

Luiz Fernando Farias-Junior

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

35
papers

238
citations

7
h-index

14
g-index

41
ext. papers

302
ext. citations

2.7
avg, IF

2.92
L-index

#	Paper	IF	Citations
35	Agreement between upper and lower limb measures to identify older adults with low skeletal muscle strength, muscle mass and muscle quality.. <i>PLoS ONE</i> , 2022 , 17, e0262732	3.7	2
34	Low-Volume High-Intensity Interval Training Sessions with Different Work-Recovery Durations and Muscle Damage in Trained Men.. <i>Research Quarterly for Exercise and Sport</i> , 2022 , 1-9	1.9	
33	Does Interrupting Prolonged Sitting With 10- or 20-Min Standing Attenuate Postprandial Glycemia and Blood Pressure in Middle-Aged and Older Adults With Type 2 Diabetes?. <i>Journal of Aging and Physical Activity</i> , 2021 , 29, 968-975	1.6	
32	Associations of steps per day and peak cadence with arterial stiffness in older adults. <i>Experimental Gerontology</i> , 2021 , 111628	4.5	0
31	Cardiorespiratory Fitness and Performance in Multiple Domains of Executive Functions in School-Aged Adolescents. <i>Frontiers in Physiology</i> , 2021 , 12, 640765	4.6	1
30	Effect of High-velocity Resistance Exercise on 24-h Blood Pressure in Hypertensive Older Women. <i>International Journal of Sports Medicine</i> , 2021 , 42, 41-47	3.6	5
29	Effects of Isometric Biceps Exercise on Blood Pressure in Adults with Hypertension. <i>International Journal of Sports Medicine</i> , 2021 , 42, 985-993	3.6	
28	Real-world bicycle commuting: Characterizing the intensity and cycling routes of adults in the city of Natal, Brazil. <i>Journal of Transport and Health</i> , 2021 , 22, 101144	3	
27	Short-Term Resistance Training Improves Cardiac Autonomic Modulation and Blood Pressure in Hypertensive Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 37-45	3.2	5
26	Physical activity level and perceived exertion predict in-task affective valence to low-volume high-intensity interval exercise in adult males. <i>Physiology and Behavior</i> , 2020 , 224, 112960	3.5	4
25	Short-Term Effect of Self-Selected Training Intensity on Ambulatory Blood Pressure in Hypertensive Older Women: A Randomized Controlled Trial. <i>Clinical Interventions in Aging</i> , 2020 , 15, 1449-1460	4	1
24	Physical Activity Counseling for Adults with Hypertension: A Randomized Controlled Pilot Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
23	Independent and combined associations of cardiorespiratory fitness and muscle strength with metabolic syndrome in older adults: A cross-sectional study. <i>Experimental Gerontology</i> , 2020 , 135, 110923	4.5	1
22	Acute antihypertensive effect of self-selected exercise intensity in older women with hypertension: a crossover trial. <i>Clinical Interventions in Aging</i> , 2019 , 14, 1407-1418	4	4
21	Effect of Breaks in Prolonged Sitting or Low-Volume High-Intensity Interval Exercise on Markers of Metabolic Syndrome in Adults With Excess Body Fat: A Crossover Trial. <i>Journal of Physical Activity and Health</i> , 2019 , 16, 727-735	2.5	6
20	Effect of Acute Dietary Nitrate Supplementation on the Post-Exercise Ambulatory Blood Pressure in Obese Males: A Randomized, Controlled, Crossover Trial. <i>Journal of Sports Science and Medicine</i> , 2019 , 18, 118-127	2.7	5
19	Physiological and Psychological Responses during Low-Volume High-Intensity Interval Training Sessions with Different Work-Recovery Durations. <i>Journal of Sports Science and Medicine</i> , 2019 , 18, 181-190	2.7	8

18	Effects of High-Intensity Interval and Moderate-Intensity Continuous Exercise on Physical Activity and Sedentary Behavior Levels in Inactive Obese Males: A Crossover Trial. <i>Journal of Sports Science and Medicine</i> , 2019 , 18, 390-398	2.7	2
17	Can interoceptive accuracy influence maximal performance, physiological and perceptual responses to exercise?. <i>Physiology and Behavior</i> , 2019 , 204, 234-240	3.5	5
16	Can the amount of goals impact internal load in small-sided soccer games?. <i>Isokinetics and Exercise Science</i> , 2019 , 27, 15-20	0.6	
15	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , 2019 , 126, 119-142	2.2	2
14	Psychological responses, muscle damage, inflammation, and delayed onset muscle soreness to high-intensity interval and moderate-intensity continuous exercise in overweight men. <i>Physiology and Behavior</i> , 2019 , 199, 200-209	3.5	17
13	Effect of Low-Volume High-Intensity Interval Exercise and Continuous Exercise on Delayed-Onset Muscle Soreness in Untrained Healthy Males. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 774-782	3.2	6
12	Aerobic Training Improves Quality of Life in Women with Polycystic Ovary Syndrome. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 1357-1366	1.2	21
11	The effect of carbohydrate mouth rinse on performance, biochemical and psychophysiological variables during a cycling time trial: a crossover randomized trial. <i>Journal of the International Society of Sports Nutrition</i> , 2018 , 15, 23	4.5	4
10	A single multi-joint high-intensity resistance exercise involving large muscle groups elicits post-exercise hypotension in normotensive-trained women: a crossover trial. <i>Sport Sciences for Health</i> , 2018 , 14, 127-134	1.3	0
9	Reproducibility of ambulatory blood pressure after high-intensity interval training sessions in healthy individuals. <i>Blood Pressure Monitoring</i> , 2018 , 23, 301-304	1.3	2
8	A Single Session of Low-Volume High-Intensity Interval Exercise Reduces Ambulatory Blood Pressure in Normotensive Men. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 2263-2269	3.2	9
7	Can Transcranial Direct Current Stimulation Modulate Psychophysiological Response in Sedentary Men during Vigorous Aerobic Exercise?. <i>International Journal of Sports Medicine</i> , 2017 , 38, 493-500	3.6	11
6	EFEITO DO ESFORÇO FÍSICO NO DESEMPENHO DE TIRO DE POLICIAIS MILITARES DO BATALHÃO DE CHOQUE. <i>Revista Brasileira De Medicina Do Esporte</i> , 2017 , 23, 109-113	0.5	2
5	Sedentary Occupation Workers Who Meet the Physical Activity Recommendations Have a Reduced Risk for Metabolic Syndrome: A Cross-Sectional Study. <i>Journal of Occupational and Environmental Medicine</i> , 2017 , 59, 1029-1033	2	7
4	Slow Down and Enjoy: The Effects of Cycling Cadence on Pleasure. <i>Perceptual and Motor Skills</i> , 2017 , 124, 233-247	2.2	7
3	Feeling of Pleasure to High-Intensity Interval Exercise Is Dependent of the Number of Work Bouts and Physical Activity Status. <i>PLoS ONE</i> , 2016 , 11, e0152752	3.7	68
2	Inter- and Intra-Individual Analysis of Post-Exercise Hypotension Following a Single Bout of High-Intensity Interval Exercise and Continuous Exercise: A Pilot Study. <i>International Journal of Sports Medicine</i> , 2016 , 37, 1038-1043	3.6	21
1	Rating of perceived exertion and affective responses during Tai Chi Chuan. <i>Perceptual and Motor Skills</i> , 2014 , 118, 926-39	2.2	7

