs

42  
docs citations

42  
times ranked

6970  
citing authors

#	ARTICLE	IF	CITATIONS
1	Community coâ€selection of measures to evaluate the health and wellbeing impact of Aboriginal and Torres Strait Islander community running groups. Health Promotion Journal of Australia, 2022, , .	0.6	2
2	Facilitators and Barriers to Physical Activity and Sport Participation Experienced by Aboriginal and Torres Strait Islander Adults: A Mixed Method Review. International Journal of Environmental Research and Public Health, 2021, 18, 9893.	1.2	6
3	The potential of school-based physical education to increase physical activity in Aotearoa New Zealand children and young people: a modelling study. New Zealand Medical Journal, 2021, 134, 23-35.	0.5	0
4	Mediators of focused psychosocial support interventions for children in lowâ€resource humanitarian settings: analysis from an Individual Participant Dataset with 3,143 participants. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 584-593.	3.1	10
5	Evidence on the reach and impact of the social physical activity phenomenon parkrun: A scoping review. Preventive Medicine Reports, 2020, 20, 101231.	0.8	25
6	Use of the prevented fraction for the population to determine deaths averted by existing prevalence of physical activity: a descriptive study. The Lancet Global Health, 2020, 8, e920-e930.	2.9	86
7	Infographic. Walking on sunshine: scoping review of the evidence for walking and mental health. British Journal of Sports Medicine, 2019, 53, 903-904.	3.1	0
8	Methods for quantifying the social and economic value of sport and active recreation: a critical review. Sport in Society, 2019, 22, 2203-2223.	0.8	20
9	Associations between sociodemographic and behaviour factors, and dietary risk factors for overweight and obesity, in Samoan women. Appetite, 2019, 134, 155-161.	1.8	10
10	Understanding physical activity patterns among rural Aboriginal and non-Aboriginal young people. Rural and Remote Health, 2019, 19, 4876.	0.4	6
11	Do tutors make a difference in online learning? A comparative study in two Open Online Courses. Open Praxis, 2019, 11, 229.	1.7	5
12	Focused psychosocial interventions for children in low-resource humanitarian settings: a systematic review and individual participant data meta-analysis. The Lancet Global Health, 2018, 6, e390-e400.	2.9	119
13	Physical activity correlates in people living with HIV/AIDS: a systematic review of 45 studies. Disability and Rehabilitation, 2018, 40, 1618-1629.	0.9	65
14	Walking on sunshine: scoping review of the evidence for walking and mental health. British Journal of Sports Medicine, 2018, 52, 800-806.	3.1	134
15	Running on a high: parkrun and personal well-being. BMC Public Health, 2018, 18, 59.	1.2	52
16	The â€cripple effectâ€: Health and community perceptions of the Indigenous Marathon Program on Thursday Island in the Torres Strait, Australia. Health Promotion Journal of Australia, 2018, 29, 304-313.	0.6	10
17	Cardiorespiratory Fitness in Severe Mental Illness: A Systematic Review and Meta-analysis. Sports Medicine, 2017, 47, 343-352.	3.1	170
18	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 6.	2.0	115

#	ARTICLE	IF	CITATIONS
19	Correlates of physical activity among Australian Indigenous and non-Indigenous adolescents. Australian and New Zealand Journal of Public Health, 2017, 41, 187-192.	0.8	12
20	Physical activity and anxiety: A perspective from the World Health Survey. Journal of Affective Disorders, 2017, 208, 545-552.	2.0	211
21	Physical fitness in people with posttraumatic stress disorder: a systematic review. Disability and Rehabilitation, 2017, 39, 2461-2467.	0.9	36
22	A snapshot of physical activity programs targeting Aboriginal and Torres Strait Islander people in Australia. Health Promotion Journal of Australia, 2017, 28, 185-206.	0.6	28
23	The impact of a community-led program promoting weight loss and healthy living in Aboriginal communities: the New South Wales Knockout Health Challenge. BMC Public Health, 2017, 17, 951.	1.2	11
24	Exercise for depression in older adults: a meta-analysis of randomized controlled trials adjusting for publication bias. Revista Brasileira De Psiquiatria, 2016, 38, 247-254.	0.9	160
25	Physical activity, healthy lifestyle behaviors, neighborhood environment characteristics and social support among Australian Aboriginal and non-Aboriginal adults. Preventive Medicine Reports, 2016, 3, 203-210.	0.8	28
26	Depressive symptoms and muscular fitness contribute independently to the ability to perform daily life activities in people with bipolar disorder. Nordic Journal of Psychiatry, 2016, 70, 477-482.	0.7	13
27	Exercise improves physical and psychological quality of life in people with depression: A meta-analysis including the evaluation of control group response. Psychiatry Research, 2016, 241, 47-54.	1.7	118
28	Progress in physical activity over the Olympic quadrennium. Lancet, The, 2016, 388, 1325-1336.	6.3	676
29	Physical Activity for Cognitive and Mental Health in Youth: A Systematic Review of Mechanisms. Pediatrics, 2016, 138, .	1.0	702
30	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. Preventive Medicine, 2016, 93, 159-165.	1.6	85
31	Psychosocial wellbeing and physical health among Tamil schoolchildren in northern Sri Lanka. Conflict and Health, 2016, 10, 13.	1.0	3
32	Exercise as a treatment for depression: A meta-analysis adjusting for publication bias. Journal of Psychiatric Research, 2016, 77, 42-51.	1.5	950
33	Challenges Establishing the Efficacy of Exercise as an Antidepressant Treatment: A Systematic Review and Meta-Analysis of Control Group Responses in Exercise Randomised Controlled Trials. Sports Medicine, 2016, 46, 699-713.	3.1	43
34	Dropout from exercise randomized controlled trials among people with depression: A meta-analysis and meta regression. Journal of Affective Disorders, 2016, 190, 457-466.	2.0	202
35	Critique of "The physical activity myth" paper: discussion of flawed logic and inappropriate use of evidence. British Journal of Sports Medicine, 2016, 50, 1230-1231.	3.1	3
36	Is the Current Focus of the Global Physical Activity Recommendations for Youth Appropriate in All Settings?. Journal of Physical Activity and Health, 2015, 12, 901-903.	1.0	5

#	ARTICLE	IF	CITATIONS
37	Behavioural physical activity interventions in participants with lower-limb osteoarthritis: a systematic review with meta-analysis. <i>BMJ Open</i> , 2015, 5, e007642.	0.8	49
38	Don't worry, be happy: cross-sectional associations between physical activity and happiness in 15 European countries. <i>BMC Public Health</i> , 2015, 15, 53.	1.2	162
39	Systematic review and meta-analysis of reduction in all-cause mortality from walking and cycling and shape of dose response relationship. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 132.	2.0	376