

# Fiona E Lithander

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

34  
papers

541  
citations

14  
h-index

23  
g-index

43  
ext. papers

698  
ext. citations

3.2  
avg, IF

3.61  
L-index

#	Paper	IF	Citations
34	Parkinson's disease: the nutrition perspective - CORRIGENDUM.. <i>Proceedings of the Nutrition Society</i> , <b>2022</b> , 1	2.9	
33	Needs of patients with parkinsonism and their caregivers: a protocol for the PRIME-UK cross-sectional study.. <i>BMJ Open</i> , <b>2022</b> , 12, e057947	3	
32	A proinflammatory diet is associated with an increased likelihood of first clinical diagnosis of central nervous system demyelination in women. <i>Multiple Sclerosis and Related Disorders</i> , <b>2021</b> , 57, 103428	4.8	1
31	Parkinson's disease: the nutrition perspective.. <i>Proceedings of the Nutrition Society</i> , <b>2021</b> , 1-15	2.9	2
30	Public attitudes to the use of remote data collection in clinical research. <i>Contemporary Clinical Trials</i> , <b>2021</b> , 111, 106595	2.3	1
29	What do families know about healthy eating and physical activity? A lesson from Wallace and Gromit. <i>Archives of Disease in Childhood</i> , <b>2021</b> , 106, 98-99	2.2	
28	COVID-19 in older people: a rapid clinical review. <i>Age and Ageing</i> , <b>2020</b> , 49, 501-515	3	104
27	Using videoconsultations to deliver dietary advice to children with chronic kidney disease: a qualitative study of parent and child perspectives. <i>Journal of Human Nutrition and Dietetics</i> , <b>2020</b> , 33, 881-889	3.1	1
26	Reducing cardiovascular disease risk among families with familial hypercholesterolaemia by improving diet and physical activity: a randomised controlled feasibility trial. <i>BMJ Open</i> , <b>2020</b> , 10, e044200	2.0	1
25	The development of a theory informed behaviour change intervention to improve adherence to dietary and physical activity treatment guidelines in individuals with familial hypercholesterolaemia (FH). <i>BMC Health Services Research</i> , <b>2020</b> , 20, 27	2.9	6
24	Nutrition and physical activity intervention for families with familial hypercholesterolaemia: protocol for a pilot randomised controlled feasibility study. <i>Pilot and Feasibility Studies</i> , <b>2020</b> , 6, 42	1.9	2
23	Enablers and barriers to treatment adherence in heterozygous familial hypercholesterolaemia: a qualitative evidence synthesis. <i>BMJ Open</i> , <b>2019</b> , 9, e030290	3	18
22	Personalized Cardio-Metabolic Responses to an Anti-Inflammatory Nutrition Intervention in Obese Adolescents: A Randomized Controlled Crossover Trial. <i>Molecular Nutrition and Food Research</i> , <b>2018</b> , 62, e1701008	5.9	16
21	Barriers to a healthy lifestyle for three- to four-year-old children of Australian-born and overseas-born mothers with post-gestational diabetes: An Australian qualitative study. <i>Journal of Child Health Care</i> , <b>2018</b> , 22, 447-459	2	2
20	Dietary interventions for managing glucose abnormalities in cystic fibrosis: a systematic review protocol. <i>Systematic Reviews</i> , <b>2018</b> , 7, 98	3	5
19	How do the experiences and beliefs of adults and children with heterozygous familial hypercholesterolaemia influence their adherence to treatment? A systematic review of qualitative evidence protocol. <i>Systematic Reviews</i> , <b>2018</b> , 7, 120	3	3
18	Barriers to a healthy lifestyle post gestational-diabetes: An Australian qualitative study. <i>Women and Birth</i> , <b>2017</b> , 30, 319-324	3.3	19

17	Are food and drink retailers within NHS venues adhering to NICE Quality standard 94 guidance on childhood obesity? A cross-sectional study of two large secondary care NHS hospitals in England. <i>BMJ Open</i> , <b>2017</b> , 7, e018214	3	2
16	Impact of anti-inflammatory nutrients on obesity-associated metabolic-inflammation from childhood through to adulthood. <i>Proceedings of the Nutrition Society</i> , <b>2016</b> , 75, 115-24	2.9	32
15	Higher intake of omega-3 polyunsaturated fatty acids is associated with a decreased risk of a first clinical diagnosis of central nervous system demyelination: Results from the Ausimmune Study. <i>Multiple Sclerosis Journal</i> , <b>2016</b> , 22, 884-92	5	53
14	Adipose tissue dysregulation and metabolic consequences in childhood and adolescent obesity: potential impact of dietary fat quality. <i>Proceedings of the Nutrition Society</i> , <b>2015</b> , 74, 67-82	2.9	29
13	Postprandial adiponectin and gelatinase response to a high-fat versus an isoenergetic low-fat meal in lean, healthy men. <i>Nutrition</i> , <b>2015</b> , 31, 863-70	4.8	12
12	The effect of red yeast rice on serum and haemodynamic risk factors for cardiovascular disease. <i>Proceedings of the Nutrition Society</i> , <b>2015</b> , 74,	2.9	1
11	Comparing the effects of sun exposure and vitamin D supplementation on vitamin D insufficiency, and immune and cardio-metabolic function: the Sun Exposure and Vitamin D Supplementation (SEDS) Study. <i>BMC Public Health</i> , <b>2015</b> , 15, 115	4.1	15
10	Nutrition therapy in the optimisation of health outcomes in adult patients with moderate to severe traumatic brain injury: findings from a scoping review. <i>Injury</i> , <b>2014</b> , 45, 1834-41	2.5	23
9	Inverse relationship between physical activity and arterial stiffness in adults with hypertension. <i>Journal of Physical Activity and Health</i> , <b>2014</b> , 11, 272-7	2.5	40
8	An anti-inflammatory nutritional intervention selectively improves insulin sensitivity in overweight and obese adolescents wherein baseline metabotype predicts response. <i>Proceedings of the Nutrition Society</i> , <b>2014</b> , 73,	2.9	1
7	Postprandial effect of dietary fat quantity and quality on arterial stiffness and wave reflection: a randomised controlled trial. <i>Nutrition Journal</i> , <b>2013</b> , 12, 93	4.3	23
6	Dietary quality in a sample of adults with type 2 diabetes mellitus in Ireland; a cross-sectional case control study. <i>Nutrition Journal</i> , <b>2013</b> , 12, 110	4.3	20
5	Overweight and obesity among older adults on admission to hospital. <i>Irish Medical Journal</i> , <b>2011</b> , 104, 87-8	0.7	
4	No evidence of an effect of alterations in dietary fatty acids on fasting adiponectin over 3 weeks. <i>Obesity</i> , <b>2008</b> , 16, 592-9	8	20
3	Postprandial response of adiponectin, interleukin-6, tumor necrosis factor-alpha, and C-reactive protein to a high-fat dietary load. <i>Nutrition</i> , <b>2008</b> , 24, 322-9	4.8	85
2	The nutritional status of older adults on admission to hospital. <i>Proceedings of the Nutrition Society</i> , <b>2008</b> , 67,	2.9	1
1	Prone Positioning of Older Adults with COVID-19: A Brief Review and Proposed Protocol. <i>Journal of Frailty &amp; Aging</i> , <b>2020</b> , 1-6	2.6	0